

State Health Department Website:

Summary

Strengths

- Low infant mortality rate
- Low prevalence of asthma among children
- Low percentage of women in poverty

Challenges

- High prevalence of frequent physical distress among women
- Low enrollment in early childhood education
- Low prevalence of physical activity among children

Key Findings

Obesity

36%▲

from 25.8% to 35.2% of women ages 18-44 between 2019-2020 and 2022-2023.

Flourishing

23%▼

from 83.6% to 64.2% of children ages 0-17 between 2017-2018 and 2023-2024.

Poverty

15%▼

from 16.2% to 13.7% of women ages 18-44 between 2021 and 2023.

Infant Mortality

12%▼

from 5.9 to 5.2 deaths per 1,000 live births between 2018-2019 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.236	
Community and Family Safety	Firearm Deaths*	33	8.7	6.2
	Injury Deaths	30	573	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	46	33.6%	25.9%
	Food Insecurity	34	12.5%	12.2%
	Gender Pay Gap*	10	85.3%	81.1%
	Poverty	19	13.7%	14.9%
	Unemployment	46	4.3%	3.5%
Education	College Graduate	46	27.6%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	19	11.2%	12.1%
	Residential Segregation - Black/White	5	54	–
	Voter Participation	24	61.3%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.374	
Community and Family Safety	Child Victimization*	30	9.5	7.4
	Firearm Deaths *	22	6.1	5.9
	Injury Deaths	29	19.8	18.7
Economic Resources	Children in Poverty	34	16.1%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	34	64.4%	66.6%
	Students Experiencing Homelessness	45	3.4%	2.4%
	WIC Coverage	35	45.7%	52.2%
Education	Early Childhood Education	48	34.3%	48.5%
	Fourth Grade Reading Proficiency	31	30.0%	30.5%
	High School Completion	47	87.7%	89.8%
Social Support and Engagement	Adult Mentor*	49	83.3%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	30	16.2%	15.2%
	High-Speed Internet	16	96.4%	96.0%
	Neighborhood Amenities	14	41.1%	38.2%
	Reading, Singing or Storytelling*	45	54.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		36	-0.075	
Air and Water Quality	Air Pollution	47	9.8	8.6
	Drinking Water Violations	47	3.9	2.8
	Household Smoke	25	11.0%	10.3%
	Water Fluoridation	27	74.2%	72.3%
Climate and Health	Climate Policies	13	3	–
	Transportation Energy Use*	26	8.5	8.4
Housing and Transportation	Drive Alone to Work - Women	16	67.1%	67.3%
	Housing Cost Burden - Households with Children	46	35.6%	31.1%
	Housing with Lead Risk	1	4.9%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		50	-1.320	
Access to Care	Adequate Prenatal Care	42	73.3%	75.2%
	Avoided Care Due to Cost	49	24.3%	17.4%
	Maternity Care Desert*	21	2.6	3.7
	Uninsured	45	15.2%	10.8%
	Women's Health Providers	46	36.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	49	44.2%	51.6%
	Dental Visit	48	57.0%	64.1%
	Flu Vaccination	49	24.7%	35.5%
	Postpartum Visit*	45	84.6%	90.3%
	Well-Woman Visit	49	63.2%	72.7%
Quality of Care	Breastfeeding Initiation	43	77.3%	85.1%
	Dedicated Health Care Provider	50	65.1%	77.4%
	Low-Risk Cesarean Delivery	40	28.1%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		42	-0.686	
Nutrition and Physical Activity	Exercise	31	26.6%	27.6%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	42	25.0%	22.0%
Sexual Health	Chlamydia	22	1,403.9	1,481.2
	High-Risk HIV Behaviors	50	14.3%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	41	39.6%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	34	13.4%	11.2%
	Smoking	33	13.3%	9.9%
	Smoking During Pregnancy	13	2.3%	3.0%
Health Outcomes		30	-0.356	
Behavioral Health	Drug Deaths*	23	28.1	28.6
	Excessive Drinking	17	19.1%	19.5%
	Frequent Mental Distress	23	24.2%	23.6%
	Illicit Drug Use	41	12.8%	10.5%
	Postpartum Anxiety*	31	24.1%	20.3%
	Postpartum Depression*	22	11.6%	11.9%
Mortality	Maternal Mortality*	20	22.7	23.5
	Mortality Rate	29	120.8	109.9
Physical Health	Depression*	6	25.6%	30.3%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	50	13.0%	9.7%
	High Blood Pressure	28	12.1%	11.8%
	High Health Status*	47	48.4%	51.6%
	Multiple Chronic Conditions	4	3.5%	4.5%
	Obesity	33	35.2%	32.5%
	Severe Maternal Morbidity*	–	–	94.7
Overall - Women		44	-0.501	

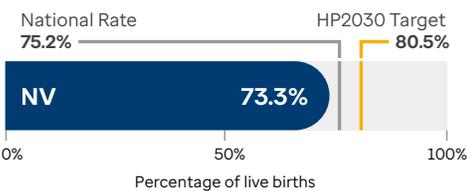
		State Rank	State Value	U.S. Value
Children				
Clinical Care		50	-1.310	
Access to Care	ADD/ADHD Treatment	46	2.4%	3.4%
	Mental Health Treatment*	21	85.5%	83.3%
	Pediatricians	47	65.0	116.1
	Uninsured	48	7.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	43	63.1%	66.9%
	HPV Vaccination	46	48.5%	61.4%
	Preventive Dental Visit	46	77.4%	80.2%
	Well-Child Visit	50	71.9%	79.6%
Quality of Care	Adequate Insurance	46	60.5%	64.6%
	Developmental Screening	50	20.3%	36.5%
	Medical Home	50	35.6%	45.5%
Behaviors		42	-0.628	
Nutrition and Physical Activity	Breastfed	33	26.1%	27.2%
	Physical Activity	50	12.9%	19.7%
	Soda Consumption*	8	7.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	20	93.3%	85.6%
	Teen Births	28	13.1	13.1
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	38	66.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	7	15.3%	16.8%
	Tobacco Use	32	2.1%	1.9%
Health Outcomes		22	-0.018	
Behavioral Health	Alcohol Use	41	8.4%	6.9%
	Flourishing	43	64.2%	66.7%
	Illicit Drug Use	42	8.5%	7.3%
	Mental Health Conditions	2	14.4%	20.5%
	Teen Suicide*	34	13.9	10.2
Mortality	Child Mortality	29	30.6	29.6
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	4	4.8%	6.8%
	Congenital Syphilis*	45	232.0	105.8
	High Health Status*	38	89.6%	89.9%
	Low Birth Weight	41	9.5%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	–	–	5.3
	Overweight or Obesity	33	32.2%	31.3%
Overall - Children		43	-0.385	

Overall - Women and Children **43 -0.477**

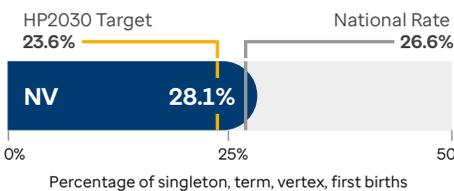
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

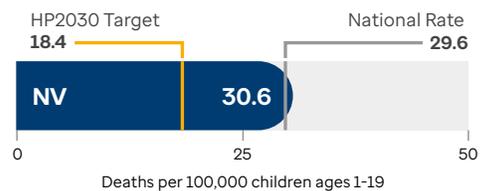
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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