

State Health Department Website:

Summary

Strengths

- High percentage of infants exclusively breastfed for six months
- High prevalence of food sufficiency among children
- Low prevalence of insufficient sleep among women

Challenges

- High prevalence of excessive drinking among women
- Low percentage of youth who are flourishing
- Low percentage of children with adequate and continuous health insurance

Key Findings

Mental Health Conditions (Diagnosed)

45% ▲

from 15.7% to 22.7% of children ages 3-17 between 2020-2021 and 2023-2024.

Smoking During Pregnancy

38% ▼

from 5.6% to 3.5% of women with a recent live birth between 2021 and 2023.

Mortality Among Women

22% ▲

from 75.2 to 91.9 deaths per 100,000 women ages 20-44 between 2019 and 2023.

Early Childhood Education

21% ▲

from 39.3% to 47.6% of children ages 3-4 between 2021 and 2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		3	1.058	
Community and Family Safety	Firearm Deaths*	7	3.8	6.2
	Injury Deaths	10	43.1	51.9
	Intimate Partner Violence Before Pregnancy*	7	2.0%	–
Economic Resources	Concentrated Disadvantage	9	10.0%	25.9%
	Food Insecurity	4	9.1%	12.2%
	Gender Pay Gap*	11	85.2%	81.1%
	Poverty	8	12.1%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	7	44.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	38	14.3%	12.1%
	Residential Segregation - Black/White	21	63	–
	Voter Participation	2	72.4%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		5	0.694	
Community and Family Safety	Child Victimization*	9	3.8	7.4
	Firearm Deaths *	5	2.7	5.9
	Injury Deaths	10	16.0	18.7
Economic Resources	Children in Poverty	5	10.1%	16.0%
	Children in Poverty - Racial Disparity	46	5.3	3.0
	Food Sufficiency	3	73.1%	66.6%
	Students Experiencing Homelessness	16	1.7%	2.4%
	WIC Coverage	4	64.5%	52.2%
Education	Early Childhood Education	24	47.6%	48.5%
	Fourth Grade Reading Proficiency	25	30.7%	30.5%
	High School Completion	6	94.3%	89.8%
Social Support and Engagement	Adult Mentor*	20	91.5%	88.0%
	Adverse Childhood Experiences	17	13.8%	14.1%
	Foster Care Instability	11	11.3%	15.2%
	High-Speed Internet	9	97.0%	96.0%
	Neighborhood Amenities	10	45.7%	38.2%
	Reading, Singing or Storytelling*	19	63.4%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		3	0.630	
Air and Water Quality	Air Pollution	21	75	8.6
	Drinking Water Violations	31	2.2	2.8
	Household Smoke	9	8.4%	10.3%
	Water Fluoridation	2	98.9%	72.3%
Climate and Health	Climate Policies	13	3	–
	Transportation Energy Use*	21	79	8.4
Housing and Transportation	Drive Alone to Work - Women	18	67.3%	67.3%
	Housing Cost Burden - Households with Children	8	23.1%	31.1%
	Housing with Lead Risk	32	18.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		11	0.587	
Access to Care	Adequate Prenatal Care	14	80.4%	75.2%
	Avoided Care Due to Cost	9	13.1%	17.4%
	Maternity Care Desert*	28	4.3	3.7
	Uninsured	6	5.5%	10.8%
	Women's Health Providers	13	59.4	47.8
Preventive Clinical Care	Cervical Cancer Screening	31	51.1%	51.6%
	Dental Visit	23	66.1%	64.1%
	Flu Vaccination	8	43.4%	35.5%
	Postpartum Visit*	8	92.9%	90.3%
	Well-Woman Visit	34	71.9%	72.7%
Quality of Care	Breastfeeding Initiation	12	89.5%	85.1%
	Dedicated Health Care Provider	25	80.8%	77.4%
	Low-Risk Cesarean Delivery	32	26.6%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		17	0.281	
Nutrition and Physical Activity	Exercise	23	28.0%	27.6%
	Fruit and Vegetable Consumption	26	9.1%	9.8%
	Physical Inactivity	14	18.9%	22.0%
Sexual Health	Chlamydia	12	1,197.0	1,481.2
	High-Risk HIV Behaviors	20	9.3%	9.3%
	Unintended Pregnancy*	15	21.0%	–
Sleep Health	Insufficient Sleep	4	31.1%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	21	11.6%	11.2%
	Smoking	28	12.2%	9.9%
	Smoking During Pregnancy	25	3.5%	3.0%
Health Outcomes		13	0.253	
Behavioral Health	Drug Deaths*	15	24.1	28.6
	Excessive Drinking	41	22.9%	19.5%
	Frequent Mental Distress	22	23.9%	23.6%
	Illicit Drug Use	15	9.8%	10.5%
	Postpartum Anxiety*	33	24.5%	20.3%
	Postpartum Depression*	7	10.2%	11.9%
Mortality	Maternal Mortality*	2	14.1	23.5
	Mortality Rate	10	91.9	109.9
Physical Health	Depression*	35	36.9%	30.3%
	Diabetes*	19	3.0%	3.6%
	Frequent Physical Distress	6	7.9%	9.7%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	8	55.8%	51.6%
	Multiple Chronic Conditions	15	4.1%	4.5%
	Obesity	15	31.2%	32.5%
	Severe Maternal Morbidity*	44	112.9	94.7
Overall – Women		5	0.551	

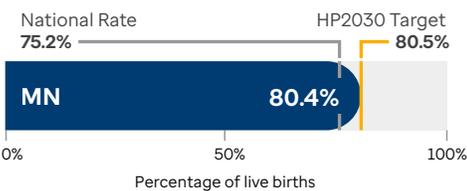
		State Rank	State Value	U.S. Value
Children				
Clinical Care		13	0.475	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	10	87.6%	83.3%
	Pediatricians	20	113.0	116.1
	Uninsured	12	3.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	18	68.9%	66.9%
	HPV Vaccination	11	69.2%	61.4%
	Preventive Dental Visit	30	79.5%	80.2%
	Well-Child Visit	14	81.9%	79.6%
Quality of Care	Adequate Insurance	43	61.0%	64.6%
	Developmental Screening	5	50.8%	36.5%
	Medical Home	15	50.5%	45.5%
Behaviors		2	1.164	
Nutrition and Physical Activity	Breastfed	2	38.2%	27.2%
	Physical Activity	19	21.8%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	8	7.8	13.1
Sleep Health	Adequate Sleep	4	72.6%	65.3%
	Sleep Position*	32	68.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	6	1.6%	1.9%
Health Outcomes		10	0.443	
Behavioral Health	Alcohol Use	18	6.5%	6.9%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	23	7.3%	7.3%
	Mental Health Conditions	29	22.7%	20.5%
	Teen Suicide*	25	11.6	10.2
Mortality	Child Mortality	12	25.8	29.6
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	7	2.9	3.6
Physical Health	Asthma	10	5.8%	6.8%
	Congenital Syphilis*	18	45.3	105.8
	High Health Status*	8	92.1%	89.9%
	Low Birth Weight	7	7.2%	8.6%
	Low Birth Weight – Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	28	6.3	5.3
	Overweight or Obesity	5	27.1%	31.3%
Overall – Children		2	0.661	

Overall – Women and Children **3 0.607**

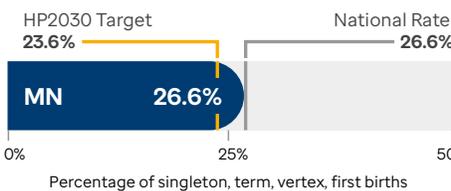
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

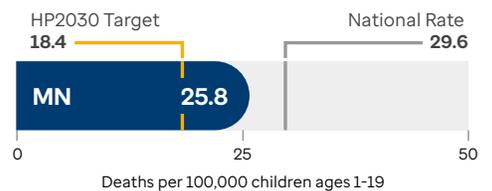
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).