

Vermont

State Health Department Website: healthvermont.gov

Summary

Strengths:

- Low prevalence of non-medical drug use
- Low incidence of chlamydia
- Low prevalence of insufficient sleep

Challenges:

- High prevalence of excessive drinking
- High prevalence of two or more adverse childhood experiences
- High prevalence of high-risk HIV behaviors

Highlights:

PUBLIC HEALTH FUNDING

▲60%

from \$144 to \$231 per person between 2017-2018 and 2019-2020

FLU VACCINATION

▲12%

from 47.6% to 53.4% of adults between 2019 and 2020

ANNUAL DENTAL VISITS

▼6%

from 72.6% to 68.5% of adults between 2018 and 2020

Measures	Rating	State Rank	State Value	U.S. Value
SOCIAL & ECONOMIC FACTORS*				
Community and Family Safety				
Occupational Fatalities (deaths per 100,000 workers)	++	35	5.7	4.2
Public Health Funding (dollars per person)	+++++	4	\$231	\$116
Violent Crime (offenses per 100,000 population)	+++++	4	202	379
Economic Resources				
Economic Hardship Index (index from 1-100)	+++++	6	22	—
Food Insecurity (% of households)	+++++	9	8.6%	10.7%
Income Inequality (80-20 ratio)	++++	18	4.40	4.85
Education				
High School Graduation (% of students)	++	31	84.5%	85.8%
High School Graduation Racial Disparity (percentage point difference)	+++	26	14.7	15.1
Social Support and Engagement				
Adverse Childhood Experiences (% ages 0-17)	+	43	18.8%	14.8%
High-speed Internet (% of households)	++	40	87.2%	89.4%
Residential Segregation — Black/White (index from 0-100)	+++	26	64	62
Volunteerism (% ages 16+)	+++++	8	39.2%	33.4%
Voter Participation (% of U.S. citizens ages 18+)	++++	18	61.7%	60.1%
PHYSICAL ENVIRONMENT*				
Air and Water Quality				
Air Pollution (micrograms of fine particles per cubic meter)	+++++	5	4.9	8.3
Drinking Water Violations (% of community water systems)	+++	30	0.3%	0.8%
Risk-screening Environmental Indicator Score (unitless score)	+++++	1	333	—
Water Fluoridation (% of population served)	++	40	56.2%	73.0%
Housing and Transit				
Drive Alone to Work (% of workers ages 16+)	++++	15	76.2%	75.9%
Housing With Lead Risk (% of housing stock)	++	40	23.4%	17.6%
Severe Housing Problems (% of occupied housing units)	++	35	16.8%	17.3%
CLINICAL CARE*				
Access to Care				
Avoided Care Due to Cost (% ages 18+)	+++++	5	7.7%	9.8%
Providers (per 100,000 population)				
Dental Care	++++	19	63.8	62.3
Mental Health	+++++	5	510.0	284.3
Primary Care	+++++	5	316.2	252.3
Uninsured (% of population)	+++++	4	4.5%	9.2%
Preventive Clinical Services				
Colorectal Cancer Screening (% ages 50-75)	+++++	6	77.5%	74.3%
Dental Visit (% ages 18+)	++++	13	68.5%	66.7%
Immunizations				
Childhood Immunizations (% by age 35 months)	+++++	5	83.0%	75.4%
Flu Vaccination (% ages 18+)	+++++	6	53.4%	47.0%
HPV Vaccination (% ages 13-17)	+++++	5	70.5%	58.6%
Quality of Care				
Dedicated Health Care Provider (% ages 18+)	+++++	8	84.9%	77.6%
Preventable Hospitalizations (discharges per 100,000 Medicare beneficiaries)	++++	11	2,972	3,770
BEHAVIORS*				
Nutrition and Physical Activity				
Exercise (% ages 18+)	+++++	1	28.5%	23.0%
Fruit and Vegetable Consumption (% ages 18+)	+++++	1	14.1%	8.0%
Physical Inactivity (% ages 18+)	+++++	4	18.2%	22.4%
Sexual Health				
Chlamydia (new cases per 100,000 population)	+++++	2	275.3	551.0
High-risk HIV Behaviors (% ages 18+)	+	41	6.2%	5.6%
Teen Births (births per 1,000 females ages 15-19)	+++++	3	7.6	16.7
Sleep Health				
Insufficient Sleep (% ages 18+)	+++++	4	28.2%	32.3%
Smoking and Tobacco Use				
Smoking (% ages 18+)	++++	14	13.3%	15.5%
HEALTH OUTCOMES*				
Behavioral Health				
Excessive Drinking (% ages 18+)	+	44	20.3%	17.6%
Frequent Mental Distress (% ages 18+)	++	33	14.2%	13.2%
Non-medical Drug Use (% ages 18+)	+++++	1	4.7%	12.0%
Mortality				
Premature Death (years lost before age 75 per 100,000 population)	++++	14	6,513	7,337
Premature Death Racial Disparity (ratio)	—	—	—	1.5
Physical Health				
Frequent Physical Distress (% ages 18+)	++++	19	9.3%	9.9%
Low Birthweight (% of live births)	+++++	4	6.6%	8.3%
Low Birthweight Racial Disparity (ratio)	+++++	2	1.2	2.1
Multiple Chronic Conditions (% ages 18+)	++++	20	9.0%	9.1%
Obesity (% ages 18+)	+++++	4	26.2%	31.9%
OVERALL			0.681	—

* Values derived from individual measure data. Higher values are considered healthier.

— Data not available, missing or suppressed.

For measure definitions, sources and data years, see the Appendix or visit www.AmericasHealthRankings.org.

Rating	Rank
+++++	1-10
++++	11-20
+++	21-30
++	31-40
+	41-50