

Alaska

State Health Department Website: dhss.alaska.gov

Measures		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++	36	-0.162	—
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+	45	7.9	4.2
	Public Health Funding (dollars per person)	+++++	1	\$449	\$116
	Violent Crime (offenses per 100,000 population)	+	50	867	379
Economic Resources	Economic Hardship Index (index from 1-100)	++++	19	40	—
	Food Insecurity (% of households)	+++	28	10.6%	10.7%
	Income Inequality (80-20 ratio)	+++++	10	4.29	4.85
Education	High School Graduation (% of students)	+	46	80.4%	85.8%
	High School Graduation Racial Disparity (percentage point difference)	++	35	17.7	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	44	18.9%	14.8%
	High-speed Internet (% of households)	++++	16	90.7%	89.4%
	Residential Segregation — Black/White (index from 0-100)	+++++	10	53	62
	Volunteerism (% ages 16+)	++++	12	38.2%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	++	33	58.3%	60.1%
PHYSICAL ENVIRONMENT*		++	33	-0.016	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	16	6.8	8.3
	Drinking Water Violations (% of community water systems)	+	47	4.8%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	+++++	2	11,929	—
	Water Fluoridation (% of population served)	+	43	49.6%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++++	4	70.0%	75.9%
	Housing With Lead Risk (% of housing stock)	+++++	3	7.7%	17.6%
	Severe Housing Problems (% of occupied housing units)	+	46	20.8%	17.3%
CLINICAL CARE*		++	37	-0.328	—
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	31	10.5%	9.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	1	92.0	62.3
	Mental Health	+++++	2	625.9	284.3
	Primary Care	+++++	4	332.2	252.3
Preventive Clinical Services	Uninsured (% of population)	+	44	12.2%	9.2%
	Colorectal Cancer Screening (% ages 50-75)	++	39	70.3%	74.3%
	Dental Visit (% ages 18+)	++	37	62.5%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 35 months)	+	50	64.6%	75.4%
	Flu Vaccination (% ages 18+)	+	48	39.6%	47.0%
Quality of Care	HPV Vaccination (% ages 13-17)	+++	30	54.9%	58.6%
	Dedicated Health Care Provider (% ages 18+)	+	50	65.6%	77.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++++	5	2,236	3,770
BEHAVIORS*		+++	26	-0.009	—
Nutrition and Physical Activity	Exercise (% ages 18+)	+++++	9	25.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++	24	8.1%	8.0%
	Physical Inactivity (% ages 18+)	++++	19	21.3%	22.4%
Sexual Health	Chlamydia (new cases per 100,000 population)	+	50	854.9	551.0
	High-risk HIV Behaviors (% ages 18+)	+++++	2	4.3%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++	30	18.3	16.7
Sleep Health	Insufficient Sleep (% ages 18+)	+++	22	31.8%	32.3%
Smoking and Tobacco Use	Smoking (% ages 18+)	++	37	18.0%	15.5%
HEALTH OUTCOMES*		+++	27	0.059	—
Behavioral Health	Excessive Drinking (% ages 18+)	+	41	19.7%	17.6%
	Frequent Mental Distress (% ages 18+)	+++++	2	9.9%	13.2%
	Non-medical Drug Use (% ages 18+)	+	42	14.1%	12.0%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	37	8,405	7,337
	Premature Death Racial Disparity (ratio)	+	43	2.5	1.5
Physical Health	Frequent Physical Distress (% ages 18+)	++++	14	8.8%	9.9%
	Low Birthweight (% of live births)	+++++	1	6.3%	8.3%
	Low Birthweight Racial Disparity (ratio)	+++	27	2.0	2.1
	Multiple Chronic Conditions (% ages 18+)	+++++	3	7.2%	9.1%
	Obesity (% ages 18+)	+++	25	31.9%	31.9%
OVERALL			—	-0.086	—

* Values derived from individual measure data. Higher values are considered healthier.
— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Summary

Strengths:

- Low prevalence of frequent mental distress
- High per capita public health funding
- Low prevalence of high-risk HIV behaviors

Challenges:

- High racial disparity in premature death rates
- High occupational fatality rate
- Low prevalence of having a dedicated health care provider

Highlights:

DEPRESSION

▼ **21%**

from 20.2% to 15.9% of adults between 2018 and 2020

FLU VACCINATION

▲ **17%**

from 33.8% to 39.6% of adults between 2018 and 2020

ANNUAL DENTAL VISITS

▼ **10%**

from 69.3% to 62.5% of adults between 2018 and 2020