

Summary

Strengths

- High prevalence of food sufficiency among children
- High prevalence of neighborhood amenities
- High prevalence of women with a dedicated health care provider

Challenges

- High percentage of low birth weight infants
- Low percentage of households with children that have high-speed internet
- High prevalence of unemployment among women

Key Findings

Drug Deaths

82%▲

from 11.6 to 21.1 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Smoking During Pregnancy

65%▼

from 2.3% to 0.8% of women with a recent live birth between 2019 and 2023.

Child Mortality

39%▲

from 29.7 to 41.3 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

Early Childhood Education

23%▲

from 73.0% to 90.1% of children ages 3-4 between 2021 and 2023.

Measures

Women		D.C. Value	U.S. Value
Social and Economic Factors			
Community and Family Safety	Firearm Deaths*	70	6.2
	Injury Deaths	40.8	51.9
	Intimate Partner Violence Before Pregnancy*	–	–
Economic Resources	Concentrated Disadvantage	46.4%	25.9%
	Food Insecurity	8.8%	12.2%
	Gender Pay Gap*	86.0%	81.1%
	Poverty	12.2%	14.9%
	Unemployment	4.7%	3.5%
Education	College Graduate	73.7%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	10.5%	12.1%
	Residential Segregation - Black/White	67	–
	Voter Participation	72.7%	60.0%

Children		D.C. Value	U.S. Value
Social and Economic Factors			
Community and Family Safety	Child Victimization*	10.0	7.4
	Firearm Deaths *	18.9	5.9
	Injury Deaths	31.8	18.7
Economic Resources	Children in Poverty	171%	16.0%
	Children in Poverty - Racial Disparity	–	30
	Food Sufficiency	75.3%	66.6%
	Students Experiencing Homelessness	6.6%	2.4%
	WIC Coverage	46.0%	52.2%
Education	Early Childhood Education	90.1%	48.5%
	Fourth Grade Reading Proficiency	29.6%	30.5%
	High School Completion	92.7%	89.8%
Social Support and Engagement	Adult Mentor*	85.1%	88.0%
	Adverse Childhood Experiences	13.5%	14.1%
	Foster Care Instability	31.8%	15.2%
	High-Speed Internet	93.9%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	73.5%	59.7%

Women and Children

Physical Environment		D.C. Value	U.S. Value
Air and Water Quality	Air Pollution	8.8	8.6
	Drinking Water Violations	1.5	2.8
	Household Smoke	8.5%	10.3%
	Water Fluoridation	100.0%	72.3%
Climate and Health	Climate Policies	3	–
	Transportation Energy Use*	2.6	8.4
Housing and Transportation	Drive Alone to Work - Women	26.1%	67.3%
	Housing Cost Burden - Households with Children	27.8%	31.1%
	Housing with Lead Risk	30.3%	16.4%

Measures

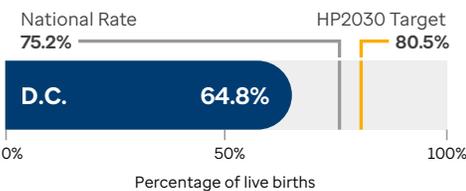
		D.C. Value	U.S. Value
Women			
Clinical Care			
Access to Care	Adequate Prenatal Care	64.8%	75.2%
	Avoided Care Due to Cost	11.6%	17.4%
	Maternity Care Desert*	0.0	3.7
	Uninsured	2.6%	10.8%
	Women's Health Providers	115.0	47.8
Preventive Clinical Care	Cervical Cancer Screening	59.1%	51.6%
	Dental Visit	76.7%	64.1%
	Flu Vaccination	53.9%	35.5%
	Postpartum Visit*	91.1%	90.3%
	Well-Woman Visit	75.3%	72.7%
Quality of Care	Breastfeeding Initiation	82.0%	85.1%
	Dedicated Health Care Provider	83.1%	77.4%
	Low-Risk Cesarean Delivery	29.7%	26.6%
	Maternity Practices Score	–	82
Behaviors			
Nutrition and Physical Activity	Exercise	37.3%	27.6%
	Fruit and Vegetable Consumption	14.0%	9.8%
	Physical Inactivity	13.6%	22.0%
Sexual Health	Chlamydia	1,952.5	1,481.2
	High-Risk HIV Behaviors	12.4%	9.3%
	Unintended Pregnancy*	–	–
Sleep Health	Insufficient Sleep	29.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	6.2%	11.2%
	Smoking	5.8%	9.9%
	Smoking During Pregnancy	0.8%	3.0%
Health Outcomes			
Behavioral Health	Drug Deaths*	21.1	28.6
	Excessive Drinking	36.4%	19.5%
	Frequent Mental Distress	16.7%	23.6%
	Illicit Drug Use	13.1%	10.5%
	Postpartum Anxiety*	16.6%	20.3%
	Postpartum Depression*	10.6%	11.9%
Mortality	Maternal Mortality*	28.2	23.5
	Mortality Rate	91.0	109.9
Physical Health	Depression*	27.3%	30.3%
	Diabetes*	1.8%	3.6%
	Frequent Physical Distress	7.6%	9.7%
	High Blood Pressure	9.8%	11.8%
	High Health Status*	67.6%	51.6%
	Multiple Chronic Conditions	3.4%	4.5%
	Obesity	21.6%	32.5%
	Severe Maternal Morbidity*	143.4	94.7

		D.C. Value	U.S. Value
Children			
Clinical Care			
Access to Care	ADD/ADHD Treatment	2.5%	3.4%
	Mental Health Treatment*	74.2%	83.3%
	Pediatricians	606.7	116.1
	Uninsured	–	5.4%
Preventive Clinical Care	Childhood Immunizations	71.2%	66.9%
	HPV Vaccination	72.4%	61.4%
	Preventive Dental Visit	84.2%	80.2%
	Well-Child Visit	879%	79.6%
Quality of Care	Adequate Insurance	66.6%	64.6%
	Developmental Screening	47.0%	36.5%
	Medical Home	45.2%	45.5%
Behaviors			
Nutrition and Physical Activity	Breastfed	20.7%	27.2%
	Physical Activity	20.8%	19.7%
	Soda Consumption*	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	85.6%
	Teen Births	12.3	13.1
Sleep Health	Adequate Sleep	66.9%	65.3%
	Sleep Position*	76.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	16.8%
	Tobacco Use	2.6%	1.9%
Health Outcomes			
Behavioral Health	Alcohol Use	8.6%	6.9%
	Flourishing	69.0%	66.7%
	Illicit Drug Use	8.6%	7.3%
	Mental Health Conditions	19.1%	20.5%
	Teen Suicide*	–	10.2
Mortality	Child Mortality	41.3	29.6
	Infant Mortality	6.2	5.6
	Neonatal Mortality*	3.3	3.6
Physical Health	Asthma	9.0%	6.8%
	Congenital Syphilis*	61.9	105.8
	High Health Status*	90.9%	89.9%
	Low Birth Weight	10.8%	8.6%
	Low Birth Weight - Racial Disparity	2.7	2.1
	Neonatal Abstinence Syndrome*	2.9	5.3
	Overweight or Obesity	34.6%	31.3%

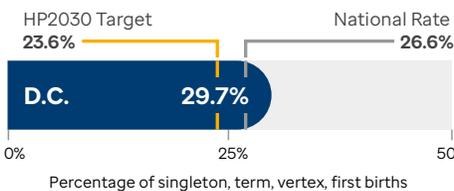
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

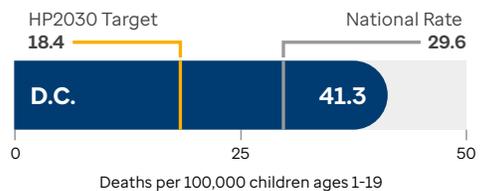
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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