

# Ohio

State Health Department Website: [odh.ohio.gov](http://odh.ohio.gov)

## Summary

### Strengths:

- Low poverty rate
- Low prevalence of excessive drinking
- High pneumonia vaccination coverage

### Challenges:

- High prevalence of smoking
- High prevalence of obesity
- High early death rate

### Highlights:

#### HIGH-SPEED INTERNET

▲ **10%**

between 2016 and 2019  
from 68.6% to 75.7% of  
households with adults  
ages 65+

#### THE NUMBER OF GERIATRIC PROVIDERS

▲ **20%**

between 2018 and 2020  
from 27.8 to 33.4 per  
100,000 adults ages 65+

#### FREQUENT MENTAL DISTRESS

▲ **39%**

between 2016 and 2019  
from 6.2% to 8.6% of adults  
ages 65+

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

\* Value indicates a score. Higher scores are healthier and lower scores are less healthy.

† Non-ranking measure.

— Indicates data missing or suppressed.

For measure definitions, including data sources and years, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org).

## Measures

	Rating	2021 Value	2021 Rank	No. 1 State
<b>SOCIAL &amp; ECONOMIC FACTORS*</b>	<b>++</b>	<b>0.104</b>	<b>28</b>	<b>1,051</b>
<b>Community and Family Safety</b>				
Violent Crime (offenses per 100,000 population)	++++	293	18	115
<b>Economic Resources</b>				
Food Insecurity (% of adults ages 60+)	+	13.6	30	7.3
Poverty (% of adults ages 65+)	+++	8.3	22	6.1
Poverty Racial Disparity (ratio)*		2.6		1.0
SNAP Reach (participants per 100 adults ages 60+ in poverty)	+++	75.0	22	100.0
<b>Social Support and Engagement</b>				
Community Support Expenditures (dollars per adult ages 60+)	++	\$30	32	\$265
High-speed Internet (% of households with adults ages 65+)	++	75.7	32	86.0
Low-care Nursing Home Residents (% of residents)	++++	7.3	16	2.1
Risk of Social Isolation (percentile, adults ages 65+)	++	67	35	1
Volunteerism (% of adults ages 65+)	+++	30.3	30	44.6
<b>PHYSICAL ENVIRONMENT*</b>	<b>++</b>	<b>0.120</b>	<b>34</b>	<b>1,353</b>
<b>Air and Water Quality</b>				
Air Pollution (micrograms of fine particles per cubic meter)	+	8.7	46	4.1
Drinking Water Violations (% of community water systems)	++	1.0	33	0.0
<b>Housing</b>				
Severe Housing Problems (% of small households with an adult ages 62+)	+++	29.2	24	18.3
<b>CLINICAL CARE*</b>	<b>+++</b>	<b>0.017</b>	<b>24</b>	<b>0,695</b>
<b>Access to Care</b>				
Avoided Care Due to Cost (% of adults ages 65+)	+++	4.4	21	3.0
Geriatric Providers (providers per 100,000 adults ages 65+)	++++	33.4	14	57.7
Home Health Care Workers (workers per 1,000 adults ages 65+ with a disability)	++++	145	19	442
<b>Preventive Clinical Services</b>				
Cancer Screenings (% of adults ages 65-75)	+++	71.3	30	81.1
Flu Vaccination (% of adults ages 65+)	++	62.6	34	71.1
Pneumonia Vaccination (% of adults ages 65+)	++++	74.7	14	78.3
<b>Quality of Care</b>				
Dedicated Health Care Provider (% of adults ages 65+)	+++	93.9	25	96.3
Hospice Care (% of Medicare decedents)	+++++	56.7	6	60.5
Hospital Readmissions (% of hospitalized Medicare beneficiaries ages 65-74)	+++	16.0	21	14.0
Nursing Home Quality (% of beds rated four or five stars)	++	41.3	35	81.9
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries ages 65-74)	+	2,813	41	1,038
<b>BEHAVIORS*</b>	<b>+</b>	<b>-0.844</b>	<b>44</b>	<b>1,188</b>
<b>Nutrition and Physical Activity</b>				
Exercise (% of adults ages 65+)	++	20.5	35	30.3
Fruit and Vegetable Consumption (% of adults ages 65+)	+	5.4	43	12.3
Physical Inactivity (% of adults ages 65+ in fair or better health)	++	33.7	35	21.7
<b>Sleep Health</b>				
Insufficient Sleep (% of adults ages 65+)	+	29.2	43	20.9
<b>Tobacco Use</b>				
Smoking (% of adults ages 65+)	+	12.0	46	4.0
<b>HEALTH OUTCOMES*</b>	<b>++</b>	<b>-0.290</b>	<b>35</b>	<b>0,932</b>
<b>Behavioral Health</b>				
Excessive Drinking (% of adults ages 65+)	++++	6.1	14	3.8
Frequent Mental Distress (% of adults ages 65+)	++	8.6	34	4.5
Suicide (deaths per 100,000 adults ages 65+)	++++	16.3	17	9.2
<b>Mortality</b>				
Early Death (deaths per 100,000 adults ages 65-74)	+	2,043	41	1,380
Early Death Racial Disparity (ratio)*		1.4		1.0
<b>Physical Health</b>				
Falls (% of adults ages 65+)	++++	25.6	12	20.0
Frequent Physical Distress (% of adults ages 65+)	++	19.0	37	12.9
Multiple Chronic Conditions, 4+ (% of Medicare beneficiaries ages 65+)	++	42.8	35	24.3
Obesity (% of adults ages 65+)	+	33.6	45	18.8
Teeth Extractions (% of adults ages 65+)	++	17.0	37	6.2
<b>OVERALL</b>		<b>-0.201</b>	<b>—</b>	<b>0,750</b>