Montana

Summary

Low Disparities
- Between females\(^1\) and males\(^3\) for child poverty
- Between metropolitan\(^3\) and non-metropolitan\(^2\) areas for uninsured
- Between metropolitan\(^3\) and non-metropolitan\(^2\) areas for less than a high school education

High Disparities
- Between American Indian/Alaska Native\(^2\) and white\(^3\) for smoking
- Between less than a high school education\(^2\) and college graduates\(^3\) for physical inactivity
- Between American Indian/Alaska Native\(^2\) and white\(^3\) for child poverty

\(^1\) Low disparities within a state does not indicate that all populations are doing well. Consider rates in comparison to national averages.
\(^2\) Rates worse than national average.
\(^3\) Rates same or better than national average.

Highlights

**10%** ▲ Flu Vaccination in white adults between 2011-2013 and 2017-2019 from 36.2% to 39.9%

**22%** ▲ Low Birthweight in American Indian/Alaska Native infants between 2003-2006 and 2016-2019 from 7.4% to 9.0%

**39%** ▼ Less Than a High School Education in the American Indian/Alaska Native population between 2005-2009 and 2015-2019 from 22.8% to 13.9%

**27%** ▲ Frequent Mental Distress in adults with some college education between 2011-2013 and 2017-2019 from 10.3% to 13.1%

**30%** ▼ Avoided Care Due to Cost in female adults between 2011-2013 and 2017-2019 from 16.5% to 11.5%

**14%** ▲ Depression in female adults between 2011-2013 and 2017-2019 from 25.4% to 28.9%

Trends

**High Health Status by Race & Ethnicity**

![Graph showing high health status by race and ethnicity](image)

**Frequent Mental Distress by Education**

![Graph showing frequent mental distress by education](image)

**Income Inequality**

Income inequality measures the ratio of median household income of the 20% richest to the 20% poorest. A high ratio indicates greater income inequality. Research demonstrates an association between greater income disparity and poorer population health.

In Montana, income inequality has increased since 2011. Montana's ratio is currently lower than the national ratio.