

State Health Department Website:

Summary

Strengths

- Low prevalence of alcohol use among adolescents
- Low prevalence of insufficient sleep among women
- High prevalence of developmental screenings

Challenges

- High prevalence of obesity among women
- Low reading proficiency among fourth grade public school students
- Low prevalence of neighborhood amenities

Key Findings

Drug Deaths

66%▲

from 16.6 to 27.5 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Congenital Syphilis

28%▼

from 227.2 to 163.5 per 100,000 live births between 2022 and 2023.

Uninsured Women

25%▼

from 21.6% to 16.1% of women ages 19-44 between 2019 and 2023.

Infant Mortality

8%▲

from 6.5 to 7.0 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		45	-0.754	
Community and Family Safety	Firearm Deaths*	37	9.8	6.2
	Injury Deaths	34	61.4	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	37	27.7%	25.9%
	Food Insecurity	46	15.4%	12.2%
	Gender Pay Gap*	41	78.0%	81.1%
	Poverty	44	19.7%	14.9%
	Unemployment	35	3.6%	3.5%
Education	College Graduate	48	27.1%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	15	10.6%	12.1%
	Residential Segregation - Black/White	12	58	–
	Voter Participation	44	54.2%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-0.925	
Community and Family Safety	Child Victimization*	44	13.7	7.4
	Firearm Deaths *	29	7.5	5.9
	Injury Deaths	34	23.4	18.7
Economic Resources	Children in Poverty	44	20.8%	16.0%
	Children in Poverty - Racial Disparity	3	2.5	3.0
	Food Sufficiency	44	60.2%	66.6%
	Students Experiencing Homelessness	40	3.0%	2.4%
	WIC Coverage	28	49.9%	52.2%
Education	Early Childhood Education	40	41.4%	48.5%
	Fourth Grade Reading Proficiency	48	22.7%	30.5%
	High School Completion	36	89.7%	89.8%
Social Support and Engagement	Adult Mentor*	25	90.7%	88.0%
	Adverse Childhood Experiences	39	18.2%	14.1%
	Foster Care Instability	44	21.5%	15.2%
	High-Speed Internet	36	95.6%	96.0%
	Neighborhood Amenities	49	16.3%	38.2%
	Reading, Singing or Storytelling*	43	54.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		50	-0.649	
Air and Water Quality	Air Pollution	40	8.8	8.6
	Drinking Water Violations	50	4.6	2.8
	Household Smoke	39	14.4%	10.3%
	Water Fluoridation	34	63.5%	72.3%
Climate and Health	Climate Policies	38	0	–
	Transportation Energy Use*	45	11.4	8.4
Housing and Transportation	Drive Alone to Work - Women	45	75.8%	67.3%
	Housing Cost Burden - Households with Children	23	27.1%	31.1%
	Housing with Lead Risk	21	13.4%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		43	-0.517	
Access to Care	Adequate Prenatal Care	24	78.6%	75.2%
	Avoided Care Due to Cost	47	22.6%	17.4%
	Maternity Care Desert*	42	12.3	3.7
	Uninsured	48	16.1%	10.8%
	Women's Health Providers	47	35.2	47.8
Preventive Clinical Care	Cervical Cancer Screening	26	52.3%	51.6%
	Dental Visit	45	58.8%	64.1%
	Flu Vaccination	40	30.3%	35.5%
	Postpartum Visit*	42	86.9%	90.3%
	Well-Woman Visit	37	70.9%	72.7%
Quality of Care	Breastfeeding Initiation	33	84.2%	85.1%
	Dedicated Health Care Provider	40	76.1%	77.4%
	Low-Risk Cesarean Delivery	26	25.7%	26.6%
	Maternity Practices Score	31	79	82
Behaviors		47	-0.932	
Nutrition and Physical Activity	Exercise	46	22.2%	27.6%
	Fruit and Vegetable Consumption	48	5.3%	9.8%
	Physical Inactivity	48	27.8%	22.0%
Sexual Health	Chlamydia	34	1,547.3	1,481.2
	High-Risk HIV Behaviors	30	10.1%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	19	35.0%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	47	16.6%	11.2%
	Smoking	42	14.5%	9.9%
	Smoking During Pregnancy	36	5.5%	3.0%
Health Outcomes		43	-0.775	
Behavioral Health	Drug Deaths*	21	275	28.6
	Excessive Drinking	7	16.2%	19.5%
	Frequent Mental Distress	38	27.0%	23.6%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	29	23.1%	20.3%
	Postpartum Depression*	25	11.9%	11.9%
Mortality	Maternal Mortality*	31	273	23.5
	Mortality Rate	41	1475	109.9
Physical Health	Depression*	38	38.4%	30.3%
	Diabetes*	40	4.4%	3.6%
	Frequent Physical Distress	33	10.7%	9.7%
	High Blood Pressure	43	15.2%	11.8%
	High Health Status*	45	48.7%	51.6%
	Multiple Chronic Conditions	37	6.1%	4.5%
	Obesity	48	42.2%	32.5%
Severe Maternal Morbidity*	10	75.8	94.7	
Overall - Women		48	-0.743	

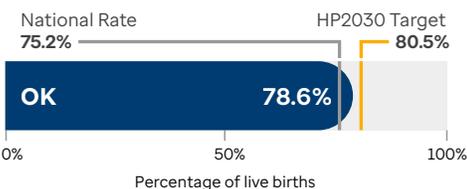
		State Rank	State Value	U.S. Value
Children				
Clinical Care		42	-0.331	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	49	74.6%	83.3%
	Pediatricians	43	76.9	116.1
	Uninsured	46	75%	5.4%
Preventive Clinical Care	Childhood Immunizations	33	64.9%	66.9%
	HPV Vaccination	48	44.2%	61.4%
	Preventive Dental Visit	43	78.4%	80.2%
	Well-Child Visit	42	77.0%	79.6%
Quality of Care	Adequate Insurance	25	64.5%	64.6%
	Developmental Screening	12	45.5%	36.5%
	Medical Home	34	46.7%	45.5%
Behaviors		48	-0.908	
Nutrition and Physical Activity	Breastfed	48	20.0%	27.2%
	Physical Activity	29	20.1%	19.7%
	Soda Consumption*	19	15.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	12	85.6%	85.6%
	Teen Births	46	20.6	13.1
Sleep Health	Adequate Sleep	34	63.6%	65.3%
	Sleep Position*	36	67.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	25	21.8%	16.8%
	Tobacco Use	43	2.5%	1.9%
Health Outcomes		41	-0.380	
Behavioral Health	Alcohol Use	3	5.0%	6.9%
	Flourishing	40	64.6%	66.7%
	Illicit Drug Use	14	6.8%	7.3%
	Mental Health Conditions	35	24.0%	20.5%
	Teen Suicide*	35	14.6	10.2
Mortality	Child Mortality	38	37.6	29.6
	Infant Mortality	43	7.0	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	42	8.2%	6.8%
	Congenital Syphilis*	41	163.5	105.8
	High Health Status*	39	89.5%	89.9%
	Low Birth Weight	25	8.6%	8.6%
	Low Birth Weight - Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome*	28	6.3	5.3
	Overweight or Obesity	38	32.8%	31.3%
Overall - Children		47	-0.673	

Overall - Women and Children 47 -0.712

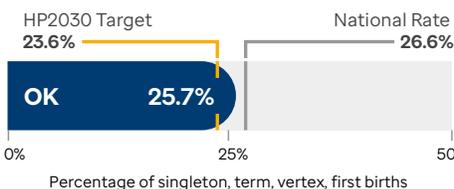
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

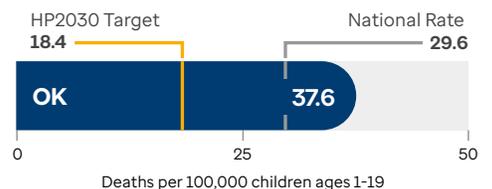
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).