

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking among women
- Low prevalence of frequent physical distress among women
- Low housing cost burden among households with children

Challenges

- High mortality rate among women
- High prevalence of adverse childhood experiences (ACEs) among children
- High percentage of children in poverty

Key Findings

Drug Deaths

66%▲

from 20.2 to 33.5 deaths per 100,000 women ages 20-44 between 2018-2020 and 2021-2023.

Smoking During Pregnancy

19%▼

from 4.8% to 3.9% of women with a recent live birth between 2022 and 2023.

Child Mortality

13%▲

from 36.3 to 41.1 deaths per 100,000 children ages 1-19 between 2015-2017 and 2021-2023.

Well-Child Visit

10%▲

from 73.8% to 81.1% of children ages 0-17 between 2018-2019 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		39	-0.291	
Community and Family Safety	Firearm Deaths*	42	11.9	6.2
	Injury Deaths	39	68.7	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	43	32.3%	25.9%
	Food Insecurity	26	11.5%	12.2%
	Gender Pay Gap*	48	73.9%	81.1%
	Poverty	45	19.8%	14.9%
	Unemployment	5	2.4%	3.5%
Education	College Graduate	41	31.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	3	8.0%	12.1%
	Residential Segregation - Black/White	12	58	-
	Voter Participation	47	52.3%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		44	-0.732	
Community and Family Safety	Child Victimization*	32	10.3	7.4
	Firearm Deaths *	42	11.3	5.9
	Injury Deaths	43	27.4	18.7
Economic Resources	Children in Poverty	47	21.1%	16.0%
	Children in Poverty - Racial Disparity	28	3.5	3.0
	Food Sufficiency	46	58.1%	66.6%
	Students Experiencing Homelessness	5	1.2%	2.4%
	WIC Coverage	29	48.9%	52.2%
Education	Early Childhood Education	32	44.5%	48.5%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	42	89.1%	89.8%
Social Support and Engagement	Adult Mentor*	14	92.6%	88.0%
	Adverse Childhood Experiences	42	18.4%	14.1%
	Foster Care Instability	46	21.8%	15.2%
	High-Speed Internet	36	95.6%	96.0%
	Neighborhood Amenities	43	20.8%	38.2%
	Reading, Singing or Storytelling*	44	54.4%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		41	-0.135	
Air and Water Quality	Air Pollution	21	75	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	46	16.0%	10.3%
	Water Fluoridation	23	76.6%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	38	10.6	8.4
Housing and Transportation	Drive Alone to Work - Women	49	78.3%	67.3%
	Housing Cost Burden - Households with Children	17	25.8%	31.1%
	Housing with Lead Risk	14	11.2%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		47	-0.755	
Access to Care	Adequate Prenatal Care	38	74.3%	75.2%
	Avoided Care Due to Cost	44	21.6%	17.4%
	Maternity Care Desert*	40	12.1	3.7
	Uninsured	39	12.6%	10.8%
	Women's Health Providers	50	29.0	47.8
Preventive Clinical Care	Cervical Cancer Screening	29	51.6%	51.6%
	Dental Visit	47	57.2%	64.1%
	Flu Vaccination	47	27.2%	35.5%
	Postpartum Visit*	17	92.3%	90.3%
	Well-Woman Visit	25	73.6%	72.7%
Quality of Care	Breastfeeding Initiation	45	74.9%	85.1%
	Dedicated Health Care Provider	39	76.6%	77.4%
	Low-Risk Cesarean Delivery	41	28.3%	26.6%
	Maternity Practices Score	40	76	82
	Behaviors		41	-0.681
Nutrition and Physical Activity	Exercise	38	25.5%	27.6%
	Fruit and Vegetable Consumption	47	5.7%	9.8%
	Physical Inactivity	46	25.8%	22.0%
Sexual Health	Chlamydia	42	1,859.1	1,481.2
	High-Risk HIV Behaviors	24	9.7%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	31	37.1%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	22	12.2%	11.2%
	Smoking	32	12.6%	9.9%
	Smoking During Pregnancy	29	3.9%	3.0%
Health Outcomes		29	-0.340	
Behavioral Health	Drug Deaths*	34	33.5	28.6
	Excessive Drinking	6	16.0%	19.5%
	Frequent Mental Distress	14	22.8%	23.6%
	Illicit Drug Use	8	8.8%	10.5%
	Postpartum Anxiety*	44	26.9%	20.3%
	Postpartum Depression*	43	15.8%	11.9%
Mortality	Maternal Mortality*	42	35.1	23.5
	Mortality Rate	44	161.0	109.9
Physical Health	Depression*	22	32.3%	30.3%
	Diabetes*	46	5.6%	3.6%
	Frequent Physical Distress	3	7.6%	9.7%
	High Blood Pressure	45	16.6%	11.8%
	High Health Status*	38	49.8%	51.6%
	Multiple Chronic Conditions	31	5.4%	4.5%
	Obesity	44	40.5%	32.5%
	Severe Maternal Morbidity*	–	–	94.7
Overall - Women		43	-0.433	

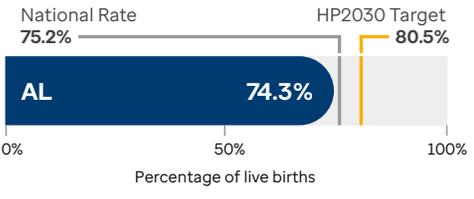
		State Rank	State Value	U.S. Value
Children				
Clinical Care		28	0.130	
Access to Care	ADD/ADHD Treatment	30	3.6%	3.4%
	Mental Health Treatment*	6	88.8%	83.3%
	Pediatricians	40	84.6	116.1
	Uninsured	19	3.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	45	62.6%	66.9%
	HPV Vaccination	34	60.3%	61.4%
	Preventive Dental Visit	23	81.9%	80.2%
	Well-Child Visit	19	81.1%	79.6%
Quality of Care	Adequate Insurance	6	70.0%	64.6%
	Developmental Screening	40	32.0%	36.5%
	Medical Home	25	48.3%	45.5%
Behaviors		44	-0.708	
Nutrition and Physical Activity	Breastfed	21	28.1%	27.2%
	Physical Activity	22	21.1%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	44	20.1	13.1
Sleep Health	Adequate Sleep	47	58.1%	65.3%
	Sleep Position*	17	74.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	43	2.5%	1.9%
Health Outcomes		46	-0.665	
Behavioral Health	Alcohol Use	10	6.1%	6.9%
	Flourishing	26	65.9%	66.7%
	Illicit Drug Use	8	6.3%	7.3%
	Mental Health Conditions	22	21.4%	20.5%
	Teen Suicide*	12	9.9	10.2
Mortality	Child Mortality	44	41.1	29.6
	Infant Mortality	47	7.2	5.6
	Neonatal Mortality*	40	4.2	3.6
Physical Health	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	27	70.5	105.8
	High Health Status*	40	89.4%	89.9%
	Low Birth Weight	48	10.4%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	–	–	5.3
	Overweight or Obesity	45	35.7%	31.3%
Overall - Children		45	-0.505	

Overall - Women and Children 45 -0.504

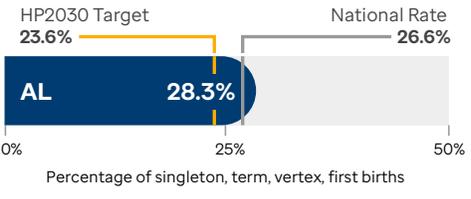
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

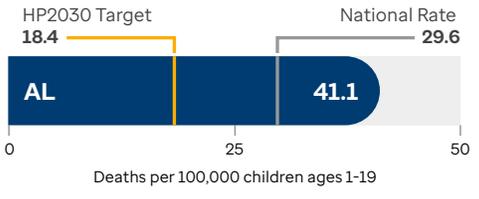
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

