

State Health Department Website:

## Summary

### Strengths

- Low infant mortality rate
- High enrollment in early childhood education
- Low percentage of women in poverty

### Challenges

- High prevalence of unemployment among women
- Low percentage of infants exclusively breastfed for six months
- Low prevalence of physical activity among children

### Key Findings

#### Frequent Physical Distress

76%▲

from 4.9% to 8.6% of women ages 18-44 between 2020 and 2022-2023.

#### Congenital Syphilis

12%▼

from 47.3 to 41.8 per 100,000 live births between 2022 and 2023.

#### Breastfeeding Initiation

10%▲

from 78.7% to 86.4% of live births between 2020 and 2023.

#### Well-Child Visit

7%▼

from 88.3% to 82.3% of children ages 0-17 between 2019-2020 and 2023-2024.

## Measures

### Women

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>15</b>	<b>0.446</b>	
<b>Community and Family Safety</b>	Firearm Deaths*	2	1.5	6.2
	Injury Deaths	3	34.0	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
<b>Economic Resources</b>	Concentrated Disadvantage	26	22.9%	25.9%
	Food Insecurity	10	9.8%	12.2%
	Gender Pay Gap*	21	82.6%	81.1%
	Poverty	3	11.1%	14.9%
	Unemployment	46	4.3%	3.5%
<b>Education</b>	College Graduate	4	46.0%	37.8%
<b>Social Support and Engagement</b>	Infant Child Care Affordability*	29	12.1%	12.1%
	Residential Segregation - Black/White	33	67	–
	Voter Participation	19	62.9%	60.0%

### Children

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>2</b>	<b>0.982</b>	
<b>Community and Family Safety</b>	Child Victimization*	1	1.5	7.4
	Firearm Deaths *	2	1.9	5.9
	Injury Deaths	3	9.4	18.7
<b>Economic Resources</b>	Children in Poverty	18	12.9%	16.0%
	Children in Poverty - Racial Disparity	24	3.3	3.0
	Food Sufficiency	11	70.7%	66.6%
	Students Experiencing Homelessness	1	0.8%	2.4%
	WIC Coverage	25	51.7%	52.2%
<b>Education</b>	Early Childhood Education	1	65.6%	48.5%
	Fourth Grade Reading Proficiency	2	38.3%	30.5%
	High School Completion	29	90.7%	89.8%
<b>Social Support and Engagement</b>	Adult Mentor*	41	87.4%	88.0%
	Adverse Childhood Experiences	2	10.5%	14.1%
	Foster Care Instability	3	9.2%	15.2%
	High-Speed Internet	23	96.2%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	3	53.9%	38.2%

### Women and Children

		State Rank	State Value	U.S. Value
<b>Physical Environment</b>		<b>25</b>	<b>0.144</b>	
<b>Air and Water Quality</b>	Air Pollution	18	7.4	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	12	9.1%	10.3%
	Water Fluoridation	49	16.2%	72.3%
<b>Climate and Health</b>	Climate Policies	1	4	–
	Transportation Energy Use*	10	72	8.4
<b>Housing and Transportation</b>	Drive Alone to Work - Women	4	62.3%	67.3%
	Housing Cost Burden - Households with Children	42	33.9%	31.1%
	Housing with Lead Risk	42	23.0%	16.4%

# Measures

## Women

		State Rank	State Value	U.S. Value
<b>Clinical Care</b>		<b>33</b>	<b>0.199</b>	
<b>Access to Care</b>	Adequate Prenatal Care	41	73.5%	75.2%
	Avoided Care Due to Cost	33	17.3%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	30	9.7%	10.8%
	Women's Health Providers	27	46.9	47.8
<b>Preventive Clinical Care</b>	Cervical Cancer Screening	36	50.4%	51.6%
	Dental Visit	11	67.9%	64.1%
	Flu Vaccination	12	41.3%	35.5%
	Postpartum Visit*	16	92.4%	90.3%
	Well-Woman Visit	30	73.0%	72.7%
<b>Quality of Care</b>	Breastfeeding Initiation	22	86.4%	85.1%
	Dedicated Health Care Provider	26	80.7%	77.4%
	Low-Risk Cesarean Delivery	35	27.3%	26.6%
	Maternity Practices Score	17	84	82
<b>Behaviors</b>		<b>8</b>	<b>0.463</b>	
<b>Nutrition and Physical Activity</b>	Exercise	17	29.2%	27.6%
	Fruit and Vegetable Consumption	4	12.6%	9.8%
	Physical Inactivity	32	22.1%	22.0%
<b>Sexual Health</b>	Chlamydia	15	1,241.4	1,481.2
	High-Risk HIV Behaviors	7	7.3%	9.3%
	Unintended Pregnancy*	19	23.9%	-
<b>Sleep Health</b>	Insufficient Sleep	36	38.5%	36.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use*	6	9.2%	11.2%
	Smoking	10	8.5%	9.9%
	Smoking During Pregnancy	4	1.1%	3.0%
<b>Health Outcomes</b>		<b>1</b>	<b>0.756</b>	
<b>Behavioral Health</b>	Drug Deaths*	12	23.0	28.6
	Excessive Drinking	24	19.6%	19.5%
	Frequent Mental Distress	5	20.8%	23.6%
	Illicit Drug Use	2	6.9%	10.5%
	Postpartum Anxiety*	3	15.4%	20.3%
	Postpartum Depression*	2	8.3%	11.9%
<b>Mortality</b>	Maternal Mortality*	25	23.9	23.5
	Mortality Rate	3	82.3	109.9
<b>Physical Health</b>	Depression*	1	20.5%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	9	8.6%	9.7%
	High Blood Pressure	30	12.4%	11.8%
	High Health Status*	14	55.0%	51.6%
	Multiple Chronic Conditions	2	2.8%	4.5%
	Obesity	4	26.5%	32.5%
Severe Maternal Morbidity*	20	84.6	94.7	
<b>Overall - Women</b>		<b>9</b>	<b>0.421</b>	

## Children

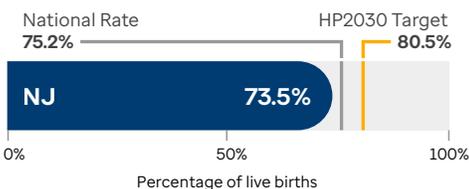
		State Rank	State Value	U.S. Value
<b>Clinical Care</b>		<b>38</b>	<b>-0.217</b>	
<b>Access to Care</b>	ADD/ADHD Treatment	47	2.3%	3.4%
	Mental Health Treatment*	36	82.4%	83.3%
	Pediatricians	15	125.6	116.1
	Uninsured	20	4.1%	5.4%
<b>Preventive Clinical Care</b>	Childhood Immunizations	41	63.7%	66.9%
	HPV Vaccination	44	50.2%	61.4%
	Preventive Dental Visit	30	79.5%	80.2%
	Well-Child Visit	12	82.3%	79.6%
<b>Quality of Care</b>	Adequate Insurance	33	63.1%	64.6%
	Developmental Screening	28	38.4%	36.5%
	Medical Home	45	42.0%	45.5%
<b>Behaviors</b>		<b>23</b>	<b>0.200</b>	
<b>Nutrition and Physical Activity</b>	Breastfed	39	24.6%	27.2%
	Physical Activity	47	16.5%	19.7%
	Soda Consumption*	1	4.4%	7.5%
<b>Sexual Health</b>	Dual Contraceptive Nonuse*	19	91.6%	85.6%
	Teen Births	6	7.5	13.1
<b>Sleep Health</b>	Adequate Sleep	21	67.8%	65.3%
	Sleep Position*	35	67.4%	69.0%
<b>Smoking and Tobacco Use</b>	Electronic Vapor Product Use*	17	18.2%	16.8%
	Tobacco Use	3	1.5%	1.9%
<b>Health Outcomes</b>		<b>1</b>	<b>0.831</b>	
<b>Behavioral Health</b>	Alcohol Use	11	6.2%	6.9%
	Flourishing	2	69.7%	66.7%
	Illicit Drug Use	12	6.6%	7.3%
	Mental Health Conditions	6	18.3%	20.5%
	Teen Suicide*	1	5.1	10.2
<b>Mortality</b>	Child Mortality	2	17.7	29.6
	Infant Mortality	3	3.6	5.6
	Neonatal Mortality*	4	2.5	3.6
<b>Physical Health</b>	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	16	41.8	105.8
	High Health Status*	16	91.5%	89.9%
	Low Birth Weight	17	7.8%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	14	4.2	5.3
	Overweight or Obesity	10	28.5%	31.3%
<b>Overall - Children</b>		<b>5</b>	<b>0.549</b>	

# Overall - Women and Children 6 0.522

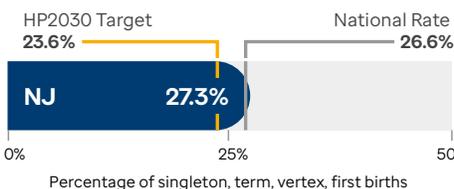
\* Additional unweighted measure (not included in the overall score/rank).  
 - Data not available, missing or suppressed.

## Healthy People 2030 (HP2030) Targets

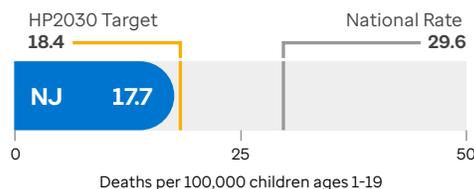
### Adequate Prenatal Care



### Low-Risk Cesarean Delivery



### Child Mortality



Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).