

Oklahoma

State Health Department Website: oklahoma.gov/health

Overall Rank:

45

Summary

Strengths:

- Low prevalence of excessive drinking
- High supply of mental health providers
- Low percentage of households experiencing severe housing problems

Challenges:

- High prevalence of non-medical drug use
- High percentage of household food insecurity
- High uninsured rate

Highlights:

FREQUENT MENTAL DISTRESS

▲ **22%**

from 14.3% to 17.4% of adults between 2016 and 2021.

FOURTH GRADE READING PROFICIENCY

▼ **16%**

from 28.5% to 24.0% of fourth grade public school students between 2019 and 2022.

HIGH-SPEED INTERNET

▲ **11%**

from 81.1% to 90.4% of households between 2016 and 2021.

Measures		Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*		+	46	-0.573	
Community and Family Safety	Occupational Fatalities (deaths per 100,000 workers)	++	33	5.5	3.9
	Public Health Funding (dollars per person)	+++	23	\$126	\$116
	Violent Crime (offenses per 100,000 population)	++	38	459	399
Economic Resources	Economic Hardship Index (index from 1-100)	+	41	80	—
	Food Insecurity (% of households)	+	46	13.8%	10.4%
	Income Inequality (80/20 ratio)	+++	28	4.70	4.96
Education	Fourth Grade Reading Proficiency (% of public school students)	+	48	24.0%	32.1%
	High School Graduation (% of students)	+++	30	84.9%	85.8%
	High School Graduation Racial Disparity (percentage point difference)**	+++++	3	6.2	15.1
Social Support and Engagement	Adverse Childhood Experiences (% ages 0-17)	+	41	18.3%	14.0%
	High-speed Internet (% of households)	+	41	90.4%	92.4%
	Residential Segregation — Black/White (index from 0-100)	++++	14	59	—
	Volunteerism (% ages 16+)	+	42	28.4%	33.4%
	Voter Participation (% of U.S. citizens ages 18+)	+	48	53.9%	60.1%
PHYSICAL ENVIRONMENT*		+	41	-0.220	
Air and Water Quality	Air Pollution (micrograms of fine particles per cubic meter)	+	41	8.7	7.8
	Drinking Water Violations (% of community water systems)	+	44	2.4%	0.8%
	Risk-screening Environmental Indicator Score (unitless score)	++++	19	2,083,675	—
	Water Fluoridation (% of population served)	++	32	67.5%	73.0%
Housing and Transit	Drive Alone to Work (% of workers ages 16+)	+	45	77.2%	67.8%
	Housing With Lead Risk (% of housing stock)	+++	21	14.1%	16.9%
	Severe Housing Problems (% of occupied housing units)	++++	18	13.7%	17.0%
CLINICAL CARE*		+	49	-1.139	
Access to Care	Avoided Care Due to Cost (% ages 18+)	+	47	14.3%	8.8%
	Providers (per 100,000 population)				
	Dental Care	++	33	54.3	60.6
	Mental Health	++++	12	424.4	305.0
	Primary Care	+	42	231.7	265.3
Preventive Clinical Services	Uninsured (% of population)	+	49	13.8%	8.6%
	Colorectal Cancer Screening (% ages 50-75)	+	48	65.7%	74.3%
	Dental Visit (% ages 18+)	+	43	59.9%	66.7%
	Immunizations				
	Childhood Immunizations (% by age 24 months)	+	45	66.3%	70.5%
Quality of Care	Flu Vaccination (% ages 18+)	++	39	41.2%	46.5%
	HPV Vaccination (% ages 13-17)	++	39	56.7%	61.7%
	Dedicated Health Care Provider (% ages 18+)	+	42	79.6%	84.1%
	Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	+	42	3,222	2,770
BEHAVIORS*		+	44	-0.866	
Nutrition and Physical Activity	Exercise (% ages 18+)	+	48	15.6%	23.0%
	Fruit and Vegetable Consumption (% ages 18+)	+	49	3.8%	7.4%
	Physical Inactivity (% ages 18+)	+	42	28.3%	23.7%
Sexual Health	Chlamydia (new cases per 100,000 population)	++	40	536.0	481.3
	High-risk HIV Behaviors (% ages 18+)	+++++	4	4.7%	5.6%
	Teen Births (births per 1,000 females ages 15-19)	+	47	25.0	15.4
Sleep Health	Insufficient Sleep (% ages 18+)	++	31	33.2%	32.3%
Smoking and Tobacco Use	E-cigarette Use (% ages 18+)*	+	49	9.4%	6.7%
	Smoking (% ages 18+)	++	37	16.9%	14.4%
HEALTH OUTCOMES*		+	41	-0.559	
Behavioral Health	Drug Deaths (deaths per 100,000 population)*	++++	15	19.8	27.9
	Excessive Drinking (% ages 18+)	+++++	3	12.9%	17.3%
	Frequent Mental Distress (% ages 18+)	+	42	17.4%	14.7%
	Non-medical Drug Use (% ages 18+)	+	48	21.5%	15.5%
Mortality	Premature Death (years lost before age 75 per 100,000 population)	+	41	10,873	8,659
	Premature Death Racial Disparity (ratio)**	++++	11	1.3	1.6
Physical Health	Frequent Physical Distress (% ages 18+)	++	40	12.5%	10.9%
	Low Birthweight (% of live births)	+++	30	8.4%	8.2%
	Low Birthweight Racial Disparity (ratio)**	+++	26	2.0	2.0
	Multiple Chronic Conditions (% ages 18+)	++	40	12.2%	9.6%
	Obesity (% ages 18+)	+	46	39.4%	33.9%
OVERALL*		+	45	-0.678	

* Value is a sum of weighted, ranking measure z-scores (the number of standard deviations a state value was above or below the U.S. value).

Higher summation scores are better. Scores are not calculated for the District of Columbia.

** Disparity measures compare the group with the highest or lowest rate and the white rate.

* Non-ranking measure.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodologies, visit AmericasHealthRankings.org.

Rating	Rank
++++	1-10
+++	11-20
++	21-30
+	31-40
	41-50