

Colorado

State Health Department Website: cdphe.colorado.gov



Summary

Strengths:

- High prevalence of exercise among women
- High percentage of infants exclusively breastfed for six months
- High prevalence of high-speed internet in households with children

Highlights:

WIC COVERAGE

▲16% from 41.3% to 48.0% of eligible children ages 1-4 between 2016 and 2018

SMOKING

▼29% from 18.4% to 13.1% of women ages 18-44 between 2013-2014 and 2018-2019

Challenges:

- High prevalence of illicit drug use among youth
- High racial gap in high school graduation rates
- High prevalence of excessive drinking among women

UNINSURED

▲28% from 4.3% to 5.5% of children ages 0-18 between 2017 and 2019

CHILD MORTALITY

▲15% from 24.0 to 27.5 deaths per 100,000 children ages 1-19 between 2012-2014 and 2017-2019

Women

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL AND ECONOMIC FACTORS*	++++	11	0.691	—
Community and Family Safety				
Intimate Partner Violence Before Pregnancy*		—	2.4%	3.0%
Violent Crime	+++	30	381	379
Economic Resources				
Concentrated Disadvantage	++++	12	12.7%	25.1%
Food Insecurity	++++	20	10.2%	11.1%
Gender Pay Gap*	+++	24	79.9%	81.0%
Poverty	+++++	8	12.1%	15.2%
Unemployment	++++	13	2.9%	3.6%
Education				
College Graduate	+++++	6	43.7%	35.7%
Social Support and Engagement				
Infant Child Care Cost*	+	45	16.0%	12.5%
Residential Segregation — Black/White	+++	26	64	62
Voter Participation	++++	15	64.5%	61.7%
PHYSICAL ENVIRONMENT*	+++++	4	0.455	—
Air and Water Quality				
Air Pollution	++++	13	6.7	8.3
Drinking Water Violations	++++	14	0.1%	0.8%
Household Smoke	+++++	9	11.4%	14.0%
Risk-screening Environmental Indicators Risk Score	++++	15	1,147,930	361,963,972
Water Fluoridation	+++	28	74.9%	73.0%
Climate Change				
Climate Change Policies*	++++	13	3	—
Transportation Energy Use*	++++	17	8.0	8.7
Housing and Transportation				
Drive Alone to Work	++++	12	74.3%	75.4%
Housing With Lead Risk	++++	14	12.2%	17.6%
Severe Housing Problems	++	33	16.4%	17.5%

Children

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL AND ECONOMIC FACTORS*	++++	11	0.291	—
Community and Family Safety				
Child Victimization*	+++	27	9.7%	8.9%
Economic Resources				
Children in Poverty	+++++	5	10.9%	16.8%
Children in Poverty Racial Disparity	+++	29	3.3	3.0
High-speed Internet	+++++	5	96.0%	92.6%
Students Experiencing Homelessness	++	31	2.4%	3.0%
WIC Coverage	++	37	48.0%	53.9%
Education				
Early Childhood Education	++++	12	52.3%	48.9%
Fourth Grade Reading Proficiency	+++++	6	39.7%	34.3%
High School Graduation	+	42	81.1%	85.8%
High School Graduation Racial Disparity	+	42	20.9	15.1
Social Support and Engagement				
Adverse Childhood Experiences	++	31	16.7%	14.8%
Foster Care Instability	++++	19	13.8%	16.0%
Neighborhood Amenities	+++++	3	53.9%	37.4%
Reading, Singing or Storytelling	+++++	4	66.5%	55.9%

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Women

Measures	Rating	State Rank	State Value	U.S. Value
CLINICAL CARE*	+++	23	0.321	—
Access to Care				
Adequate Prenatal Care	+	46	69.6%	76.7%
Avoided Care Due to Cost	+++	23	16.9%	18.8%
Publicly-funded Women's Health Services	+++++	10	35%	29%
Uninsured	+++	26	11.2%	12.9%
Women's Health Providers	+++++	9	62.8	48.5
Preventive Clinical Care				
Cervical Cancer Screening	+	42	78.1%	79.9%
Dental Visit	+++	24	68.5%	67.6%
Flu Vaccination	+++++	7	39.1%	31.5%
Postpartum Visit†	—	—	90.8%	90.7%
Well-woman Visit	+	45	67.6%	73.2%
Quality of Care				
Breastfeeding Initiation†	+++++	3	92.9%	84.0%
Dedicated Health Care Provider	++	32	70.9%	71.1%
Low-risk Cesarean Delivery	+++++	10	21.4%	25.6%
Maternity Practices Score	+++++	6	85	79
BEHAVIORS*	+++++	2	0.771	—
Nutrition and Physical Activity				
Exercise	+++++	5	25.2%	21.5%
Fruit and Vegetable Consumption	++++	17	11.3%	10.4%
Physical Inactivity	+++++	2	15.4%	22.6%
Sexual Health				
Chlamydia	++++	18	1,583	1,743
High-risk HIV Behaviors	++++	14	8.7%	9.7%
Unintended Pregnancy†	—	—	24.3%	30.6%
Sleep Health				
Insufficient Sleep	+++++	9	32.0%	36.1%
Tobacco Use				
E-cigarette Use†	++++	14	5.2%	5.3%
Smoking	++++	14	13.1%	14.3%
Smoking During Pregnancy	++++	15	5.1%	6.0%
HEALTH OUTCOMES*	++++	13	0.246	—
Behavioral Health				
Drug Deaths†	++++	20	17.5	20.7
Excessive Drinking	++	38	22.8%	19.2%
Frequent Mental Distress	+++++	9	16.0%	18.1%
Illicit Drug Use	+	50	17.7%	10.8%
Postpartum Depression†	—	—	11.9%	13.4%
Mortality				
Maternal Mortality†	—	—	—	20.1
Mortality Rate	++++	14	86.0	97.2
Physical Health				
Frequent Physical Distress	+++++	5	7.1%	8.4%
High Blood Pressure	+++++	5	7.5%	10.6%
High Health Status†	+++++	10	57.5%	53.8%
Maternal Morbidity†	—	—	6.8	6.6
Multiple Chronic Conditions	+++++	10	3.6%	4.4%
Obesity	+++++	1	21.1%	30.0%
OVERALL — WOMEN*	—	—	0.509	—

* Overall and category values are derived from individual measure data to arrive at total scores for the state. Higher scores are considered healthier and lower scores are less healthy.

† Measure was not included in the calculation of overall or category values.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit www.AmericasHealthRankings.org.

Children

Measures	Rating	State Rank	State Value	U.S. Value
CLINICAL CARE*	+++	24	0.200	—
Access to Care				
ADD/ADHD Treatment	+	41	2.0%	3.0%
Pediatricians	++++	16	109.2	104.6
Uninsured	+++	28	5.5%	5.7%
Preventive Clinical Care				
Childhood Immunizations	+++	30	75.7%	75.8%
HPV Vaccination	+++++	7	63.5%	54.2%
Preventive Dental Care	++++	11	81.8%	77.5%
Well-child Visit	++++	14	83.3%	80.7%
Quality of Care				
Adequate Insurance	+	46	61.5%	66.7%
Developmental Screening	+++	21	39.0%	36.9%
Medical Home	+++	29	48.9%	46.8%
BEHAVIORS*	+++++	4	0.687	—
Nutrition and Physical Activity				
Breastfed	+++++	6	34.1%	25.6%
Food Sufficiency	++++	15	71.8%	69.8%
Physical Activity	+++++	9	25.0%	20.6%
Soda Consumption — Youth†	—	—	—	9.3%
Sexual Health — Youth				
Dual Contraceptive Nonuse†	—	—	83.6%	90.9%
Teen Births	++++	17	13.9	16.7
Sleep Health				
Adequate Sleep	++++	12	70.8%	66.1%
Sleep Position†	—	—	89.1%	79.6%
Tobacco Use — Youth				
Electronic Vapor Product Use†	—	—	28.9%	32.7%
Tobacco Use	+++	23	4.1%	4.0%
HEALTH OUTCOMES*	++++	17	0.081	—
Behavioral Health				
Alcohol Use — Youth	+	41	10.7%	9.2%
Anxiety	+++++	9	8.1%	9.1%
Depression	++++	12	3.5%	3.9%
Flourishing	+++	29	68.8%	69.1%
Illicit Drug Use — Youth	+	46	11.6%	8.4%
Teen Suicide†	—	—	21.0	11.2
Mortality				
Child Mortality	+++	28	27.5	25.4
Infant Mortality	+++++	8	4.6	5.7
Physical Health				
Asthma	++	34	7.9%	7.5%
High Health Status†	+++++	9	92.2%	90.4%
Low Birthweight	+	42	9.4%	8.3%
Low Birthweight Racial Disparity	+++++	6	1.6	2.1
Overweight or Obesity — Youth	+++++	6	25.1%	32.1%
OVERALL — CHILDREN*	—	—	0.319	—

OVERALL — WOMEN AND CHILDREN*	—	0.401	—
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