### Oklahoma

State Health Department Website: ok.gov/health

#### Summary

**Strengths:**
- Low prevalence of excessive drinking among women
- Low racial disparity among children in poverty
- Low prevalence of illicit drug use among youth

**Challenges:**
- High infant mortality rate
- High teen birth rate
- Low prevalence of exercise among women

**Highlights:**

**SMOKING**
- ▼26% from 24.2% to 17.8% of women ages 18-44 between 2013-2014 and 2018-2019

**WELL-WOMAN VISIT**
- ▲20% from 58.5% to 70.0% of women ages 18-44 between 2013-2014 and 2018-2019

**OBESITY**
- ▲19% from 30.8% to 36.8% of women ages 18-44 between 2013-2014 and 2018-2019

**FREQUENT MENTAL DISTRESS**
- ▲30% from 16.6% to 21.6% of women ages 18-44 between 2013-2014 and 2018-2019

#### Women

<table>
<thead>
<tr>
<th>Measures</th>
<th>Rating</th>
<th>State Rank</th>
<th>State Value</th>
<th>U.S. Value</th>
</tr>
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<tbody>
<tr>
<td><strong>SOCIAL AND ECONOMIC FACTORS</strong></td>
<td></td>
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</tr>
<tr>
<td>Community and Family Safety</td>
<td>+</td>
<td>45</td>
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<tr>
<td>Intimate Partner Violence Before Pregnancy</td>
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<td>3.0%</td>
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<tr>
<td>Violent Crime</td>
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<td>37</td>
<td>432</td>
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<td><strong>Economic Resources</strong></td>
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<tr>
<td>Concentrated Disadvantage</td>
<td>++</td>
<td>33</td>
<td>25.6%</td>
<td>25.1%</td>
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<tr>
<td>Food Insecurity</td>
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<td>46</td>
<td>14.7%</td>
<td>11.1%</td>
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<tr>
<td>Gender Pay Gap</td>
<td>+</td>
<td>47</td>
<td>73.3%</td>
<td>81.0%</td>
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<tr>
<td>Poverty</td>
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<td>43</td>
<td>19.4%</td>
<td>15.2%</td>
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<tr>
<td>Unemployment</td>
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<td>3.6%</td>
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<td><strong>Education</strong></td>
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<tr>
<td>College Graduate</td>
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<td>26.7%</td>
<td>35.7%</td>
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<td><strong>Social Support and Engagement</strong></td>
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<td>Infant Child Care Cost</td>
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<td>19</td>
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<td>12.5%</td>
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<td>Residential Segregation — Black/White</td>
<td>++++</td>
<td>14</td>
<td>57</td>
<td>62</td>
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<td>Voter Participation</td>
<td>+</td>
<td>42</td>
<td>56.9%</td>
<td>61.7%</td>
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<td><strong>PHYSICAL ENVIRONMENT</strong></td>
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<td>Air and Water Quality</td>
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<td>Air Pollution</td>
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<td>8.3</td>
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<td>Drinking Water Violations</td>
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<td>44</td>
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<td>Household Smoke</td>
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<tr>
<td>Risk-screening Environmental Indicators Risk Score</td>
<td>+++</td>
<td>26</td>
<td>4,038,297</td>
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<td>Water Fluoridation</td>
<td>++</td>
<td>32</td>
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<td><strong>Climate Change</strong></td>
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<td>Climate Change Policies</td>
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<td>Transportation Energy Use</td>
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<td>8.7</td>
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<td><strong>Housing and Transportation</strong></td>
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<tr>
<td>Drive Alone to Work</td>
<td>+</td>
<td>44</td>
<td>82.2%</td>
<td>75.4%</td>
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<tr>
<td>Housing With Lead Risk</td>
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<td>21</td>
<td>14.7%</td>
<td>17.6%</td>
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<tr>
<td>Severe Housing Problems</td>
<td>++++</td>
<td>15</td>
<td>14.0%</td>
<td>17.5%</td>
</tr>
</tbody>
</table>

#### Children

<table>
<thead>
<tr>
<th>Measures</th>
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<tr>
<td><strong>SOCIAL AND ECONOMIC FACTORS</strong></td>
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<tr>
<td>Community and Family Safety</td>
<td>+</td>
<td>43</td>
<td>-0.360</td>
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<tr>
<td>Child Victimization</td>
<td>++</td>
<td>40</td>
<td>15.9%</td>
<td>8.9%</td>
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<tr>
<td><strong>Economic Resources</strong></td>
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<tr>
<td>Children in Poverty</td>
<td>+</td>
<td>43</td>
<td>19.9%</td>
<td>16.8%</td>
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<tr>
<td>Children in Poverty Racial Disparity</td>
<td>++++</td>
<td>11</td>
<td>2.9</td>
<td>3.0</td>
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<tr>
<td>High-speed Internet</td>
<td>++</td>
<td>36</td>
<td>91.3%</td>
<td>92.6%</td>
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<tr>
<td>Students Experiencing Homelessness</td>
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<td>41</td>
<td>3.3%</td>
<td>3.0%</td>
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<tr>
<td>WIC Coverage</td>
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<td>20</td>
<td>54.8%</td>
<td>53.9%</td>
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<tr>
<td><strong>Education</strong></td>
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<tr>
<td>Early Childhood Education</td>
<td>++</td>
<td>37</td>
<td>43.7%</td>
<td>48.9%</td>
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<tr>
<td>Fourth Grade Reading Proficiency</td>
<td>+</td>
<td>46</td>
<td>28.5%</td>
<td>34.3%</td>
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<tr>
<td>High School Graduation</td>
<td>++++</td>
<td>30</td>
<td>84.9%</td>
<td>85.8%</td>
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<tr>
<td>High School Graduation Racial Disparity</td>
<td>++++</td>
<td>3</td>
<td>6.2</td>
<td>15.1</td>
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<tr>
<td><strong>Social Support and Engagement</strong></td>
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</tr>
<tr>
<td>Adverse Childhood Experiences</td>
<td>++</td>
<td>37</td>
<td>17.5%</td>
<td>14.8%</td>
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<tr>
<td>Foster Care Instability</td>
<td>++</td>
<td>40</td>
<td>19.6%</td>
<td>16.0%</td>
</tr>
<tr>
<td>Neighborhood Amenities</td>
<td>+</td>
<td>49</td>
<td>15.4%</td>
<td>37.4%</td>
</tr>
<tr>
<td>Reading, Singing or Storytelling</td>
<td>+</td>
<td>46</td>
<td>46.8%</td>
<td>55.9%</td>
</tr>
</tbody>
</table>
### Women

#### CLINICAL CARE* + 41  -0.422 —
- **Access to Care**
  - Adequate Prenatal Care: +++ 27 78.1% 76.7%
  - Avoided Care Due to Cost: ++ 41 22.5% 18.8%
  - Publicly-funded Women’s Health Services: ++++ 16 30.0% 29%
  - Uninsured: + 49 21.6% 12.9%
  - Women’s Health Providers: + 47 36.2 48.5

#### Preventive Clinical Care
- Cervical Cancer Screening: ++ 37 79.1% 79.9%
- Dental Visit: ++ 40 63.4% 67.6%
- Flu Vaccination: ++++ 15 36.9% 31.5%
- Postpartum Visit* — — 90.7%
- Well-woman Visit: ++ 39 70.0% 73.2%

#### Quality of Care
- Breastfeeding Initiation* ++ 32 81.3% 84.0%
- Dedicated Health Care Provider: ++ 35 70.5% 71.1%
- Low-risk Cesarean Delivery: ++++ 25 24.5% 25.6%
- Maternity Practices Score: ++ 36 75 79

#### BEHAVIORS* + 43  -0.780 —
- **Nutrition and Physical Activity**
  - Exercise: + 50 13.8% 21.5%
  - Fruit and Vegetable Consumption: + 50 5.7% 10.4%
  - Physical Inactivity: + 41 25.4% 22.6%

- **Sexual Health**
  - Chlamydia: ++ 40 1,948 1,743
  - High-risk HIV Behaviors: ++++ 19 9.2% 9.7%
  - Unintended Pregnancy*: — — 30.6%

- **Sleep Health**
  - Insufficient Sleep: ++++ 29 36.8% 36.1%

- **Tobacco Use**
  - E-cigarette Use*: + 49 8.3% 5.3%
  - Smoking: +++ 28 17.8% 14.3%
  - Smoking During Pregnancy: ++ 35 9.7% 6.0%

#### HEALTH OUTCOMES* ++ 38  -0.723 —
- **Behavioral Health**
  - Drug Deaths*: ++++ 19 16.6 20.7
  - Excessive Drinking: ++++ 4 14.0% 19.2%
  - Frequent Mental Distress: ++ 38 21.6% 18.1%
  - Illicit Drug Use: ++ 34 11.5% 10.8%
  - Postpartum Depression*: — — 13.4%

- **Mortality**
  - Maternal Mortality*: — — 20.1
  - Mortality Rate: ++ 38 122.6 97.2

- **Physical Health**
  - Frequent Physical Distress: + 42 10.4% 8.4%
  - High Blood Pressure: ++ 37 12.5% 10.6%
  - High Health Status*: + 42 50.3% 53.8%
  - Maternal Mortality*: — 7 6.6
  - Multiple Chronic Conditions: + 42 6.4% 4.4%
  - Obesity: + 44 36.8% 30.0%
  - OVERALL — WOMEN* — — 0.578

### Children

#### CLINICAL CARE* + 43  -0.477 —
- **Access to Care**
  - ADD/ADHD Treatment: +++ 11 4.3% 3.0%
  - Psychiatrists: ++ 45 64.7 104.6
  - Uninsured: + 46 8.6% 5.7%

- **Preventive Clinical Care**
  - Childhood Immunizations: +++ 21 77.9% 75.8%
  - HPV Vaccination: + 47 41.8% 54.2%
  - Preventive Dental Care: + 41 75.4% 77.5%
  - Well-child Visit: ++ 40 77.2% 80.7%

#### Quality of Care
- Adequate Insurance: ++++ 18 69.0% 66.7%
- Developmental Screening: + 44 26.2% 36.9%
- Medical Home: ++ 39 47.1% 46.8%

#### BEHAVIORS* + 43  -0.828 —
- **Nutrition and Physical Activity**
  - Breastfed: ++ 35 23.7% 25.6%
  - Food Sufficiency: ++ 48 61.2% 69.8%
  - Physical Activity: ++ 25 23.0% 20.6%
  - Soda Consumption — Youth*: — 14.2% 9.3%

- **Sexual Health — Youth**
  - Dual Contraceptive Nonuse*: — 87.2% 90.9%
  - Teen Births: + 47 27.4 16.7

- **Sleep Health**
  - Adequate Sleep: ++ 33 63.8% 66.1%
  - Sleep Position*: — — 79.6%

- **Tobacco Use — Youth**
  - Electronic Vapor Product Use*: — 27.8% 32.7%
  - Tobacco Use: ++ 35 5.3% 4.0%

#### HEALTH OUTCOMES* + 44  -0.492 —
- **Behavioral Health**
  - Alcohol Use — Youth: ++++ 7 8.2% 9.2%
  - Anxiety: ++++ 17 8.8% 9.1%
  - Depression: ++ 39 5.3% 3.9%
  - Flourishing: +++ 27 69.1% 69.1%
  - Illicit Drug Use — Youth: ++++ 18 7.7% 8.4%
  - Teen Suicide*: — 17.8 11.2

- **Mortality**
  - Child Mortality: ++ 39 32.5 25.4
  - Infant Mortality: + 47 7.4 5.7

- **Physical Health**
  - Asthma: + 49 10.6% 75%
  - High Health Status*: + 48 88.1% 90.4%
  - Low Birthweight: +++ 24 8.2% 8.3%
  - Low Birthweight Racial Disparity: + 45 2.2 2.1
  - Overweight or Obesity — Youth: ++++ 29 32.3% 32.1%

- **OVERALL — CHILDREN* — — 0.541

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* Overall and category values are derived from individual measure data to arrive at total scores for the state. Higher scores are considered healthier and lower scores are less healthy.

* Measure was not included in the calculation of overall or category values.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit [www.AmericasHealthRankings.org](http://www.AmericasHealthRankings.org)