

Texas

State Health Department Website: dshs.state.tx.us



Summary

Strengths:

- High rate of high school graduation
- Low prevalence of frequent mental distress among women
- Low prevalence of smoking during pregnancy

Highlights:

CHILDREN IN POVERTY

▼ **23%** from 25.0% to 19.2% of children ages 0-17 between 2013 and 2019

PHYSICAL INACTIVITY

▼ **17%** from 28.7% to 23.8% of women ages 18-44 between 2013-2014 and 2018-2019

Challenges:

- High percentage of uninsured children
- Low percentage of fourth grade reading proficiency
- High prevalence of concentrated disadvantage

UNINSURED

▲ **19%** from 10.7% to 12.7% of children ages 0-18 between 2017 and 2019

TEEN SUICIDE

▲ **41%** from 8.7 to 12.3 deaths per 100,000 adolescents ages 15-19 between 2012-2014 and 2017-2019

Women

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL AND ECONOMIC FACTORS*				
Community and Family Safety				
Intimate Partner Violence Before Pregnancy*		—	—	3.0%
Violent Crime	++	35	419	379
Economic Resources				
Concentrated Disadvantage	+	47	35.1%	25.1%
Food Insecurity	+	41	13.1%	11.1%
Gender Pay Gap*	+++	27	79.4%	81.0%
Poverty	++	33	16.3%	15.2%
Unemployment	+++	26	3.6%	3.6%
Education				
College Graduate	++	32	32.2%	35.7%
Social Support and Engagement				
Infant Child Care Cost*	++++	17	11.6%	12.5%
Residential Segregation — Black/White	++++	14	57	62
Voter Participation	++	38	58.4%	61.7%
PHYSICAL ENVIRONMENT*				
Air and Water Quality				
Air Pollution	+	43	8.4	8.3
Drinking Water Violations	++	38	0.8%	0.8%
Household Smoke	++	32	16.3%	14.0%
Risk-screening Environmental Indicators Risk Score	+	50	79,444,445	361,963,972
Water Fluoridation	+++	29	72.7%	73.0%
Climate Change				
Climate Change Policies*	+++	28	1	—
Transportation Energy Use*	+	43	11.5	8.7
Housing and Transportation				
Drive Alone to Work	+++	29	80.0%	75.4%
Housing With Lead Risk	+++++	7	9.8%	17.6%
Severe Housing Problems	++	38	17.4%	17.5%

Children

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL AND ECONOMIC FACTORS*				
Community and Family Safety				
Child Victimization*	+++	26	8.7%	8.9%
Economic Resources				
Children in Poverty	++	39	19.2%	16.8%
Children in Poverty Racial Disparity	+++	22	3.2	3.0
High-speed Internet	++	39	90.8%	92.6%
Students Experiencing Homelessness	+++	23	2.1%	3.0%
WIC Coverage	++	31	49.9%	53.9%
Education				
Early Childhood Education	++	33	44.0%	48.9%
Fourth Grade Reading Proficiency	+	44	30.3%	34.3%
High School Graduation	+++++	8	90.0%	85.8%
High School Graduation Racial Disparity	+++++	5	7.5	15.1
Social Support and Engagement				
Adverse Childhood Experiences	+++	21	15.2%	14.8%
Foster Care Instability	+++	30	17.2%	16.0%
Neighborhood Amenities	++	32	32.2%	37.4%
Reading, Singing or Storytelling	+	49	46.6%	55.9%
PHYSICAL ENVIRONMENT*				
Air and Water Quality				
Air Pollution	+	43	8.4	8.3
Drinking Water Violations	++	38	0.8%	0.8%
Household Smoke	++	32	16.3%	14.0%
Risk-screening Environmental Indicators Risk Score	+	50	79,444,445	361,963,972
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Climate Change				
Climate Change Policies*	+++	28	1	—
Transportation Energy Use*	+	43	11.5	8.7
Housing and Transportation				
Drive Alone to Work	+++	29	80.0%	75.4%
Housing With Lead Risk	+++++	7	9.8%	17.6%
Severe Housing Problems	++	38	17.4%	17.5%

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50

Women

Measures	Rating	State Rank	State Value	U.S. Value
CLINICAL CARE*	+	50	-1.178	—
Access to Care				
Adequate Prenatal Care	+	45	70.7%	76.7%
Avoided Care Due to Cost	+	48	26.0%	18.8%
Publicly-funded Women's Health Services	++	35	21%	29%
Uninsured	+	50	26.3%	12.9%
Women's Health Providers	+	42	40.6	48.5
Preventive Clinical Care				
Cervical Cancer Screening	+	46	77.3%	79.9%
Dental Visit	+	46	59.9%	67.6%
Flu Vaccination	+	44	27.0%	31.5%
Postpartum Visit†	—	—	—	90.7%
Well-woman Visit	+	46	67.3%	73.2%
Quality of Care				
Breastfeeding Initiation†	++++	14	88.6%	84.0%
Dedicated Health Care Provider	+	50	57.0%	71.1%
Low-risk Cesarean Delivery	+	45	28.4%	25.6%
Maternity Practices Score	+++	28	77	79
BEHAVIORS*	+++++	9	0.443	—
Nutrition and Physical Activity				
Exercise	+++	23	21.8%	21.5%
Fruit and Vegetable Consumption	+++++	10	12.0%	10.4%
Physical Inactivity	++	33	23.8%	22.6%
Sexual Health				
Chlamydia	+++	22	1,665	1,743
High-risk HIV Behaviors	++++	14	8.7%	9.7%
Unintended Pregnancy†	—	—	—	30.6%
Sleep Health				
Insufficient Sleep	++++	16	33.2%	36.1%
Tobacco Use				
E-cigarette Use†	+++++	10	4.9%	5.3%
Smoking	+++++	3	10.5%	14.3%
Smoking During Pregnancy	+++++	3	2.4%	6.0%
HEALTH OUTCOMES*	+++++	3	0.699	—
Behavioral Health				
Drug Deaths†	+++++	3	8.6	20.7
Excessive Drinking	++++	12	17.6%	19.2%
Frequent Mental Distress	+++++	2	14.0%	18.1%
Illicit Drug Use	+++++	5	8.6%	10.8%
Postpartum Depression†	—	—	—	13.4%
Mortality				
Maternal Mortality†	—	—	18.3	20.1
Mortality Rate	++++	13	85.3	97.2
Physical Health				
Frequent Physical Distress	+++++	2	6.4%	8.4%
High Blood Pressure	+++++	9	8.0%	10.6%
High Health Status†	+	47	49.6%	53.8%
Maternal Morbidity†	—	—	5.2	6.6
Multiple Chronic Conditions	+++++	3	2.7%	4.4%
Obesity	++	35	33.8%	30.0%
OVERALL — WOMEN*	—	—	-0.097	—

* Overall and category values are derived from individual measure data to arrive at total scores for the state. Higher scores are considered healthier and lower scores are less healthy.

† Measure was not included in the calculation of overall or category values.

— Data not available, missing or suppressed.

For measure descriptions, source details and methodology, visit www.AmericasHealthRankings.org.

Children

Measures	Rating	State Rank	State Value	U.S. Value
CLINICAL CARE*	+	47	-0.773	—
Access to Care				
ADD/ADHD Treatment	+++	27	3.1%	3.0%
Pediatricians	++	36	78.9	104.6
Uninsured	+	50	12.7%	5.7%
Preventive Clinical Care				
Childhood Immunizations	+	42	72.1%	75.8%
HPV Vaccination	++	40	48.4%	54.2%
Preventive Dental Care	++	34	76.7%	77.5%
Well-child Visit	+	46	76.2%	80.7%
Quality of Care				
Adequate Insurance	+	48	59.6%	66.7%
Developmental Screening	+++++	9	47.5%	36.9%
Medical Home	+	46	40.9%	46.8%
BEHAVIORS*	++	40	-0.549	—
Nutrition and Physical Activity				
Breastfed	++	32	23.9%	25.6%
Food Sufficiency	+++	27	68.4%	69.8%
Physical Activity	+	50	14.1%	20.6%
Soda Consumption — Youth†	—	—	10.6%	9.3%
Sexual Health — Youth				
Dual Contraceptive Nonuse†	—	—	92.9%	90.9%
Teen Births	+	42	24.0	16.7
Sleep Health				
Adequate Sleep	++	34	63.6%	66.1%
Sleep Position†	—	—	—	79.6%
Tobacco Use — Youth				
Electronic Vapor Product Use†	—	—	18.7%	32.7%
Tobacco Use	++++	14	3.6%	4.0%
HEALTH OUTCOMES*	++++	13	0.115	—
Behavioral Health				
Alcohol Use — Youth	++++	15	9.1%	9.2%
Anxiety	+++++	3	7.1%	9.1%
Depression	++++	16	3.6%	3.9%
Flourishing	++++	17	69.8%	69.1%
Illicit Drug Use — Youth	++++	13	7.1%	8.4%
Teen Suicide†	—	—	12.3	11.2
Mortality				
Child Mortality	+++	25	26.3	25.4
Infant Mortality	++++	18	5.7	5.7
Physical Health				
Asthma	+++	24	7.3%	7.5%
High Health Status†	+	41	89.2%	90.4%
Low Birthweight	+++	26	8.4%	8.3%
Low Birthweight Racial Disparity	+++	27	2.0	2.1
Overweight or Obesity — Youth	+	44	37.1%	32.1%
OVERALL — CHILDREN*	—	—	-0.217	—

OVERALL — WOMEN AND CHILDREN*	—	-0.151	—
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