

North Carolina

State Health Department Website: ncdhhs.gov

Summary

Strengths:

- Low racial disparity in high school graduation rates
- High childhood immunization rate
- Low percentage of housing with lead risk

Challenges:

- High percentage of households with food insecurity
- Low per capita public health funding
- High prevalence of high-risk HIV behaviors

Highlights:

ADULTS WHO AVOIDED CARE DUE TO COST

▼ **28%**

from 15.9% to 11.5% between 2019 and 2020

FREQUENT PHYSICAL DISTRESS

▼ **20%**

from 13.4% to 10.7% of adults between 2017 and 2020

OBESITY

▲ **15%**

from 29.1% to 33.6% of adults between 2011 and 2020

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*				
+++ 22 0.147 —				
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	+++	25	4.8
	Public Health Funding (dollars per person)	+	45	\$76
	Violent Crime (offenses per 100,000 population)	+++	28	372
Economic Resources	Economic Hardship Index (index from 1-100)	++	34	53
	Food Insecurity (% of households)	++	40	12.1%
	Income Inequality (80-20 ratio)	+++	30	4.62
Education	High School Graduation (% of students)	+++	25	86.5%
	High School Graduation Racial Disparity (percentage point difference)	+++++	7	8.6
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+++++	10	13.4%
	High-speed Internet (% of households)	++	34	88.1%
	Residential Segregation — Black/White (index from 0-100)	+++++	8	52
	Volunteerism (% ages 16+)	+++	30	33.3%
	Voter Participation (% of U.S. citizens ages 18+)	++	31	58.6%
PHYSICAL ENVIRONMENT*				
+++++ 8 0.390 —				
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	++++	14	6.6
	Drinking Water Violations (% of community water systems)	+++++	1	0.0%
	Risk-screening Environmental Indicator Score (unitless score)	++	37	7,395,099
	Water Fluoridation (% of population served)	++++	17	87.6%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+++	29	80.2%
	Housing With Lead Risk (% of housing stock)	+++++	8	10.6%
	Severe Housing Problems (% of occupied housing units)	+++	28	14.9%
CLINICAL CARE*				
+++ 28 0.071 —				
Access to Care	Avoided Care Due to Cost (% ages 18+)	++	38	11.5%
	Providers (per 100,000 population)			
	Dental Care	+	41	51.2
	Mental Health	+++	26	280.9
	Primary Care	+++	25	266.4
Preventive Clinical Services	Uninsured (% of population)	+	41	11.3%
	Colorectal Cancer Screening (% ages 50-75)	++++	19	75.6%
	Dental Visit (% ages 18+)	+++	28	65.5%
	Immunizations			
	Childhood Immunizations (% by age 35 months)	+++++	9	80.4%
Quality of Care	Flu Vaccination (% ages 18+)	++++	16	49.8%
	HPV Vaccination (% ages 13-17)	+++	22	60.7%
	Dedicated Health Care Provider (% ages 18+)	+++	28	77.2%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++	32	4,078
BEHAVIORS*				
++ 38 -0.453 —				
Nutrition and Physical Activity	Exercise (% ages 18+)	++	34	21.6%
	Fruit and Vegetable Consumption (% ages 18+)	+++	23	8.2%
	Physical Inactivity (% ages 18+)	+++	26	22.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	+	45	669.9
	High-risk HIV Behaviors (% ages 18+)	+	49	7.0%
	Teen Births (births per 1,000 females ages 15-19)	+++	29	18.2
Sleep Health	Insufficient Sleep (% ages 18+)	++++	20	31.6%
Smoking and Tobacco Use	Smoking (% ages 18+)	++	31	16.5%
HEALTH OUTCOMES*				
++ 32 -0.116 —				
Behavioral Health	Excessive Drinking (% ages 18+)	++++	11	15.8%
	Frequent Mental Distress (% ages 18+)	+++	21	12.9%
	Non-medical Drug Use (% ages 18+)	+++++	20	10.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	++	34	8,094
	Premature Death Racial Disparity (ratio)	+++	23	1.4
Physical Health	Frequent Physical Distress (% ages 18+)	++	34	10.7%
	Low Birthweight (% of live births)	++	40	9.3%
	Low Birthweight Racial Disparity (ratio)	++	35	2.1
	Multiple Chronic Conditions (% ages 18+)	++	35	10.8%
	Obesity (% ages 18+)	++	31	33.6%
OVERALL			— -0.026 —	

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50