

# Connecticut

State Health Department Website: [ct.gov/dph](https://ct.gov/dph)

## Summary

### Strengths:

- Low prevalence of multiple chronic conditions
- Low prevalence of two or more adverse childhood experiences
- Low percentage of adults who avoided care due to cost

### Challenges:

- High income inequality
- High prevalence of high-risk HIV behaviors
- High percentage of housing with lead risk

### Highlights:

#### PUBLIC HEALTH FUNDING

 **47%**

from \$86 to \$126 per person between 2017-2018 and 2019-2020

#### ADULTS WHO AVOIDED CARE DUE TO COST

 **23%**

from 9.9% to 7.6% between 2019 and 2020

#### DRUG DEATHS

 **14%**

from 29.9 to 34.0 deaths per 100,000 population between 2018 and 2019

Measures		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		++++	14	0.358	—
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++++	6	3.3	4.2
	Public Health Funding (dollars per person)	+++	23	\$126	\$116
	Violent Crime (offenses per 100,000 population)	+++++	3	184	379
Economic Resources	Economic Hardship Index (index from 1-100)	+++++	9	25	—
	Food Insecurity (% of households)	++	37	11.8%	10.7%
	Income Inequality (80-20 ratio)	+	46	5.26	4.85
Education	High School Graduation (% of students)	++++	11	88.5%	85.8%
	High School Graduation Racial Disparity (percentage point difference)	+++	21	13.4	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	5	12.1%	14.8%
	High-speed Internet (% of households)	+++++	7	91.9%	89.4%
	Residential Segregation — Black/White (index from 0-100)	++	35	67	62
	Volunteerism (% ages 16+)	+++	23	35.3%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+++	27	60.3%	60.1%
PHYSICAL ENVIRONMENT*		++	37	-0.060	—
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+++	27	7.3	8.3
	Drinking Water Violations (% of community water systems)	+++++	14	0.1%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++	35	6,686,972	—
	Water Fluoridation (% of population served)	++++	14	89.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	22	78.3%	75.9%
	Housing With Lead Risk (% of housing stock)	+	46	26.6%	17.6%
	Severe Housing Problems (% of occupied housing units)	+	41	17.7%	17.3%
CLINICAL CARE*		+++++	4	1.184	—
Access to Care	Avoided Care Due to Cost (% ages 18+)	+++++	4	7.6%	9.8%
	Providers (per 100,000 population)				
	Dental Care	+++++	8	72.9	62.3
	Mental Health	+++++	7	449.3	284.3
	Primary Care	++++	15	287.5	252.3
Preventive Clinical Services	Uninsured (% of population)	+++++	11	5.9%	9.2%
	Colorectal Cancer Screening (% ages 50-75)	+++++	8	77.3%	74.3%
	Dental Visit (% ages 18+)	+++++	4	73.2%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 35 months)	+++++	4	84.0%	75.4%
Quality of Care	Flu Vaccination (% ages 18+)	+++++	4	54.0%	47.0%
	HPV Vaccination (% ages 13-17)	++++	11	66.9%	58.6%
	Dedicated Health Care Provider (% ages 18+)	+++++	10	83.5%	77.6%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+++	26	3,726	3,770
BEHAVIORS*		+++++	6	0.733	—
Nutrition and Physical Activity	Exercise (% ages 18+)	+++++	6	26.1%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+++++	2	11.3%	8.0%
	Physical Inactivity (% ages 18+)	++++	13	20.6%	22.4%
Sexual Health	Chlamydia (new cases per 100,000 population)	+++++	9	428.9	551.0
	High-risk HIV Behaviors (% ages 18+)	+	47	6.5%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+++++	4	7.7	16.7
Sleep Health	Insufficient Sleep (% ages 18+)	+++	24	32.1%	32.3%
Smoking and Tobacco Use	Smoking (% ages 18+)	+++++	8	11.8%	15.5%
HEALTH OUTCOMES*		+++++	3	0.663	—
Behavioral Health	Excessive Drinking (% ages 18+)	++++	17	16.3%	17.6%
	Frequent Mental Distress (% ages 18+)	++++	15	12.6%	13.2%
	Non-medical Drug Use (% ages 18+)	++++	11	8.9%	12.0%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+++++	7	6,151	7,337
	Premature Death Racial Disparity (ratio)	+++++	9	1.2	1.5
Physical Health	Frequent Physical Distress (% ages 18+)	++++	12	8.4%	9.9%
	Low Birthweight (% of live births)	++++	20	7.8%	8.3%
	Low Birthweight Racial Disparity (ratio)	++++	17	1.9	2.1
	Multiple Chronic Conditions (% ages 18+)	+++++	6	7.6%	9.1%
	Obesity (% ages 18+)	++++	13	29.2%	31.9%
OVERALL			—	0.591	—

\* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50