Arizona
State Health Department Website: azdhs.gov

Summary

Strengths:
- Low percentage of housing with lead risk
- Low preventable hospitalization rate
- Low residential segregation

Challenges:
- High economic hardship index score
- Low high school graduation rate
- High prevalence of high-risk HIV behaviors

Highlights:

- **Households Below the Poverty Level**: ▼9% between 2017 and 2019 from 13.6% to 12.4%
- **Adults Who Avoided Care Due to Cost**: ▼30% between 2012 and 2019 from 19.8% to 13.9%
- **High Cholesterol**: ▼17% between 2011 and 2019 from 40.2% to 33.4% of adults
- **Frequent Mental Distress**: ▲29% between 2015 and 2019 from 11.2% to 14.4% of adults
- **Premature Death**: ▲24% between 2006-2008 and 2016-2018 from 1.7 to 2.1
- **Chlamydia**: ▲113% between 2008 and 2018 from 273.5 to 581.6 cases per 100,000 population

Trends

Economic Hardship Index
The economic hardship index compares financial strain between states. It combines six population-level social and economic measures to provide a more complete picture of the difficulties faced by communities than a single measure could provide.

<table>
<thead>
<tr>
<th>Measure</th>
<th>State Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crowded Housing (units with more than one person/room)</td>
<td>4.3%</td>
</tr>
<tr>
<td>Dependency (ages 0-17 or ages 65+)</td>
<td>40.5%</td>
</tr>
<tr>
<td>Education (ages 25+ without a high school diploma)</td>
<td>12.4%</td>
</tr>
<tr>
<td>Per Capita Income</td>
<td>$32,173</td>
</tr>
<tr>
<td>Poverty (households below the poverty level)</td>
<td>12.4%</td>
</tr>
<tr>
<td>Unemployment (ages 16-64)</td>
<td>5.1%</td>
</tr>
</tbody>
</table>

Multiple Chronic Conditions
Chronic conditions are medical conditions that last more than a year, require ongoing medical attention and/or limit activities of daily living. Adults with multiple chronic conditions represent one of the highest-need segments of the population.

<table>
<thead>
<tr>
<th>Measure</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Arthritis</td>
<td>23.6%</td>
</tr>
<tr>
<td>Asthma</td>
<td>9.7%</td>
</tr>
<tr>
<td>Cancer (excluding skin)</td>
<td>7.5%</td>
</tr>
<tr>
<td>Cardiovascular Disease</td>
<td>8.5%</td>
</tr>
<tr>
<td>Chronic Kidney Disease</td>
<td>4.2%</td>
</tr>
<tr>
<td>Chronic Obstructive Pulmonary Disease</td>
<td>6.7%</td>
</tr>
<tr>
<td>Depression</td>
<td>18.8%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>10.9%</td>
</tr>
</tbody>
</table>
### Measures

#### SOCIAL & ECONOMIC FACTORS

<table>
<thead>
<tr>
<th>Rating</th>
<th>Value</th>
<th>Rank</th>
<th>Healthiest State</th>
</tr>
</thead>
<tbody>
<tr>
<td>++</td>
<td>0.163</td>
<td>35</td>
<td>0.965</td>
</tr>
</tbody>
</table>

**Occupational Fatalities (deaths per 100,000 workers)**
- ++ 4.3 19 2.9
- Public Health Funding (dollars per person)
- ++ $57 46 $289
- Violent Crime (offenses per 100,000 population)
- + 455 41 115

**Economic Resources**
- ++ 71 45 1
- Food Insecurity (% of households)
- ++ 12.4 31 78
- Income Inequality (80-20 ratio)
- ++ 4.41 19 3.70

**Education**
- High School Graduation (% of students)
- + 78.7 47 91.4
- High School Graduation Racial Gap (percentage point difference)
- + 15.6 28 3.9

**Social Support and Engagement**
- Adverse Childhood Experiences (% of children ages 0-17)
- ++ 17.0 33 8.9
- High-speed Internet (% of households)
- ++ 88.3 24 92.9
- Residential Segregation (index from 0-100)
- ++ 43 2 4.2
- Volunteerism (% of adults)
- ++ 30.0 33 51.0
- Voter Participation — Midterm (% of U.S. citizens)
- ++ 58.9 10 85.6

#### PHYSICAL ENVIRONMENT

<table>
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<tr>
<th>Rating</th>
<th>Value</th>
<th>Rank</th>
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</tr>
</thead>
<tbody>
<tr>
<td>+++</td>
<td>0.321</td>
<td>26</td>
<td>0.816</td>
</tr>
</tbody>
</table>

**Air and Water Quality**
- Air Pollution (micrograms of fine particles per cubic meter)
- + 8.6 45 41
- Drinking Water Violations (% of community water systems)
- ++ 0.9 32 0.0
- Non-smoking Regulation (% of population)*
- +++ 100.0 1 100.0
- Risk-screening Environmental Indicator Score (unitless score)
- +++ 3,091,041 24 317
- Water Fluoridation (% of population served)
- + 58.0 37 99.8

**Climate Change**
- Climate Change Policies (number of four policies)*
- +++ 1 26 4
- Transportation Energy Use (trillions of BTUs per 100,000 population)*
- +++ 70 5 5.8

**Housing and Transit**
- Drive Alone to Work (% of workers)
- +++ 75.8 13 52.8
- Housing With Lead Risk (% of housing stock)
- +++ 6.8 2 5.2
- Severe Housing Problems (% of occupied housing units)
- + 180 41 11.2

#### CLINICAL CARE

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>++</td>
<td>-0.531</td>
<td>39</td>
<td>1.443</td>
</tr>
</tbody>
</table>

**Access to Care**
- Avoided Care Due to Cost (% of adults)
- ++ 13.9 34 8.2
- Dental Providers (number per 100,000 population)
- ++ 55.1 33 90.6
- Mental Health Providers (number per 100,000 population)
- + 146.8 47 666.4
- Primary Care Providers (number per 100,000 population)
- + 214.9 41 362.8
- Uninsured (% of population)
- + 113 41 3.0

**Preventive Clinical Services**
- Colorectal Cancer Screening (% of adults ages 50-75)
- ++ 67.4 36 7.11
- Dental Visit (% of adults)
- ++ 62.3 40 76.5
- Immunizations
- Childhood Immunizations (% by age 35 months)
- + 70.3 46 86.6
- Flu Vaccination (% of adults)
- ++ 39.6 40 50.5
- HPV Vaccination (% of adolescents ages 13-17)
- +++ 56.9 20 78.9

**Quality of Care**
- Dedicated Health Care Provider (% of adults)
- Preventable Hospitalizations (discharges per 100,000 Medicare enrollees)
- +++ 2,755 7 1,971

#### BEHAVIORS

<table>
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</tr>
</thead>
<tbody>
<tr>
<td>+++</td>
<td>0.086</td>
<td>24</td>
<td>1.072</td>
</tr>
</tbody>
</table>

**Sleep Health**
- Insufficient Sleep (% of adults)
- +++ 34.0 22 28.7

**Nutrition and Physical Activity**
- Exercise (% of adults)
- +++ 28.5 16 28.5
- Fruit and Vegetable Consumption (% of adults)
- +++ 10.2 5 14.1
- Physical Inactivity (% of adults)
- +++ 241 15 18.5

**Sexual Health**
- Chlamydia (cases per 100,000 population)
- ++ 581.5 35 158.2
- High-risk HIV Behaviors (% of adults)
- + 7.6 47 4.5
- Teen Births (births per 1000 females ages 15-19)
- +++ 201 33 72.2

**Tobacco Use**
- E-cigarette Use (% of adults)*
- Smoking (% of adults)
- +++ 14.9 19 4.3

#### ALL DETERMINANTS

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<th>Healthiest State</th>
</tr>
</thead>
<tbody>
<tr>
<td>+++</td>
<td>-0.016</td>
<td>30</td>
<td>0.865</td>
</tr>
</tbody>
</table>

**Behavioral Health**
- Depression (% of adults)*
- Excessive Drinking (% of adults)
- Frequent Mental Distress (% of adults)
- Non-medical Drug Use (% of adults)
- Drug Deaths (deaths per 100,000 population)*
- Premature Death (years lost before age 75 per 100,000 population)
- Premature Death Racial Inequality (ratio)
- Suicide (deaths per 100,000 population)*
- Frequent Physical Distress (% of adults)
- Low Birthweight (% of live births)
- Low Birthweight Racial Gap (percentage point difference)
- Multiple Chronic Conditions (% of adults)
- Risk Factors
- High Blood Pressure (% of adults)*
- High Cholesterol (% of adults)*
- Obesity (% of adults)

**OVERALL**
- -0.098 9 0.723