

Indiana

State Health Department Website: in.gov/isdh

Summary

Strengths:

- High percentage of fourth grade reading proficiency
- Low prevalence of unemployment among women
- Low prevalence of severe housing problems

Highlights:

WELL-WOMAN VISIT

▲28% from 58.9% to 75.6% of women ages 18-44 between 2013-2014 and 2018-2019

TEEN BIRTHS

▼31% from 30.3 to 20.8 births per 1,000 females ages 15-19 between 2013 and 2019

Challenges:

- High prevalence of smoking during pregnancy
- Low HPV vaccination coverage among adolescents
- Low prevalence of developmental screenings

OBSESITY

▲21% from 28.1% to 33.9% of women ages 18-44 between 2015-2016 and 2018-2019

DRUG DEATHS

▲36% from 23.4 to 31.9 deaths per 100,000 women ages 20-44 between 2014-2016 and 2017-2019

Women

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL AND ECONOMIC FACTORS*				
Community and Family Safety				
Intimate Partner Violence Before Pregnancy*		—	—	3.0%
Violent Crime	+++	27	371	379
Economic Resources				
Concentrated Disadvantage	+++	25	20.2%	25.1%
Food Insecurity	++	35	12.4%	11.1%
Gender Pay Gap*	+	42	75.8%	81.0%
Poverty	++	31	16.0%	15.2%
Unemployment	++++	16	3.2%	3.6%
Education				
College Graduate	++	39	30.8%	35.7%
Social Support and Engagement				
Infant Child Care Cost*	+	41	14.8%	12.5%
Residential Segregation — Black/White	++	40	69	62
Voter Participation	+	44	56.7%	61.7%
PHYSICAL ENVIRONMENT*				
Air and Water Quality				
Air Pollution	+	46	8.7	8.3
Drinking Water Violations	++	33	0.4%	0.8%
Household Smoke	+	46	20.0%	14.0%
Risk-screening Environmental Indicators Risk Score	+	41	10,738,422	361,963,972
Water Fluoridation	+++++	10	92.4%	73.0%
Climate Change				
Climate Change Policies*	++	36	0	—
Transportation Energy Use*	+++	21	8.5	8.7
Housing and Transportation				
Drive Alone to Work	++	36	81.3%	75.4%
Housing With Lead Risk	++	33	21.3%	17.6%
Severe Housing Problems	+++++	7	12.9%	17.5%

Children

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL AND ECONOMIC FACTORS*				
Community and Family Safety				
Child Victimization*	++	36	14.7%	8.9%
Economic Resources				
Children in Poverty	+++	26	15.2%	16.8%
Children in Poverty Racial Disparity	++++	14	3.0	3.0
High-speed Internet	+	41	90.6%	92.6%
Students Experiencing Homelessness	++++	12	1.7%	3.0%
WIC Coverage	+++++	13	56.8%	53.9%
Education				
Early Childhood Education	+	43	39.8%	48.9%
Fourth Grade Reading Proficiency	++++	14	37.0%	34.3%
High School Graduation	++++	20	87.2%	85.8%
High School Graduation Racial Disparity	++++	16	12.2	15.1
Social Support and Engagement				
Adverse Childhood Experiences	++	36	17.4%	14.8%
Foster Care Instability	+++++	7	10.5%	16.0%
Neighborhood Amenities	++	38	28.0%	37.4%
Reading, Singing or Storytelling	++	40	51.7%	55.9%
PHYSICAL ENVIRONMENT*				
Air and Water Quality				
Air Pollution	+	46	8.7	8.3
Drinking Water Violations	++	33	0.4%	0.8%
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Severe Housing Problems	+++++	7	12.9%	17.5%

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Women

Measures	Rating	State Rank	State Value	U.S. Value
CLINICAL CARE*	+++	30	0.093	—
Access to Care				
Adequate Prenatal Care	+++	25	78.5%	76.7%
Avoided Care Due to Cost	+++	27	17.8%	18.8%
Publicly-funded Women's Health Services	+	45	17%	29%
Uninsured	+++	30	11.9%	12.9%
Women's Health Providers	++	39	41.5	48.5
Preventive Clinical Care				
Cervical Cancer Screening	+++	23	81.1%	79.9%
Dental Visit	+++	25	68.3%	67.6%
Flu Vaccination	++	38	29.7%	31.5%
Postpartum Visit†	—	—	—	90.7%
Well-woman Visit	++++	18	75.6%	73.2%
Quality of Care				
Breastfeeding Initiation†	+++	29	82.5%	84.0%
Dedicated Health Care Provider	++++	19	75.7%	71.1%
Low-risk Cesarean Delivery	++++	15	23.0%	25.6%
Maternity Practices Score	+++	24	78	79
BEHAVIORS*	++	40	-0.535	—
Nutrition and Physical Activity				
Exercise	+++	30	21.1%	21.5%
Fruit and Vegetable Consumption	++++	19	10.9%	10.4%
Physical Inactivity	++	38	24.6%	22.6%
Sexual Health				
Chlamydia	++	31	1,799	1,743
High-risk HIV Behaviors	+++	29	10.1%	9.7%
Unintended Pregnancy†	—	—	—	30.6%
Sleep Health				
Insufficient Sleep	++	35	38.4%	36.1%
Tobacco Use				
E-cigarette Use†	+	50	8.9%	5.3%
Smoking	++	40	19.9%	14.3%
Smoking During Pregnancy	+	41	11.7%	6.0%
HEALTH OUTCOMES*	++	36	-0.666	—
Behavioral Health				
Drug Deaths†	+	43	31.9	20.7
Excessive Drinking	++++	16	17.9%	19.2%
Frequent Mental Distress	++	33	20.8%	18.1%
Illicit Drug Use	++	38	12.0%	10.8%
Postpartum Depression†	—	—	—	13.4%
Mortality				
Maternal Mortality†	—	—	28.4	20.1
Mortality Rate	++	37	121.7	97.2
Physical Health				
Frequent Physical Distress	++	40	10.0%	8.4%
High Blood Pressure	++	32	11.4%	10.6%
High Health Status†	++	34	53.2%	53.8%
Maternal Morbidity†	—	—	6.8	6.6
Multiple Chronic Conditions	++	39	5.9%	4.4%
Obesity	++	38	33.9%	30.0%
OVERALL — WOMEN*	—	—	-0.327	—

* Overall and category values are derived from individual measure data to arrive at total scores for the state. Higher scores are considered healthier and lower scores are less healthy.

† Measure was not included in the calculation of overall or category values.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit www.AmericasHealthRankings.org.

Children

Measures	Rating	State Rank	State Value	U.S. Value
CLINICAL CARE*	+	45	-0.558	—
Access to Care				
ADD/ADHD Treatment	+++++	7	4.6%	3.0%
Pediatricians	++	38	77.3	104.6
Uninsured	++	39	7.1%	5.7%
Preventive Clinical Care				
Childhood Immunizations	+	44	71.2%	75.8%
HPV Vaccination	+	49	41.2%	54.2%
Preventive Dental Care	++	32	77.0%	77.5%
Well-child Visit	++	33	79.1%	80.7%
Quality of Care				
Adequate Insurance	++	39	63.3%	66.7%
Developmental Screening	+	45	26.1%	36.9%
Medical Home	++	36	47.7%	46.8%
BEHAVIORS*	++	39	-0.536	—
Nutrition and Physical Activity				
Breastfed	+	45	21.1%	25.6%
Food Sufficiency	++	35	66.8%	69.8%
Physical Activity	+++	30	22.3%	20.6%
Soda Consumption — Youth†	—	—	—	9.3%
Sexual Health — Youth				
Dual Contraceptive Nonuse†	—	—	—	90.9%
Teen Births	++	39	20.8	16.7
Sleep Health				
Adequate Sleep	++	39	62.0%	66.1%
Sleep Position†	—	—	—	79.6%
Tobacco Use — Youth				
Electronic Vapor Product Use†	—	—	—	32.7%
Tobacco Use	+++	30	4.9%	4.0%
HEALTH OUTCOMES*	+	43	-0.452	—
Behavioral Health				
Alcohol Use — Youth	+++	21	9.2%	9.2%
Anxiety	++	40	11.6%	9.1%
Depression	+++	30	4.9%	3.9%
Flourishing	+	50	64.4%	69.1%
Illicit Drug Use — Youth	++	33	8.6%	8.4%
Teen Suicide†	—	—	12.2	11.2
Mortality				
Child Mortality	++	38	30.6	25.4
Infant Mortality	+	41	7.0	5.7
Physical Health				
Asthma	++++	18	6.7%	7.5%
High Health Status†	++	31	90.5%	90.4%
Low Birthweight	+++	24	8.2%	8.3%
Low Birthweight Racial Disparity	++++	17	1.9	2.1
Overweight or Obesity — Youth	+++	26	31.5%	32.1%
OVERALL — CHILDREN*	—	—	-0.260	—

OVERALL — WOMEN AND CHILDREN*

— -0.302 —