

State Health Department Website:

## Summary

### Strengths

- Low prevalence of overweight or obesity among children
- High percentage of women who are college graduates
- High prevalence of food sufficiency among children

### Challenges

- High prevalence of high blood pressure among women
- High prevalence of diagnosed mental health conditions among children
- High prevalence of alcohol use among adolescents

### Key Findings

#### Maternal Mortality

95%▲

from 17.1 to 33.4 deaths per 100,000 live births between 2014-2018 and 2019-2023.

#### Household Smoke

45%▼

from 16.6% to 9.1% of children ages 0-17 between 2018-2019 and 2023-2024.

#### Firearm Deaths

43%▲

from 4.4 to 6.3 deaths per 100,000 children ages 1-19 between 2016-2018 and 2021-2023.

#### Uninsured Women

27%▼

from 11.9% to 8.7% of women ages 19-44 between 2018 and 2023.

## Measures

### Women

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>6</b>	<b>0.929</b>	
<b>Community and Family Safety</b>	Firearm Deaths*	16	5.8	6.2
	Injury Deaths	15	479	51.9
	Intimate Partner Violence Before Pregnancy*	4	16%	-
<b>Economic Resources</b>	Concentrated Disadvantage	16	15.3%	25.9%
	Food Insecurity	13	10.0%	12.2%
	Gender Pay Gap*	35	80.4%	81.1%
	Poverty	10	12.6%	14.9%
	Unemployment	11	2.8%	3.5%
<b>Education</b>	College Graduate	6	45.0%	37.8%
<b>Social Support and Engagement</b>	Infant Child Care Affordability*	20	11.4%	12.1%
	Residential Segregation - Black/White	4	52	-
	Voter Participation	15	63.7%	60.0%

### Children

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>13</b>	<b>0.436</b>	
<b>Community and Family Safety</b>	Child Victimization*	4	2.3	7.4
	Firearm Deaths *	23	6.3	5.9
	Injury Deaths	18	172	18.7
<b>Economic Resources</b>	Children in Poverty	16	12.7%	16.0%
	Children in Poverty - Racial Disparity	16	3.0	3.0
	Food Sufficiency	1	76.2%	66.6%
	Students Experiencing Homelessness	7	1.3%	2.4%
	WIC Coverage	29	48.9%	52.2%
<b>Education</b>	Early Childhood Education	19	49.2%	48.5%
	Fourth Grade Reading Proficiency	25	30.7%	30.5%
	High School Completion	25	91.4%	89.8%
<b>Social Support and Engagement</b>	Adult Mentor*	18	91.7%	88.0%
	Adverse Childhood Experiences	9	12.5%	14.1%
	Foster Care Instability	19	13.7%	15.2%
	High-Speed Internet	26	96.1%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	5	68.8%	59.7%

### Women and Children

		State Rank	State Value	U.S. Value
<b>Physical Environment</b>		<b>2</b>	<b>0.649</b>	
<b>Air and Water Quality</b>	Air Pollution	14	6.9	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	12	9.1%	10.3%
	Water Fluoridation	5	95.6%	72.3%
<b>Climate and Health</b>	Climate Policies	13	3	-
	Transportation Energy Use*	28	8.7	8.4
<b>Housing and Transportation</b>	Drive Alone to Work - Women	16	67.1%	67.3%
	Housing Cost Burden - Households with Children	29	28.8%	31.1%
	Housing with Lead Risk	19	12.8%	16.4%

# Measures

		State Rank	State Value	U.S. Value
<b>Women</b>				
<b>Clinical Care</b>		<b>25</b>	<b>0.363</b>	
<b>Access to Care</b>	Adequate Prenatal Care	16	79.5%	75.2%
	Avoided Care Due to Cost	27	16.2%	17.4%
	Maternity Care Desert*	39	8.6	3.7
	Uninsured	26	8.7%	10.8%
	Women's Health Providers	24	475	478
<b>Preventive Clinical Care</b>	Cervical Cancer Screening	32	51.0%	51.6%
	Dental Visit	10	68.3%	64.1%
	Flu Vaccination	20	38.9%	35.5%
	Postpartum Visit*	24	91.3%	90.3%
	Well-Woman Visit	19	74.8%	72.7%
<b>Quality of Care</b>	Breastfeeding Initiation	13	89.3%	85.1%
	Dedicated Health Care Provider	33	77.6%	77.4%
	Low-Risk Cesarean Delivery	29	26.2%	26.6%
	Maternity Practices Score	24	82	82
<b>Behaviors</b>		<b>18</b>	<b>0.145</b>	
<b>Nutrition and Physical Activity</b>	Exercise	21	28.3%	27.6%
	Fruit and Vegetable Consumption	27	9.0%	9.8%
	Physical Inactivity	27	21.3%	22.0%
<b>Sexual Health</b>	Chlamydia	29	1,481.6	1,481.2
	High-Risk HIV Behaviors	17	9.0%	9.3%
	Unintended Pregnancy*	23	39.2%	-
<b>Sleep Health</b>	Insufficient Sleep	28	36.7%	36.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use*	18	11.1%	11.2%
	Smoking	7	7.7%	9.9%
	Smoking During Pregnancy	15	2.7%	3.0%
<b>Health Outcomes</b>		<b>24</b>	<b>-0.245</b>	
<b>Behavioral Health</b>	Drug Deaths*	23	28.1	28.6
	Excessive Drinking	31	20.5%	19.5%
	Frequent Mental Distress	34	25.8%	23.6%
	Illicit Drug Use	16	10.0%	10.5%
	Postpartum Anxiety*	31	24.1%	20.3%
	Postpartum Depression*	33	13.1%	11.9%
<b>Mortality</b>	Maternal Mortality*	41	33.4	23.5
	Mortality Rate	18	104.7	109.9
<b>Physical Health</b>	Depression*	20	31.4%	30.3%
	Diabetes*	22	3.1%	3.6%
	Frequent Physical Distress	18	9.4%	9.7%
	High Blood Pressure	41	14.2%	11.8%
	High Health Status*	18	54.4%	51.6%
	Multiple Chronic Conditions	26	5.0%	4.5%
	Obesity	26	34.4%	32.5%
Severe Maternal Morbidity*	18	83.8	94.7	
<b>Overall - Women</b>		<b>11</b>	<b>0.355</b>	

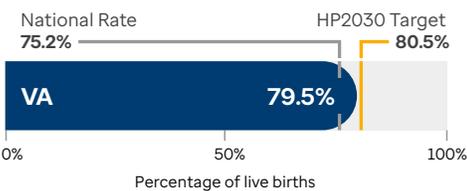
		State Rank	State Value	U.S. Value
<b>Children</b>				
<b>Clinical Care</b>		<b>27</b>	<b>0.141</b>	
<b>Access to Care</b>	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	1	93.0%	83.3%
	Pediatricians	23	111.4	116.1
	Uninsured	25	4.6%	5.4%
<b>Preventive Clinical Care</b>	Childhood Immunizations	24	67.8%	66.9%
	HPV Vaccination	27	62.9%	61.4%
	Preventive Dental Visit	32	79.4%	80.2%
	Well-Child Visit	22	80.7%	79.6%
<b>Quality of Care</b>	Adequate Insurance	14	67.2%	64.6%
	Developmental Screening	37	35.4%	36.5%
	Medical Home	35	46.5%	45.5%
<b>Behaviors</b>		<b>26</b>	<b>0.172</b>	
<b>Nutrition and Physical Activity</b>	Breastfed	17	28.4%	27.2%
	Physical Activity	32	19.6%	19.7%
	Soda Consumption*	11	9.1%	7.5%
<b>Sexual Health</b>	Dual Contraceptive Nonuse*	16	88.3%	85.6%
	Teen Births	19	10.9	13.1
<b>Sleep Health</b>	Adequate Sleep	31	65.2%	65.3%
	Sleep Position*	33	68.0%	69.0%
<b>Smoking and Tobacco Use</b>	Electronic Vapor Product Use*	3	8.1%	16.8%
	Tobacco Use	13	1.8%	1.9%
<b>Health Outcomes</b>		<b>27</b>	<b>-0.110</b>	
<b>Behavioral Health</b>	Alcohol Use	33	7.8%	6.9%
	Flourishing	22	66.3%	66.7%
	Illicit Drug Use	33	7.9%	7.3%
	Mental Health Conditions	37	24.4%	20.5%
	Teen Suicide*	18	10.8	10.2
<b>Mortality</b>	Child Mortality	20	28.5	29.6
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	35	4.0	3.6
<b>Physical Health</b>	Asthma	18	6.4%	6.8%
	Congenital Syphilis*	9	22.0	105.8
	High Health Status*	20	91.1%	89.9%
	Low Birth Weight	23	8.4%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	17	5.0	5.3
	Overweight or Obesity	5	27.1%	31.3%
<b>Overall - Children</b>		<b>16</b>	<b>0.271</b>	

## Overall - Women and Children **16 0.277**

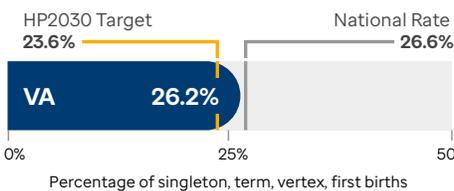
\* Additional unweighted measure (not included in the overall score/rank).  
 - Data not available, missing or suppressed.

### Healthy People 2030 (HP2030) Targets

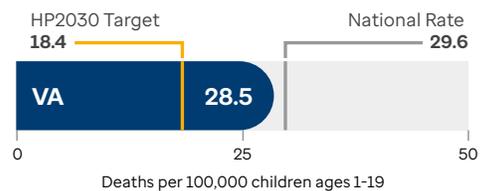
#### Adequate Prenatal Care



#### Low-Risk Cesarean Delivery



#### Child Mortality



Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).