North Carolina
State Health Department Website: ncdhhs.gov

Summary

Strengths:
- Low racial disparity in high school graduation rates
- High childhood immunization rate
- Low percentage of housing with lead risk

Challenges:
- High percentage of households with food insecurity
- Low per capita public health funding
- High prevalence of high-risk HIV behaviors

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

28% from 15.9% to 11.5% between 2019 and 2020

FREQUENT PHYSICAL DISTRESS

20% from 13.4% to 10.7% of adults between 2017 and 2020

OBESITY

15% from 29.1% to 33.6% of adults between 2011 and 2020

Measures

Social & Economic Factors:

<table>
<thead>
<tr>
<th>Measure</th>
<th>Rating</th>
<th>State Rank</th>
<th>State Value</th>
<th>U.S. Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community and Family Safety</td>
<td>+++</td>
<td>22</td>
<td>0.147</td>
<td>—</td>
</tr>
<tr>
<td>Occupational Fatalities (deaths per 100,000)</td>
<td>++</td>
<td>25</td>
<td>4.8</td>
<td>4.2</td>
</tr>
<tr>
<td>Public Health Funding (dollars per person)</td>
<td>+</td>
<td>45</td>
<td>$76</td>
<td>$116</td>
</tr>
<tr>
<td>Violent Crime (offenses per 100,000 population)</td>
<td>++</td>
<td>28</td>
<td>372</td>
<td>379</td>
</tr>
<tr>
<td>Economic Hardship Index (index from 1-100)</td>
<td>++</td>
<td>34</td>
<td>33</td>
<td>—</td>
</tr>
<tr>
<td>Resources</td>
<td>++</td>
<td>40</td>
<td>12.1%</td>
<td>10.7%</td>
</tr>
<tr>
<td>Food Insecurity (% of households)</td>
<td>++</td>
<td>40</td>
<td>42.6%</td>
<td>48.6%</td>
</tr>
<tr>
<td>Income Inequality (60-20 ratio)</td>
<td>+++</td>
<td>30</td>
<td>88.5%</td>
<td>85.6%</td>
</tr>
<tr>
<td>Education</td>
<td>+++</td>
<td>7</td>
<td>8.6</td>
<td>15.1</td>
</tr>
<tr>
<td>High School Graduation (% of students)</td>
<td>+++</td>
<td>25</td>
<td>94.6%</td>
<td>95.6%</td>
</tr>
<tr>
<td>High School Graduation Racial Disparity</td>
<td>++++</td>
<td>10</td>
<td>13.4%</td>
<td>14.8%</td>
</tr>
<tr>
<td>(percentage point difference)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Social Support and Engagement</td>
<td>++</td>
<td>34</td>
<td>88.1%</td>
<td>89.4%</td>
</tr>
<tr>
<td>Adverse Childhood Experiences (% ages 0-17)</td>
<td>+++</td>
<td>8</td>
<td>52</td>
<td>62</td>
</tr>
<tr>
<td>High-speed Internet (% of households)</td>
<td>++</td>
<td>34</td>
<td>33.3%</td>
<td>33.4%</td>
</tr>
<tr>
<td>Residential Segregation — Black/White</td>
<td>++++</td>
<td>30</td>
<td>56.6%</td>
<td>60.1%</td>
</tr>
<tr>
<td>(index from 0-100)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Volunteerism (% ages 16+)</td>
<td>+++</td>
<td>30</td>
<td>33.3%</td>
<td>33.4%</td>
</tr>
<tr>
<td>Voter Participation (% of U.S. citizens ages 18+)</td>
<td>+++</td>
<td>31</td>
<td>56.6%</td>
<td>60.1%</td>
</tr>
</tbody>
</table>

Physical Environment:

<table>
<thead>
<tr>
<th>Measure</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Air and Water</td>
<td>++++</td>
<td>8</td>
<td>0.390</td>
<td>—</td>
</tr>
<tr>
<td>Air Pollution (micrograms of fine particles per cubic meter)</td>
<td>++++</td>
<td>14</td>
<td>6.6</td>
<td>8.3</td>
</tr>
<tr>
<td>Drinking Water Violations (% of community water systems)</td>
<td>+++</td>
<td>1</td>
<td>0.0%</td>
<td>0.8%</td>
</tr>
<tr>
<td>Risk-screening Environmental Indicator Score (unitless score)</td>
<td>++</td>
<td>37</td>
<td>7.396,099</td>
<td>1.5</td>
</tr>
<tr>
<td>Water Fluoridation (% of population served)</td>
<td>++++</td>
<td>17</td>
<td>87.6%</td>
<td>73.0%</td>
</tr>
<tr>
<td>Housing and Transit</td>
<td>++++</td>
<td>29</td>
<td>80.2%</td>
<td>75.9%</td>
</tr>
<tr>
<td>Drive Alone to Work (% of workers ages 16+)</td>
<td>++++</td>
<td>8</td>
<td>10.6%</td>
<td>17.6%</td>
</tr>
<tr>
<td>Housing With Lead Risk (% of housing stock)</td>
<td>++++</td>
<td>28</td>
<td>14.9%</td>
<td>17.3%</td>
</tr>
<tr>
<td>Severe Housing Problems (% of occupied housing units)</td>
<td>++++</td>
<td>28</td>
<td>14.9%</td>
<td>17.3%</td>
</tr>
</tbody>
</table>

Clinical Care:

<table>
<thead>
<tr>
<th>Measure</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Access to Care</td>
<td>++</td>
<td>38</td>
<td>11.5%</td>
<td>9.8%</td>
</tr>
<tr>
<td>Avoided Care Due to Cost (% ages 18+)</td>
<td>++</td>
<td>38</td>
<td>11.5%</td>
<td>9.8%</td>
</tr>
<tr>
<td>Providers (per 100,000 population)</td>
<td>++</td>
<td>38</td>
<td>11.5%</td>
<td>9.8%</td>
</tr>
<tr>
<td>Dental Care</td>
<td>++</td>
<td>41</td>
<td>51.2%</td>
<td>62.3%</td>
</tr>
<tr>
<td>Mental Health</td>
<td>++</td>
<td>26</td>
<td>280.9%</td>
<td>284.3%</td>
</tr>
<tr>
<td>Primary Care</td>
<td>++</td>
<td>25</td>
<td>266.4%</td>
<td>252.3%</td>
</tr>
<tr>
<td>Uninsured (% of population)</td>
<td>++</td>
<td>41</td>
<td>11.3%</td>
<td>9.2%</td>
</tr>
<tr>
<td>Preventive Services</td>
<td>+++</td>
<td>19</td>
<td>75.6%</td>
<td>74.3%</td>
</tr>
<tr>
<td>Colorectal Cancer Screening (% ages 50-75)</td>
<td>+++</td>
<td>28</td>
<td>65.5%</td>
<td>66.7%</td>
</tr>
<tr>
<td>Dental Vist (% ages 18+)</td>
<td>+++</td>
<td>28</td>
<td>65.5%</td>
<td>66.7%</td>
</tr>
<tr>
<td>Flu Immunizations (% by age 35 months)</td>
<td>++++</td>
<td>9</td>
<td>80.4%</td>
<td>75.4%</td>
</tr>
<tr>
<td>Childhood Immunizations (% ages 0-17)</td>
<td>++++</td>
<td>16</td>
<td>49.8%</td>
<td>47.0%</td>
</tr>
<tr>
<td>HPV Vaccination (% ages 13-17)</td>
<td>++++</td>
<td>22</td>
<td>60.7%</td>
<td>58.6%</td>
</tr>
<tr>
<td>Quality of Care</td>
<td>+++</td>
<td>28</td>
<td>77.7%</td>
<td>77.6%</td>
</tr>
<tr>
<td>Dedicated Health Care Provider (% ages 18+)</td>
<td>++</td>
<td>28</td>
<td>77.7%</td>
<td>77.6%</td>
</tr>
<tr>
<td>Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)</td>
<td>++</td>
<td>32</td>
<td>4,078.9%</td>
<td>3,770%</td>
</tr>
</tbody>
</table>

Behaviors:

<table>
<thead>
<tr>
<th>Measure</th>
<th>Rating</th>
<th>State Rank</th>
<th>State Value</th>
<th>U.S. Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutrition and Physical Activity</td>
<td>++</td>
<td>38</td>
<td>-0.453</td>
<td>—</td>
</tr>
<tr>
<td>Exercise (% ages 18+)</td>
<td>++</td>
<td>38</td>
<td>21.6%</td>
<td>23.0%</td>
</tr>
<tr>
<td>Fruit and Vegetable Consumption (% ages 18+)</td>
<td>++</td>
<td>23</td>
<td>8.2%</td>
<td>8.0%</td>
</tr>
<tr>
<td>Physical inactivity (% ages 18+)</td>
<td>++</td>
<td>26</td>
<td>22.7%</td>
<td>22.4%</td>
</tr>
<tr>
<td>Sexual Health</td>
<td>++</td>
<td>45</td>
<td>66.9%</td>
<td>65.1%</td>
</tr>
<tr>
<td>Chlamydia (new cases per 150,000 population)</td>
<td>++</td>
<td>49</td>
<td>7.0%</td>
<td>5.6%</td>
</tr>
<tr>
<td>High-risk HIV Behaviors (% ages 18+)</td>
<td>++</td>
<td>49</td>
<td>7.0%</td>
<td>5.6%</td>
</tr>
<tr>
<td>Teen Births (births per 1,000 females ages 15-19)</td>
<td>+++</td>
<td>29</td>
<td>18.2%</td>
<td>16.7%</td>
</tr>
<tr>
<td>Sleep Health</td>
<td>+++</td>
<td>20</td>
<td>31.6%</td>
<td>32.3%</td>
</tr>
<tr>
<td>Insufficient Sleep (% ages 18+)</td>
<td>++</td>
<td>31</td>
<td>18.5%</td>
<td>15.5%</td>
</tr>
<tr>
<td>Smoking and Tobacco Use</td>
<td>++</td>
<td>31</td>
<td>18.5%</td>
<td>15.5%</td>
</tr>
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</table>

Health Outcomes:

<table>
<thead>
<tr>
<th>Measure</th>
<th>Rating</th>
<th>State Rank</th>
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<th>U.S. Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Behavioral</td>
<td>++</td>
<td>32</td>
<td>-0.116</td>
<td>—</td>
</tr>
<tr>
<td>Excessive Drinking (% ages 18+)</td>
<td>++</td>
<td>32</td>
<td>15.8%</td>
<td>17.6%</td>
</tr>
<tr>
<td>Health</td>
<td>++</td>
<td>21</td>
<td>12.9%</td>
<td>13.2%</td>
</tr>
<tr>
<td>Frequent Mental Distress (% ages 18+)</td>
<td>++</td>
<td>21</td>
<td>12.9%</td>
<td>13.2%</td>
</tr>
<tr>
<td>Non-medical Drug Use (% ages 18+)</td>
<td>++</td>
<td>20</td>
<td>10.5%</td>
<td>12.0%</td>
</tr>
<tr>
<td>Mortality</td>
<td>++</td>
<td>34</td>
<td>8,094.9%</td>
<td>7,337.3%</td>
</tr>
<tr>
<td>Premature Death (years lost before age 75 per 100,000 population)</td>
<td>++</td>
<td>23</td>
<td>1.4</td>
<td>1.5</td>
</tr>
<tr>
<td>Physical Health</td>
<td>++</td>
<td>34</td>
<td>10.7%</td>
<td>9.9%</td>
</tr>
<tr>
<td>Frequent Physical Distress (% ages 18+)</td>
<td>++</td>
<td>40</td>
<td>9.3%</td>
<td>8.3%</td>
</tr>
<tr>
<td>Low Birthweight (% of live births)</td>
<td>++</td>
<td>40</td>
<td>9.3%</td>
<td>8.3%</td>
</tr>
<tr>
<td>Low Birthweight Racial Disparity (ratio)</td>
<td>++</td>
<td>35</td>
<td>2.1</td>
<td>2.1</td>
</tr>
<tr>
<td>Multiple Chronic Conditions (% ages 18+)</td>
<td>++</td>
<td>35</td>
<td>10.8%</td>
<td>9.1%</td>
</tr>
<tr>
<td>Obesity (% ages 18+)</td>
<td>++</td>
<td>31</td>
<td>33.6%</td>
<td>31.9%</td>
</tr>
</tbody>
</table>

Overall

<table>
<thead>
<tr>
<th>Rating Rank</th>
<th>State Value</th>
<th>U.S. Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>—</td>
<td>-0.036</td>
<td>—</td>
</tr>
</tbody>
</table>