

State Health Department Website:

Summary

Strengths

- Low prevalence of asthma among children
- High percentage of infants exclusively breastfed for six months
- Low prevalence of insufficient sleep among women

Challenges

- High prevalence of illicit drug use among women
- Low percentage of youth who are flourishing
- High prevalence of alcohol use among adolescents

Key Findings

Injury Deaths

61%▲

from 30.9 to 49.6 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Uninsured Women

35%▼

from 10.1% to 6.6% of women ages 19-44 between 2018 and 2023.

Low Birth Weight

11%▲

from 6.5% to 7.2% of live births between 2020 and 2023.

Well-Child Visit

7%▲

from 76.2% to 81.7% of children ages 0-17 between 2020-2021 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		22	0.275	
Community and Family Safety	Firearm Deaths*	16	5.8	6.2
	Injury Deaths	17	49.6	51.9
	Intimate Partner Violence Before Pregnancy*	15	3.2%	-
Economic Resources	Concentrated Disadvantage	20	18.2%	25.9%
	Food Insecurity	36	12.8%	12.2%
	Gender Pay Gap*	12	85.1%	81.1%
	Poverty	28	14.9%	14.9%
	Unemployment	40	3.8%	3.5%
Education	College Graduate	16	39.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	46	15.5%	12.1%
	Residential Segregation - Black/White	30	65	-
	Voter Participation	1	74.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		20	0.082	
Community and Family Safety	Child Victimization*	43	13.0	7.4
	Firearm Deaths *	11	4.0	5.9
	Injury Deaths	17	171	18.7
Economic Resources	Children in Poverty	22	13.6%	16.0%
	Children in Poverty - Racial Disparity	29	3.6	3.0
	Food Sufficiency	12	70.1%	66.6%
	Students Experiencing Homelessness	44	3.3%	2.4%
	WIC Coverage	9	61.5%	52.2%
Education	Early Childhood Education	31	45.1%	48.5%
	Fourth Grade Reading Proficiency	42	26.6%	30.5%
	High School Completion	19	92.0%	89.8%
Social Support and Engagement	Adult Mentor*	32	88.8%	88.0%
	Adverse Childhood Experiences	26	15.4%	14.1%
	Foster Care Instability	34	175%	15.2%
	High-Speed Internet	9	97.0%	96.0%
	Neighborhood Amenities	19	38.9%	38.2%
	Reading, Singing or Storytelling*	18	63.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		28	0.118	
Air and Water Quality	Air Pollution	43	8.9	8.6
	Drinking Water Violations	18	1.8	2.8
	Household Smoke	14	9.2%	10.3%
	Water Fluoridation	48	26.4%	72.3%
Climate and Health	Climate Policies	1	4	-
	Transportation Energy Use*	15	76	8.4
Housing and Transportation	Drive Alone to Work - Women	5	62.5%	67.3%
	Housing Cost Burden - Households with Children	44	34.6%	31.1%
	Housing with Lead Risk	24	15.1%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		8	0.778	
Access to Care	Adequate Prenatal Care	22	78.8%	75.2%
	Avoided Care Due to Cost	21	14.9%	17.4%
	Maternity Care Desert*	8	0.1	3.7
	Uninsured	10	6.6%	10.8%
	Women's Health Providers	2	72.5	47.8
Preventive Clinical Care	Cervical Cancer Screening	21	53.1%	51.6%
	Dental Visit	21	66.3%	64.1%
	Flu Vaccination	21	38.8%	35.5%
	Postpartum Visit*	29	90.9%	90.3%
	Well-Woman Visit	39	70.8%	72.7%
Quality of Care	Breastfeeding Initiation	1	94.0%	85.1%
	Dedicated Health Care Provider	20	82.2%	77.4%
	Low-Risk Cesarean Delivery	15	24.0%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		16	0.299	
Nutrition and Physical Activity	Exercise	15	29.5%	27.6%
	Fruit and Vegetable Consumption	45	6.5%	9.8%
	Physical Inactivity	7	16.6%	22.0%
Sexual Health	Chlamydia	11	1,102.2	1,481.2
	High-Risk HIV Behaviors	37	10.4%	9.3%
	Unintended Pregnancy*	4	16.3%	–
Sleep Health	Insufficient Sleep	9	33.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	16	11.0%	11.2%
	Smoking	18	9.8%	9.9%
	Smoking During Pregnancy	24	3.4%	3.0%
Health Outcomes		39	-0.586	
Behavioral Health	Drug Deaths*	19	26.3	28.6
	Excessive Drinking	29	20.3%	19.5%
	Frequent Mental Distress	45	28.8%	23.6%
	Illicit Drug Use	50	19.9%	10.5%
	Postpartum Anxiety*	40	25.9%	20.3%
	Postpartum Depression*	38	14.0%	11.9%
Mortality	Maternal Mortality*	11	18.5	23.5
	Mortality Rate	20	107.2	109.9
Physical Health	Depression*	37	38.2%	30.3%
	Diabetes*	3	2.5%	3.6%
	Frequent Physical Distress	49	12.1%	9.7%
	High Blood Pressure	21	11.2%	11.8%
	High Health Status*	49	47.3%	51.6%
	Multiple Chronic Conditions	22	4.7%	4.5%
	Obesity	17	31.7%	32.5%
Severe Maternal Morbidity*	12	79.6	94.7	
Overall - Women		22	0.143	

Children

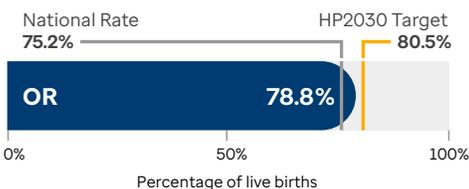
		State Rank	State Value	U.S. Value
Clinical Care		8	0.713	
Access to Care	ADD/ADHD Treatment	4	5.5%	3.4%
	Mental Health Treatment*	47	76.8%	83.3%
	Pediatricians	22	111.9	116.1
	Uninsured	4	3.0%	5.4%
Preventive Clinical Care	Childhood Immunizations	37	64.3%	66.9%
	HPV Vaccination	17	67.6%	61.4%
	Preventive Dental Visit	7	85.5%	80.2%
	Well-Child Visit	15	81.7%	79.6%
Quality of Care	Adequate Insurance	17	66.4%	64.6%
	Developmental Screening	10	46.1%	36.5%
	Medical Home	26	48.2%	45.5%
Behaviors		21	0.230	
Nutrition and Physical Activity	Breastfed	9	32.3%	27.2%
	Physical Activity	31	19.8%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	12	9.4	13.1
Sleep Health	Adequate Sleep	11	71.0%	65.3%
	Sleep Position*	19	73.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	45	2.6%	1.9%
Health Outcomes		19	0.019	
Behavioral Health	Alcohol Use	49	9.1%	6.9%
	Flourishing	50	62.0%	66.7%
	Illicit Drug Use	40	8.3%	7.3%
	Mental Health Conditions	46	26.0%	20.5%
	Teen Suicide*	28	12.2	10.2
Mortality	Child Mortality	10	25.5	29.6
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	7	5.1%	6.8%
	Congenital Syphilis*	28	76.0	105.8
	High Health Status*	19	91.2%	89.9%
	Low Birth Weight	7	7.2%	8.6%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	34	7.5	5.3
	Overweight or Obesity	15	29.7%	31.3%
Overall - Children		20	0.170	

Overall - Women and Children 20 0.161

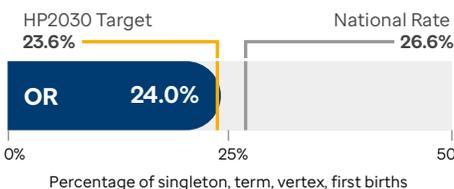
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

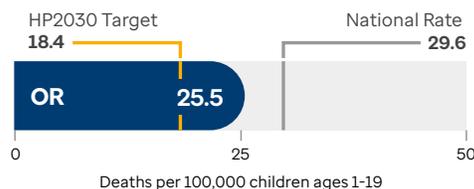
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

