Texas

Summary

Low Disparities
- Between females and males for less than a high school education
- Between Black and Asian/Pacific Islander for unemployment
- Between metropolitan and non-metropolitan areas for low birthweight

High Disparities
- Between those with less than a high school education and college graduates for high health status
- Between American Indian/Alaska Native and Asian/Pacific Islander for able-bodied
- Between Hispanic and white for dedicated health care provider

1. Low disparities within a state does not indicate that all populations are doing well. Consider rates in comparison to national averages.
2. Rates worse than national average.
3. Rates same or better than national average.

Highlights

17% ▼ Infant Mortality in Black infants between 2003-2006 and 2015-2018 from 12.2 to 10.1 deaths (before age 1) per 1,000 live births

40% ▼ Unemployment in American Indian/Alaska Native civilians between 2005-2009 and 2015-2019 from 8.6% to 5.2%

19% ▼ Smoking in male adults between 2011-2013 and 2017-2019 from 21.9% to 17.8%

57% ▲ Multiple Chronic Conditions in adults with less than a high school education between 2011-2013 and 2017-2019 from 8.9% to 14.0%

27% ▲ Cardiovascular Disease in female adults between 2011-2013 and 2017-2019 from 6.3% to 8.0%

21% ▲ Diabetes in white adults between 2011-2013 and 2017-2019 from 9.5% to 11.5%

Trends

High Health Status by Race & Ethnicity

Frequent Mental Distress by Education

Income Inequality

Income inequality measures the ratio of median household income of the 20% richest to the 20% poorest. A high ratio indicates greater income inequality. Research demonstrates an association between greater income disparity and poorer population health.

In Texas, income inequality has decreased since 2011. Texas’ ratio is currently lower than the national ratio.

For source details and methodology visit www.AmericasHealthRankings.org.