

State Health Department Website:

Summary

Strengths

- High prevalence of high school completion
- High prevalence of women with a dedicated health care provider
- High prevalence of well-child visits

Challenges

- High prevalence of asthma among children
- High prevalence of frequent physical distress among women
- High prevalence of cigarette smoking among women

Key Findings

Arthritis

63%▲

from 10.1% to 16.5% of women ages 18-44 between 2019-2020 and 2022-2023.

Well-Woman Visit

20%▲

from 65.9% to 78.8% of women ages 18-44 between 2016-2017 and 2022-2023.

Children in Poverty

19%▼

from 19.4% to 15.7% of children ages 0-17 between 2015 and 2023.

Fourth Grade Reading Proficiency

17%▼

from 39.7% to 32.9% of public school fourth graders between 2019 and 2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.135	
Community and Family Safety	Firearm Deaths*	14	5.6	6.2
	Injury Deaths	31	59.0	51.9
	Intimate Partner Violence Before Pregnancy*	5	1.7%	-
Economic Resources	Concentrated Disadvantage	25	22.8%	25.9%
	Food Insecurity	20	10.8%	12.2%
	Gender Pay Gap*	32	80.6%	81.1%
	Poverty	27	14.8%	14.9%
	Unemployment	23	3.1%	3.5%
Education	College Graduate	24	38.0%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	22	11.5%	12.1%
	Residential Segregation - Black/White	43	73	-
	Voter Participation	13	65.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.011	
Community and Family Safety	Child Victimization*	2	1.7	7.4
	Firearm Deaths *	19	5.8	5.9
	Injury Deaths	16	16.9	18.7
Economic Resources	Children in Poverty	32	15.7%	16.0%
	Children in Poverty - Racial Disparity	34	3.9	3.0
	Food Sufficiency	25	67.1%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	43	39.9%	52.2%
Education	Early Childhood Education	28	46.1%	48.5%
	Fourth Grade Reading Proficiency	11	32.9%	30.5%
	High School Completion	17	92.2%	89.8%
Social Support and Engagement	Adult Mentor*	37	88.1%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	8	10.4%	15.2%
	High-Speed Internet	40	95.3%	96.0%
	Neighborhood Amenities	24	37.1%	38.2%
Reading, Singing or Storytelling*	15	64.1%	59.7%	

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		42	-0.138	
Air and Water Quality	Air Pollution	44	9.0	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	34	13.1%	10.3%
	Water Fluoridation	39	55.3%	72.3%
Climate and Health	Climate Policies	22	2	-
	Transportation Energy Use*	5	6.5	8.4
Housing and Transportation	Drive Alone to Work - Women	15	66.2%	67.3%
	Housing Cost Burden - Households with Children	22	26.8%	31.1%
	Housing with Lead Risk	47	27.7%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		12	0.563	
Access to Care	Adequate Prenatal Care	35	74.5%	75.2%
	Avoided Care Due to Cost	7	12.9%	17.4%
	Maternity Care Desert*	14	0.8	3.7
	Uninsured	13	7.2%	10.8%
	Women's Health Providers	19	50.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	12	54.7%	51.6%
	Dental Visit	21	66.3%	64.1%
	Flu Vaccination	34	35.1%	35.5%
	Postpartum Visit*	26	91.2%	90.3%
	Well-Woman Visit	4	78.8%	72.7%
Quality of Care	Breastfeeding Initiation	36	83.3%	85.1%
	Dedicated Health Care Provider	6	86.2%	77.4%
	Low-Risk Cesarean Delivery	24	25.5%	26.6%
	Maternity Practices Score	21	83	82
	Behaviors		35	-0.304
Nutrition and Physical Activity	Exercise	-	-	27.6%
	Fruit and Vegetable Consumption	21	9.8%	9.8%
	Physical Inactivity	9	17.1%	22.0%
Sexual Health	Chlamydia	18	1,338.0	1,481.2
	High-Risk HIV Behaviors	26	9.9%	9.3%
	Unintended Pregnancy*	11	20.1%	-
Sleep Health	Insufficient Sleep	43	39.7%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	27	12.6%	11.2%
	Smoking	48	16.1%	9.9%
	Smoking During Pregnancy	33	5.1%	3.0%
Health Outcomes		31	-0.413	
Behavioral Health	Drug Deaths*	37	39.6	28.6
	Excessive Drinking	33	20.9%	19.5%
	Frequent Mental Distress	29	25.0%	23.6%
	Illicit Drug Use	21	10.4%	10.5%
	Postpartum Anxiety*	21	20.9%	20.3%
	Postpartum Depression*	12	10.7%	11.9%
Mortality	Maternal Mortality*	10	177	23.5
	Mortality Rate	20	107.2	109.9
Physical Health	Depression*	27	35.1%	30.3%
	Diabetes*	-	-	3.6%
	Frequent Physical Distress	47	12.0%	9.7%
	High Blood Pressure	-	-	11.8%
	High Health Status*	1	58.3%	51.6%
	Multiple Chronic Conditions	46	7.5%	4.5%
	Obesity	9	28.7%	32.5%
	Severe Maternal Morbidity*	35	104.5	94.7
Overall - Women		29	-0.071	

Children

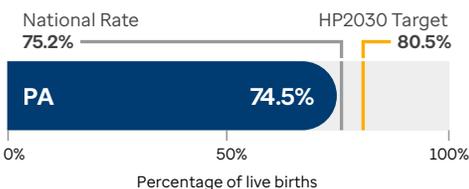
		State Rank	State Value	U.S. Value
Clinical Care		22	0.361	
Access to Care	ADD/ADHD Treatment	34	3.4%	3.4%
	Mental Health Treatment*	37	82.3%	83.3%
	Pediatricians	8	151.9	116.1
	Uninsured	29	5.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	27	67.1%	66.9%
	HPV Vaccination	21	65.6%	61.4%
	Preventive Dental Visit	16	83.1%	80.2%
	Well-Child Visit	7	83.9%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	31	37.2%	36.5%
	Medical Home	27	47.8%	45.5%
Behaviors		24	0.194	
Nutrition and Physical Activity	Breastfed	38	24.7%	27.2%
	Physical Activity	17	22.1%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	8	81.9%	85.6%
	Teen Births	14	9.8	13.1
Sleep Health	Adequate Sleep	29	65.4%	65.3%
	Sleep Position*	24	72.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	10	16.0%	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		23	-0.044	
Behavioral Health	Alcohol Use	23	6.7%	6.9%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	26	7.4%	7.3%
	Mental Health Conditions	12	20.0%	20.5%
	Teen Suicide*	9	8.7	10.2
Mortality	Child Mortality	15	27.0	29.6
	Infant Mortality	23	5.6	5.6
	Neonatal Mortality*	27	3.8	3.6
Physical Health	Asthma	48	8.7%	6.8%
	Congenital Syphilis*	10	28.4	105.8
	High Health Status*	25	90.7%	89.9%
	Low Birth Weight	23	8.4%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	37	8.9	5.3
	Overweight or Obesity	20	30.9%	31.3%
Overall - Children		26	0.040	

Overall - Women and Children 26 0.000

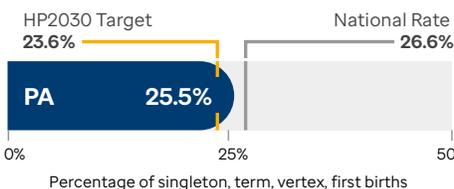
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

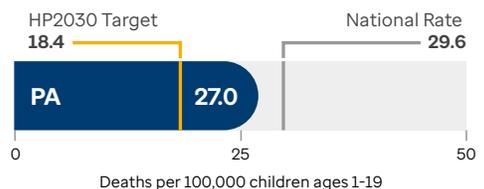
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).