

# Hawaii

State Health Department Website: [health.hawaii.gov](http://health.hawaii.gov)

## Summary

### Strengths:

- Low prevalence of obesity
- Low prevalence of teeth extractions
- Low preventable hospitalization rate

### Challenges:

- High prevalence of insufficient sleep
- High prevalence of excessive drinking
- Low pneumonia vaccination coverage

### Highlights:

#### HIGH-SPEED INTERNET

▲10%

between 2016 and 2019 from 75.1% to 82.3% of households with adults ages 65+

#### EXERCISE

▲29%

between 2015 and 2019 from 20.0% to 25.8% of adults ages 65+

#### MULTIPLE CHRONIC CONDITIONS

▲8%

between 2010 and 2018 from 33.7% to 36.3% of Medicare beneficiaries ages 65+

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

\* Value indicates a score. Higher scores are healthier and lower scores are less healthy.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Measures

	Rating	2021 Value	2021 Rank	No. 1 State
<b>SOCIAL &amp; ECONOMIC FACTORS*</b>	<b>++++</b>	<b>0.444</b>	<b>16</b>	<b>1.051</b>
<b>Community and Family Safety</b>				
Violent Crime (offenses per 100,000 population)	++++	286	17	115
<b>Economic Resources</b>				
Food Insecurity (% of adults ages 60+)	+++++	10.2	12	7.3
Poverty (% of adults ages 65+)	+++	8.7	28	6.1
Poverty Racial Disparity (ratio)*		1.0		1.0
SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++++	100.0	1	100.0
<b>Social Support and Engagement</b>				
Community Support Expenditures (dollars per adult ages 60+)	+++	\$43	21	\$265
High-speed Internet (% of households with adults ages 65+)	+++++	82.3	10	86.0
Low-care Nursing Home Residents (% of residents)	+++++	3.0	3	2.1
Risk of Social Isolation (percentile, adults ages 65+)	+++	42	22	1
Volunteerism (% of adults ages 65+)	+	20.5	46	44.6
<b>PHYSICAL ENVIRONMENT*</b>	<b>++++</b>	<b>0.523</b>	<b>19</b>	<b>1.353</b>
<b>Air and Water Quality</b>				
Air Pollution (micrograms of fine particles per cubic meter)	+++++	4.8	3	4.1
Drinking Water Violations (% of community water systems)	+++++	0.0	1	0.0
<b>Housing</b>				
Severe Housing Problems (% of small households with an adult ages 62+)	+	37.3	44	18.3
<b>CLINICAL CARE*</b>	<b>++++</b>	<b>0.341</b>	<b>15</b>	<b>0.695</b>
<b>Access to Care</b>				
Avoided Care Due to Cost (% of adults ages 65+)	++	5.3	38	3.0
Geriatric Providers (providers per 100,000 adults ages 65+)	+++++	40.6	8	57.7
Home Health Care Workers (workers per 1,000 adults ages 65+ with a disability)	++	97	40	442
<b>Preventive Clinical Services</b>				
Cancer Screenings (% of adults ages 65-75)	+++++	78.2	7	81.1
Flu Vaccination (% of adults ages 65+)	+	58.8	46	71.1
Pneumonia Vaccination (% of adults ages 65+)	+	66.3	48	78.3
<b>Quality of Care</b>				
Dedicated Health Care Provider (% of adults ages 65+)	+++++	96.1	3	96.3
Hospice Care (% of Medicare decedents)	++	45.4	40	60.5
Hospital Readmissions (% of hospitalized Medicare beneficiaries ages 65-74)	+++++	14.0	1	14.0
Nursing Home Quality (% of beds rated four or five stars)	+++++	81.9	1	81.9
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+++++	1,038	1	1,038
<b>BEHAVIORS*</b>	<b>+++</b>	<b>0.018</b>	<b>27</b>	<b>1.188</b>
<b>Nutrition and Physical Activity</b>				
Exercise (% of adults ages 65+)	++++	25.8	15	30.3
Fruit and Vegetable Consumption (% of adults ages 65+)	+++	7.6	25	12.3
Physical Inactivity (% of adults ages 65+ in fair or better health)	+++++	27.7	10	21.7
<b>Sleep Health</b>				
Insufficient Sleep (% of adults ages 65+)	+	38.9	50	20.9
<b>Tobacco Use</b>				
Smoking (% of adults ages 65+)	++++	7.8	12	4.0
<b>HEALTH OUTCOMES*</b>	<b>+++++</b>	<b>0.932</b>	<b>1</b>	<b>0.932</b>
<b>Behavioral Health</b>				
Excessive Drinking (% of adults ages 65+)	+	10.2	48	3.8
Frequent Mental Distress (% of adults ages 65+)	++++	6.9	14	4.5
Suicide (deaths per 100,000 adults ages 65+)	++++	15.2	12	9.2
<b>Mortality</b>				
Early Death (deaths per 100,000 adults ages 65-74)	+++++	1,380	1	1,380
Early Death Racial Disparity (ratio)*		1.6		1.0
<b>Physical Health</b>				
Falls (% of adults ages 65+)	+++++	20.0	1	20.0
Frequent Physical Distress (% of adults ages 65+)	++++	14.8	12	12.9
Multiple Chronic Conditions, 4+ (% of Medicare beneficiaries ages 65+)	++++	36.3	19	24.3
Obesity (% of adults ages 65+)	+++++	18.8	1	18.8
Teeth Extractions (% of adults ages 65+)	+++++	6.2	1	6.2
<b>OVERALL</b>		0.464	—	0.750