

State Health Department Website:

Summary

Strengths

- High prevalence of high school completion
- Low prevalence of insufficient sleep among women
- High prevalence of physical activity among children

Challenges

- High prevalence of frequent mental distress among women
- High prevalence of illicit drug use among adolescents
- High prevalence of cigarette smoking during pregnancy

Key Findings

Obesity

25%▲

from 28.0% to 34.9% of women ages 18-44 between 2019-2020 and 2022-2023.

Poverty

20%▼

from 16.1% to 12.8% of women ages 18-44 between 2018 and 2023.

Food Sufficiency

10%▼

from 74.7% to 67.0% of children ages 0-17 between 2021-2022 and 2023-2024.

Preventive Dental Visit

7%▲

from 77.4% to 83.2% of children ages 1-17 between 2021-2022 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		21	0.282	
Community and Family Safety	Firearm Deaths*	13	5.5	6.2
	Injury Deaths	37	67.4	51.9
	Intimate Partner Violence Before Pregnancy*	11	2.5%	–
Economic Resources	Concentrated Disadvantage	3	6.4%	25.9%
	Food Insecurity	21	10.9%	12.2%
	Gender Pay Gap*	9	85.4%	81.1%
	Poverty	12	12.8%	14.9%
	Unemployment	24	3.2%	3.5%
Education	College Graduate	18	39.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	32	13.2%	12.1%
	Residential Segregation - Black/White	46	75	–
	Voter Participation	12	65.6%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		17	0.211	
Community and Family Safety	Child Victimization*	49	15.0	7.4
	Firearm Deaths *	–	–	5.9
	Injury Deaths	20	17.4	18.7
Economic Resources	Children in Poverty	14	12.6%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	26	67.0%	66.6%
	Students Experiencing Homelessness	19	1.8%	2.4%
	WIC Coverage	15	57.6%	52.2%
Education	Early Childhood Education	35	43.3%	48.5%
	Fourth Grade Reading Proficiency	45	26.1%	30.5%
	High School Completion	2	94.9%	89.8%
Social Support and Engagement	Adult Mentor*	1	96.9%	88.0%
	Adverse Childhood Experiences	33	16.7%	14.1%
	Foster Care Instability	20	14.1%	15.2%
	High-Speed Internet	7	97.3%	96.0%
	Neighborhood Amenities	32	32.7%	38.2%
	Reading, Singing or Storytelling*	2	69.5%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		18	0.230	
Air and Water Quality	Air Pollution	4	5.2	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	47	16.1%	10.3%
	Water Fluoridation	21	79.5%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	26	8.5	8.4
Housing and Transportation	Drive Alone to Work - Women	26	71.2%	67.3%
	Housing Cost Burden - Households with Children	29	28.8%	31.1%
	Housing with Lead Risk	41	22.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		6	0.945	
Access to Care	Adequate Prenatal Care	5	84.0%	75.2%
	Avoided Care Due to Cost	14	13.8%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	23	8.5%	10.8%
	Women's Health Providers	11	59.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	1	63.4%	51.6%
	Dental Visit	19	66.8%	64.1%
	Flu Vaccination	4	45.0%	35.5%
	Postpartum Visit*	6	93.0%	90.3%
	Well-Woman Visit	15	75.9%	72.7%
Quality of Care	Breastfeeding Initiation	20	86.8%	85.1%
	Dedicated Health Care Provider	1	90.6%	77.4%
	Low-Risk Cesarean Delivery	24	25.5%	26.6%
	Maternity Practices Score	24	82	82
Behaviors		9	0.391	
Nutrition and Physical Activity	Exercise	10	30.6%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	3	15.6%	22.0%
Sexual Health	Chlamydia	1	312.9	1,481.2
	High-Risk HIV Behaviors	26	9.9%	9.3%
	Unintended Pregnancy*	3	14.0%	–
Sleep Health	Insufficient Sleep	3	31.0%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	18	11.1%	11.2%
	Smoking	45	15.0%	9.9%
	Smoking During Pregnancy	45	7.2%	3.0%
Health Outcomes		46	-0.974	
Behavioral Health	Drug Deaths*	42	42.5	28.6
	Excessive Drinking	36	21.4%	19.5%
	Frequent Mental Distress	47	30.5%	23.6%
	Illicit Drug Use	43	13.4%	10.5%
	Postpartum Anxiety*	23	21.2%	20.3%
	Postpartum Depression*	16	11.2%	11.9%
	Mortality	Maternal Mortality*	–	–
	Mortality Rate	28	119.7	109.9
Physical Health	Depression*	50	43.3%	30.3%
	Diabetes*	23	3.2%	3.6%
	Frequent Physical Distress	40	11.3%	9.7%
	High Blood Pressure	32	12.5%	11.8%
	High Health Status*	10	55.4%	51.6%
	Multiple Chronic Conditions	45	7.3%	4.5%
	Obesity	32	34.9%	32.5%
	Severe Maternal Morbidity*	18	83.8	94.7
Overall – Women		24	0.129	

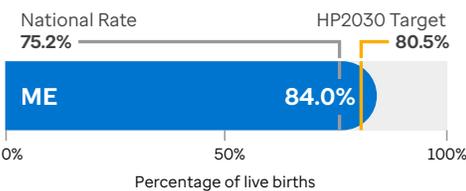
		State Rank	State Value	U.S. Value
Children				
Clinical Care		6	0.987	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	23	85.3%	83.3%
	Pediatricians	12	134.2	116.1
	Uninsured	23	4.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	7	74.4%	66.9%
	HPV Vaccination	29	61.2%	61.4%
	Preventive Dental Visit	15	83.2%	80.2%
	Well-Child Visit	3	87.7%	79.6%
Quality of Care	Adequate Insurance	22	65.6%	64.6%
	Developmental Screening	2	53.5%	36.5%
	Medical Home	16	50.3%	45.5%
Behaviors		3	0.902	
Nutrition and Physical Activity	Breastfed	26	27.5%	27.2%
	Physical Activity	1	26.6%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	5	7.2	13.1
Sleep Health	Adequate Sleep	5	72.1%	65.3%
	Sleep Position*	1	81.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		45	-0.643	
Behavioral Health	Alcohol Use	38	8.2%	6.9%
	Flourishing	47	62.9%	66.7%
	Illicit Drug Use	49	10.4%	7.3%
	Mental Health Conditions	50	28.5%	20.5%
	Teen Suicide*	–	–	10.2
	Mortality	Child Mortality	14	26.5
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	46	4.6	3.6
Physical Health	Asthma	49	8.8%	6.8%
	Congenital Syphilis*	5	16.5	105.8
	High Health Status*	14	91.6%	89.9%
	Low Birth Weight	20	8.0%	8.6%
	Low Birth Weight – Racial Disparity	2	1.3	2.1
	Neonatal Abstinence Syndrome*	43	13.5	5.3
	Overweight or Obesity	42	34.5%	31.3%
Overall – Children		19	0.199	

Overall – Women and Children **21 0.159**

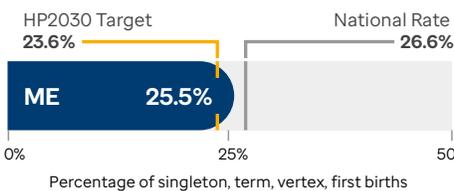
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

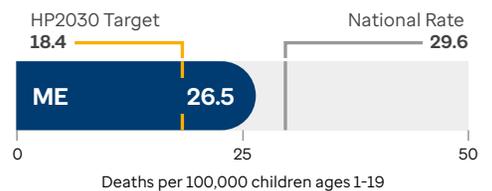
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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