

Idaho

State Health Department Website: healthandwelfare.idaho.gov

Measures

	Rating	2021 Value	2021 Rank	No. 1 State
SOCIAL & ECONOMIC FACTORS*	++++	0.508	13	1.051
Community and Family Safety				
Violent Crime (offenses per 100,000 population)	++++	224	10	115
Economic Resources				
Food Insecurity (% of adults ages 60+)	++++	9.5	8	7.3
Poverty (% of adults ages 65+)	++++	6.9	4	6.1
Poverty Racial Disparity (ratio)†		3.0		1.0
SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	53.8	39	100.0
Social Support and Engagement				
Community Support Expenditures (dollars per adult ages 60+)	+	\$23	43	\$265
High-speed Internet (% of households with adults ages 65+)	++++	81.3	12	86.0
Low-care Nursing Home Residents (% of residents)	++++	8.0	18	2.1
Risk of Social Isolation (percentile, adults ages 65+)	++++	10	6	1
Volunteerism (% of adults ages 65+)	+++	30.5	28	44.6
PHYSICAL ENVIRONMENT*	++++	0.657	9	1.353
Air and Water Quality				
Air Pollution (micrograms of fine particles per cubic meter)	++++	6.6	12	4.1
Drinking Water Violations (% of community water systems)	++	1.5	36	0.0
Housing				
Severe Housing Problems (% of small households with an adult ages 62+)	++++	27.4	18	18.3
CLINICAL CARE*	++	-0.137	31	0.695
Access to Care				
Avoided Care Due to Cost (% of adults ages 65+)	++	5.1	34	3.0
Geriatric Providers (providers per 100,000 adults ages 65+)	+	12.7	49	57.7
Home Health Care Workers (workers per 1,000 adults ages 65+ with a disability)	++++	165	14	442
Preventive Clinical Services				
Cancer Screenings (% of adults ages 65-75)	+	68.5	43	81.1
Flu Vaccination (% of adults ages 65+)	+	59.2	44	71.1
Pneumonia Vaccination (% of adults ages 65+)	++	69.1	40	78.3
Quality of Care				
Dedicated Health Care Provider (% of adults ages 65+)	+	88.8	47	96.3
Hospice Care (% of Medicare decedents)	++++	53.9	9	60.5
Hospital Readmissions (% of hospitalized Medicare beneficiaries ages 65-74)	++++	14.0	1	14.0
Nursing Home Quality (% of beds rated four or five stars)	++++	61.2	6	81.9
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++++	1,259	3	1,038
BEHAVIORS*	++++	0.242	18	1.188
Nutrition and Physical Activity				
Exercise (% of adults ages 65+)	+	19.4	41	30.3
Fruit and Vegetable Consumption (% of adults ages 65+)	+++	7.7	22	12.3
Physical Inactivity (% of adults ages 65+ in fair or better health)	+++	30.9	23	21.7
Sleep Health				
Insufficient Sleep (% of adults ages 65+)	++++	23.7	9	20.9
Tobacco Use				
Smoking (% of adults ages 65+)	++++	7.8	12	4.0
HEALTH OUTCOMES*	++	-0.236	33	0.932
Behavioral Health				
Excessive Drinking (% of adults ages 65+)	+	9.3	42	3.8
Frequent Mental Distress (% of adults ages 65+)	+++	8.0	27	4.5
Suicide (deaths per 100,000 adults ages 65+)	+	27.6	46	9.2
Mortality				
Early Death (deaths per 100,000 adults ages 65-74)	++++	1,578	10	1,380
Early Death Racial Disparity (ratio)†		1.1		1.0
Physical Health				
Falls (% of adults ages 65+)	+	33.3	49	20.0
Frequent Physical Distress (% of adults ages 65+)	++	19.4	40	12.9
Multiple Chronic Conditions, 4+ (% of Medicare beneficiaries ages 65+)	++++	29.7	6	24.3
Obesity (% of adults ages 65+)	++++	29.1	19	18.8
Teeth Extractions (% of adults ages 65+)	+++	13.0	21	6.2
OVERALL		0.147	—	0.750

Summary

Strengths:

- Low poverty rate
- Low prevalence of multiple chronic conditions
- Low prevalence of food insecurity

Challenges:

- High prevalence of falls
- High suicide rate
- Low geriatric provider rate

Highlights:

POVERTY

▼ **31%**

between 2016 and 2019
from 10.0% to 6.9% of
adults ages 65+

PREVENTABLE HOSPITALIZATIONS

▼ **12%**

between 2016 and 2018 from
1,436 to 1,259 discharges
per 100,000 Medicare
beneficiaries ages 65-74

EXCESSIVE DRINKING

▲ **82%**

between 2014 and 2019
from 5.1% to 9.3% of adults
ages 65+

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
—	41-50

* Value indicates a score. Higher scores are healthier and lower scores are less healthy.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit www.AmericasHealthRankings.org.