

State Health Department Website:

Summary

Strengths

- Low prevalence of frequent physical distress among women
- Low prevalence of excessive drinking among women
- High percentage of children with adequate and continuous health insurance

Challenges

- High mortality rate among women
- High percentage of children in poverty
- High prevalence of adverse childhood experiences (ACEs) among children

Key Findings

Firearm Deaths

105%▲

from 5.5 to 11.3 deaths per 100,000 children ages 1-19 between 2016-2018 and 2021-2023.

Frequent Mental Distress

37%▲

from 15.8% to 21.6% of women ages 18-44 between 2016-2017 and 2022-2023.

Smoking

33%▼

from 17.1% to 11.5% of women ages 18-44 between 2015-2016 and 2022-2023.

Well-Child Visit

11%▲

from 69.8% to 77.5% of children ages 0-17 between 2021-2022 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		46	-0.779	
Community and Family Safety	Firearm Deaths*	44	13.2	6.2
	Injury Deaths	48	93.5	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	50	46.6%	25.9%
	Food Insecurity	39	12.9%	12.2%
	Gender Pay Gap*	23	82.4%	81.1%
	Poverty	48	21.4%	14.9%
	Unemployment	39	3.7%	3.5%
Education	College Graduate	49	26.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	-	-	12.1%
	Residential Segregation - Black/White	9	57	-
	Voter Participation	23	61.7%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		50	-1.214	
Community and Family Safety	Child Victimization*	41	12.6	7.4
	Firearm Deaths *	42	11.3	5.9
	Injury Deaths	47	32.8	18.7
Economic Resources	Children in Poverty	50	25.3%	16.0%
	Children in Poverty - Racial Disparity	15	2.9	3.0
	Food Sufficiency	43	61.2%	66.6%
	Students Experiencing Homelessness	41	3.1%	2.4%
	WIC Coverage	49	370%	52.2%
Education	Early Childhood Education	26	47.3%	48.5%
	Fourth Grade Reading Proficiency	50	20.3%	30.5%
	High School Completion	48	87.5%	89.8%
Social Support and Engagement	Adult Mentor*	33	88.7%	88.0%
	Adverse Childhood Experiences	43	19.0%	14.1%
	Foster Care Instability	36	18.2%	15.2%
	High-Speed Internet	49	93.3%	96.0%
	Neighborhood Amenities	29	34.1%	38.2%
	Reading, Singing or Storytelling*	46	53.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		32	0.039	
Air and Water Quality	Air Pollution	12	6.7	8.6
	Drinking Water Violations	48	4.0	2.8
	Household Smoke	29	12.2%	10.3%
	Water Fluoridation	23	76.6%	72.3%
Climate and Health	Climate Policies	13	3	-
	Transportation Energy Use*	40	10.9	8.4
Housing and Transportation	Drive Alone to Work - Women	34	73.3%	67.3%
	Housing Cost Burden - Households with Children	32	29.1%	31.1%
	Housing with Lead Risk	15	11.3%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		36	-0.020	
Access to Care	Adequate Prenatal Care	47	67.3%	75.2%
	Avoided Care Due to Cost	12	13.4%	17.4%
	Maternity Care Desert*	18	1.7	3.7
	Uninsured	37	12.2%	10.8%
	Women's Health Providers	6	65.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	37	50.3%	51.6%
	Dental Visit	26	65.7%	64.1%
	Flu Vaccination	26	36.6%	35.5%
	Postpartum Visit*	39	88.1%	90.3%
	Well-Woman Visit	50	62.5%	72.7%
Quality of Care	Breastfeeding Initiation	17	87.8%	85.1%
	Dedicated Health Care Provider	48	69.1%	77.4%
	Low-Risk Cesarean Delivery	12	23.6%	26.6%
	Maternity Practices Score	6	88	82
Behaviors		20	0.064	
Nutrition and Physical Activity	Exercise	8	30.8%	27.6%
	Fruit and Vegetable Consumption	37	7.6%	9.8%
	Physical Inactivity	34	22.3%	22.0%
Sexual Health	Chlamydia	40	1,727.0	1,481.2
	High-Risk HIV Behaviors	12	7.9%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	21	35.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	27	12.6%	11.2%
	Smoking	24	11.5%	9.9%
	Smoking During Pregnancy	22	3.2%	3.0%
Health Outcomes		33	-0.422	
Behavioral Health	Drug Deaths*	43	44.5	28.6
	Excessive Drinking	5	15.8%	19.5%
	Frequent Mental Distress	7	21.6%	23.6%
	Illicit Drug Use	48	17.2%	10.5%
	Postpartum Anxiety*	26	21.8%	20.3%
	Postpartum Depression*	35	13.7%	11.9%
Mortality	Maternal Mortality*	32	28.5	23.5
	Mortality Rate	48	194.2	109.9
Physical Health	Depression*	17	31.0%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	10	8.7%	9.7%
	High Blood Pressure	36	12.8%	11.8%
	High Health Status*	41	49.6%	51.6%
	Multiple Chronic Conditions	28	5.2%	4.5%
	Obesity	29	34.6%	32.5%
Severe Maternal Morbidity*	43	112.8	94.7	
Overall - Women		38	-0.234	

Children

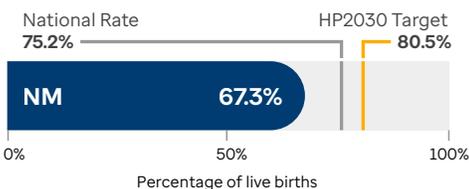
		State Rank	State Value	U.S. Value
Clinical Care		29	0.120	
Access to Care	ADD/ADHD Treatment	43	2.8%	3.4%
	Mental Health Treatment*	34	83.5%	83.3%
	Pediatricians	24	106.6	116.1
	Uninsured	34	5.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	22	68.2%	66.9%
	HPV Vaccination	32	60.9%	61.4%
	Preventive Dental Visit	9	84.9%	80.2%
	Well-Child Visit	40	77.5%	79.6%
Quality of Care	Adequate Insurance	3	71.6%	64.6%
	Developmental Screening	9	47.3%	36.5%
	Medical Home	48	39.1%	45.5%
Behaviors		47	-0.878	
Nutrition and Physical Activity	Breastfed	24	27.7%	27.2%
	Physical Activity	46	16.8%	19.7%
	Soda Consumption*	13	9.7%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	11	85.2%	85.6%
	Teen Births	41	17.9	13.1
Sleep Health	Adequate Sleep	41	61.7%	65.3%
	Sleep Position*	28	70.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	19	18.3%	16.8%
	Tobacco Use	46	2.7%	1.9%
Health Outcomes		38	-0.288	
Behavioral Health	Alcohol Use	33	7.8%	6.9%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	50	11.3%	7.3%
	Mental Health Conditions	9	19.6%	20.5%
	Teen Suicide*	42	22.1	10.2
Mortality	Child Mortality	47	43.1	29.6
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	20	6.6%	6.8%
	Congenital Syphilis*	49	421.0	105.8
	High Health Status*	45	88.0%	89.9%
	Low Birth Weight	43	9.7%	8.6%
	Low Birth Weight - Racial Disparity	5	1.5	2.1
	Neonatal Abstinence Syndrome*	44	13.6	5.3
	Overweight or Obesity	34	32.3%	31.3%
Overall - Children		46	-0.569	

Overall - Women and Children 42 -0.455

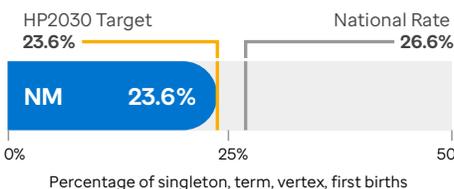
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

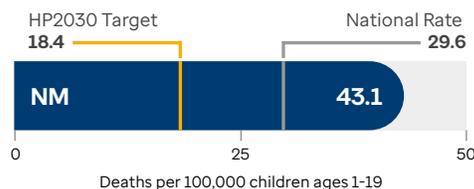
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).