

State Health Department Website:

Summary

Strengths

- High percentage of youth who are flourishing
- Low prevalence of illicit drug use among women
- Low prevalence of unemployment among women

Challenges

- High prevalence of excessive drinking among women
- Low reading proficiency among fourth grade public school students
- Low hospital maternity practices (mPINC) score

Key Findings

Frequent Mental Distress

32%▲

from 16.9% to 22.3% of women ages 18-44 between 2018-2019 and 2022-2023.

Reading, Singing or Storytelling

32%▲

from 47.4% to 62.7% of children ages 0-5 between 2018-2019 and 2023-2024.

Adequate Insurance

9%▼

from 64.2% to 58.2% of children ages 0-17 between 2020-2021 and 2023-2024.

Well-Woman Visit

7%▲

from 67.6% to 72.0% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		14	0.472	
Community and Family Safety	Firearm Deaths*	11	4.9	6.2
	Injury Deaths	6	36.5	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	11	12.0%	25.9%
	Food Insecurity	39	12.9%	12.2%
	Gender Pay Gap*	20	82.7%	81.1%
	Poverty	19	13.7%	14.9%
	Unemployment	4	1.9%	3.5%
Education	College Graduate	14	40.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	45	15.1%	12.1%
	Residential Segregation - Black/White	30	65	–
	Voter Participation	32	59.1%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		12	0.519	
Community and Family Safety	Child Victimization*	14	4.6	7.4
	Firearm Deaths *	14	4.7	5.9
	Injury Deaths	15	16.8	18.7
Economic Resources	Children in Poverty	8	11.1%	16.0%
	Children in Poverty - Racial Disparity	40	4.4	3.0
	Food Sufficiency	29	65.9%	66.6%
	Students Experiencing Homelessness	3	0.9%	2.4%
	WIC Coverage	7	62.9%	52.2%
Education	Early Childhood Education	30	45.7%	48.5%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	15	92.7%	89.8%
Social Support and Engagement	Adult Mentor*	9	93.5%	88.0%
	Adverse Childhood Experiences	12	12.7%	14.1%
	Foster Care Instability	13	11.4%	15.2%
	High-Speed Internet	4	97.7%	96.0%
	Neighborhood Amenities	29	34.1%	38.2%
	Reading, Singing or Storytelling*	23	62.7%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		33	0.026	
Air and Water Quality	Air Pollution	7	6.2	8.6
	Drinking Water Violations	37	2.8	2.8
	Household Smoke	17	10.2%	10.3%
	Water Fluoridation	27	74.2%	72.3%
Climate and Health	Climate Policies	38	0	–
	Transportation Energy Use*	36	10.1	8.4
Housing and Transportation	Drive Alone to Work - Women	41	74.5%	67.3%
	Housing Cost Burden - Households with Children	7	22.7%	31.1%
	Housing with Lead Risk	37	20.6%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		26	0.318	
Access to Care	Adequate Prenatal Care	15	80.1%	75.2%
	Avoided Care Due to Cost	24	15.3%	17.4%
	Maternity Care Desert*	34	71	3.7
	Uninsured	20	8.2%	10.8%
	Women's Health Providers	36	41.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	15	54.2%	51.6%
	Dental Visit	28	64.8%	64.1%
	Flu Vaccination	15	39.8%	35.5%
	Postpartum Visit*	6	93.0%	90.3%
	Well-Woman Visit	33	72.0%	72.7%
Quality of Care	Breastfeeding Initiation	9	90.7%	85.1%
	Dedicated Health Care Provider	36	77.3%	77.4%
	Low-Risk Cesarean Delivery	9	22.9%	26.6%
	Maternity Practices Score	46	75	82
Behaviors		22	-0.028	
Nutrition and Physical Activity	Exercise	30	26.8%	27.6%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	23	20.6%	22.0%
Sexual Health	Chlamydia	30	1,518.9	1,481.2
	High-Risk HIV Behaviors	37	10.4%	9.3%
	Unintended Pregnancy*	10	19.8%	-
Sleep Health	Insufficient Sleep	5	31.2%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	38	14.1%	11.2%
	Smoking	23	11.1%	9.9%
	Smoking During Pregnancy	30	4.1%	3.0%
Health Outcomes		12	0.278	
Behavioral Health	Drug Deaths*	2	12.7	28.6
	Excessive Drinking	48	24.4%	19.5%
	Frequent Mental Distress	11	22.3%	23.6%
	Illicit Drug Use	4	78%	10.5%
	Postpartum Anxiety*	8	17.7%	20.3%
	Postpartum Depression*	17	11.3%	11.9%
Mortality	Maternal Mortality*	24	23.7	23.5
	Mortality Rate	7	86.3	109.9
Physical Health	Depression*	16	30.6%	30.3%
	Diabetes*	26	3.3%	3.6%
	Frequent Physical Distress	7	8.3%	9.7%
	High Blood Pressure	12	10.3%	11.8%
	High Health Status*	15	54.9%	51.6%
	Multiple Chronic Conditions	14	3.9%	4.5%
	Obesity	30	34.7%	32.5%
Severe Maternal Morbidity*	4	61.3	94.7	
Overall - Women		18	0.206	

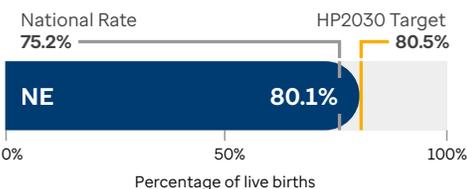
		State Rank	State Value	U.S. Value
Children				
Clinical Care		36	-0.031	
Access to Care	ADD/ADHD Treatment	40	3.0%	3.4%
	Mental Health Treatment*	8	88.1%	83.3%
	Pediatricians	39	85.4	116.1
	Uninsured	18	3.7%	5.4%
Preventive Clinical Care	Childhood Immunizations	47	61.2%	66.9%
	HPV Vaccination	18	67.4%	61.4%
	Preventive Dental Visit	25	81.7%	80.2%
	Well-Child Visit	32	78.8%	79.6%
Quality of Care	Adequate Insurance	49	58.2%	64.6%
	Developmental Screening	24	40.0%	36.5%
	Medical Home	6	52.2%	45.5%
Behaviors		7	0.762	
Nutrition and Physical Activity	Breastfed	10	31.5%	27.2%
	Physical Activity	8	24.1%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	28	13.1	13.1
Sleep Health	Adequate Sleep	18	68.4%	65.3%
	Sleep Position*	10	76.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	2	6.9%	16.8%
	Tobacco Use	3	1.5%	1.9%
Health Outcomes		2	0.620	
Behavioral Health	Alcohol Use	14	6.3%	6.9%
	Flourishing	1	70.1%	66.7%
	Illicit Drug Use	6	6.2%	7.3%
	Mental Health Conditions	5	17.7%	20.5%
	Teen Suicide*	38	15.8	10.2
Mortality	Child Mortality	19	28.2	29.6
	Infant Mortality	32	6.1	5.6
	Neonatal Mortality*	35	4.0	3.6
Physical Health	Asthma	4	4.8%	6.8%
	Congenital Syphilis*	22	57.5	105.8
	High Health Status*	3	93.2%	89.9%
	Low Birth Weight	20	8.0%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	2	1.4	5.3
	Overweight or Obesity	9	28.1%	31.3%
Overall - Children		11	0.425	

Overall - Women and Children **13 0.350**

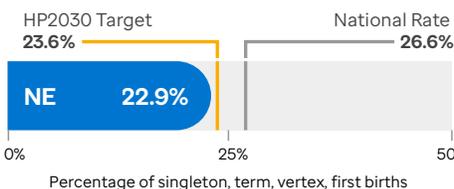
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

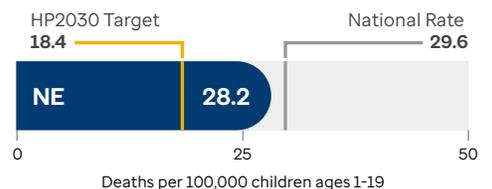
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).