

State Health Department Website:

## Summary

### Strengths

- High percentage of youth who are flourishing
- Low prevalence of multiple chronic conditions among women
- High prevalence of exercise among women

### Challenges

- High infant mortality rate
- Low WIC coverage among eligible children under 4
- High incidence of chlamydia among women

### Key Findings

#### Frequent Mental Distress

**28%**▲

from 18.0% to 23.1% of women ages 18-44 between 2018-2019 and 2022-2023.

#### Mortality Among Women

**25%**▼

from 167.1 to 124.7 deaths per 100,000 women ages 20-44 between 2021 and 2023.

#### Child Mortality

**19%**▲

from 29.7 to 35.4 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

#### Early Childhood Education

**16%**▲

from 43.1% to 49.8% of children ages 3-4 between 2021 and 2023.

## Measures

### Women

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>27</b>	<b>0.061</b>	
<b>Community and Family Safety</b>	Firearm Deaths*	35	9.3	6.2
	Injury Deaths	22	52.9	51.9
	Intimate Partner Violence Before Pregnancy*	10	2.4%	-
<b>Economic Resources</b>	Concentrated Disadvantage	45	33.2%	25.9%
	Food Insecurity	36	12.8%	12.2%
	Gender Pay Gap*	23	82.4%	81.1%
	Poverty	37	16.3%	14.9%
	Unemployment	20	3.0%	3.5%
<b>Education</b>	College Graduate	33	35.3%	37.8%
<b>Social Support and Engagement</b>	Infant Child Care Affordability*	5	9.2%	12.1%
	Residential Segregation - Black/White	9	57	-
	Voter Participation	22	62.3%	60.0%

### Children

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>35</b>	<b>-0.282</b>	
<b>Community and Family Safety</b>	Child Victimization*	12	4.5	7.4
	Firearm Deaths *	35	9.1	5.9
	Injury Deaths	31	22.3	18.7
<b>Economic Resources</b>	Children in Poverty	38	18.4%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	31	65.2%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	44	39.6%	52.2%
<b>Education</b>	Early Childhood Education	16	49.8%	48.5%
	Fourth Grade Reading Proficiency	28	30.4%	30.5%
	High School Completion	40	89.3%	89.8%
<b>Social Support and Engagement</b>	Adult Mentor*	34	88.5%	88.0%
	Adverse Childhood Experiences	28	15.8%	14.1%
	Foster Care Instability	22	14.8%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	37	27.7%	38.2%
		47	50.8%	59.7%

### Women and Children

		State Rank	State Value	U.S. Value
<b>Physical Environment</b>		<b>31</b>	<b>0.068</b>	
<b>Air and Water Quality</b>	Air Pollution	39	8.7	8.6
	Drinking Water Violations	39	2.9	2.8
	Household Smoke	17	10.2%	10.3%
	Water Fluoridation	6	95.1%	72.3%
<b>Climate and Health</b>	Climate Policies	38	0	-
	Transportation Energy Use*	25	8.4	8.4
<b>Housing and Transportation</b>	Drive Alone to Work - Women	21	69.0%	67.3%
	Housing Cost Burden - Households with Children	37	30.9%	31.1%
	Housing with Lead Risk	5	8.3%	16.4%

# Measures

		State Rank	State Value	U.S. Value
<b>Women</b>				
<b>Clinical Care</b>		<b>44</b>	<b>-0.625</b>	
<b>Access to Care</b>	Adequate Prenatal Care	32	75.6%	75.2%
	Avoided Care Due to Cost	48	22.9%	17.4%
	Maternity Care Desert*	33	6.8	3.7
	Uninsured	49	16.4%	10.8%
	Women's Health Providers	26	472	478
<b>Preventive Clinical Care</b>	Cervical Cancer Screening	8	57.3%	51.6%
	Dental Visit	44	59.1%	64.1%
	Flu Vaccination	46	27.8%	35.5%
	Postpartum Visit*	33	89.3%	90.3%
	Well-Woman Visit	41	70.2%	72.7%
<b>Quality of Care</b>	Breastfeeding Initiation	34	83.9%	85.1%
	Dedicated Health Care Provider	44	73.2%	77.4%
	Low-Risk Cesarean Delivery	46	29.8%	26.6%
	Maternity Practices Score	34	78	82
<b>Behaviors</b>		<b>29</b>	<b>-0.164</b>	
<b>Nutrition and Physical Activity</b>	Exercise	19	28.9%	27.6%
	Fruit and Vegetable Consumption	11	11.0%	9.8%
	Physical Inactivity	28	21.4%	22.0%
<b>Sexual Health</b>	Chlamydia	44	1,944.3	1,481.2
	High-Risk HIV Behaviors	30	10.1%	9.3%
	Unintended Pregnancy*	2	10.0%	-
<b>Sleep Health</b>	Insufficient Sleep	44	40.0%	36.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use*	12	10.4%	11.2%
	Smoking	18	9.8%	9.9%
	Smoking During Pregnancy	11	2.2%	3.0%
<b>Health Outcomes</b>		<b>19</b>	<b>-0.108</b>	
<b>Behavioral Health</b>	Drug Deaths*	15	24.1	28.6
	Excessive Drinking	10	17.4%	19.5%
	Frequent Mental Distress	17	23.1%	23.6%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	24	21.3%	20.3%
	Postpartum Depression*	14	11.0%	11.9%
<b>Mortality</b>	Maternal Mortality*	35	30.4	23.5
	Mortality Rate	32	124.7	109.9
<b>Physical Health</b>	Depression*	7	26.0%	30.3%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	13	9.0%	9.7%
	High Blood Pressure	40	14.0%	11.8%
	High Health Status*	27	52.0%	51.6%
	Multiple Chronic Conditions	4	3.5%	4.5%
	Obesity	41	38.5%	32.5%
Severe Maternal Morbidity*	31	99.9	94.7	
<b>Overall - Women</b>		<b>32</b>	<b>-0.132</b>	

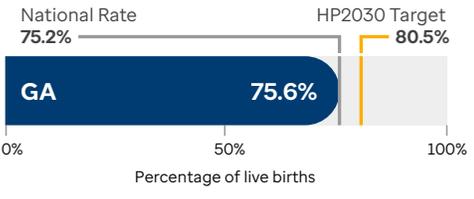
		State Rank	State Value	U.S. Value
<b>Children</b>				
<b>Clinical Care</b>		<b>45</b>	<b>-0.416</b>	
<b>Access to Care</b>	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	47	76.8%	83.3%
	Pediatricians	32	93.8	116.1
	Uninsured	38	6.4%	5.4%
<b>Preventive Clinical Care</b>	Childhood Immunizations	37	64.3%	66.9%
	HPV Vaccination	49	40.5%	61.4%
	Preventive Dental Visit	36	79.0%	80.2%
	Well-Child Visit	26	80.1%	79.6%
<b>Quality of Care</b>	Adequate Insurance	39	61.7%	64.6%
	Developmental Screening	25	39.8%	36.5%
	Medical Home	42	44.4%	45.5%
<b>Behaviors</b>		<b>39</b>	<b>-0.462</b>	
<b>Nutrition and Physical Activity</b>	Breastfed	14	28.9%	27.2%
	Physical Activity	37	18.4%	19.7%
	Soda Consumption*	-	-	7.5%
<b>Sexual Health</b>	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	38	16.5	13.1
<b>Sleep Health</b>	Adequate Sleep	45	59.6%	65.3%
	Sleep Position*	45	58.8%	69.0%
<b>Smoking and Tobacco Use</b>	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	32	2.1%	1.9%
<b>Health Outcomes</b>		<b>43</b>	<b>-0.518</b>	
<b>Behavioral Health</b>	Alcohol Use	23	6.7%	6.9%
	Flourishing	13	67.3%	66.7%
	Illicit Drug Use	29	7.6%	7.3%
	Mental Health Conditions	17	20.5%	20.5%
	Teen Suicide*	23	11.4	10.2
<b>Mortality</b>	Child Mortality	32	35.4	29.6
	Infant Mortality	43	70	5.6
	Neonatal Mortality*	38	4.1	3.6
<b>Physical Health</b>	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	33	100.7	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	47	10.2%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	11	3.5	5.3
	Overweight or Obesity	40	33.1%	31.3%
<b>Overall - Children</b>		<b>40</b>	<b>-0.319</b>	

## Overall - Women and Children **37 -0.260**

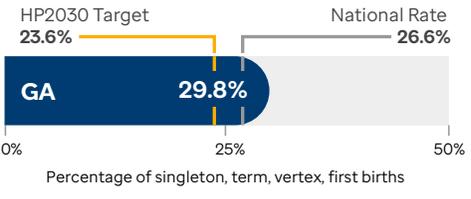
\* Additional unweighted measure (not included in the overall score/rank).  
 - Data not available, missing or suppressed.

### Healthy People 2030 (HP2030) Targets

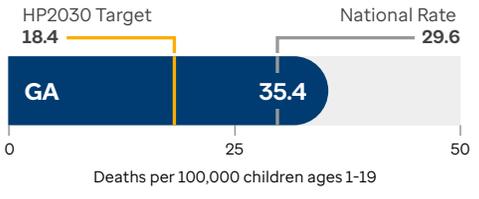
#### Adequate Prenatal Care



#### Low-Risk Cesarean Delivery



#### Child Mortality



Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

