

# Connecticut

State Health Department Website: [ct.gov/dph](http://ct.gov/dph)

## Summary

### Strengths:

- Low prevalence of students experiencing homelessness
- High enrollment in early childhood education
- Low prevalence of multiple chronic conditions among women

### Highlights:

#### TEEN BIRTHS

▼ **40%** from 12.9 to 7.7 births per 1,000 females ages 15-19 between 2013 and 2019

#### SMOKING DURING PREGNANCY

▼ **20%** from 4.5% to 3.6% of live births between 2017 and 2019

### Challenges:

- High racial disparity among children in poverty
- High prevalence of asthma among children
- High percentage of low-risk cesarean deliveries

#### FLU VACCINATION

▼ **15%** from 41.7% to 35.6% of women ages 18-44 between 2016-2017 and 2018-2019

#### DRUG DEATHS

▲ **43%** from 18.7 to 26.8 deaths per 100,000 women ages 20-44 between 2014-2016 and 2017-2019

## Women

Measures	Rating	State Rank	State Value	U.S. Value
<b>SOCIAL AND ECONOMIC FACTORS*</b>	++++	18	0.333	—
<b>Community and Family Safety</b>				
Intimate Partner Violence Before Pregnancy*		—	2.4%	3.0%
Violent Crime	++++	3	184	379
<b>Economic Resources</b>				
Concentrated Disadvantage	+++	28	21.5%	25.1%
Food Insecurity	++	40	12.9%	11.1%
Gender Pay Gap*	++++	8	83.2%	81.0%
Poverty	++++	9	12.5%	15.2%
Unemployment	++++	19	3.4%	3.6%
<b>Education</b>				
College Graduate	++++	8	41.9%	35.7%
<b>Social Support and Engagement</b>				
Infant Child Care Cost*	+++	30	12.7%	12.5%
Residential Segregation — Black/White	++	35	67	62
Voter Participation	+++	27	61.6%	61.7%
<b>PHYSICAL ENVIRONMENT*</b>	+++	23	0.086	—
<b>Air and Water Quality</b>				
Air Pollution	++++	17	7.0	8.3
Drinking Water Violations	++++	14	0.1%	0.8%
Household Smoke	++++	7	10.1%	14.0%
Risk-screening Environmental Indicators Risk Score	++	35	6,686,972	361,963,972
Water Fluoridation	++++	14	89.5%	73.0%
<b>Climate Change</b>				
Climate Change Policies*	++++	1	4	—
Transportation Energy Use*	++++	3	6.6	8.7
<b>Housing and Transportation</b>				
Drive Alone to Work	+++	24	78.6%	75.4%
Housing With Lead Risk	+	46	26.6%	17.6%
Severe Housing Problems	++	40	17.8%	17.5%

## Children

Measures	Rating	State Rank	State Value	U.S. Value
<b>SOCIAL AND ECONOMIC FACTORS*</b>	++++	6	0.572	—
<b>Community and Family Safety</b>				
Child Victimization*	++	31	11.1%	8.9%
<b>Economic Resources</b>				
Children in Poverty	+++	22	14.1%	16.8%
Children in Poverty Racial Disparity	+	47	6.2	3.0
High-speed Internet	++++	4	96.1%	92.6%
Students Experiencing Homelessness	++++	1	0.9%	3.0%
WIC Coverage	++	36	48.3%	53.9%
<b>Education</b>				
Early Childhood Education	++++	3	65.9%	48.9%
Fourth Grade Reading Proficiency	++++	4	40.1%	34.3%
High School Graduation	++++	11	88.5%	85.8%
High School Graduation Racial Disparity	+++	21	13.4	15.1
<b>Social Support and Engagement</b>				
Adverse Childhood Experiences	++++	5	12.1%	14.8%
Foster Care Instability	+++	28	17.0%	16.0%
Neighborhood Amenities	++++	12	40.2%	37.4%
Reading, Singing or Storytelling	++++	12	61.7%	55.9%

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

## Women

Measures	Rating	State Rank	State Value	U.S. Value
<b>CLINICAL CARE*</b>	<b>+++++</b>	<b>5</b>	<b>0.920</b>	<b>—</b>
<b>Access to Care</b>				
Adequate Prenatal Care	+++++	6	84.9%	76.7%
Avoided Care Due to Cost	+++++	6	13.6%	18.8%
Publicly-funded Women's Health Services	+++++	7	38%	29%
Uninsured	+++++	9	7.7%	12.9%
Women's Health Providers	+++++	6	68.6	48.5
<b>Preventive Clinical Care</b>				
Cervical Cancer Screening	++++	17	82.2%	79.9%
Dental Visit	+++++	3	75.2%	67.6%
Flu Vaccination	++++	19	35.6%	31.5%
Postpartum Visit†	—	—	95.2%	90.7%
Well-woman Visit	+++++	4	77.3%	73.2%
<b>Quality of Care</b>				
Breastfeeding Initiation†	++++	17	87.7%	84.0%
Dedicated Health Care Provider	++++	15	77.5%	71.1%
Low-risk Cesarean Delivery	+	48	28.9%	25.6%
Maternity Practices Score	+++++	6	85	79
<b>BEHAVIORS*</b>	<b>+++++</b>	<b>7</b>	<b>0.479</b>	<b>—</b>
<b>Nutrition and Physical Activity</b>				
Exercise	+++++	7	24.9%	21.5%
Fruit and Vegetable Consumption	+++++	9	12.1%	10.4%
Physical Inactivity	+++	29	22.5%	22.6%
<b>Sexual Health</b>				
Chlamydia	++++	17	1,557	1,743
High-risk HIV Behaviors	+++	27	10.0%	9.7%
Unintended Pregnancy†	—	—	24.2%	30.6%
<b>Sleep Health</b>				
Insufficient Sleep	++++	13	32.7%	36.1%
<b>Tobacco Use</b>				
E-cigarette Use†	+++++	7	4.7%	5.3%
Smoking	+++++	9	12.1%	14.3%
Smoking During Pregnancy	+++++	7	3.6%	6.0%
<b>HEALTH OUTCOMES*</b>	<b>+++++</b>	<b>9</b>	<b>0.356</b>	<b>—</b>
<b>Behavioral Health</b>				
Drug Deaths†	++	35	26.8	20.7
Excessive Drinking	++	36	21.9%	19.2%
Frequent Mental Distress	+++++	5	151%	18.1%
Illicit Drug Use	+++	27	11.2%	10.8%
Postpartum Depression†	—	—	11.1%	13.4%
<b>Mortality</b>				
Maternal Mortality†	—	—	—	20.1
Mortality Rate	+++++	8	79.0	97.2
<b>Physical Health</b>				
Frequent Physical Distress	+++	26	8.7%	8.4%
High Blood Pressure	++++	20	9.8%	10.6%
High Health Status†	+++++	6	59.9%	53.8%
Maternal Morbidity†	—	—	6.5	6.6
Multiple Chronic Conditions	+++++	4	3.1%	4.4%
Obesity	+++++	10	25.4%	30.0%
<b>OVERALL — WOMEN*</b>	<b>—</b>	<b>—</b>	<b>0.413</b>	<b>—</b>

\* Overall and category values are derived from individual measure data to arrive at total scores for the state. Higher scores are considered healthier and lower scores are less healthy.

† Measure was not included in the calculation of overall or category values.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Children

Measures	Rating	State Rank	State Value	U.S. Value
<b>CLINICAL CARE*</b>	<b>+++++</b>	<b>5</b>	<b>1.065</b>	<b>—</b>
<b>Access to Care</b>				
ADD/ADHD Treatment	++++	19	3.5%	3.0%
Pediatricians	+++++	5	145.5	104.6
Uninsured	++++	11	3.5%	5.7%
<b>Preventive Clinical Care</b>				
Childhood Immunizations	+++++	5	83.2%	75.8%
HPV Vaccination	+++	28	53.8%	54.2%
Preventive Dental Care	+++++	2	85.1%	77.5%
Well-child Visit	+++++	8	85.7%	80.7%
<b>Quality of Care</b>				
Adequate Insurance	+++++	10	70.7%	66.7%
Developmental Screening	+++++	7	49.0%	36.9%
Medical Home	+++	22	51.0%	46.8%
<b>BEHAVIORS*</b>	<b>+++++</b>	<b>8</b>	<b>0.608</b>	<b>—</b>
<b>Nutrition and Physical Activity</b>				
Breastfed	+++	27	25.7%	25.6%
Food Sufficiency	++++	12	73.1%	69.8%
Physical Activity	+++	27	22.6%	20.6%
Soda Consumption — Youth†	—	—	7.6%	9.3%
<b>Sexual Health — Youth</b>				
Dual Contraceptive Nonuse†	—	—	88.4%	90.9%
Teen Births	+++++	4	7.7	16.7
<b>Sleep Health</b>				
Adequate Sleep	+++	23	67.1%	66.1%
Sleep Position†	—	—	81.5%	79.6%
<b>Tobacco Use — Youth</b>				
Electronic Vapor Product Use†	—	—	27.0%	32.7%
Tobacco Use	+++++	5	3.0%	4.0%
<b>HEALTH OUTCOMES*</b>	<b>+++</b>	<b>25</b>	<b>-0.036</b>	<b>—</b>
<b>Behavioral Health</b>				
Alcohol Use — Youth	+	47	11.2%	9.2%
Anxiety	++	32	10.5%	9.1%
Depression	+++++	8	3.1%	3.9%
Flourishing	+	45	66.3%	69.1%
Illicit Drug Use — Youth	++	35	8.8%	8.4%
Teen Suicide†	—	—	8.0	11.2
<b>Mortality</b>				
Child Mortality	+++++	4	17.3	25.4
Infant Mortality	+++++	6	4.4	5.7
<b>Physical Health</b>				
Asthma	+	50	11.0%	7.5%
High Health Status†	+++	21	91.3%	90.4%
Low Birthweight	++++	20	7.8%	8.3%
Low Birthweight Racial Disparity	++++	17	1.9	2.1
Overweight or Obesity — Youth	+++	23	30.9%	32.1%
<b>OVERALL — CHILDREN*</b>	<b>—</b>	<b>—</b>	<b>0.405</b>	<b>—</b>

**OVERALL — WOMEN AND CHILDREN\***

**— 0.441 —**