

State Health Department Website:

## Summary

### Strengths

- Low prevalence of frequent physical distress among women
- High prevalence of well-woman visits
- Low prevalence of alcohol use among adolescents

### Challenges

- High percentage of low birth weight infants
- Low prevalence of adequate sleep among children
- High prevalence of physical inactivity among women

### Key Findings

#### Flu Vaccination

**20%▼**

from 33.5% to 26.8% of women ages 18-44 between 2019-2020 and 2022-2023.

#### Child Mortality

**18%▲**

from 43.9 to 51.6 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

#### Poverty

**16%▼**

from 23.7% to 20.0% of women ages 18-44 between 2021 and 2023.

#### Teen Births

**14%▼**

from 29.1 to 24.9 births per 1,000 females ages 15-19 between 2019 and 2023.

## Measures

### Women

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>44</b>	<b>-0.742</b>	
<b>Community and Family Safety</b>	Firearm Deaths*	46	15.4	6.2
	Injury Deaths	42	74.7	51.9
	Intimate Partner Violence Before Pregnancy*	18	4.6%	-
<b>Economic Resources</b>	Concentrated Disadvantage	49	44.2%	25.9%
	Food Insecurity	47	16.2%	12.2%
	Gender Pay Gap*	42	77.6%	81.1%
	Poverty	46	20.0%	14.9%
	Unemployment	35	3.6%	3.5%
<b>Education</b>	College Graduate	47	27.2%	37.8%
<b>Social Support and Engagement</b>	Infant Child Care Affordability*	1	75%	12.1%
	Residential Segregation - Black/White	3	51	-
	Voter Participation	30	59.8%	60.0%

### Children

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>46</b>	<b>-0.838</b>	
<b>Community and Family Safety</b>	Child Victimization*	42	12.9	7.4
	Firearm Deaths *	44	15.2	5.9
	Injury Deaths	50	35.6	18.7
<b>Economic Resources</b>	Children in Poverty	48	23.2%	16.0%
	Children in Poverty - Racial Disparity	21	3.2	3.0
	Food Sufficiency	50	49.7%	66.6%
	Students Experiencing Homelessness	7	1.3%	2.4%
	WIC Coverage	34	46.0%	52.2%
<b>Education</b>	Early Childhood Education	17	49.4%	48.5%
	Fourth Grade Reading Proficiency	16	32.0%	30.5%
	High School Completion	45	87.8%	89.8%
<b>Social Support and Engagement</b>	Adult Mentor*	17	91.8%	88.0%
	Adverse Childhood Experiences	31	16.1%	14.1%
	Foster Care Instability	31	16.9%	15.2%
	High-Speed Internet	50	92.9%	96.0%
	Neighborhood Amenities	50	14.0%	38.2%
	Reading, Singing or Storytelling*	50	47.8%	59.7%

### Women and Children

		State Rank	State Value	U.S. Value
<b>Physical Environment</b>		<b>48</b>	<b>-0.290</b>	
<b>Air and Water Quality</b>	Air Pollution	28	79	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	43	15.3%	10.3%
	Water Fluoridation	41	47.3%	72.3%
<b>Climate and Health</b>	Climate Policies	38	0	-
	Transportation Energy Use*	46	12.1	8.4
<b>Housing and Transportation</b>	Drive Alone to Work - Women	49	78.3%	67.3%
	Housing Cost Burden - Households with Children	20	26.3%	31.1%
	Housing with Lead Risk	11	10.2%	16.4%

# Measures

## Women

		State Rank	State Value	U.S. Value
<b>Clinical Care</b>		<b>42</b>	<b>-0.453</b>	
<b>Access to Care</b>	Adequate Prenatal Care	12	80.9%	75.2%
	Avoided Care Due to Cost	42	20.9%	17.4%
	Maternity Care Desert*	49	19.4	3.7
	Uninsured	46	15.7%	10.8%
	Women's Health Providers	48	32.2	47.8
<b>Preventive Clinical Care</b>	Cervical Cancer Screening	43	47.1%	51.6%
	Dental Visit	–	–	64.1%
	Flu Vaccination	48	26.8%	35.5%
	Postpartum Visit*	39	88.1%	90.3%
	Well-Woman Visit	7	78.2%	72.7%
<b>Quality of Care</b>	Breastfeeding Initiation	49	67.0%	85.1%
	Dedicated Health Care Provider	37	77.2%	77.4%
	Low-Risk Cesarean Delivery	49	30.1%	26.6%
	Maternity Practices Score	8	87	82

<b>Behaviors</b>		<b>50</b>	<b>-1.324</b>	
<b>Nutrition and Physical Activity</b>	Exercise	48	21.5%	27.6%
	Fruit and Vegetable Consumption	49	3.8%	9.8%
	Physical Inactivity	50	30.0%	22.0%
<b>Sexual Health</b>	Chlamydia	49	2,473.6	1,481.2
	High-Risk HIV Behaviors	30	10.1%	9.3%
	Unintended Pregnancy*	22	36.6%	–
<b>Sleep Health</b>	Insufficient Sleep	38	39.2%	36.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use*	43	15.7%	11.2%
	Smoking	42	14.5%	9.9%
	Smoking During Pregnancy	28	3.7%	3.0%

<b>Health Outcomes</b>		<b>35</b>	<b>-0.537</b>	
<b>Behavioral Health</b>	Drug Deaths*	21	275	28.6
	Excessive Drinking	3	15.6%	19.5%
	Frequent Mental Distress	12	22.4%	23.6%
	Illicit Drug Use	12	9.6%	10.5%
	Postpartum Anxiety*	46	31.6%	20.3%
	Postpartum Depression*	46	17.1%	11.9%
<b>Mortality</b>	Maternal Mortality*	45	39.7	23.5
	Mortality Rate	47	169.1	109.9
<b>Physical Health</b>	Depression*	14	28.6%	30.3%
	Diabetes*	47	5.7%	3.6%
	Frequent Physical Distress	8	8.4%	9.7%
	High Blood Pressure	47	18.4%	11.8%
	High Health Status*	46	48.5%	51.6%
	Multiple Chronic Conditions	33	5.7%	4.5%
	Obesity	49	42.6%	32.5%
Severe Maternal Morbidity*	9	73.7	94.7	

<b>Overall - Women</b>	<b>46</b>	<b>-0.701</b>
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## Children

		State Rank	State Value	U.S. Value
<b>Clinical Care</b>		<b>47</b>	<b>-0.605</b>	
<b>Access to Care</b>	ADD/ADHD Treatment	1	6.3%	3.4%
	Mental Health Treatment*	40	81.3%	83.3%
	Pediatricians	46	68.1	116.1
	Uninsured	36	6.0%	5.4%
<b>Preventive Clinical Care</b>	Childhood Immunizations	34	64.8%	66.9%
	HPV Vaccination	50	38.4%	61.4%
	Preventive Dental Visit	47	74.9%	80.2%
	Well-Child Visit	49	72.2%	79.6%
<b>Quality of Care</b>	Adequate Insurance	21	65.7%	64.6%
	Developmental Screening	45	29.7%	36.5%
	Medical Home	44	44.0%	45.5%

<b>Behaviors</b>		<b>49</b>	<b>-1.156</b>	
<b>Nutrition and Physical Activity</b>	Breastfed	46	21.7%	27.2%
	Physical Activity	21	21.2%	19.7%
	Soda Consumption*	20	15.3%	7.5%
<b>Sexual Health</b>	Dual Contraceptive Nonuse*	21	94.1%	85.6%
	Teen Births	50	24.9	13.1
<b>Sleep Health</b>	Adequate Sleep	50	50.3%	65.3%
	Sleep Position*	43	61.7%	69.0%
<b>Smoking and Tobacco Use</b>	Electronic Vapor Product Use*	15	179%	16.8%
	Tobacco Use	42	2.4%	1.9%

<b>Health Outcomes</b>		<b>49</b>	<b>-1.059</b>	
<b>Behavioral Health</b>	Alcohol Use	5	5.5%	6.9%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	12	6.6%	7.3%
	Mental Health Conditions	44	25.4%	20.5%
	Teen Suicide*	13	10.0	10.2
<b>Mortality</b>	Child Mortality	50	51.6	29.6
	Infant Mortality	50	9.0	5.6
	Neonatal Mortality*	50	5.3	3.6
<b>Physical Health</b>	Asthma	44	8.4%	6.8%
	Congenital Syphilis*	48	377.8	105.8
	High Health Status*	42	88.6%	89.9%
	Low Birth Weight	50	12.5%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	8	3.1	5.3
	Overweight or Obesity	50	41.8%	31.3%

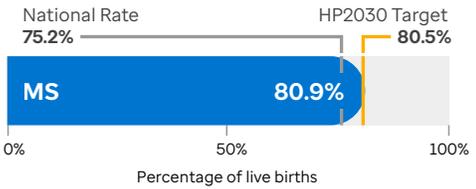
<b>Overall - Children</b>	<b>49</b>	<b>-0.812</b>
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# Overall - Women and Children 48 -0.806

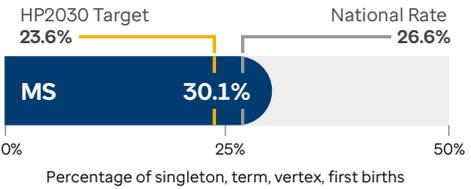
\* Additional unweighted measure (not included in the overall score/rank).  
 – Data not available, missing or suppressed.

## Healthy People 2030 (HP2030) Targets

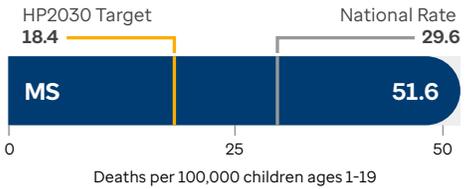
### Adequate Prenatal Care



### Low-Risk Cesarean Delivery



### Child Mortality



Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

