

Missouri

State Health Department Website: health.mo.gov

Summary

Strengths:

- High pneumonia vaccination coverage
- Low prevalence of excessive drinking
- Low prevalence of severe housing problems

Challenges:

- High prevalence of physical inactivity
- High early death rate
- High prevalence of teeth extractions

Highlights:

HIGH-SPEED INTERNET

▲10%

between 2016 and 2019 from 67.8% to 74.7% of households with adults ages 65+

PHYSICAL INACTIVITY

▲21%

between 2018 and 2019 from 30.7% to 37.2% of adults ages 65+ in fair or better health

FALLS

▼16%

between 2014 and 2018 from 32.4% to 27.1% of adults ages 65+

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

* Value indicates a score. Higher scores are healthier and lower scores are less healthy.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit www.AmericasHealthRankings.org.

Measures

	Rating	2021 Value	2021 Rank	No. 1 State
SOCIAL & ECONOMIC FACTORS*	+	-0.371	43	1,051
Community and Family Safety				
Violent Crime (offenses per 100,000 population)	+	495	43	115
Economic Resources				
Food Insecurity (% of adults ages 60+)	++	11.8	22	7.3
Poverty (% of adults ages 65+)	+++	8.9	30	6.1
Poverty Racial Disparity (ratio)*		2.1		1.0
SNAP Reach (participants per 100 adults ages 60+ in poverty)	++	61.4	33	100.0
Social Support and Engagement				
Community Support Expenditures (dollars per adult ages 60+)	++++	\$46	19	\$265
High-speed Internet (% of households with adults ages 65+)	++	74.7	38	86.0
Low-care Nursing Home Residents (% of residents)	+	24.0	49	2.1
Risk of Social Isolation (percentile, adults ages 65+)	++	69	36	1
Volunteerism (% of adults ages 65+)	++	26.7	37	44.6
PHYSICAL ENVIRONMENT*	++++	0.517	20	1,353
Air and Water Quality				
Air Pollution (micrograms of fine particles per cubic meter)	+++	7.6	30	4.1
Drinking Water Violations (% of community water systems)	+++	0.6	29	0.0
Housing				
Severe Housing Problems (% of small households with an adult ages 62+)	++++	27.6	19	18.3
CLINICAL CARE*	++++	0.231	19	0,695
Access to Care				
Avoided Care Due to Cost (% of adults ages 65+)	++++	4.1	16	3.0
Geriatric Providers (providers per 100,000 adults ages 65+)	++++	29.5	18	57.7
Home Health Care Workers (workers per 1,000 adults ages 65+ with a disability)	+++++	196	10	442
Preventive Clinical Services				
Cancer Screenings (% of adults ages 65-75)	+++	73.3	25	81.1
Flu Vaccination (% of adults ages 65+)	+++++	67.9	8	71.1
Pneumonia Vaccination (% of adults ages 65+)	+++++	75.8	10	78.3
Quality of Care				
Dedicated Health Care Provider (% of adults ages 65+)	+++++	95.4	9	96.3
Hospice Care (% of Medicare decedents)	+++	50.2	24	60.5
Hospital Readmissions (% of hospitalized Medicare beneficiaries ages 65-74)	+++	16.0	21	14.0
Nursing Home Quality (% of beds rated four or five stars)	++	38.9	38	81.9
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	++	2,719	38	1,038
BEHAVIORS*	+	-0.824	43	1,188
Nutrition and Physical Activity				
Exercise (% of adults ages 65+)	+	15.9	45	30.3
Fruit and Vegetable Consumption (% of adults ages 65+)	+	3.8	49	12.3
Physical Inactivity (% of adults ages 65+ in fair or better health)	+	37.2	42	21.7
Sleep Health				
Insufficient Sleep (% of adults ages 65+)	+++++	22.6	5	20.9
Tobacco Use				
Smoking (% of adults ages 65+)	+	10.8	41	4.0
HEALTH OUTCOMES*	++	-0.233	32	0,932
Behavioral Health				
Excessive Drinking (% of adults ages 65+)	++++	6.4	19	3.8
Frequent Mental Distress (% of adults ages 65+)	++++	7.1	19	4.5
Suicide (deaths per 100,000 adults ages 65+)	++	19.2	31	9.2
Mortality				
Early Death (deaths per 100,000 adults ages 65-74)	++	2,036	40	1,380
Early Death Racial Disparity (ratio)*		1.4		1.0
Physical Health				
Falls (% of adults ages 65+)	+++	27.1	26	20.0
Frequent Physical Distress (% of adults ages 65+)	++	18.0	36	12.9
Multiple Chronic Conditions, 4+ (% of Medicare beneficiaries ages 65+)	+++	41.4	30	24.3
Obesity (% of adults ages 65+)	++	31.9	33	18.8
Teeth Extractions (% of adults ages 65+)	+	18.8	42	6.2
OVERALL		-0.262	—	0,750