Louisiana
State Health Department Website: ldh.la.gov

Summary
Strengths:
- Low percentage of housing with lead risk
- High HPV vaccination coverage among adolescents
- Low premature death racial inequality

Challenges:
- High economic hardship index score
- High premature death rate
- High prevalence of cigarette smoking

Highlights:
PUBLIC HEALTH FUNDING
▲16% between 2014-2015 and 2018-2019 from $81 to $94 per person

TEEN BIRTHS
▼49% between 2008 and 2018 from 54.0 to 275 births per 1,000 females ages 15-19

MENTAL HEALTH PROVIDERS
▲7% between 2016 and 2020 from 2571 to 275.5 per 100,000 population

Trends
FREQUENT MENTAL DISTRESS

PREMATURE DEATH

Economic Hardship Index
The economic hardship index compares financial strain between states. It combines six population-level social and economic measures to provide a more complete picture of the difficulties faced by communities than a single measure could provide.

<table>
<thead>
<tr>
<th>Measure</th>
<th>State Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crowded Housing (units with more than one person/room)</td>
<td>2.3%</td>
</tr>
<tr>
<td>Dependency (ages 0-17 or ages 65+)</td>
<td>39.3%</td>
</tr>
<tr>
<td>Education (ages 25+ without a high school diploma)</td>
<td>14.0%</td>
</tr>
<tr>
<td>Per Capita Income</td>
<td>$28,662</td>
</tr>
<tr>
<td>Poverty (households below the poverty level)</td>
<td>19.0%</td>
</tr>
<tr>
<td>Unemployment (ages 16-64)</td>
<td>5.6%</td>
</tr>
</tbody>
</table>

Multiple Chronic Conditions
Chronic conditions are medical conditions that last more than a year, require ongoing medical attention and/or limit activities of daily living. Adults with multiple chronic conditions represent one of the highest-need segments of the population.

<table>
<thead>
<tr>
<th>Measure</th>
<th>State Value</th>
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<tbody>
<tr>
<td>Arthritis</td>
<td>27.6%</td>
</tr>
<tr>
<td>Asthma</td>
<td>7.9%</td>
</tr>
<tr>
<td>Cancer (excluding skin)</td>
<td>7.9%</td>
</tr>
<tr>
<td>Cardiovascular Disease</td>
<td>10.4%</td>
</tr>
<tr>
<td>Chronic Kidney Disease</td>
<td>4.0%</td>
</tr>
<tr>
<td>Chronic Obstructive Pulmonary Disease</td>
<td>8.6%</td>
</tr>
<tr>
<td>Depression</td>
<td>23.9%</td>
</tr>
<tr>
<td>Diabetes</td>
<td>12.6%</td>
</tr>
</tbody>
</table>
### Measures

#### SOCIAL & ECONOMIC FACTORS

<table>
<thead>
<tr>
<th>Rating</th>
<th>Value</th>
<th>Rank</th>
<th>Healthiest State</th>
</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>-1.036</td>
<td>50</td>
<td>0.965</td>
</tr>
</tbody>
</table>

**Community and Family Safety**
- Occupational Fatalities (deaths per 100,000 workers)
  - + + + 60 38 2.9
- Public Health Funding (dollars per person)
  - +++ $94 26 $289
- Violent Crime (offenses per 100,000 population)
  - + 549 46 115

**Economic Resources**
- Economic Hardship Index (index from 1-100)
  - + 84 48 1
- Food Insecurity (% of households)
  - + 15.8 48 78
- Income Inequality (80-20 ratio)
  - + 5.73 49 3.70

**Education**
- High School Graduation (% of students)
  - ++ 81.4 42 91.4
- High School Graduation Racial Gap (percentage point difference)
  - + 175 36 3.9

**Social Support and Engagement**
- Adverse Childhood Experiences (% of children ages 0-17)
  - + 186 43 8.9
- High-speed Internet (% of households)
  - + 82.4 47 92.9
- Residential Segregation (index from 0-100)
  - + 54 19 42
- Volunteerism (% of adults)
  - + 25.8 45 51.0
- Voter Participation — Midterm (% of U.S. citizens)
  - ++ 49.8 38 65.6

#### PHYSICAL ENVIRONMENT

<table>
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<tr>
<th>Rating</th>
<th>Value</th>
<th>Rank</th>
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</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>-0.254</td>
<td>48</td>
<td>0.816</td>
</tr>
</tbody>
</table>

**Air and Water Quality**
- Air Pollution (micrograms of fine particles per cubic meter)
  - ++ 8.0 35 41
- Drinking Water Violations (% of community water systems)
  - + 3.6 45 0.0
- Non-smoking Regulation (% of population)*
  - ++ 27.9 36 100.0
- Risk-screening Environmental Indicator Score (unitless score)
  - + 18,561,626 44 317
- Water Fluoridation (% of population served)
  - + 39.0 45 99.6

**Climate Change**
- Climate Change Policies (number of four policies)*
  - +++ 25 4
- Transportation Energy Use (trillions of BTUs per 100,000 population)*
  - + 15.7 47 5.8

**Housing and Transit**
- Drive Alone to Work (% of workers)
  - + 82.1 41 52.8
- Housing With Lead Risk (% of housing stock)
  - +++ 13.1 18 5.2
- Severe Housing Problems (% of occupied housing units)
  - +++ 15.8 30 11.2

#### CLINICAL CARE

<table>
<thead>
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<th>Rating</th>
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<th>Rank</th>
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</thead>
<tbody>
<tr>
<td>+</td>
<td>-0.551</td>
<td>40</td>
<td>1.443</td>
</tr>
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</table>

**Access to Care**
- Avoided Care Due to Cost (% of adults)
  - ++ 14.8 39 8.2
- Providers
  - Dental Providers (number per 100,000 population)
    - + 48.4 44 90.6
  - Mental Health Providers (number per 100,000 population)
    - +++ 275.5 21 666.4
  - Primary Care Providers (number per 100,000 population)
    - ++ 217.2 40 362.8
  - Uninsured (% of population)
    - +++ 8.9 30 3.0

**Preventive Clinical Services**
- Colorectal Cancer Screening (% of adults ages 50-75)
  - +++ 69.3 27 77.1
- Dental Visit (% of adults)
  - + 581 47 76.5
- Immunizations
  - Childhood Immunizations (% by age 35 months)
    - + 73.9 37 86.6
  - Flu Vaccination (% adults)
    - + 38.7 43 50.5
  - HPV Vaccination (% of adolescents ages 13-17)
    - +++ 50.5 16 79.9

**Quality of Care**
- Dedicated Health Care Provider (% of adults)
  - +++ 75.4 27 88.3
- Preventable Hospitalizations (discharges per 100,000 Medicare enrollees)
  - + 5,561 47 1,971

#### BEHAVIORS

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</thead>
<tbody>
<tr>
<td>+</td>
<td>-1.432</td>
<td>50</td>
<td>1.072</td>
</tr>
</tbody>
</table>

**Sleep Health**
- Insufficient Sleep (% of adults)
  - ++ 37.5 38 28.7

**Nutrition and Physical Activity**
- Exercise (% of adults)
  - + 19.7 44 28.5
- Fruit and Vegetable Consumption (% of adults)
  - ++ 6.9 36 14.1
- Physical Inactivity (% of adults)
  - + 31.9 47 18.5

**Sexual Health**
- Chlamydia (cases per 100,000 population)
  - + 748 49 108.2
- High-risk HIV Behaviors (% of adults)
  - + 7.9 49 4.5
- Teen Births (births per 1,000 females ages 15-19)
  - + 275 48 7.2

**Tobacco Use**
- E-cigarette Use (% of adults)*
  - + 5.7 37 4.3
- Smoking (% of adults)
  - + 21.9 48 7.9

#### ALL DETERMINANTS

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<tr>
<th>Rating</th>
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</tr>
</thead>
<tbody>
<tr>
<td>+</td>
<td>-0.940</td>
<td>50</td>
<td>0.865</td>
</tr>
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</table>

**Behavioral Health**
- Depression (% of adults)*
  - + 23.9 42 11.8
- Excessive Drinking (% of adults)
  - ++ 20.8 40 12.0
- Frequent Mental Distress (% of adults)
  - + 18.5 49 10.6
- Non-medical Drug Use (% of adults)
  - ++ 13.2 37 6.4

**Mortality**
- Drug Deaths (deaths per 100,000 population)*
  - ++ 24.7 32 6.8
- Premature Death (years lost before age 75 per 100,000 population)
  - + 10,028 46 5,648
- Premature Death Racial Inequality (ratio)
  - +++ 1.3 16 10
- Suicide (deaths per 100,000 population)*
  - +++ 15.7 21 8.6

**Physical Health**
- Frequent Physical Distress (% of adults)
  - + 14.9 45 9.3
- Low Birthweight (% of live births)
  - + 10.8 49 5.8
- Low Birthweight Racial Gap (percentage point difference)
  - + 8.4 47 2.4
- Multiple Chronic Conditions (% of adults)
  - + 12.3 41 6.4

**OVERALL**
- -0.969 — 0.723

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* Measure not included in overall score. For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org

--Indicates data missing or suppressed.