Tennessee
State Health Department Website: tn.gov/health

**Summary**

**Strengths:**
- Low prevalence of excessive drinking
- High percentage of high school graduation
- Low racial gap in high school graduation

**Challenges:**
- High prevalence of multiple chronic conditions
- High premature death rate
- High violent crime rate

**Highlights:**

**AIR POLLUTION**
- ▼40% between 2007-2009 and 2017-2019 from 12.0 to 72 micrograms of fine particulate per cubic meter

**HIGH-SPEED INTERNET**
- ▲15% between 2015 and 2018 from 74.8% to 85.7% of households

**PREVENTABLE HOSPITALIZATIONS**
- ▼18% between 2012 and 2018 from 5,876 to 4,792 discharges per 100,000 Medicare enrollees

**Economic Hardship Index**
The economic hardship index compares financial strain between states. It combines six population-level social and economic measures to provide a more complete picture of the difficulties faced by communities than a single measure could provide.

**Multiple Chronic Conditions**
Chronic conditions are medical conditions that last more than a year, require ongoing medical attention and/or limit activities of daily living. Adults with multiple chronic conditions represent one of the highest-need segments of the population.

For source details and methodology visit www.AmericasHealthRankings.org.
### Measures

#### SOCIAL & ECONOMIC FACTORS

<table>
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<tr>
<th>Rating</th>
<th>Value</th>
<th>Rank</th>
<th>Healthiest State</th>
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<tbody>
<tr>
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- **Community and Family Safety**
  - Occupational Fatalities (deaths per 100,000 workers)
  - Public Health Funding (dollars per person)
  - Violent Crime (offenses per 100,000 population)

- **Economic Resources**
  - Economic Hardship Index (index from 1-100)
  - Food Insecurity (% of households)
  - Income Inequality (80-20 ratio)

- **Education**
  - High School Graduation (% of students)
  - High School Graduation Racial Gap (percentage point difference)

- **Social Support and Engagement**
  - Adverse Childhood Experiences (% of children ages 0-17)
  - High-Speed Internet (% of households)
  - Residential Segregation (index from 0-100)
  - Volunteerism (% of adults)
  - Voter Participation — Midterm (% of U.S. citizens)

#### PHYSICAL ENVIRONMENT

<table>
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- **Air and Water Quality**
  - Air Pollution (micrograms of fine particles per cubic meter)
  - Drinking Water Violations (% of community water systems)
  - Non-smoking Regulation (% of population)*
  - Risk-screening Environmental Indicator Score (unitless score)
  - Water Fluoridation (% of population served)

- **Climate Change**
  - Climate Change Policies (number of four policies)*
  - Transportation Energy Use (trillions of BTUs per 100,000 population)*

- **Housing and Transit**
  - Drive Alone to Work (% of workers)
  - Housing With Lead Risk (% of housing stock)
  - Severe Housing Problems (% of occupied housing units)

#### CLINICAL CARE

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<td>1.443</td>
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</tbody>
</table>

- **Access to Care**
  - Avoided Care Due to Cost (% of adults)
  - Dental Providers (number per 100,000 population)
  - Mental Health Providers (number per 100,000 population)
  - Primary Care Providers (number per 100,000 population)
  - Uninsured (% of population)*

- **Preventive Clinical Services**
  - Colorectal Cancer Screening (% of adults ages 50-75)
  - Dental Visit (% of adults)
  - Immunizations
    - Childhood Immunizations (% by age 35 months)
    - Flu Vaccination (% of adults)
    - HPV Vaccination (% of adolescents ages 13-17)

- **Quality of Care**
  - Dedicated Health Care Provider (% of adults)
  - Preventable Hospitalizations (discharges per 100,000 Medicare enrollees)

#### BEHAVIORS

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</table>

- **Sleep Health**
  - Insufficient Sleep (% of adults)

- **Nutrition and Physical Activity**
  - Exercise (% of adults)
  - Fruit and Vegetable Consumption (% of adults)
  - Physical Inactivity (% of adults)

- **Sexual Health**
  - Chlamydia (cases per 100,000 population)
  - High-risk HIV Behaviors (% of adults)
  - Teen Births (births per 1,000 females ages 15-19)

- **Tobacco Use**
  - E-cigarette Use (% of adults)*
  - Smoking (% of adults)

#### HEALTH OUTCOMES

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<tr>
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- **Behavioral Health**
  - Depression (% of adults)*
  - Excessive Drinking (% of adults)
  - Frequent Mental Distress (% of adults)
  - Non-medical Drug Use (% of adults)

- **Mortality**
  - Drug Deaths (deaths per 100,000 population)*
  - Premature Death (years lost before age 75 per 100,000 population)
  - Premature Death Racial Inequality (ratio)
  - Suicide (deaths per 100,000 population)*

- **Physical Health**
  - Frequent Physical Distress (% of adults)
  - Low Birthweight (% of live births)
  - Low Birthweight Racial Gap (percentage point difference)
  - Multiple Chronic Conditions (% of adults)
  - Risk Factors
    - High Blood Pressure (% of adults)*
    - High Cholesterol (% of adults)*
    - Obesity (% of adults)

#### OVERALL

- -0.442 — 0.723