

New York

State Health Department Website: health.ny.gov

Overall Rank:

32

Summary

Strengths:

- Low prevalence of obesity
- High home health care worker rate
- Low prevalence of smoking

Challenges:

- High risk of social isolation
- Low pneumonia vaccination rate
- High prevalence of insufficient sleep

Highlights:

EARLY DEATHS

▲33%

from 1,528 to 2,026 deaths per 100,000 adults ages 65-74 between 2019 and 2020

HIGH HEALTH STATUS

▲30%

from 35.0% to 45.5% of adults ages 65+ between 2011 and 2020

HOME HEALTH CARE WORKERS

▲29%

from 107.6 to 139.3 aides per 1,000 adults ages 65+ between 2016 and 2020

Measures

| | | Rating | State Rank | State Value | U.S. Value |
|--|---|-------------|------------|---------------|------------|
| SOCIAL & ECONOMIC FACTORS* | | ++ | 37 | -0.290 | — |
| Community and Family Safety | Violent Crime (offenses per 100,000 population) | +++ | 25 | 364 | 399 |
| | Food Insecurity (% of adults ages 60+) | ++ | 35 | 13.8% | 12.6% |
| Economic Resources | Poverty (% of adults ages 65+) | + | 47 | 12.0% | 9.4% |
| | Poverty Racial Disparity (ratio)† | — | — | 3.7 | 2.7 |
| | SNAP Reach (participants per 100 adults ages 60+ in poverty) | +++++ | 1 | 100.0 | 81.0 |
| Social Support and Engagement | Community Support Expenditures (dollars per adult ages 60+) | +++++ | 6 | \$107 | \$57 |
| | High-speed Internet (% of households with adults ages 65+) | +++ | 30 | 76.2% | 78.0% |
| | Low-care Nursing Home Residents (% of residents) | +++++ | 6 | 9.5% | 15.2% |
| | Risk of Social Isolation (index 1-100, adults ages 65+) | + | 46 | 84 | — |
| | Volunteerism (% of adults ages 65+) | + | 48 | 25.3% | 31.6% |
| PHYSICAL ENVIRONMENT* | | ++ | 39 | -0.003 | — |
| Air and Water Quality | Air Pollution (micrograms of fine particles per cubic meter) | ++++ | 12 | 6.3 | 8.3 |
| | Drinking Water Violations (% of community water systems) | ++++ | 14 | 0.1% | 0.8% |
| Housing | Severe Housing Problems (% of small households with an adult ages 62+) | + | 48 | 41.6% | 32.7% |
| CLINICAL CARE* | | ++ | 39 | -0.311 | — |
| Access to Care | Avoided Care Due to Cost (% of adults ages 65+) | + | 47 | 5.6% | 4.2% |
| | Geriatric Providers (providers per 100,000 adults ages 65+) | ++++ | 12 | 36.0 | 31.1 |
| | Home Health Care Workers (workers per 1,000 adults ages 65+) | +++++ | 1 | 139.3 | 57.7 |
| Preventive Clinical Services | Cancer Screenings (% of adults ages 65-75) | ++++ | 14 | 79.0% | 75.9% |
| | Flu Vaccination (% of adults ages 65+) | ++ | 34 | 65.6% | 67.3% |
| Quality of Care | Pneumonia Vaccination (% of adults ages 65+) | + | 48 | 63.9% | 70.3% |
| | Dedicated Health Care Provider (% of adults ages 65+) | ++ | 40 | 92.3% | 93.5% |
| | Hospice Care (% of Medicare decedents) | + | 49 | 30.0% | 50.7% |
| | Hospital Readmissions (risk-standardized readmission rate per 100 admissions) | + | 42 | 17 | 16 |
| | Nursing Home Quality (% of beds rated four or five stars) | +++ | 23 | 46.6% | 41.2% |
| Preventable Hospitalizations | (discharges per 100,000 Medicare beneficiaries ages 65-74) | +++ | 25 | 1,473 | 1,582 |
| | | | | | |
| BEHAVIORS* | | ++++ | 17 | 0.280 | — |
| Nutrition and Physical Activity | Exercise (% of adults ages 65+) | ++++ | 20 | 24.5% | 23.1% |
| | Fruit and Vegetable Consumption (% of adults ages 65+) | +++++ | 4 | 10.0% | 7.3% |
| | Physical Inactivity (% of adults ages 65+ in fair or better health) | ++ | 31 | 32.3% | 30.6% |
| Sleep Health | Insufficient Sleep (% of adults ages 65+) | + | 43 | 29.4% | 26.0% |
| Tobacco Use | Smoking (% of adults ages 65+) | +++++ | 4 | 6.8% | 8.9% |
| HEALTH OUTCOMES* | | ++++ | 16 | 0.303 | — |
| Behavioral Health | Drug Deaths (deaths per 100,000 adults ages 65+) [‡] | — | — | 8.2 | 8.4 |
| | Excessive Drinking (% of adults ages 65+) | ++ | 32 | 7.9% | 7.4% |
| | Frequent Mental Distress (% of adults ages 65+) | + | 42 | 9.1% | 8.1% |
| | Suicide (deaths per 100,000 adults ages 65+) | +++++ | 2 | 9.7 | 16.9 |
| Mortality | Early Death (deaths per 100,000 adults ages 65-74) | +++ | 26 | 2,026 | 2,072 |
| | Early Death Racial Disparity (ratio) [‡] | — | — | 1.8 | 1.6 |
| Physical Health | Falls (% of adults ages 65+) | +++++ | 8 | 25.1% | 27.1% |
| | Frequent Physical Distress (% of adults ages 65+) | +++ | 25 | 13.8% | 14.5% |
| | High Health Status (% of adults ages 65+) [‡] | +++ | 27 | 45.5% | 43.5% |
| | Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74) | +++ | 29 | 48% | 46% |
| | Obesity (% of adults ages 65+) | +++++ | 2 | 23.6% | 29.3% |
| | Teeth Extractions (% of adults ages 65+) | ++++ | 19 | 12.0% | 13.4% |
| OVERALL | | ++ | 32 | -0.018 | — |

* Value is a summation score. Higher scores are healthier.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit AmericasHealthRankings.org.

| Rating | Rank |
|--------|-------|
| +++++ | 1-10 |
| ++++ | 11-20 |
| +++ | 21-30 |
| ++ | 31-40 |
| + | 41-50 |