

State Health Department Website:

Summary

Strengths

- Low prevalence of high blood pressure among women
- Low prevalence of excessive drinking among women
- Low prevalence of tobacco use among adolescents

Challenges

- Low prevalence of preventive dental care among children
- Low percentage of infants exclusively breastfed for six months
- Low prevalence of developmental screenings

Key Findings

Maternal Mortality

47%▲

from 16.7 to 24.5 deaths per 100,000 live births between 2014-2018 and 2019-2023.

Smoking During Pregnancy

38%▼

from 2.9% to 1.8% of women with a recent live birth between 2021 and 2023.

Early Childhood Education

15%▲

from 43.7% to 50.4% of children ages 3-4 between 2021 and 2023.

Child Mortality

14%▲

from 26.4 to 30.0 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		24	0.105	
Community and Family Safety	Firearm Deaths*	20	6.7	6.2
	Injury Deaths	29	571	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	33	26.8%	25.9%
	Food Insecurity	30	12.0%	12.2%
	Gender Pay Gap*	12	85.1%	81.1%
	Poverty	26	14.3%	14.9%
	Unemployment	18	2.9%	3.5%
Education	College Graduate	23	38.1%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	22	11.5%	12.1%
	Residential Segregation - Black/White	16	60	–
	Voter Participation	39	56.0%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		26	-0.036	
Community and Family Safety	Child Victimization*	18	5.2	7.4
	Firearm Deaths *	16	5.1	5.9
	Injury Deaths	25	19.0	18.7
Economic Resources	Children in Poverty	32	15.7%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	38	62.7%	66.6%
	Students Experiencing Homelessness	37	2.7%	2.4%
	WIC Coverage	26	50.7%	52.2%
Education	Early Childhood Education	12	50.4%	48.5%
	Fourth Grade Reading Proficiency	10	33.0%	30.5%
	High School Completion	33	90.2%	89.8%
Social Support and Engagement	Adult Mentor*	44	85.5%	88.0%
	Adverse Childhood Experiences	19	14.1%	14.1%
	Foster Care Instability	33	17.1%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities	32	32.7%	38.2%
	Reading, Singing or Storytelling*	31	60.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		23	0.151	
Air and Water Quality	Air Pollution	18	7.4	8.6
	Drinking Water Violations	36	2.4	2.8
	Household Smoke	22	10.5%	10.3%
	Water Fluoridation	22	78.1%	72.3%
Climate and Health	Climate Policies	22	2	–
	Transportation Energy Use*	18	78	8.4
Housing and Transportation	Drive Alone to Work - Women	19	67.7%	67.3%
	Housing Cost Burden - Households with Children	49	39.1%	31.1%
	Housing with Lead Risk	4	75%	16.4%

Measures

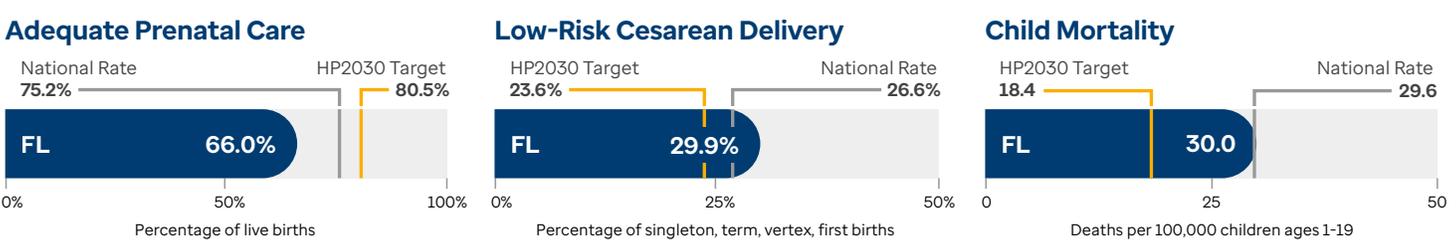
		State Rank	State Value	U.S. Value
Women				
Clinical Care		48	-0.839	
Access to Care	Adequate Prenatal Care	49	66.0%	75.2%
	Avoided Care Due to Cost	46	22.4%	17.4%
	Maternity Care Desert*	15	0.9	3.7
	Uninsured	47	15.9%	10.8%
	Women's Health Providers	36	41.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	38	49.7%	51.6%
	Dental Visit	40	61.6%	64.1%
	Flu Vaccination	50	22.7%	35.5%
	Postpartum Visit*	32	89.4%	90.3%
	Well-Woman Visit	37	70.9%	72.7%
Quality of Care	Breastfeeding Initiation	23	86.3%	85.1%
	Dedicated Health Care Provider	47	69.3%	77.4%
	Low-Risk Cesarean Delivery	47	29.9%	26.6%
	Maternity Practices Score	13	85	82
	Behaviors		21	0.000
Nutrition and Physical Activity	Exercise	39	25.4%	27.6%
	Fruit and Vegetable Consumption	–	–	9.8%
	Physical Inactivity	37	23.7%	22.0%
Sexual Health	Chlamydia	35	1,592.1	1,481.2
	High-Risk HIV Behaviors	4	71%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	37	38.9%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	9	9.6%	11.2%
	Smoking	10	8.5%	9.9%
	Smoking During Pregnancy	8	1.8%	3.0%
Health Outcomes		10	0.350	
Behavioral Health	Drug Deaths*	31	32.7	28.6
	Excessive Drinking	9	17.3%	19.5%
	Frequent Mental Distress	15	22.9%	23.6%
	Illicit Drug Use	26	10.6%	10.5%
	Postpartum Anxiety*	2	14.2%	20.3%
	Postpartum Depression*	13	10.9%	11.9%
Mortality	Maternal Mortality*	28	24.5	23.5
	Mortality Rate	24	113.5	109.9
Physical Health	Depression*	3	23.9%	30.3%
	Diabetes*	1	2.3%	3.6%
	Frequent Physical Distress	17	9.3%	9.7%
	High Blood Pressure	6	9.4%	11.8%
	High Health Status*	19	54.2%	51.6%
	Multiple Chronic Conditions	15	4.1%	4.5%
	Obesity	10	28.8%	32.5%
	Severe Maternal Morbidity*	33	102.7	94.7
Overall - Women		27	-0.003	

		State Rank	State Value	U.S. Value
Children				
Clinical Care		46	-0.503	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	50	70.2%	83.3%
	Pediatricians	26	105.3	116.1
	Uninsured	46	7.5%	5.4%
	Preventive Clinical Care			
Preventive Clinical Care	Childhood Immunizations	26	67.3%	66.9%
	HPV Vaccination	23	64.4%	61.4%
	Preventive Dental Visit	50	71.9%	80.2%
	Well-Child Visit	25	80.2%	79.6%
Quality of Care	Adequate Insurance	34	62.6%	64.6%
	Developmental Screening	49	23.1%	36.5%
	Medical Home	43	44.3%	45.5%
	Behaviors		34	-0.258
Nutrition and Physical Activity	Breastfed	45	22.0%	27.2%
	Physical Activity	39	18.1%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	27	12.7	13.1
Sleep Health	Adequate Sleep	32	64.9%	65.3%
	Sleep Position*	41	63.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		25	-0.072	
Behavioral Health	Alcohol Use	26	6.9%	6.9%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	29	7.6%	7.3%
	Mental Health Conditions	11	19.8%	20.5%
	Teen Suicide*	7	8.2	10.2
Mortality	Child Mortality	24	30.0	29.6
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	34	104.7	105.8
	High Health Status*	10	92.0%	89.9%
	Low Birth Weight	36	9.0%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	20	5.5	5.3
	Overweight or Obesity	28	31.6%	31.3%
Overall - Children		32	-0.099	

Overall - Women and Children 30 -0.074

* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

