

State Health Department Website:

Summary

Strengths

- Low prevalence of insufficient sleep among women
- High WIC coverage among eligible children under 4
- High percentage of women receiving early and adequate prenatal care

Challenges

- High prevalence of frequent mental distress among women
- High prevalence of diagnosed mental health conditions among children
- High prevalence of alcohol use among adolescents

Key Findings

Developmental Screening

50%▲

from 43.8% to 65.6% of children ages 9-35 months between 2021-2022 and 2023-2024.

Injury Deaths

49%▲

from 40.5 to 60.5 deaths per 100,000 women ages 20-44 between 2015-2017 and 2021-2023.

Flu Vaccination

37%▲

from 35.8% to 49.1% of women ages 18-44 between 2018-2019 and 2022-2023.

Flourishing

12%▼

from 74.1% to 65.5% of children ages 0-17 between 2018-2019 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		2	1.151	
Community and Family Safety	Firearm Deaths*	–	–	6.2
	Injury Deaths	32	60.5	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	1	3.1%	25.9%
	Food Insecurity	5	9.2%	12.2%
	Gender Pay Gap*	2	87.7%	81.1%
	Poverty	16	13.2%	14.9%
	Unemployment	2	1.7%	3.5%
Education	College Graduate	2	50.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	37	14.0%	12.1%
	Residential Segregation - Black/White	20	62	–
	Voter Participation	7	67.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		8	0.623	
Community and Family Safety	Child Victimization*	20	5.8	7.4
	Firearm Deaths *	–	–	5.9
	Injury Deaths	12	16.4	18.7
Economic Resources	Children in Poverty	3	9.0%	16.0%
	Children in Poverty - Racial Disparity	30	3.7	3.0
	Food Sufficiency	4	72.8%	66.6%
	Students Experiencing Homelessness	12	1.6%	2.4%
	WIC Coverage	1	72.9%	52.2%
Education	Early Childhood Education	4	63.5%	48.5%
	Fourth Grade Reading Proficiency	27	30.5%	30.5%
	High School Completion	1	95.5%	89.8%
Social Support and Engagement	Adult Mentor*	11	92.9%	88.0%
	Adverse Childhood Experiences	24	15.2%	14.1%
	Foster Care Instability	49	24.7%	15.2%
	High-Speed Internet	28	95.9%	96.0%
	Neighborhood Amenities	34	31.9%	38.2%
	Reading, Singing or Storytelling*	1	74.9%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		11	0.363	
Air and Water Quality	Air Pollution	5	5.9	8.6
	Drinking Water Violations	31	2.2	2.8
	Household Smoke	30	12.4%	10.3%
	Water Fluoridation	38	56.7%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	6	6.6	8.4
Housing and Transportation	Drive Alone to Work - Women	13	65.2%	67.3%
	Housing Cost Burden - Households with Children	21	26.7%	31.1%
	Housing with Lead Risk	39	21.8%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		1	1.432	
Access to Care	Adequate Prenatal Care	1	87.5%	75.2%
	Avoided Care Due to Cost	3	11.0%	17.4%
	Maternity Care Desert*	12	0.7	3.7
	Uninsured	2	3.9%	10.8%
	Women's Health Providers	4	69.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	9	56.4%	51.6%
	Dental Visit	14	67.6%	64.1%
	Flu Vaccination	3	49.1%	35.5%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	17	74.9%	72.7%
Quality of Care	Breastfeeding Initiation	6	91.8%	85.1%
	Dedicated Health Care Provider	2	89.7%	77.4%
	Low-Risk Cesarean Delivery	13	23.7%	26.6%
	Maternity Practices Score	2	90	82
Behaviors		7	0.528	
Nutrition and Physical Activity	Exercise	6	31.0%	27.6%
	Fruit and Vegetable Consumption	1	16.8%	9.8%
	Physical Inactivity	5	16.2%	22.0%
Sexual Health	Chlamydia	3	679.1	1,481.2
	High-Risk HIV Behaviors	46	11.7%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	1	28.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	15	10.8%	11.2%
	Smoking	25	11.6%	9.9%
	Smoking During Pregnancy	47	7.4%	3.0%
Health Outcomes		32	-0.421	
Behavioral Health	Drug Deaths*	40	41.8	28.6
	Excessive Drinking	42	23.1%	19.5%
	Frequent Mental Distress	40	27.4%	23.6%
	Illicit Drug Use	48	17.2%	10.5%
	Postpartum Anxiety*	24	21.3%	20.3%
	Postpartum Depression*	3	8.4%	11.9%
Mortality	Maternal Mortality*	–	–	23.5
	Mortality Rate	23	112.0	109.9
Physical Health	Depression*	46	40.0%	30.3%
	Diabetes*	23	3.2%	3.6%
	Frequent Physical Distress	29	10.5%	9.7%
	High Blood Pressure	8	9.7%	11.8%
	High Health Status*	4	56.4%	51.6%
	Multiple Chronic Conditions	28	5.2%	4.5%
	Obesity	5	27.0%	32.5%
	Severe Maternal Morbidity*	47	144.2	94.7
Overall - Women		3	0.561	

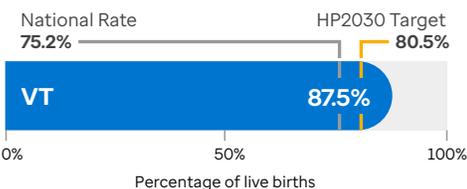
		State Rank	State Value	U.S. Value
Children				
Clinical Care		1	1.542	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	25	85.2%	83.3%
	Pediatricians	7	152.4	116.1
	Uninsured	2	2.1%	5.4%
Preventive Clinical Care	Childhood Immunizations	6	75.6%	66.9%
	HPV Vaccination	15	68.3%	61.4%
	Preventive Dental Visit	2	87.9%	80.2%
	Well-Child Visit	1	92.0%	79.6%
Quality of Care	Adequate Insurance	2	72.7%	64.6%
	Developmental Screening	1	65.6%	36.5%
	Medical Home	1	57.8%	45.5%
Behaviors		1	1.562	
Nutrition and Physical Activity	Breastfed	3	38.1%	27.2%
	Physical Activity	3	25.7%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	2	72.1%	85.6%
	Teen Births	2	5.7	13.1
Sleep Health	Adequate Sleep	3	72.9%	65.3%
	Sleep Position*	3	80.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	11	16.1%	16.8%
	Tobacco Use	3	1.5%	1.9%
Health Outcomes		28	-0.111	
Behavioral Health	Alcohol Use	50	9.6%	6.9%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	48	10.3%	7.3%
	Mental Health Conditions	49	28.0%	20.5%
	Teen Suicide*	–	–	10.2
Mortality	Child Mortality	9	24.8	29.6
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	2	2.1	3.6
Physical Health	Asthma	43	8.3%	6.8%
	Congenital Syphilis*	1	0.0	105.8
	High Health Status*	5	92.8%	89.9%
	Low Birth Weight	5	7.1%	8.6%
	Low Birth Weight - Racial Disparity	1	1.2	2.1
	Neonatal Abstinence Syndrome*	46	17.2	5.3
	Overweight or Obesity	8	27.9%	31.3%
Overall - Children		3	0.643	

Overall - Women and Children **2 0.628**

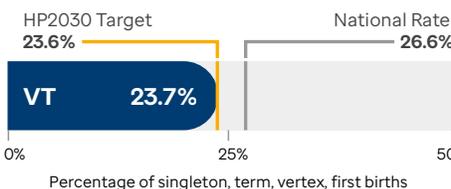
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

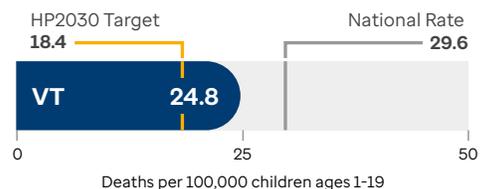
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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