

State Health Department Website:

## Summary

### Strengths

- Low percentage of children in poverty
- Low prevalence of insufficient sleep among women
- High prevalence of physical activity among children

### Challenges

- High prevalence of excessive drinking among women
- High prevalence of obesity among women
- Low enrollment in early childhood education

### Key Findings

#### Firearm Deaths

**79%**▲

from 3.3 to 5.9 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

#### Frequent Mental Distress

**37%**▲

from 18.5% to 25.4% of women ages 18-44 between 2019-2020 and 2022-2023.

#### Household Smoke

**31%**▼

from 18.3% to 12.6% of children ages 0-17 between 2017-2018 and 2023-2024.

#### Flu Vaccination

**20%**▲

from 34.8% to 41.9% of women ages 18-44 between 2017-2018 and 2022-2023.

## Measures

### Women

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>19</b>	<b>0.363</b>	
<b>Community and Family Safety</b>	Firearm Deaths*	22	6.9	6.2
	Injury Deaths	23	53.0	51.9
	Intimate Partner Violence Before Pregnancy*	17	4.1%	–
<b>Economic Resources</b>	Concentrated Disadvantage	13	12.6%	25.9%
	Food Insecurity	19	10.7%	12.2%
	Gender Pay Gap*	17	82.9%	81.1%
	Poverty	19	13.7%	14.9%
	Unemployment	20	3.0%	3.5%
<b>Education</b>	College Graduate	17	39.6%	37.8%
<b>Social Support and Engagement</b>	Infant Child Care Affordability*	36	13.9%	12.1%
	Residential Segregation - Black/White	47	77	–
	Voter Participation	4	68.9%	60.0%

### Children

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>15</b>	<b>0.308</b>	
<b>Community and Family Safety</b>	Child Victimization*	7	3.0	7.4
	Firearm Deaths *	21	5.9	5.9
	Injury Deaths	22	18.3	18.7
<b>Economic Resources</b>	Children in Poverty	17	12.8%	16.0%
	Children in Poverty - Racial Disparity	40	4.4	3.0
	Food Sufficiency	21	67.6%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	21	53.7%	52.2%
<b>Education</b>	Early Childhood Education	34	44.2%	48.5%
	Fourth Grade Reading Proficiency	23	31.3%	30.5%
	High School Completion	8	93.7%	89.8%
<b>Social Support and Engagement</b>	Adult Mentor*	21	91.1%	88.0%
	Adverse Childhood Experiences	16	13.5%	14.1%
	Foster Care Instability	15	11.5%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	17	39.9%	38.2%
		13	64.2%	59.7%

### Women and Children

		State Rank	State Value	U.S. Value
<b>Physical Environment</b>		<b>26</b>	<b>0.131</b>	
<b>Air and Water Quality</b>	Air Pollution	30	8.0	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	32	12.6%	10.3%
	Water Fluoridation	19	84.6%	72.3%
<b>Climate and Health</b>	Climate Policies	27	1	–
	Transportation Energy Use*	11	7.4	8.4
<b>Housing and Transportation</b>	Drive Alone to Work - Women	31	72.9%	67.3%
	Housing Cost Burden - Households with Children	4	22.2%	31.1%
	Housing with Lead Risk	38	21.1%	16.4%

# Measures

		State Rank	State Value	U.S. Value
<b>Women</b>				
<b>Clinical Care</b>		<b>7</b>	<b>0.890</b>	
<b>Access to Care</b>	Adequate Prenatal Care	9	82.2%	75.2%
	Avoided Care Due to Cost	9	13.1%	17.4%
	Maternity Care Desert*	21	2.6	3.7
	Uninsured	9	6.2%	10.8%
	Women's Health Providers	23	479	478
<b>Preventive Clinical Care</b>	Cervical Cancer Screening	2	61.2%	51.6%
	Dental Visit	9	69.0%	64.1%
	Flu Vaccination	10	41.9%	35.5%
	Postpartum Visit*	23	91.4%	90.3%
	Well-Woman Visit	23	73.7%	72.7%
<b>Quality of Care</b>	Breastfeeding Initiation	30	84.8%	85.1%
	Dedicated Health Care Provider	22	81.8%	77.4%
	Low-Risk Cesarean Delivery	7	22.6%	26.6%
	Maternity Practices Score	13	85	82
	<b>Behaviors</b>		<b>19</b>	<b>0.086</b>
<b>Nutrition and Physical Activity</b>	Exercise	33	26.5%	27.6%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	25	21.0%	22.0%
<b>Sexual Health</b>	Chlamydia	25	1,417.1	1,481.2
	High-Risk HIV Behaviors	17	9.0%	9.3%
	Unintended Pregnancy*	14	20.9%	–
<b>Sleep Health</b>	Insufficient Sleep	7	32.0%	36.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use*	11	10.3%	11.2%
	Smoking	21	11.0%	9.9%
	Smoking During Pregnancy	31	4.2%	3.0%
<b>Health Outcomes</b>		<b>23</b>	<b>-0.216</b>	
<b>Behavioral Health</b>	Drug Deaths*	30	31.8	28.6
	Excessive Drinking	40	22.6%	19.5%
	Frequent Mental Distress	32	25.4%	23.6%
	Illicit Drug Use	9	8.9%	10.5%
	Postpartum Anxiety*	42	26.1%	20.3%
	Postpartum Depression*	31	12.9%	11.9%
<b>Mortality</b>	Maternal Mortality*	6	16.4	23.5
	Mortality Rate	19	105.1	109.9
<b>Physical Health</b>	Depression*	31	36.3%	30.3%
	Diabetes*	3	2.5%	3.6%
	Frequent Physical Distress	24	10.0%	9.7%
	High Blood Pressure	11	10.1%	11.8%
	High Health Status*	33	50.7%	51.6%
	Multiple Chronic Conditions	28	5.2%	4.5%
	Obesity	38	37.2%	32.5%
	Severe Maternal Morbidity*	11	76.0	94.7
<b>Overall - Women</b>		<b>17</b>	<b>0.211</b>	

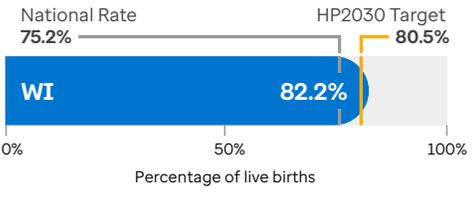
		State Rank	State Value	U.S. Value
<b>Children</b>				
<b>Clinical Care</b>		<b>17</b>	<b>0.417</b>	
<b>Access to Care</b>	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	19	86.0%	83.3%
	Pediatricians	21	112.0	116.1
	Uninsured	20	4.1%	5.4%
<b>Preventive Clinical Care</b>	Childhood Immunizations	21	68.4%	66.9%
	HPV Vaccination	10	69.9%	61.4%
	Preventive Dental Visit	33	79.3%	80.2%
	Well-Child Visit	19	81.1%	79.6%
<b>Quality of Care</b>	Adequate Insurance	36	62.3%	64.6%
	Developmental Screening	12	45.5%	36.5%
	Medical Home	12	51.4%	45.5%
<b>Behaviors</b>		<b>6</b>	<b>0.828</b>	
<b>Nutrition and Physical Activity</b>	Breastfed	12	30.6%	27.2%
	Physical Activity	4	24.9%	19.7%
	Soda Consumption*	–	–	7.5%
<b>Sexual Health</b>	Dual Contraceptive Nonuse*	1	70.8%	85.6%
	Teen Births	15	9.9	13.1
<b>Sleep Health</b>	Adequate Sleep	15	70.2%	65.3%
	Sleep Position*	7	78.6%	69.0%
<b>Smoking and Tobacco Use</b>	Electronic Vapor Product Use*	9	15.7%	16.8%
	Tobacco Use	13	1.8%	1.9%
<b>Health Outcomes</b>		<b>37</b>	<b>-0.270</b>	
<b>Behavioral Health</b>	Alcohol Use	44	8.5%	6.9%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	21	7.1%	7.3%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	25	11.6	10.2
<b>Mortality</b>	Child Mortality	20	28.5	29.6
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	22	3.6	3.6
<b>Physical Health</b>	Asthma	14	6.2%	6.8%
	Congenital Syphilis*	15	41.6	105.8
	High Health Status*	37	89.7%	89.9%
	Low Birth Weight	17	7.8%	8.6%
	Low Birth Weight - Racial Disparity	50	2.5	2.1
	Neonatal Abstinence Syndrome*	17	5.0	5.3
	Overweight or Obesity	39	32.9%	31.3%
<b>Overall - Children</b>		<b>18</b>	<b>0.224</b>	

## Overall - Women and Children **18 0.227**

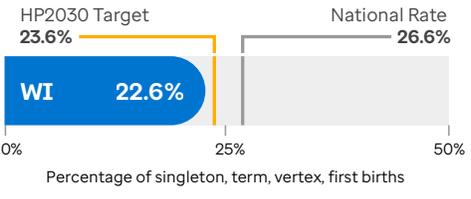
\* Additional unweighted measure (not included in the overall score/rank).  
 – Data not available, missing or suppressed.

### Healthy People 2030 (HP2030) Targets

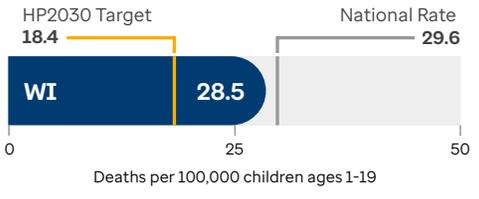
#### Adequate Prenatal Care



#### Low-Risk Cesarean Delivery



#### Child Mortality



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