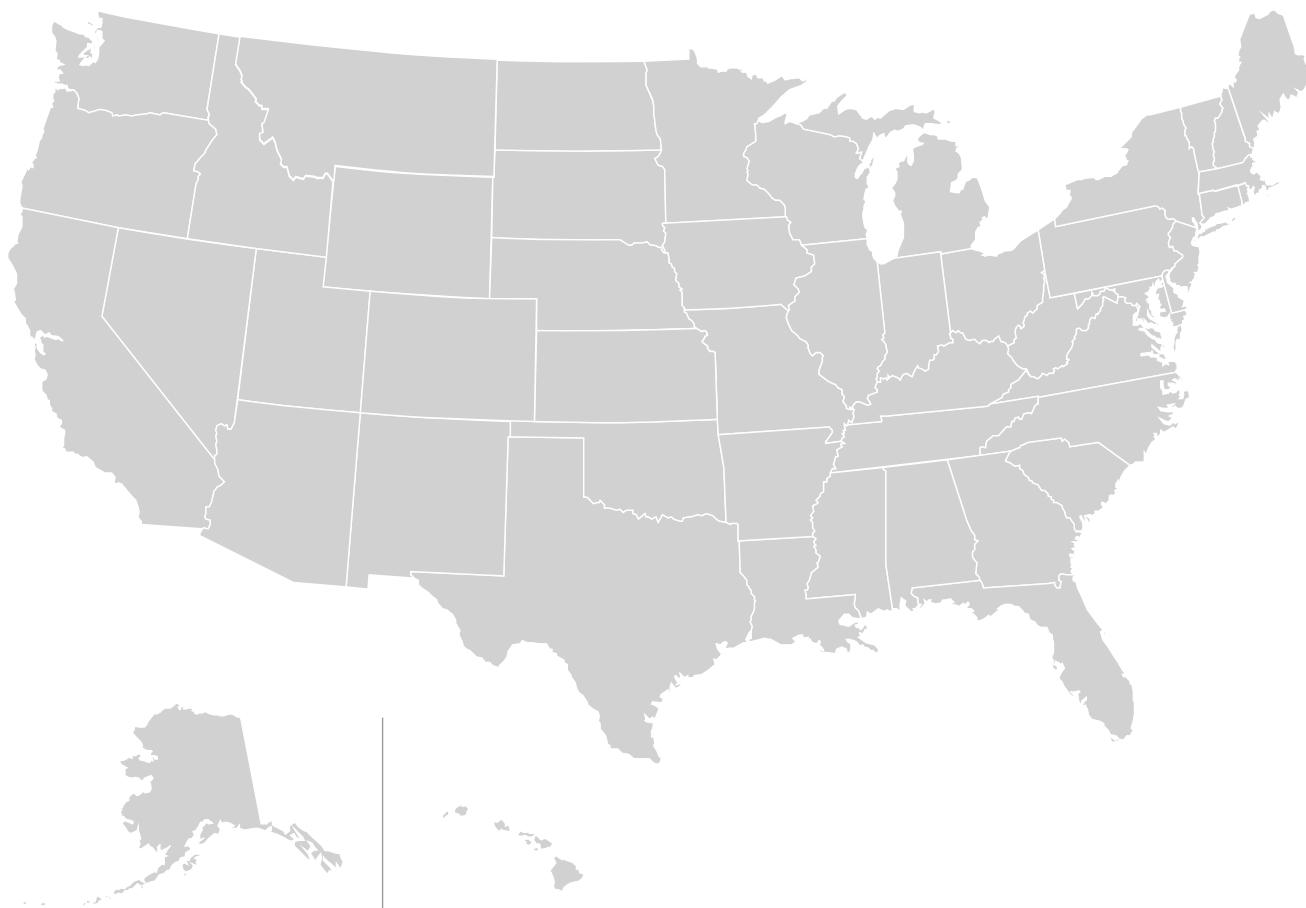


2025 Annual Report

State Summaries

Click below to jump to a State Summary



Health Department Website:

Summary

Key Findings

Volunteerism

22%▲

from 23.2% to 28.3% of people age 16 and older between 2021 and 2023.

Cancer Screenings

15%▲

from 56.0% to 64.5% of adults ages 40-75 between 2022 and 2024.

Premature Death

8%▼

from 8,522 to 7,862 years lost before age 75 per 100,000 population between 2022 and 2023.

Multiple Chronic Conditions

6%▲

from 10.7% to 11.3% of adults between 2023 and 2024.

E-Cigarette Use

4%▲

from 7.7% to 8.0% of adults between 2023 and 2024.

Homelessness

16%▲

from 19.4 to 22.6 people per 10,000 population between 2023 and 2024.

Air Pollution

13%▲

from 7.8 to 8.8 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

Unemployment

7%▲

from 4.3% to 4.6% of civilian workers age 16 and older between 2023 and 2024.

Mental Health Providers

5%▲

from 344.9 to 362.6 per 100,000 population between September 2024 and September 2025.

Drug Deaths

3%▼

from 32.4 to 31.4 deaths per 100,000 population between 2022 and 2023.



Spotlight

Rural Health in the United States

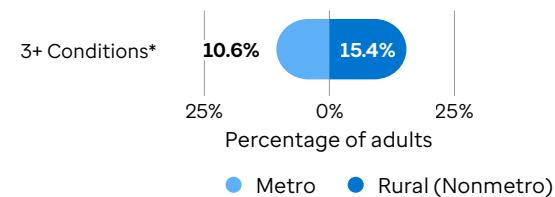
Rural Population in 2023

20.4%

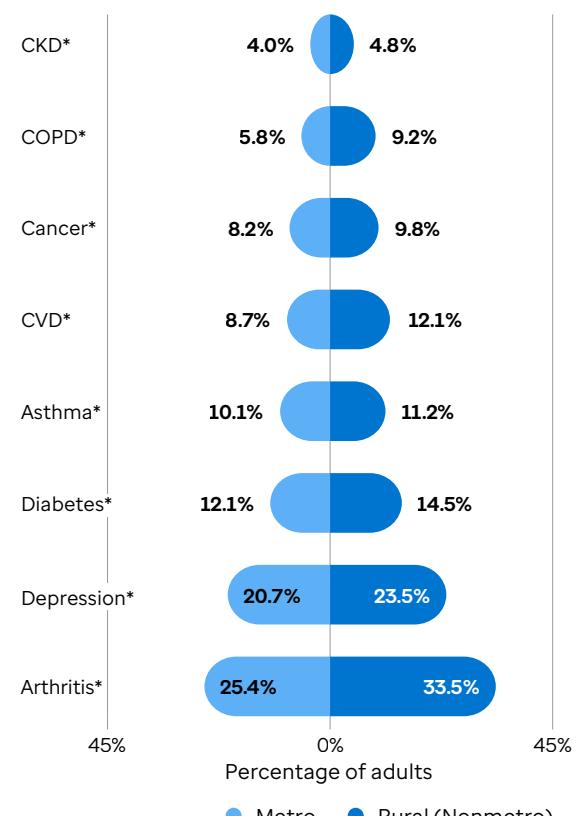
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | United States

U.S.
Value

Social & Economic Factors		
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	14.0
	Homicide (Deaths per 100,000 population)	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	4.2
	Public Health Funding (Dollars per person)	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	—
	Food Insecurity (% of households)	12.2%
	Income Inequality (80:20 ratio)	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	30.5%
	High School Completion (% of adults age 25+)	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	14.1%
	High-Speed Internet (% of households)	94.6%
	Residential Segregation - Black/White (Index from 0-100)	—
	Volunteerism (% of population age 16+)	28.3%
	Voter Participation (% of U.S. citizens age 18+)	58.8%
Physical Environment		
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8.8
	Drinking Water Violations (Average violations per community water system)	2.5
	Water Fluoridation (% of population served by community water systems)	72.3%
Climate and Health	Climate Policies (Number out of four policies)	—
	Renewable Energy (% of total electricity generated)*	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	22.6
	Housing Cost Burden (% of households)*	32.0%
	Housing With Lead Risk (% of housing stock)	16.1%
	Severe Housing Problems (% of occupied housing units)	16.8%
Clinical Care		
Access to Care	Avoided Care Due to Cost (% of adults)	11.5%
	Dental Care Providers (Providers per 100,000 population)	66.3
	Mental Health Providers (Providers per 100,000 population)	362.6
	Primary Care Providers (Providers per 100,000 population)	291.4
	Uninsured (% of total population)	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	66.9%
	Dental Visit (% of adults)	67.5%
	Flu Vaccination (% of adults)	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	2,768
Behaviors		
Nutrition and Physical Activity	Exercise (% of adults)	30.4%
	Fruit and Vegetable Consumption (% of adults)	7.4%
	Physical Inactivity (% of adults)	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	492.2
	High-Risk HIV Behaviors (% of adults)	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	13.1
Sleep Health	Insufficient Sleep (% of adults)	35.5%
	Smoking and Tobacco Use	
	E-Cigarette Use (% of adults)	8.0%
	Smoking (% of adults)	11.6%
Health Outcomes		
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	31.4
	Excessive Drinking (% of adults)	17.0%
	Frequent Mental Distress (% of adults)	15.6%
	Non-Medical Drug Use (% of adults)	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	1.9
Physical Health	Frequent Physical Distress (% of adults)	13.0%
	Low Birth Weight (% of live births)	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2.1
	Multiple Chronic Conditions (% of adults)	11.3%
	Obesity (% of adults)	34.2%

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.
— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High prevalence of adults with a dedicated health care provider
- Low levels of air pollution
- Low prevalence of households experiencing severe housing problems

Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High homicide rate

Key Findings

Homelessness

37%▲

from 6.5 to 8.9 people per 10,000 population between 2023 and 2024.

Physical Inactivity

12%▼

from 31.5% to 27.6% of adults between 2021 and 2024.

Excessive Drinking

23%▲

from 13.3% to 16.4% of adults between 2021 and 2024.

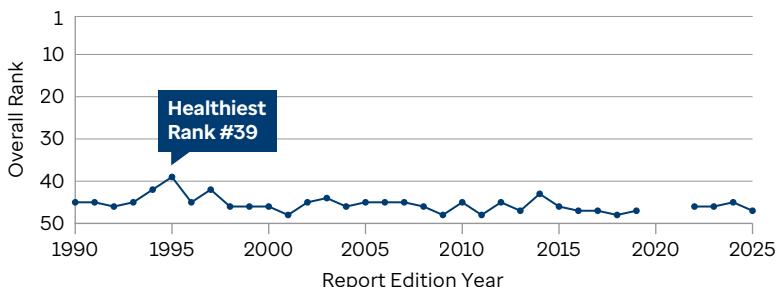
Cancer Screenings

11%▲

from 58.1% to 64.7% of adults ages 40-75 between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Alabama

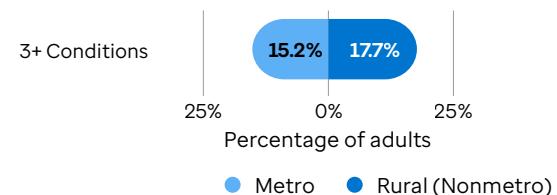
Rural Population in 2023

42.0%

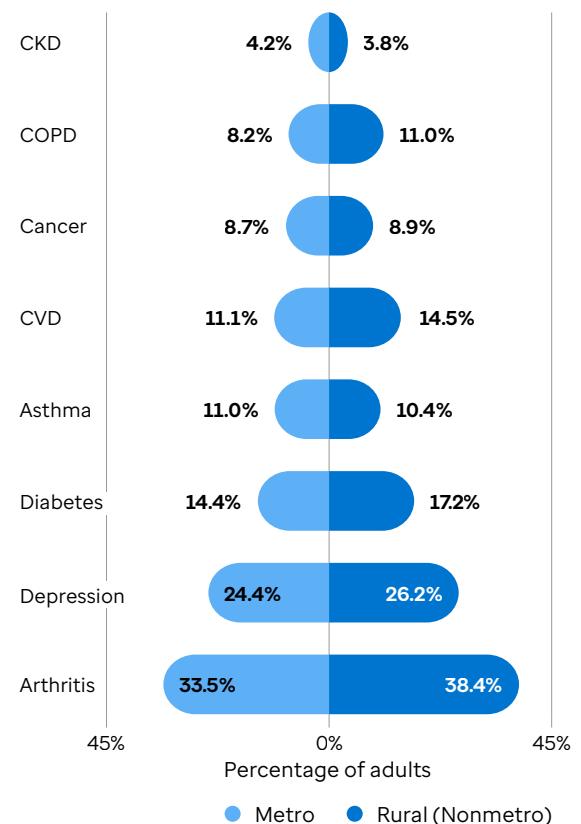
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease. CVD=cardiovascular diseases.

Measures | Alabama

		State Rank	State Value	U.S. Value
Social & Economic Factors		44	-0.662	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	48	25.3	14.0
	Homicide (Deaths per 100,000 population)	48	13.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	35	5.2	4.2
	Public Health Funding (Dollars per person)	18	\$137	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	41	76	—
	Food Insecurity (% of households)	26	11.5%	12.2%
	Income Inequality (80:20 ratio)	43	5.05	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	37	28.0%	30.5%
	High School Completion (% of adults age 25+)	41	89.6%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	42	18.4%	14.1%
	High-Speed Internet (% of households)	38	93.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	48	19.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	47	52.1%	58.8%
Physical Environment		21	0.308	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
	Water Fluoridation (% of population served by community water systems)	23	76.6%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	41	6.8%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	8	8.9	22.6
	Housing Cost Burden (% of households)*	8	25.5%	32.0%
	Housing With Lead Risk (% of housing stock)	13	10.7%	16.1%
	Severe Housing Problems (% of occupied housing units)	15	13.1%	16.8%
Clinical Care		42	-0.670	
Access to Care	Avoided Care Due to Cost (% of adults)	40	14.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	49	44.2	66.3
	Mental Health Providers (Providers per 100,000 population)	50	162.9	362.6
	Primary Care Providers (Providers per 100,000 population)	44	250.1	291.4
	Uninsured (% of total population)	32	8.2%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	23	64.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	45	62.6%	66.9%
	Dental Visit (% of adults)	37	64.7%	67.5%
	Flu Vaccination (% of adults)	42	35.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	31	60.9%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	20	85.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	49	3,541	2,768
Behaviors		48	-1.401	
Nutrition and Physical Activity	Exercise (% of adults)	44	25.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	47	4.8%	7.4%
	Physical Inactivity (% of adults)	43	27.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	47	651.1	492.2
	High-Risk HIV Behaviors (% of adults)	45	6.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	44	20.1	13.1
Sleep Health	Insufficient Sleep (% of adults)	48	40.5%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	44	9.9%	8.0%
	Smoking (% of adults)	40	14.0%	11.6%
Health Outcomes		47	-0.810	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	24	31.5	31.4
	Excessive Drinking (% of adults)	19	16.4%	17.0%
	Frequent Mental Distress (% of adults)	41	18.0%	15.6%
	Non-Medical Drug Use (% of adults)	31	16.4%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	46	11,203	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
Physical Health	Frequent Physical Distress (% of adults)	43	15.1%	13.0%
	Low Birth Weight (% of live births)	48	10.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	47	15.8%	11.3%
	Obesity (% of adults)	45	38.9%	34.2%
Overall		47	-0.751	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- Low income inequality
- High number of mental health providers per 100,000 population

Challenges

- High premature death rate
- High prevalence of excessive drinking
- High incidence of chlamydia

Key Findings

Homicide

61%▲

from 5.4 to 8.7 deaths per 100,000 population between 2013-2014 and 2022-2023.

Physical Inactivity

16%▼

from 21.5% to 18.1% of adults between 2022 and 2024.

Unemployment

30%▲

from 4.6% to 6.0% of civilian workers age 16 and older between 2022 and 2024.

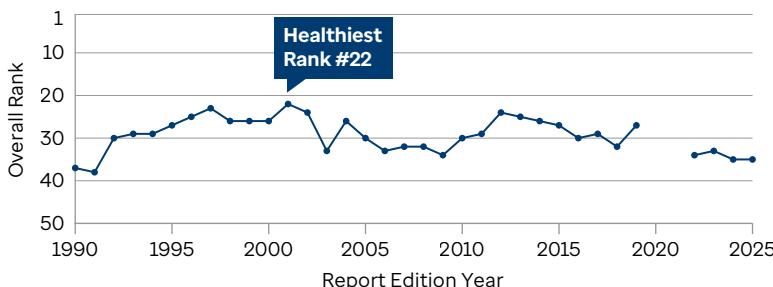
Cancer Screenings

14%▲

from 50.0% to 56.9% of adults ages 40-75 between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Alaska

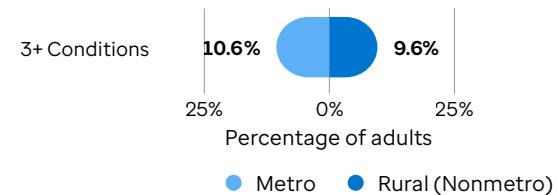
Rural Population in 2023

35.1%

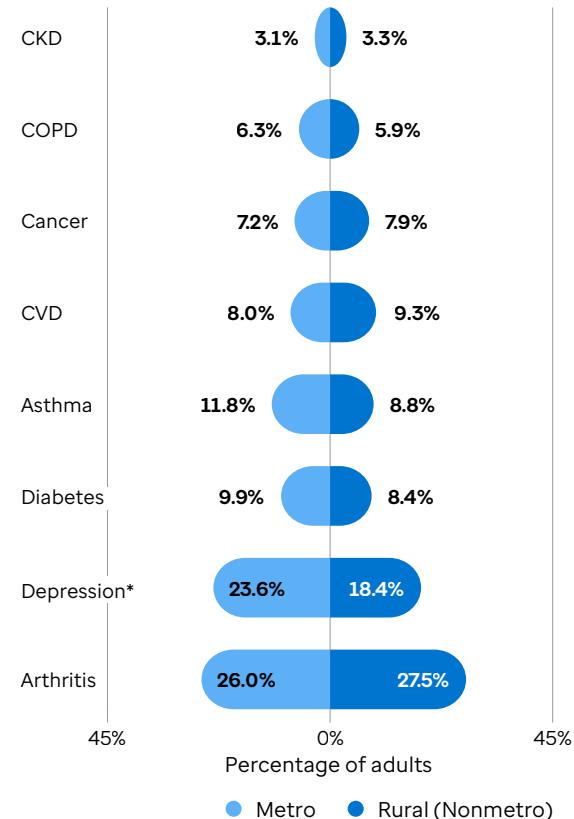
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Alaska

		State Rank	State Value	U.S. Value
Social & Economic Factors		28	0.043	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	46	24.0	14.0
	Homicide (Deaths per 100,000 population)	39	8.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	49	6.7	4.2
	Public Health Funding (Dollars per person)	1	\$334	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	18	47	—
	Food Insecurity (% of households)	14	10.4%	12.2%
	Income Inequality (80:20 ratio)	5	4.03	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	49	21.7%	30.5%
	High School Completion (% of adults age 25+)	12	93.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	46	20.8%	14.1%
	High-Speed Internet (% of households)	14	95.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	14	33.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	29	58.4%	58.8%
Physical Environment		35	0.057	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
	Water Fluoridation (% of population served by community water systems)	44	42.3%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	20	28.2%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	43	36.3	22.6
	Housing Cost Burden (% of households)*	12	26.4%	32.0%
	Housing With Lead Risk (% of housing stock)	3	7.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	46	19.8%	16.8%
Clinical Care		37	-0.370	
Access to Care	Avoided Care Due to Cost (% of adults)	30	11.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	1	97.7	66.3
	Mental Health Providers (Providers per 100,000 population)	1	822.0	362.6
	Primary Care Providers (Providers per 100,000 population)	5	369.9	291.4
	Uninsured (% of total population)	46	11.0%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	46	56.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	48	59.8%	66.9%
	Dental Visit (% of adults)	33	65.5%	67.5%
	Flu Vaccination (% of adults)	38	36.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	47	51.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	45	78.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	8	1,934	2,768
Behaviors		36	-0.248	
Nutrition and Physical Activity	Exercise (% of adults)	2	33.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	7.4%
	Physical Inactivity (% of adults)	6	18.1%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	48	6977	492.2
	High-Risk HIV Behaviors (% of adults)	39	6.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	37	16.0	13.1
Sleep Health	Insufficient Sleep (% of adults)	33	37.1%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	31	8.4%	8.0%
	Smoking (% of adults)	44	14.7%	11.6%
Health Outcomes		33	-0.181	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	47	48.9	31.4
	Excessive Drinking (% of adults)	44	20.1%	17.0%
	Frequent Mental Distress (% of adults)	26	15.7%	15.6%
	Non-Medical Drug Use (% of adults)	8	11.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	41	10,276	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	45	2.9	1.9
Physical Health	Frequent Physical Distress (% of adults)	32	13.8%	13.0%
	Low Birth Weight (% of live births)	1	6.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	16	10.2%	11.3%
	Obesity (% of adults)	23	34.0%	34.2%
Overall		35	-0.132	

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of frequent mental distress
- Low income inequality
- Low preventable hospitalization rate

Challenges

- High prevalence of non-medical drug use
- Low prevalence of dental visits
- High prevalence of high-risk HIV behaviors

Key Findings

Smoking

20%▼

from 12.7% to 10.1% of adults between 2022 and 2024.

Arthritis

15%▲

from 22.8% to 26.2% of adults between 2020 and 2024.

Cancer Screenings

19%▲

from 50.7% to 60.5% of adults ages 40-75 between 2022 and 2024.

Flu Vaccination

8%▼

from 40.4% to 37.0% of adults between 2021 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Arizona

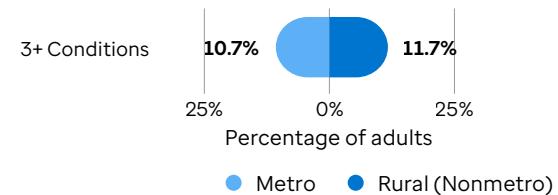
Rural Population in 2023

11.5%

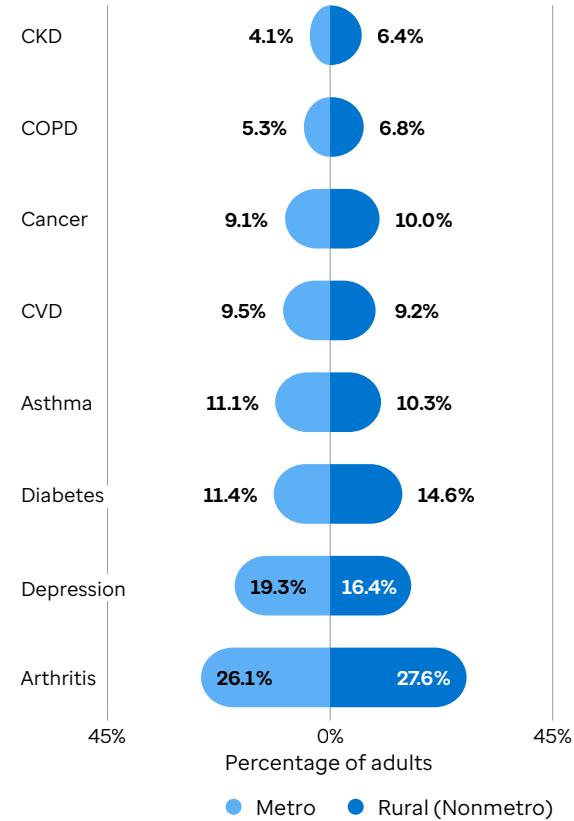
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Arizona

		State Rank	State Value	U.S. Value
Social & Economic Factors		25	0.086	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	38	19.1	14.0
	Homicide (Deaths per 100,000 population)	33	7.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	42	\$84	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	36	67	—
	Food Insecurity (% of households)	28	11.8%	12.2%
	Income Inequality (80:20 ratio)	15	4.32	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	44	26.4%	30.5%
	High School Completion (% of adults age 25+)	40	89.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	15	13.4%	14.1%
	High-Speed Internet (% of households)	16	94.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	5	54	—
	Volunteerism (% of population age 16+)	29	30.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	28	58.8%	58.8%
Physical Environment		29	0.213	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	40	8.7	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
	Water Fluoridation (% of population served by community water systems)	37	57.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	25	16.1%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	37	19.4	22.6
	Housing Cost Burden (% of households)*	35	31.3%	32.0%
	Housing With Lead Risk (% of housing stock)	2	6.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	39	17.1%	16.8%
Clinical Care		40	-0.511	
Access to Care	Avoided Care Due to Cost (% of adults)	36	13.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	31	60.2	66.3
	Mental Health Providers (Providers per 100,000 population)	47	218.4	362.6
	Primary Care Providers (Providers per 100,000 population)	40	268.2	291.4
	Uninsured (% of total population)	43	10.3%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	42	60.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	44	62.9%	66.9%
	Dental Visit (% of adults)	43	63.1%	67.5%
	Flu Vaccination (% of adults)	36	37.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	14	67.4%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	42	79.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	9	1,984	2,768
Behaviors		29	-0.072	
Nutrition and Physical Activity	Exercise (% of adults)	4	33.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	25	21.8%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	38	552.5	492.2
	High-Risk HIV Behaviors (% of adults)	41	6.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	31	14.3	13.1
Sleep Health	Insufficient Sleep (% of adults)	20	34.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	32	8.5%	8.0%
	Smoking (% of adults)	15	10.1%	11.6%
Health Outcomes		29	-0.052	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	32	35.3	31.4
	Excessive Drinking (% of adults)	33	17.7%	17.0%
	Frequent Mental Distress (% of adults)	11	14.2%	15.6%
	Non-Medical Drug Use (% of adults)	46	21.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	32	8,456	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	42	2.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	26	13.2%	13.0%
	Low Birth Weight (% of live births)	22	8.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	20	10.8%	11.3%
	Obesity (% of adults)	21	33.3%	34.2%
Overall		32	-0.057	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of fruit and vegetable consumption
- High prevalence of adults with a dedicated health care provider

Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High prevalence of adults using e-cigarettes

Key Findings

Avoided Care

Due to Cost

31%▲

from 11.7% to 15.3% of adults between 2021 and 2024.

Unemployment

19%▼

from 4.7% to 3.8% of civilian workers age 16 and older between 2018 and 2024.

Drug Deaths

23%▼

from 21.7 to 16.8 deaths per 100,000 population between 2021 and 2023.

Flu Vaccination

12%▼

from 43.1% to 38.0% of adults between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Arkansas

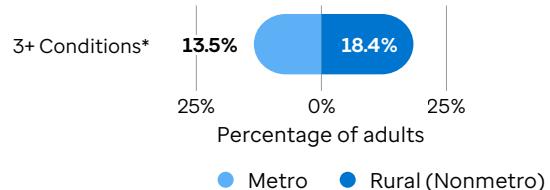
Rural Population in 2023

43.9%

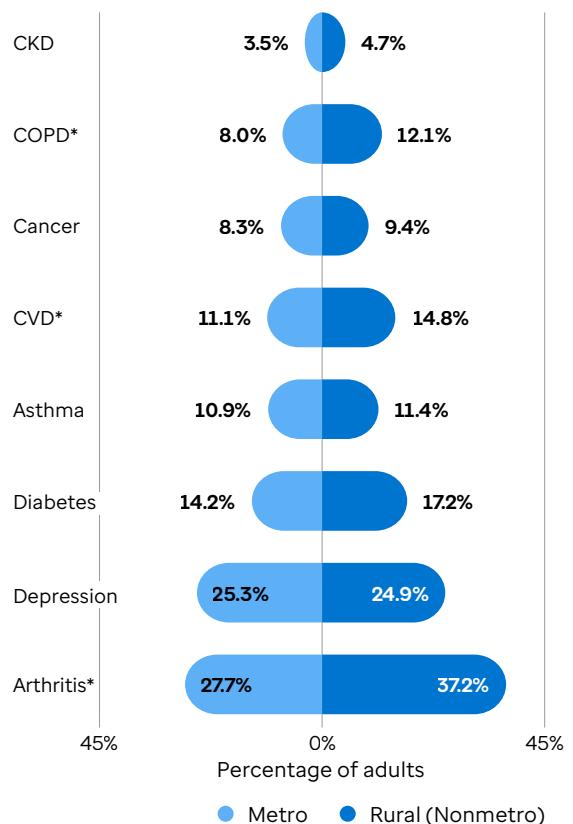
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Arkansas

		State Rank	State Value	U.S. Value
Social & Economic Factors		48	-0.933	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	43	21.9	14.0
	Homicide (Deaths per 100,000 population)	45	10.5	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	39	5.5	4.2
	Public Health Funding (Dollars per person)	23	\$128	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	44	83	—
	Food Insecurity (% of households)	50	18.9%	12.2%
	Income Inequality (80:20 ratio)	32	4.70	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	36	28.1%	30.5%
	High School Completion (% of adults age 25+)	42	89.3%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	45	20.5%	14.1%
	High-Speed Internet (% of households)	41	92.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	32	66	—
	Volunteerism (% of population age 16+)	34	28.2%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	50	48.4%	58.8%
Physical Environment		37	0.052	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	37	8.5	8.8
	Drinking Water Violations (Average violations per community water system)	49	5.1	2.5
	Water Fluoridation (% of population served by community water systems)	18	86.8%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	36	8.9%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	10	9.0	22.6
	Housing Cost Burden (% of households)*	5	24.9%	32.0%
	Housing With Lead Risk (% of housing stock)	8	9.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	16	13.2%	16.8%
Clinical Care		44	-0.809	
Access to Care	Avoided Care Due to Cost (% of adults)	46	15.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	48	45.7	66.3
	Mental Health Providers (Providers per 100,000 population)	32	299.7	362.6
	Primary Care Providers (Providers per 100,000 population)	43	251.1	291.4
	Uninsured (% of total population)	39	9.4%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	40	60.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	46	62.0%	66.9%
	Dental Visit (% of adults)	47	58.6%	67.5%
	Flu Vaccination (% of adults)	34	38.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	32	60.3%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	13	86.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	40	3,160	2,768
Behaviors		47	-1.143	
Nutrition and Physical Activity	Exercise (% of adults)	39	26.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	5	10.2%	7.4%
	Physical Inactivity (% of adults)	47	28.5%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	42	579.6	492.2
	High-Risk HIV Behaviors (% of adults)	42	6.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	49	23.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	43	38.7%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	46	10.7%	8.0%
	Smoking (% of adults)	47	16.5%	11.6%
Health Outcomes		48	-0.812	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	6	16.8	31.4
	Excessive Drinking (% of adults)	12	15.5%	17.0%
	Frequent Mental Distress (% of adults)	49	19.9%	15.6%
	Non-Medical Drug Use (% of adults)	27	15.7%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	43	10,785	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	49	18.0%	13.0%
	Low Birth Weight (% of live births)	42	9.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	44	15.4%	11.3%
	Obesity (% of adults)	45	38.9%	34.2%
Overall		49	-0.828	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking
- High number of mental health providers per 100,000 population

Challenges

- Low prevalence of high school completion
- Low number of primary care providers per 100,000 population
- High levels of air pollution

Key Findings

Cancer Screenings

24% 

from 47.3% to 58.5%
of adults ages 40-75
between 2022 and 2024.

Homicide

16% 

from 6.2 to 5.2 deaths per
100,000 population between
2020-2021 and 2022-2023.

High Health Status

13% 

from 50.1% to 43.5%
of adults between
2021 and 2024.

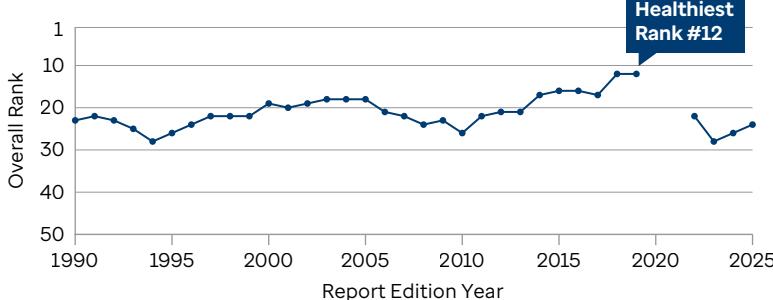
Drug Deaths

6% 

from 27.5 to 29.2 deaths
per 100,000 population
between 2021 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in California

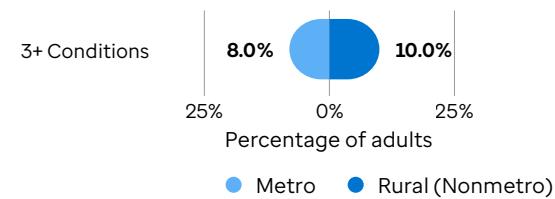
Rural Population in 2023

5.8%

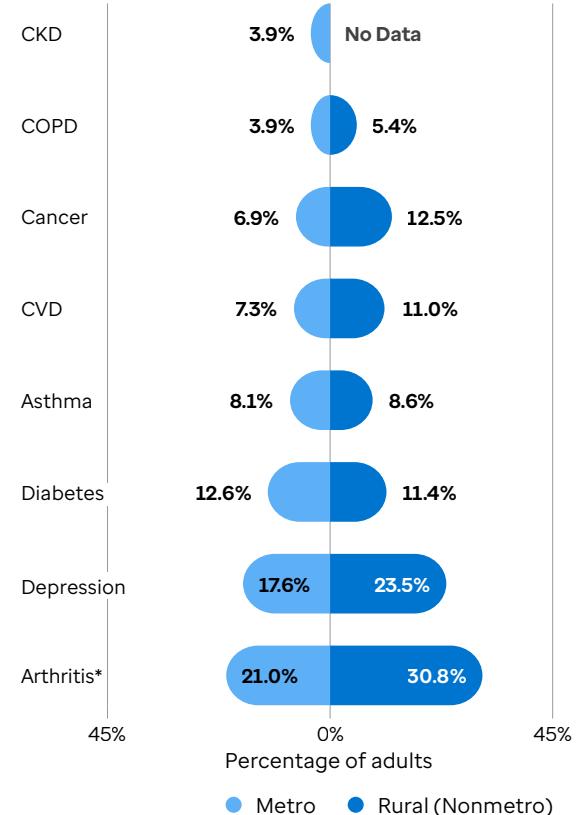
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | California

		State Rank	State Value	U.S. Value
Social & Economic Factors		33	-0.133	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	7	8.2	14.0
	Homicide (Deaths per 100,000 population)	23	5.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	3	3.4	4.2
	Public Health Funding (Dollars per person)	9	\$173	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	45	84	—
	Food Insecurity (% of households)	25	11.4%	12.2%
	Income Inequality (80:20 ratio)	44	5.11	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	33	28.7%	30.5%
	High School Completion (% of adults age 25+)	50	84.8%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	3	10.9%	14.1%
	High-Speed Internet (% of households)	4	95.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	42	24.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	30	58.1%	58.8%
Physical Environment		50	-0.507	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	50	11.7	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
	Water Fluoridation (% of population served by community water systems)	36	57.7%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	9	49.6%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	46	474	22.6
	Housing Cost Burden (% of households)*	50	41.2%	32.0%
	Housing With Lead Risk (% of housing stock)	29	16.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	49	25.8%	16.8%
Clinical Care		27	-0.093	
Access to Care	Avoided Care Due to Cost (% of adults)	27	11.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	3	84.8	66.3
	Mental Health Providers (Providers per 100,000 population)	10	501.9	362.6
	Primary Care Providers (Providers per 100,000 population)	48	238.7	291.4
	Uninsured (% of total population)	16	5.9%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	45	58.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	48	59.8%	66.9%
	Dental Visit (% of adults)	22	68.0%	67.5%
	Flu Vaccination (% of adults)	23	41.8%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	22	66.0%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	41	79.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	15	2,437	2,768
Behaviors		15	0.346	
Nutrition and Physical Activity	Exercise (% of adults)	27	30.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	9	9.0%	7.4%
	Physical Inactivity (% of adults)	13	20.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	30	491.1	492.2
	High-Risk HIV Behaviors (% of adults)	45	6.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	11	9.1	13.1
Sleep Health	Insufficient Sleep (% of adults)	20	34.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	9	6.5%	8.0%
	Smoking (% of adults)	2	7.6%	11.6%
Health Outcomes		11	0.529	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	20	29.2	31.4
	Excessive Drinking (% of adults)	23	16.6%	17.0%
	Frequent Mental Distress (% of adults)	16	14.9%	15.6%
	Non-Medical Drug Use (% of adults)	39	18.8%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	7	6,389	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	18	12.5%	13.0%
	Low Birth Weight (% of live births)	11	7.5%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	1	8.1%	11.3%
	Obesity (% of adults)	6	29.1%	34.2%
Overall		24	0.097	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of obesity
- Low economic hardship index score
- Low preventable hospitalization rate

Challenges

- High prevalence of excessive drinking
- High percentage of low birth weight infants
- High prevalence of high-risk HIV behaviors

Key Findings

Depression

34%▲

from 17.2% to 23.0%
of adults between
2019 and 2024.

Physical Inactivity

11%▼

from 17.5% to 15.6%
of adults between
2023 and 2024.

Unemployment

13%▲

from 3.8% to 4.3% of civilian
workers age 16 and older
between 2023 and 2024.

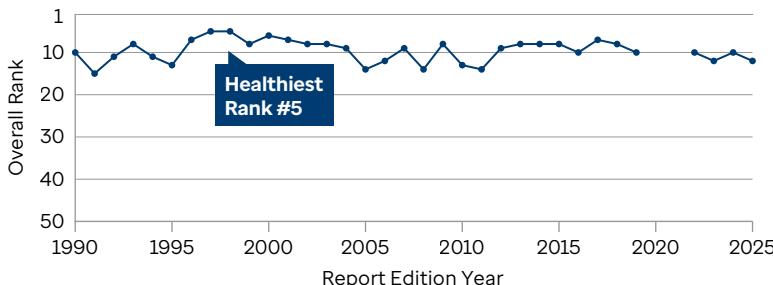
Renewable Energy

11%▲

from 37.1% to 41.3% of
total electricity between
2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Colorado

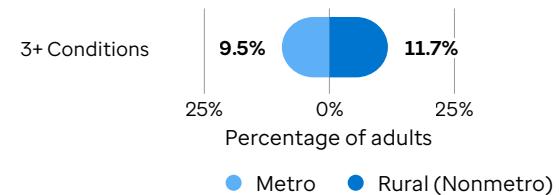
Rural Population in 2023

14.4%

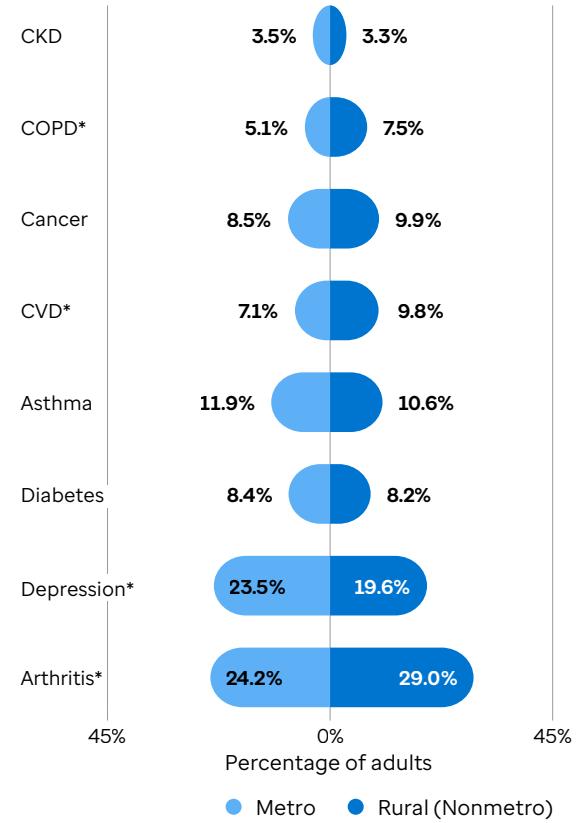
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Colorado

		State Rank	State Value	U.S. Value
Social & Economic Factors		7	0.673	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	31	17.3	14.0
	Homicide (Deaths per 100,000 population)	27	6.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	20	\$132	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	2	11	—
	Food Insecurity (% of households)	12	9.9%	12.2%
	Income Inequality (80:20 ratio)	18	4.40	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	7	35.7%	30.5%
	High School Completion (% of adults age 25+)	13	93.2%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	31	16.1%	14.1%
	High-Speed Internet (% of households)	5	95.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	33	67	—
	Volunteerism (% of population age 16+)	12	34.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	6	65.7%	58.8%
Physical Environment		6	0.662	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8	6.0	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
	Water Fluoridation (% of population served by community water systems)	26	75.4%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	13	41.3%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	42	31.4	22.6
	Housing Cost Burden (% of households)*	40	34.3%	32.0%
	Housing With Lead Risk (% of housing stock)	14	10.8%	16.1%
	Severe Housing Problems (% of occupied housing units)	35	16.0%	16.8%
Clinical Care		21	0.206	
Access to Care	Avoided Care Due to Cost (% of adults)	40	14.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	5	78.7	66.3
	Mental Health Providers (Providers per 100,000 population)	9	544.7	362.6
	Primary Care Providers (Providers per 100,000 population)	25	305.2	291.4
	Uninsured (% of total population)	30	7.9%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	25	64.4%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	31	66.1%	66.9%
	Dental Visit (% of adults)	19	68.6%	67.5%
	Flu Vaccination (% of adults)	12	44.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	27	64.3%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	37	81.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	2	1,559	2,768
Behaviors		9	0.624	
Nutrition and Physical Activity	Exercise (% of adults)	1	35.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	14	8.8%	7.4%
	Physical Inactivity (% of adults)	1	15.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	20	435.1	492.2
	High-Risk HIV Behaviors (% of adults)	42	6.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	19	10.9	13.1
Sleep Health	Insufficient Sleep (% of adults)	3	30.3%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	34	8.8%	8.0%
	Smoking (% of adults)	11	9.7%	11.6%
Health Outcomes		12	0.350	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	26	31.8	31.4
	Excessive Drinking (% of adults)	42	19.5%	17.0%
	Frequent Mental Distress (% of adults)	20	15.2%	15.6%
	Non-Medical Drug Use (% of adults)	30	16.0%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	13	7,090	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	11	11.9%	13.0%
	Low Birth Weight (% of live births)	43	9.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	7	9.7%	11.3%
	Obesity (% of adults)	1	25.0%	34.2%
Overall		12	0.511	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low premature death rate
- Low prevalence of non-medical drug use
- Low prevalence of adults using e-cigarettes

Challenges

- High income inequality
- Low voter participation
- High prevalence of households experiencing severe housing problems

Key Findings

Air Pollution

42%▲

from 5.7 to 8.1 micrograms of fine particulate per cubic meter between 2020-2022 and 2022-2024.

Cancer Screenings

20%▲

from 61.3% to 73.8% of adults ages 40-75 between 2022 and 2024.

Homicide

39%▲

from 2.8 to 3.9 deaths per 100,000 population between 2018-2019 and 2022-2023.

Drug Deaths

14%▼

from 42.5 to 36.4 deaths per 100,000 population between 2021 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in Connecticut

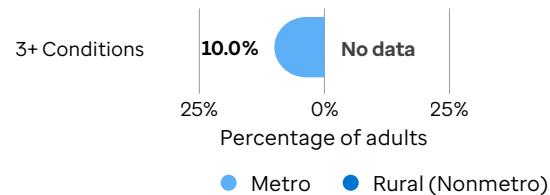
Rural Population in 2023

13.8%

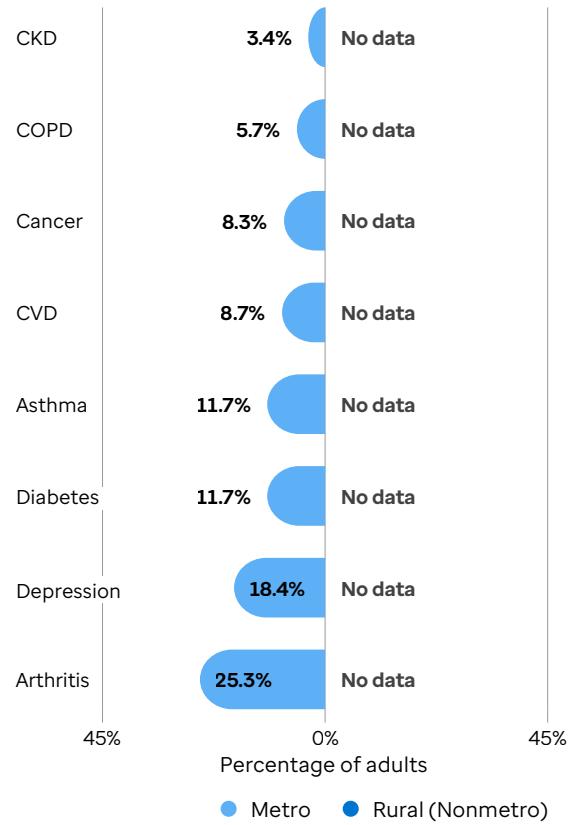
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Connecticut

		State Rank	State Value	U.S. Value
Social & Economic Factors		8	0.575	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	6	6.2	14.0
	Homicide (Deaths per 100,000 population)	16	3.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.6	4.2
	Public Health Funding (Dollars per person)	27	\$119	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	11	33	—
	Food Insecurity (% of households)	14	10.4%	12.2%
	Income Inequality (80:20 ratio)	41	5.04	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	4	36.2%	30.5%
	High School Completion (% of adults age 25+)	24	91.8%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	6	12.3%	14.1%
	High-Speed Internet (% of households)	9	95.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	7	37.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	32	58.0%	58.8%
Physical Environment		19	0.352	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	27	8.1	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
	Water Fluoridation (% of population served by community water systems)	14	90.4%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	48	2.7%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	12	9.3	22.6
	Housing Cost Burden (% of households)*	42	34.6%	32.0%
	Housing With Lead Risk (% of housing stock)	46	25.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	41	17.4%	16.8%
Clinical Care		6	1.084	
Access to Care	Avoided Care Due to Cost (% of adults)	13	9.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	10	74.8	66.3
	Mental Health Providers (Providers per 100,000 population)	8	561.9	362.6
	Primary Care Providers (Providers per 100,000 population)	14	332.1	291.4
	Uninsured (% of total population)	13	5.8%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	2	73.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	4	76.7%	66.9%
	Dental Visit (% of adults)	1	75.2%	67.5%
	Flu Vaccination (% of adults)	7	47.3%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	17	67.0%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	7	88.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	28	2,821	2,768
Behaviors		7	0.809	
Nutrition and Physical Activity	Exercise (% of adults)	14	31.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	5	10.2%	7.4%
	Physical Inactivity (% of adults)	15	20.8%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	11	364.8	492.2
	High-Risk HIV Behaviors (% of adults)	17	5.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	4	6.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	28	35.7%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	2	5.6%	8.0%
	Smoking (% of adults)	8	9.0%	11.6%
Health Outcomes		9	0.578	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	33	36.4	31.4
	Excessive Drinking (% of adults)	21	16.5%	17.0%
	Frequent Mental Distress (% of adults)	9	13.9%	15.6%
	Non-Medical Drug Use (% of adults)	5	10.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	3	6,150	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
Physical Health	Frequent Physical Distress (% of adults)	15	12.1%	13.0%
	Low Birth Weight (% of live births)	19	7.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	12	10.0%	11.3%
	Obesity (% of adults)	14	32.0%	34.2%
Overall		4	0.676	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- High prevalence of cancer screenings

Challenges

- High prevalence of non-medical drug use
- Low number of dental care providers per 100,000 population
- High prevalence of physical inactivity

Key Findings

Unemployment

46%▲

from 3.5% to 5.1% of civilian workers age 16 and older between 2023 and 2024.

Depression

30%▲

from 16.4% to 21.4% of adults between 2021 and 2024.

Homicide

44%▼

from 9.5 to 5.3 deaths per 100,000 population between 2020-2021 and 2022-2023.

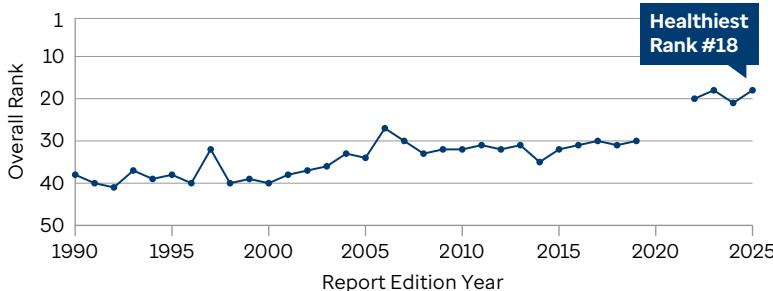
Colorectal Cancer Screening

18%▲

from 64.7% to 76.2% of adults ages 45-75 between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Delaware

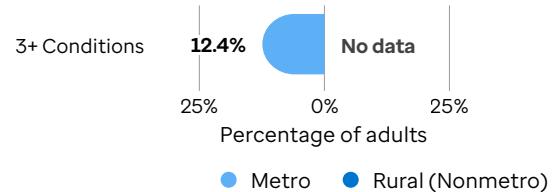
Rural Population in 2023

17.9%

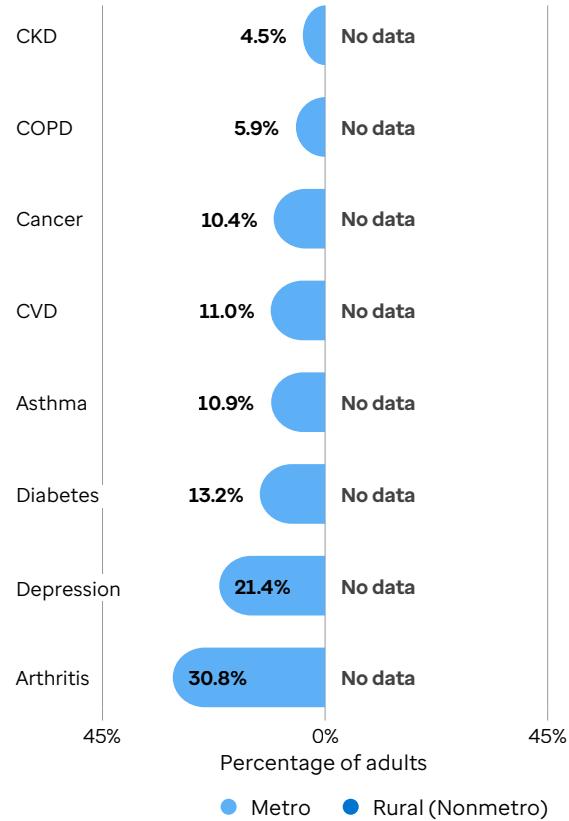
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Delaware

		State Rank	State Value	U.S. Value
Social & Economic Factors		14	0.417	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	13	12.0	14.0
	Homicide (Deaths per 100,000 population)	24	5.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	14	\$149	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	32	58	—
	Food Insecurity (% of households)	23	11.3%	12.2%
	Income Inequality (80:20 ratio)	4	4.02	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	43	26.5%	30.5%
	High School Completion (% of adults age 25+)	24	91.8%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	28	15.8%	14.1%
	High-Speed Internet (% of households)	9	95.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	1	46	—
	Volunteerism (% of population age 16+)	21	32.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	17	62.0%	58.8%
Physical Environment		7	0.557	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	45	9.7	8.8
	Drinking Water Violations (Average violations per community water system)	2	1.0	2.5
	Water Fluoridation (% of population served by community water systems)	31	69.8%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	45	4.4%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	26	12.9	22.6
	Housing Cost Burden (% of households)*	27	28.4%	32.0%
	Housing With Lead Risk (% of housing stock)	20	13.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	28	14.3%	16.8%
Clinical Care		14	0.447	
Access to Care	Avoided Care Due to Cost (% of adults)	9	9.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	50	43.5	66.3
	Mental Health Providers (Providers per 100,000 population)	25	363.0	362.6
	Primary Care Providers (Providers per 100,000 population)	6	352.6	291.4
	Uninsured (% of total population)	22	6.9%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	4	71.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	23	68.1%	66.9%
	Dental Visit (% of adults)	26	67.0%	67.5%
	Flu Vaccination (% of adults)	9	46.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	12	69.0%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	17	86.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	30	2,846	2,768
Behaviors		27	-0.061	
Nutrition and Physical Activity	Exercise (% of adults)	34	28.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	23	7.4%	7.4%
	Physical Inactivity (% of adults)	42	25.2%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	39	552.7	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	30	13.5	13.1
Sleep Health	Insufficient Sleep (% of adults)	26	35.6%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	11	6.6%	8.0%
	Smoking (% of adults)	15	10.1%	11.6%
Health Outcomes		28	-0.011	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	49	50.9	31.4
	Excessive Drinking (% of adults)	8	14.8%	17.0%
	Frequent Mental Distress (% of adults)	31	16.1%	15.6%
	Non-Medical Drug Use (% of adults)	40	19.0%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	34	8,635	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
Physical Health	Frequent Physical Distress (% of adults)	18	12.5%	13.0%
	Low Birth Weight (% of live births)	39	9.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	33	12.4%	11.3%
	Obesity (% of adults)	34	36.6%	34.2%
Overall		18	0.233	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of frequent physical distress
- Low incidence of chlamydia
- High number of mental health providers per 100,000 population

Challenges

- High premature death rate
- High prevalence of excessive drinking
- High prevalence of high-risk HIV behaviors

Key Findings

Uninsured

67%▲

from 2.7% to 4.5% of the population between 2023 and 2024.

Smoking

33%▼

from 12.7% to 8.5% of adults between 2019 and 2024.

Premature Death

13%▼

from 10,783 to 9,352 years lost before age 75 per 100,000 population between 2021 and 2023.

Firearm Deaths

45%▲

from 22.9 to 33.1 deaths per 100,000 population between 2022 and 2023.

Colorectal Cancer Screening

18%▲

from 61.7% to 72.6% of adults ages 45-75 between 2022 and 2024.

Homelessness

10%▲

from 72.5 to 80.0 people per 10,000 population between 2023 and 2024.



Spotlight

Rural Health in D.C.

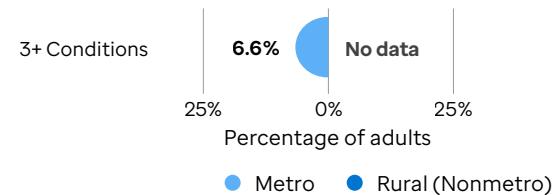
Rural Population in 2023

0.0%

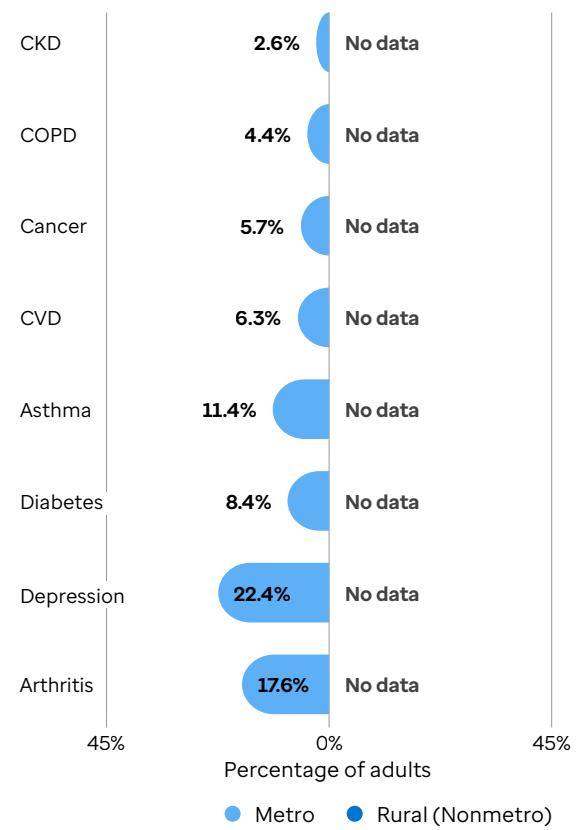
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | District of Columbia

		D.C. Value	U.S. Value
Social & Economic Factors			
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	33.1	14.0
	Homicide (Deaths per 100,000 population)	29.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	—	4.2
	Public Health Funding (Dollars per person)	\$1,084	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	—	—
	Food Insecurity (% of households)	8.8%	12.2%
	Income Inequality (80:20 ratio)	7.52	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	29.6%	30.5%
	High School Completion (% of adults age 25+)	92.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	13.5%	14.1%
	High-Speed Internet (% of households)	93.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	67	—
	Volunteerism (% of population age 16+)	35.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	71.2%	58.8%
Physical Environment			
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	9.4	8.8
	Drinking Water Violations (Average violations per community water system)	2.0	2.5
	Water Fluoridation (% of population served by community water systems)	100.0%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	3	—
	Renewable Energy (% of total electricity generated)*	46.8%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	80.0	22.6
	Housing Cost Burden (% of households)*	36.6%	32.0%
	Housing With Lead Risk (% of housing stock)	30.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	19.7%	16.8%
Clinical Care			
Access to Care	Avoided Care Due to Cost (% of adults)	8.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	109.8	66.3
	Mental Health Providers (Providers per 100,000 population)	7771	362.6
	Primary Care Providers (Providers per 100,000 population)	548.9	291.4
	Uninsured (% of total population)	4.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	66.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	71.2%	66.9%
	Dental Visit (% of adults)	71.8%	67.5%
	Flu Vaccination (% of adults)	55.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	75.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	87.1%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	3,051	2,768
Behaviors			
Nutrition and Physical Activity	Exercise (% of adults)	38.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	13.5%	7.4%
	Physical Inactivity (% of adults)	13.9%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	1,228.0	492.2
	High-Risk HIV Behaviors (% of adults)	11.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	12.3	13.1
Sleep Health	Insufficient Sleep (% of adults)	31.9%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	4.8%	8.0%
	Smoking (% of adults)	8.5%	11.6%
Health Outcomes			
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	62.9	31.4
	Excessive Drinking (% of adults)	27.2%	17.0%
	Frequent Mental Distress (% of adults)	13.3%	15.6%
	Non-Medical Drug Use (% of adults)	14.3%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	9,352	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	6.1	1.9
Physical Health	Frequent Physical Distress (% of adults)	8.4%	13.0%
	Low Birth Weight (% of live births)	10.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2.7	2.1
	Multiple Chronic Conditions (% of adults)	6.6%	11.3%
	Obesity (% of adults)	25.5%	34.2%

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of obesity
- High reading proficiency among fourth grade public school students
- Low prevalence of adults using e-cigarettes

Challenges

- High prevalence of non-medical drug use
- Low prevalence of dental visits
- High uninsured rate

Key Findings

Volunteerism

28% 

from 15.9% to 20.4%
of people age 16 and older
between 2021 and 2023.

Homicide

14% 

from 6.9 to 5.9 deaths per
100,000 population between
2020-2021 and 2022-2023.

Arthritis

15% 

from 24.0% to 27.5%
of adults between 2020
and 2024.

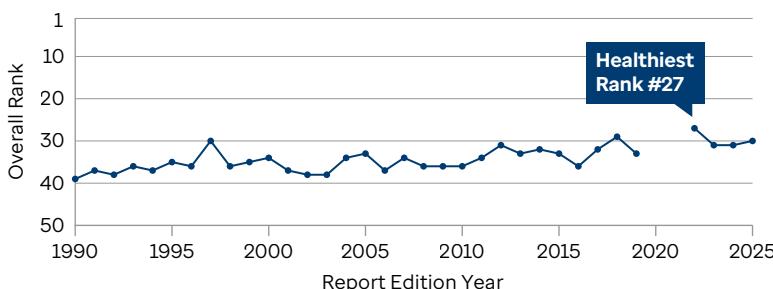
Flu Vaccination

11% 

from 37.6% to 33.5%
of adults between 2023
and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Florida

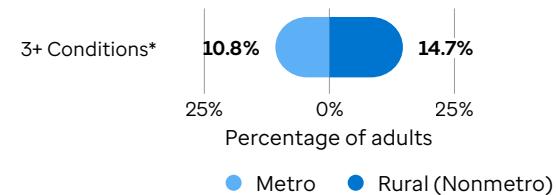
Rural Population in 2023

9.1%

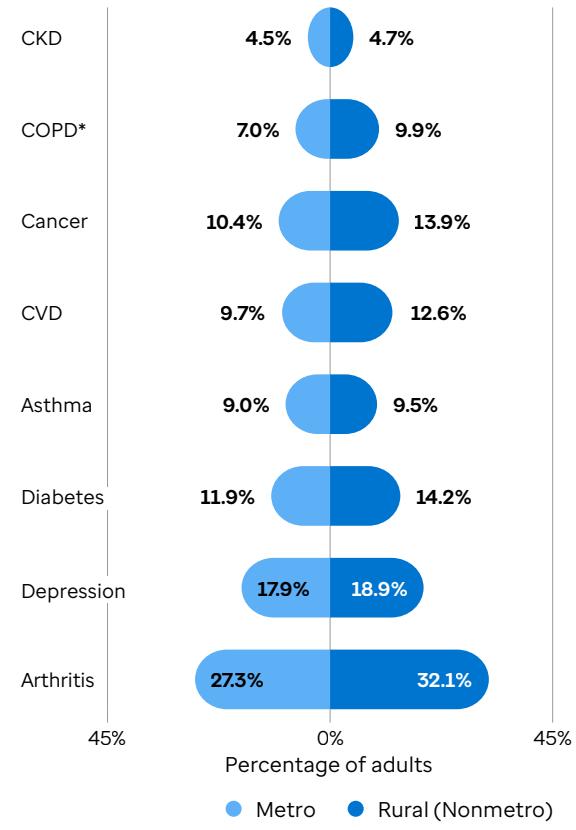
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Florida

		State Rank	State Value	U.S. Value
Social & Economic Factors		30	-0.002	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	25	14.4	14.0
	Homicide (Deaths per 100,000 population)	26	5.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	22	4.2	4.2
	Public Health Funding (Dollars per person)	47	\$77	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	36	67	—
	Food Insecurity (% of households)	30	12.0%	12.2%
	Income Inequality (80:20 ratio)	26	4.59	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	10	33.0%	30.5%
	High School Completion (% of adults age 25+)	34	90.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	19	14.1%	14.1%
	High-Speed Internet (% of households)	13	95.2%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population age 16+)	46	20.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	39	54.7%	58.8%
Physical Environment		18	0.375	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	29	2.0	2.5
	Water Fluoridation (% of population served by community water systems)	22	78.1%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	39	7.7%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	28	13.4	22.6
	Housing Cost Burden (% of households)*	49	38.9%	32.0%
	Housing With Lead Risk (% of housing stock)	4	7.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	44	19.0%	16.8%
Clinical Care		41	-0.646	
Access to Care	Avoided Care Due to Cost (% of adults)	42	14.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	36	58.1	66.3
	Mental Health Providers (Providers per 100,000 population)	43	236.3	362.6
	Primary Care Providers (Providers per 100,000 population)	20	318.3	291.4
	Uninsured (% of total population)	45	10.9%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	28	63.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	26	67.3%	66.9%
	Dental Visit (% of adults)	40	63.6%	67.5%
	Flu Vaccination (% of adults)	47	33.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	37	59.0%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	35	82.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	43	3,296	2,768
Behaviors		32	-0.149	
Nutrition and Physical Activity	Exercise (% of adults)	13	31.5%	30.4%
	Fruit and Vegetable Consumption (% of adults)	—	—	74%
	Physical Inactivity (% of adults)	40	25.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	34	498.9	492.2
	High-Risk HIV Behaviors (% of adults)	44	6.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	27	12.7	13.1
Sleep Health	Insufficient Sleep (% of adults)	35	37.4%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	8	6.4%	8.0%
	Smoking (% of adults)	20	10.6%	11.6%
Health Outcomes		22	0.155	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	22	31.0	31.4
	Excessive Drinking (% of adults)	15	16.1%	17.0%
	Frequent Mental Distress (% of adults)	24	15.6%	15.6%
	Non-Medical Drug Use (% of adults)	45	21.1%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	24	7,709	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
Physical Health	Frequent Physical Distress (% of adults)	29	13.6%	13.0%
	Low Birth Weight (% of live births)	36	9.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	23	11.0%	11.3%
	Obesity (% of adults)	8	29.6%	34.2%
Overall		30	-0.051	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of households with high-speed internet
- Low prevalence of adults using e-cigarettes

Challenges

- High prevalence of non-medical drug use
- High prevalence of adults avoiding care due to cost
- High incidence of chlamydia

Key Findings

Frequent Physical Distress

42%▲

from 10.1% to 14.3% of adults between 2020 and 2024.

Unemployment

15%▼

from 5.5% to 4.7% of civilian workers age 16 and older between 2021 and 2024.

Colorectal Cancer Screening

20%▲

from 58.1% to 69.5% of adults ages 45-75 between 2022 and 2024.

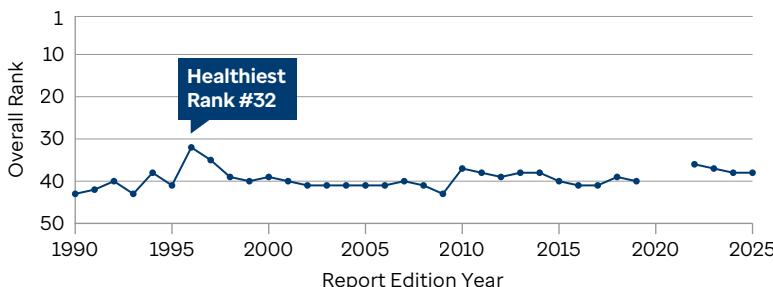
Air Pollution

7%▲

from 8.6 to 9.2 micrograms of fine particulate per cubic meter between 2015-2017 and 2022-2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Georgia

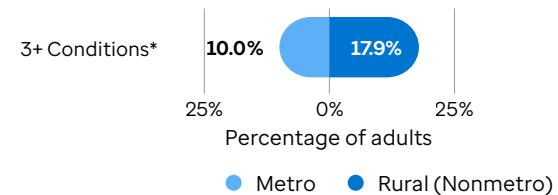
Rural Population in 2023

26.6%

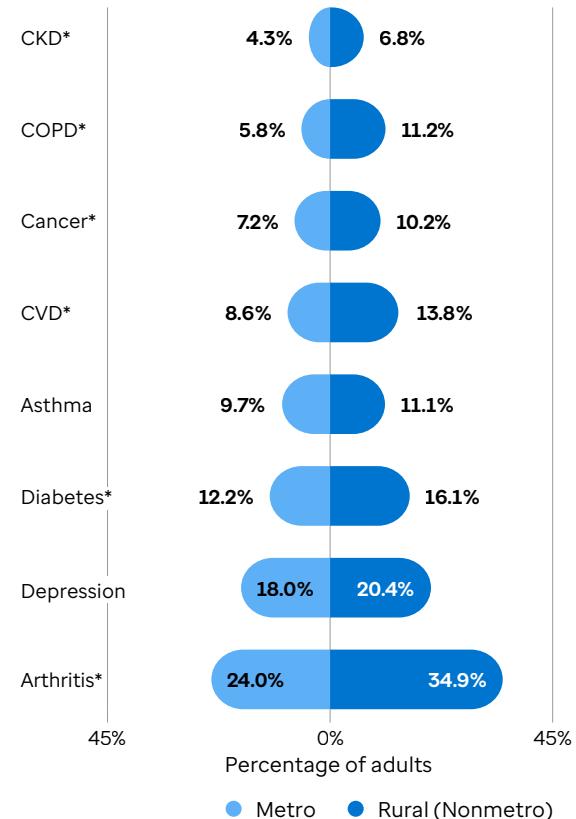
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Georgia

		State Rank	State Value	U.S. Value
Social & Economic Factors		35	-0.150	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	36	18.8	14.0
	Homicide (Deaths per 100,000 population)	42	10.0	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	38	5.4	4.2
	Public Health Funding (Dollars per person)	26	\$122	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	30	56	—
	Food Insecurity (% of households)	36	12.8%	12.2%
	Income Inequality (80:20 ratio)	34	4.73	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	28	30.4%	30.5%
	High School Completion (% of adults age 25+)	39	89.8%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	28	15.8%	14.1%
	High-Speed Internet (% of households)	19	94.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population age 16+)	39	25.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	22	60.7%	58.8%
Physical Environment		27	0.217	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	42	9.2	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
	Water Fluoridation (% of population served by community water systems)	6	95.1%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	36	8.9%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	21	11.0	22.6
	Housing Cost Burden (% of households)*	36	31.5%	32.0%
	Housing With Lead Risk (% of housing stock)	6	8.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	30	15.2%	16.8%
Clinical Care		46	-0.842	
Access to Care	Avoided Care Due to Cost (% of adults)	47	16.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	46	48.3	66.3
	Mental Health Providers (Providers per 100,000 population)	48	208.6	362.6
	Primary Care Providers (Providers per 100,000 population)	41	2672	291.4
	Uninsured (% of total population)	49	12.0%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	34	62.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	37	64.3%	66.9%
	Dental Visit (% of adults)	41	63.3%	67.5%
	Flu Vaccination (% of adults)	39	36.2%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	26	65.3%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	26	83.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	37	3,109	2,768
Behaviors		41	-0.409	
Nutrition and Physical Activity	Exercise (% of adults)	30	29.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	74%
	Physical Inactivity (% of adults)	34	23.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	46	646.4	492.2
	High-Risk HIV Behaviors (% of adults)	45	6.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	38	16.5	13.1
Sleep Health	Insufficient Sleep (% of adults)	40	38.1%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	18	7.6%	8.0%
	Smoking (% of adults)	23	11.2%	11.6%
Health Outcomes		31	-0.161	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	14	23.3	31.4
	Excessive Drinking (% of adults)	5	14.3%	170%
	Frequent Mental Distress (% of adults)	31	16.1%	15.6%
	Non-Medical Drug Use (% of adults)	41	19.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	35	8,817	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
Physical Health	Frequent Physical Distress (% of adults)	36	14.3%	13.0%
	Low Birth Weight (% of live births)	47	10.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	26	11.4%	11.3%
	Obesity (% of adults)	31	35.4%	34.2%
Overall		38	-0.271	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of obesity
- Low prevalence of cigarette smoking

Challenges

- High economic hardship index score
- Low voter participation
- High prevalence of adults using e-cigarettes

Key Findings

Homelessness

85%▲

from 43.4 to 80.5 people per 10,000 population between 2023 and 2024.

Cardiovascular Diseases

30%▲

from 6.7% to 8.7% of adults between 2021 and 2024.

Volunteerism

49%▲

from 19.7% to 29.4% of people age 16 and older between 2021 and 2023.

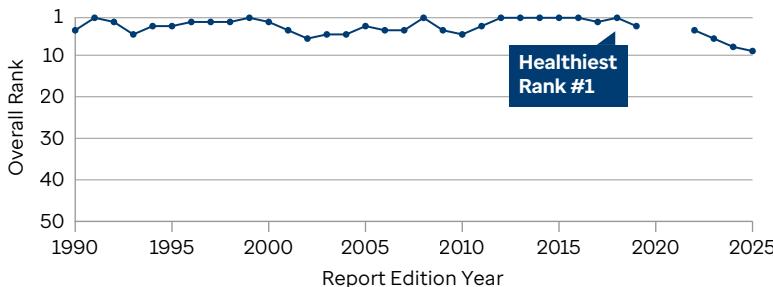
Cancer Screenings

12%▲

from 58.2% to 65.2% of adults ages 40-75 between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Hawaii

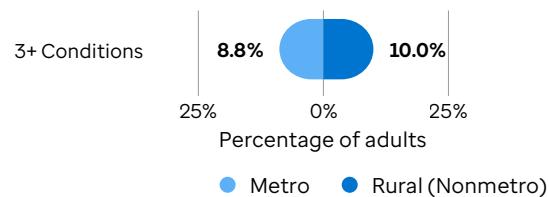
Rural Population in 2023

14.0%

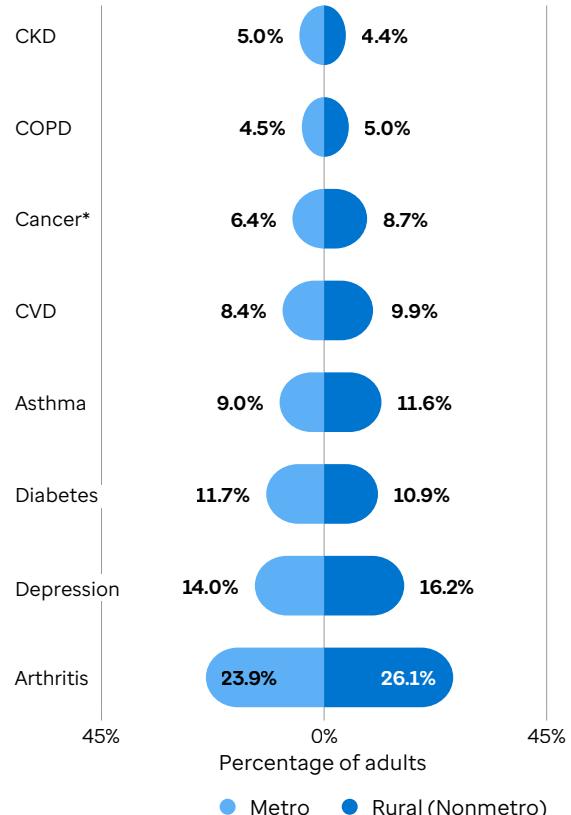
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Hawaii

		State Rank	State Value	U.S. Value
Social & Economic Factors		13	0.441	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	4	5.1	14.0
	Homicide (Deaths per 100,000 population)	4	2.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	13	\$156	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	35	66	—
	Food Insecurity (% of households)	8	9.6%	12.2%
	Income Inequality (80:20 ratio)	16	4.38	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	22	31.6%	30.5%
	High School Completion (% of adults age 25+)	9	93.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	14	13.2%	14.1%
	High-Speed Internet (% of households)	14	95.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	32	29.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	41	54.3%	58.8%
Physical Environment		25	0.263	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	2	4.7	8.8
	Drinking Water Violations (Average violations per community water system)	1	0.0	2.5
	Water Fluoridation (% of population served by community water systems)	50	8.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	22	21.2%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	50	80.5	22.6
	Housing Cost Burden (% of households)*	47	37.7%	32.0%
	Housing With Lead Risk (% of housing stock)	12	10.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	50	26.1%	16.8%
Clinical Care		5	1.119	
Access to Care	Avoided Care Due to Cost (% of adults)	1	6.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	4	81.7	66.3
	Mental Health Providers (Providers per 100,000 population)	29	338.3	362.6
	Primary Care Providers (Providers per 100,000 population)	36	283.2	291.4
	Uninsured (% of total population)	2	3.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	21	65.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	17	69.1%	66.9%
	Dental Visit (% of adults)	3	74.5%	67.5%
	Flu Vaccination (% of adults)	10	45.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	3	75.6%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	11	87.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	4	1,671	2,768
Behaviors		23	0.059	
Nutrition and Physical Activity	Exercise (% of adults)	9	31.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	19	7.9%	7.4%
	Physical Inactivity (% of adults)	17	21.3%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	21	435.6	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	23	11.3	13.1
Sleep Health	Insufficient Sleep (% of adults)	50	45.6%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	38	9.3%	8.0%
	Smoking (% of adults)	5	8.1%	11.6%
Health Outcomes		4	0.799	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	11	22.3	31.4
	Excessive Drinking (% of adults)	26	17.1%	17.0%
	Frequent Mental Distress (% of adults)	1	12.6%	15.6%
	Non-Medical Drug Use (% of adults)	9	11.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	9	6,523	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	7	11.4%	13.0%
	Low Birth Weight (% of live births)	30	8.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	4	9.0%	11.3%
	Obesity (% of adults)	2	27.0%	34.2%
Overall		9	0.538	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low income inequality
- Low incidence of chlamydia
- Low homicide rate

Challenges

- High prevalence of frequent physical distress
- Low flu vaccination rate among adults
- Fewer than three of four climate policies in place

Key Findings

Excessive Drinking

18%▼

from 18.7% to 15.3%
of adults between 2019
and 2024.

Cancer Screenings

15%▲

from 53.5% to 61.7%
of adults ages 40-75 between
2022 and 2024.

Homelessness

17%▲

from 11.7 to 13.7 people
per 10,000 population
between 2023 and 2024.

Obesity

15%▲

from 28.4% to 32.7%
of adults between 2018
and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Idaho

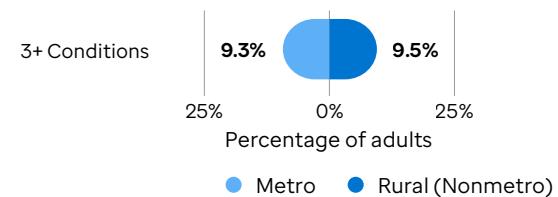
Rural Population in 2023

30.8%

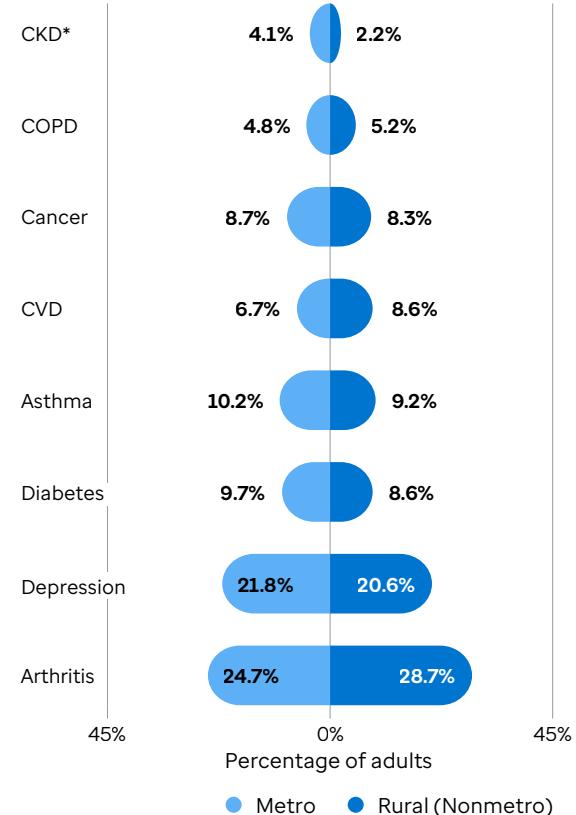
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Idaho

		State Rank	State Value	U.S. Value
Social & Economic Factors		23	0.170	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	33	18.1	14.0
	Homicide (Deaths per 100,000 population)	4	2.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	27	\$119	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	28	54	—
	Food Insecurity (% of households)	23	11.3%	12.2%
	Income Inequality (80:20 ratio)	2	3.91	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	18	31.9%	30.5%
	High School Completion (% of adults age 25+)	16	92.5%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	40	18.3%	14.1%
	High-Speed Internet (% of households)	25	94.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	47	77	—
	Volunteerism (% of population age 16+)	13	34.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	35	56.8%	58.8%
Physical Environment		43	-0.082	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
	Water Fluoridation (% of population served by community water systems)	47	31.0%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	4	66.7%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	31	13.7	22.6
	Housing Cost Burden (% of households)*	20	27.6%	32.0%
	Housing With Lead Risk (% of housing stock)	15	10.9%	16.1%
	Severe Housing Problems (% of occupied housing units)	16	13.2%	16.8%
Clinical Care		31	-0.168	
Access to Care	Avoided Care Due to Cost (% of adults)	29	11.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	31	60.2	66.3
	Mental Health Providers (Providers per 100,000 population)	31	301.8	362.6
	Primary Care Providers (Providers per 100,000 population)	42	265.6	291.4
	Uninsured (% of total population)	38	9.2%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	37	61.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	16	69.4%	66.9%
	Dental Visit (% of adults)	16	69.1%	67.5%
	Flu Vaccination (% of adults)	44	34.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	42	55.9%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	40	80.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	1	1,531	2,768
Behaviors		13	0.418	
Nutrition and Physical Activity	Exercise (% of adults)	31	29.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	44	5.4%	7.4%
	Physical Inactivity (% of adults)	13	20.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	5	294.9	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	16	10.5	13.1
Sleep Health	Insufficient Sleep (% of adults)	10	32.5%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	24	8.0%	8.0%
	Smoking (% of adults)	10	9.6%	11.6%
Health Outcomes		7	0.652	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	8	19.6	31.4
	Excessive Drinking (% of adults)	11	15.3%	17.0%
	Frequent Mental Distress (% of adults)	24	15.6%	15.6%
	Non-Medical Drug Use (% of adults)	23	14.7%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	11	6,848	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
Physical Health	Frequent Physical Distress (% of adults)	34	14.0%	13.0%
	Low Birth Weight (% of live births)	3	6.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	4	1.4	2.1
	Multiple Chronic Conditions (% of adults)	5	9.4%	11.3%
	Obesity (% of adults)	18	32.7%	34.2%
Overall		16	0.264	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of cigarette smoking
- High number of dental care providers per 100,000

Challenges

- High prevalence of excessive drinking
- High preventable hospitalization rate
- High levels of air pollution

Key Findings

Homicide

17%▼

from 11.2 to 9.3 deaths per 100,000 population between 2020-2021 and 2022-2023.

Flu Vaccination

12%▼

from 45.2% to 39.9% of adults between 2023 and 2024.

Depression

15%▲

from 18.1% to 20.8% of adults between 2023 and 2024.

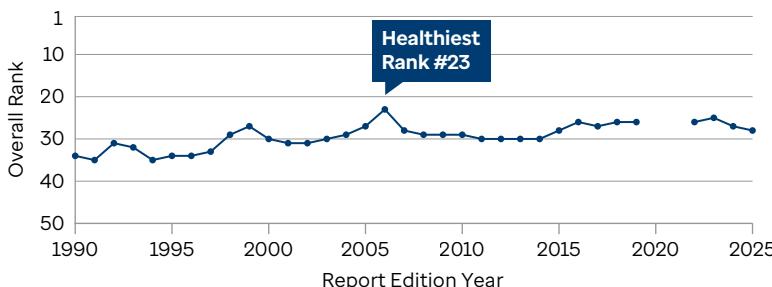
Mental Health Providers

6%▲

from 349.4 to 369.3 per 100,000 population between September 2024 and September 2025.

Trends

Annual Report Rank History



Spotlight

Rural Health in Illinois

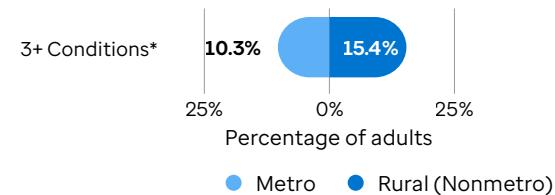
Rural Population in 2023

13.2%

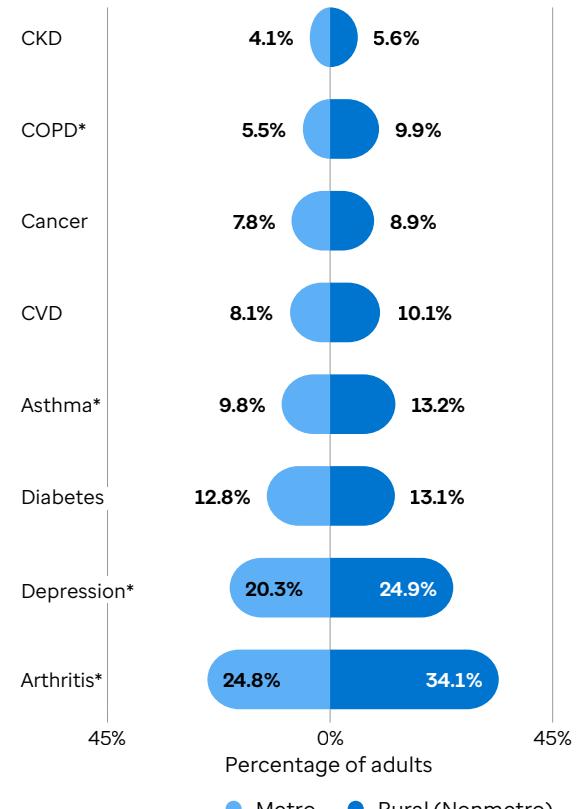
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Illinois

		State Rank	State Value	U.S. Value
Social & Economic Factors		32	-0.062	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	18	13.5	14.0
	Homicide (Deaths per 100,000 population)	40	9.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	31	\$110	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	27	52	—
	Food Insecurity (% of households)	33	12.4%	12.2%
	Income Inequality (80:20 ratio)	39	4.89	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	28	30.4%	30.5%
	High School Completion (% of adults age 25+)	31	90.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	11	12.6%	14.1%
	High-Speed Internet (% of households)	20	94.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	43	73	—
	Volunteerism (% of population age 16+)	27	30.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	26	59.0%	58.8%
Physical Environment		40	0.008	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	47	10.3	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	3	98.2%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	26	15.3%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	38	20.3	22.6
	Housing Cost Burden (% of households)*	32	29.9%	32.0%
	Housing With Lead Risk (% of housing stock)	44	23.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	32	15.6%	16.8%
Clinical Care		26	-0.067	
Access to Care	Avoided Care Due to Cost (% of adults)	27	11.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	6	776	66.3
	Mental Health Providers (Providers per 100,000 population)	23	369.3	362.6
	Primary Care Providers (Providers per 100,000 population)	27	299.4	291.4
	Uninsured (% of total population)	22	6.9%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	34	62.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	29	66.4%	66.9%
	Dental Visit (% of adults)	32	65.7%	67.5%
	Flu Vaccination (% of adults)	29	39.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	21	66.2%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	33	82.6%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	45	3,358	2,768
Behaviors		26	-0.048	
Nutrition and Physical Activity	Exercise (% of adults)	33	29.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	36	23.3%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	40	5577	492.2
	High-Risk HIV Behaviors (% of adults)	31	5.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	17	10.7	13.1
Sleep Health	Insufficient Sleep (% of adults)	29	36.0%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	12	6.8%	8.0%
	Smoking (% of adults)	18	10.5%	11.6%
Health Outcomes		27	0.013	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	16	28.1	31.4
	Excessive Drinking (% of adults)	40	19.4%	17.0%
	Frequent Mental Distress (% of adults)	3	13.0%	15.6%
	Non-Medical Drug Use (% of adults)	35	17.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	19	7,477	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	38	2.1	1.9
Physical Health	Frequent Physical Distress (% of adults)	16	12.3%	13.0%
	Low Birth Weight (% of live births)	33	8.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	20	10.8%	11.3%
	Obesity (% of adults)	24	34.2%	34.2%
Overall		28	-0.034	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- Low income inequality
- High volunteerism rate

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of obesity
- Low voter participation

Key Findings

Drug Deaths

22%▼

from 42.1 to 32.7 deaths per 100,000 population between 2021 and 2023.

Premature Death

17%▼

from 10,952 to 9,093 years lost before age 75 per 100,000 population between 2021 and 2023.

Diabetes

21%▲

from 11.8% to 14.3% of adults between 2020 and 2024.

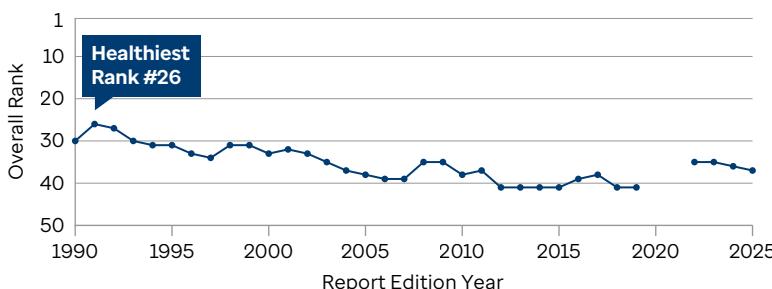
Flu Vaccination

13%▼

from 45.6% to 39.5% of adults between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Indiana

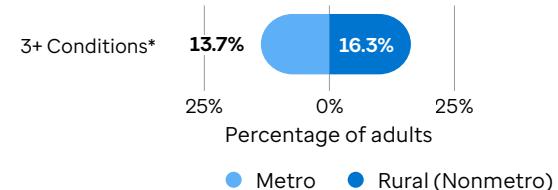
Rural Population in 2023

28.9%

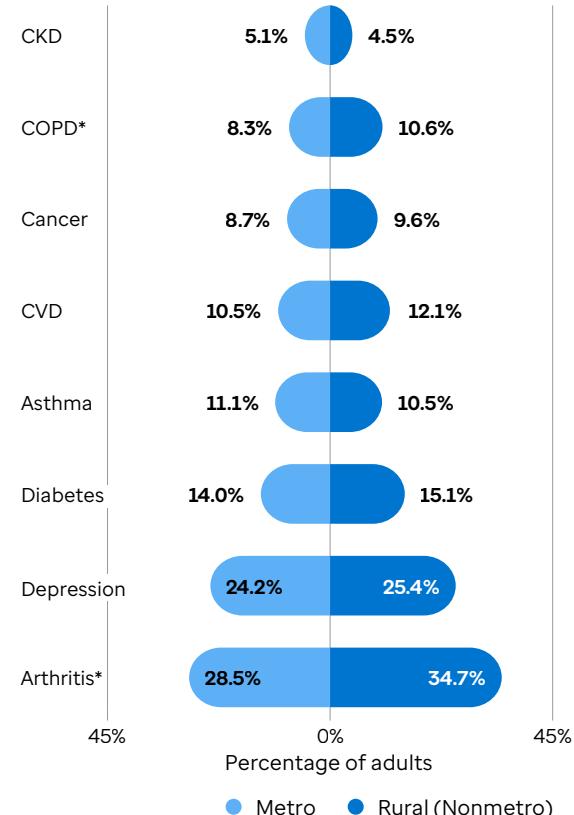
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Indiana

		State Rank	State Value	U.S. Value
Social & Economic Factors		39	-0.257	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	34	18.3	14.0
	Homicide (Deaths per 100,000 population)	37	7.5	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.0	4.2
	Public Health Funding (Dollars per person)	48	\$73	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	34	61	—
	Food Insecurity (% of households)	31	12.2%	12.2%
	Income Inequality (80:20 ratio)	14	4.30	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	8	34.5%	30.5%
	High School Completion (% of adults age 25+)	32	90.6%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	40	18.3%	14.1%
	High-Speed Internet (% of households)	37	93.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	37	69	—
	Volunteerism (% of population age 16+)	17	33.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	48	51.3%	58.8%
Physical Environment		30	0.187	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	44	9.5	8.8
	Drinking Water Violations (Average violations per community water system)	29	2.0	2.5
	Water Fluoridation (% of population served by community water systems)	11	91.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	27	14.4%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	11	9.1	22.6
	Housing Cost Burden (% of households)*	9	25.8%	32.0%
	Housing With Lead Risk (% of housing stock)	34	19.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	6	12.2%	16.8%
Clinical Care		28	-0.102	
Access to Care	Avoided Care Due to Cost (% of adults)	24	11.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	41	54.4	66.3
	Mental Health Providers (Providers per 100,000 population)	44	236.0	362.6
	Primary Care Providers (Providers per 100,000 population)	33	285.5	291.4
	Uninsured (% of total population)	26	7.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	26	64.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	11	71.7%	66.9%
	Dental Visit (% of adults)	35	65.1%	67.5%
	Flu Vaccination (% of adults)	31	39.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	40	56.6%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	12	87.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	38	3,158	2,768
Behaviors		40	-0.404	
Nutrition and Physical Activity	Exercise (% of adults)	32	29.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	16	8.7%	7.4%
	Physical Inactivity (% of adults)	38	24.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	29	491.0	492.2
	High-Risk HIV Behaviors (% of adults)	31	5.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	35	15.7	13.1
Sleep Health	Insufficient Sleep (% of adults)	37	37.7%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	37	9.2%	8.0%
	Smoking (% of adults)	39	13.9%	11.6%
Health Outcomes		34	-0.231	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	30	32.7	31.4
	Excessive Drinking (% of adults)	13	15.9%	17.0%
	Frequent Mental Distress (% of adults)	36	16.9%	15.6%
	Non-Medical Drug Use (% of adults)	16	12.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	37	9,093	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	34	14.0%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	40	14.3%	11.3%
	Obesity (% of adults)	44	38.4%	34.2%
Overall		37	-0.212	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low income inequality

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low prevalence of households with high-speed internet

Key Findings

Depression

22%▲

from 16.2% to 19.8% of adults between 2019 and 2024.

Colorectal Cancer Screening

12%▲

from 64.1% to 71.6% of adults ages 45-75 between 2022 and 2024.

HPV Vaccination

20%▼

from 74.9% to 59.8% of adolescents ages 13-17 between 2022 and 2024.

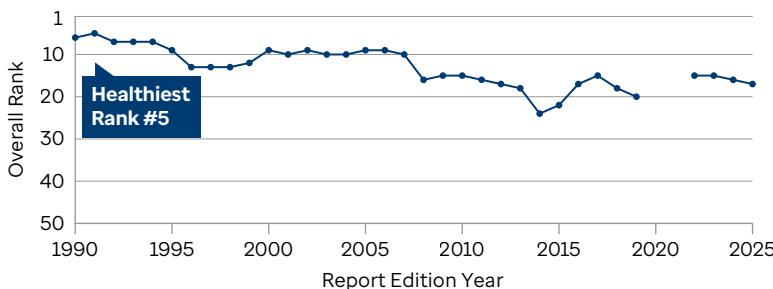
Premature Death

7%▼

from 7,688 to 7,155 years lost before age 75 per 100,000 population between 2022 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in Iowa

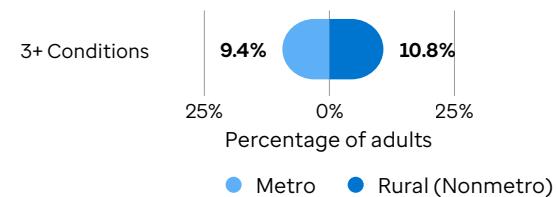
Rural Population in 2023

37.3%

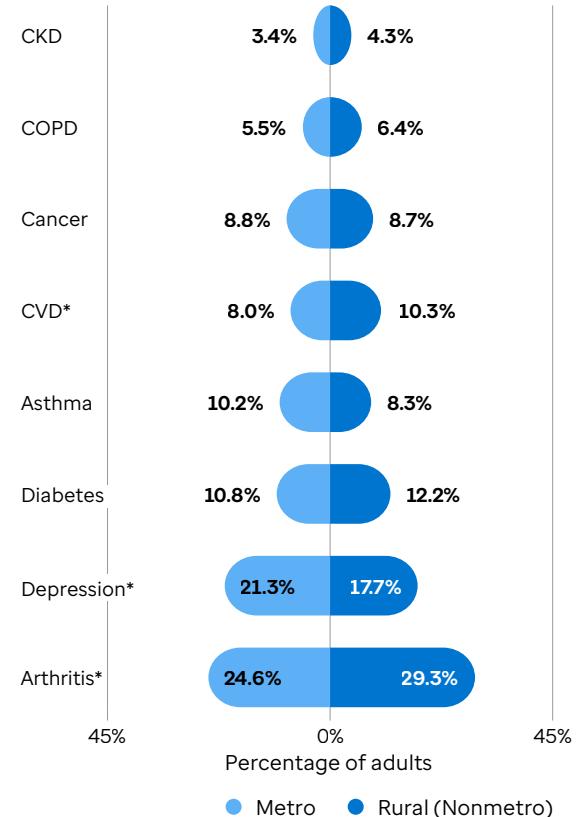
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Iowa

		State Rank	State Value	U.S. Value
Social & Economic Factors		16	0.379	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	10	10.6	14.0
	Homicide (Deaths per 100,000 population)	7	2.6	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	29	4.5	4.2
	Public Health Funding (Dollars per person)	35	\$105	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	16	45	—
	Food Insecurity (% of households)	10	9.8%	12.2%
	Income Inequality (80:20 ratio)	6	4.09	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	32	29.2%	30.5%
	High School Completion (% of adults age 25+)	14	93.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	30	15.9%	14.1%
	High-Speed Internet (% of households)	45	92.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	10	35.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	18	61.8%	58.8%
Physical Environment		20	0.317	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	15	88.8%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	5	65.5%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	3	8.1	22.6
	Housing Cost Burden (% of households)*	3	23.8%	32.0%
	Housing With Lead Risk (% of housing stock)	45	23.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	2	11.3%	16.8%
Clinical Care		17	0.386	
Access to Care	Avoided Care Due to Cost (% of adults)	3	8.0%	11.5%
	Dental Care Providers (Providers per 100,000 population)	26	62.2	66.3
	Mental Health Providers (Providers per 100,000 population)	42	237.0	362.6
	Primary Care Providers (Providers per 100,000 population)	35	283.3	291.4
	Uninsured (% of total population)	11	5.4%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	15	66.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	12	70.9%	66.9%
	Dental Visit (% of adults)	12	69.6%	67.5%
	Flu Vaccination (% of adults)	19	42.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	33	59.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	38	81.1%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	14	2,387	2,768
Behaviors		30	-0.092	
Nutrition and Physical Activity	Exercise (% of adults)	43	25.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	31	6.7%	7.4%
	Physical Inactivity (% of adults)	25	21.8%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	18	426.8	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	24	11.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	15	32.9%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	35	8.9%	8.0%
	Smoking (% of adults)	34	12.9%	11.6%
Health Outcomes		17	0.210	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	3	14.4	31.4
	Excessive Drinking (% of adults)	48	21.4%	17.0%
	Frequent Mental Distress (% of adults)	16	14.9%	15.6%
	Non-Medical Drug Use (% of adults)	4	10.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	14	7,155	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	39	2.2	1.9
Physical Health	Frequent Physical Distress (% of adults)	9	11.7%	13.0%
	Low Birth Weight (% of live births)	12	7.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	12	10.0%	11.3%
	Obesity (% of adults)	34	36.6%	34.2%
Overall		17	0.238	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High volunteerism rate
- Low income inequality

Challenges

- High prevalence of obesity
- High prevalence of cigarette smoking
- Low number of mental health providers per 100,000 population

Key Findings

Cancer Screenings

16%▲

from 54.8% to 63.6%
of adults ages 40-75
between 2022 and 2024.

Arthritis

11%▲

from 24.5% to 27.1% of
adults between 2020
and 2024.

High Health Status

12%▼

from 53.4% to 47.2% of
adults between 2014
and 2024.

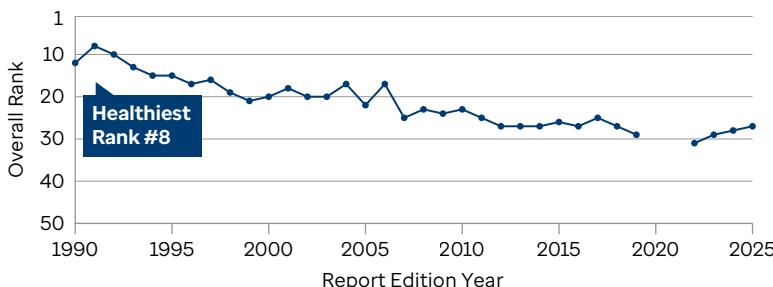
Renewable Energy

11%▲

from 46.9% to 52.0% of
total electricity between
2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Kansas

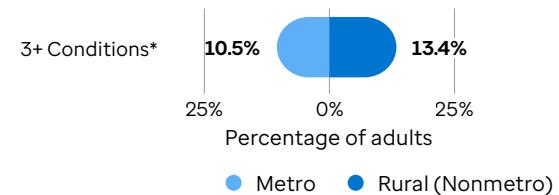
Rural Population in 2023

28.2%

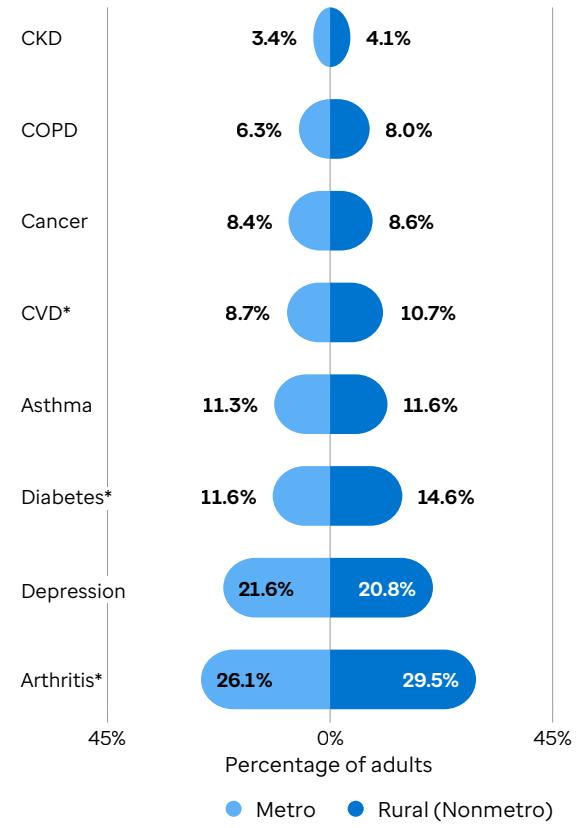
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Kansas

		State Rank	State Value	U.S. Value
Social & Economic Factors		20	0.312	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	29	16.2	14.0
	Homicide (Deaths per 100,000 population)	25	5.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	31	4.8	4.2
	Public Health Funding (Dollars per person)	38	\$95	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	25	51	—
	Food Insecurity (% of households)	17	10.6%	12.2%
	Income Inequality (80:20 ratio)	11	4.25	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	35	28.3%	30.5%
	High School Completion (% of adults age 25+)	22	92.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	27	15.7%	14.1%
	High-Speed Internet (% of households)	25	94.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population age 16+)	5	39.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	9	65.1%	58.8%
Physical Environment		42	-0.058	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	40	8.7	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
	Water Fluoridation (% of population served by community water systems)	32	65.4%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	8	52.0%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	13	9.4	22.6
	Housing Cost Burden (% of households)*	7	25.4%	32.0%
	Housing With Lead Risk (% of housing stock)	36	20.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	7	12.3%	16.8%
Clinical Care		30	-0.111	
Access to Care	Avoided Care Due to Cost (% of adults)	24	11.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	38	56.8	66.3
	Mental Health Providers (Providers per 100,000 population)	38	283.5	362.6
	Primary Care Providers (Providers per 100,000 population)	24	308.6	291.4
	Uninsured (% of total population)	34	8.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	30	63.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	29	66.4%	66.9%
	Dental Visit (% of adults)	20	68.4%	67.5%
	Flu Vaccination (% of adults)	28	40.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	35	59.7%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	32	82.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	20	2,525	2,768
Behaviors		37	-0.327	
Nutrition and Physical Activity	Exercise (% of adults)	39	26.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	33	6.5%	7.4%
	Physical Inactivity (% of adults)	30	22.4%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	23	453.8	492.2
	High-Risk HIV Behaviors (% of adults)	11	5.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	34	15.1	13.1
Sleep Health	Insufficient Sleep (% of adults)	24	35.5%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	40	9.4%	8.0%
	Smoking (% of adults)	37	13.7%	11.6%
Health Outcomes		25	0.099	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	10	22.2	31.4
	Excessive Drinking (% of adults)	33	17.7%	17.0%
	Frequent Mental Distress (% of adults)	29	15.9%	15.6%
	Non-Medical Drug Use (% of adults)	15	12.8%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	30	8,205	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
Physical Health	Frequent Physical Distress (% of adults)	14	12.0%	13.0%
	Low Birth Weight (% of live births)	12	7.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	26	11.4%	11.3%
	Obesity (% of adults)	42	37.6%	34.2%
Overall		27	0.031	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High number of primary care providers per 100,000 population
- Low incidence of chlamydia

Challenges

- High prevalence of multiple chronic conditions
- High economic hardship index score
- High prevalence of cigarette smoking

Key Findings

Homicide

23%▼

from 9.0 to 6.9 deaths per 100,000 population between 2020-2021 and 2022-2023.

Colorectal Cancer Screening

11%▲

from 64.0% to 71.0% of adults ages 45-75 between 2022 and 2024.

Depression

17%▲

from 24.2% to 28.3% of adults between 2020 and 2024.

Homelessness

9%▲

from 10.5 to 11.4 people per 10,000 population between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Kentucky

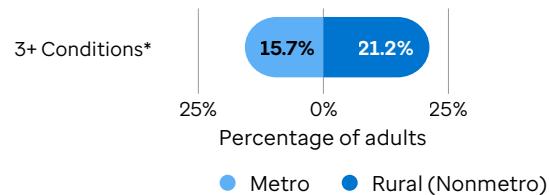
Rural Population in 2023

41.6%

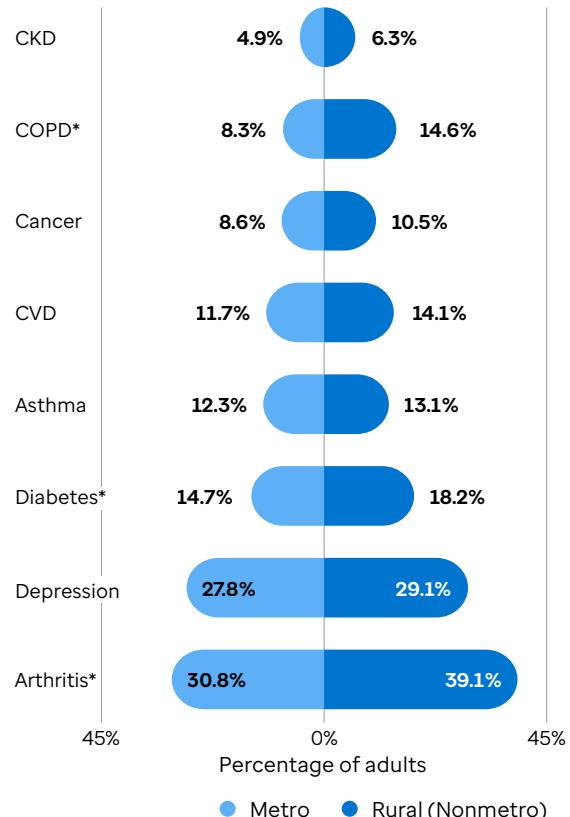
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Kentucky

		State Rank	State Value	U.S. Value
Social & Economic Factors		45	-0.680	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	35	18.6	14.0
	Homicide (Deaths per 100,000 population)	31	6.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.0	4.2
	Public Health Funding (Dollars per person)	33	\$108	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	46	85	—
	Food Insecurity (% of households)	45	14.5%	12.2%
	Income Inequality (80:20 ratio)	41	5.04	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	12	32.7%	30.5%
	High School Completion (% of adults age 25+)	43	89.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	46	20.8%	14.1%
	High-Speed Internet (% of households)	46	92.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	35	27.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	24	60.0%	58.8%
Physical Environment		14	0.442	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	27	8.1	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
	Water Fluoridation (% of population served by community water systems)	1	99.7%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	42	6.7%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	23	11.4	22.6
	Housing Cost Burden (% of households)*	5	24.9%	32.0%
	Housing With Lead Risk (% of housing stock)	23	14.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	14	12.9%	16.8%
Clinical Care		34	-0.283	
Access to Care	Avoided Care Due to Cost (% of adults)	33	12.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	33	60.0	66.3
	Mental Health Providers (Providers per 100,000 population)	26	345.2	362.6
	Primary Care Providers (Providers per 100,000 population)	15	326.1	291.4
	Uninsured (% of total population)	21	6.8%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	27	64.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	39	64.1%	66.9%
	Dental Visit (% of adults)	46	58.7%	67.5%
	Flu Vaccination (% of adults)	25	40.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	30	61.1%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	18	85.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	46	3,377	2,768
Behaviors		43	-0.776	
Nutrition and Physical Activity	Exercise (% of adults)	—	—	30.4%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	74%
	Physical Inactivity (% of adults)	46	28.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	13	381.9	492.2
	High-Risk HIV Behaviors (% of adults)	23	5.5%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	47	20.7	13.1
Sleep Health	Insufficient Sleep (% of adults)	46	39.3%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	46	10.7%	8.0%
	Smoking (% of adults)	48	17.2%	11.6%
Health Outcomes		45	-0.549	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	44	45.9	31.4
	Excessive Drinking (% of adults)	8	14.8%	170%
	Frequent Mental Distress (% of adults)	44	18.4%	15.6%
	Non-Medical Drug Use (% of adults)	22	14.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	45	10,939	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
Physical Health	Frequent Physical Distress (% of adults)	47	17.4%	13.0%
	Low Birth Weight (% of live births)	32	8.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	48	18.0%	11.3%
	Obesity (% of adults)	40	37.2%	34.2%
Overall		43	-0.495	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High reading proficiency among fourth grade public school students
- High prevalence of adults with a dedicated health care provider
- High prevalence of cancer screenings

Challenges

- High economic hardship index score
- High homicide rate
- High incidence of chlamydia

Key Findings

Frequent Mental Distress

57%▲

from 12.6% to 19.8% of adults between 2014 and 2024.

Air Pollution

14%▲

from 7.4 to 8.4 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

Colorectal Cancer Screening

16%▲

from 63.2% to 73.2% of adults ages 45-75 between 2022 and 2024.

Drug Deaths

10%▼

from 54.0 to 48.6 deaths per 100,000 population between 2021 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in Louisiana

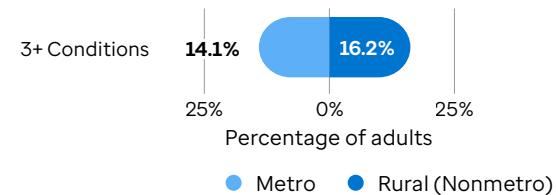
Rural Population in 2023

29.1%

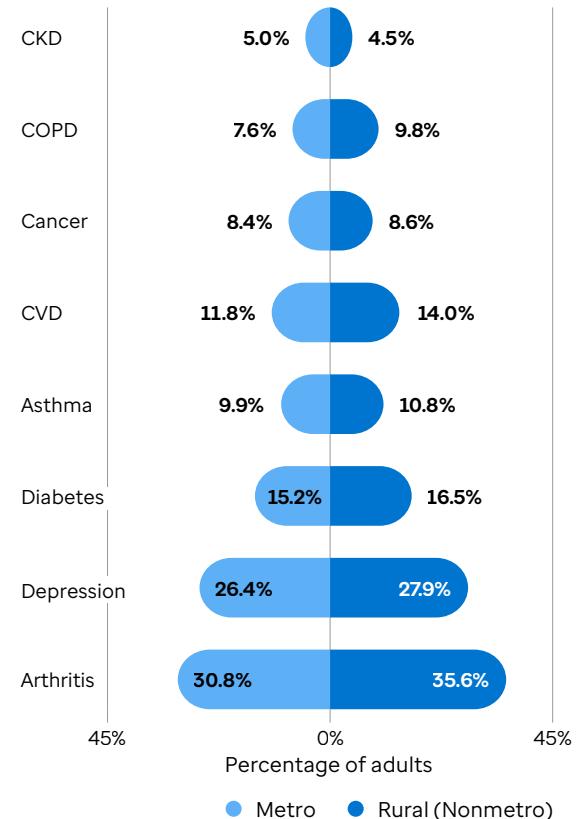
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Louisiana

		State Rank	State Value	U.S. Value
Social & Economic Factors		50	-1.060	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	49	27.6	14.0
	Homicide (Deaths per 100,000 population)	49	17.8	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	42	5.9	4.2
	Public Health Funding (Dollars per person)	22	\$130	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	50	100	—
	Food Insecurity (% of households)	47	16.2%	12.2%
	Income Inequality (80:20 ratio)	49	5.70	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	20	31.8%	30.5%
	High School Completion (% of adults age 25+)	44	88.2%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	38	17.9%	14.1%
	High-Speed Internet (% of households)	42	92.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	8	56	—
	Volunteerism (% of population age 16+)	43	23.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	45	53.1%	58.8%
Physical Environment		48	-0.295	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	47	4.0	2.5
	Water Fluoridation (% of population served by community water systems)	45	37.9%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	50	2.2%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	2	75	22.6
	Housing Cost Burden (% of households)*	31	29.8%	32.0%
	Housing With Lead Risk (% of housing stock)	18	11.9%	16.1%
	Severe Housing Problems (% of occupied housing units)	34	15.8%	16.8%
Clinical Care		38	-0.377	
Access to Care	Avoided Care Due to Cost (% of adults)	44	14.8%	11.5%
	Dental Care Providers (Providers per 100,000 population)	44	53.2	66.3
	Mental Health Providers (Providers per 100,000 population)	27	344.8	362.6
	Primary Care Providers (Providers per 100,000 population)	38	274.6	291.4
	Uninsured (% of total population)	27	7.7%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	12	67.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	20	68.5%	66.9%
	Dental Visit (% of adults)	44	61.2%	67.5%
	Flu Vaccination (% of adults)	46	33.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	23	65.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	14	86.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	48	3,451	2,768
Behaviors		50	-1.436	
Nutrition and Physical Activity	Exercise (% of adults)	38	26.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	43	27.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	50	792.4	492.2
	High-Risk HIV Behaviors (% of adults)	48	6.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	48	23.1	13.1
Sleep Health	Insufficient Sleep (% of adults)	47	39.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	42	9.6%	8.0%
	Smoking (% of adults)	46	15.0%	11.6%
Health Outcomes		50	-1.003	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	46	48.6	31.4
	Excessive Drinking (% of adults)	38	18.7%	17.0%
	Frequent Mental Distress (% of adults)	48	19.8%	15.6%
	Non-Medical Drug Use (% of adults)	33	16.8%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	48	11,285	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	46	15.2%	13.0%
	Low Birth Weight (% of live births)	49	11.3%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	41	14.4%	11.3%
	Obesity (% of adults)	47	39.2%	34.2%
Overall		50	-0.942	

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— Data are not available, missing or suppressed.

Summary

Strengths

- Low economic hardship index score
- High prevalence of high school completion
- Low incidence of chlamydia

Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- Low reading proficiency among fourth grade public school students

Key Findings

E-Cigarette Use

51%▲

from 4.3% to 6.5% of adults between 2020 and 2024.

Premature Death

13%▼

from 9,327 to 8,082 years lost before age 75 per 100,000 population between 2022 and 2023.

Uninsured

31%▼

from 8.0% to 5.5% of the population between 2019 and 2024.

Arthritis

10%▲

from 31.1% to 34.3% of adults between 2021 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Maine

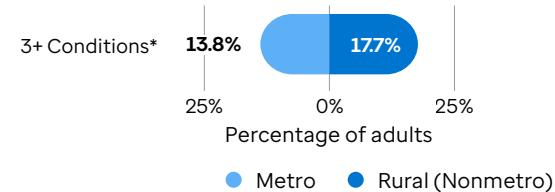
Rural Population in 2023

61.5%

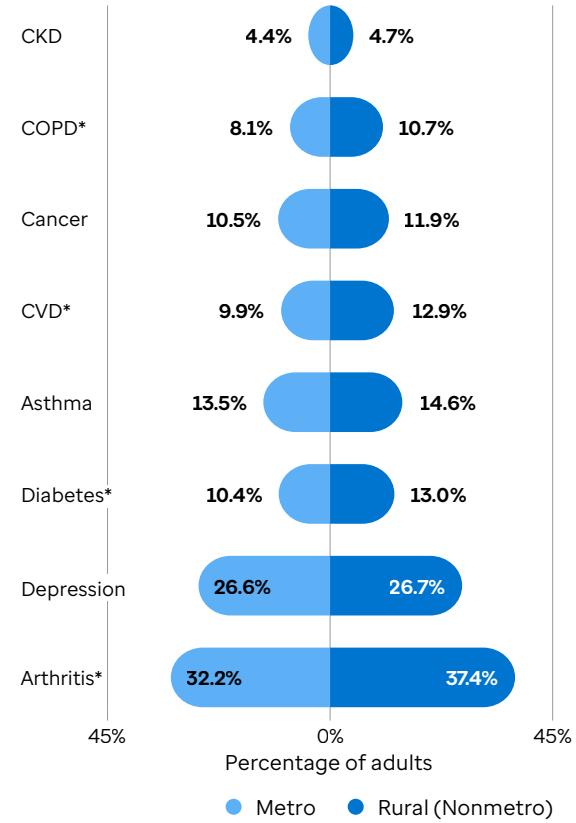
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Maine

		State Rank	State Value	U.S. Value
Social & Economic Factors		17	0.364	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	23	14.3	14.0
	Homicide (Deaths per 100,000 population)	7	2.6	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	3	3.4	4.2
	Public Health Funding (Dollars per person)	12	\$157	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	7	28	—
	Food Insecurity (% of households)	21	10.9%	12.2%
	Income Inequality (80:20 ratio)	22	4.52	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	45	26.1%	30.5%
	High School Completion (% of adults age 25+)	2	94.8%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	33	16.7%	14.1%
	High-Speed Internet (% of households)	28	94.2%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	46	75	—
	Volunteerism (% of population age 16+)	11	34.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	7	65.5%	58.8%
Physical Environment		3	0.743	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	21	79.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	11	43.1%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	36	19.2	22.6
	Housing Cost Burden (% of households)*	20	276%	32.0%
	Housing With Lead Risk (% of housing stock)	41	22.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	10	12.6%	16.8%
Clinical Care		7	1.056	
Access to Care	Avoided Care Due to Cost (% of adults)	8	9.2%	11.5%
	Dental Care Providers (Providers per 100,000 population)	22	65.5	66.3
	Mental Health Providers (Providers per 100,000 population)	5	602.3	362.6
	Primary Care Providers (Providers per 100,000 population)	2	386.1	291.4
	Uninsured (% of total population)	12	5.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	6	70.4%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	7	74.4%	66.9%
	Dental Visit (% of adults)	27	66.9%	67.5%
	Flu Vaccination (% of adults)	3	50.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	18	66.9%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	2	90.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	12	2,275	2,768
Behaviors		10	0.487	
Nutrition and Physical Activity	Exercise (% of adults)	17	31.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	26	7.1%	7.4%
	Physical Inactivity (% of adults)	18	21.4%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	3	2174	492.2
	High-Risk HIV Behaviors (% of adults)	11	5.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	5	7.2	13.1
Sleep Health	Insufficient Sleep (% of adults)	11	32.7%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	9	6.5%	8.0%
	Smoking (% of adults)	43	14.4%	11.6%
Health Outcomes		24	0.112	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	42	42.8	31.4
	Excessive Drinking (% of adults)	21	16.5%	17.0%
	Frequent Mental Distress (% of adults)	35	16.4%	15.6%
	Non-Medical Drug Use (% of adults)	13	11.8%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	28	8,082	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
Physical Health	Frequent Physical Distress (% of adults)	43	15.1%	13.0%
	Low Birth Weight (% of live births)	20	8.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2	1.3	2.1
	Multiple Chronic Conditions (% of adults)	44	15.4%	11.3%
	Obesity (% of adults)	20	33.2%	34.2%
Overall		13	0.467	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- Low economic hardship index score
- Low prevalence of adults using e-cigarettes

Challenges

- High homicide rate
- High incidence of chlamydia
- High prevalence of insufficient sleep

Key Findings

Firearm Deaths

21%▼

from 15.0 to 11.9 deaths per 100,000 population between 2021 and 2023.

Depression

14%▲

from 16.6% to 18.9% of adults between 2021 and 2024.

Colorectal Cancer Screening

18%▲

from 63.2% to 74.7% of adults ages 45-75 between 2022 and 2024.

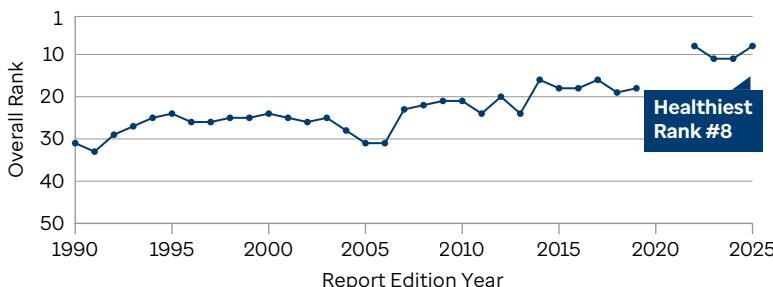
Air Pollution

12%▲

from 6.6 to 7.4 micrograms of fine particulate per cubic meter between 2020-2022 and 2022-2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Maryland

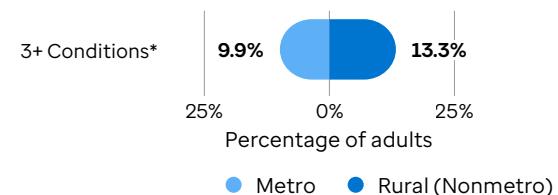
Rural Population in 2023

14.7%

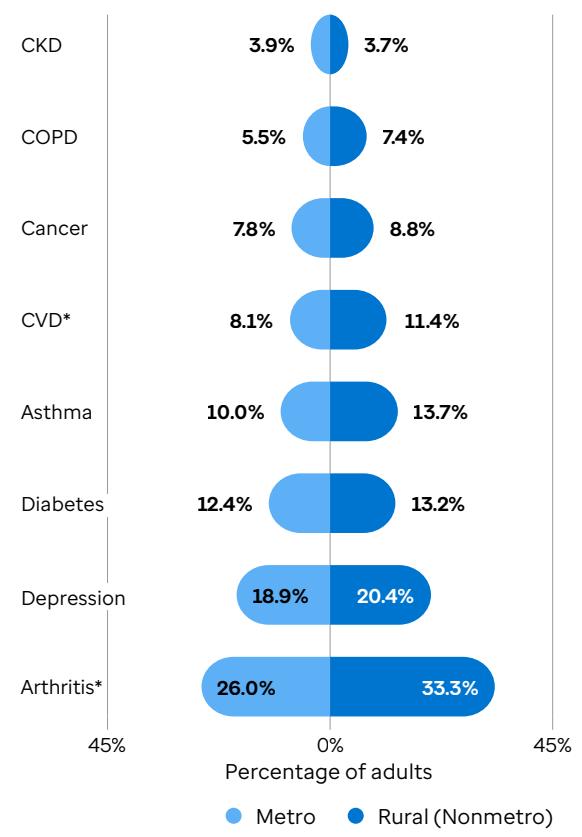
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Maryland

		State Rank	State Value	U.S. Value
Social & Economic Factors		11	0.538	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	12	11.9	14.0
	Homicide (Deaths per 100,000 population)	41	9.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	14	3.8	4.2
	Public Health Funding (Dollars per person)	4	\$210	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	9	32	—
	Food Insecurity (% of households)	14	10.4%	12.2%
	Income Inequality (80:20 ratio)	36	4.80	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	9	33.6%	30.5%
	High School Completion (% of adults age 25+)	27	91.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	5	11.8%	14.1%
	High-Speed Internet (% of households)	7	95.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	19	32.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	12	64.5%	58.8%
Physical Environment		5	0.697	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	14	74	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	8	93.2%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	34	10.7%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	15	9.7	22.6
	Housing Cost Burden (% of households)*	37	31.6%	32.0%
	Housing With Lead Risk (% of housing stock)	28	16.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	32	15.6%	16.8%
Clinical Care		8	0.869	
Access to Care	Avoided Care Due to Cost (% of adults)	15	10.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	14	71.5	66.3
	Mental Health Providers (Providers per 100,000 population)	18	412.1	362.6
	Primary Care Providers (Providers per 100,000 population)	23	312.3	291.4
	Uninsured (% of total population)	18	6.3%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	10	69.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	5	75.7%	66.9%
	Dental Visit (% of adults)	9	70.6%	67.5%
	Flu Vaccination (% of adults)	6	49.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	11	69.2%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	5	88.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	24	2,652	2,768
Behaviors		12	0.455	
Nutrition and Physical Activity	Exercise (% of adults)	21	30.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	17	8.6%	7.4%
	Physical Inactivity (% of adults)	11	19.5%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	43	579.8	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	18	10.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	39	38.0%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	1	5.1%	8.0%
	Smoking (% of adults)	3	7.8%	11.6%
Health Outcomes		10	0.558	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	40	41.3	31.4
	Excessive Drinking (% of adults)	4	14.2%	17.0%
	Frequent Mental Distress (% of adults)	11	14.2%	15.6%
	Non-Medical Drug Use (% of adults)	19	13.1%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	20	7,594	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	5	11.3%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	12	10.0%	11.3%
	Obesity (% of adults)	18	32.7%	34.2%
Overall		8	0.592	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low premature death rate
- Low prevalence of obesity
- Low economic hardship index score

Challenges

- High income inequality
- High preventable hospitalization rate
- High prevalence of households experiencing severe housing problems

Key Findings

Volunteerism

43%▲

from 23.1% to 33.1% of people age 16 and older between 2021 and 2023.

Depression

13%▲

from 18.6% to 21.1% of adults between 2021 and 2024.

Cancer Screenings

17%▲

from 61.7% to 72.3% of adults ages 40-75 between 2022 and 2024.

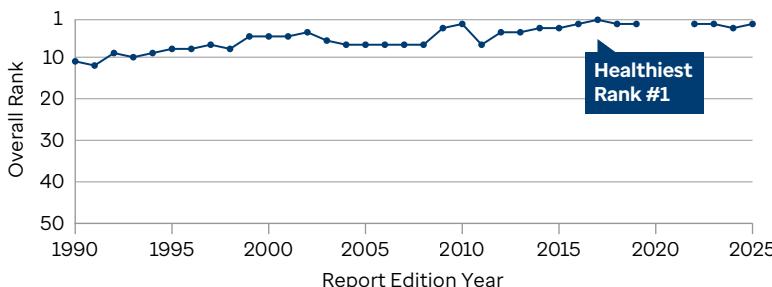
Flu Vaccination

6%▼

from 57.0% to 53.7% of adults between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Massachusetts

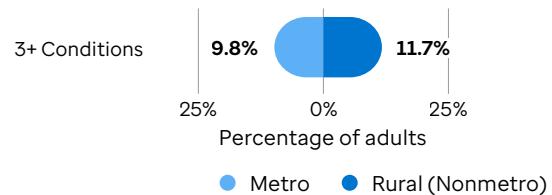
Rural Population in 2023

8.9%

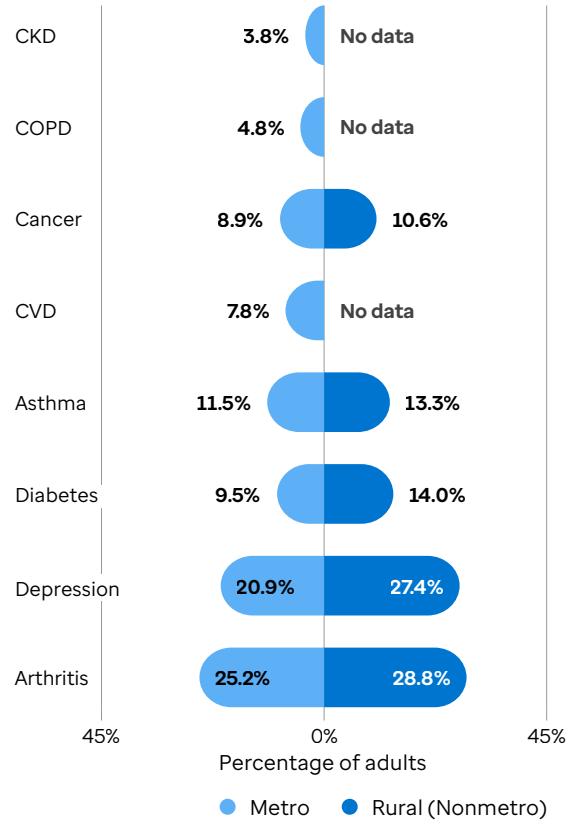
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Massachusetts

		State Rank	State Value	U.S. Value
Social & Economic Factors		2	0.924	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	1	3.9	14.0
	Homicide (Deaths per 100,000 population)	6	2.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	2	3.0	4.2
	Public Health Funding (Dollars per person)	6	\$205	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	4	19	—
	Food Insecurity (% of households)	6	9.3%	12.2%
	Income Inequality (80:20 ratio)	48	5.29	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	1	40.4%	30.5%
	High School Completion (% of adults age 25+)	27	91.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	1	9.7%	14.1%
	High-Speed Internet (% of households)	5	95.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	17	33.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	15	62.8%	58.8%
Physical Environment		36	0.055	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	35	58.2%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	24	19.3%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	45	41.1	22.6
	Housing Cost Burden (% of households)*	43	35.2%	32.0%
	Housing With Lead Risk (% of housing stock)	49	29.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	40	17.3%	16.8%
Clinical Care		1	1.563	
Access to Care	Avoided Care Due to Cost (% of adults)	4	8.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	2	94.5	66.3
	Mental Health Providers (Providers per 100,000 population)	2	813.9	362.6
	Primary Care Providers (Providers per 100,000 population)	1	400.2	291.4
	Uninsured (% of total population)	1	2.8%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	3	72.3%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	1	83.1%	66.9%
	Dental Visit (% of adults)	2	74.6%	67.5%
	Flu Vaccination (% of adults)	1	53.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	1	79.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	4	89.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	47	3,422	2,768
Behaviors		5	0.828	
Nutrition and Physical Activity	Exercise (% of adults)	16	31.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	21	7.6%	7.4%
	Physical Inactivity (% of adults)	8	18.8%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	15	412.7	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	3	5.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	11	32.7%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	2	5.6%	8.0%
	Smoking (% of adults)	7	8.8%	11.6%
Health Outcomes		1	0.926	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	31	34.1	31.4
	Excessive Drinking (% of adults)	26	17.1%	17.0%
	Frequent Mental Distress (% of adults)	5	13.3%	15.6%
	Non-Medical Drug Use (% of adults)	11	11.7%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	1	5,760	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
Physical Health	Frequent Physical Distress (% of adults)	11	11.9%	13.0%
	Low Birth Weight (% of live births)	12	7.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	9	9.8%	11.3%
	Obesity (% of adults)	2	27.0%	34.2%
Overall		2	0.914	

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High prevalence of high school completion
- High voter participation
- Low uninsured rate

Challenges

- High prevalence of frequent physical distress
- High prevalence of adults using e-cigarettes
- High levels of air pollution

Key Findings

Flu Vaccination

20% 

from 50.4% to 40.2% of adults between 2022 and 2024.

Homicide

16% 

from 8.2 to 6.9 deaths per 100,000 population between 2020-2021 and 2022-2023.

Multiple Chronic Conditions

20% 

from 12.8% to 15.3% of adults between 2023 and 2024.

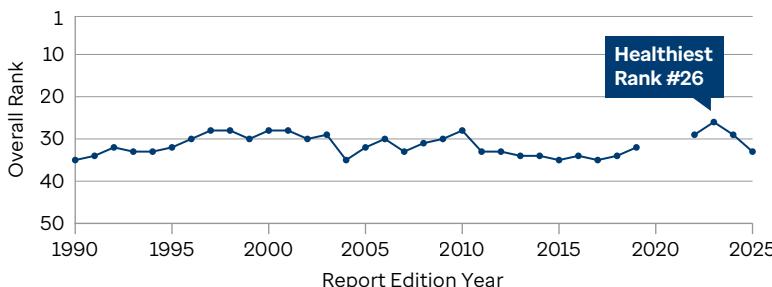
Mental Health Providers

10% 

from 347.6 to 383.4 per 100,000 population between September 2023 and September 2025.

Trends

Annual Report Rank History



Spotlight

Rural Health in Michigan

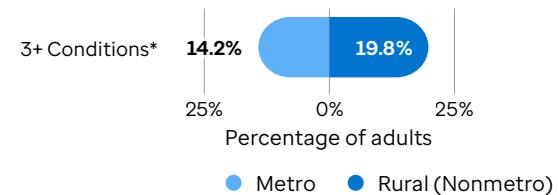
Rural Population in 2023

27.1%

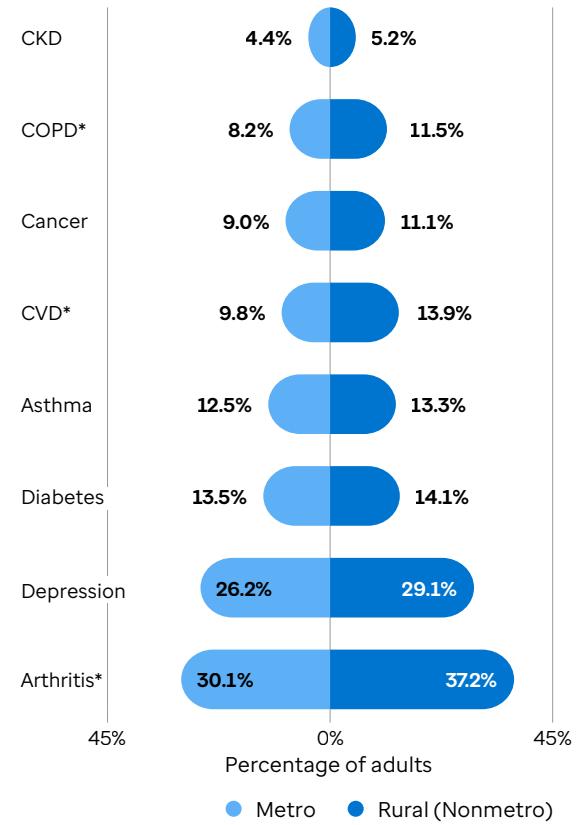
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Michigan

		State Rank	State Value	U.S. Value
Social & Economic Factors		37	-0.223	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	20	13.8	14.0
	Homicide (Deaths per 100,000 population)	31	6.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	43	\$79	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	32	58	—
	Food Insecurity (% of households)	41	13.0%	12.2%
	Income Inequality (80:20 ratio)	24	4.58	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	46	24.6%	30.5%
	High School Completion (% of adults age 25+)	20	92.2%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	34	17.2%	14.1%
	High-Speed Internet (% of households)	25	94.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	45	74	—
	Volunteerism (% of population age 16+)	37	26.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	3	67.8%	58.8%
Physical Environment		23	0.290	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	48	10.4	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
	Water Fluoridation (% of population served by community water systems)	12	90.8%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	33	11.0%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	14	9.6	22.6
	Housing Cost Burden (% of households)*	18	271%	32.0%
	Housing With Lead Risk (% of housing stock)	40	21.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	19	13.4%	16.8%
Clinical Care		16	0.401	
Access to Care	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	11	74.6	66.3
	Mental Health Providers (Providers per 100,000 population)	21	383.4	362.6
	Primary Care Providers (Providers per 100,000 population)	13	332.8	291.4
	Uninsured (% of total population)	7	5.1%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	7	69.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	25	67.7%	66.9%
	Dental Visit (% of adults)	14	69.4%	67.5%
	Flu Vaccination (% of adults)	27	40.2%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	25	65.6%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	6	88.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	44	3,348	2,768
Behaviors		24	0.027	
Nutrition and Physical Activity	Exercise (% of adults)	25	30.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	7	9.6%	7.4%
	Physical Inactivity (% of adults)	28	22.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	19	429.5	492.2
	High-Risk HIV Behaviors (% of adults)	20	5.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	19	10.9	13.1
Sleep Health	Insufficient Sleep (% of adults)	22	35.2%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	43	9.8%	8.0%
	Smoking (% of adults)	35	13.4%	11.6%
Health Outcomes		43	-0.443	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	18	28.7	31.4
	Excessive Drinking (% of adults)	24	16.8%	17.0%
	Frequent Mental Distress (% of adults)	37	17.0%	15.6%
	Non-Medical Drug Use (% of adults)	29	15.8%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	29	8,096	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	36	1.9	1.9
Physical Health	Frequent Physical Distress (% of adults)	42	14.8%	13.0%
	Low Birth Weight (% of live births)	33	8.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	43	15.3%	11.3%
	Obesity (% of adults)	33	36.1%	34.2%
Overall		33	-0.083	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low economic hardship index score
- High volunteerism rate
- High prevalence of high school completion

Challenges

- High prevalence of excessive drinking
- High prevalence of non-medical drug use
- Low prevalence of adults with a dedicated health care provider

Key Findings

Physical Inactivity

23%▼

from 22.8% to 17.5%
of adults between 2023
and 2024.

Cancer Screenings

16%▲

from 59.0% to 68.2%
of adults ages 40-75
between 2022 and 2024.

Unemployment

23%▲

from 3.0% to 3.7% of civilian
workers age 16 and older
between 2023 and 2024.

Arthritis

14%▲

from 22.1% to 25.2%
of adults between 2023
and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Minnesota

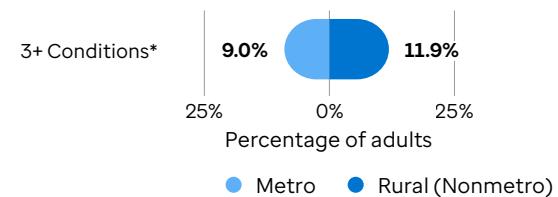
Rural Population in 2023

28.9%

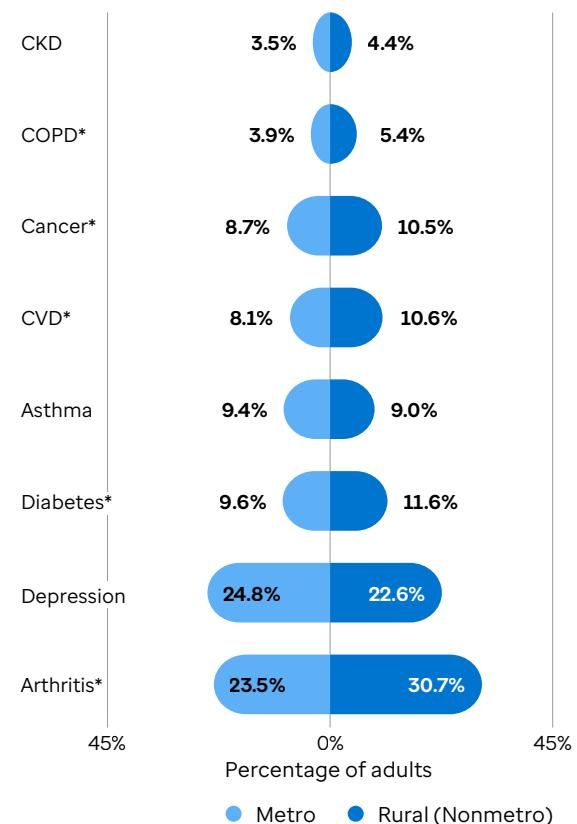
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Minnesota

		State Rank	State Value	U.S. Value
Social & Economic Factors		3	0.841	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	8	9.1	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.6	4.2
	Public Health Funding (Dollars per person)	24	\$127	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	9	32	—
	Food Insecurity (% of households)	4	9.1%	12.2%
	Income Inequality (80:20 ratio)	10	4.24	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	25	30.7%	30.5%
	High School Completion (% of adults age 25+)	6	94.2%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	17	13.8%	14.1%
	High-Speed Internet (% of households)	16	94.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	3	40.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	2	69.8%	58.8%
Physical Environment		10	0.510	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	40	2.4	2.5
	Water Fluoridation (% of population served by community water systems)	2	98.9%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	17	31.1%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	33	15.9	22.6
	Housing Cost Burden (% of households)*	19	27.2%	32.0%
	Housing With Lead Risk (% of housing stock)	32	18.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	10	12.6%	16.8%
Clinical Care		10	0.621	
Access to Care	Avoided Care Due to Cost (% of adults)	11	9.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	15	70.1	66.3
	Mental Health Providers (Providers per 100,000 population)	19	396.5	362.6
	Primary Care Providers (Providers per 100,000 population)	10	349.0	291.4
	Uninsured (% of total population)	7	5.1%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	11	68.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	18	68.9%	66.9%
	Dental Visit (% of adults)	11	69.7%	67.5%
	Flu Vaccination (% of adults)	11	45.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	13	67.7%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	29	83.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	16	2,459	2,768
Behaviors		6	0.823	
Nutrition and Physical Activity	Exercise (% of adults)	25	30.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	22	75%	74%
	Physical Inactivity (% of adults)	5	17.5%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	12	379.5	492.2
	High-Risk HIV Behaviors (% of adults)	3	4.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	8	7.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	1	29.6%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	15	7.1%	8.0%
	Smoking (% of adults)	17	10.2%	11.6%
Health Outcomes		15	0.254	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	13	23.2	31.4
	Excessive Drinking (% of adults)	40	19.4%	17.0%
	Frequent Mental Distress (% of adults)	10	14.0%	15.6%
	Non-Medical Drug Use (% of adults)	37	17.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	6	6,323	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	48	4.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	2	11.0%	13.0%
	Low Birth Weight (% of live births)	7	7.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	7	9.7%	11.3%
	Obesity (% of adults)	15	32.3%	34.2%
Overall		6	0.625	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of frequent mental distress
- High reading proficiency among fourth grade public school students

Challenges

- High economic hardship index score
- High prevalence of physical inactivity
- Low prevalence of high school completion

Key Findings

Smoking

32%▼

from 20.4% to 13.8%
of adults between 2019
and 2024.

Flu Vaccination

12%▼

from 37.7% to 33.0%
of adults between 2021
and 2024.

Obesity

14%▲

from 35.5% to 40.4%
of adults between 2014
and 2024.

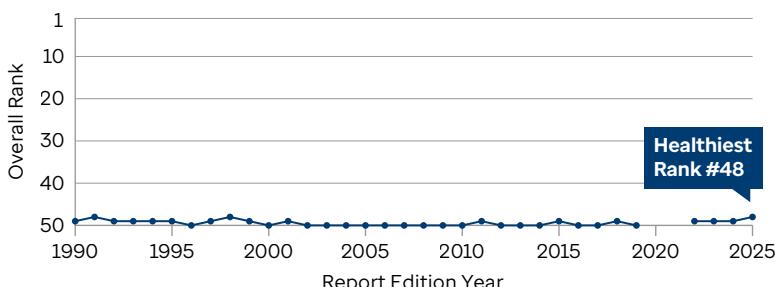
Homicide

12%▼

from 20.8 to 18.3 deaths per
100,000 population between
2020-2021 and 2022-2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in Mississippi

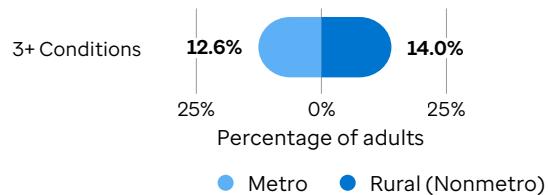
Rural Population in 2023

54.4%

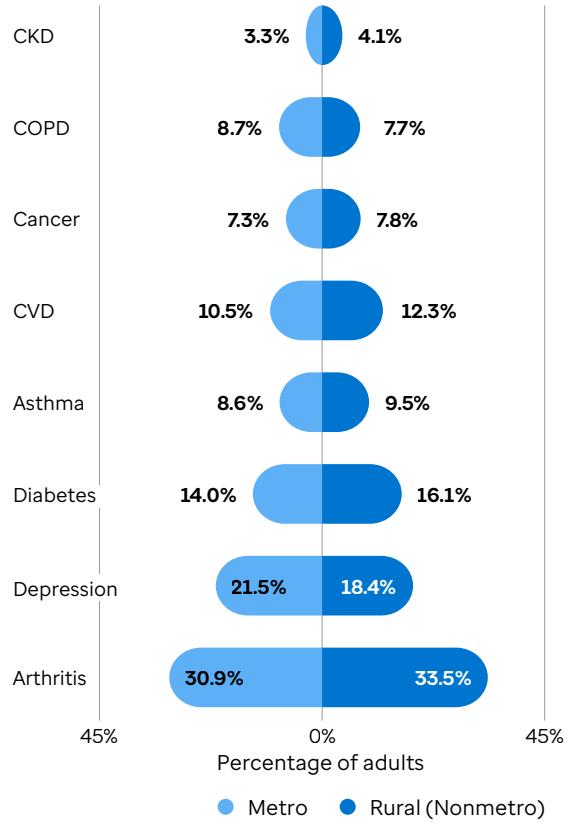
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Mississippi

		State Rank	State Value	U.S. Value
Social & Economic Factors		46	-0.775	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	50	28.7	14.0
	Homicide (Deaths per 100,000 population)	50	18.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	27	\$119	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	48	98	—
	Food Insecurity (% of households)	47	16.2%	12.2%
	Income Inequality (80:20 ratio)	46	5.17	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	16	32.0%	30.5%
	High School Completion (% of adults age 25+)	45	88.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	31	16.1%	14.1%
	High-Speed Internet (% of households)	50	90.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	3	51	—
	Volunteerism (% of population age 16+)	45	20.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	33	57.7%	58.8%
Physical Environment		34	0.075	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	30	8.3	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	41	47.3%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	49	2.6%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	1	3.5	22.6
	Housing Cost Burden (% of households)*	11	26.3%	32.0%
	Housing With Lead Risk (% of housing stock)	10	9.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	28	14.3%	16.8%
Clinical Care		47	-0.884	
Access to Care	Avoided Care Due to Cost (% of adults)	43	14.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	47	48.2	66.3
	Mental Health Providers (Providers per 100,000 population)	40	251.0	362.6
	Primary Care Providers (Providers per 100,000 population)	32	286.5	291.4
	Uninsured (% of total population)	40	9.7%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	36	61.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	34	64.8%	66.9%
	Dental Visit (% of adults)	38	64.1%	67.5%
	Flu Vaccination (% of adults)	49	33.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	50	39.1%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	30	83.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	42	3,266	2,768
Behaviors		49	-1.407	
Nutrition and Physical Activity	Exercise (% of adults)	46	23.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	48	4.1%	7.4%
	Physical Inactivity (% of adults)	49	30.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	49	700.9	492.2
	High-Risk HIV Behaviors (% of adults)	49	7.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	50	24.9	13.1
Sleep Health	Insufficient Sleep (% of adults)	38	37.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	26	8.2%	8.0%
	Smoking (% of adults)	38	13.8%	11.6%
Health Outcomes		44	-0.519	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	15	23.9	31.4
	Excessive Drinking (% of adults)	7	14.6%	17.0%
	Frequent Mental Distress (% of adults)	7	13.5%	15.6%
	Non-Medical Drug Use (% of adults)	38	17.7%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	50	12,071	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	33	13.9%	13.0%
	Low Birth Weight (% of live births)	50	12.5%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	36	13.4%	11.3%
	Obesity (% of adults)	48	40.4%	34.2%
Overall		48	-0.769	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low prevalence of high-risk HIV behaviors

Challenges

- High premature death rate
- High prevalence of cigarette smoking
- High homicide rate

Key Findings

Fourth Grade Reading Proficiency

20%▼

from 34.2% to 27.2% of public school fourth graders between 2019 and 2024.

Firearm Deaths

11%▼

from 24.1 to 21.4 deaths per 100,000 population between 2022 and 2023.

Colorectal Cancer Screening

12%▲

from 62.4% to 69.8% of adults ages 45-75 between 2022 and 2024.

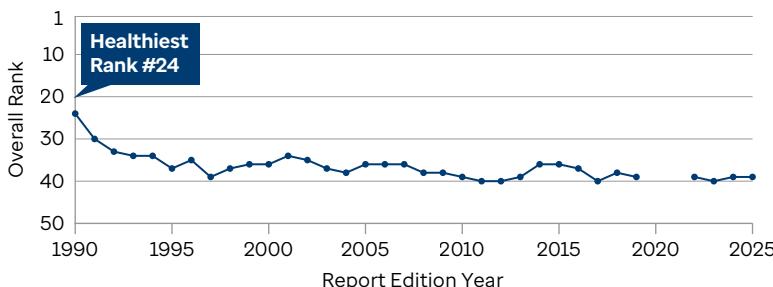
Homelessness

8%▲

from 10.8 to 11.7 people per 10,000 population between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Missouri

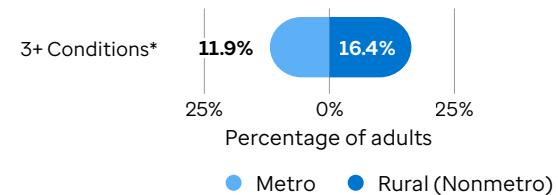
Rural Population in 2023

30.8%

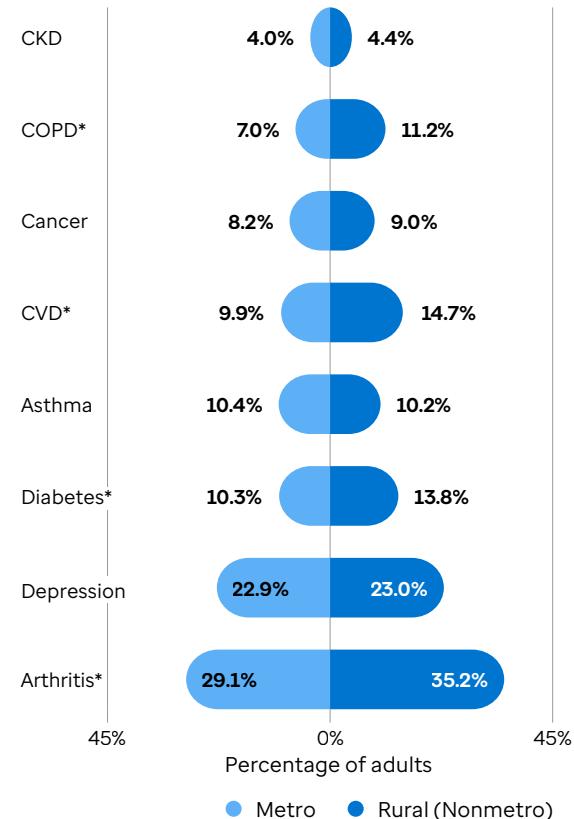
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Missouri

		State Rank	State Value	U.S. Value
Social & Economic Factors		40	-0.306	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	41	21.4	14.0
	Homicide (Deaths per 100,000 population)	45	10.5	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	29	4.5	4.2
	Public Health Funding (Dollars per person)	41	\$92	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	25	51	—
	Food Insecurity (% of households)	35	12.7%	12.2%
	Income Inequality (80:20 ratio)	21	4.51	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	41	27.2%	30.5%
	High School Completion (% of adults age 25+)	22	92.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	37	17.8%	14.1%
	High-Speed Internet (% of households)	39	93.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	40	71	—
	Volunteerism (% of population age 16+)	30	29.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	21	61.2%	58.8%
Physical Environment		26	0.230	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	25	76.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	30	12.1%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	25	11.7	22.6
	Housing Cost Burden (% of households)*	10	26.1%	32.0%
	Housing With Lead Risk (% of housing stock)	31	17.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	13	12.8%	16.8%
Clinical Care		32	-0.226	
Access to Care	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	35	58.9	66.3
	Mental Health Providers (Providers per 100,000 population)	36	289.8	362.6
	Primary Care Providers (Providers per 100,000 population)	28	296.9	291.4
	Uninsured (% of total population)	27	7.7%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	33	63.3%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	19	68.6%	66.9%
	Dental Visit (% of adults)	36	65.0%	67.5%
	Flu Vaccination (% of adults)	31	39.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	45	52.7%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	26	83.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	34	3,036	2,768
Behaviors		42	-0.536	
Nutrition and Physical Activity	Exercise (% of adults)	45	23.7%	30.4%
	Fruit and Vegetable Consumption (% of adults)	45	5.1%	7.4%
	Physical Inactivity (% of adults)	38	24.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	33	498.6	492.2
	High-Risk HIV Behaviors (% of adults)	2	4.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	36	15.9	13.1
Sleep Health	Insufficient Sleep (% of adults)	31	36.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	26	8.2%	8.0%
	Smoking (% of adults)	44	14.7%	11.6%
Health Outcomes		36	-0.311	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	27	32.1	31.4
	Excessive Drinking (% of adults)	33	17.7%	17.0%
	Frequent Mental Distress (% of adults)	40	17.5%	15.6%
	Non-Medical Drug Use (% of adults)	14	12.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	39	9,303	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	34	1.8	1.9
Physical Health	Frequent Physical Distress (% of adults)	31	13.7%	13.0%
	Low Birth Weight (% of live births)	33	8.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	35	13.1%	11.3%
	Obesity (% of adults)	29	34.6%	34.2%
Overall		39	-0.288	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of obesity
- High prevalence of high school completion
- Low incidence of chlamydia

Challenges

- High prevalence of excessive drinking
- Low prevalence of households with high-speed internet
- High prevalence of adults using e-cigarettes

Key Findings

Avoided Care Due to Cost

24%▲

from 9.7% to 12.0% of adults between 2023 and 2024.

Arthritis

10%▲

from 27.5% to 30.2% of adults between 2021 and 2024.

**Smoking
20%▼**

from 15.2% to 12.2% of adults between 2022 and 2024.

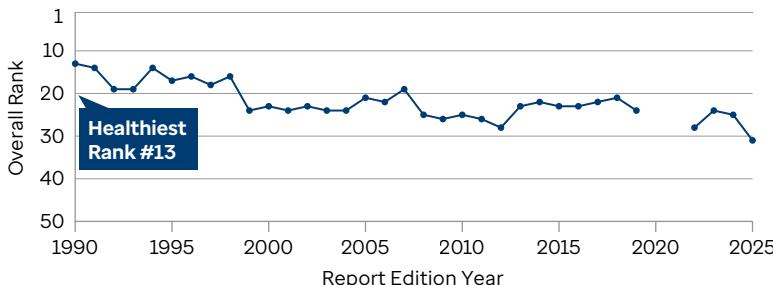
Cancer Screenings

9%▲

from 56.1% to 61.0% of adults ages 40-75 between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight Rural Health in Montana

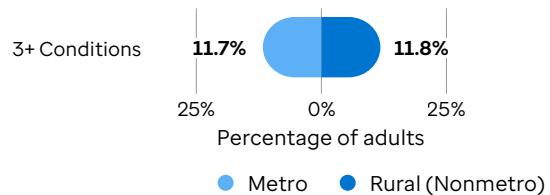
Rural Population in 2023

47.1%

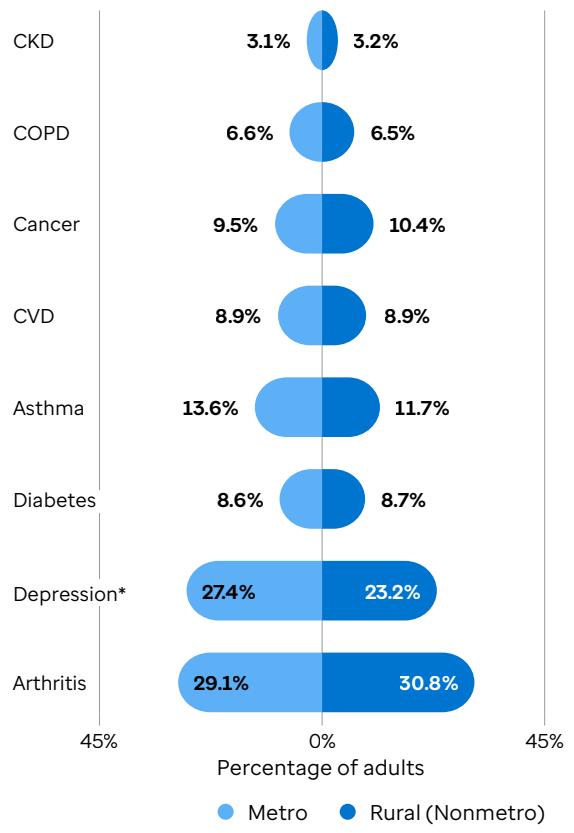
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Montana

		State Rank	State Value	U.S. Value
Social & Economic Factors		26	0.074	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	42	21.8	14.0
	Homicide (Deaths per 100,000 population)	18	4.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.0	4.2
	Public Health Funding (Dollars per person)	15	\$143	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	14	36	—
	Food Insecurity (% of households)	17	10.6%	12.2%
	Income Inequality (80:20 ratio)	11	4.25	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	18	31.9%	30.5%
	High School Completion (% of adults age 25+)	4	94.6%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	49	22.6%	14.1%
	High-Speed Internet (% of households)	42	92.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	50	80	—
	Volunteerism (% of population age 16+)	8	37.2%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	14	62.9%	58.8%
Physical Environment		33	0.123	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	10	6.5	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	46	32.8%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	7	57.4%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	35	177	22.6
	Housing Cost Burden (% of households)*	26	279%	32.0%
	Housing With Lead Risk (% of housing stock)	27	15.8%	16.1%
	Severe Housing Problems (% of occupied housing units)	23	13.8%	16.8%
Clinical Care		35	-0.343	
Access to Care	Avoided Care Due to Cost (% of adults)	31	12.0%	11.5%
	Dental Care Providers (Providers per 100,000 population)	19	674	66.3
	Mental Health Providers (Providers per 100,000 population)	13	448.9	362.6
	Primary Care Providers (Providers per 100,000 population)	26	304.0	291.4
	Uninsured (% of total population)	36	8.8%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	39	61.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	50	57.8%	66.9%
	Dental Visit (% of adults)	28	66.8%	67.5%
	Flu Vaccination (% of adults)	40	36.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	33	59.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	44	79.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	5	1,734	2,768
Behaviors		18	0.224	
Nutrition and Physical Activity	Exercise (% of adults)	8	32.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	27	7.0%	7.4%
	Physical Inactivity (% of adults)	10	19.1%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	8	322.6	492.2
	High-Risk HIV Behaviors (% of adults)	36	5.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	24	11.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	7	31.7%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	41	9.5%	8.0%
	Smoking (% of adults)	29	12.2%	11.6%
Health Outcomes		37	-0.328	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	5	16.6	31.4
	Excessive Drinking (% of adults)	49	22.5%	17.0%
	Frequent Mental Distress (% of adults)	33	16.3%	15.6%
	Non-Medical Drug Use (% of adults)	34	17.2%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	26	7,966	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	46	3.4	1.9
Physical Health	Frequent Physical Distress (% of adults)	39	14.5%	13.0%
	Low Birth Weight (% of live births)	15	7.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	29	11.7%	11.3%
	Obesity (% of adults)	9	31.0%	34.2%
Overall		31	-0.054	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- Low prevalence of frequent physical distress
- High volunteerism rate

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low prevalence of adults with a dedicated health care provider

Key Findings

Unemployment

48%▲

from 2.3% to 3.4% of civilian workers age 16 and older between 2022 and 2024.

Physical Inactivity

13%▼

from 24.7% to 21.6% of adults between 2022 and 2024.

Depression

16%▲

from 16.2% to 18.8% of adults between 2019 and 2024.

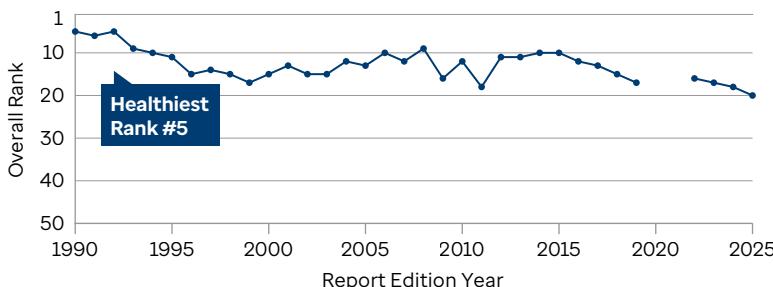
Smoking

12%▼

from 13.9% to 12.2% of adults between 2020 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Nebraska

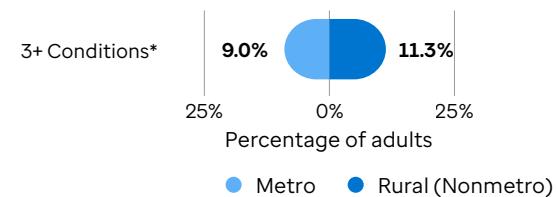
Rural Population in 2023

28.1%

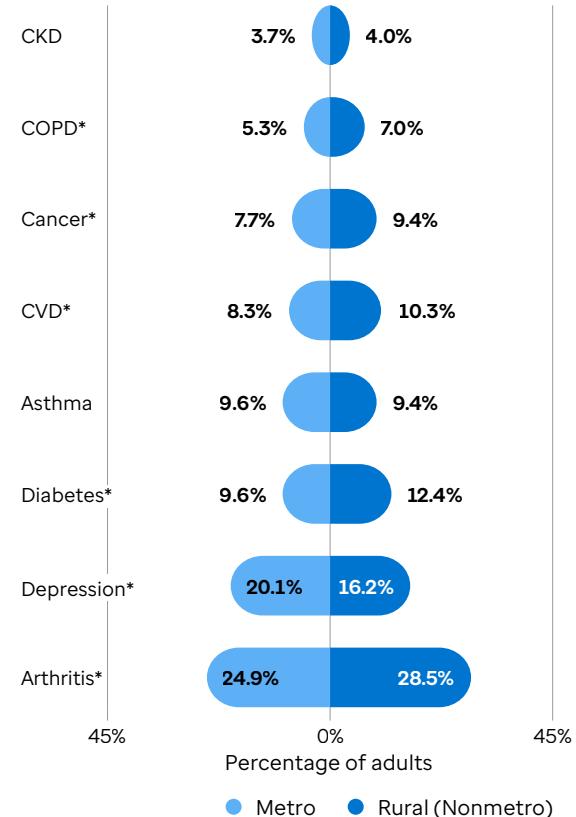
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Nebraska

		State Rank	State Value	U.S. Value
Social & Economic Factors		18	0.360	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	11	10.8	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	30	\$118	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	21	49	—
	Food Insecurity (% of households)	39	12.9%	12.2%
	Income Inequality (80:20 ratio)	9	4.20	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	37	28.0%	30.5%
	High School Completion (% of adults age 25+)	15	92.6%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	12	12.7%	14.1%
	High-Speed Internet (% of households)	29	94.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	30	65	—
	Volunteerism (% of population age 16+)	3	40.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	30	58.1%	58.8%
Physical Environment		24	0.273	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	11	6.6	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	27	74.2%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	16	35.9%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	30	13.6	22.6
	Housing Cost Burden (% of households)*	25	278%	32.0%
	Housing With Lead Risk (% of housing stock)	37	20.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	7	12.3%	16.8%
Clinical Care		24	0.023	
Access to Care	Avoided Care Due to Cost (% of adults)	23	11.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	12	74.4	66.3
	Mental Health Providers (Providers per 100,000 population)	22	380.7	362.6
	Primary Care Providers (Providers per 100,000 population)	17	320.4	291.4
	Uninsured (% of total population)	25	7.1%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	22	65.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	47	61.2%	66.9%
	Dental Visit (% of adults)	24	67.6%	67.5%
	Flu Vaccination (% of adults)	22	42.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	28	64.1%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	38	81.1%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	17	2,470	2,768
Behaviors		21	0.131	
Nutrition and Physical Activity	Exercise (% of adults)	35	28.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	29	6.9%	7.4%
	Physical Inactivity (% of adults)	20	21.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	25	468.8	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	28	13.1	13.1
Sleep Health	Insufficient Sleep (% of adults)	4	30.6%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	29	8.3%	8.0%
	Smoking (% of adults)	29	12.2%	11.6%
Health Outcomes		23	0.126	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	1	8.7	31.4
	Excessive Drinking (% of adults)	46	20.5%	170%
	Frequent Mental Distress (% of adults)	6	13.4%	15.6%
	Non-Medical Drug Use (% of adults)	9	11.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	12	7,005	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	44	2.8	1.9
Physical Health	Frequent Physical Distress (% of adults)	5	11.3%	13.0%
	Low Birth Weight (% of live births)	20	8.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	9	9.8%	11.3%
	Obesity (% of adults)	42	37.6%	34.2%
Overall		20	0.197	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of obesity
- High prevalence of households with high-speed internet
- Three or more of four climate policies in place

Challenges

- High prevalence of non-medical drug use
- High economic hardship index score
- Low prevalence of cancer screenings

Key Findings

Unemployment

37%▲

from 4.6% to 6.3% of civilian workers age 16 and older between 2023 and 2024.

Smoking

24%▼

from 15.7% to 11.9% of adults between 2019 and 2024.

Drug Deaths

27%▲

from 31.6 to 40.1 deaths per 100,000 population between 2022 and 2023.

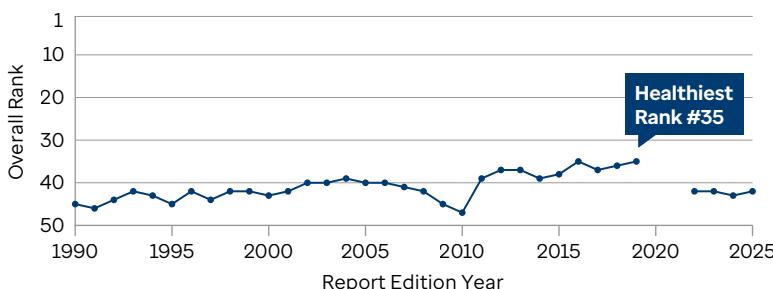
Air Pollution

19%▼

from 10.4 to 8.4 micrograms of fine particulate per cubic meter between 2020-2022 and 2022-2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Nevada

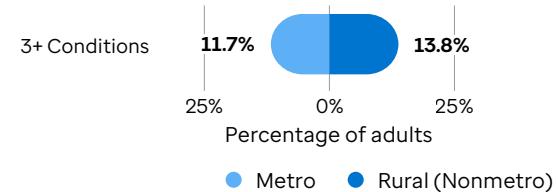
Rural Population in 2023

6.2%

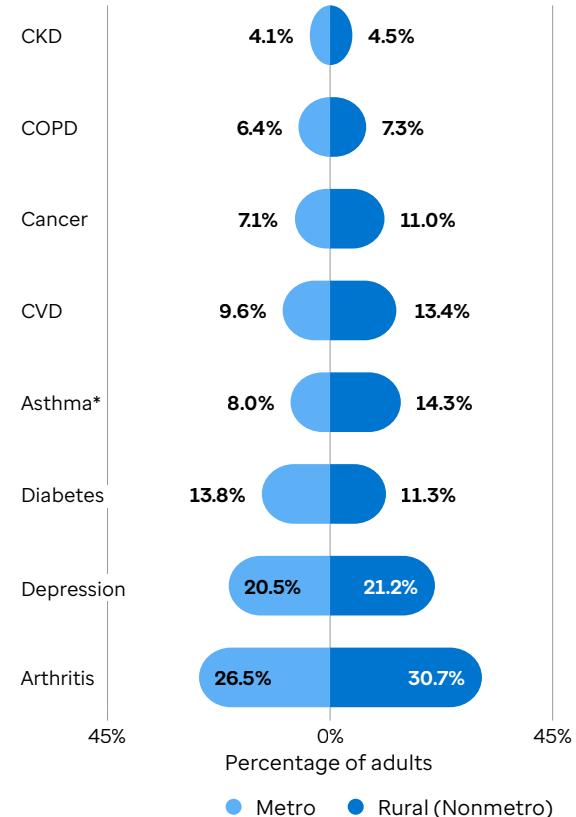
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Nevada

		State Rank	State Value	U.S. Value
Social & Economic Factors		34	-0.147	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	39	19.3	14.0
	Homicide (Deaths per 100,000 population)	33	7.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	50	\$66	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	42	79	—
	Food Insecurity (% of households)	34	12.5%	12.2%
	Income Inequality (80:20 ratio)	17	4.39	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	31	30.0%	30.5%
	High School Completion (% of adults age 25+)	48	87.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	21	14.6%	14.1%
	High-Speed Internet (% of households)	1	96.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	5	54	—
	Volunteerism (% of population age 16+)	49	18.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	27	58.9%	58.8%
Physical Environment		38	0.047	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	48	4.2	2.5
	Water Fluoridation (% of population served by community water systems)	27	74.2%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	14	40.2%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	41	30.9	22.6
	Housing Cost Burden (% of households)*	47	37.7%	32.0%
	Housing With Lead Risk (% of housing stock)	1	4.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	45	19.3%	16.8%
Clinical Care		49	-1.140	
Access to Care	Avoided Care Due to Cost (% of adults)	48	16.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	28	61.0	66.3
	Mental Health Providers (Providers per 100,000 population)	35	290.2	362.6
	Primary Care Providers (Providers per 100,000 population)	49	235.6	291.4
	Uninsured (% of total population)	47	11.4%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	47	56.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	43	63.1%	66.9%
	Dental Visit (% of adults)	39	63.7%	67.5%
	Flu Vaccination (% of adults)	48	33.1%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	41	56.1%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	48	73.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	25	2,653	2,768
Behaviors		39	-0.384	
Nutrition and Physical Activity	Exercise (% of adults)	17	31.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	43	5.7%	7.4%
	Physical Inactivity (% of adults)	35	23.2%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	32	493.6	492.2
	High-Risk HIV Behaviors (% of adults)	36	5.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	28	13.1	13.1
Sleep Health	Insufficient Sleep (% of adults)	45	38.9%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	38	9.3%	8.0%
	Smoking (% of adults)	26	11.9%	11.6%
Health Outcomes		42	-0.438	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	37	40.1	31.4
	Excessive Drinking (% of adults)	25	16.9%	17.0%
	Frequent Mental Distress (% of adults)	42	18.1%	15.6%
	Non-Medical Drug Use (% of adults)	50	24.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	33	8,529	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	37	14.4%	13.0%
	Low Birth Weight (% of live births)	41	9.5%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	30	11.9%	11.3%
	Obesity (% of adults)	24	34.2%	34.2%
Overall		42	-0.396	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low prevalence of adults using e-cigarettes

Challenges

- High prevalence of excessive drinking
- High Black/white residential segregation
- Low per capita public health funding

Key Findings

Cancer Screenings

24% 

from 57.9% to 71.7%
of adults ages 40-75
between 2022 and 2024.

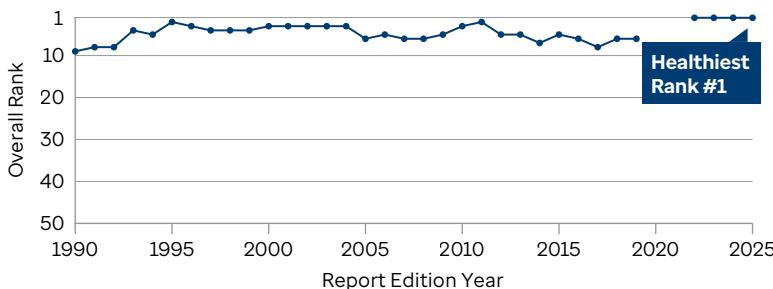
Homelessness

9% 

from 17.4 to 15.9 people
per 10,000 population
between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in New Hampshire

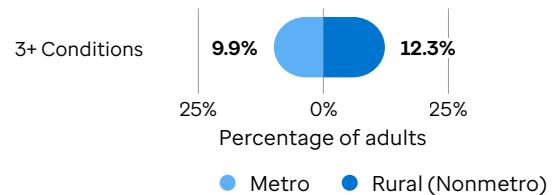
Rural Population in 2023

42.4%

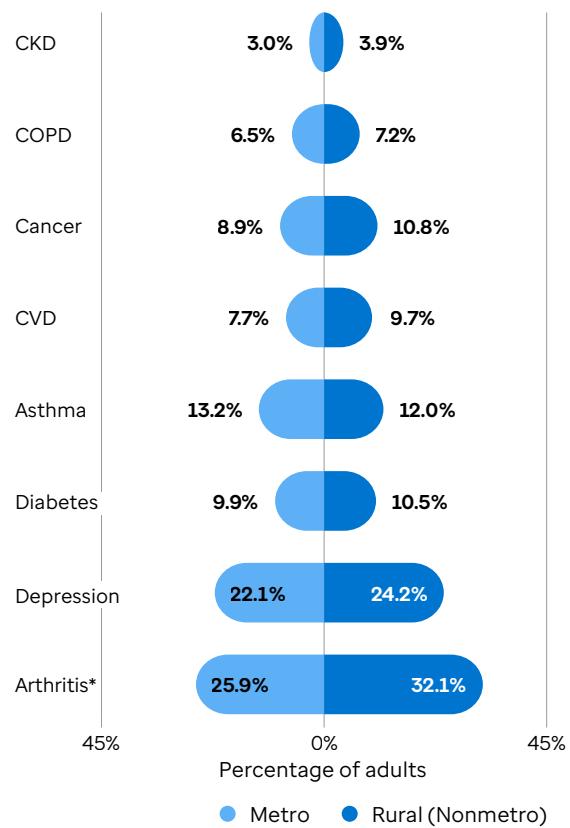
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | New Hampshire

		State Rank	State Value	U.S. Value
Social & Economic Factors		1	0.927	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	9	10.2	14.0
	Homicide (Deaths per 100,000 population)	1	1.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	16	4.0	4.2
	Public Health Funding (Dollars per person)	32	\$109	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	1	1	—
	Food Insecurity (% of households)	1	74%	12.2%
	Income Inequality (80:20 ratio)	19	4.44	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	4	36.2%	30.5%
	High School Completion (% of adults age 25+)	1	95.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	23	14.7%	14.1%
	High-Speed Internet (% of households)	1	96.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	38	70	—
	Volunteerism (% of population age 16+)	31	29.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	7	65.5%	58.8%
Physical Environment		9	0.513	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	3	5.0	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	42	45.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	31	11.8%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	33	15.9	22.6
	Housing Cost Burden (% of households)*	33	30.5%	32.0%
	Housing With Lead Risk (% of housing stock)	33	19.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	21	13.5%	16.8%
Clinical Care		3	1.304	
Access to Care	Avoided Care Due to Cost (% of adults)	6	8.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	16	69.5	66.3
	Mental Health Providers (Providers per 100,000 population)	15	440.3	362.6
	Primary Care Providers (Providers per 100,000 population)	4	370.7	291.4
	Uninsured (% of total population)	4	4.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	4	71.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	3	77.2%	66.9%
	Dental Visit (% of adults)	5	72.2%	67.5%
	Flu Vaccination (% of adults)	4	50.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	4	72.2%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	1	91.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	19	2,500	2,768
Behaviors		2	1.214	
Nutrition and Physical Activity	Exercise (% of adults)	5	33.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	4	11.1%	7.4%
	Physical Inactivity (% of adults)	7	18.6%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	1	196.6	492.2
	High-Risk HIV Behaviors (% of adults)	17	5.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	1	4.6	13.1
Sleep Health	Insufficient Sleep (% of adults)	16	33.0%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	4	5.7%	8.0%
	Smoking (% of adults)	9	9.1%	11.6%
Health Outcomes		2	0.889	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	23	31.4	31.4
	Excessive Drinking (% of adults)	32	17.6%	17.0%
	Frequent Mental Distress (% of adults)	18	15.0%	15.6%
	Non-Medical Drug Use (% of adults)	2	7.2%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	10	6,577	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	1	0.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	8	11.5%	13.0%
	Low Birth Weight (% of live births)	2	6.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	20	10.8%	11.3%
	Obesity (% of adults)	11	31.1%	34.2%
Overall		1	0.990	

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of obesity
- Low prevalence of cigarette smoking

Challenges

- Low volunteerism rate
- High prevalence of physical inactivity
- Low number of primary care providers per 100,000 population

Key Findings

Colorectal Cancer Screening

29%▲

from 55.9% to 72.3% of adults ages 45-75 between 2022 and 2024.

Homelessness

22%▲

from 11.0 to 13.4 people per 10,000 population between 2023 and 2024.

Homicide

26%▼

from 4.2 to 3.1 deaths per 100,000 population between 2020-2021 and 2022-2023.

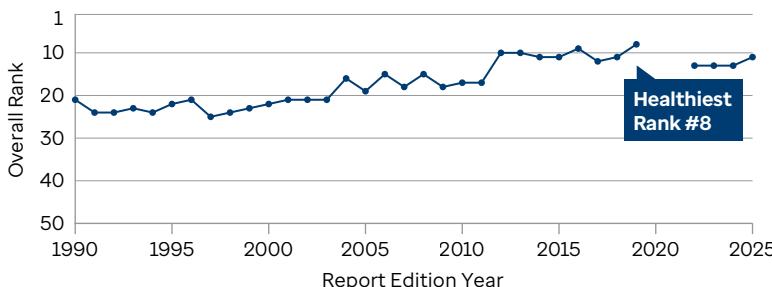
Unemployment

15%▲

from 4.7% to 5.4% of civilian workers age 16 and older between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in New Jersey

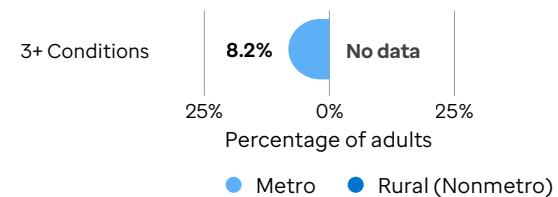
Rural Population in 2023

6.3%

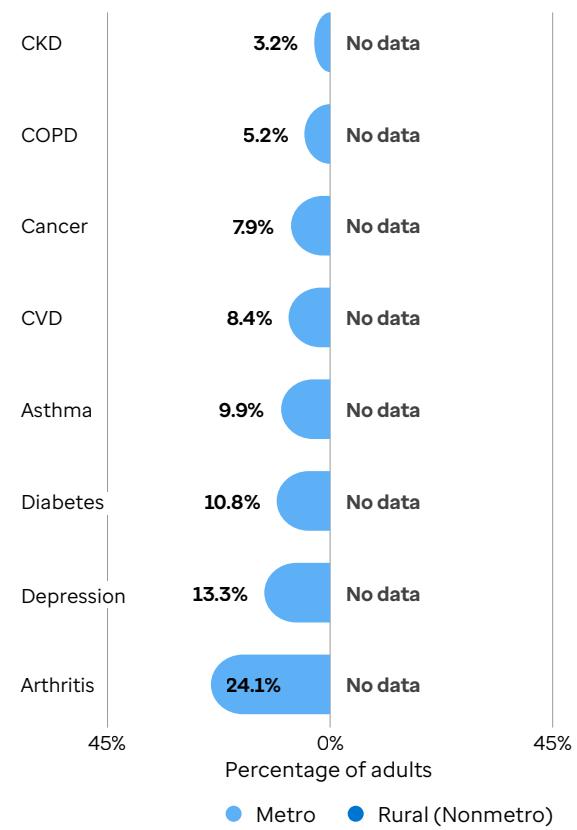
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | New Jersey

		State Rank	State Value	U.S. Value
Social & Economic Factors		10	0.539	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	2	4.6	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	5	3.5	4.2
	Public Health Funding (Dollars per person)	38	\$95	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	19	48	—
	Food Insecurity (% of households)	10	9.8%	12.2%
	Income Inequality (80:20 ratio)	36	4.80	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	2	38.3%	30.5%
	High School Completion (% of adults age 25+)	34	90.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	2	10.5%	14.1%
	High-Speed Internet (% of households)	7	95.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	33	67	—
	Volunteerism (% of population age 16+)	38	25.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	20	61.5%	58.8%
Physical Environment		45	-0.155	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	25	79	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	49	16.2%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	46	3.8%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	28	13.4	22.6
	Housing Cost Burden (% of households)*	44	35.8%	32.0%
	Housing With Lead Risk (% of housing stock)	42	22.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	46	19.8%	16.8%
Clinical Care		29	-0.105	
Access to Care	Avoided Care Due to Cost (% of adults)	35	12.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	9	75.1	66.3
	Mental Health Providers (Providers per 100,000 population)	28	339.9	362.6
	Primary Care Providers (Providers per 100,000 population)	46	245.6	291.4
	Uninsured (% of total population)	27	7.7%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	16	66.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	41	63.7%	66.9%
	Dental Visit (% of adults)	8	70.7%	67.5%
	Flu Vaccination (% of adults)	19	42.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	38	58.6%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	21	84.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	41	3,188	2,768
Behaviors		4	0.847	
Nutrition and Physical Activity	Exercise (% of adults)	15	31.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	3	11.4%	7.4%
	Physical Inactivity (% of adults)	32	22.8%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	14	384.1	492.2
	High-Risk HIV Behaviors (% of adults)	1	4.5%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	6	7.5	13.1
Sleep Health	Insufficient Sleep (% of adults)	35	37.4%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	6	6.1%	8.0%
	Smoking (% of adults)	6	8.6%	11.6%
Health Outcomes		3	0.852	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	19	28.9	31.4
	Excessive Drinking (% of adults)	15	16.1%	17.0%
	Frequent Mental Distress (% of adults)	4	13.2%	15.6%
	Non-Medical Drug Use (% of adults)	7	11.2%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	2	5,882	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	34	1.8	1.9
Physical Health	Frequent Physical Distress (% of adults)	10	11.8%	13.0%
	Low Birth Weight (% of live births)	17	7.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	2	8.2%	11.3%
	Obesity (% of adults)	4	27.7%	34.2%
Overall		11	0.513	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of multiple chronic conditions
- High number of mental health providers per 100,000 population
- Low levels of air pollution

Challenges

- High economic hardship index score
- High prevalence of frequent mental distress
- Low prevalence of cancer screenings

Key Findings

Volunteerism

27%▼

from 27.7% to 20.3% of people age 16 and older between 2019 and 2023.

Homelessness

19%▲

from 18.2 to 21.7 people per 10,000 population between 2023 and 2024.

Smoking

25%▼

from 16.1% to 12.0% of adults between 2020 and 2024.

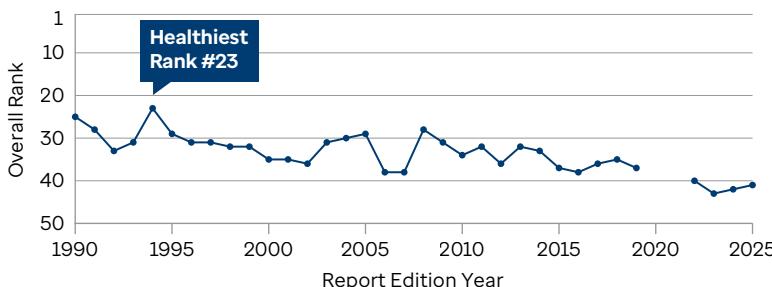
Colorectal Cancer Screening

11%▲

from 55.3% to 61.4% of adults ages 45-75 between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in New Mexico

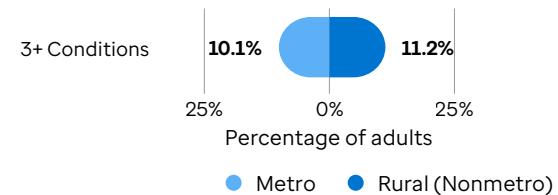
Rural Population in 2023

24.7%

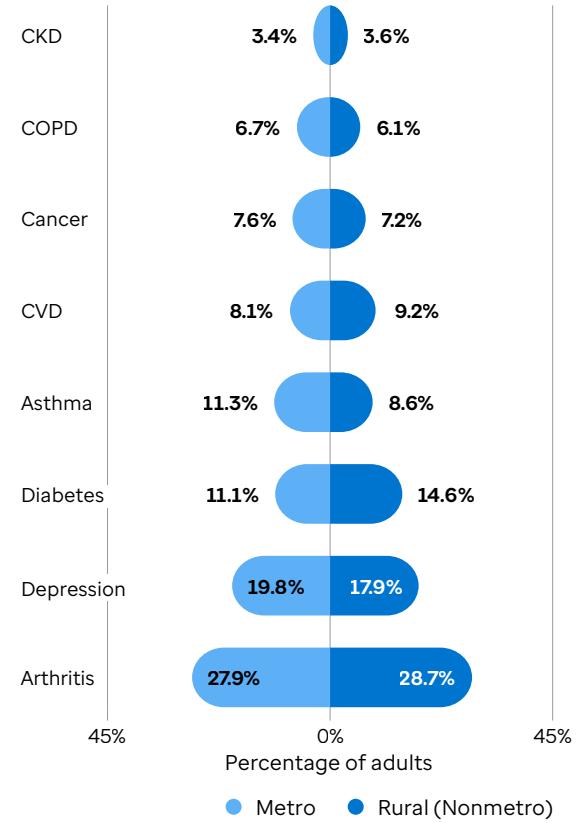
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | New Mexico

		State Rank	State Value	U.S. Value
Social & Economic Factors		49	-0.959	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	47	25.1	14.0
	Homicide (Deaths per 100,000 population)	47	13.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	50	7.6	4.2
	Public Health Funding (Dollars per person)	3	\$300	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	48	98	—
	Food Insecurity (% of households)	39	12.9%	12.2%
	Income Inequality (80:20 ratio)	45	5.15	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	50	20.3%	30.5%
	High School Completion (% of adults age 25+)	47	87.9%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	43	19.0%	14.1%
	High-Speed Internet (% of households)	48	92.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population age 16+)	47	20.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	23	60.1%	58.8%
Physical Environment		16	0.410	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	46	3.6	2.5
	Water Fluoridation (% of population served by community water systems)	23	76.6%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	10	49.4%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	39	21.7	22.6
	Housing Cost Burden (% of households)*	14	26.7%	32.0%
	Housing With Lead Risk (% of housing stock)	16	11.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	37	16.5%	16.8%
Clinical Care		33	-0.247	
Access to Care	Avoided Care Due to Cost (% of adults)	34	12.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	24	63.3	66.3
	Mental Health Providers (Providers per 100,000 population)	11	499.8	362.6
	Primary Care Providers (Providers per 100,000 population)	28	296.9	291.4
	Uninsured (% of total population)	42	10.1%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	48	55.3%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	22	68.2%	66.9%
	Dental Visit (% of adults)	29	66.4%	67.5%
	Flu Vaccination (% of adults)	16	43.1%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	20	66.7%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	49	71.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	10	2,003	2,768
Behaviors		25	-0.034	
Nutrition and Physical Activity	Exercise (% of adults)	24	30.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	36	523.6	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	41	179	13.1
Sleep Health	Insufficient Sleep (% of adults)	13	32.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	26	8.2%	8.0%
	Smoking (% of adults)	28	12.0%	11.6%
Health Outcomes		35	-0.293	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	45	47.0	31.4
	Excessive Drinking (% of adults)	18	16.3%	17.0%
	Frequent Mental Distress (% of adults)	43	18.2%	15.6%
	Non-Medical Drug Use (% of adults)	20	13.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	47	11,242	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	40	2.4	1.9
Physical Health	Frequent Physical Distress (% of adults)	39	14.5%	13.0%
	Low Birth Weight (% of live births)	43	9.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	5	1.5	2.1
	Multiple Chronic Conditions (% of adults)	18	10.5%	11.3%
	Obesity (% of adults)	27	34.5%	34.2%
Overall		41	-0.365	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low premature death rate
- Low prevalence of obesity
- Low prevalence of adults using e-cigarettes

Challenges

- High prevalence of non-medical drug use
- High income inequality
- Low prevalence of high school completion

Key Findings

Homelessness

51%▲

from 52.7 to 79.5 people per 10,000 population between 2023 and 2024.

Cancer Screenings

21%▲

from 56.0% to 67.5% of adults ages 40-75 between 2022 and 2024.

Air Pollution

24%▲

from 6.3 to 7.8 micrograms of fine particulate per cubic meter between 2018-2020 and 2022-2024.

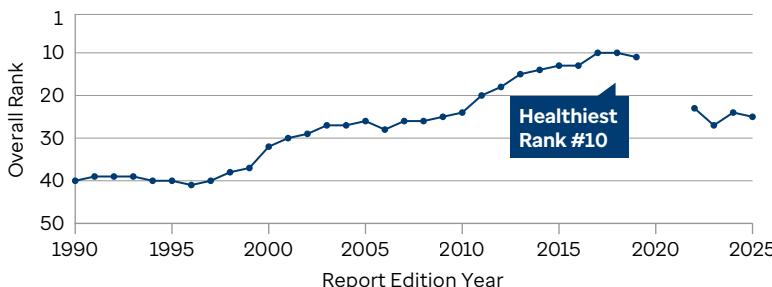
Homicide

20%▼

from 4.6 to 3.7 deaths per 100,000 population between 2020-2021 and 2022-2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in New York

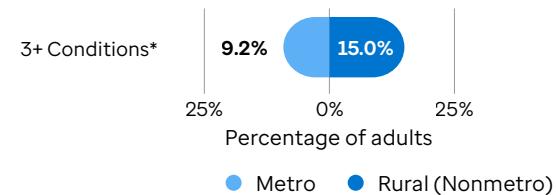
Rural Population in 2023

12.9%

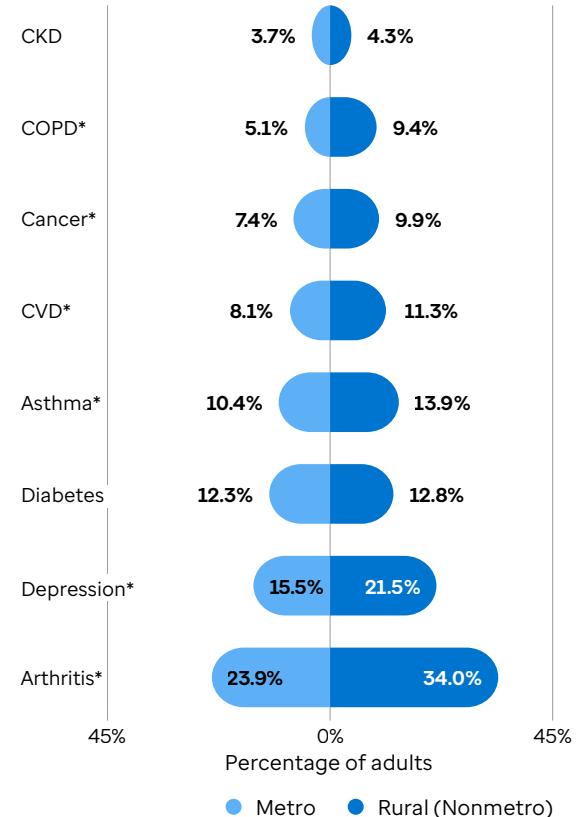
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | New York

		State Rank	State Value	U.S. Value
Social & Economic Factors		41	-0.358	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	3	4.8	14.0
	Homicide (Deaths per 100,000 population)	15	3.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	8	\$178	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	39	71	—
	Food Insecurity (% of households)	32	12.3%	12.2%
	Income Inequality (80:20 ratio)	50	5.82	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	24	30.9%	30.5%
	High School Completion (% of adults age 25+)	45	88.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	4	11.5%	14.1%
	High-Speed Internet (% of households)	33	93.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	47	77	—
	Volunteerism (% of population age 16+)	40	25.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	42	54.2%	58.8%
Physical Environment		47	-0.190	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	23	78	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	29	71.7%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	18	29.9%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	49	79.5	22.6
	Housing Cost Burden (% of households)*	46	371%	32.0%
	Housing With Lead Risk (% of housing stock)	50	31.7%	16.1%
	Severe Housing Problems (% of occupied housing units)	48	22.5%	16.8%
Clinical Care		11	0.510	
Access to Care	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	13	73.0	66.3
	Mental Health Providers (Providers per 100,000 population)	17	412.7	362.6
	Primary Care Providers (Providers per 100,000 population)	11	346.9	291.4
	Uninsured (% of total population)	6	5.0%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	13	67.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	15	69.5%	66.9%
	Dental Visit (% of adults)	25	67.4%	67.5%
	Flu Vaccination (% of adults)	18	42.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	8	70.4%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	16	86.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	31	2,857	2,768
Behaviors		16	0.320	
Nutrition and Physical Activity	Exercise (% of adults)	21	30.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	2	12.0%	7.4%
	Physical Inactivity (% of adults)	37	24.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	41	558.4	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	9	8.5	13.1
Sleep Health	Insufficient Sleep (% of adults)	41	38.4%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	7	6.3%	8.0%
	Smoking (% of adults)	12	9.9%	11.6%
Health Outcomes		13	0.323	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	28	32.3	31.4
	Excessive Drinking (% of adults)	19	16.4%	17.0%
	Frequent Mental Distress (% of adults)	11	14.2%	15.6%
	Non-Medical Drug Use (% of adults)	49	24.4%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	4	6,181	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	21	12.7%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	6	9.6%	11.3%
	Obesity (% of adults)	7	29.5%	34.2%
Overall		25	0.094	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of frequent physical distress
- Low prevalence of adults using e-cigarettes

Challenges

- High premature death rate
- High percentage of low birth weight infants
- Low volunteerism rate

Key Findings

Smoking

21%▼

from 14.5% to 11.5% of adults between 2022 and 2024.

Air Pollution

10%▲

from 7.2 to 7.9 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

Drug Deaths

19%▼

from 40.3 to 32.5 deaths per 100,000 population between 2022 and 2023.

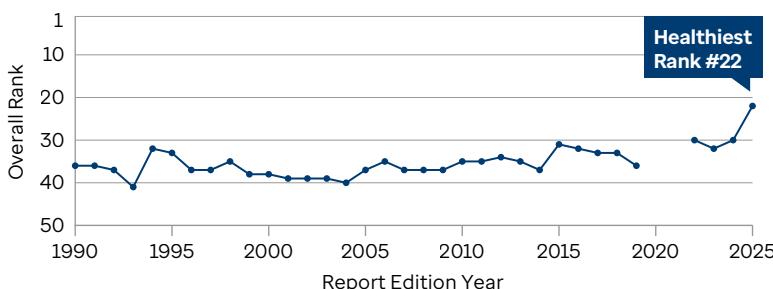
Housing Cost Burden

9%▲

from 27.2% to 29.6% of households between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in North Carolina

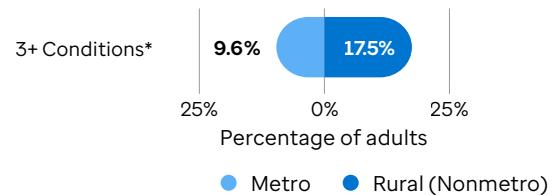
Rural Population in 2023

33.3%

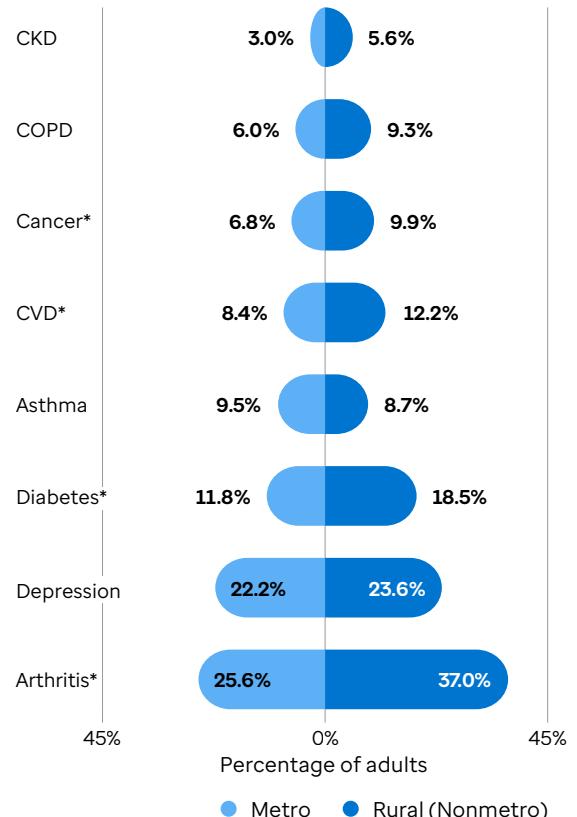
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | North Carolina

		State Rank	State Value	U.S. Value
Social & Economic Factors		27	0.058	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	30	16.6	14.0
	Homicide (Deaths per 100,000 population)	38	8.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	32	4.9	4.2
	Public Health Funding (Dollars per person)	45	\$78	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	23	50	—
	Food Insecurity (% of households)	21	10.9%	12.2%
	Income Inequality (80:20 ratio)	32	4.70	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	30	30.1%	30.5%
	High School Completion (% of adults age 25+)	30	90.9%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	18	13.9%	14.1%
	High-Speed Internet (% of households)	20	94.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	5	54	—
	Volunteerism (% of population age 16+)	41	24.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	38	55.2%	58.8%
Physical Environment		4	0.720	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	25	79	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	17	88.0%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	29	13.0%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	18	10.5	22.6
	Housing Cost Burden (% of households)*	30	29.6%	32.0%
	Housing With Lead Risk (% of housing stock)	9	9.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	27	14.2%	16.8%
Clinical Care		23	0.091	
Access to Care	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	37	571	66.3
	Mental Health Providers (Providers per 100,000 population)	24	365.8	362.6
	Primary Care Providers (Providers per 100,000 population)	22	316.6	291.4
	Uninsured (% of total population)	35	8.6%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	18	66.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	14	69.7%	66.9%
	Dental Visit (% of adults)	30	66.1%	67.5%
	Flu Vaccination (% of adults)	19	42.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	19	66.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	34	82.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	27	2,723	2,768
Behaviors		31	-0.129	
Nutrition and Physical Activity	Exercise (% of adults)	42	26.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	12	20.2%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	44	6079	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	33	14.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	18	34.1%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	17	7.3%	8.0%
	Smoking (% of adults)	24	11.5%	11.6%
Health Outcomes		20	0.190	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	29	32.5	31.4
	Excessive Drinking (% of adults)	5	14.3%	17.0%
	Frequent Mental Distress (% of adults)	15	14.7%	15.6%
	Non-Medical Drug Use (% of adults)	21	14.0%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	38	9,125	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
Physical Health	Frequent Physical Distress (% of adults)	4	11.2%	13.0%
	Low Birth Weight (% of live births)	40	9.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	25	11.3%	11.3%
	Obesity (% of adults)	27	34.5%	34.2%
Overall		22	0.125	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of frequent physical distress
- Low economic hardship index score
- High prevalence of high school completion

Challenges

- High prevalence of excessive drinking
- Low prevalence of households with high-speed internet
- Low number of mental health providers per 100,000 population

Key Findings

Air Pollution

66%▲

from 5.0 to 8.3 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

Colorectal Cancer Screening

13%▲

from 62.7% to 71.1% of adults ages 45-75 between 2022 and 2024.

Obesity

14%▲

from 32.2% to 36.8% of adults between 2014 and 2024.

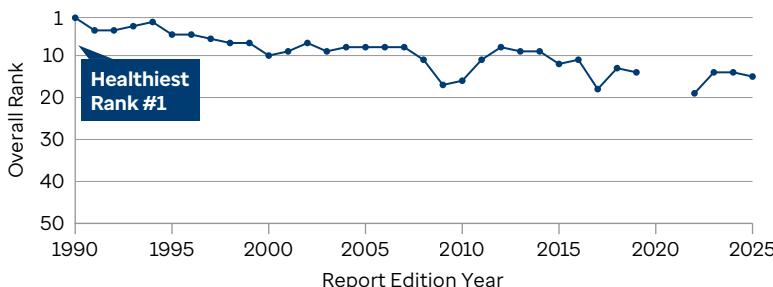
Premature Death

10%▼

from 8,444 to 7,617 years lost before age 75 per 100,000 population between 2022 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in North Dakota

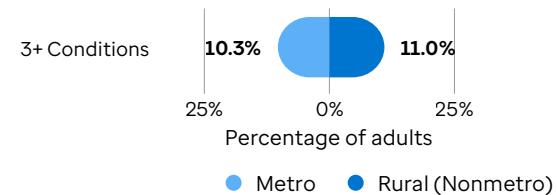
Rural Population in 2023

39.3%

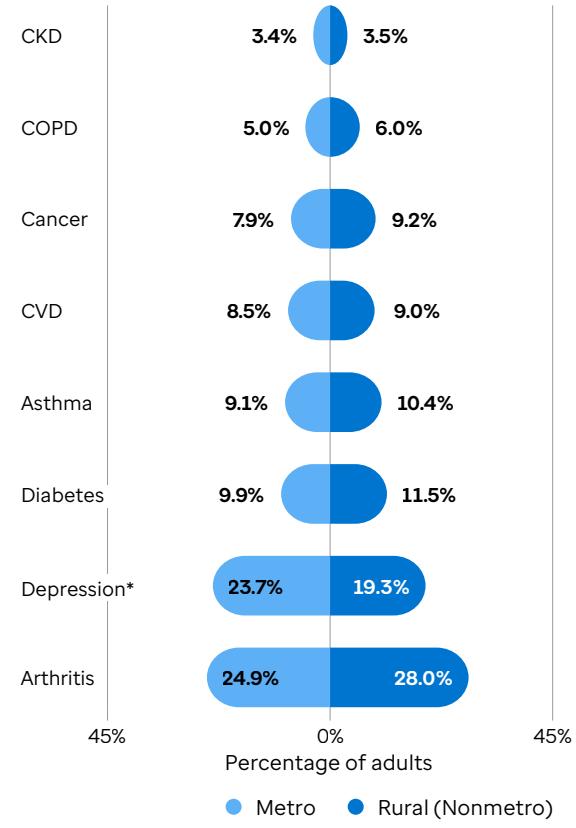
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | North Dakota

		State Rank	State Value	U.S. Value
Social & Economic Factors		12	0.489	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	17	13.1	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	42	5.9	4.2
	Public Health Funding (Dollars per person)	10	\$162	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	5	23	—
	Food Insecurity (% of households)	2	8.6%	12.2%
	Income Inequality (80:20 ratio)	8	4.18	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	33	28.7%	30.5%
	High School Completion (% of adults age 25+)	7	94.1%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	35	17.4%	14.1%
	High-Speed Internet (% of households)	42	92.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population age 16+)	26	30.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	19	61.6%	58.8%
Physical Environment		8	0.522	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	30	8.3	8.8
	Drinking Water Violations (Average violations per community water system)	4	1.2	2.5
	Water Fluoridation (% of population served by community water systems)	4	96.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	15	39.5%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	20	10.9	22.6
	Housing Cost Burden (% of households)*	2	22.4%	32.0%
	Housing With Lead Risk (% of housing stock)	24	14.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	4	12.0%	16.8%
Clinical Care		13	0.484	
Access to Care	Avoided Care Due to Cost (% of adults)	5	8.2%	11.5%
	Dental Care Providers (Providers per 100,000 population)	23	64.5	66.3
	Mental Health Providers (Providers per 100,000 population)	37	284.2	362.6
	Primary Care Providers (Providers per 100,000 population)	7	352.0	291.4
	Uninsured (% of total population)	17	6.1%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	20	66.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	10	71.9%	66.9%
	Dental Visit (% of adults)	20	68.4%	67.5%
	Flu Vaccination (% of adults)	25	40.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	8	70.4%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	22	84.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	36	3,046	2,768
Behaviors		17	0.251	
Nutrition and Physical Activity	Exercise (% of adults)	19	30.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	22	436.4	492.2
	High-Risk HIV Behaviors (% of adults)	4	4.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	22	11.2	13.1
Sleep Health	Insufficient Sleep (% of adults)	17	33.2%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	18	7.6%	8.0%
	Smoking (% of adults)	31	12.3%	11.6%
Health Outcomes		18	0.204	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	4	15.6	31.4
	Excessive Drinking (% of adults)	46	20.5%	17.0%
	Frequent Mental Distress (% of adults)	1	12.6%	15.6%
	Non-Medical Drug Use (% of adults)	11	11.7%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	23	7,617	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	47	3.6	1.9
Physical Health	Frequent Physical Distress (% of adults)	1	10.3%	13.0%
	Low Birth Weight (% of live births)	5	7.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	19	10.6%	11.3%
	Obesity (% of adults)	36	36.8%	34.2%
Overall		15	0.373	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High prevalence of high school completion
- High reading proficiency among fourth grade public school students
- High prevalence of adults with a dedicated health care provider

Challenges

- High premature death rate
- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions

Key Findings

Physical Inactivity

16%▼

from 26.4% to 22.2% of adults between 2023 and 2024.

Housing Cost Burden

10%▲

from 24.4% to 26.8% of households between 2019 and 2024.

Air Pollution

13%▲

from 8.7 to 9.8 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

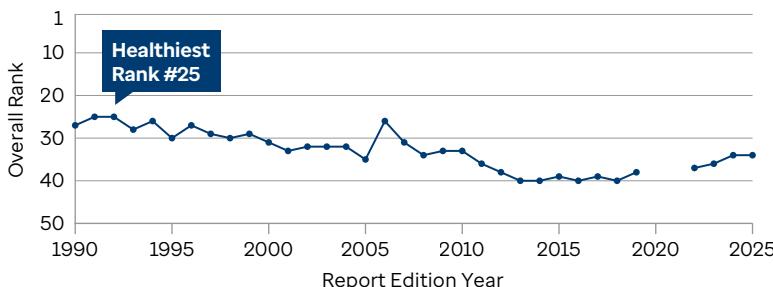
Drug Deaths

8%▼

from 43.8 to 40.3 deaths per 100,000 population between 2022 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in Ohio

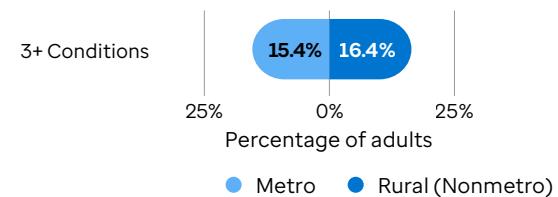
Rural Population in 2023

24.0%

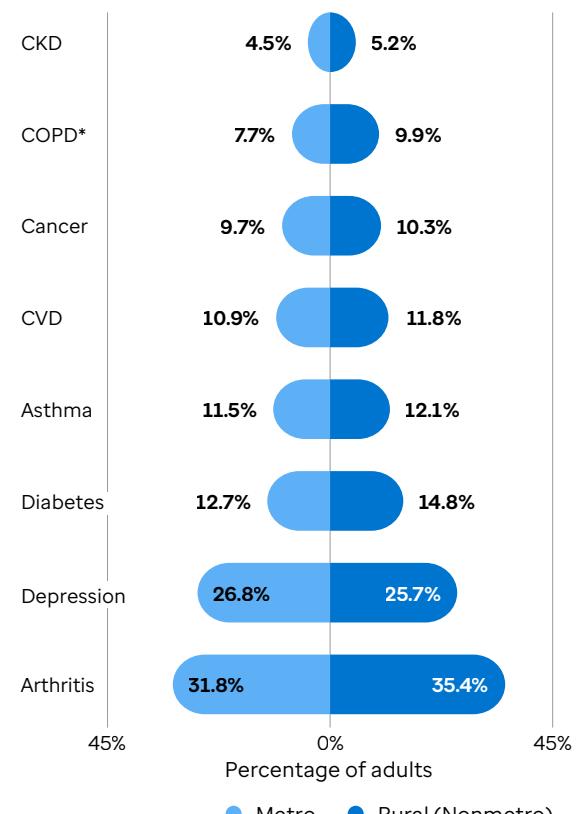
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Ohio

		State Rank	State Value	U.S. Value
Social & Economic Factors		31	-0.004	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	26	15.0	14.0
	Homicide (Deaths per 100,000 population)	35	7.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.6	4.2
	Public Health Funding (Dollars per person)	37	\$97	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	28	54	—
	Food Insecurity (% of households)	36	12.8%	12.2%
	Income Inequality (80:20 ratio)	24	4.58	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	15	32.4%	30.5%
	High School Completion (% of adults age 25+)	20	92.2%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	25	15.3%	14.1%
	High-Speed Internet (% of households)	35	93.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	38	70	—
	Volunteerism (% of population age 16+)	27	30.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	34	57.6%	58.8%
Physical Environment		31	0.165	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	46	9.8	8.8
	Drinking Water Violations (Average violations per community water system)	5	1.3	2.5
	Water Fluoridation (% of population served by community water systems)	9	92.8%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	44	5.2%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	16	9.9	22.6
	Housing Cost Burden (% of households)*	15	26.8%	32.0%
	Housing With Lead Risk (% of housing stock)	43	23.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	12	12.7%	16.8%
Clinical Care		20	0.238	
Access to Care	Avoided Care Due to Cost (% of adults)	17	10.2%	11.5%
	Dental Care Providers (Providers per 100,000 population)	34	59.2	66.3
	Mental Health Providers (Providers per 100,000 population)	20	394.7	362.6
	Primary Care Providers (Providers per 100,000 population)	19	318.8	291.4
	Uninsured (% of total population)	20	6.7%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	19	66.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	13	69.9%	66.9%
	Dental Visit (% of adults)	34	65.4%	67.5%
	Flu Vaccination (% of adults)	30	39.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	15	67.3%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	8	88.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	38	3,158	2,768
Behaviors		38	-0.370	
Nutrition and Physical Activity	Exercise (% of adults)	23	30.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	25	7.3%	7.4%
	Physical Inactivity (% of adults)	29	22.2%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	24	461.7	492.2
	High-Risk HIV Behaviors (% of adults)	36	5.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	32	14.6	13.1
Sleep Health	Insufficient Sleep (% of adults)	42	38.5%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	36	9.0%	8.0%
	Smoking (% of adults)	41	14.1%	11.6%
Health Outcomes		39	-0.351	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	38	40.3	31.4
	Excessive Drinking (% of adults)	28	17.3%	17.0%
	Frequent Mental Distress (% of adults)	37	17.0%	15.6%
	Non-Medical Drug Use (% of adults)	26	15.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	36	8,975	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
Physical Health	Frequent Physical Distress (% of adults)	26	13.2%	13.0%
	Low Birth Weight (% of live births)	30	8.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	46	15.7%	11.3%
	Obesity (% of adults)	38	36.9%	34.2%
Overall		34	-0.111	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- Low incidence of chlamydia
- High number of mental health providers per 100,000 population

Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High prevalence of adults using e-cigarettes

Key Findings

Volunteerism

33% 

from 23.6% to 31.5% of people age 16 and older between 2021 and 2023.

Cancer Screenings

18% 

from 50.8% to 60.1% of adults ages 40-75 between 2022 and 2024.

Drug Deaths

27% 

from 24.9 to 31.5 deaths per 100,000 population between 2021 and 2023.

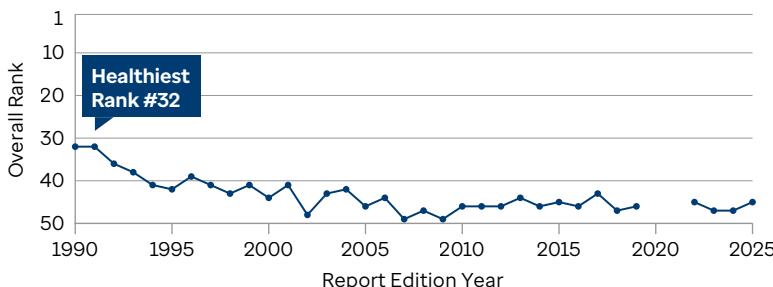
Arthritis

14% 

from 27.1% to 30.8% of adults between 2021 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Oklahoma

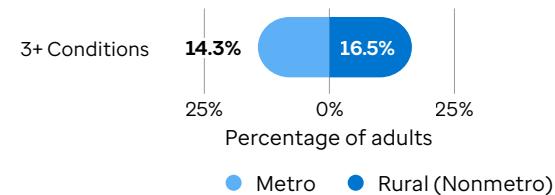
Rural Population in 2023

35.8%

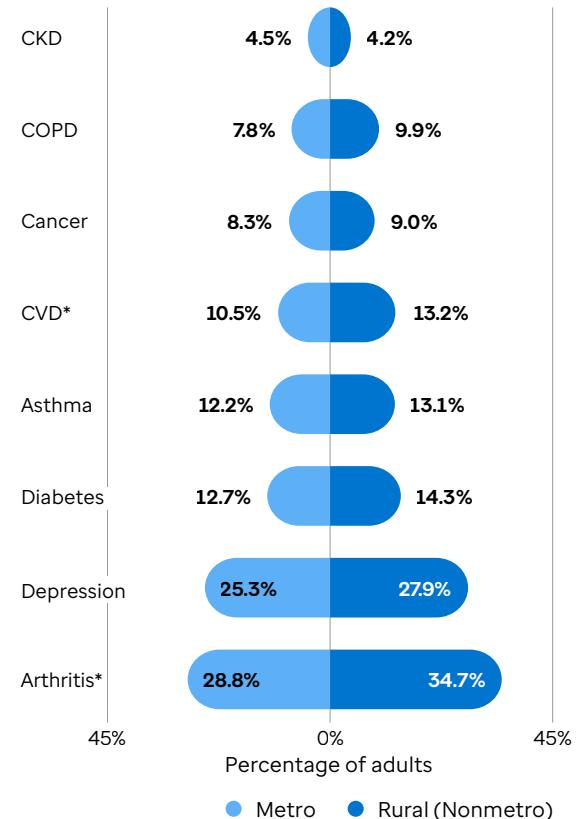
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Oklahoma

		State Rank	State Value	U.S. Value
Social & Economic Factors		43	-0.551	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	40	20.1	14.0
	Homicide (Deaths per 100,000 population)	29	6.8	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	37	5.3	4.2
	Public Health Funding (Dollars per person)	15	\$143	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	43	81	—
	Food Insecurity (% of households)	46	15.4%	12.2%
	Income Inequality (80:20 ratio)	29	4.64	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	48	22.7%	30.5%
	High School Completion (% of adults age 25+)	37	90.2%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	39	18.2%	14.1%
	High-Speed Internet (% of households)	33	93.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	23	31.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	44	53.4%	58.8%
Physical Environment		46	-0.177	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	37	8.5	8.8
	Drinking Water Violations (Average violations per community water system)	45	3.5	2.5
	Water Fluoridation (% of population served by community water systems)	34	63.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	12	42.5%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	27	13.3	22.6
	Housing Cost Burden (% of households)*	17	26.9%	32.0%
	Housing With Lead Risk (% of housing stock)	21	13.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	21	13.5%	16.8%
Clinical Care		48	-0.897	
Access to Care	Avoided Care Due to Cost (% of adults)	45	14.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	30	60.4	66.3
	Mental Health Providers (Providers per 100,000 population)	12	451.3	362.6
	Primary Care Providers (Providers per 100,000 population)	45	249.4	291.4
	Uninsured (% of total population)	48	11.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	44	60.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	33	64.9%	66.9%
	Dental Visit (% of adults)	45	61.1%	67.5%
	Flu Vaccination (% of adults)	42	35.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	48	49.7%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	31	82.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	35	3,041	2,768
Behaviors		45	-1.066	
Nutrition and Physical Activity	Exercise (% of adults)	46	23.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	49	3.8%	7.4%
	Physical Inactivity (% of adults)	45	27.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	26	471.3	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	46	20.6	13.1
Sleep Health	Insufficient Sleep (% of adults)	24	35.5%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	49	10.8%	8.0%
	Smoking (% of adults)	41	14.1%	11.6%
Health Outcomes		40	-0.355	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	24	31.5	31.4
	Excessive Drinking (% of adults)	2	13.8%	17.0%
	Frequent Mental Distress (% of adults)	45	18.6%	15.6%
	Non-Medical Drug Use (% of adults)	27	15.7%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	42	10,509	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	15	1.4	1.9
Physical Health	Frequent Physical Distress (% of adults)	37	14.4%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	42	15.0%	11.3%
	Obesity (% of adults)	36	36.8%	34.2%
Overall		45	-0.619	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High prevalence of high school completion
- Low uninsured rate
- High voter participation

Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of non-medical drug use

Key Findings

Drug Deaths

31%▲

from 32.1 to 42.1 deaths per 100,000 population between 2022 and 2023.

Cancer

22%▲

from 9.1% to 11.1% of adults between 2022 and 2024.

Volunteerism

28%▲

from 28.0% to 35.7% of people age 16 and older between 2021 and 2023.

Mental Health Providers

7%▲

from 762.1 to 813.1 per 100,000 population between September 2024 and September 2025.

Trends

Annual Report Rank History



Spotlight

Rural Health in Oregon

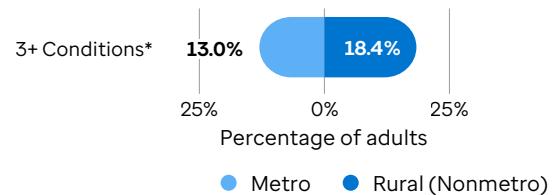
Rural Population in 2023

19.7%

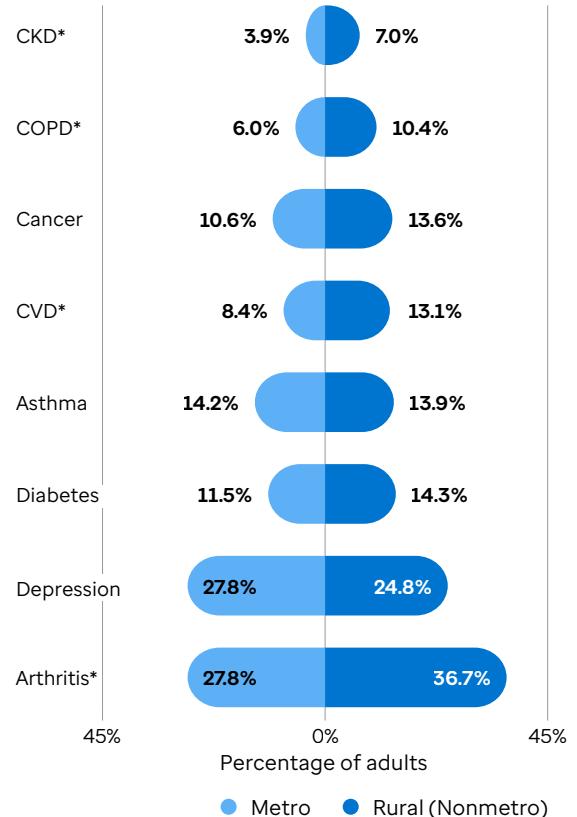
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Oregon

		State Rank	State Value	U.S. Value
Social & Economic Factors		21	0.299	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	28	15.2	14.0
	Homicide (Deaths per 100,000 population)	17	4.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	15	3.9	4.2
	Public Health Funding (Dollars per person)	7	\$191	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	23	50	—
	Food Insecurity (% of households)	36	12.8%	12.2%
	Income Inequality (80:20 ratio)	28	4.63	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	42	26.6%	30.5%
	High School Completion (% of adults age 25+)	18	92.3%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	26	15.4%	14.1%
	High-Speed Internet (% of households)	12	95.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	30	65	—
	Volunteerism (% of population age 16+)	9	35.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	1	72.7%	58.8%
Physical Environment		39	0.033	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	29	8.2	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	48	26.4%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	6	60.1%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	48	53.5	22.6
	Housing Cost Burden (% of households)*	40	34.3%	32.0%
	Housing With Lead Risk (% of housing stock)	25	15.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	43	18.2%	16.8%
Clinical Care		15	0.434	
Access to Care	Avoided Care Due to Cost (% of adults)	24	11.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	7	77.3	66.3
	Mental Health Providers (Providers per 100,000 population)	3	813.1	362.6
	Primary Care Providers (Providers per 100,000 population)	30	290.8	291.4
	Uninsured (% of total population)	9	5.2%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	28	63.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	37	64.3%	66.9%
	Dental Visit (% of adults)	23	67.7%	67.5%
	Flu Vaccination (% of adults)	14	44.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	23	65.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	23	83.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	6	1,797	2,768
Behaviors		11	0.474	
Nutrition and Physical Activity	Exercise (% of adults)	7	32.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	33	6.5%	7.4%
	Physical Inactivity (% of adults)	9	19.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	10	362.5	492.2
	High-Risk HIV Behaviors (% of adults)	34	5.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	12	9.4	13.1
Sleep Health	Insufficient Sleep (% of adults)	5	30.9%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	22	7.8%	8.0%
	Smoking (% of adults)	20	10.6%	11.6%
Health Outcomes		32	-0.165	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	41	42.1	31.4
	Excessive Drinking (% of adults)	17	16.2%	17.0%
	Frequent Mental Distress (% of adults)	46	19.0%	15.6%
	Non-Medical Drug Use (% of adults)	44	20.7%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	25	7,904	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	43	15.1%	13.0%
	Low Birth Weight (% of live births)	7	7.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	8	1.7	2.1
	Multiple Chronic Conditions (% of adults)	39	14.0%	11.3%
	Obesity (% of adults)	22	33.5%	34.2%
Overall		19	0.212	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High voter participation
- High prevalence of high school completion
- Low prevalence of high-risk HIV behaviors

Challenges

- High prevalence of multiple chronic conditions
- Low prevalence of households with high-speed internet
- High preventable hospitalization rate

Key Findings

E-Cigarette Use

43%▲

from 5.3% to 7.6% of adults between 2020 and 2024.

Cancer Screenings

13%▲

from 59.2% to 66.6% of adults ages 40-75 between 2022 and 2024.

Air Pollution

26%▲

from 8.7 to 11.0 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

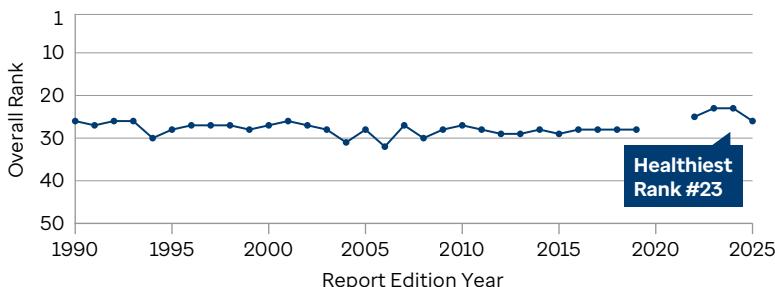
Premature Death

10%▼

from 8,456 to 7,610 years lost before age 75 per 100,000 population between 2022 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in Pennsylvania

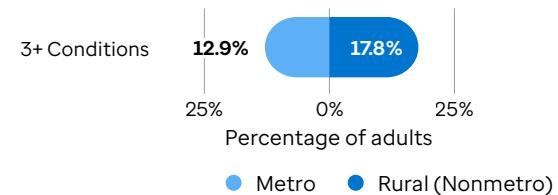
Rural Population in 2023

23.6%

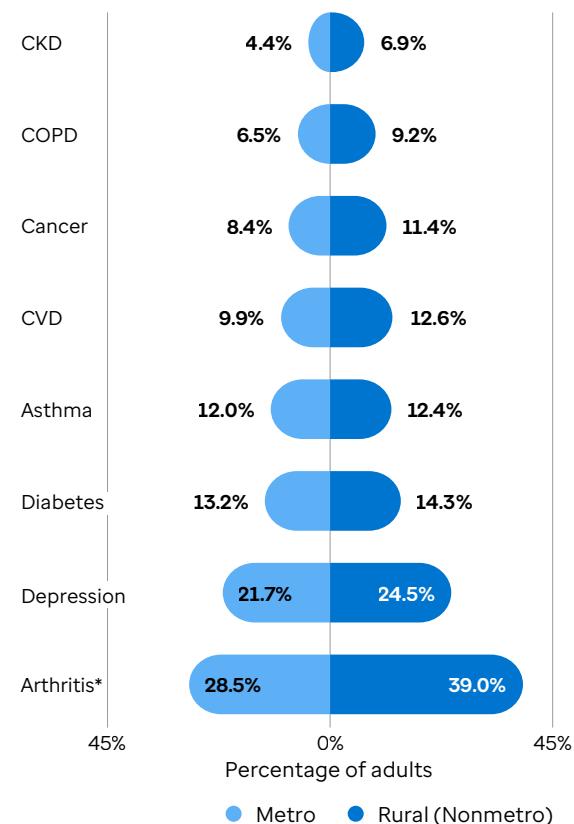
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Pennsylvania

		State Rank	State Value	U.S. Value
Social & Economic Factors		24	0.125	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	21	13.9	14.0
	Homicide (Deaths per 100,000 population)	35	7.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	43	\$79	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	19	48	—
	Food Insecurity (% of households)	20	10.8%	12.2%
	Income Inequality (80:20 ratio)	35	4.79	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	11	32.9%	30.5%
	High School Completion (% of adults age 25+)	17	92.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	21	14.6%	14.1%
	High-Speed Internet (% of households)	35	93.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	43	73	—
	Volunteerism (% of population age 16+)	25	31.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	10	64.9%	58.8%
Physical Environment		49	-0.338	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	49	11.0	8.8
	Drinking Water Violations (Average violations per community water system)	13	1.6	2.5
	Water Fluoridation (% of population served by community water systems)	39	55.3%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	47	3.4%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	19	10.8	22.6
	Housing Cost Burden (% of households)*	20	27.6%	32.0%
	Housing With Lead Risk (% of housing stock)	47	27.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	23	13.8%	16.8%
Clinical Care		19	0.336	
Access to Care	Avoided Care Due to Cost (% of adults)	12	9.8%	11.5%
	Dental Care Providers (Providers per 100,000 population)	25	63.2	66.3
	Mental Health Providers (Providers per 100,000 population)	30	321.8	362.6
	Primary Care Providers (Providers per 100,000 population)	16	324.5	291.4
	Uninsured (% of total population)	13	5.8%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	17	66.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	27	67.1%	66.9%
	Dental Visit (% of adults)	17	69.0%	67.5%
	Flu Vaccination (% of adults)	17	43.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	29	63.3%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	9	87.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	33	3,033	2,768
Behaviors		19	0.198	
Nutrition and Physical Activity	Exercise (% of adults)	—	—	30.4%
	Fruit and Vegetable Consumption (% of adults)	20	7.8%	7.4%
	Physical Inactivity (% of adults)	31	22.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	16	421.2	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	14	9.8	13.1
Sleep Health	Insufficient Sleep (% of adults)	33	37.1%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	18	7.6%	8.0%
	Smoking (% of adults)	25	11.7%	11.6%
Health Outcomes		30	-0.108	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	34	36.7	31.4
	Excessive Drinking (% of adults)	29	17.5%	17.0%
	Frequent Mental Distress (% of adults)	30	16.0%	15.6%
	Non-Medical Drug Use (% of adults)	32	16.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	22	7,610	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	29	13.6%	13.0%
	Low Birth Weight (% of live births)	23	8.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	37	13.5%	11.3%
	Obesity (% of adults)	24	34.2%	34.2%
Overall		26	0.067	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of cancer screenings
- Low homicide rate

Challenges

- High income inequality
- Low number of dental care providers per 100,000 population
- High average number of health-based drinking water violations

Key Findings

Volunteerism

40%▼

from 30.7% to 18.5% of people age 16 and older between 2017 and 2023.

Colorectal Cancer Screening

21%▲

from 66.2% to 80.4% of adults ages 45-75 between 2022 and 2024.

Homelessness

33%▲

from 16.5 to 22.0 people per 10,000 population between 2023 and 2024.

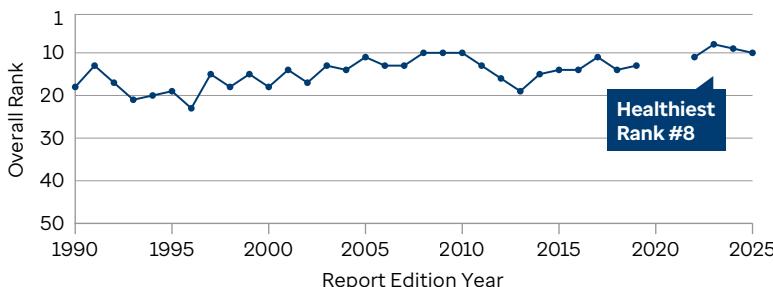
Physical Inactivity

13%▼

from 26.4% to 22.9% of adults between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Rhode Island

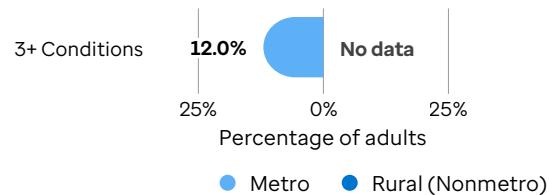
Rural Population in 2023

9.7%

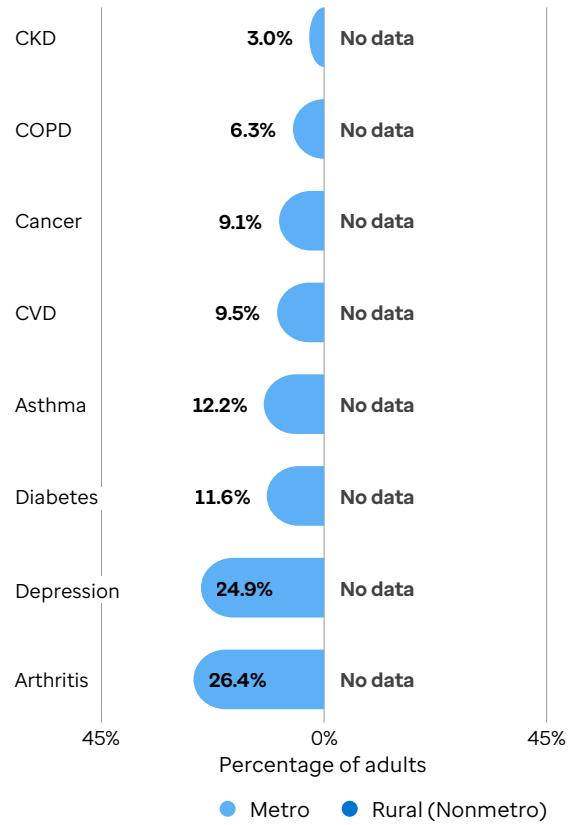
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Rhode Island

		State Rank	State Value	U.S. Value
Social & Economic Factors		19	0.316	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	5	5.3	14.0
	Homicide (Deaths per 100,000 population)	3	2.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	22	4.2	4.2
	Public Health Funding (Dollars per person)	2	\$333	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	21	49	—
	Food Insecurity (% of households)	9	9.7%	12.2%
	Income Inequality (80:20 ratio)	47	5.27	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	13	32.6%	30.5%
	High School Completion (% of adults age 25+)	34	90.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	6	12.3%	14.1%
	High-Speed Internet (% of households)	20	94.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	50	18.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	16	62.2%	58.8%
Physical Environment		44	-0.090	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	12	6.7	8.8
	Drinking Water Violations (Average violations per community water system)	50	5.5	2.5
	Water Fluoridation (% of population served by community water systems)	20	84.3%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	35	10.0%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	40	22.0	22.6
	Housing Cost Burden (% of households)*	45	36.0%	32.0%
	Housing With Lead Risk (% of housing stock)	48	28.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	36	16.3%	16.8%
Clinical Care		4	1.228	
Access to Care	Avoided Care Due to Cost (% of adults)	14	10.0%	11.5%
	Dental Care Providers (Providers per 100,000 population)	39	56.3	66.3
	Mental Health Providers (Providers per 100,000 population)	7	570.6	362.6
	Primary Care Providers (Providers per 100,000 population)	3	379.4	291.4
	Uninsured (% of total population)	5	4.6%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	1	75.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	2	77.8%	66.9%
	Dental Visit (% of adults)	4	73.0%	67.5%
	Flu Vaccination (% of adults)	4	50.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	2	76.1%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	9	87.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	26	2,684	2,768
Behaviors		14	0.384	
Nutrition and Physical Activity	Exercise (% of adults)	29	29.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	8	9.5%	7.4%
	Physical Inactivity (% of adults)	33	22.9%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	28	480.8	492.2
	High-Risk HIV Behaviors (% of adults)	20	5.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	6	7.5	13.1
Sleep Health	Insufficient Sleep (% of adults)	26	35.6%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	14	7.0%	8.0%
	Smoking (% of adults)	12	9.9%	11.6%
Health Outcomes		6	0.671	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	35	37.7	31.4
	Excessive Drinking (% of adults)	37	18.2%	17.0%
	Frequent Mental Distress (% of adults)	14	14.5%	15.6%
	Non-Medical Drug Use (% of adults)	3	7.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	8	6,485	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	3	1.1	1.9
Physical Health	Frequent Physical Distress (% of adults)	24	13.0%	13.0%
	Low Birth Weight (% of live births)	15	7.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	6	1.6	2.1
	Multiple Chronic Conditions (% of adults)	31	12.0%	11.3%
	Obesity (% of adults)	11	31.1%	34.2%
Overall		10	0.514	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High reading proficiency among fourth grade public school students
- High prevalence of cancer screenings
- Low average number of health-based drinking water violations

Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High homicide rate

Key Findings

Physical Inactivity

17%▼

from 26.3% to 21.7% of adults between 2023 and 2024.

Flu Vaccination

12%▼

from 43.0% to 37.7% of adults between 2022 and 2024.

Firearm Deaths

14%▼

from 22.2 to 19.0 deaths per 100,000 population between 2021 and 2023.

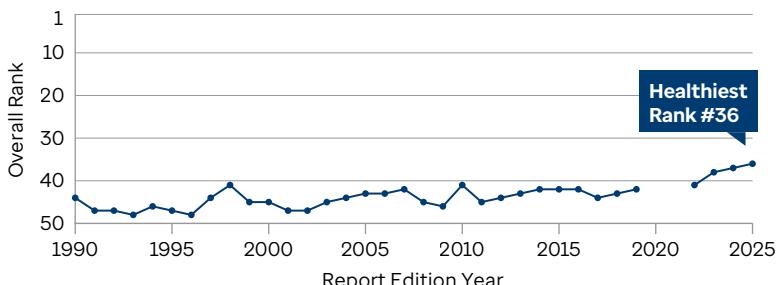
Homelessness

12%▲

from 7.5 to 8.4 people per 10,000 population between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in South Carolina

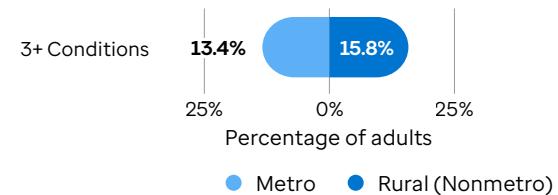
Rural Population in 2023

31.8%

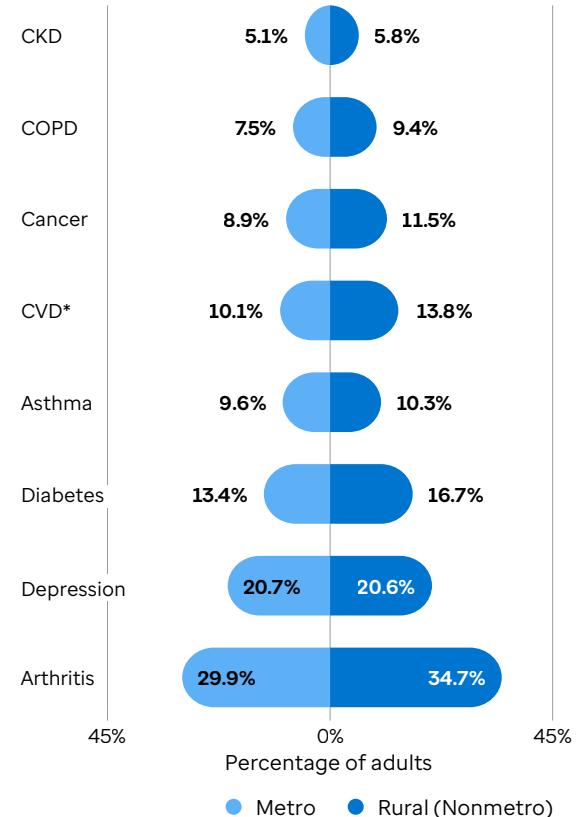
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | South Carolina

		State Rank	State Value	U.S. Value
Social & Economic Factors		36	-0.154	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	37	19.0	14.0
	Homicide (Deaths per 100,000 population)	44	10.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	47	6.3	4.2
	Public Health Funding (Dollars per person)	36	\$102	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	36	67	—
	Food Insecurity (% of households)	44	14.4%	12.2%
	Income Inequality (80:20 ratio)	30	4.66	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	14	32.5%	30.5%
	High School Completion (% of adults age 25+)	29	91.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	20	14.5%	14.1%
	High-Speed Internet (% of households)	30	94.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	2	48	—
	Volunteerism (% of population age 16+)	33	28.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	43	53.8%	58.8%
Physical Environment		10	0.510	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	10	92.0%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	43	5.4%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	5	8.4	22.6
	Housing Cost Burden (% of households)*	20	27.6%	32.0%
	Housing With Lead Risk (% of housing stock)	6	8.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	26	14.1%	16.8%
Clinical Care		36	-0.344	
Access to Care	Avoided Care Due to Cost (% of adults)	39	13.8%	11.5%
	Dental Care Providers (Providers per 100,000 population)	43	54.2	66.3
	Mental Health Providers (Providers per 100,000 population)	41	247.8	362.6
	Primary Care Providers (Providers per 100,000 population)	37	276.1	291.4
	Uninsured (% of total population)	37	9.0%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	13	67.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	35	64.4%	66.9%
	Dental Visit (% of adults)	31	66.0%	67.5%
	Flu Vaccination (% of adults)	35	37.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	36	59.5%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	23	83.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	21	2,552	2,768
Behaviors		35	-0.210	
Nutrition and Physical Activity	Exercise (% of adults)	12	31.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	18	8.0%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	45	612.1	492.2
	High-Risk HIV Behaviors (% of adults)	31	5.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	40	17.1	13.1
Sleep Health	Insufficient Sleep (% of adults)	23	35.4%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	32	8.5%	8.0%
	Smoking (% of adults)	32	12.6%	11.6%
Health Outcomes		41	-0.374	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	39	40.5	31.4
	Excessive Drinking (% of adults)	29	17.5%	17.0%
	Frequent Mental Distress (% of adults)	20	15.2%	15.6%
	Non-Medical Drug Use (% of adults)	35	17.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	40	9,882	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
Physical Health	Frequent Physical Distress (% of adults)	24	13.0%	13.0%
	Low Birth Weight (% of live births)	46	10.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	49	2.3	2.1
	Multiple Chronic Conditions (% of adults)	38	13.7%	11.3%
	Obesity (% of adults)	29	34.6%	34.2%
Overall		36	-0.182	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High prevalence of high school completion
- Low prevalence of multiple chronic conditions
- Low levels of air pollution

Challenges

- High prevalence of obesity
- Low prevalence of households with high-speed internet
- High prevalence of cigarette smoking

Key Findings

Primary Care Providers

24%▲

from 277.6 to 343.3 per 100,000 population between September 2020 and September 2025.

Flu Vaccination

19%▼

from 51.5% to 41.8% of adults between 2021 and 2024.

Fourth Grade Reading Proficiency

22%▼

from 36.0% to 28.0% of public school fourth graders between 2019 and 2024.

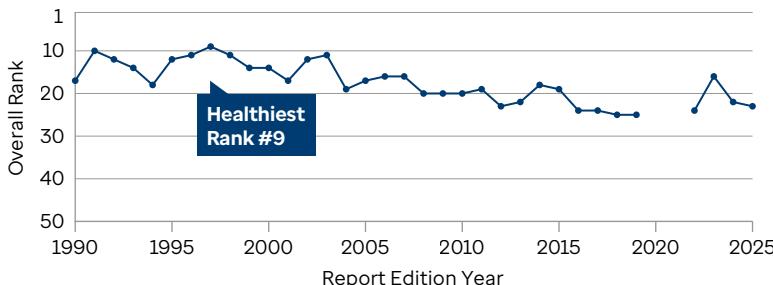
Premature Death

12%▼

from 9,120 to 8,047 years lost before age 75 per 100,000 population between 2022 and 2023.

Trends

Annual Report Rank History



Spotlight

Rural Health in South Dakota

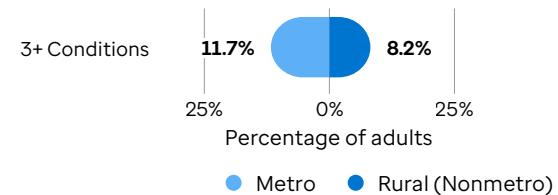
Rural Population in 2023

42.3%

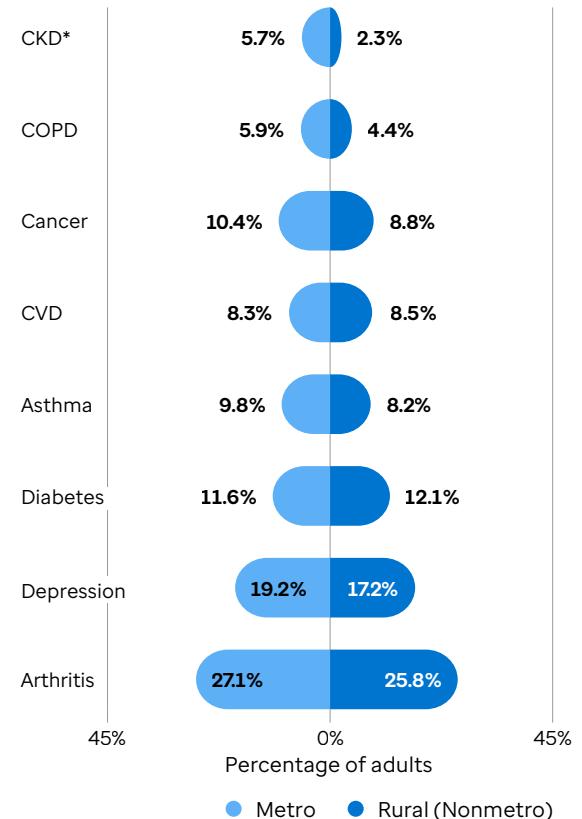
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | South Dakota

		State Rank	State Value	U.S. Value
Social & Economic Factors		22	0.191	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	14	12.2	14.0
	Homicide (Deaths per 100,000 population)	19	4.6	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	39	5.5	4.2
	Public Health Funding (Dollars per person)	19	\$136	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	16	45	—
	Food Insecurity (% of households)	3	9.0%	12.2%
	Income Inequality (80:20 ratio)	2	3.91	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	37	28.0%	30.5%
	High School Completion (% of adults age 25+)	8	94.0%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	44	19.2%	14.1%
	High-Speed Internet (% of households)	40	92.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	33	67	—
	Volunteerism (% of population age 16+)	6	37.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	37	56.2%	58.8%
Physical Environment		1	0.773	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	4	5.7	8.8
	Drinking Water Violations (Average violations per community water system)	3	1.1	2.5
	Water Fluoridation (% of population served by community water systems)	7	94.2%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	2	81.5%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	32	14.5	22.6
	Housing Cost Burden (% of households)*	4	24.4%	32.0%
	Housing With Lead Risk (% of housing stock)	30	16.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	3	11.4%	16.8%
Clinical Care		22	0.100	
Access to Care	Avoided Care Due to Cost (% of adults)	7	8.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	29	60.8	66.3
	Mental Health Providers (Providers per 100,000 population)	39	270.4	362.6
	Primary Care Providers (Providers per 100,000 population)	12	343.3	291.4
	Uninsured (% of total population)	31	8.1%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	38	61.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	40	63.9%	66.9%
	Dental Visit (% of adults)	18	68.8%	67.5%
	Flu Vaccination (% of adults)	23	41.8%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	10	70.0%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	36	81.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	23	2,643	2,768
Behaviors		33	-0.179	
Nutrition and Physical Activity	Exercise (% of adults)	41	26.5%	30.4%
	Fruit and Vegetable Consumption (% of adults)	31	6.7%	7.4%
	Physical Inactivity (% of adults)	18	21.4%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	37	531.6	492.2
	High-Risk HIV Behaviors (% of adults)	17	5.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	39	16.6	13.1
Sleep Health	Insufficient Sleep (% of adults)	6	31.2%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	24	8.0%	8.0%
	Smoking (% of adults)	36	13.5%	11.6%
Health Outcomes		26	0.036	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	2	10.3	31.4
	Excessive Drinking (% of adults)	42	19.5%	17.0%
	Frequent Mental Distress (% of adults)	8	13.8%	15.6%
	Non-Medical Drug Use (% of adults)	18	13.0%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	27	8,047	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	49	5.1	1.9
Physical Health	Frequent Physical Distress (% of adults)	3	11.1%	13.0%
	Low Birth Weight (% of live births)	7	7.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	11	9.9%	11.3%
	Obesity (% of adults)	39	37.0%	34.2%
Overall		23	0.123	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High volunteerism rate
- High number of primary care providers per 100,000 population
- Low levels of air pollution

Challenges

- High premature death rate
- Low voter participation
- Low number of mental health providers per 100,000 population

Key Findings

Unemployment

24%▲

from 3.4% to 4.2% of civilian workers age 16 and older between 2022 and 2024.

Renewable Energy

14%▲

from 11.7% to 13.3% of total electricity between 2023 and 2024.

Firearm Deaths

23%▲

from 18.2 to 22.3 deaths per 100,000 population between 2018 and 2023.

Homelessness

11%▼

from 12.9 to 11.5 people per 10,000 population between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Tennessee

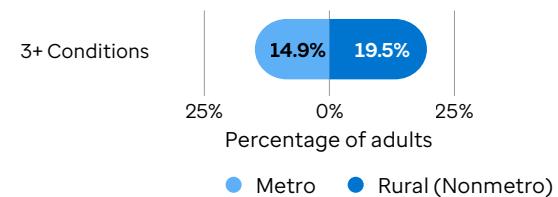
Rural Population in 2023

34.7%

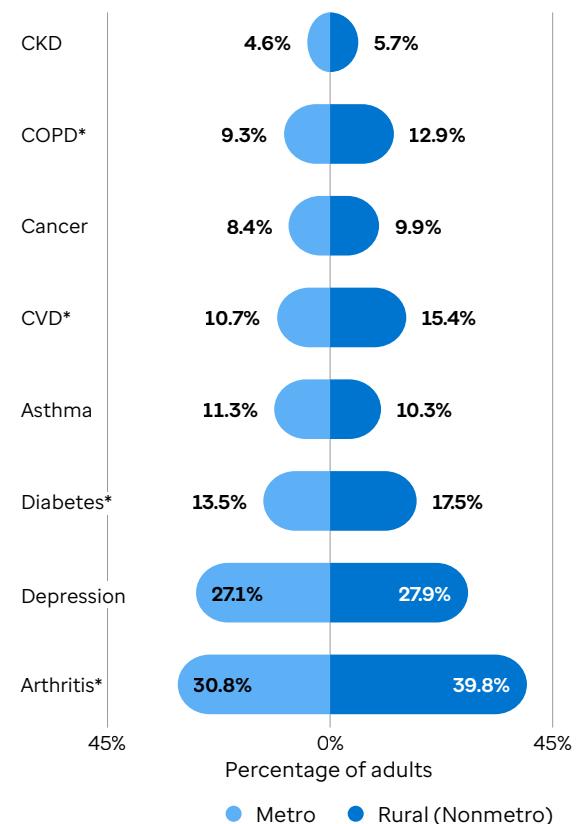
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2023



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2023.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Tennessee

		State Rank	State Value	U.S. Value
Social & Economic Factors		38	-0.248	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	44	22.3	14.0
	Homicide (Deaths per 100,000 population)	43	10.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	47	6.3	4.2
	Public Health Funding (Dollars per person)	20	\$132	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	31	57	—
	Food Insecurity (% of households)	27	11.7%	12.2%
	Income Inequality (80:20 ratio)	20	4.50	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	20	31.8%	30.5%
	High School Completion (% of adults age 25+)	32	90.6%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	36	17.5%	14.1%
	High-Speed Internet (% of households)	30	94.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	36	68	—
	Volunteerism (% of population age 16+)	16	33.2%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	39	54.7%	58.8%
Physical Environment		15	0.432	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	23	78	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	16	88.3%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	28	13.3%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	24	11.5	22.6
	Housing Cost Burden (% of households)*	24	27.7%	32.0%
	Housing With Lead Risk (% of housing stock)	17	11.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	18	13.3%	16.8%
Clinical Care		45	-0.817	
Access to Care	Avoided Care Due to Cost (% of adults)	—	—	11.5%
	Dental Care Providers (Providers per 100,000 population)	45	51.3	66.3
	Mental Health Providers (Providers per 100,000 population)	45	225.5	362.6
	Primary Care Providers (Providers per 100,000 population)	18	319.1	291.4
	Uninsured (% of total population)	40	9.7%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	—	—	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	35	64.4%	66.9%
	Dental Visit (% of adults)	—	—	67.5%
	Flu Vaccination (% of adults)	—	—	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	44	54.3%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	—	—	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	29	2,842	2,768
Behaviors		46	-1.073	
Nutrition and Physical Activity	Exercise (% of adults)	37	274%	30.4%
	Fruit and Vegetable Consumption (% of adults)	30	6.8%	7.4%
	Physical Inactivity (% of adults)	—	—	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	35	5174	492.2
	High-Risk HIV Behaviors (% of adults)	—	—	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	45	20.4	13.1
Sleep Health	Insufficient Sleep (% of adults)	44	38.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	—	—	8.0%
	Smoking (% of adults)	—	—	11.6%
Health Outcomes		46	-0.736	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	48	50.7	31.4
	Excessive Drinking (% of adults)	—	—	170%
	Frequent Mental Distress (% of adults)	—	—	15.6%
	Non-Medical Drug Use (% of adults)	24	14.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	44	10,922	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	15	1.4	1.9
Physical Health	Frequent Physical Distress (% of adults)	—	—	13.0%
	Low Birth Weight (% of live births)	38	9.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	—	—	11.3%
	Obesity (% of adults)	—	—	34.2%
Overall		44	-0.552	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

Challenges

- Low prevalence of high school completion
- High prevalence of adults avoiding care due to cost
- High uninsured rate

Key Findings

Volunteerism

29% 

from 21.3% to 27.4% of people age 16 and older between 2021 and 2023.

Flu Vaccination

17% 

from 43.2% to 36.0% of adults between 2015 and 2024.

Renewable Energy

22% 

from 24.0% to 29.3% of total electricity between 2021 and 2024.

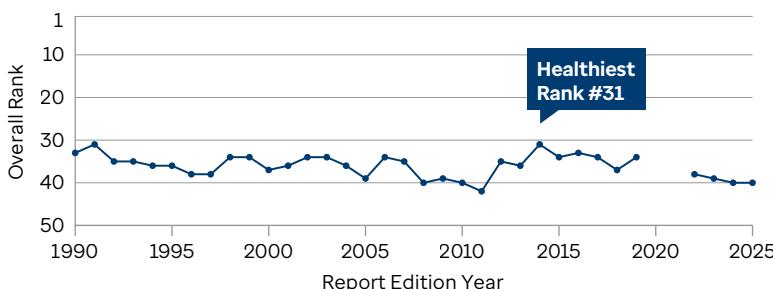
Fourth Grade Reading Proficiency

9% 

from 30.3% to 27.5% of public school fourth graders between 2019 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Texas

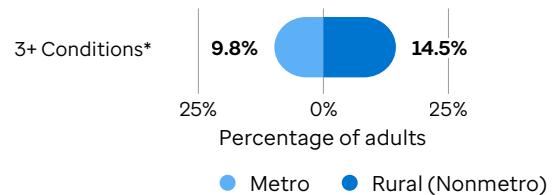
Rural Population in 2023

17.0%

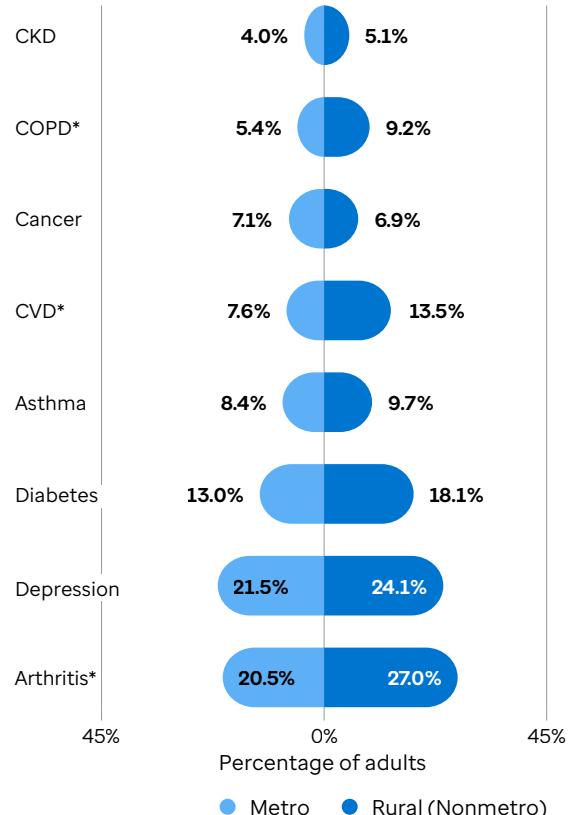
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Texas

		State Rank	State Value	U.S. Value
Social & Economic Factors		42	-0.474	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	26	15.0	14.0
	Homicide (Deaths per 100,000 population)	29	6.8	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	32	4.9	4.2
	Public Health Funding (Dollars per person)	45	\$78	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	40	75	—
	Food Insecurity (% of households)	49	16.9%	12.2%
	Income Inequality (80:20 ratio)	38	4.83	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	40	27.5%	30.5%
	High School Completion (% of adults age 25+)	49	86.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	13	12.8%	14.1%
	High-Speed Internet (% of households)	16	94.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	36	27.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	46	52.5%	58.8%
Physical Environment		41	-0.027	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	43	9.4	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
	Water Fluoridation (% of population served by community water systems)	30	70.7%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	19	29.3%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	8	8.9	22.6
	Housing Cost Burden (% of households)*	38	33.3%	32.0%
	Housing With Lead Risk (% of housing stock)	5	8.0%	16.1%
	Severe Housing Problems (% of occupied housing units)	42	17.5%	16.8%
Clinical Care		50	-1.252	
Access to Care	Avoided Care Due to Cost (% of adults)	49	17.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	40	55.6	66.3
	Mental Health Providers (Providers per 100,000 population)	49	188.1	362.6
	Primary Care Providers (Providers per 100,000 population)	50	225.0	291.4
	Uninsured (% of total population)	50	16.7%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	43	60.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	28	66.8%	66.9%
	Dental Visit (% of adults)	49	58.1%	67.5%
	Flu Vaccination (% of adults)	40	36.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	46	52.2%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	46	76.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	32	2,881	2,768
Behaviors		34	-0.183	
Nutrition and Physical Activity	Exercise (% of adults)	19	30.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	14	8.8%	7.4%
	Physical Inactivity (% of adults)	41	25.1%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	31	491.9	492.2
	High-Risk HIV Behaviors (% of adults)	39	6.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	43	19.4	13.1
Sleep Health	Insufficient Sleep (% of adults)	32	36.9%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	23	7.9%	8.0%
	Smoking (% of adults)	14	10.0%	11.6%
Health Outcomes		19	0.193	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	7	18.6	31.4
	Excessive Drinking (% of adults)	36	17.8%	17.0%
	Frequent Mental Distress (% of adults)	26	15.7%	15.6%
	Non-Medical Drug Use (% of adults)	25	15.2%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	21	7,604	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
Physical Health	Frequent Physical Distress (% of adults)	17	12.4%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	17	10.3%	11.3%
	Obesity (% of adults)	32	35.6%	34.2%
Overall		40	-0.321	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of multiple chronic conditions
- Low homicide rate

Challenges

- High prevalence of non-medical drug use
- Low number of primary care providers per 100,000 population
- High prevalence of adults avoiding care due to cost

Key Findings

Obesity

21%▲

from 25.7% to 31.0% of adults between 2014 and 2024.

Flu Vaccination

15%▼

from 43.2% to 36.6% of adults between 2022 and 2024.

Renewable Energy

18%▲

from 17.7% to 20.9% of total electricity between 2023 and 2024.

Depression

10%▼

from 26.5% to 23.8% of adults between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Utah

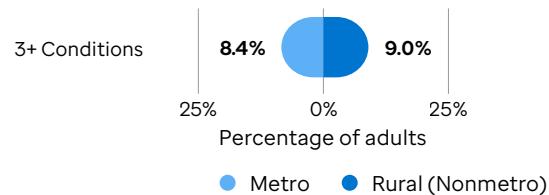
Rural Population in 2023

10.8%

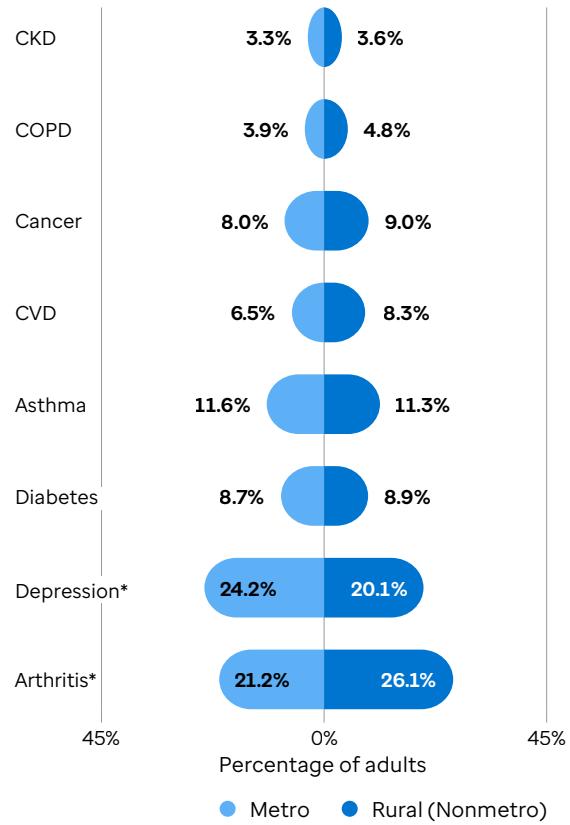
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Utah

		State Rank	State Value	U.S. Value
Social & Economic Factors		6	0.757	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	23	14.3	14.0
	Homicide (Deaths per 100,000 population)	2	1.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	22	4.2	4.2
	Public Health Funding (Dollars per person)	38	\$95	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	11	33	—
	Food Insecurity (% of households)	28	11.8%	12.2%
	Income Inequality (80:20 ratio)	1	3.73	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	3	36.3%	30.5%
	High School Completion (% of adults age 25+)	11	93.6%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	9	12.5%	14.1%
	High-Speed Internet (% of households)	9	95.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	40	71	—
	Volunteerism (% of population age 16+)	1	46.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	25	59.9%	58.8%
Physical Environment		27	0.217	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	15	7.5	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
	Water Fluoridation (% of population served by community water systems)	43	43.6%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	23	20.9%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	21	11.0	22.6
	Housing Cost Burden (% of households)*	28	29.2%	32.0%
	Housing With Lead Risk (% of housing stock)	11	9.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	19	13.4%	16.8%
Clinical Care		25	-0.018	
Access to Care	Avoided Care Due to Cost (% of adults)	36	13.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	27	61.6	66.3
	Mental Health Providers (Providers per 100,000 population)	16	439.8	362.6
	Primary Care Providers (Providers per 100,000 population)	47	240.2	291.4
	Uninsured (% of total population)	33	8.3%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	41	60.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	8	74.0%	66.9%
	Dental Visit (% of adults)	6	71.5%	67.5%
	Flu Vaccination (% of adults)	37	36.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	39	57.5%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	43	79.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	3	1,612	2,768
Behaviors		3	1.038	
Nutrition and Physical Activity	Exercise (% of adults)	5	33.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	23	7.4%	7.4%
	Physical Inactivity (% of adults)	3	16.8%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	7	322.0	492.2
	High-Risk HIV Behaviors (% of adults)	4	4.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	10	8.7	13.1
Sleep Health	Insufficient Sleep (% of adults)	19	34.2%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	13	6.9%	8.0%
	Smoking (% of adults)	1	5.7%	11.6%
Health Outcomes		5	0.736	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	9	20.3	31.4
	Excessive Drinking (% of adults)	1	11.9%	17.0%
	Frequent Mental Distress (% of adults)	23	15.5%	15.6%
	Non-Medical Drug Use (% of adults)	43	20.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	5	6,293	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	37	2.0	1.9
Physical Health	Frequent Physical Distress (% of adults)	11	11.9%	13.0%
	Low Birth Weight (% of live births)	10	74%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	6	1.6	2.1
	Multiple Chronic Conditions (% of adults)	3	8.4%	11.3%
	Obesity (% of adults)	9	31.0%	34.2%
Overall		5	0.638	

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— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low economic hardship index score

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of excessive drinking
- High occupational fatality rate

Key Findings

Cancer Screenings

26%▲

from 55.0% to 69.2% of adults ages 40-75 between 2022 and 2024.

Depression

19%▲

from 22.1% to 26.4% of adults between 2019 and 2024.

Physical Inactivity

21%▼

from 20.3% to 16.0% of adults between 2023 and 2024.

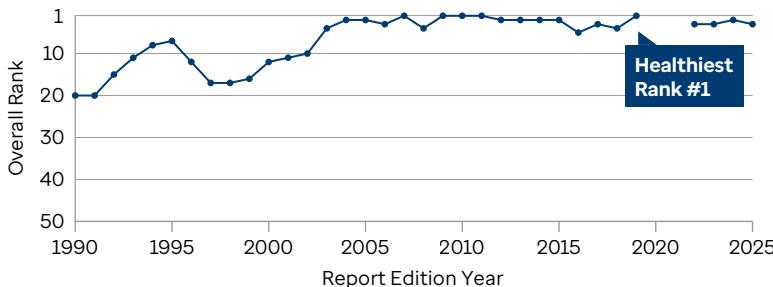
Homelessness

5%▲

from 50.9 to 53.3 people per 10,000 population between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Vermont

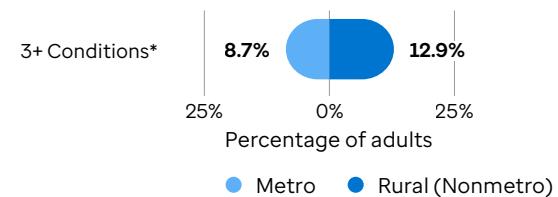
Rural Population in 2023

66.1%

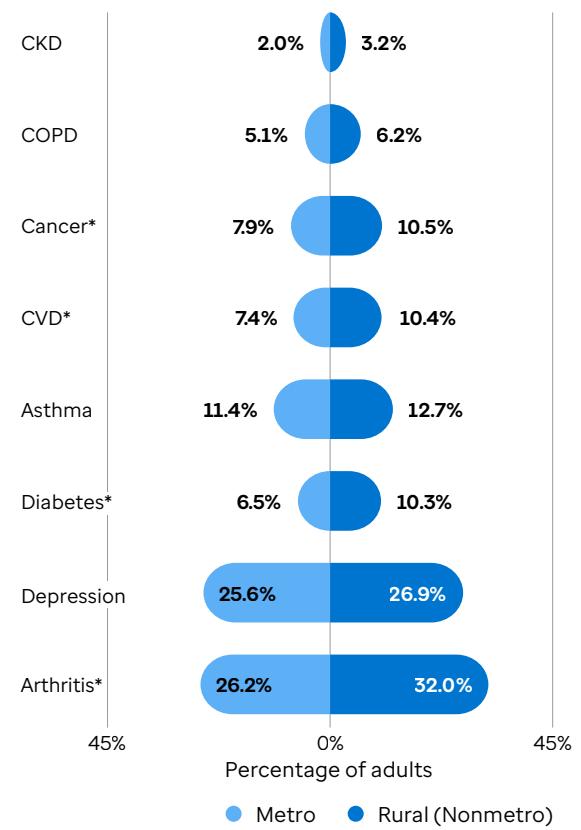
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Vermont

		State Rank	State Value	U.S. Value
Social & Economic Factors		4	0.834	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	15	12.8	14.0
	Homicide (Deaths per 100,000 population)	10	2.8	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	35	5.2	4.2
	Public Health Funding (Dollars per person)	5	\$206	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	3	16	—
	Food Insecurity (% of households)	5	9.2%	12.2%
	Income Inequality (80:20 ratio)	13	4.28	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	27	30.5%	30.5%
	High School Completion (% of adults age 25+)	3	94.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	24	15.2%	14.1%
	High-Speed Internet (% of households)	23	94.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	20	62	—
	Volunteerism (% of population age 16+)	2	40.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	4	67.0%	58.8%
Physical Environment		13	0.468	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8	6.0	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	38	56.7%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	1	84.4%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	47	53.3	22.6
	Housing Cost Burden (% of households)*	33	30.5%	32.0%
	Housing With Lead Risk (% of housing stock)	39	21.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	31	15.3%	16.8%
Clinical Care		2	1.310	
Access to Care	Avoided Care Due to Cost (% of adults)	2	7.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	19	674	66.3
	Mental Health Providers (Providers per 100,000 population)	4	613.0	362.6
	Primary Care Providers (Providers per 100,000 population)	9	349.4	291.4
	Uninsured (% of total population)	3	4.2%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	9	69.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	6	75.6%	66.9%
	Dental Visit (% of adults)	10	70.4%	67.5%
	Flu Vaccination (% of adults)	2	52.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	7	71.7%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	3	90.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	11	2,150	2,768
Behaviors		1	1.309	
Nutrition and Physical Activity	Exercise (% of adults)	3	33.7%	30.4%
	Fruit and Vegetable Consumption (% of adults)	1	12.9%	7.4%
	Physical Inactivity (% of adults)	2	16.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	2	201.9	492.2
	High-Risk HIV Behaviors (% of adults)	20	5.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	2	5.7	13.1
Sleep Health	Insufficient Sleep (% of adults)	1	29.6%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	5	5.9%	8.0%
	Smoking (% of adults)	18	10.5%	11.6%
Health Outcomes		8	0.602	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	36	40.0	31.4
	Excessive Drinking (% of adults)	38	18.7%	17.0%
	Frequent Mental Distress (% of adults)	19	15.1%	15.6%
	Non-Medical Drug Use (% of adults)	1	6.5%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	16	7,268	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	—	—	1.9
Physical Health	Frequent Physical Distress (% of adults)	21	12.7%	13.0%
	Low Birth Weight (% of live births)	5	7.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	1	1.2	2.1
	Multiple Chronic Conditions (% of adults)	26	11.4%	11.3%
	Obesity (% of adults)	5	29.0%	34.2%
Overall		3	0.906	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- Low economic hardship index score
- Low levels of air pollution

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of insufficient sleep
- Low number of mental health providers per 100,000 population

Key Findings

Depression

26%▲

 from 17.2% to 21.7%
 of adults between 2020
 and 2024.

Arthritis

16%▲

 from 24.5% to 28.3%
 of adults between 2020
 and 2024.

Unemployment

25%▼

 from 4.8% to 3.6% of civilian
 workers age 16 and older
 between 2021 and 2024.

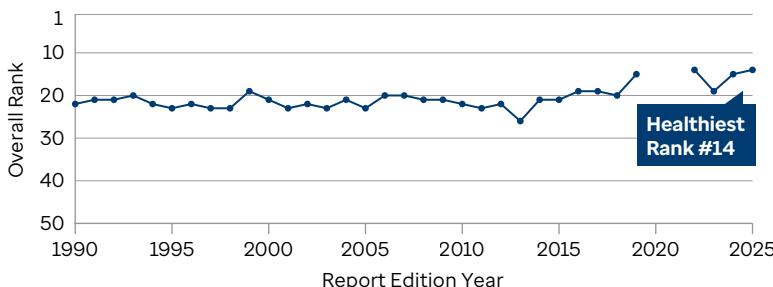
Colorectal Cancer Screening

11%▲

 from 64.1% to 71.2% of adults
 ages 45-75 between 2022
 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Virginia

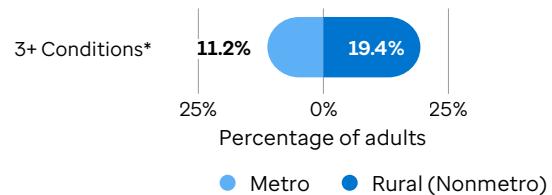
Rural Population in 2023

24.9%

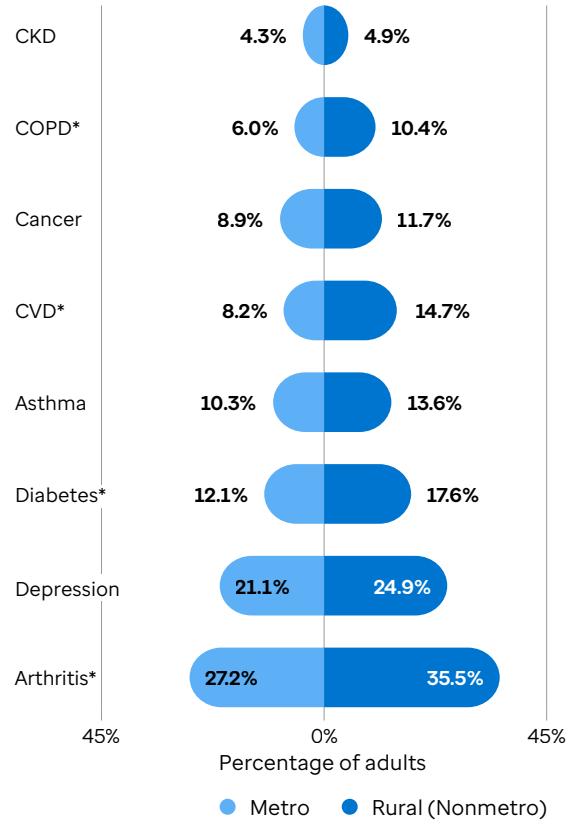
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Virginia

		State Rank	State Value	U.S. Value
Social & Economic Factors		9	0.554	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	22	14.2	14.0
	Homicide (Deaths per 100,000 population)	28	6.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	34	\$107	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	6	26	—
	Food Insecurity (% of households)	13	10.0%	12.2%
	Income Inequality (80:20 ratio)	31	4.67	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	25	30.7%	30.5%
	High School Completion (% of adults age 25+)	26	91.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	9	12.5%	14.1%
	High-Speed Internet (% of households)	23	94.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	4	52	—
	Volunteerism (% of population age 16+)	22	31.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	13	63.1%	58.8%
Physical Environment		2	0.752	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	13	7.2	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
	Water Fluoridation (% of population served by community water systems)	5	95.6%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	36	8.9%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	3	8.1	22.6
	Housing Cost Burden (% of households)*	29	29.3%	32.0%
	Housing With Lead Risk (% of housing stock)	19	12.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	25	13.9%	16.8%
Clinical Care		18	0.380	
Access to Care	Avoided Care Due to Cost (% of adults)	10	9.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	19	674	66.3
	Mental Health Providers (Providers per 100,000 population)	33	294.6	362.6
	Primary Care Providers (Providers per 100,000 population)	34	284.0	291.4
	Uninsured (% of total population)	22	6.9%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	24	64.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	24	67.8%	66.9%
	Dental Visit (% of adults)	14	69.4%	67.5%
	Flu Vaccination (% of adults)	13	44.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	5	71.9%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	19	85.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	22	2,625	2,768
Behaviors		20	0.147	
Nutrition and Physical Activity	Exercise (% of adults)	9	31.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	27	7.0%	7.4%
	Physical Inactivity (% of adults)	27	21.9%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	27	472.8	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	19	10.9	13.1
Sleep Health	Insufficient Sleep (% of adults)	30	36.2%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	16	7.2%	8.0%
	Smoking (% of adults)	22	11.1%	11.6%
Health Outcomes		14	0.274	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	17	28.5	31.4
	Excessive Drinking (% of adults)	10	15.1%	17.0%
	Frequent Mental Distress (% of adults)	26	15.7%	15.6%
	Non-Medical Drug Use (% of adults)	16	12.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	18	7,415	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	20	12.6%	13.0%
	Low Birth Weight (% of live births)	23	8.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	33	12.4%	11.3%
	Obesity (% of adults)	15	32.3%	34.2%
Overall		14	0.397	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low economic hardship index score
- High voter participation
- Low prevalence of physical inactivity

Challenges

- High prevalence of frequent mental distress
- High prevalence of non-medical drug use
- Low prevalence of cancer screenings

Key Findings

Volunteerism

31%▲

from 25.0% to 32.8% of people age 16 and older between 2021 and 2023.

Drug Deaths

27%▲

from 35.0 to 44.5 deaths per 100,000 population between 2022 and 2023.

Avoided Care Due to Cost

27%▲

from 8.3% to 10.5% of adults between 2021 and 2024.

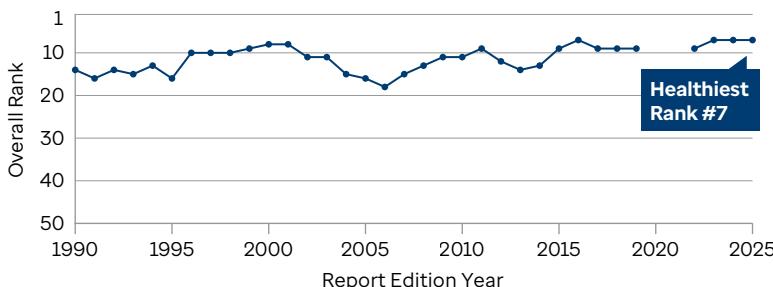
Excessive Drinking

8%▼

from 17.4% to 16.0% of adults between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Washington

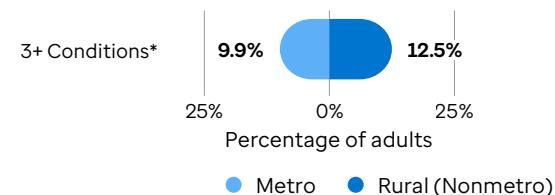
Rural Population in 2023

16.6%

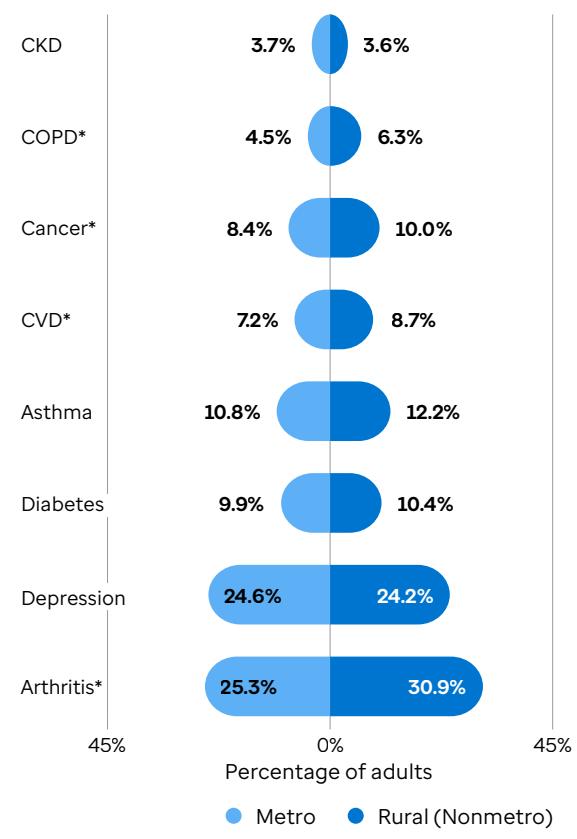
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Washington

		State Rank	State Value	U.S. Value
Social & Economic Factors		5	0.769	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	18	13.5	14.0
	Homicide (Deaths per 100,000 population)	20	4.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	1	2.8	4.2
	Public Health Funding (Dollars per person)	17	\$139	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	7	28	—
	Food Insecurity (% of households)	7	9.5%	12.2%
	Income Inequality (80:20 ratio)	27	4.60	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	16	32.0%	30.5%
	High School Completion (% of adults age 25+)	18	92.3%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	6	12.3%	14.1%
	High-Speed Internet (% of households)	1	96.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population age 16+)	19	32.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	10	64.9%	58.8%
Physical Environment		12	0.487	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	33	64.4%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	3	68.5%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	44	39.6	22.6
	Housing Cost Burden (% of households)*	39	33.5%	32.0%
	Housing With Lead Risk (% of housing stock)	21	13.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	37	16.5%	16.8%
Clinical Care		9	0.708	
Access to Care	Avoided Care Due to Cost (% of adults)	18	10.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	8	772	66.3
	Mental Health Providers (Providers per 100,000 population)	6	593.0	362.6
	Primary Care Providers (Providers per 100,000 population)	31	288.4	291.4
	Uninsured (% of total population)	19	6.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	30	63.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	9	72.4%	66.9%
	Dental Visit (% of adults)	7	71.0%	67.5%
	Flu Vaccination (% of adults)	8	46.1%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	6	71.8%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	28	83.6%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	7	1,866	2,768
Behaviors		8	0.800	
Nutrition and Physical Activity	Exercise (% of adults)	9	31.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	9	9.0%	7.4%
	Physical Inactivity (% of adults)	4	174%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	9	354.4	492.2
	High-Risk HIV Behaviors (% of adults)	23	5.5%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	13	9.7	13.1
Sleep Health	Insufficient Sleep (% of adults)	9	32.4%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	18	7.6%	8.0%
	Smoking (% of adults)	4	7.9%	11.6%
Health Outcomes		16	0.239	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	43	44.5	31.4
	Excessive Drinking (% of adults)	14	16.0%	17.0%
	Frequent Mental Distress (% of adults)	33	16.3%	15.6%
	Non-Medical Drug Use (% of adults)	48	22.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	17	7,357	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	40	2.4	1.9
Physical Health	Frequent Physical Distress (% of adults)	23	12.8%	13.0%
	Low Birth Weight (% of live births)	4	7.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	8	1.7	2.1
	Multiple Chronic Conditions (% of adults)	15	10.1%	11.3%
	Obesity (% of adults)	13	31.5%	34.2%
Overall		7	0.606	

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of excessive drinking
- Low incidence of chlamydia
- Low prevalence of high-risk HIV behaviors

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of frequent mental distress
- Low voter participation

Key Findings

E-Cigarette Use

48%▲

from 7.1% to 10.5% of adults between 2021 and 2024.

Depression

12%▲

from 26.9% to 30.2% of adults between 2022 and 2024.

Unemployment

26%▼

from 6.2% to 4.6% of civilian workers age 16 and older between 2021 and 2024.

Physical Inactivity

10%▼

from 32.0% to 28.7% of adults between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in West Virginia

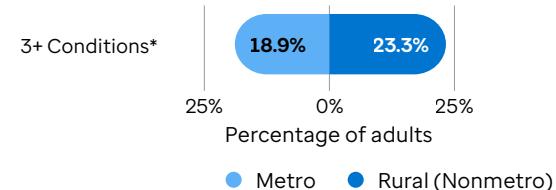
Rural Population in 2023

55.2%

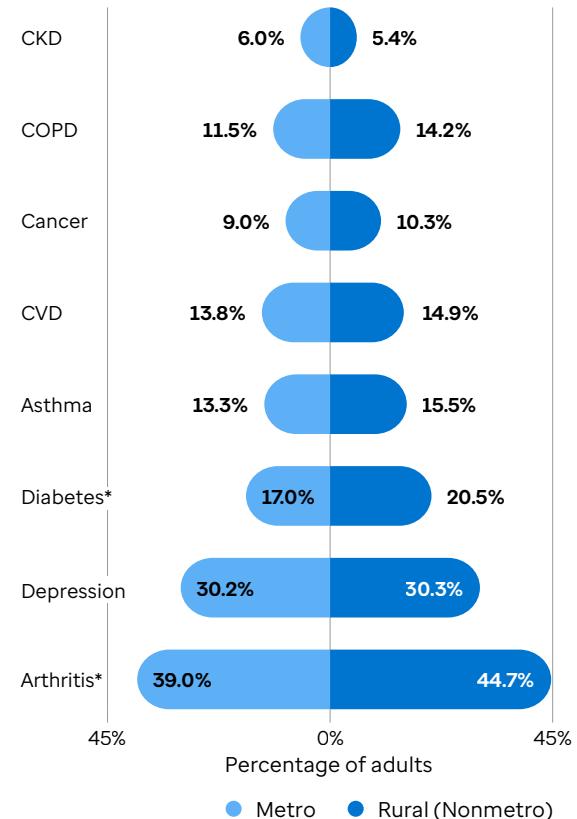
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | West Virginia

		State Rank	State Value	U.S. Value
Social & Economic Factors		47	-0.795	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	32	17.8	14.0
	Homicide (Deaths per 100,000 population)	22	5.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	34	5.1	4.2
	Public Health Funding (Dollars per person)	11	\$161	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	47	89	—
	Food Insecurity (% of households)	43	13.7%	12.2%
	Income Inequality (80:20 ratio)	40	5.01	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	46	24.6%	30.5%
	High School Completion (% of adults age 25+)	38	90.1%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	48	22.5%	14.1%
	High-Speed Internet (% of households)	49	91.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	19	61	—
	Volunteerism (% of population age 16+)	44	23.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	49	49.0%	58.8%
Physical Environment		32	0.147	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	44	3.0	2.5
	Water Fluoridation (% of population served by community water systems)	13	90.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	40	70%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	17	10.1	22.6
	Housing Cost Burden (% of households)*	1	21.0%	32.0%
	Housing With Lead Risk (% of housing stock)	35	19.7%	16.1%
	Severe Housing Problems (% of occupied housing units)	1	11.1%	16.8%
Clinical Care		39	-0.482	
Access to Care	Avoided Care Due to Cost (% of adults)	36	13.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	41	54.4	66.3
	Mental Health Providers (Providers per 100,000 population)	46	223.2	362.6
	Primary Care Providers (Providers per 100,000 population)	8	351.6	291.4
	Uninsured (% of total population)	13	5.8%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	30	63.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	42	63.2%	66.9%
	Dental Visit (% of adults)	48	58.4%	67.5%
	Flu Vaccination (% of adults)	33	39.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	43	55.6%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	15	86.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	50	3,954	2,768
Behaviors		44	-1.002	
Nutrition and Physical Activity	Exercise (% of adults)	48	20.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	45	5.1%	7.4%
	Physical Inactivity (% of adults)	48	28.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	4	249.0	492.2
	High-Risk HIV Behaviors (% of adults)	6	4.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	42	18.5	13.1
Sleep Health	Insufficient Sleep (% of adults)	49	41.3%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	45	10.5%	8.0%
	Smoking (% of adults)	49	20.8%	11.6%
Health Outcomes		49	-0.912	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	50	77.8	31.4
	Excessive Drinking (% of adults)	3	14.0%	17.0%
	Frequent Mental Distress (% of adults)	47	19.3%	15.6%
	Non-Medical Drug Use (% of adults)	47	21.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	49	12,053	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
Physical Health	Frequent Physical Distress (% of adults)	47	17.4%	13.0%
	Low Birth Weight (% of live births)	45	9.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	49	20.6%	11.3%
	Obesity (% of adults)	49	41.4%	34.2%
Overall		46	-0.725	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- High prevalence of cancer screenings

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- High prevalence of frequent mental distress

Key Findings

Renewable Energy

32% 

from 8.5% to 11.2% of total electricity between 2023 and 2024.

Colorectal Cancer Screening

15% 

from 65.0% to 74.8% of adults ages 45-75 between 2022 and 2024.

E-Cigarette Use

26% 

from 6.6% to 8.3% of adults between 2023 and 2024.

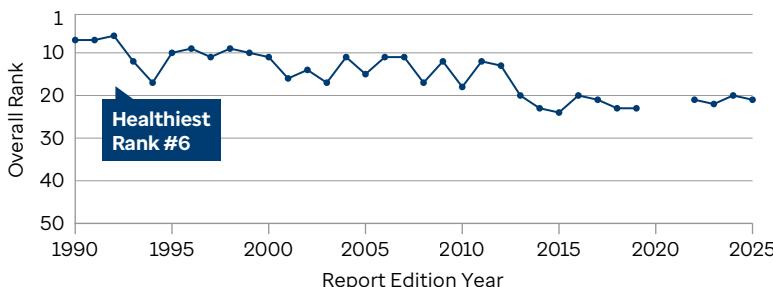
Arthritis

8% 

from 26.7% to 28.9% of adults between 2023 and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Wisconsin

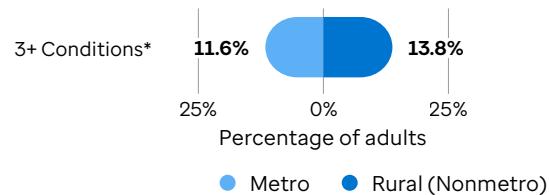
Rural Population in 2023

33.6%

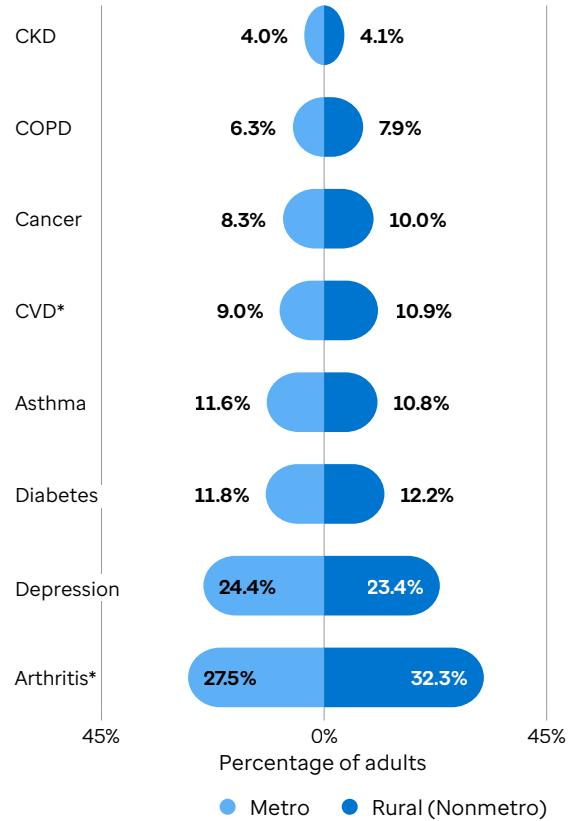
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Wisconsin

		State Rank	State Value	U.S. Value
Social & Economic Factors		15	0.407	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	16	12.9	14.0
	Homicide (Deaths per 100,000 population)	21	5.0	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	16	4.0	4.2
	Public Health Funding (Dollars per person)	49	\$69	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	11	33	—
	Food Insecurity (% of households)	19	10.7%	12.2%
	Income Inequality (80:20 ratio)	6	4.09	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	23	31.3%	30.5%
	High School Completion (% of adults age 25+)	9	93.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	16	13.5%	14.1%
	High-Speed Internet (% of households)	32	93.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	47	77	—
	Volunteerism (% of population age 16+)	24	31.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	5	66.6%	58.8%
Physical Environment		22	0.293	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	39	8.6	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
	Water Fluoridation (% of population served by community water systems)	19	84.6%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	32	11.2%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	6	8.5	22.6
	Housing Cost Burden (% of households)*	12	26.4%	32.0%
	Housing With Lead Risk (% of housing stock)	38	20.8%	16.1%
	Severe Housing Problems (% of occupied housing units)	9	12.4%	16.8%
Clinical Care		12	0.499	
Access to Care	Avoided Care Due to Cost (% of adults)	15	10.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	17	69.1	66.3
	Mental Health Providers (Providers per 100,000 population)	34	293.7	362.6
	Primary Care Providers (Providers per 100,000 population)	21	317.5	291.4
	Uninsured (% of total population)	10	5.3%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	7	69.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	21	68.4%	66.9%
	Dental Visit (% of adults)	13	69.5%	67.5%
	Flu Vaccination (% of adults)	15	43.3%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	16	67.2%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	23	83.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	18	2,480	2,768
Behaviors		22	0.087	
Nutrition and Physical Activity	Exercise (% of adults)	36	27.5%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	17	422.8	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	15	9.9	13.1
Sleep Health	Insufficient Sleep (% of adults)	13	32.8%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	29	8.3%	8.0%
	Smoking (% of adults)	26	11.9%	11.6%
Health Outcomes		38	-0.336	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	21	29.9	31.4
	Excessive Drinking (% of adults)	45	20.4%	17.0%
	Frequent Mental Distress (% of adults)	39	17.2%	15.6%
	Non-Medical Drug Use (% of adults)	6	10.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	15	7,234	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	42	2.5	1.9
Physical Health	Frequent Physical Distress (% of adults)	26	13.2%	13.0%
	Low Birth Weight (% of live births)	17	7.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	50	2.5	2.1
	Multiple Chronic Conditions (% of adults)	32	12.2%	11.3%
	Obesity (% of adults)	41	37.4%	34.2%
Overall		21	0.160	

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* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.

State Health Department Website:

Summary

Strengths

- High prevalence of high school completion
- Low incidence of chlamydia
- Low levels of air pollution

Challenges

- Low prevalence of households with high-speed internet
- Low prevalence of cancer screenings
- High prevalence of adults using e-cigarettes

Key Findings

Depression

31%▲

from 18.3% to 24.0%
of adults between 2020
and 2024.

Homelessness

7%▼

from 9.1 to 8.5 people
per 10,000 population
between 2023 and 2024.

Physical Inactivity

20%▼

from 26.2% to 21.0%
of adults between 2023
and 2024.

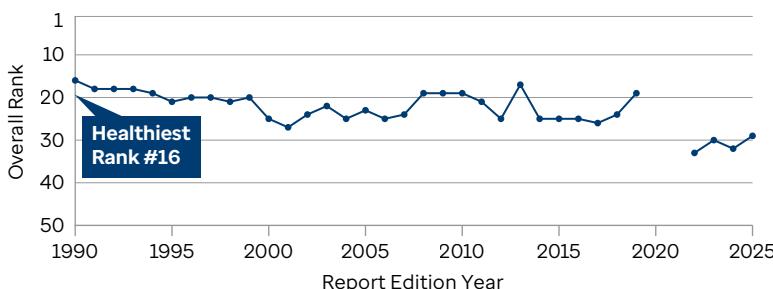
Dental Visit

6%▼

from 67.7% to 63.3%
of adults between 2018
and 2024.

Trends

Annual Report Rank History



Spotlight

Rural Health in Wyoming

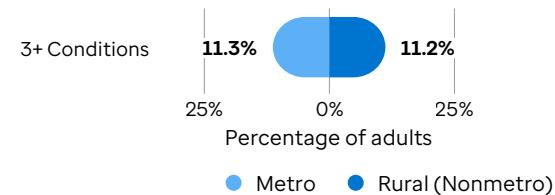
Rural Population in 2023

37.4%

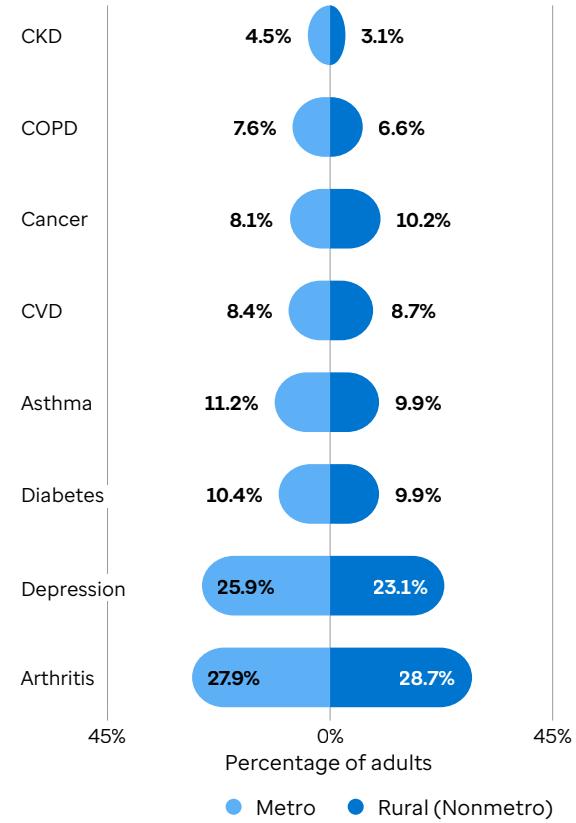
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Wyoming

		State Rank	State Value	U.S. Value
Social & Economic Factors		29	0.019	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	44	22.3	14.0
	Homicide (Deaths per 100,000 population)	9	2.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	41	5.7	4.2
	Public Health Funding (Dollars per person)	25	\$123	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	15	38	—
	Food Insecurity (% of households)	42	13.1%	12.2%
	Income Inequality (80:20 ratio)	23	4.55	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	6	35.8%	30.5%
	High School Completion (% of adults age 25+)	5	94.4%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	50	22.8%	14.1%
	High-Speed Internet (% of households)	46	92.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	40	71	—
	Volunteerism (% of population age 16+)	15	33.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	36	56.4%	58.8%
Physical Environment		17	0.395	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	1	4.1	8.8
	Drinking Water Violations (Average violations per community water system)	14	1.7	2.5
	Water Fluoridation (% of population served by community water systems)	40	55.0%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	21	25.6%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	6	8.5	22.6
	Housing Cost Burden (% of households)*	15	26.8%	32.0%
	Housing With Lead Risk (% of housing stock)	25	15.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	5	12.1%	16.8%
Clinical Care		43	-0.783	
Access to Care	Avoided Care Due to Cost (% of adults)	32	12.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	18	676	66.3
	Mental Health Providers (Providers per 100,000 population)	14	442.0	362.6
	Primary Care Providers (Providers per 100,000 population)	39	269.1	291.4
	Uninsured (% of total population)	43	10.3%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	49	54.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	32	65.2%	66.9%
	Dental Visit (% of adults)	41	63.3%	67.5%
	Flu Vaccination (% of adults)	45	33.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	49	47.1%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	46	76.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	13	2,372	2,768
Behaviors		28	-0.070	
Nutrition and Physical Activity	Exercise (% of adults)	27	30.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	16	21.0%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	6	313.2	492.2
	High-Risk HIV Behaviors (% of adults)	34	5.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	26	12.6	13.1
Sleep Health	Insufficient Sleep (% of adults)	8	32.3%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	46	10.7%	8.0%
	Smoking (% of adults)	33	12.7%	11.6%
Health Outcomes		21	0.187	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	12	23.1	31.4
	Excessive Drinking (% of adults)	29	17.5%	17.0%
	Frequent Mental Distress (% of adults)	22	15.4%	15.6%
	Non-Medical Drug Use (% of adults)	42	19.9%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	31	8,207	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	2	0.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	39	14.5%	13.0%
	Low Birth Weight (% of live births)	36	9.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2	1.3	2.1
	Multiple Chronic Conditions (% of adults)	24	11.2%	11.3%
	Obesity (% of adults)	17	32.5%	34.2%
Overall		29	-0.039	

Visit [AmericasHealthRankings.org](https://www.AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.

— Data are not available, missing or suppressed.