

Illinois

State Health Department Website: dph.illinois.gov

Summary

Strengths:

- High prevalence of exercise
- Low prevalence of frequent mental distress
- Low prevalence of falls

Challenges:

- High prevalence of obesity
- High prevalence of excessive drinking
- Low pneumonia vaccination coverage

Highlights:

FLU VACCINATION COVERAGE

▲ **11%**

between 2017 and 2019
from 54.8% to 61.1% of
adults ages 65+

FALLS

▼ **23%**

between 2016 and 2018
from 31.6% to 24.4% of
adults ages 65+

DRUG DEATHS

▲ **80%**

between 2014-16 and 2017-19
from 5.4 to 9.7 deaths per
100,000 adults 65-74

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |

* Value indicates a score. Higher scores are healthier and lower scores are less healthy.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit www.AmericasHealthRankings.org.

Measures

| | Rating | 2021 Value | 2021 Rank | No. 1 State |
|---|-------------|---------------|-----------|--------------|
| SOCIAL & ECONOMIC FACTORS* | +++ | 0.017 | 32 | 1,051 |
| Community and Family Safety | | | | |
| Violent Crime (offenses per 100,000 population) | ++ | 407 | 33 | 115 |
| Economic Resources | | | | |
| Food Insecurity (% of adults ages 60+) | +++ | 13.7 | 31 | 7.3 |
| Poverty (% of adults ages 65+) | +++ | 8.6 | 26 | 6.1 |
| Poverty Racial Disparity (ratio)* | | 2.7 | | 1.0 |
| SNAP Reach (participants per 100 adults ages 60+ in poverty) | +++++ | 100.0 | 1 | 100.0 |
| Social Support and Engagement | | | | |
| Community Support Expenditures (dollars per adult ages 60+) | +++ | \$34 | 29 | \$265 |
| High-speed Internet (% of households with adults ages 65+) | ++ | 75.1 | 33 | 86.0 |
| Low-care Nursing Home Residents (% of residents) | +++ | 10.0 | 28 | 2.1 |
| Risk of Social Isolation (percentile, adults ages 65+) | ++ | 63 | 33 | 1 |
| Volunteerism (% of adults ages 65+) | ++ | 27.8 | 34 | 44.6 |
| PHYSICAL ENVIRONMENT* | + | -0.277 | 48 | 1,353 |
| Air and Water Quality | | | | |
| Air Pollution (micrograms of fine particles per cubic meter) | + | 9.5 | 49 | 4.1 |
| Drinking Water Violations (% of community water systems) | ++++ | 0.1 | 12 | 0.0 |
| Housing | | | | |
| Severe Housing Problems (% of small households with an adult ages 62+) | ++ | 34.6 | 38 | 18.3 |
| CLINICAL CARE* | + | -0.461 | 42 | 0,695 |
| Access to Care | | | | |
| Avoided Care Due to Cost (% of adults ages 65+) | ++ | 5.1 | 34 | 3.0 |
| Geriatric Providers (providers per 100,000 adults ages 65+) | +++ | 25.7 | 28 | 57.7 |
| Home Health Care Workers (workers per 1,000 adults ages 65+ with a disability) | +++ | 142 | 21 | 442 |
| Preventive Clinical Services | | | | |
| Cancer Screenings (% of adults ages 65-75) | + | 67.3 | 45 | 81.1 |
| Flu Vaccination (% of adults ages 65+) | ++ | 61.1 | 37 | 71.1 |
| Pneumonia Vaccination (% of adults ages 65+) | + | 69.0 | 42 | 78.3 |
| Quality of Care | | | | |
| Dedicated Health Care Provider (% of adults ages 65+) | ++++ | 94.9 | 15 | 96.3 |
| Hospice Care (% of Medicare decedents) | +++ | 50.3 | 23 | 60.5 |
| Hospital Readmissions (% of hospitalized Medicare beneficiaries ages 65-74) | +++ | 16.0 | 21 | 14.0 |
| Nursing Home Quality (% of beds rated four or five stars) | + | 33.8 | 44 | 81.9 |
| Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74) | ++ | 2,682 | 36 | 1,038 |
| BEHAVIORS* | ++++ | 0.240 | 19 | 1,188 |
| Nutrition and Physical Activity | | | | |
| Exercise (% of adults ages 65+) | +++++ | 28.3 | 5 | 30.3 |
| Fruit and Vegetable Consumption (% of adults ages 65+) | +++ | 7.7 | 22 | 12.3 |
| Physical Inactivity (% of adults ages 65+ in fair or better health) | +++ | 31.5 | 26 | 21.7 |
| Sleep Health | | | | |
| Insufficient Sleep (% of adults ages 65+) | +++ | 27.2 | 29 | 20.9 |
| Tobacco Use | | | | |
| Smoking (% of adults ages 65+) | +++ | 9.2 | 25 | 4.0 |
| HEALTH OUTCOMES* | +++ | 0.291 | 21 | 0,932 |
| Behavioral Health | | | | |
| Excessive Drinking (% of adults ages 65+) | ++ | 8.8 | 39 | 3.8 |
| Frequent Mental Distress (% of adults ages 65+) | +++++ | 6.4 | 8 | 4.5 |
| Suicide (deaths per 100,000 adults ages 65+) | +++++ | 12.4 | 7 | 9.2 |
| Mortality | | | | |
| Early Death (deaths per 100,000 adults ages 65-74) | +++ | 1,755 | 30 | 1,380 |
| Early Death Racial Disparity (ratio)* | | 1.6 | | 1.0 |
| Physical Health | | | | |
| Falls (% of adults ages 65+) | +++++ | 24.4 | 7 | 20.0 |
| Frequent Physical Distress (% of adults ages 65+) | ++++ | 15.7 | 17 | 12.9 |
| Multiple Chronic Conditions, 4+ (% of Medicare beneficiaries ages 65+) | +++ | 40.3 | 25 | 24.3 |
| Obesity (% of adults ages 65+) | ++ | 32.5 | 36 | 18.8 |
| Teeth Extractions (% of adults ages 65+) | ++++ | 11.3 | 11 | 6.2 |
| OVERALL | | 0.020 | — | 0.750 |