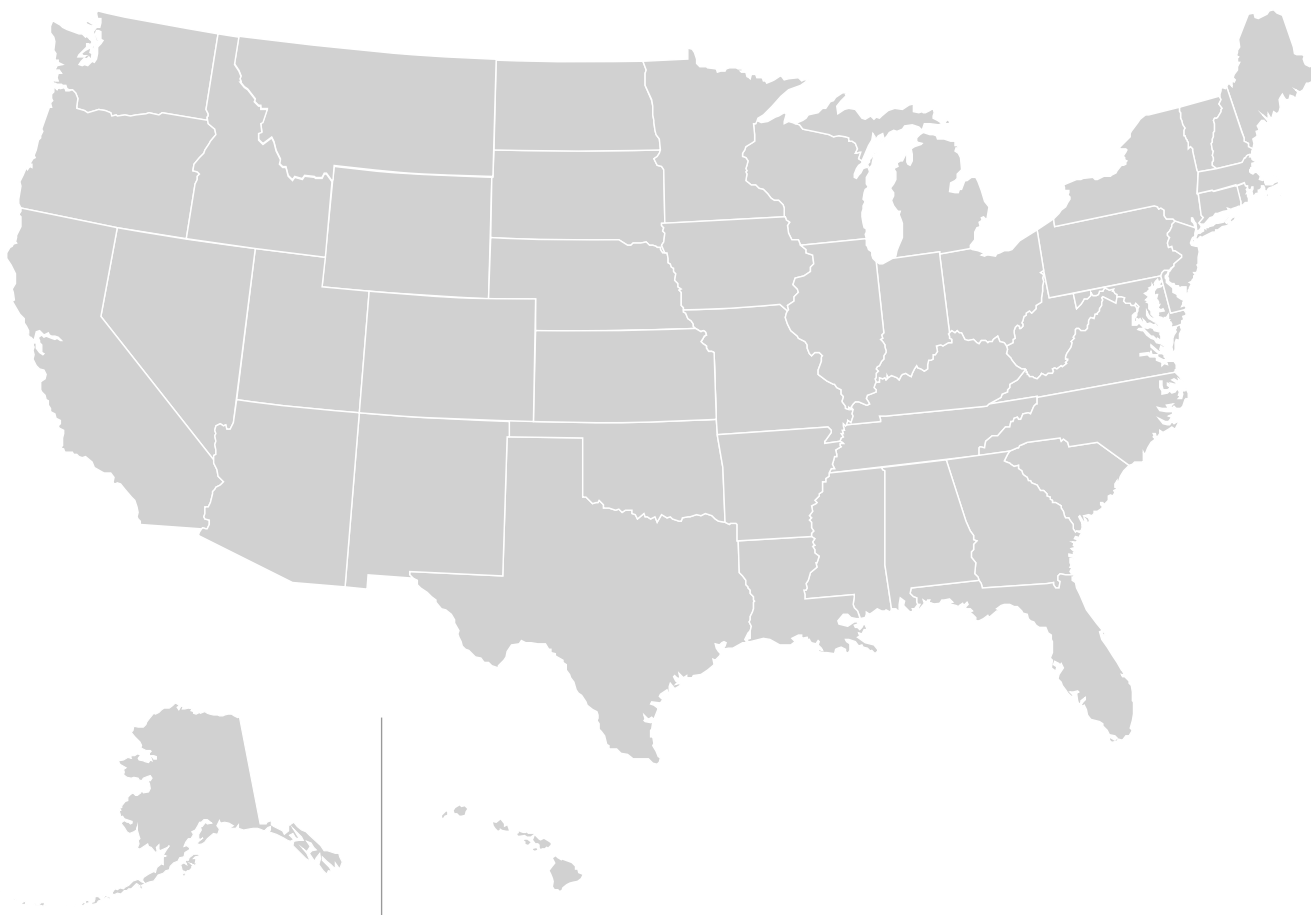


**2025 Annual Report**

# State Summaries

**Click below to jump to a State Summary**



Health Department Website:

## Summary

### Key Findings

#### Volunteerism

22%▲

from 23.2% to 28.3% of people age 16 and older between 2021 and 2023.

#### Cancer Screenings

15%▲

from 56.0% to 64.5% of adults ages 40-75 between 2022 and 2024.

#### Premature Death

8%▼

from 8,522 to 7,862 years lost before age 75 per 100,000 population between 2022 and 2023.

#### Multiple Chronic Conditions

6%▲

from 10.7% to 11.3% of adults between 2023 and 2024.

#### E-Cigarette Use

4%▲

from 7.7% to 8.0% of adults between 2023 and 2024.

#### Homelessness

16%▲

from 19.4 to 22.6 people per 10,000 population between 2023 and 2024.

#### Air Pollution

13%▲

from 7.8 to 8.8 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

#### Unemployment

7%▲

from 4.3% to 4.6% of civilian workers age 16 and older between 2023 and 2024.

#### Mental Health Providers

5%▲

from 344.9 to 362.6 per 100,000 population between September 2024 and September 2025.

#### Drug Deaths

3%▼

from 32.4 to 31.4 deaths per 100,000 population between 2022 and 2023.



## Spotlight

Rural Health in the United States

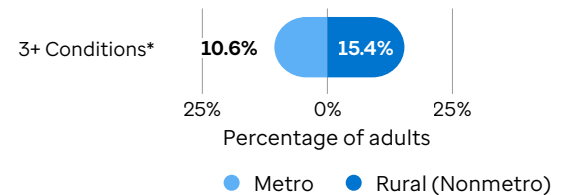
### Rural Population in 2023

20.4%

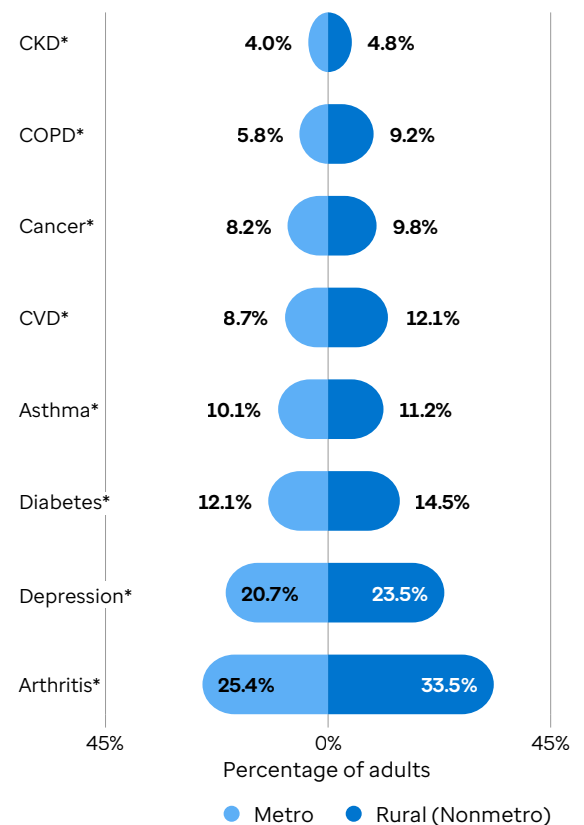
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | United States

U.S.  
Value

Social & Economic Factors		
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	14.0
	Homicide (Deaths per 100,000 population)	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	4.2
	Public Health Funding (Dollars per person)	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	—
	Food Insecurity (% of households)	12.2%
	Income Inequality (80:20 ratio)	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	30.5%
	High School Completion (% of adults age 25+)	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	14.1%
	High-Speed Internet (% of households)	94.6%
	Residential Segregation - Black/White (Index from 0-100)	—
	Volunteerism (% of population age 16+)	28.3%
	Voter Participation (% of U.S. citizens age 18+)	58.8%
Physical Environment		
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	8.8
	Drinking Water Violations (Average violations per community water system)	2.5
	Water Fluoridation (% of population served by community water systems)	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	—
	Renewable Energy (% of total electricity generated)*	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	22.6
	Housing Cost Burden (% of households)*	32.0%
	Housing With Lead Risk (% of housing stock)	16.1%
	Severe Housing Problems (% of occupied housing units)	16.8%
Clinical Care		
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	11.5%
	Dental Care Providers (Providers per 100,000 population)	66.3
	Mental Health Providers (Providers per 100,000 population)	362.6
	Primary Care Providers (Providers per 100,000 population)	291.4
	Uninsured (% of total population)	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	66.9%
	Dental Visit (% of adults)	67.5%
	Flu Vaccination (% of adults )	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	2,768
Behaviors		
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	30.4%
	Fruit and Vegetable Consumption (% of adults)	7.4%
	Physical Inactivity (% of adults)	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	492.2
	High-Risk HIV Behaviors (% of adults)	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	8.0%
	Smoking (% of adults)	11.6%
Health Outcomes		
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	31.4
	Excessive Drinking (% of adults)	17.0%
	Frequent Mental Distress (% of adults)	15.6%
	Non-Medical Drug Use (% of adults)	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	13.0%
	Low Birth Weight (% of live births)	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2.1
	Multiple Chronic Conditions (% of adults)	11.3%
	Obesity (% of adults)	34.2%

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- High prevalence of adults with a dedicated health care provider
- Low levels of air pollution
- Low prevalence of households experiencing severe housing problems

### Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High homicide rate

### Key Findings

#### Homelessness

**37%**▲

from 6.5 to 8.9 people per 10,000 population between 2023 and 2024.

#### Excessive Drinking

**23%**▲

from 13.3% to 16.4% of adults between 2021 and 2024.

#### Physical Inactivity

**12%**▼

from 31.5% to 27.6% of adults between 2021 and 2024.

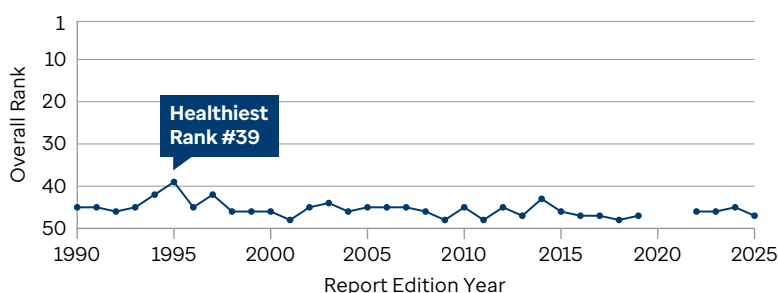
#### Cancer Screenings

**11%**▲

from 58.1% to 64.7% of adults ages 40-75 between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Alabama

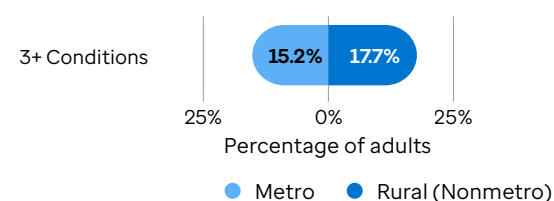
#### Rural Population in 2023

**42.0%**

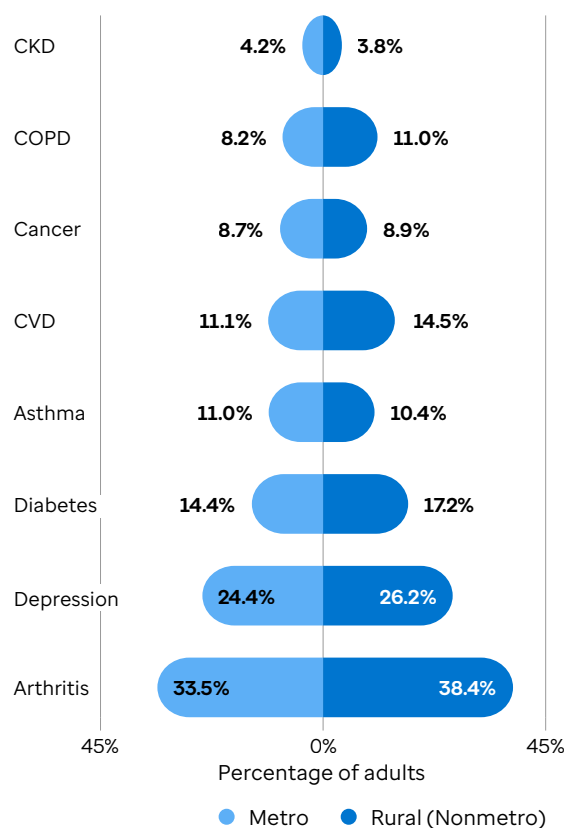
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease. CVD=cardiovascular diseases.



# Measures | Alabama

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>44</b>	<b>-0.662</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	48	25.3	14.0
	Homicide (Deaths per 100,000 population)	48	13.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	35	5.2	4.2
	Public Health Funding (Dollars per person)	18	\$137	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	41	76	—
	Food Insecurity (% of households)	26	11.5%	12.2%
	Income Inequality (80:20 ratio)	43	5.05	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	37	28.0%	30.5%
	High School Completion (% of adults age 25+)	41	89.6%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	42	18.4%	14.1%
	High-Speed Internet (% of households)	38	93.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	48	19.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	47	52.1%	58.8%
<b>Physical Environment</b>		<b>21</b>	<b>0.308</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
	Water Fluoridation (% of population served by community water systems)	23	76.6%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	41	6.8%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	8	8.9	22.6
	Housing Cost Burden (% of households)*	8	25.5%	32.0%
	Housing With Lead Risk (% of housing stock)	13	10.7%	16.1%
	Severe Housing Problems (% of occupied housing units)	15	13.1%	16.8%
<b>Clinical Care</b>		<b>42</b>	<b>-0.670</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	40	14.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	49	44.2	66.3
	Mental Health Providers (Providers per 100,000 population)	50	162.9	362.6
	Primary Care Providers (Providers per 100,000 population)	44	250.1	291.4
	Uninsured (% of total population)	32	8.2%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	23	64.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	45	62.6%	66.9%
	Dental Visit (% of adults)	37	64.7%	67.5%
	Flu Vaccination (% of adults)	42	35.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	31	60.9%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	20	85.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	49	3,541	2,768
<b>Behaviors</b>		<b>48</b>	<b>-1.401</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	44	25.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	47	4.8%	7.4%
	Physical Inactivity (% of adults)	43	27.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	47	651.1	492.2
	High-Risk HIV Behaviors (% of adults)	45	6.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	44	20.1	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	48	40.5%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	44	9.9%	8.0%
	Smoking (% of adults)	40	14.0%	11.6%
<b>Health Outcomes</b>		<b>47</b>	<b>-0.810</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	24	31.5	31.4
	Excessive Drinking (% of adults)	19	16.4%	17.0%
	Frequent Mental Distress (% of adults)	41	18.0%	15.6%
	Non-Medical Drug Use (% of adults)	31	16.4%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	46	11,203	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	43	15.1%	13.0%
	Low Birth Weight (% of live births)	48	10.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	47	15.8%	11.3%
	Obesity (% of adults)	45	38.9%	34.2%
<b>Overall</b>		<b>47</b>	<b>-0.751</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- Low income inequality
- High number of mental health providers per 100,000 population

### Challenges

- High premature death rate
- High prevalence of excessive drinking
- High incidence of chlamydia

### Key Findings

#### Homicide

61%▲

from 5.4 to 8.7 deaths per 100,000 population between 2013-2014 and 2022-2023.

#### Unemployment

30%▲

from 4.6% to 6.0% of civilian workers age 16 and older between 2022 and 2024.

#### Physical Inactivity

16%▼

from 21.5% to 18.1% of adults between 2022 and 2024.

#### Cancer Screenings

14%▲

from 50.0% to 56.9% of adults ages 40-75 between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Alaska

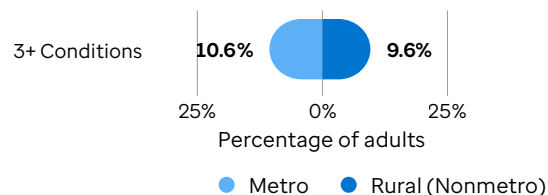
#### Rural Population in 2023

35.1%

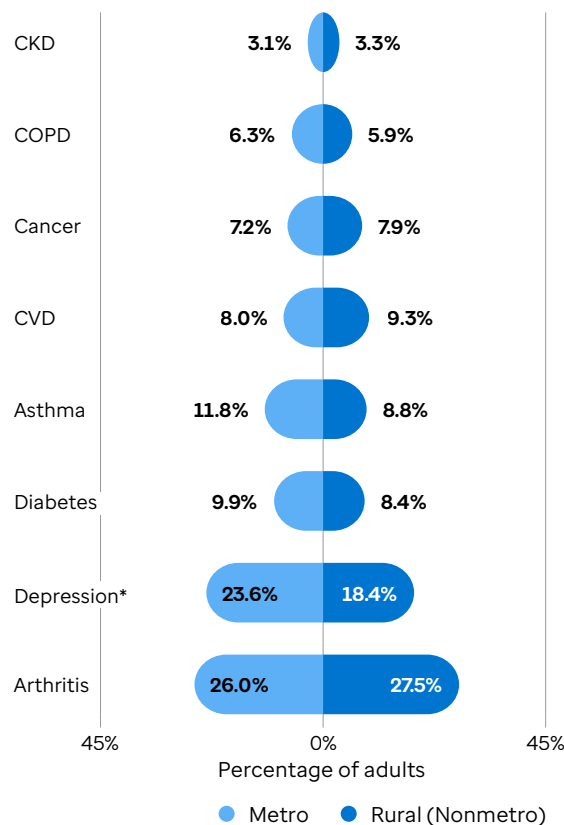
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Alaska

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>28</b>	<b>0.043</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	46	24.0	14.0
	Homicide (Deaths per 100,000 population)	39	8.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	49	6.7	4.2
	Public Health Funding (Dollars per person)	1	\$334	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	18	47	—
	Food Insecurity (% of households)	14	10.4%	12.2%
	Income Inequality (80:20 ratio)	5	4.03	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	49	21.7%	30.5%
	High School Completion (% of adults age 25+)	12	93.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	46	20.8%	14.1%
	High-Speed Internet (% of households)	14	95.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	14	33.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	29	58.4%	58.8%
<b>Physical Environment</b>		<b>35</b>	<b>0.057</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
	Water Fluoridation (% of population served by community water systems)	44	42.3%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	20	28.2%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	43	36.3	22.6
	Housing Cost Burden (% of households)*	12	26.4%	32.0%
	Housing With Lead Risk (% of housing stock)	3	71%	16.1%
	Severe Housing Problems (% of occupied housing units)	46	19.8%	16.8%
<b>Clinical Care</b>		<b>37</b>	<b>-0.370</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	30	11.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	1	977	66.3
	Mental Health Providers (Providers per 100,000 population)	1	822.0	362.6
	Primary Care Providers (Providers per 100,000 population)	5	369.9	291.4
	Uninsured (% of total population)	46	11.0%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	46	56.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	48	59.8%	66.9%
	Dental Visit (% of adults)	33	65.5%	67.5%
	Flu Vaccination (% of adults)	38	36.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	47	51.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	45	78.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	8	1,934	2,768
<b>Behaviors</b>		<b>36</b>	<b>-0.248</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	2	33.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	7.4%
	Physical Inactivity (% of adults)	6	18.1%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	48	6977	492.2
	High-Risk HIV Behaviors (% of adults)	39	6.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	37	16.0	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	33	37.1%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	31	8.4%	8.0%
	Smoking (% of adults)	44	14.7%	11.6%
<b>Health Outcomes</b>		<b>33</b>	<b>-0.181</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	47	48.9	31.4
	Excessive Drinking (% of adults)	44	20.1%	17.0%
	Frequent Mental Distress (% of adults)	26	15.7%	15.6%
	Non-Medical Drug Use (% of adults)	8	11.5%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	41	10,276	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	45	2.9	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	32	13.8%	13.0%
	Low Birth Weight (% of live births)	1	6.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	16	10.2%	11.3%
	Obesity (% of adults)	23	34.0%	34.2%
<b>Overall</b>		<b>35</b>	<b>-0.132</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low income inequality
- Low preventable hospitalization rate

### Challenges

- High prevalence of non-medical drug use
- Low prevalence of dental visits
- High prevalence of high-risk HIV behaviors

### Key Findings

#### Smoking

20%▼

from 12.7% to 10.1%  
of adults between  
2022 and 2024.

#### Cancer Screenings

19%▲

from 50.7% to 60.5% of  
adults ages 40-75 between  
2022 and 2024.

#### Arthritis

15%▲

from 22.8% to 26.2%  
of adults between  
2020 and 2024.

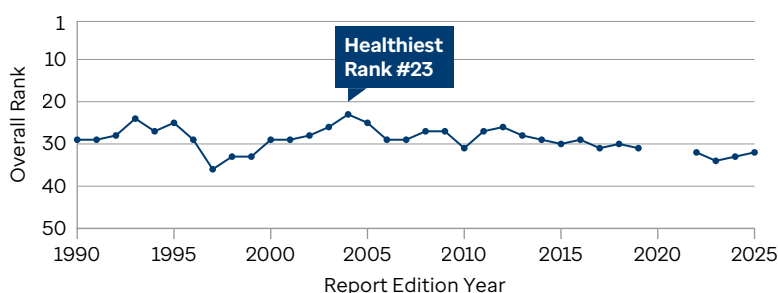
#### Flu Vaccination

8%▼

from 40.4% to 37.0%  
of adults between  
2021 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Arizona

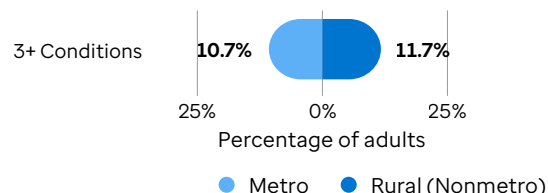
#### Rural Population in 2023

11.5%

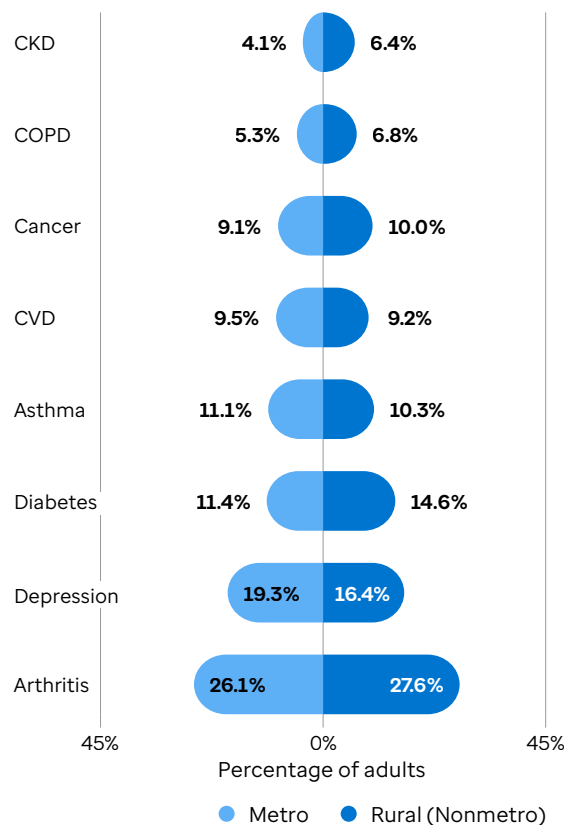
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Arizona

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>25</b>	<b>0.086</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	38	19.1	14.0
	Homicide (Deaths per 100,000 population)	33	7.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	42	\$84	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	36	67	—
	Food Insecurity (% of households)	28	11.8%	12.2%
	Income Inequality (80:20 ratio)	15	4.32	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	44	26.4%	30.5%
	High School Completion (% of adults age 25+)	40	89.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	15	13.4%	14.1%
	High-Speed Internet (% of households)	16	94.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	5	54	—
	Volunteerism (% of population age 16+)	29	30.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	28	58.8%	58.8%
<b>Physical Environment</b>		<b>29</b>	<b>0.213</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	40	8.7	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
	Water Fluoridation (% of population served by community water systems)	37	57.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	25	16.1%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	37	19.4	22.6
	Housing Cost Burden (% of households)*	35	31.3%	32.0%
	Housing With Lead Risk (% of housing stock)	2	6.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	39	17.1%	16.8%
<b>Clinical Care</b>		<b>40</b>	<b>-0.511</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	36	13.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	31	60.2	66.3
	Mental Health Providers (Providers per 100,000 population)	47	218.4	362.6
	Primary Care Providers (Providers per 100,000 population)	40	268.2	291.4
	Uninsured (% of total population)	43	10.3%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	42	60.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	44	62.9%	66.9%
	Dental Visit (% of adults)	43	63.1%	67.5%
	Flu Vaccination (% of adults)	36	37.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	14	67.4%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	42	79.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	9	1,984	2,768
<b>Behaviors</b>		<b>29</b>	<b>-0.072</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	4	33.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	25	21.8%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	38	552.5	492.2
	High-Risk HIV Behaviors (% of adults)	41	6.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	31	14.3	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	20	34.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	32	8.5%	8.0%
	Smoking (% of adults)	15	10.1%	11.6%
<b>Health Outcomes</b>		<b>29</b>	<b>-0.052</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	32	35.3	31.4
	Excessive Drinking (% of adults)	33	17.7%	17.0%
	Frequent Mental Distress (% of adults)	11	14.2%	15.6%
	Non-Medical Drug Use (% of adults)	46	21.6%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	32	8,456	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	42	2.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	26	13.2%	13.0%
	Low Birth Weight (% of live births)	22	8.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	20	10.8%	11.3%
	Obesity (% of adults)	21	33.3%	34.2%
<b>Overall</b>		<b>32</b>	<b>-0.057</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of excessive drinking
- High prevalence of fruit and vegetable consumption
- High prevalence of adults with a dedicated health care provider

### Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High prevalence of adults using e-cigarettes

### Key Findings

#### Avoided Care Due to Cost

**31%**▲

 from 11.7% to 15.3% of adults  
between 2021 and 2024.

#### Drug Deaths

**23%**▼

 from 21.7 to 16.8 deaths  
per 100,000 population  
between 2021 and 2023.

#### Unemployment

**19%**▼

 from 4.7% to 3.8% of civilian  
workers age 16 and older  
between 2018 and 2024.

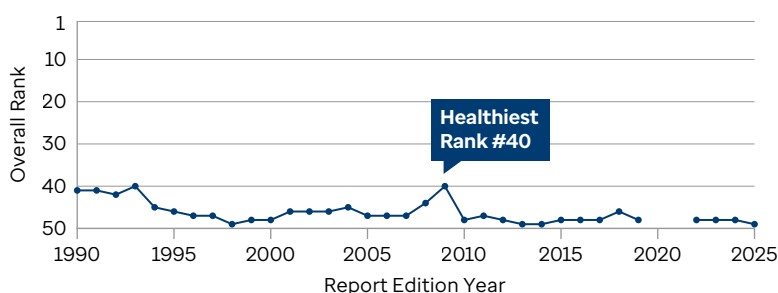
#### Flu Vaccination

**12%**▼

 from 43.1% to 38.0%  
of adults between  
2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Arkansas

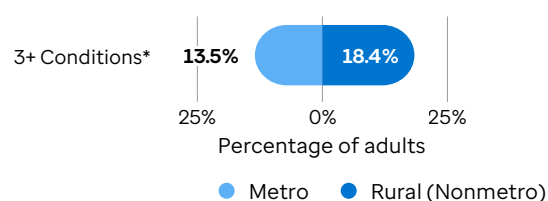
#### Rural Population in 2023

**43.9%**

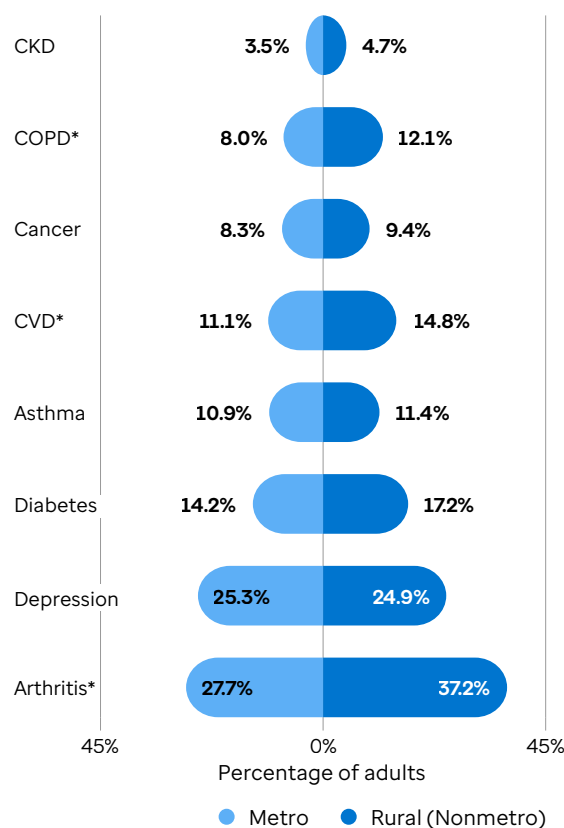
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Arkansas

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>48</b>	<b>-0.933</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	43	21.9	14.0
	Homicide (Deaths per 100,000 population)	45	10.5	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	39	5.5	4.2
	Public Health Funding (Dollars per person)	23	\$128	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	44	83	—
	Food Insecurity (% of households)	50	18.9%	12.2%
	Income Inequality (80:20 ratio)	32	4.70	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	36	28.1%	30.5%
	High School Completion (% of adults age 25+)	42	89.3%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	45	20.5%	14.1%
	High-Speed Internet (% of households)	41	92.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	32	66	—
	Volunteerism (% of population age 16+)	34	28.2%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	50	48.4%	58.8%
<b>Physical Environment</b>		<b>37</b>	<b>0.052</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	37	8.5	8.8
	Drinking Water Violations (Average violations per community water system)	49	5.1	2.5
	Water Fluoridation (% of population served by community water systems)	18	86.8%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	36	8.9%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	10	9.0	22.6
	Housing Cost Burden (% of households)*	5	24.9%	32.0%
	Housing With Lead Risk (% of housing stock)	8	9.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	16	13.2%	16.8%
<b>Clinical Care</b>		<b>44</b>	<b>-0.809</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	46	15.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	48	45.7	66.3
	Mental Health Providers (Providers per 100,000 population)	32	299.7	362.6
	Primary Care Providers (Providers per 100,000 population)	43	251.1	291.4
	Uninsured (% of total population)	39	9.4%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	40	60.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	46	62.0%	66.9%
	Dental Visit (% of adults)	47	58.6%	67.5%
	Flu Vaccination (% of adults)	34	38.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	32	60.3%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	13	86.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	40	3,160	2,768
<b>Behaviors</b>		<b>47</b>	<b>-1.143</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	39	26.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	5	10.2%	7.4%
	Physical Inactivity (% of adults)	47	28.5%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	42	579.6	492.2
	High-Risk HIV Behaviors (% of adults)	42	6.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	49	23.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	43	38.7%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	46	10.7%	8.0%
	Smoking (% of adults)	47	16.5%	11.6%
<b>Health Outcomes</b>		<b>48</b>	<b>-0.812</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	6	16.8	31.4
	Excessive Drinking (% of adults)	12	15.5%	17.0%
	Frequent Mental Distress (% of adults)	49	19.9%	15.6%
	Non-Medical Drug Use (% of adults)	27	15.7%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	43	10,785	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	49	18.0%	13.0%
	Low Birth Weight (% of live births)	42	9.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	44	15.4%	11.3%
	Obesity (% of adults)	45	38.9%	34.2%
<b>Overall</b>		<b>49</b>	<b>-0.828</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking
- High number of mental health providers per 100,000 population

### Challenges

- Low prevalence of high school completion
- Low number of primary care providers per 100,000 population
- High levels of air pollution

### Key Findings

#### Cancer Screenings

**24%**▲

from 47.3% to 58.5%  
of adults ages 40-75  
between 2022 and 2024.

#### Homicide

**16%**▼

from 6.2 to 5.2 deaths per  
100,000 population between  
2020-2021 and 2022-2023.

#### High Health Status

**13%**▼

from 50.1% to 43.5%  
of adults between  
2021 and 2024.

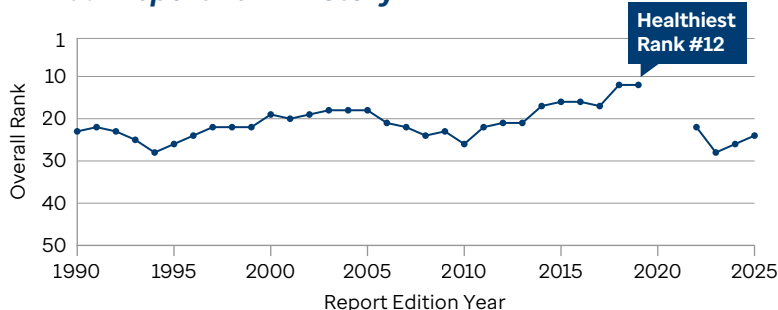
#### Drug Deaths

**6%**▲

from 27.5 to 29.2 deaths  
per 100,000 population  
between 2021 and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in California

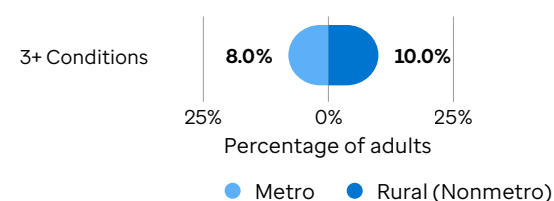
#### Rural Population in 2023

**5.8%**

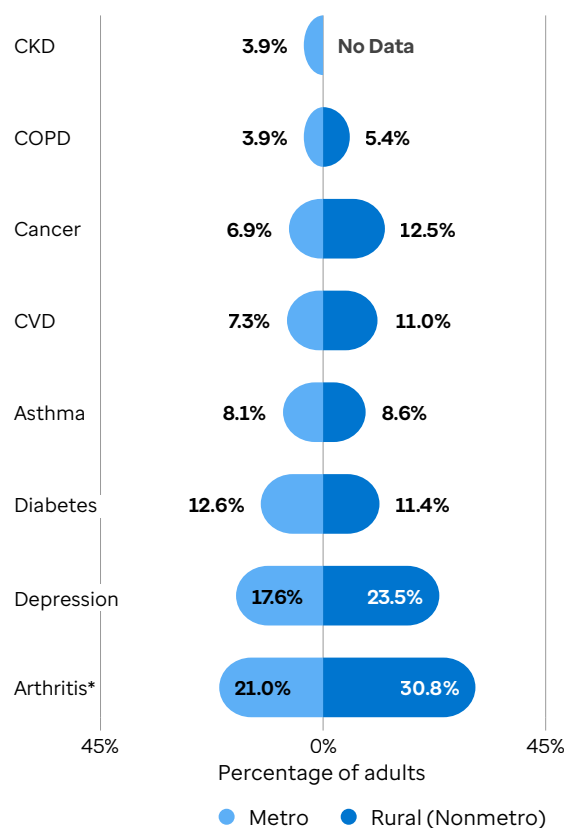
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | California

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>33</b>	<b>-0.133</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	7	8.2	14.0
	Homicide (Deaths per 100,000 population)	23	5.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	3	3.4	4.2
	Public Health Funding (Dollars per person)	9	\$173	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	45	84	—
	Food Insecurity (% of households)	25	11.4%	12.2%
	Income Inequality (80:20 ratio)	44	5.11	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	33	28.7%	30.5%
	High School Completion (% of adults age 25+)	50	84.8%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	3	10.9%	14.1%
	High-Speed Internet (% of households)	4	95.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	42	24.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	30	58.1%	58.8%
<b>Physical Environment</b>		<b>50</b>	<b>-0.507</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	50	11.7	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
	Water Fluoridation (% of population served by community water systems)	36	57.7%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	9	49.6%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	46	47.4	22.6
	Housing Cost Burden (% of households)*	50	41.2%	32.0%
	Housing With Lead Risk (% of housing stock)	29	16.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	49	25.8%	16.8%
<b>Clinical Care</b>		<b>27</b>	<b>-0.093</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	27	11.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	3	84.8	66.3
	Mental Health Providers (Providers per 100,000 population)	10	501.9	362.6
	Primary Care Providers (Providers per 100,000 population)	48	238.7	291.4
	Uninsured (% of total population)	16	5.9%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	45	58.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	48	59.8%	66.9%
	Dental Visit (% of adults)	22	68.0%	67.5%
	Flu Vaccination (% of adults)	23	41.8%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	22	66.0%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	41	79.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	15	2,437	2,768
<b>Behaviors</b>		<b>15</b>	<b>0.346</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	27	30.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	9	9.0%	7.4%
	Physical Inactivity (% of adults)	13	20.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	30	491.1	492.2
	High-Risk HIV Behaviors (% of adults)	45	6.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	11	9.1	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	20	34.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	9	6.5%	8.0%
	Smoking (% of adults)	2	7.6%	11.6%
<b>Health Outcomes</b>		<b>11</b>	<b>0.529</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	20	29.2	31.4
	Excessive Drinking (% of adults)	23	16.6%	17.0%
	Frequent Mental Distress (% of adults)	16	14.9%	15.6%
	Non-Medical Drug Use (% of adults)	39	18.8%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	7	6,389	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	18	12.5%	13.0%
	Low Birth Weight (% of live births)	11	7.5%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	1	8.1%	11.3%
	Obesity (% of adults)	6	29.1%	34.2%
<b>Overall</b>		<b>24</b>	<b>0.097</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of obesity
- Low economic hardship index score
- Low preventable hospitalization rate

### Challenges

- High prevalence of excessive drinking
- High percentage of low birth weight infants
- High prevalence of high-risk HIV behaviors

### Key Findings

#### Depression

**34%**▲

from 17.2% to 23.0%  
of adults between  
2019 and 2024.

#### Unemployment

**13%**▲

from 3.8% to 4.3% of civilian  
workers age 16 and older  
between 2023 and 2024.

#### Physical Inactivity

**11%**▼

from 17.5% to 15.6%  
of adults between  
2023 and 2024.

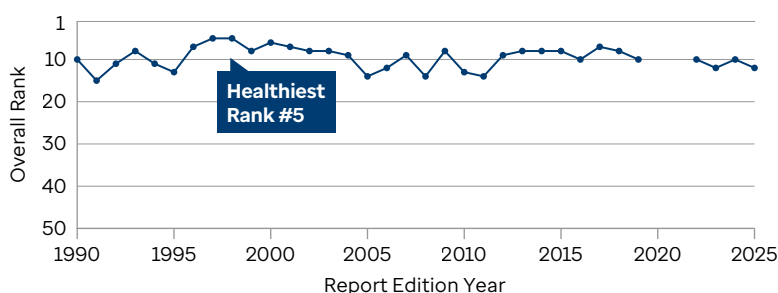
#### Renewable Energy

**11%**▲

from 37.1% to 41.3% of  
total electricity between  
2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Colorado

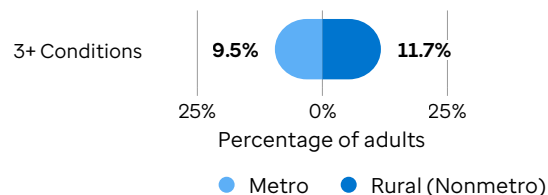
#### Rural Population in 2023

**14.4%**

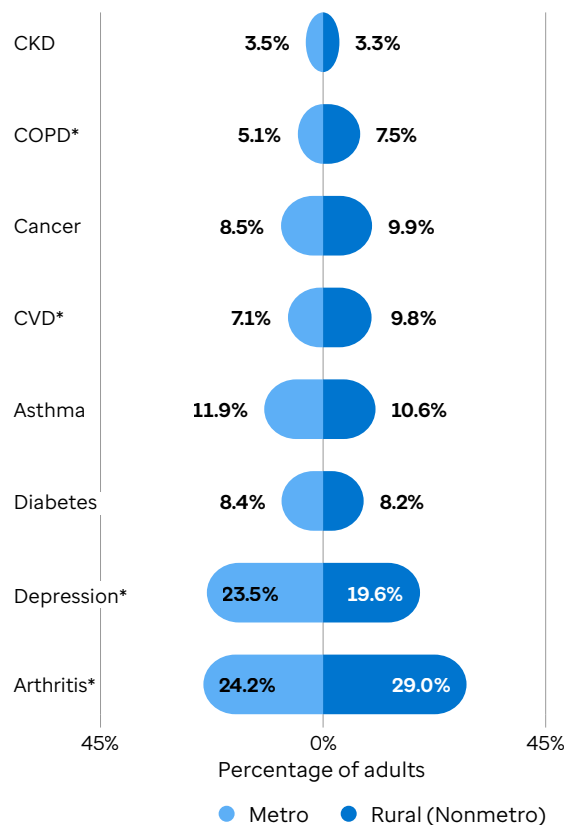
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Colorado

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>7</b>	<b>0.673</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	31	17.3	14.0
	Homicide (Deaths per 100,000 population)	27	6.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	20	\$132	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	2	11	—
	Food Insecurity (% of households)	12	9.9%	12.2%
	Income Inequality (80:20 ratio)	18	4.40	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	7	35.7%	30.5%
	High School Completion (% of adults age 25+)	13	93.2%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	31	16.1%	14.1%
	High-Speed Internet (% of households)	5	95.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	33	67	—
	Volunteerism (% of population age 16+)	12	34.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	6	65.7%	58.8%
<b>Physical Environment</b>		<b>6</b>	<b>0.662</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	8	6.0	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
	Water Fluoridation (% of population served by community water systems)	26	75.4%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	13	41.3%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	42	31.4	22.6
	Housing Cost Burden (% of households)*	40	34.3%	32.0%
	Housing With Lead Risk (% of housing stock)	14	10.8%	16.1%
	Severe Housing Problems (% of occupied housing units)	35	16.0%	16.8%
<b>Clinical Care</b>		<b>21</b>	<b>0.206</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	40	14.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	5	78.7	66.3
	Mental Health Providers (Providers per 100,000 population)	9	544.7	362.6
	Primary Care Providers (Providers per 100,000 population)	25	305.2	291.4
	Uninsured (% of total population)	30	7.9%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	25	64.4%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	31	66.1%	66.9%
	Dental Visit (% of adults)	19	68.6%	67.5%
	Flu Vaccination (% of adults)	12	44.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	27	64.3%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	37	81.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	2	1,559	2,768
<b>Behaviors</b>		<b>9</b>	<b>0.624</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	1	35.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	14	8.8%	7.4%
	Physical Inactivity (% of adults)	1	15.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	20	435.1	492.2
	High-Risk HIV Behaviors (% of adults)	42	6.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	19	10.9	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	3	30.3%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	34	8.8%	8.0%
	Smoking (% of adults)	11	9.7%	11.6%
<b>Health Outcomes</b>		<b>12</b>	<b>0.350</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	26	31.8	31.4
	Excessive Drinking (% of adults)	42	19.5%	17.0%
	Frequent Mental Distress (% of adults)	20	15.2%	15.6%
	Non-Medical Drug Use (% of adults)	30	16.0%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	13	7,090	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	11	11.9%	13.0%
	Low Birth Weight (% of live births)	43	9.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	7	9.7%	11.3%
	Obesity (% of adults)	1	25.0%	34.2%
<b>Overall</b>		<b>12</b>	<b>0.511</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low premature death rate
- Low prevalence of non-medical drug use
- Low prevalence of adults using e-cigarettes

### Challenges

- High income inequality
- Low voter participation
- High prevalence of households experiencing severe housing problems

### Key Findings

#### Air Pollution

**42%**▲

from 5.7 to 8.1 micrograms of fine particulate per cubic meter between 2020-2022 and 2022-2024.

#### Homicide

**39%**▲

from 2.8 to 3.9 deaths per 100,000 population between 2018-2019 and 2022-2023.

#### Cancer Screenings

**20%**▲

from 61.3% to 73.8% of adults ages 40-75 between 2022 and 2024.

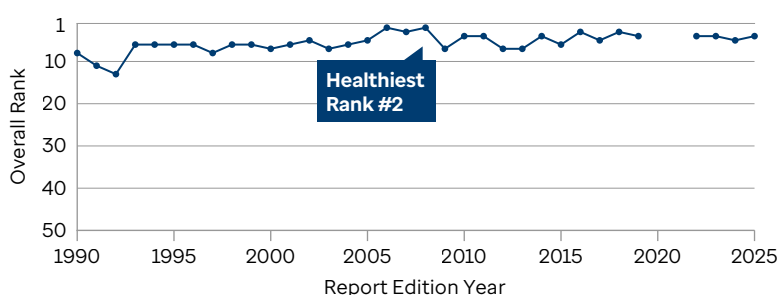
#### Drug Deaths

**14%**▼

from 42.5 to 36.4 deaths per 100,000 population between 2021 and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Connecticut

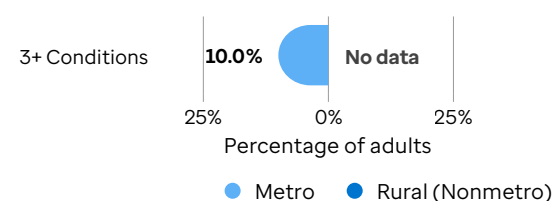
#### Rural Population in 2023

**13.8%**

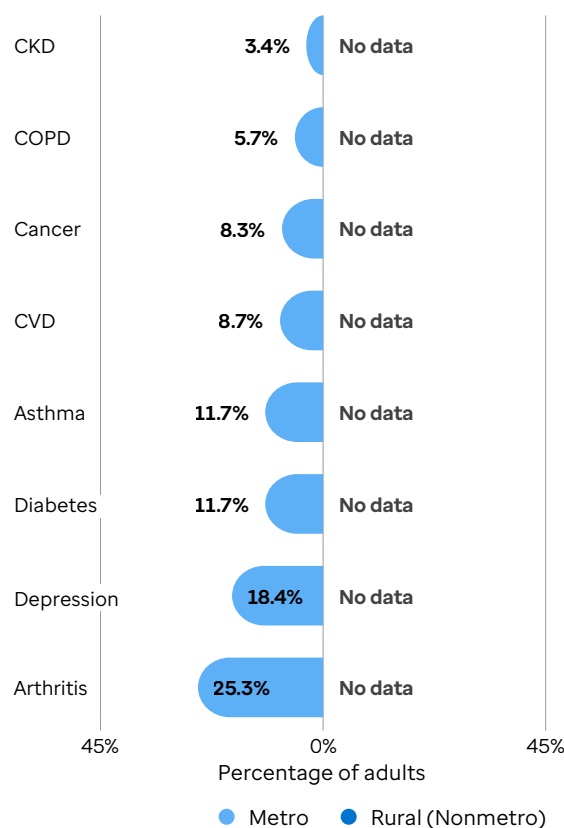
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Connecticut

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>8</b>	<b>0.575</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	6	6.2	14.0
	Homicide (Deaths per 100,000 population)	16	3.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.6	4.2
	Public Health Funding (Dollars per person)	27	\$119	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	11	33	—
	Food Insecurity (% of households)	14	10.4%	12.2%
	Income Inequality (80:20 ratio)	41	5.04	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	4	36.2%	30.5%
	High School Completion (% of adults age 25+)	24	91.8%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	6	12.3%	14.1%
	High-Speed Internet (% of households)	9	95.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	7	37.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	32	58.0%	58.8%
<b>Physical Environment</b>		<b>19</b>	<b>0.352</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	27	8.1	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
	Water Fluoridation (% of population served by community water systems)	14	90.4%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	48	2.7%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	12	9.3	22.6
	Housing Cost Burden (% of households)*	42	34.6%	32.0%
	Housing With Lead Risk (% of housing stock)	46	25.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	41	17.4%	16.8%
<b>Clinical Care</b>		<b>6</b>	<b>1.084</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	13	9.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	10	74.8	66.3
	Mental Health Providers (Providers per 100,000 population)	8	561.9	362.6
	Primary Care Providers (Providers per 100,000 population)	14	332.1	291.4
	Uninsured (% of total population)	13	5.8%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	2	73.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	4	76.7%	66.9%
	Dental Visit (% of adults)	1	75.2%	67.5%
	Flu Vaccination (% of adults)	7	47.3%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	17	67.0%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	7	88.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	28	2,821	2,768
<b>Behaviors</b>		<b>7</b>	<b>0.809</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	14	31.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	5	10.2%	7.4%
	Physical Inactivity (% of adults)	15	20.8%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	11	364.8	492.2
	High-Risk HIV Behaviors (% of adults)	17	5.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	4	6.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	28	35.7%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	2	5.6%	8.0%
	Smoking (% of adults)	8	9.0%	11.6%
<b>Health Outcomes</b>		<b>9</b>	<b>0.578</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	33	36.4	31.4
	Excessive Drinking (% of adults)	21	16.5%	17.0%
	Frequent Mental Distress (% of adults)	9	13.9%	15.6%
	Non-Medical Drug Use (% of adults)	5	10.6%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	3	6,150	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	15	12.1%	13.0%
	Low Birth Weight (% of live births)	19	7.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	12	10.0%	11.3%
	Obesity (% of adults)	14	32.0%	34.2%
<b>Overall</b>		<b>4</b>	<b>0.676</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

# Summary

## Strengths

- Low prevalence of excessive drinking
- Low income inequality
- High prevalence of cancer screenings

## Challenges

- High prevalence of non-medical drug use
- Low number of dental care providers per 100,000 population
- High prevalence of physical inactivity

## Key Findings

### Unemployment

46%▲

from 3.5% to 5.1% of civilian workers age 16 and older between 2023 and 2024.

### Homicide

44%▼

from 9.5 to 5.3 deaths per 100,000 population between 2020-2021 and 2022-2023.

### Depression

30%▲

from 16.4% to 21.4% of adults between 2021 and 2024.

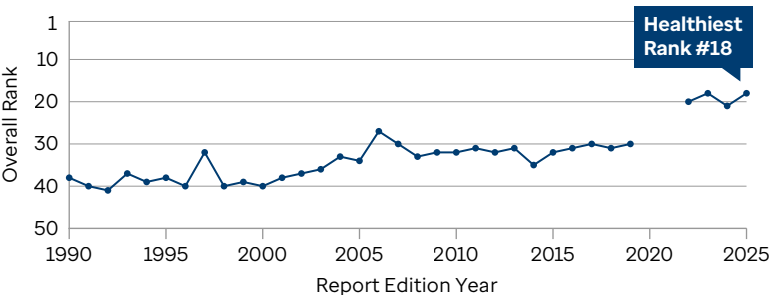
### Colorectal Cancer Screening

18%▲

from 64.7% to 76.2% of adults ages 45-75 between 2022 and 2024.

## Trends

### Annual Report Rank History



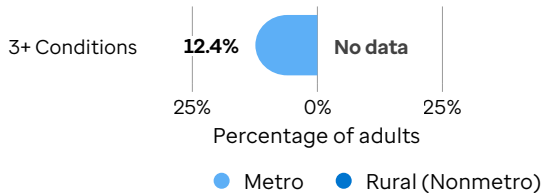
## Spotlight Rural Health in Delaware

### Rural Population in 2023 17.9%

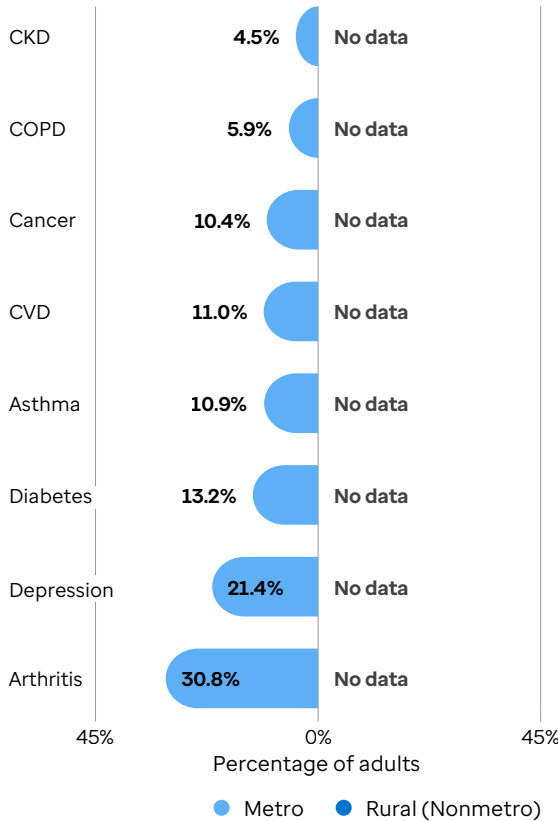
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



### Components



\*Significant based on 95% confidence intervals.  
Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.  
Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Delaware

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>14</b>	<b>0.417</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	13	12.0	14.0
	Homicide (Deaths per 100,000 population)	24	5.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	14	\$149	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	32	58	—
	Food Insecurity (% of households)	23	11.3%	12.2%
	Income Inequality (80:20 ratio)	4	4.02	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	43	26.5%	30.5%
	High School Completion (% of adults age 25+)	24	91.8%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	28	15.8%	14.1%
	High-Speed Internet (% of households)	9	95.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	1	46	—
	Volunteerism (% of population age 16+)	21	32.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	17	62.0%	58.8%
<b>Physical Environment</b>		<b>7</b>	<b>0.557</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	45	9.7	8.8
	Drinking Water Violations (Average violations per community water system)	2	1.0	2.5
	Water Fluoridation (% of population served by community water systems)	31	69.8%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	45	4.4%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	26	12.9	22.6
	Housing Cost Burden (% of households)*	27	28.4%	32.0%
	Housing With Lead Risk (% of housing stock)	20	13.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	28	14.3%	16.8%
<b>Clinical Care</b>		<b>14</b>	<b>0.447</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	9	9.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	50	43.5	66.3
	Mental Health Providers (Providers per 100,000 population)	25	363.0	362.6
	Primary Care Providers (Providers per 100,000 population)	6	352.6	291.4
	Uninsured (% of total population)	22	6.9%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	4	71.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	23	68.1%	66.9%
	Dental Visit (% of adults)	26	67.0%	67.5%
	Flu Vaccination (% of adults)	9	46.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	12	69.0%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	17	86.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	30	2,846	2,768
<b>Behaviors</b>		<b>27</b>	<b>-0.061</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	34	28.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	23	7.4%	7.4%
	Physical Inactivity (% of adults)	42	25.2%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	39	552.7	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	30	13.5	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	26	35.6%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	11	6.6%	8.0%
	Smoking (% of adults)	15	10.1%	11.6%
<b>Health Outcomes</b>		<b>28</b>	<b>-0.011</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	49	50.9	31.4
	Excessive Drinking (% of adults)	8	14.8%	17.0%
	Frequent Mental Distress (% of adults)	31	16.1%	15.6%
	Non-Medical Drug Use (% of adults)	40	19.0%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	34	8,635	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	18	12.5%	13.0%
	Low Birth Weight (% of live births)	39	9.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	33	12.4%	11.3%
	Obesity (% of adults)	34	36.6%	34.2%
<b>Overall</b>		<b>18</b>	<b>0.233</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of frequent physical distress
- Low incidence of chlamydia
- High number of mental health providers per 100,000 population

### Challenges

- High premature death rate
- High prevalence of excessive drinking
- High prevalence of high-risk HIV behaviors

### Key Findings

#### Uninsured

67%▲

from 2.7% to 4.5% of the population between 2023 and 2024.

#### Smoking

33%▼

from 12.7% to 8.5% of adults between 2019 and 2024.

#### Premature Death

13%▼

from 10,783 to 9,352 years lost before age 75 per 100,000 population between 2021 and 2023.

#### Firearm Deaths

45%▲

from 22.9 to 33.1 deaths per 100,000 population between 2022 and 2023.

#### Colorectal Cancer Screening

18%▲

from 61.7% to 72.6% of adults ages 45-75 between 2022 and 2024.

#### Homelessness

10%▲

from 72.5 to 80.0 people per 10,000 population between 2023 and 2024.



## Spotlight Rural Health in D.C.

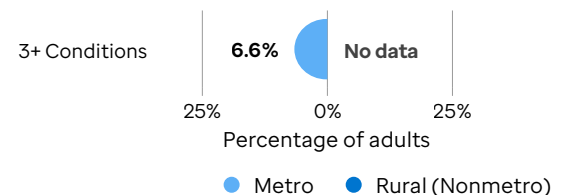
### Rural Population in 2023

0.0%

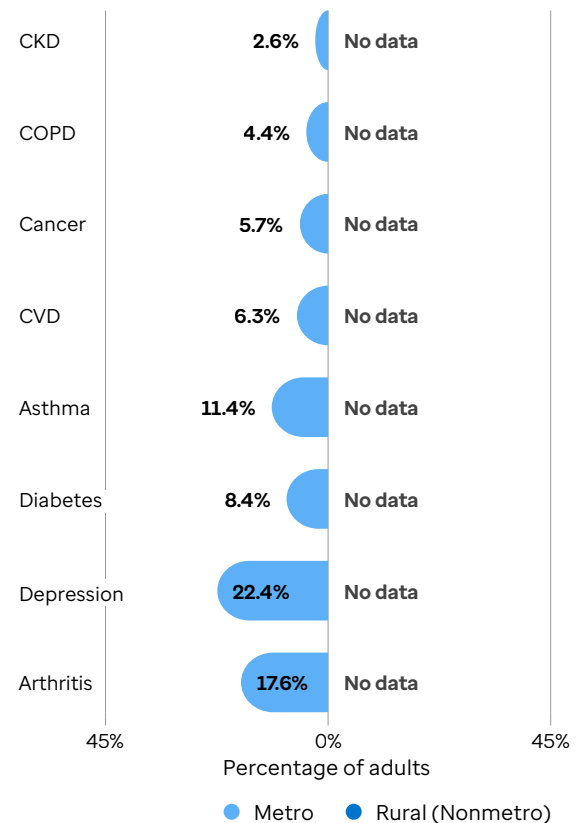
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | District of Columbia

		D.C. Value	U.S. Value
<b>Social &amp; Economic Factors</b>			
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	33.1	14.0
	Homicide (Deaths per 100,000 population)	29.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	–	4.2
	Public Health Funding (Dollars per person)	\$1,084	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	–	–
	Food Insecurity (% of households)	8.8%	12.2%
	Income Inequality (80:20 ratio)	752	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	29.6%	30.5%
	High School Completion (% of adults age 25+)	92.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	13.5%	14.1%
	High-Speed Internet (% of households)	93.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	67	–
	Volunteerism (% of population age 16+)	35.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	71.2%	58.8%
<b>Physical Environment</b>			
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	9.4	8.8
	Drinking Water Violations (Average violations per community water system)	2.0	2.5
	Water Fluoridation (% of population served by community water systems)	100.0%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	3	–
	Renewable Energy (% of total electricity generated)*	46.8%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	80.0	22.6
	Housing Cost Burden (% of households)*	36.6%	32.0%
	Housing With Lead Risk (% of housing stock)	30.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	19.7%	16.8%
<b>Clinical Care</b>			
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	8.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	109.8	66.3
	Mental Health Providers (Providers per 100,000 population)	7771	362.6
	Primary Care Providers (Providers per 100,000 population)	548.9	291.4
	Uninsured (% of total population)	4.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	66.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	71.2%	66.9%
	Dental Visit (% of adults)	71.8%	67.5%
	Flu Vaccination (% of adults)	55.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	75.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	871%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	3,051	2,768
<b>Behaviors</b>			
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	38.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	13.5%	7.4%
	Physical Inactivity (% of adults)	13.9%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	1,228.0	492.2
	High-Risk HIV Behaviors (% of adults)	11.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	12.3	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	31.9%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	4.8%	8.0%
	Smoking (% of adults)	8.5%	11.6%
<b>Health Outcomes</b>			
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	62.9	31.4
	Excessive Drinking (% of adults)	27.2%	17.0%
	Frequent Mental Distress (% of adults)	13.3%	15.6%
	Non-Medical Drug Use (% of adults)	14.3%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	9,352	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	6.1	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	8.4%	13.0%
	Low Birth Weight (% of live births)	10.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2.7	2.1
	Multiple Chronic Conditions (% of adults)	6.6%	11.3%
	Obesity (% of adults)	25.5%	34.2%

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
– Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of obesity
- High reading proficiency among fourth grade public school students
- Low prevalence of adults using e-cigarettes

### Challenges

- High prevalence of non-medical drug use
- Low prevalence of dental visits
- High uninsured rate

### Key Findings

#### Volunteerism

**28%**▲

from 15.9% to 20.4%  
of people age 16 and older  
between 2021 and 2023.

#### Arthritis

**15%**▲

from 24.0% to 27.5%  
of adults between 2020  
and 2024.

#### Homicide

**14%**▼

from 6.9 to 5.9 deaths per  
100,000 population between  
2020-2021 and 2022-2023.

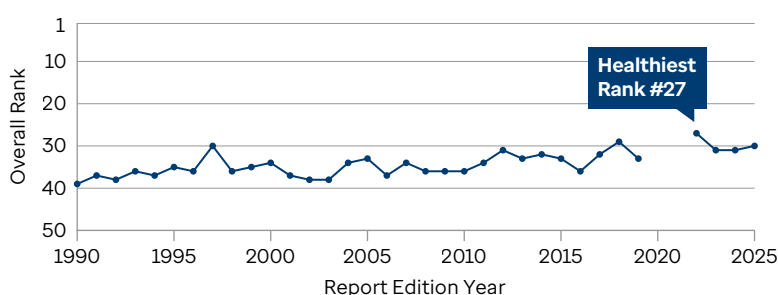
#### Flu Vaccination

**11%**▼

from 37.6% to 33.5%  
of adults between 2023  
and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Florida

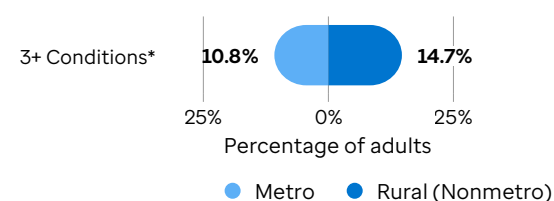
#### Rural Population in 2023

**9.1%**

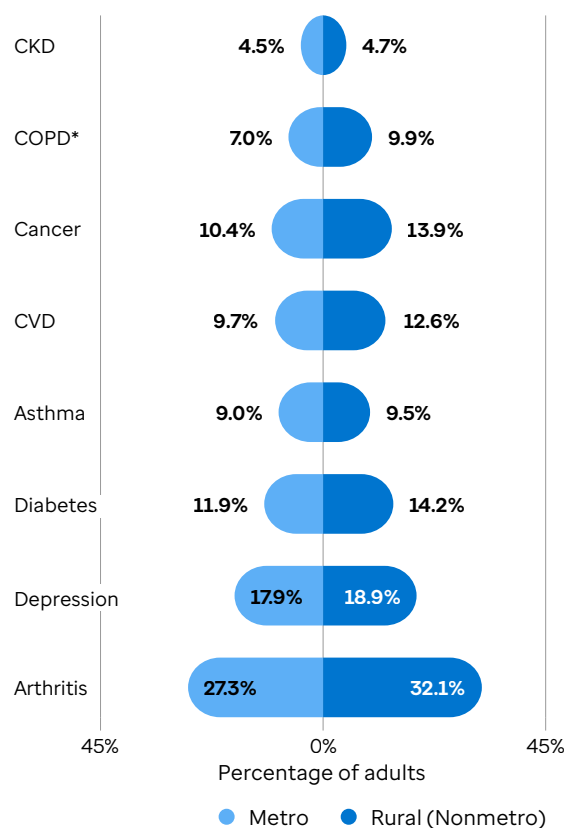
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Florida

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>30</b>	<b>-0.002</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	25	14.4	14.0
	Homicide (Deaths per 100,000 population)	26	5.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	22	4.2	4.2
	Public Health Funding (Dollars per person)	47	\$77	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	36	67	—
	Food Insecurity (% of households)	30	12.0%	12.2%
	Income Inequality (80:20 ratio)	26	4.59	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	10	33.0%	30.5%
	High School Completion (% of adults age 25+)	34	90.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	19	14.1%	14.1%
	High-Speed Internet (% of households)	13	95.2%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population age 16+)	46	20.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	39	54.7%	58.8%
<b>Physical Environment</b>		<b>18</b>	<b>0.375</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	29	2.0	2.5
	Water Fluoridation (% of population served by community water systems)	22	78.1%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	39	7.7%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	28	13.4	22.6
	Housing Cost Burden (% of households)*	49	38.9%	32.0%
	Housing With Lead Risk (% of housing stock)	4	73%	16.1%
	Severe Housing Problems (% of occupied housing units)	44	19.0%	16.8%
<b>Clinical Care</b>		<b>41</b>	<b>-0.646</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	42	14.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	36	58.1	66.3
	Mental Health Providers (Providers per 100,000 population)	43	236.3	362.6
	Primary Care Providers (Providers per 100,000 population)	20	318.3	291.4
	Uninsured (% of total population)	45	10.9%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	28	63.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	26	67.3%	66.9%
	Dental Visit (% of adults)	40	63.6%	67.5%
	Flu Vaccination (% of adults)	47	33.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	37	59.0%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	35	82.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	43	3,296	2,768
<b>Behaviors</b>		<b>32</b>	<b>-0.149</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	13	31.5%	30.4%
	Fruit and Vegetable Consumption (% of adults)	—	—	7.4%
	Physical Inactivity (% of adults)	40	25.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	34	498.9	492.2
	High-Risk HIV Behaviors (% of adults)	44	6.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	27	12.7	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	35	37.4%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	8	6.4%	8.0%
	Smoking (% of adults)	20	10.6%	11.6%
<b>Health Outcomes</b>		<b>22</b>	<b>0.155</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	22	31.0	31.4
	Excessive Drinking (% of adults)	15	16.1%	17.0%
	Frequent Mental Distress (% of adults)	24	15.6%	15.6%
	Non-Medical Drug Use (% of adults)	45	21.1%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	24	7,709	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	29	13.6%	13.0%
	Low Birth Weight (% of live births)	36	9.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	23	11.0%	11.3%
	Obesity (% of adults)	8	29.6%	34.2%
<b>Overall</b>		<b>30</b>	<b>-0.051</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of excessive drinking
- High prevalence of households with high-speed internet
- Low prevalence of adults using e-cigarettes

### Challenges

- High prevalence of non-medical drug use
- High prevalence of adults avoiding care due to cost
- High incidence of chlamydia

### Key Findings

#### Frequent Physical Distress

42%▲

from 10.1% to 14.3% of adults between 2020 and 2024.

#### Colorectal Cancer Screening

20%▲

from 58.1% to 69.5% of adults ages 45-75 between 2022 and 2024.

#### Unemployment

15%▼

from 5.5% to 4.7% of civilian workers age 16 and older between 2021 and 2024.

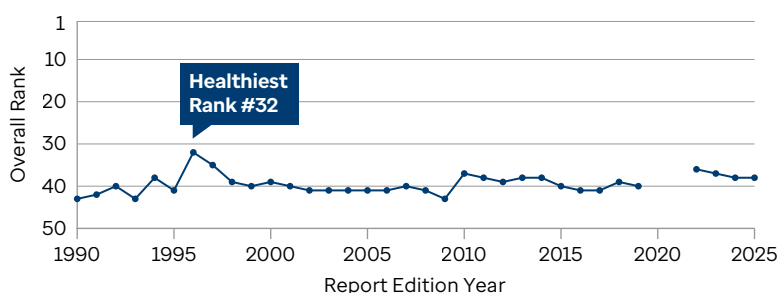
#### Air Pollution

7%▲

from 8.6 to 9.2 micrograms of fine particulate per cubic meter between 2015-2017 and 2022-2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Georgia

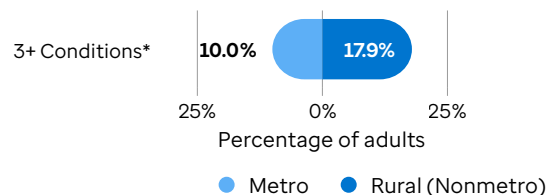
#### Rural Population in 2023

26.6%

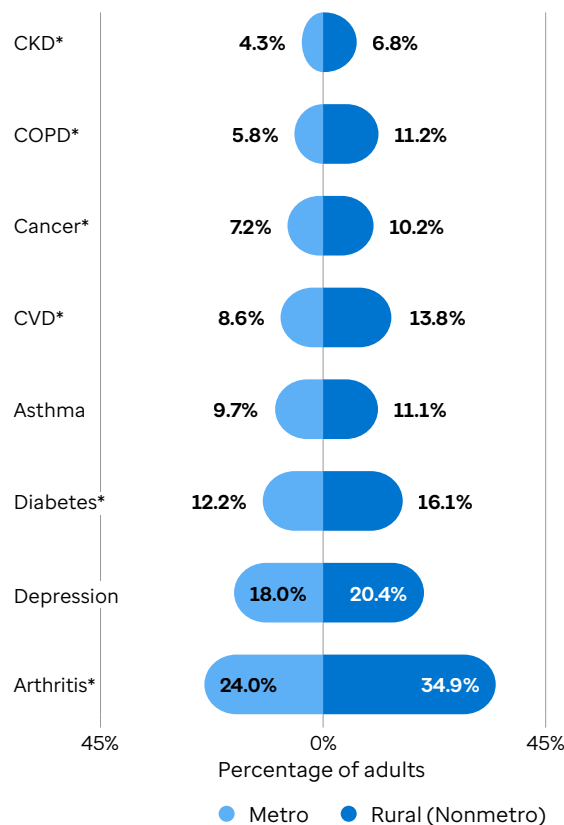
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Georgia

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>35</b>	<b>-0.150</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	36	18.8	14.0
	Homicide (Deaths per 100,000 population)	42	10.0	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	38	5.4	4.2
	Public Health Funding (Dollars per person)	26	\$122	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	30	56	—
	Food Insecurity (% of households)	36	12.8%	12.2%
	Income Inequality (80:20 ratio)	34	4.73	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	28	30.4%	30.5%
	High School Completion (% of adults age 25+)	39	89.8%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	28	15.8%	14.1%
	High-Speed Internet (% of households)	19	94.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population age 16+)	39	25.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	22	60.7%	58.8%
<b>Physical Environment</b>		<b>27</b>	<b>0.217</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	42	9.2	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
	Water Fluoridation (% of population served by community water systems)	6	95.1%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	36	8.9%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	21	11.0	22.6
	Housing Cost Burden (% of households)*	36	31.5%	32.0%
	Housing With Lead Risk (% of housing stock)	6	8.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	30	15.2%	16.8%
<b>Clinical Care</b>		<b>46</b>	<b>-0.842</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	47	16.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	46	48.3	66.3
	Mental Health Providers (Providers per 100,000 population)	48	208.6	362.6
	Primary Care Providers (Providers per 100,000 population)	41	267.2	291.4
	Uninsured (% of total population)	49	12.0%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	34	62.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	37	64.3%	66.9%
	Dental Visit (% of adults)	41	63.3%	67.5%
	Flu Vaccination (% of adults)	39	36.2%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	26	65.3%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	26	83.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	37	3,109	2,768
<b>Behaviors</b>		<b>41</b>	<b>-0.409</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	30	29.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	7.4%
	Physical Inactivity (% of adults)	34	23.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	46	646.4	492.2
	High-Risk HIV Behaviors (% of adults)	45	6.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	38	16.5	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	40	38.1%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	18	7.6%	8.0%
	Smoking (% of adults)	23	11.2%	11.6%
<b>Health Outcomes</b>		<b>31</b>	<b>-0.161</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	14	23.3	31.4
	Excessive Drinking (% of adults)	5	14.3%	17.0%
	Frequent Mental Distress (% of adults)	31	16.1%	15.6%
	Non-Medical Drug Use (% of adults)	41	19.5%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	35	8,817	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	36	14.3%	13.0%
	Low Birth Weight (% of live births)	47	10.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	26	11.4%	11.3%
	Obesity (% of adults)	31	35.4%	34.2%
<b>Overall</b>		<b>38</b>	<b>-0.271</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of obesity
- Low prevalence of cigarette smoking

### Challenges

- High economic hardship index score
- Low voter participation
- High prevalence of adults using e-cigarettes

### Key Findings

#### Homelessness

**85%**▲

from 43.4 to 80.5 people per 10,000 population between 2023 and 2024.

#### Volunteerism

**49%**▲

from 19.7% to 29.4% of people age 16 and older between 2021 and 2023.

#### Cardiovascular Diseases

**30%**▲

from 6.7% to 8.7% of adults between 2021 and 2024.

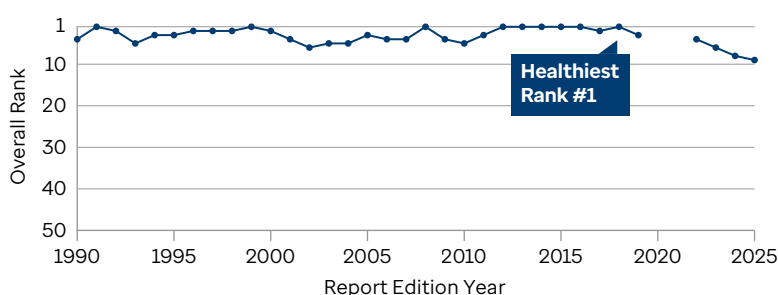
#### Cancer Screenings

**12%**▲

from 58.2% to 65.2% of adults ages 40-75 between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Hawaii

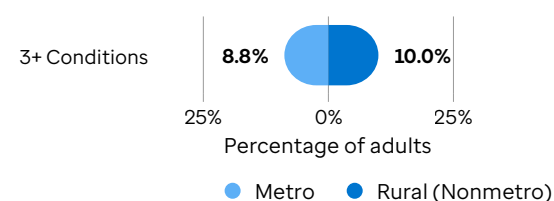
#### Rural Population in 2023

**14.0%**

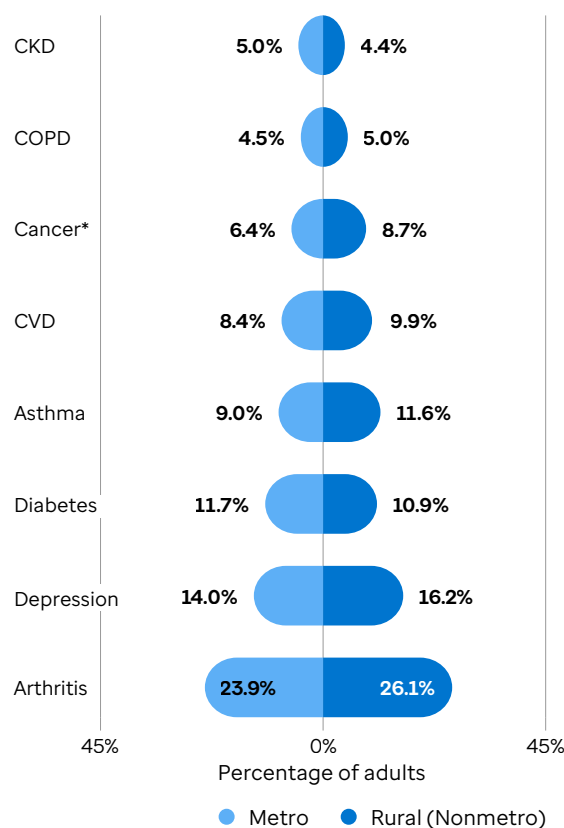
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Hawaii

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>13</b>	<b>0.441</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	4	5.1	14.0
	Homicide (Deaths per 100,000 population)	4	2.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	13	\$156	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	35	66	—
	Food Insecurity (% of households)	8	9.6%	12.2%
	Income Inequality (80:20 ratio)	16	4.38	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	22	31.6%	30.5%
	High School Completion (% of adults age 25+)	9	93.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	14	13.2%	14.1%
	High-Speed Internet (% of households)	14	95.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	32	29.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	41	54.3%	58.8%
<b>Physical Environment</b>		<b>25</b>	<b>0.263</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	2	4.7	8.8
	Drinking Water Violations (Average violations per community water system)	1	0.0	2.5
	Water Fluoridation (% of population served by community water systems)	50	8.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	22	21.2%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	50	80.5	22.6
	Housing Cost Burden (% of households)*	47	37.7%	32.0%
	Housing With Lead Risk (% of housing stock)	12	10.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	50	26.1%	16.8%
<b>Clinical Care</b>		<b>5</b>	<b>1.119</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	1	6.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	4	81.7	66.3
	Mental Health Providers (Providers per 100,000 population)	29	338.3	362.6
	Primary Care Providers (Providers per 100,000 population)	36	283.2	291.4
	Uninsured (% of total population)	2	3.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	21	65.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	17	69.1%	66.9%
	Dental Visit (% of adults)	3	74.5%	67.5%
	Flu Vaccination (% of adults)	10	45.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	3	75.6%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	11	87.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	4	1,671	2,768
<b>Behaviors</b>		<b>23</b>	<b>0.059</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	9	31.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	19	7.9%	7.4%
	Physical Inactivity (% of adults)	17	21.3%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	21	435.6	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	23	11.3	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	50	45.6%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	38	9.3%	8.0%
	Smoking (% of adults)	5	8.1%	11.6%
<b>Health Outcomes</b>		<b>4</b>	<b>0.799</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	11	22.3	31.4
	Excessive Drinking (% of adults)	26	17.1%	17.0%
	Frequent Mental Distress (% of adults)	1	12.6%	15.6%
	Non-Medical Drug Use (% of adults)	9	11.6%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	9	6,523	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	7	11.4%	13.0%
	Low Birth Weight (% of live births)	30	8.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	4	9.0%	11.3%
	Obesity (% of adults)	2	27.0%	34.2%
<b>Overall</b>		<b>9</b>	<b>0.538</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low income inequality
- Low incidence of chlamydia
- Low homicide rate

### Challenges

- High prevalence of frequent physical distress
- Low flu vaccination rate among adults
- Fewer than three of four climate policies in place

### Key Findings

#### Excessive Drinking

**18%**▼

from 18.7% to 15.3%  
of adults between 2019  
and 2024.

#### Homelessness

**17%**▲

from 11.7 to 13.7 people  
per 10,000 population  
between 2023 and 2024.

#### Cancer Screenings

**15%**▲

from 53.5% to 61.7% of  
adults ages 40-75 between  
2022 and 2024.

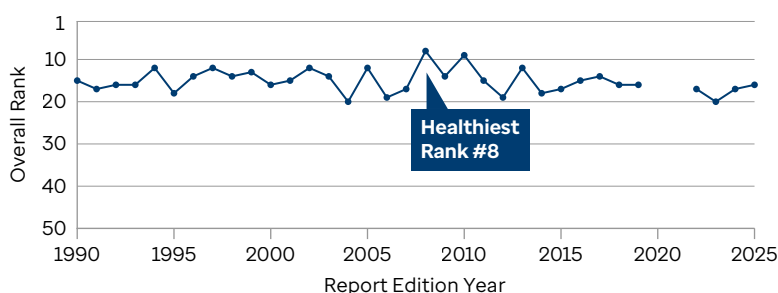
#### Obesity

**15%**▲

from 28.4% to 32.7%  
of adults between 2018  
and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Idaho

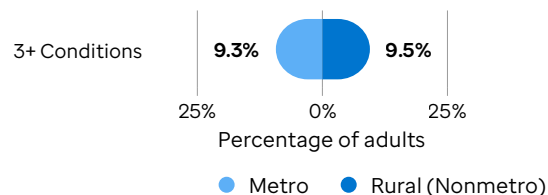
#### Rural Population in 2023

**30.8%**

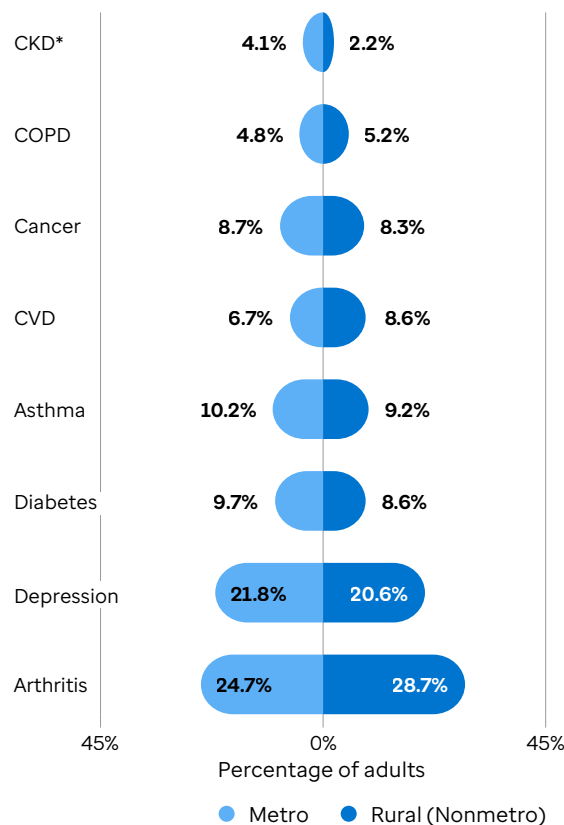
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Idaho

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>23</b>	<b>0.170</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	33	18.1	14.0
	Homicide (Deaths per 100,000 population)	4	2.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	27	\$119	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	28	54	—
	Food Insecurity (% of households)	23	11.3%	12.2%
	Income Inequality (80:20 ratio)	2	3.91	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	18	31.9%	30.5%
	High School Completion (% of adults age 25+)	16	92.5%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	40	18.3%	14.1%
	High-Speed Internet (% of households)	25	94.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	47	77	—
	Volunteerism (% of population age 16+)	13	34.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	35	56.8%	58.8%
<b>Physical Environment</b>		<b>43</b>	<b>-0.082</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
	Water Fluoridation (% of population served by community water systems)	47	31.0%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	4	66.7%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	31	13.7	22.6
	Housing Cost Burden (% of households)*	20	27.6%	32.0%
	Housing With Lead Risk (% of housing stock)	15	10.9%	16.1%
	Severe Housing Problems (% of occupied housing units)	16	13.2%	16.8%
<b>Clinical Care</b>		<b>31</b>	<b>-0.168</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	29	11.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	31	60.2	66.3
	Mental Health Providers (Providers per 100,000 population)	31	301.8	362.6
	Primary Care Providers (Providers per 100,000 population)	42	265.6	291.4
	Uninsured (% of total population)	38	9.2%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	37	61.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	16	69.4%	66.9%
	Dental Visit (% of adults)	16	69.1%	67.5%
	Flu Vaccination (% of adults)	44	34.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	42	55.9%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	40	80.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	1	1,531	2,768
<b>Behaviors</b>		<b>13</b>	<b>0.418</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	31	29.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	44	5.4%	7.4%
	Physical Inactivity (% of adults)	13	20.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	5	294.9	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	16	10.5	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	10	32.5%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	24	8.0%	8.0%
	Smoking (% of adults)	10	9.6%	11.6%
<b>Health Outcomes</b>		<b>7</b>	<b>0.652</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	8	19.6	31.4
	Excessive Drinking (% of adults)	11	15.3%	17.0%
	Frequent Mental Distress (% of adults)	24	15.6%	15.6%
	Non-Medical Drug Use (% of adults)	23	14.7%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	11	6,848	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	34	14.0%	13.0%
	Low Birth Weight (% of live births)	3	6.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	4	1.4	2.1
	Multiple Chronic Conditions (% of adults)	5	9.4%	11.3%
	Obesity (% of adults)	18	32.7%	34.2%
<b>Overall</b>		<b>16</b>	<b>0.264</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of cigarette smoking
- High number of dental care providers per 100,000

### Challenges

- High prevalence of excessive drinking
- High preventable hospitalization rate
- High levels of air pollution

### Key Findings

#### Homicide

17%▼

from 11.2 to 9.3 deaths per 100,000 population between 2020-2021 and 2022-2023.

#### Depression

15%▲

from 18.1% to 20.8% of adults between 2023 and 2024.

#### Flu Vaccination

12%▼

from 45.2% to 39.9% of adults between 2023 and 2024.

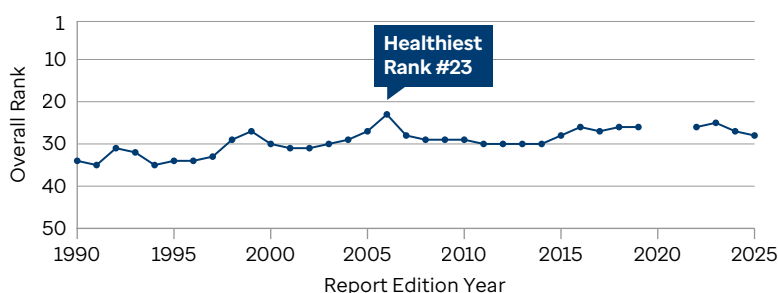
#### Mental Health Providers

6%▲

from 349.4 to 369.3 per 100,000 population between September 2024 and September 2025.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Illinois

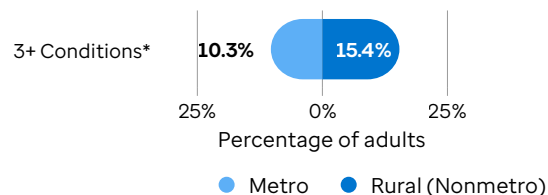
#### Rural Population in 2023

13.2%

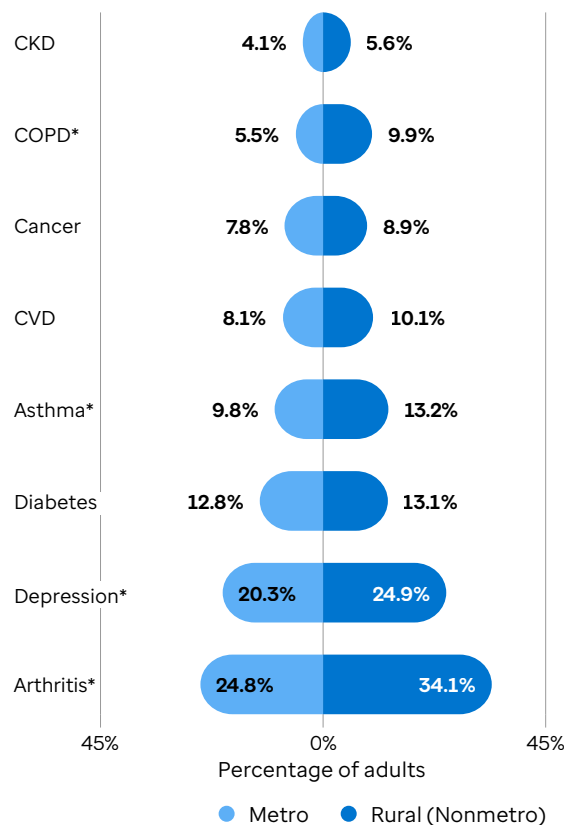
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Illinois

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>32</b>	<b>-0.062</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	18	13.5	14.0
	Homicide (Deaths per 100,000 population)	40	9.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	31	\$110	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	27	52	—
	Food Insecurity (% of households)	33	12.4%	12.2%
	Income Inequality (80:20 ratio)	39	4.89	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	28	30.4%	30.5%
	High School Completion (% of adults age 25+)	31	90.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	11	12.6%	14.1%
	High-Speed Internet (% of households)	20	94.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	43	73	—
	Volunteerism (% of population age 16+)	27	30.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	26	59.0%	58.8%
<b>Physical Environment</b>		<b>40</b>	<b>0.008</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	47	10.3	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	3	98.2%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	26	15.3%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	38	20.3	22.6
	Housing Cost Burden (% of households)*	32	29.9%	32.0%
	Housing With Lead Risk (% of housing stock)	44	23.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	32	15.6%	16.8%
<b>Clinical Care</b>		<b>26</b>	<b>-0.067</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	27	11.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	6	776	66.3
	Mental Health Providers (Providers per 100,000 population)	23	369.3	362.6
	Primary Care Providers (Providers per 100,000 population)	27	299.4	291.4
	Uninsured (% of total population)	22	6.9%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	34	62.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	29	66.4%	66.9%
	Dental Visit (% of adults)	32	65.7%	67.5%
	Flu Vaccination (% of adults)	29	39.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	21	66.2%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	33	82.6%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	45	3,358	2,768
<b>Behaviors</b>		<b>26</b>	<b>-0.048</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	33	29.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	36	23.3%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	40	557.7	492.2
	High-Risk HIV Behaviors (% of adults)	31	5.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	17	10.7	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	29	36.0%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	12	6.8%	8.0%
	Smoking (% of adults)	18	10.5%	11.6%
<b>Health Outcomes</b>		<b>27</b>	<b>0.013</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	16	28.1	31.4
	Excessive Drinking (% of adults)	40	19.4%	17.0%
	Frequent Mental Distress (% of adults)	3	13.0%	15.6%
	Non-Medical Drug Use (% of adults)	35	17.5%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	19	7,477	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	38	2.1	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	16	12.3%	13.0%
	Low Birth Weight (% of live births)	33	8.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	20	10.8%	11.3%
	Obesity (% of adults)	24	34.2%	34.2%
<b>Overall</b>		<b>28</b>	<b>-0.034</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- Low income inequality
- High volunteerism rate

### Challenges

- High prevalence of multiple chronic conditions
- High prevalence of obesity
- Low voter participation

### Key Findings

#### Drug Deaths

**22%**▼

from 42.1 to 32.7 deaths per 100,000 population between 2021 and 2023.

#### Diabetes

**21%**▲

from 11.8% to 14.3% of adults between 2020 and 2024.

#### Premature Death

**17%**▼

from 10,952 to 9,093 years lost before age 75 per 100,000 population between 2021 and 2023.

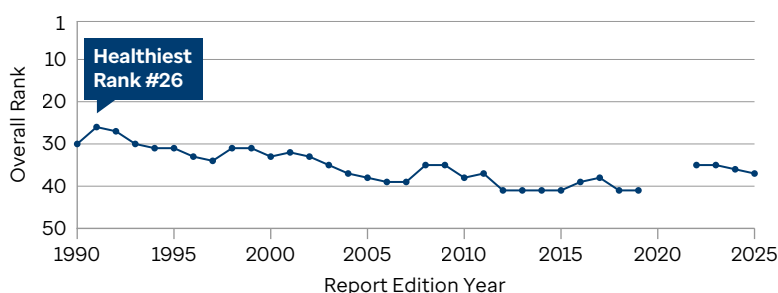
#### Flu Vaccination

**13%**▼

from 45.6% to 39.5% of adults between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Indiana

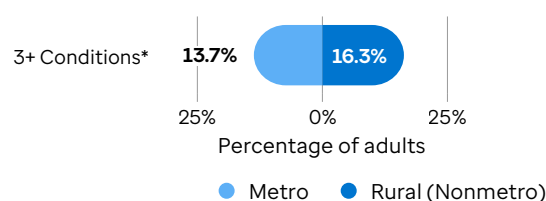
#### Rural Population in 2023

**28.9%**

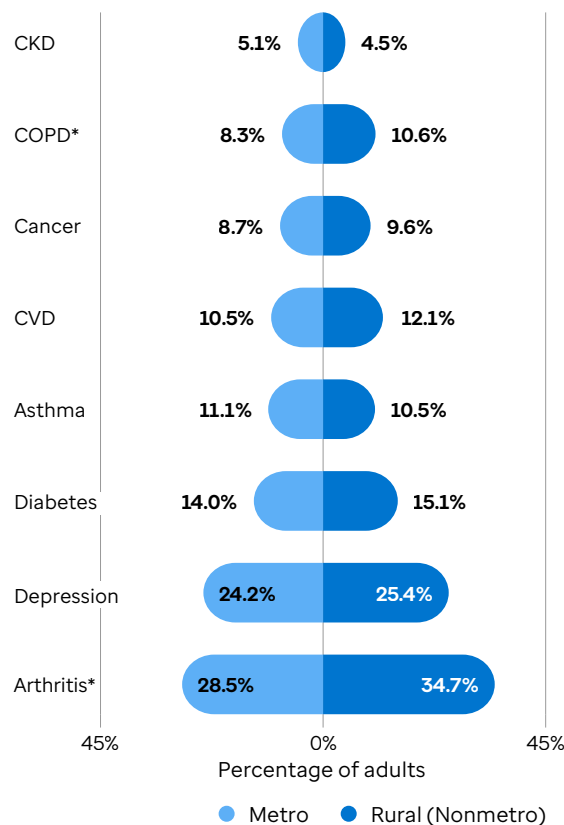
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Indiana

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>39</b>	<b>-0.257</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	34	18.3	14.0
	Homicide (Deaths per 100,000 population)	37	7.5	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.0	4.2
	Public Health Funding (Dollars per person)	48	\$73	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	34	61	—
	Food Insecurity (% of households)	31	12.2%	12.2%
	Income Inequality (80:20 ratio)	14	4.30	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	8	34.5%	30.5%
	High School Completion (% of adults age 25+)	32	90.6%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	40	18.3%	14.1%
	High-Speed Internet (% of households)	37	93.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	37	69	—
	Volunteerism (% of population age 16+)	17	33.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	48	51.3%	58.8%
<b>Physical Environment</b>		<b>30</b>	<b>0.187</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	44	9.5	8.8
	Drinking Water Violations (Average violations per community water system)	29	2.0	2.5
	Water Fluoridation (% of population served by community water systems)	11	91.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	27	14.4%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	11	9.1	22.6
	Housing Cost Burden (% of households)*	9	25.8%	32.0%
	Housing With Lead Risk (% of housing stock)	34	19.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	6	12.2%	16.8%
<b>Clinical Care</b>		<b>28</b>	<b>-0.102</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	24	11.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	41	54.4	66.3
	Mental Health Providers (Providers per 100,000 population)	44	236.0	362.6
	Primary Care Providers (Providers per 100,000 population)	33	285.5	291.4
	Uninsured (% of total population)	26	7.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	26	64.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	11	71.7%	66.9%
	Dental Visit (% of adults)	35	65.1%	67.5%
	Flu Vaccination (% of adults)	31	39.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	40	56.6%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	12	87.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	38	3,158	2,768
<b>Behaviors</b>		<b>40</b>	<b>-0.404</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	32	29.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	16	8.7%	7.4%
	Physical Inactivity (% of adults)	38	24.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	29	491.0	492.2
	High-Risk HIV Behaviors (% of adults)	31	5.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	35	15.7	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	37	37.7%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	37	9.2%	8.0%
	Smoking (% of adults)	39	13.9%	11.6%
<b>Health Outcomes</b>		<b>34</b>	<b>-0.231</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	30	32.7	31.4
	Excessive Drinking (% of adults)	13	15.9%	17.0%
	Frequent Mental Distress (% of adults)	36	16.9%	15.6%
	Non-Medical Drug Use (% of adults)	16	12.9%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	37	9,093	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	34	14.0%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	40	14.3%	11.3%
	Obesity (% of adults)	44	38.4%	34.2%
<b>Overall</b>		<b>37</b>	<b>-0.212</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low income inequality

### Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low prevalence of households with high-speed internet

### Key Findings

#### Depression

**22%**▲

from 16.2% to 19.8%  
of adults between 2019  
and 2024.

#### HPV Vaccination

**20%**▼

from 74.9% to 59.8% of  
adolescents ages 13-17  
between 2022 and 2024.

#### Colorectal Cancer Screening

**12%**▲

from 64.1% to 71.6% of  
adults ages 45-75 between  
2022 and 2024.

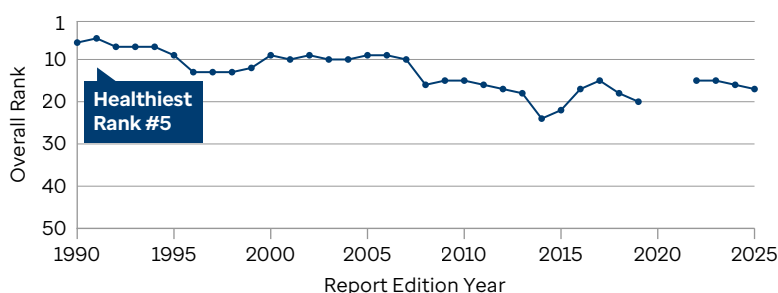
#### Premature Death

**7%**▼

from 7,688 to 7,155 years  
lost before age 75 per  
100,000 population  
between 2022 and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Iowa

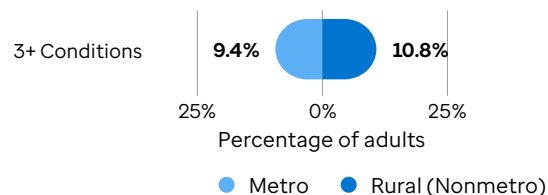
#### Rural Population in 2023

**37.3%**

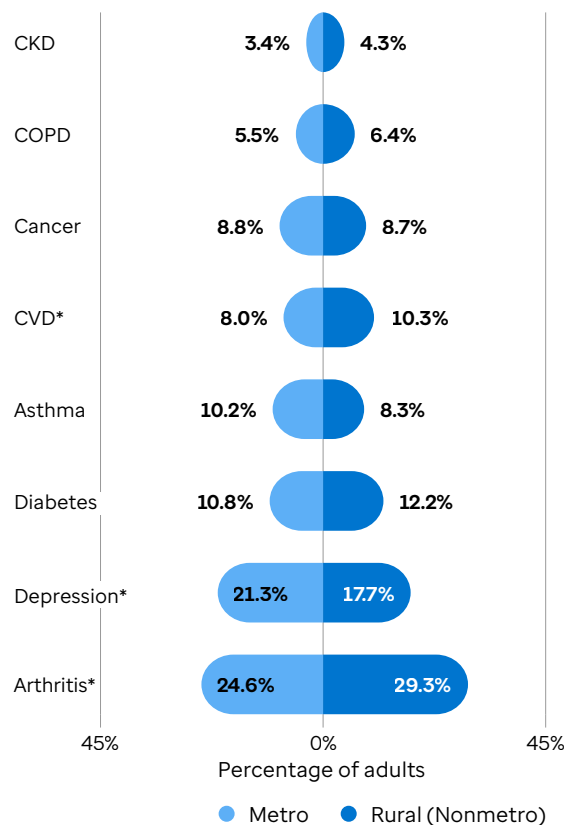
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Iowa

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>16</b>	<b>0.379</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	10	10.6	14.0
	Homicide (Deaths per 100,000 population)	7	2.6	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	29	4.5	4.2
	Public Health Funding (Dollars per person)	35	\$105	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	16	45	—
	Food Insecurity (% of households)	10	9.8%	12.2%
	Income Inequality (80:20 ratio)	6	4.09	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	32	29.2%	30.5%
	High School Completion (% of adults age 25+)	14	93.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	30	15.9%	14.1%
	High-Speed Internet (% of households)	45	92.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	10	35.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	18	61.8%	58.8%
<b>Physical Environment</b>		<b>20</b>	<b>0.317</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	15	88.8%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	5	65.5%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	3	8.1	22.6
	Housing Cost Burden (% of households)*	3	23.8%	32.0%
	Housing With Lead Risk (% of housing stock)	45	23.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	2	11.3%	16.8%
<b>Clinical Care</b>		<b>17</b>	<b>0.386</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	3	8.0%	11.5%
	Dental Care Providers (Providers per 100,000 population)	26	62.2	66.3
	Mental Health Providers (Providers per 100,000 population)	42	2370	362.6
	Primary Care Providers (Providers per 100,000 population)	35	283.3	291.4
	Uninsured (% of total population)	11	5.4%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	15	66.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	12	70.9%	66.9%
	Dental Visit (% of adults)	12	69.6%	67.5%
	Flu Vaccination (% of adults)	19	42.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	33	59.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	38	81.1%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	14	2,387	2,768
<b>Behaviors</b>		<b>30</b>	<b>-0.092</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	43	25.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	31	6.7%	7.4%
	Physical Inactivity (% of adults)	25	21.8%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	18	426.8	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	24	11.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	15	32.9%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	35	8.9%	8.0%
	Smoking (% of adults)	34	12.9%	11.6%
<b>Health Outcomes</b>		<b>17</b>	<b>0.210</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	3	14.4	31.4
	Excessive Drinking (% of adults)	48	21.4%	17.0%
	Frequent Mental Distress (% of adults)	16	14.9%	15.6%
	Non-Medical Drug Use (% of adults)	4	10.5%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	14	7,155	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	39	2.2	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	9	11.7%	13.0%
	Low Birth Weight (% of live births)	12	7.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	12	10.0%	11.3%
	Obesity (% of adults)	34	36.6%	34.2%
<b>Overall</b>		<b>17</b>	<b>0.238</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High volunteerism rate
- Low income inequality

### Challenges

- High prevalence of obesity
- High prevalence of cigarette smoking
- Low number of mental health providers per 100,000 population

### Key Findings

#### Cancer Screenings

**16%**▲

from 54.8% to 63.6%  
of adults ages 40-75  
between 2022 and 2024.

#### High Health Status

**12%**▼

from 53.4% to 47.2% of  
adults between 2014  
and 2024.

#### Arthritis

**11%**▲

from 24.5% to 27.1% of  
adults between 2020  
and 2024.

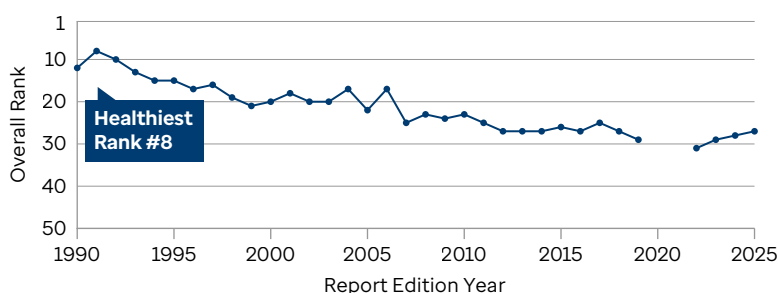
#### Renewable Energy

**11%**▲

from 46.9% to 52.0% of  
total electricity between  
2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Kansas

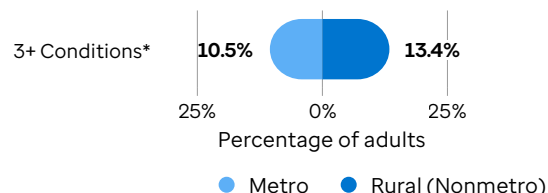
#### Rural Population in 2023

**28.2%**

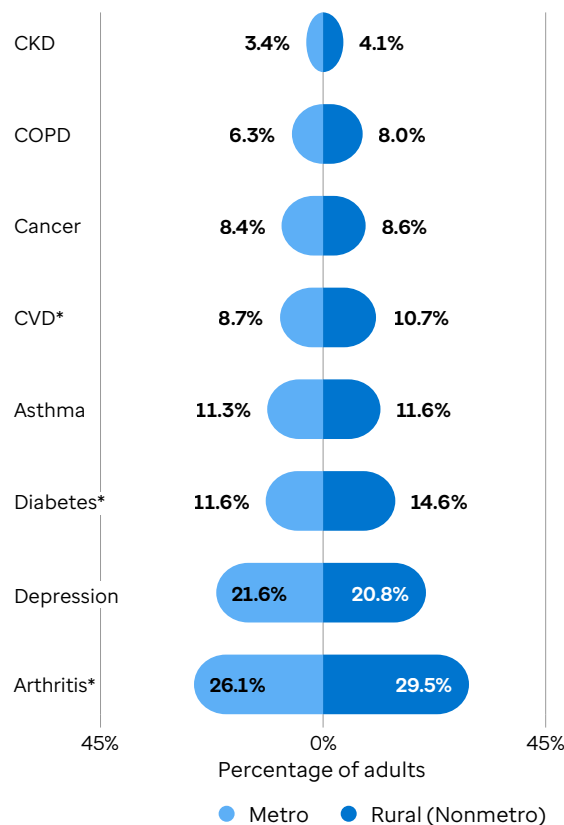
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Kansas

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>20</b>	<b>0.312</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	29	16.2	14.0
	Homicide (Deaths per 100,000 population)	25	5.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	31	4.8	4.2
	Public Health Funding (Dollars per person)	38	\$95	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	25	51	—
	Food Insecurity (% of households)	17	10.6%	12.2%
	Income Inequality (80:20 ratio)	11	4.25	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	35	28.3%	30.5%
	High School Completion (% of adults age 25+)	22	92.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	27	15.7%	14.1%
	High-Speed Internet (% of households)	25	94.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population age 16+)	5	39.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	9	65.1%	58.8%
<b>Physical Environment</b>		<b>42</b>	<b>-0.058</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	40	8.7	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
	Water Fluoridation (% of population served by community water systems)	32	65.4%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	8	52.0%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	13	9.4	22.6
	Housing Cost Burden (% of households)*	7	25.4%	32.0%
	Housing With Lead Risk (% of housing stock)	36	20.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	7	12.3%	16.8%
<b>Clinical Care</b>		<b>30</b>	<b>-0.111</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	24	11.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	38	56.8	66.3
	Mental Health Providers (Providers per 100,000 population)	38	283.5	362.6
	Primary Care Providers (Providers per 100,000 population)	24	308.6	291.4
	Uninsured (% of total population)	34	8.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	30	63.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	29	66.4%	66.9%
	Dental Visit (% of adults)	20	68.4%	67.5%
	Flu Vaccination (% of adults)	28	40.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	35	59.7%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	32	82.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	20	2,525	2,768
<b>Behaviors</b>		<b>37</b>	<b>-0.327</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	39	26.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	33	6.5%	7.4%
	Physical Inactivity (% of adults)	30	22.4%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	23	453.8	492.2
	High-Risk HIV Behaviors (% of adults)	11	5.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	34	15.1	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	24	35.5%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	40	9.4%	8.0%
	Smoking (% of adults)	37	13.7%	11.6%
<b>Health Outcomes</b>		<b>25</b>	<b>0.099</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	10	22.2	31.4
	Excessive Drinking (% of adults)	33	17.7%	17.0%
	Frequent Mental Distress (% of adults)	29	15.9%	15.6%
	Non-Medical Drug Use (% of adults)	15	12.8%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	30	8,205	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	14	12.0%	13.0%
	Low Birth Weight (% of live births)	12	7.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	26	11.4%	11.3%
	Obesity (% of adults)	42	37.6%	34.2%
<b>Overall</b>		<b>27</b>	<b>0.031</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High number of primary care providers per 100,000 population
- Low incidence of chlamydia

### Challenges

- High prevalence of multiple chronic conditions
- High economic hardship index score
- High prevalence of cigarette smoking

### Key Findings

#### Homicide

23%▼

from 9.0 to 6.9 deaths per 100,000 population between 2020-2021 and 2022-2023.

#### Depression

17%▲

from 24.2% to 28.3% of adults between 2020 and 2024.

#### Colorectal Cancer Screening

11%▲

from 64.0% to 71.0% of adults ages 45-75 between 2022 and 2024.

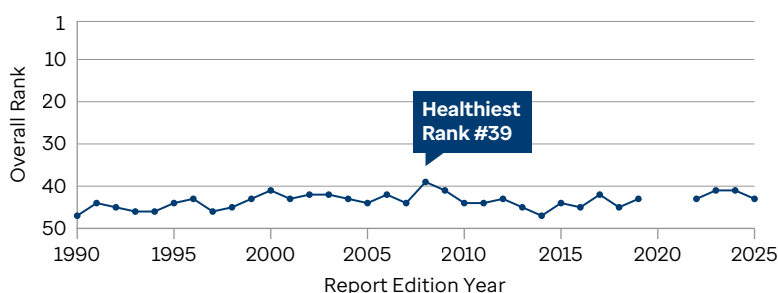
#### Homelessness

9%▲

from 10.5 to 11.4 people per 10,000 population between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Kentucky

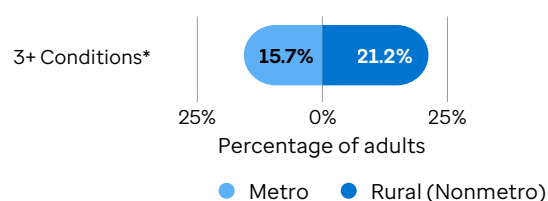
#### Rural Population in 2023

41.6%

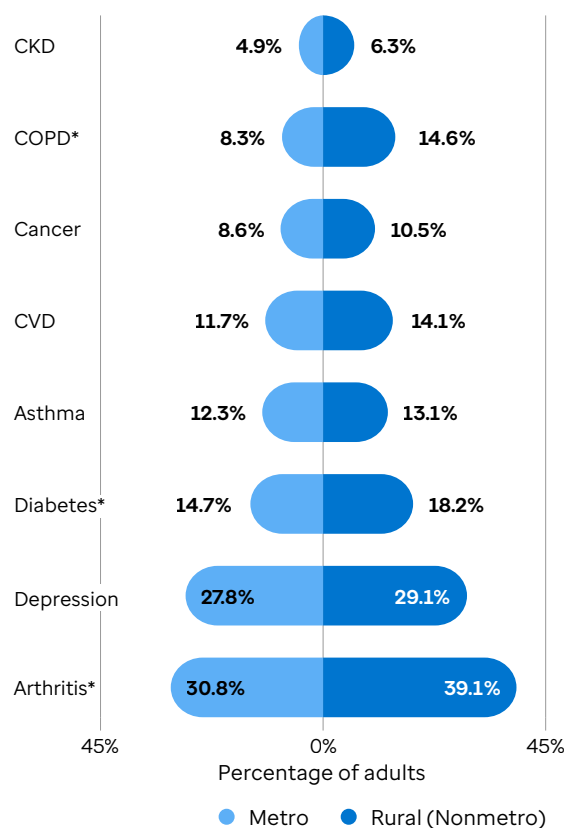
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Kentucky

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>45</b>	<b>-0.680</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	35	18.6	14.0
	Homicide (Deaths per 100,000 population)	31	6.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.0	4.2
	Public Health Funding (Dollars per person)	33	\$108	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	46	85	—
	Food Insecurity (% of households)	45	14.5%	12.2%
	Income Inequality (80:20 ratio)	41	5.04	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	12	32.7%	30.5%
	High School Completion (% of adults age 25+)	43	89.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	46	20.8%	14.1%
	High-Speed Internet (% of households)	46	92.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	35	275%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	24	60.0%	58.8%
<b>Physical Environment</b>		<b>14</b>	<b>0.442</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	27	8.1	8.8
	Drinking Water Violations (Average violations per community water system)	37	2.3	2.5
	Water Fluoridation (% of population served by community water systems)	1	99.7%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	42	6.7%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	23	11.4	22.6
	Housing Cost Burden (% of households)*	5	24.9%	32.0%
	Housing With Lead Risk (% of housing stock)	23	14.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	14	12.9%	16.8%
<b>Clinical Care</b>		<b>34</b>	<b>-0.283</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	33	12.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	33	60.0	66.3
	Mental Health Providers (Providers per 100,000 population)	26	345.2	362.6
	Primary Care Providers (Providers per 100,000 population)	15	326.1	291.4
	Uninsured (% of total population)	21	6.8%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	27	64.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	39	64.1%	66.9%
	Dental Visit (% of adults)	46	58.7%	67.5%
	Flu Vaccination (% of adults)	25	40.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	30	61.1%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	18	85.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	46	3,377	2,768
<b>Behaviors</b>		<b>43</b>	<b>-0.776</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	—	—	30.4%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	7.4%
	Physical Inactivity (% of adults)	46	28.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	13	381.9	492.2
	High-Risk HIV Behaviors (% of adults)	23	5.5%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	47	20.7	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	46	39.3%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	46	10.7%	8.0%
	Smoking (% of adults)	48	172%	11.6%
<b>Health Outcomes</b>		<b>45</b>	<b>-0.549</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	44	45.9	31.4
	Excessive Drinking (% of adults)	8	14.8%	17.0%
	Frequent Mental Distress (% of adults)	44	18.4%	15.6%
	Non-Medical Drug Use (% of adults)	22	14.6%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	45	10,939	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	47	17.4%	13.0%
	Low Birth Weight (% of live births)	32	8.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	48	18.0%	11.3%
	Obesity (% of adults)	40	37.2%	34.2%
<b>Overall</b>		<b>43</b>	<b>-0.495</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- High reading proficiency among fourth grade public school students
- High prevalence of adults with a dedicated health care provider
- High prevalence of cancer screenings

### Challenges

- High economic hardship index score
- High homicide rate
- High incidence of chlamydia

### Key Findings

#### Frequent Mental Distress

57%▲

from 12.6% to 19.8% of adults between 2014 and 2024.

#### Air Pollution

14%▲

from 7.4 to 8.4 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

#### Colorectal Cancer Screening

16%▲

from 63.2% to 73.2% of adults ages 45-75 between 2022 and 2024.

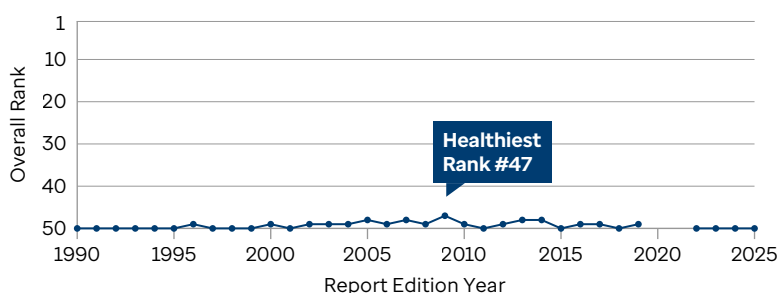
#### Drug Deaths

10%▼

from 54.0 to 48.6 deaths per 100,000 population between 2021 and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Louisiana

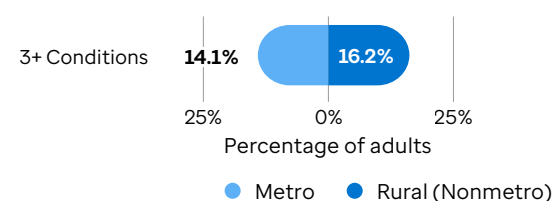
#### Rural Population in 2023

29.1%

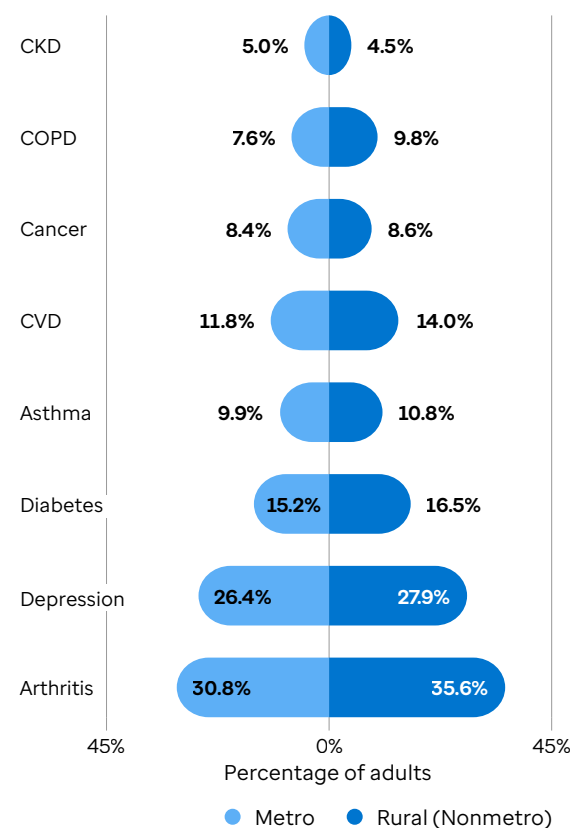
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Louisiana

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>50</b>	<b>-1.060</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	49	276	14.0
	Homicide (Deaths per 100,000 population)	49	178	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	42	5.9	4.2
	Public Health Funding (Dollars per person)	22	\$130	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	50	100	—
	Food Insecurity (% of households)	47	16.2%	12.2%
	Income Inequality (80:20 ratio)	49	5.70	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	20	31.8%	30.5%
	High School Completion (% of adults age 25+)	44	88.2%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	38	17.9%	14.1%
	High-Speed Internet (% of households)	42	92.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	8	56	—
	Volunteerism (% of population age 16+)	43	23.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	45	53.1%	58.8%
<b>Physical Environment</b>		<b>48</b>	<b>-0.295</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	47	4.0	2.5
	Water Fluoridation (% of population served by community water systems)	45	37.9%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	50	2.2%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	2	75	22.6
	Housing Cost Burden (% of households)*	31	29.8%	32.0%
	Housing With Lead Risk (% of housing stock)	18	11.9%	16.1%
	Severe Housing Problems (% of occupied housing units)	34	15.8%	16.8%
<b>Clinical Care</b>		<b>38</b>	<b>-0.377</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	44	14.8%	11.5%
	Dental Care Providers (Providers per 100,000 population)	44	53.2	66.3
	Mental Health Providers (Providers per 100,000 population)	27	344.8	362.6
	Primary Care Providers (Providers per 100,000 population)	38	274.6	291.4
	Uninsured (% of total population)	27	7.7%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	12	67.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	20	68.5%	66.9%
	Dental Visit (% of adults)	44	61.2%	67.5%
	Flu Vaccination (% of adults)	46	33.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	23	65.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	14	86.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	48	3,451	2,768
<b>Behaviors</b>		<b>50</b>	<b>-1.436</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	38	26.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	43	27.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	50	792.4	492.2
	High-Risk HIV Behaviors (% of adults)	48	6.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	48	23.1	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	47	39.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	42	9.6%	8.0%
	Smoking (% of adults)	46	15.0%	11.6%
<b>Health Outcomes</b>		<b>50</b>	<b>-1.003</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	46	48.6	31.4
	Excessive Drinking (% of adults)	38	18.7%	17.0%
	Frequent Mental Distress (% of adults)	48	19.8%	15.6%
	Non-Medical Drug Use (% of adults)	33	16.8%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	48	11,285	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	46	15.2%	13.0%
	Low Birth Weight (% of live births)	49	11.3%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	41	14.4%	11.3%
	Obesity (% of adults)	47	39.2%	34.2%
<b>Overall</b>		<b>50</b>	<b>-0.942</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low economic hardship index score
- High prevalence of high school completion
- Low incidence of chlamydia

### Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- Low reading proficiency among fourth grade public school students

### Key Findings

#### E-Cigarette Use

**51%**▲

from 4.3% to 6.5%  
of adults between  
2020 and 2024.

#### Uninsured

**31%**▼

from 8.0% to 5.5% of  
the population between  
2019 and 2024.

#### Premature Death

**13%**▼

from 9,327 to 8,082 years  
lost before age 75 per  
100,000 population  
between 2022 and 2023.

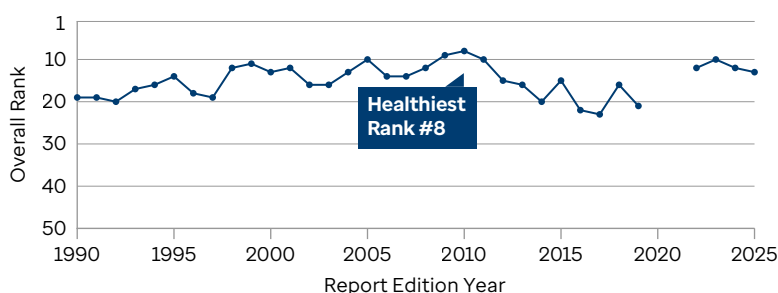
#### Arthritis

**10%**▲

from 31.1% to 34.3%  
of adults between 2021  
and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Maine

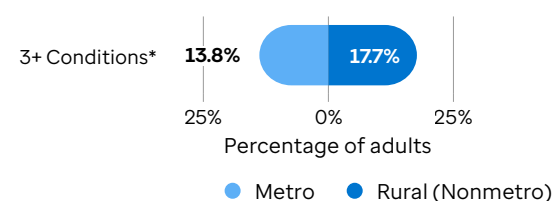
#### Rural Population in 2023

**61.5%**

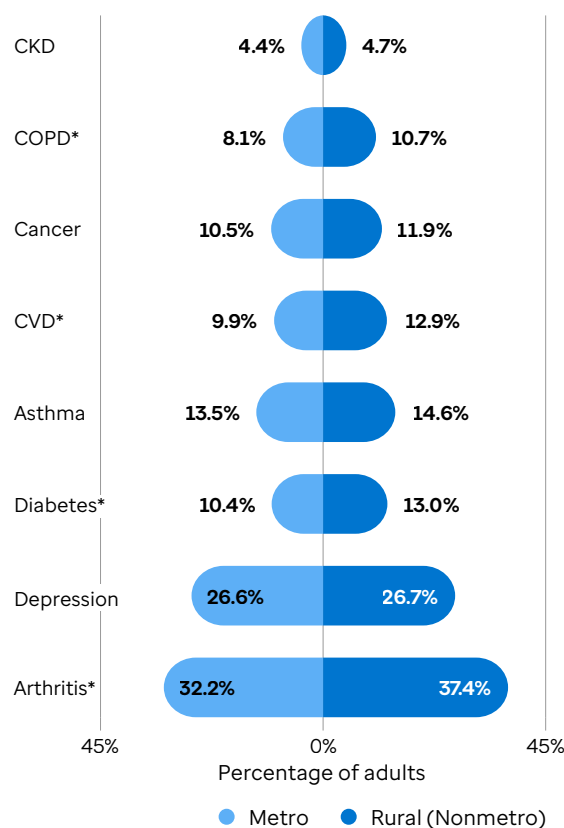
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Maine

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>17</b>	<b>0.364</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	23	14.3	14.0
	Homicide (Deaths per 100,000 population)	7	2.6	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	3	3.4	4.2
	Public Health Funding (Dollars per person)	12	\$157	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	7	28	—
	Food Insecurity (% of households)	21	10.9%	12.2%
	Income Inequality (80:20 ratio)	22	4.52	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	45	26.1%	30.5%
	High School Completion (% of adults age 25+)	2	94.8%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	33	16.7%	14.1%
	High-Speed Internet (% of households)	28	94.2%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	46	75	—
	Volunteerism (% of population age 16+)	11	34.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	7	65.5%	58.8%
<b>Physical Environment</b>		<b>3</b>	<b>0.743</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	21	79.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	11	43.1%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	36	19.2	22.6
	Housing Cost Burden (% of households)*	20	27.6%	32.0%
	Housing With Lead Risk (% of housing stock)	41	22.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	10	12.6%	16.8%
<b>Clinical Care</b>		<b>7</b>	<b>1.056</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	8	9.2%	11.5%
	Dental Care Providers (Providers per 100,000 population)	22	65.5	66.3
	Mental Health Providers (Providers per 100,000 population)	5	602.3	362.6
	Primary Care Providers (Providers per 100,000 population)	2	386.1	291.4
	Uninsured (% of total population)	12	5.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	6	70.4%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	7	74.4%	66.9%
	Dental Visit (% of adults)	27	66.9%	67.5%
	Flu Vaccination (% of adults)	3	50.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	18	66.9%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	2	90.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	12	2,275	2,768
<b>Behaviors</b>		<b>10</b>	<b>0.487</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	17	31.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	26	7.1%	7.4%
	Physical Inactivity (% of adults)	18	21.4%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	3	217.4	492.2
	High-Risk HIV Behaviors (% of adults)	11	5.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	5	7.2	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	11	32.7%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	9	6.5%	8.0%
	Smoking (% of adults)	43	14.4%	11.6%
<b>Health Outcomes</b>		<b>24</b>	<b>0.112</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	42	42.8	31.4
	Excessive Drinking (% of adults)	21	16.5%	17.0%
	Frequent Mental Distress (% of adults)	35	16.4%	15.6%
	Non-Medical Drug Use (% of adults)	13	11.8%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	28	8,082	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	43	15.1%	13.0%
	Low Birth Weight (% of live births)	20	8.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2	1.3	2.1
	Multiple Chronic Conditions (% of adults)	44	15.4%	11.3%
	Obesity (% of adults)	20	33.2%	34.2%
<b>Overall</b>		<b>13</b>	<b>0.467</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.



State Health Department Website:

## Summary

### Strengths

- Low prevalence of excessive drinking
- Low economic hardship index score
- Low prevalence of adults using e-cigarettes

### Challenges

- High homicide rate
- High incidence of chlamydia
- High prevalence of insufficient sleep

### Key Findings

#### Firearm Deaths

**21%**▼

from 15.0 to 11.9 deaths per 100,000 population between 2021 and 2023.

#### Colorectal Cancer Screening

**18%**▲

from 63.2% to 74.7% of adults ages 45-75 between 2022 and 2024.

#### Depression

**14%**▲

from 16.6% to 18.9% of adults between 2021 and 2024.

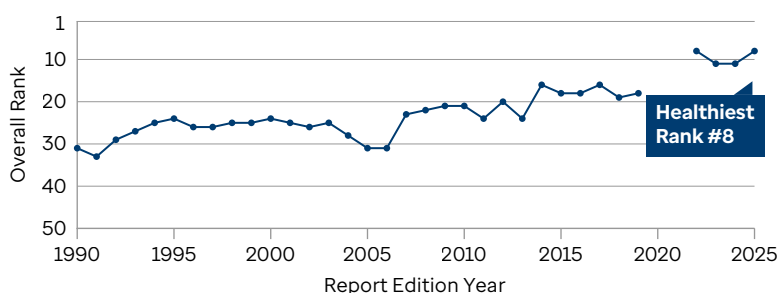
#### Air Pollution

**12%**▲

from 6.6 to 7.4 micrograms of fine particulate per cubic meter between 2020-2022 and 2022-2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Maryland

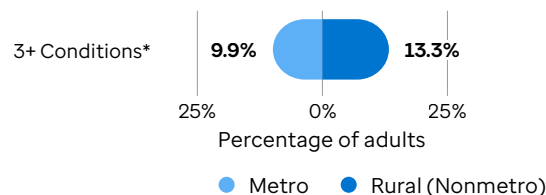
#### Rural Population in 2023

**14.7%**

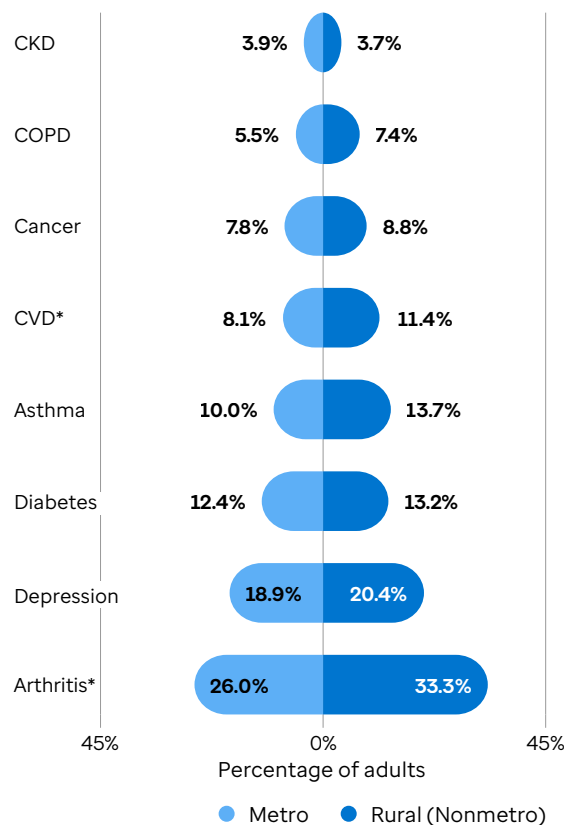
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Maryland

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>11</b>	<b>0.538</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	12	11.9	14.0
	Homicide (Deaths per 100,000 population)	41	9.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	14	3.8	4.2
	Public Health Funding (Dollars per person)	4	\$210	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	9	32	—
	Food Insecurity (% of households)	14	10.4%	12.2%
	Income Inequality (80:20 ratio)	36	4.80	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	9	33.6%	30.5%
	High School Completion (% of adults age 25+)	27	91.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	5	11.8%	14.1%
	High-Speed Internet (% of households)	7	95.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	19	32.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	12	64.5%	58.8%
<b>Physical Environment</b>		<b>5</b>	<b>0.697</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	14	74	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	8	93.2%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	34	10.7%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	15	9.7	22.6
	Housing Cost Burden (% of households)*	37	31.6%	32.0%
	Housing With Lead Risk (% of housing stock)	28	16.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	32	15.6%	16.8%
<b>Clinical Care</b>		<b>8</b>	<b>0.869</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	15	10.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	14	71.5	66.3
	Mental Health Providers (Providers per 100,000 population)	18	412.1	362.6
	Primary Care Providers (Providers per 100,000 population)	23	312.3	291.4
	Uninsured (% of total population)	18	6.3%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	10	69.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	5	75.7%	66.9%
	Dental Visit (% of adults)	9	70.6%	67.5%
	Flu Vaccination (% of adults)	6	49.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	11	69.2%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	5	88.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	24	2,652	2,768
<b>Behaviors</b>		<b>12</b>	<b>0.455</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	21	30.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	17	8.6%	7.4%
	Physical Inactivity (% of adults)	11	19.5%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	43	579.8	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	18	10.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	39	38.0%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	1	5.1%	8.0%
	Smoking (% of adults)	3	7.8%	11.6%
<b>Health Outcomes</b>		<b>10</b>	<b>0.558</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	40	41.3	31.4
	Excessive Drinking (% of adults)	4	14.2%	17.0%
	Frequent Mental Distress (% of adults)	11	14.2%	15.6%
	Non-Medical Drug Use (% of adults)	19	13.1%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	20	7,594	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	5	11.3%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	12	10.0%	11.3%
	Obesity (% of adults)	18	32.7%	34.2%
<b>Overall</b>		<b>8</b>	<b>0.592</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low premature death rate
- Low prevalence of obesity
- Low economic hardship index score

### Challenges

- High income inequality
- High preventable hospitalization rate
- High prevalence of households experiencing severe housing problems

### Key Findings

#### Volunteerism

**43%**▲

from 23.1% to 33.1% of people age 16 and older between 2021 and 2023.

#### Cancer Screenings

**17%**▲

from 61.7% to 72.3% of adults ages 40-75 between 2022 and 2024.

#### Depression

**13%**▲

from 18.6% to 21.1% of adults between 2021 and 2024.

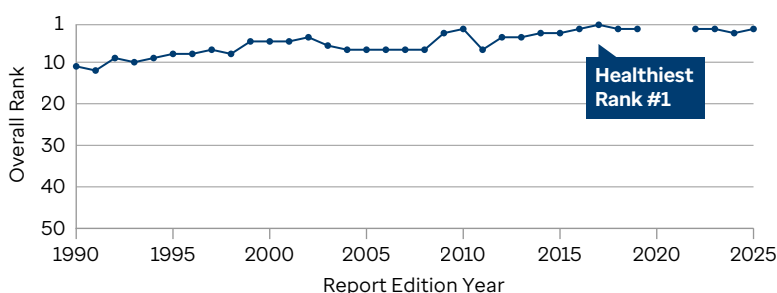
#### Flu Vaccination

**6%**▼

from 57.0% to 53.7% of adults between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Massachusetts

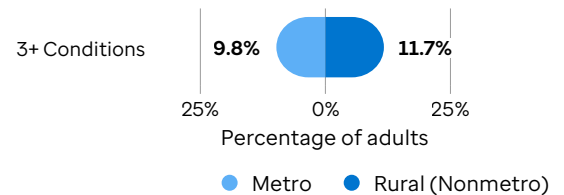
#### Rural Population in 2023

**8.9%**

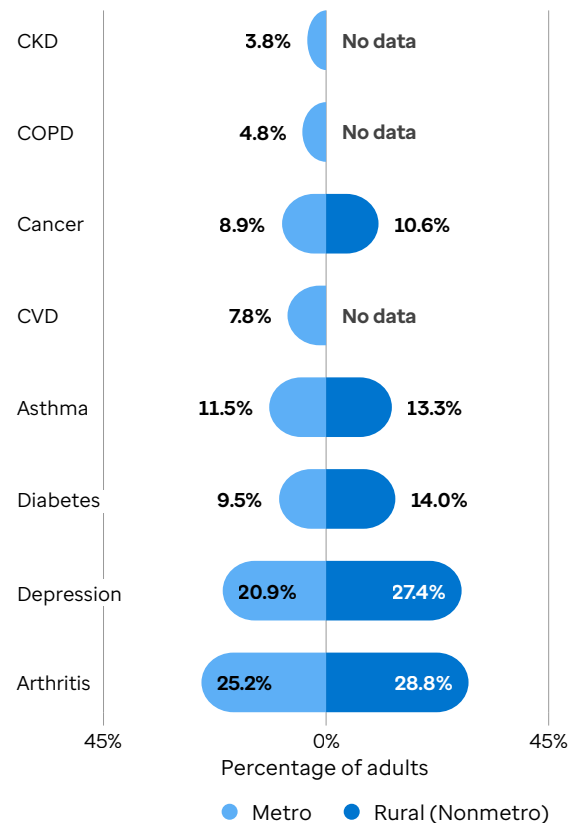
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Massachusetts

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>2</b>	<b>0.924</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	1	3.9	14.0
	Homicide (Deaths per 100,000 population)	6	2.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	2	3.0	4.2
	Public Health Funding (Dollars per person)	6	\$205	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	4	19	—
	Food Insecurity (% of households)	6	9.3%	12.2%
	Income Inequality (80:20 ratio)	48	5.29	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	1	40.4%	30.5%
	High School Completion (% of adults age 25+)	27	91.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	1	9.7%	14.1%
	High-Speed Internet (% of households)	5	95.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	17	33.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	15	62.8%	58.8%
<b>Physical Environment</b>		<b>36</b>	<b>0.055</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	35	58.2%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	24	19.3%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	45	41.1	22.6
	Housing Cost Burden (% of households)*	43	35.2%	32.0%
	Housing With Lead Risk (% of housing stock)	49	29.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	40	17.3%	16.8%
<b>Clinical Care</b>		<b>1</b>	<b>1.563</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	4	8.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	2	94.5	66.3
	Mental Health Providers (Providers per 100,000 population)	2	813.9	362.6
	Primary Care Providers (Providers per 100,000 population)	1	400.2	291.4
	Uninsured (% of total population)	1	2.8%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	3	72.3%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	1	83.1%	66.9%
	Dental Visit (% of adults)	2	74.6%	67.5%
	Flu Vaccination (% of adults)	1	53.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	1	79.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	4	89.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	47	3,422	2,768
<b>Behaviors</b>		<b>5</b>	<b>0.828</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	16	31.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	21	7.6%	7.4%
	Physical Inactivity (% of adults)	8	18.8%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	15	412.7	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	3	5.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	11	32.7%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	2	5.6%	8.0%
	Smoking (% of adults)	7	8.8%	11.6%
<b>Health Outcomes</b>		<b>1</b>	<b>0.926</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	31	34.1	31.4
	Excessive Drinking (% of adults)	26	17.1%	17.0%
	Frequent Mental Distress (% of adults)	5	13.3%	15.6%
	Non-Medical Drug Use (% of adults)	11	11.7%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	1	5,760	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	11	11.9%	13.0%
	Low Birth Weight (% of live births)	12	7.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	9	9.8%	11.3%
	Obesity (% of adults)	2	27.0%	34.2%
<b>Overall</b>		<b>2</b>	<b>0.914</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- High prevalence of high school completion
- High voter participation
- Low uninsured rate

### Challenges

- High prevalence of frequent physical distress
- High prevalence of adults using e-cigarettes
- High levels of air pollution

### Key Findings

#### Flu Vaccination

20%▼

from 50.4% to 40.2%  
of adults between 2022  
and 2024.

#### Homicide

16%▼

from 8.2 to 6.9 deaths per  
100,000 population between  
2020-2021 and 2022-2023.

#### Multiple Chronic Conditions

20%▲

from 12.8% to 15.3% of adults  
between 2023 and 2024.

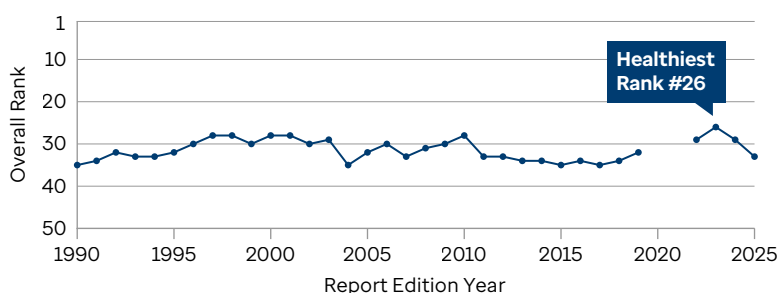
#### Mental Health Providers

10%▲

from 3476 to 383.4 per 100,000  
population between September  
2023 and September 2025.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Michigan

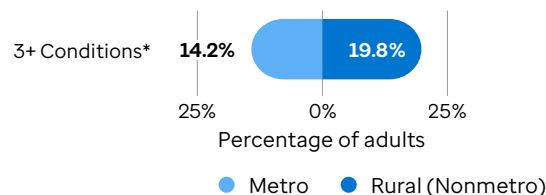
#### Rural Population in 2023

27.1%

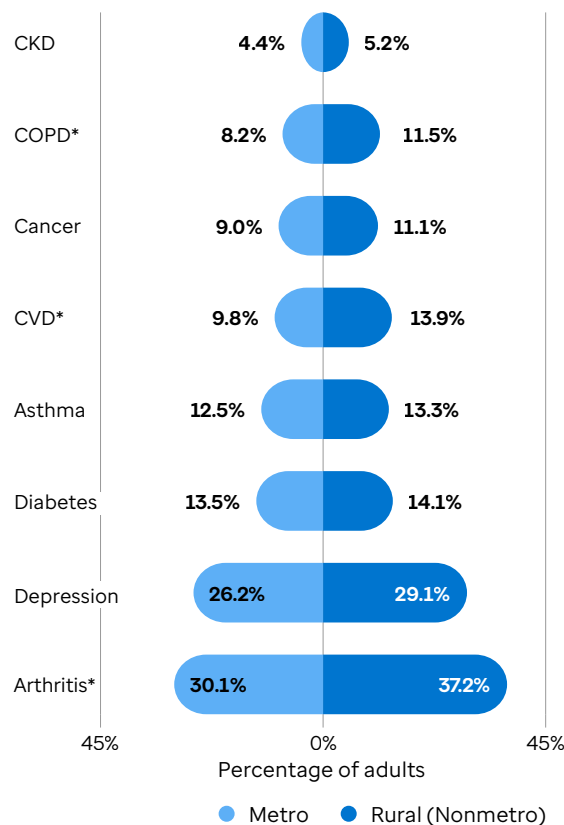
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Michigan

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>37</b>	<b>-0.223</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	20	13.8	14.0
	Homicide (Deaths per 100,000 population)	31	6.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	43	\$79	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	32	58	—
	Food Insecurity (% of households)	41	13.0%	12.2%
	Income Inequality (80:20 ratio)	24	4.58	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	46	24.6%	30.5%
	High School Completion (% of adults age 25+)	20	92.2%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	34	17.2%	14.1%
	High-Speed Internet (% of households)	25	94.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	45	74	—
	Volunteerism (% of population age 16+)	37	26.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	3	67.8%	58.8%
<b>Physical Environment</b>		<b>23</b>	<b>0.290</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	48	10.4	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
	Water Fluoridation (% of population served by community water systems)	12	90.8%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	33	11.0%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	14	9.6	22.6
	Housing Cost Burden (% of households)*	18	27.1%	32.0%
	Housing With Lead Risk (% of housing stock)	40	21.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	19	13.4%	16.8%
<b>Clinical Care</b>		<b>16</b>	<b>0.401</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	11	74.6	66.3
	Mental Health Providers (Providers per 100,000 population)	21	383.4	362.6
	Primary Care Providers (Providers per 100,000 population)	13	332.8	291.4
	Uninsured (% of total population)	7	5.1%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	7	69.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	25	67.7%	66.9%
	Dental Visit (% of adults)	14	69.4%	67.5%
	Flu Vaccination (% of adults)	27	40.2%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	25	65.6%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	6	88.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	44	3,348	2,768
<b>Behaviors</b>		<b>24</b>	<b>0.027</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	25	30.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	7	9.6%	7.4%
	Physical Inactivity (% of adults)	28	22.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	19	429.5	492.2
	High-Risk HIV Behaviors (% of adults)	20	5.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	19	10.9	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	22	35.2%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	43	9.8%	8.0%
	Smoking (% of adults)	35	13.4%	11.6%
<b>Health Outcomes</b>		<b>43</b>	<b>-0.443</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	18	28.7	31.4
	Excessive Drinking (% of adults)	24	16.8%	17.0%
	Frequent Mental Distress (% of adults)	37	17.0%	15.6%
	Non-Medical Drug Use (% of adults)	29	15.8%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	29	8,096	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	36	1.9	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	42	14.8%	13.0%
	Low Birth Weight (% of live births)	33	8.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	43	15.3%	11.3%
	Obesity (% of adults)	33	36.1%	34.2%
<b>Overall</b>		<b>33</b>	<b>-0.083</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low economic hardship index score
- High volunteerism rate
- High prevalence of high school completion

### Challenges

- High prevalence of excessive drinking
- High prevalence of non-medical drug use
- Low prevalence of adults with a dedicated health care provider

### Key Findings

#### Physical Inactivity

**23%**▼

from 22.8% to 17.5%  
of adults between 2023  
and 2024.

#### Unemployment

**23%**▲

from 3.0% to 3.7% of civilian  
workers age 16 and older  
between 2023 and 2024.

#### Cancer Screenings

**16%**▲

from 59.0% to 68.2%  
of adults ages 40-75  
between 2022 and 2024.

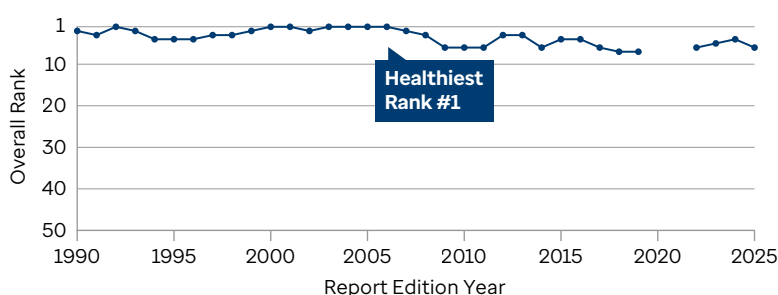
#### Arthritis

**14%**▲

from 22.1% to 25.2%  
of adults between 2023  
and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Minnesota

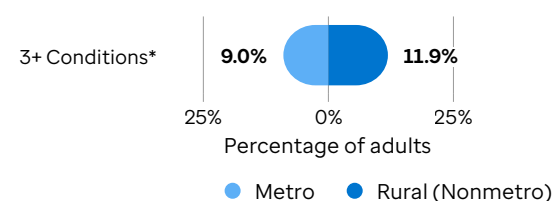
#### Rural Population in 2023

**28.9%**

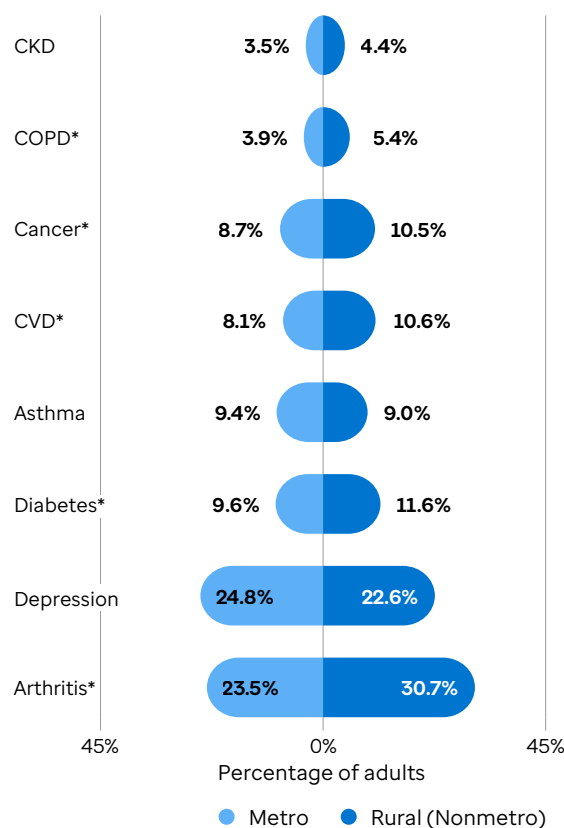
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Minnesota

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>3</b>	<b>0.841</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	8	9.1	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.6	4.2
	Public Health Funding (Dollars per person)	24	\$127	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	9	32	—
	Food Insecurity (% of households)	4	9.1%	12.2%
	Income Inequality (80:20 ratio)	10	4.24	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	25	30.7%	30.5%
	High School Completion (% of adults age 25+)	6	94.2%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	17	13.8%	14.1%
	High-Speed Internet (% of households)	16	94.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	—
	Volunteerism (% of population age 16+)	3	40.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	2	69.8%	58.8%
<b>Physical Environment</b>		<b>10</b>	<b>0.510</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	40	2.4	2.5
	Water Fluoridation (% of population served by community water systems)	2	98.9%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	17	31.1%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	33	15.9	22.6
	Housing Cost Burden (% of households)*	19	27.2%	32.0%
	Housing With Lead Risk (% of housing stock)	32	18.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	10	12.6%	16.8%
<b>Clinical Care</b>		<b>10</b>	<b>0.621</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	11	9.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	15	70.1	66.3
	Mental Health Providers (Providers per 100,000 population)	19	396.5	362.6
	Primary Care Providers (Providers per 100,000 population)	10	349.0	291.4
	Uninsured (% of total population)	7	5.1%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	11	68.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	18	68.9%	66.9%
	Dental Visit (% of adults)	11	69.7%	67.5%
	Flu Vaccination (% of adults)	11	45.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	13	67.7%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	29	83.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	16	2,459	2,768
<b>Behaviors</b>		<b>6</b>	<b>0.823</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	25	30.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	22	7.5%	7.4%
	Physical Inactivity (% of adults)	5	17.5%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	12	379.5	492.2
	High-Risk HIV Behaviors (% of adults)	3	4.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	8	7.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	1	29.6%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	15	7.1%	8.0%
	Smoking (% of adults)	17	10.2%	11.6%
<b>Health Outcomes</b>		<b>15</b>	<b>0.254</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	13	23.2	31.4
	Excessive Drinking (% of adults)	40	19.4%	17.0%
	Frequent Mental Distress (% of adults)	10	14.0%	15.6%
	Non-Medical Drug Use (% of adults)	37	17.6%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	6	6,323	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	48	4.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	2	11.0%	13.0%
	Low Birth Weight (% of live births)	7	7.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	7	9.7%	11.3%
	Obesity (% of adults)	15	32.3%	34.2%
<b>Overall</b>		<b>6</b>	<b>0.625</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of excessive drinking
- Low prevalence of frequent mental distress
- High reading proficiency among fourth grade public school students

### Challenges

- High economic hardship index score
- High prevalence of physical inactivity
- Low prevalence of high school completion

### Key Findings

#### Smoking

32%▼

from 20.4% to 13.8%  
of adults between 2019  
and 2024.

#### Obesity

14%▲

from 35.5% to 40.4%  
of adults between 2014  
and 2024.

#### Flu Vaccination

12%▼

from 37.7% to 33.0%  
of adults between 2021  
and 2024.

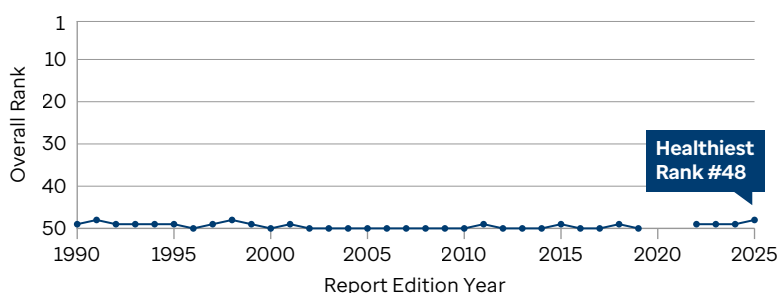
#### Homicide

12%▼

from 20.8 to 18.3 deaths per  
100,000 population between  
2020-2021 and 2022-2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Mississippi

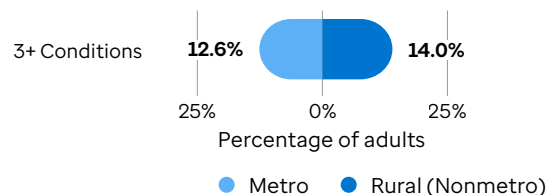
#### Rural Population in 2023

54.4%

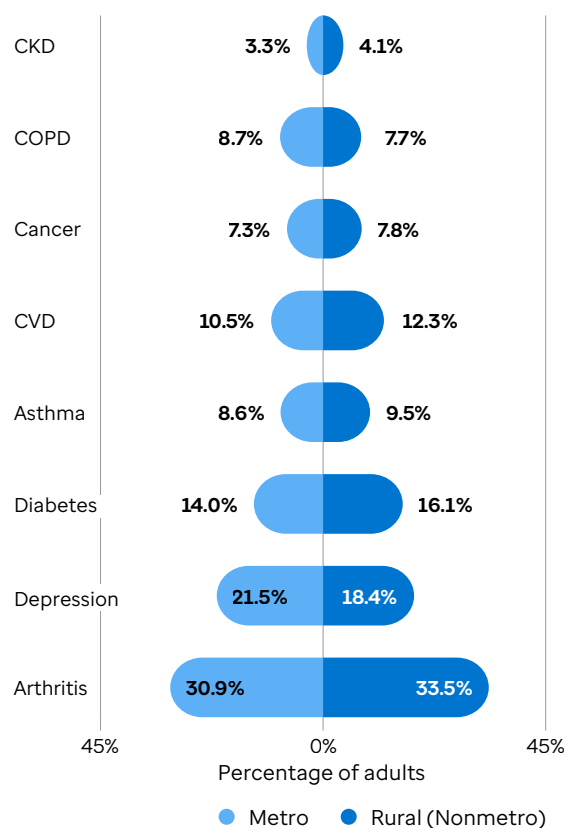
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Mississippi

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>46</b>	<b>-0.775</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	50	28.7	14.0
	Homicide (Deaths per 100,000 population)	50	18.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	27	\$119	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	48	98	—
	Food Insecurity (% of households)	47	16.2%	12.2%
	Income Inequality (80:20 ratio)	46	5.17	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	16	32.0%	30.5%
	High School Completion (% of adults age 25+)	45	88.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	31	16.1%	14.1%
	High-Speed Internet (% of households)	50	90.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	3	51	—
	Volunteerism (% of population age 16+)	45	20.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	33	57.7%	58.8%
<b>Physical Environment</b>		<b>34</b>	<b>0.075</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	30	8.3	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	41	47.3%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	49	2.6%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	1	3.5	22.6
	Housing Cost Burden (% of households)*	11	26.3%	32.0%
	Housing With Lead Risk (% of housing stock)	10	9.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	28	14.3%	16.8%
<b>Clinical Care</b>		<b>47</b>	<b>-0.884</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	43	14.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	47	48.2	66.3
	Mental Health Providers (Providers per 100,000 population)	40	251.0	362.6
	Primary Care Providers (Providers per 100,000 population)	32	286.5	291.4
	Uninsured (% of total population)	40	9.7%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	36	61.8%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	34	64.8%	66.9%
	Dental Visit (% of adults)	38	64.1%	67.5%
	Flu Vaccination (% of adults)	49	33.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	50	39.1%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	30	83.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	42	3,266	2,768
<b>Behaviors</b>		<b>49</b>	<b>-1.407</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	46	23.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	48	4.1%	7.4%
	Physical Inactivity (% of adults)	49	30.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	49	700.9	492.2
	High-Risk HIV Behaviors (% of adults)	49	7.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	50	24.9	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	38	37.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	26	8.2%	8.0%
	Smoking (% of adults)	38	13.8%	11.6%
<b>Health Outcomes</b>		<b>44</b>	<b>-0.519</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	15	23.9	31.4
	Excessive Drinking (% of adults)	7	14.6%	17.0%
	Frequent Mental Distress (% of adults)	7	13.5%	15.6%
	Non-Medical Drug Use (% of adults)	38	17.7%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	50	12,071	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	33	13.9%	13.0%
	Low Birth Weight (% of live births)	50	12.5%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	36	13.4%	11.3%
	Obesity (% of adults)	48	40.4%	34.2%
<b>Overall</b>		<b>48</b>	<b>-0.769</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low prevalence of high-risk HIV behaviors

### Challenges

- High premature death rate
- High prevalence of cigarette smoking
- High homicide rate

### Key Findings

#### Fourth Grade Reading Proficiency

20%▼

from 34.2% to 27.2% of public school fourth graders between 2019 and 2024.

#### Colorectal Cancer Screening

12%▲

from 62.4% to 69.8% of adults ages 45-75 between 2022 and 2024.

#### Firearm Deaths

11%▼

from 24.1 to 21.4 deaths per 100,000 population between 2022 and 2023.

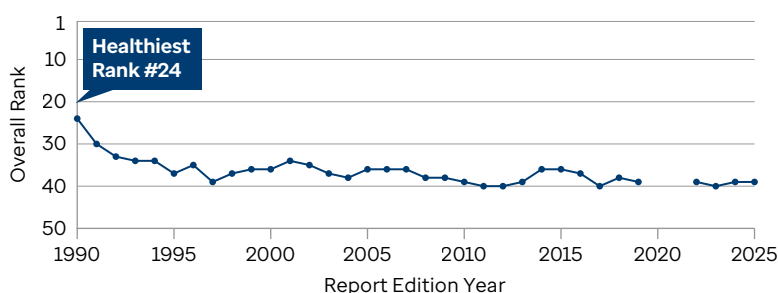
#### Homelessness

8%▲

from 10.8 to 11.7 people per 10,000 population between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Missouri

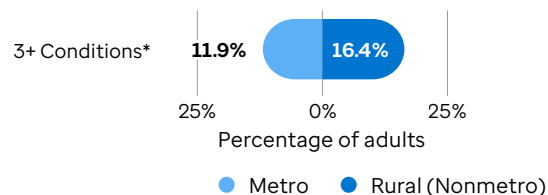
#### Rural Population in 2023

30.8%

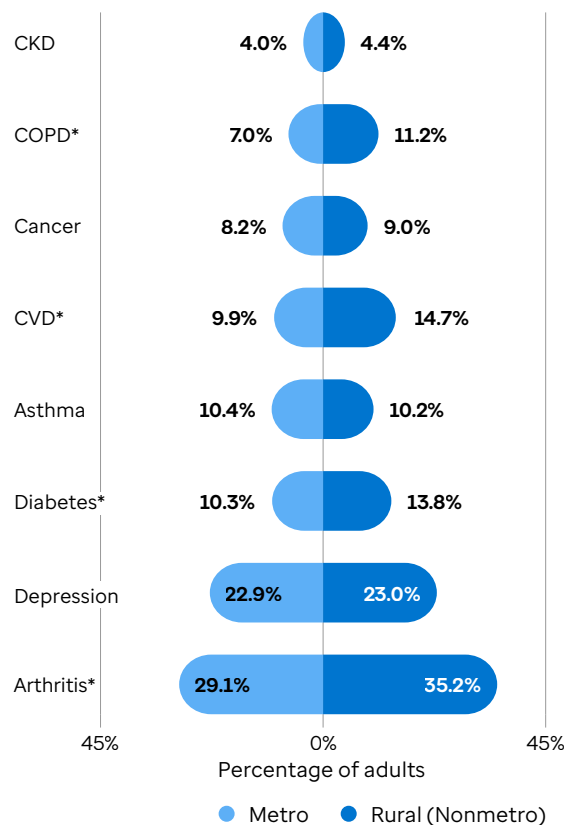
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Missouri

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>40</b>	<b>-0.306</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	41	21.4	14.0
	Homicide (Deaths per 100,000 population)	45	10.5	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	29	4.5	4.2
	Public Health Funding (Dollars per person)	41	\$92	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	25	51	—
	Food Insecurity (% of households)	35	12.7%	12.2%
	Income Inequality (80:20 ratio)	21	4.51	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	41	272%	30.5%
	High School Completion (% of adults age 25+)	22	92.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	37	178%	14.1%
	High-Speed Internet (% of households)	39	93.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	40	71	—
	Volunteerism (% of population age 16+)	30	29.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	21	61.2%	58.8%
<b>Physical Environment</b>		<b>26</b>	<b>0.230</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	16	76	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	25	76.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	30	12.1%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	25	11.7	22.6
	Housing Cost Burden (% of households)*	10	26.1%	32.0%
	Housing With Lead Risk (% of housing stock)	31	176%	16.1%
	Severe Housing Problems (% of occupied housing units)	13	12.8%	16.8%
<b>Clinical Care</b>		<b>32</b>	<b>-0.226</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	35	58.9	66.3
	Mental Health Providers (Providers per 100,000 population)	36	289.8	362.6
	Primary Care Providers (Providers per 100,000 population)	28	296.9	291.4
	Uninsured (% of total population)	27	7.7%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	33	63.3%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	19	68.6%	66.9%
	Dental Visit (% of adults)	36	65.0%	67.5%
	Flu Vaccination (% of adults)	31	39.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	45	52.7%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	26	83.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	34	3,036	2,768
<b>Behaviors</b>		<b>42</b>	<b>-0.536</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	45	23.7%	30.4%
	Fruit and Vegetable Consumption (% of adults)	45	5.1%	7.4%
	Physical Inactivity (% of adults)	38	24.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	33	498.6	492.2
	High-Risk HIV Behaviors (% of adults)	2	4.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	36	15.9	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	31	36.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	26	8.2%	8.0%
	Smoking (% of adults)	44	14.7%	11.6%
<b>Health Outcomes</b>		<b>36</b>	<b>-0.311</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	27	32.1	31.4
	Excessive Drinking (% of adults)	33	17.7%	17.0%
	Frequent Mental Distress (% of adults)	40	17.5%	15.6%
	Non-Medical Drug Use (% of adults)	14	12.6%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	39	9,303	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	34	1.8	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	31	13.7%	13.0%
	Low Birth Weight (% of live births)	33	8.9%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	45	2.2	2.1
	Multiple Chronic Conditions (% of adults)	35	13.1%	11.3%
	Obesity (% of adults)	29	34.6%	34.2%
<b>Overall</b>		<b>39</b>	<b>-0.288</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of obesity
- High prevalence of high school completion
- Low incidence of chlamydia

### Challenges

- High prevalence of excessive drinking
- Low prevalence of households with high-speed internet
- High prevalence of adults using e-cigarettes

### Key Findings

#### Avoided Care Due to Cost

**24%**▲

from 9.7% to 12.0% of adults  
between 2023 and 2024.

#### Smoking

**20%**▼

from 15.2% to 12.2%  
of adults between 2022  
and 2024.

#### Arthritis

**10%**▲

from 27.5% to 30.2%  
of adults between 2021  
and 2024.

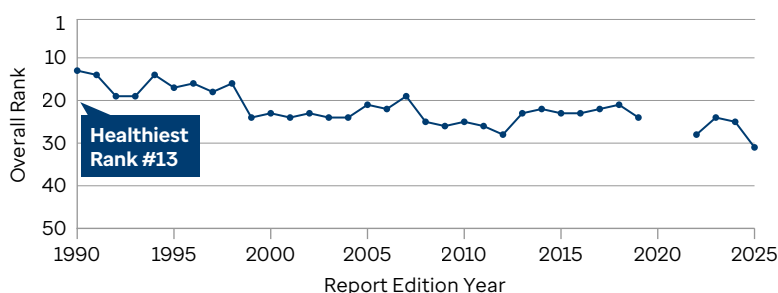
#### Cancer Screenings

**9%**▲

from 56.1% to 61.0%  
of adults ages 40-75  
between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Montana

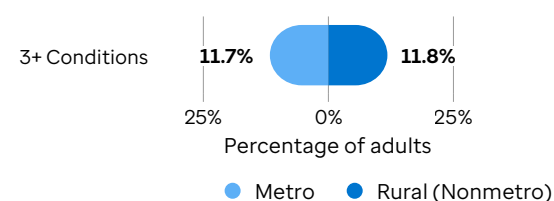
#### Rural Population in 2023

**47.1%**

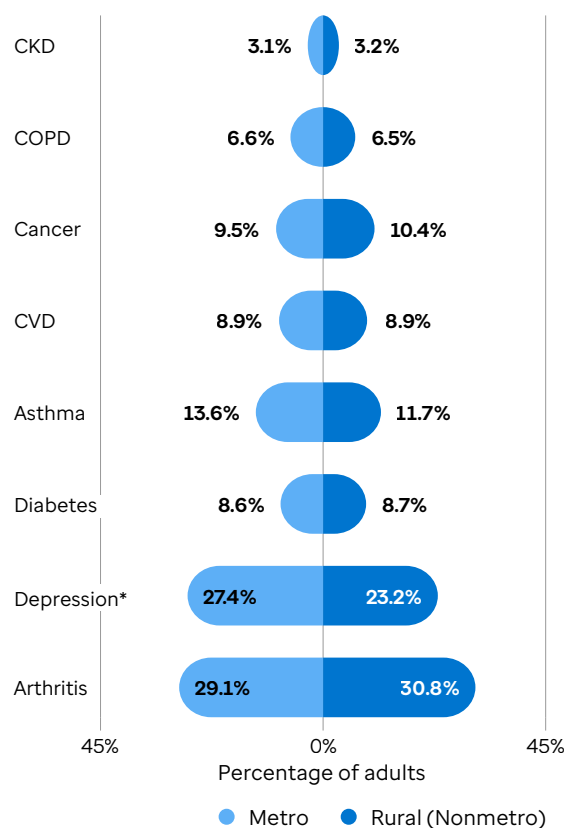
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Montana

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>26</b>	<b>0.074</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	42	21.8	14.0
	Homicide (Deaths per 100,000 population)	18	4.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.0	4.2
	Public Health Funding (Dollars per person)	15	\$143	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	14	36	—
	Food Insecurity (% of households)	17	10.6%	12.2%
	Income Inequality (80:20 ratio)	11	4.25	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	18	31.9%	30.5%
	High School Completion (% of adults age 25+)	4	94.6%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	49	22.6%	14.1%
	High-Speed Internet (% of households)	42	92.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	50	80	—
	Volunteerism (% of population age 16+)	8	372%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	14	62.9%	58.8%
<b>Physical Environment</b>		<b>33</b>	<b>0.123</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	10	6.5	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	46	32.8%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	7	574%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	35	17.7	22.6
	Housing Cost Burden (% of households)*	26	27.9%	32.0%
	Housing With Lead Risk (% of housing stock)	27	15.8%	16.1%
	Severe Housing Problems (% of occupied housing units)	23	13.8%	16.8%
<b>Clinical Care</b>		<b>35</b>	<b>-0.343</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	31	12.0%	11.5%
	Dental Care Providers (Providers per 100,000 population)	19	674	66.3
	Mental Health Providers (Providers per 100,000 population)	13	448.9	362.6
	Primary Care Providers (Providers per 100,000 population)	26	304.0	291.4
	Uninsured (% of total population)	36	8.8%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	39	61.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	50	57.8%	66.9%
	Dental Visit (% of adults)	28	66.8%	67.5%
	Flu Vaccination (% of adults)	40	36.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	33	59.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	44	79.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	5	1,734	2,768
<b>Behaviors</b>		<b>18</b>	<b>0.224</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	8	32.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	27	7.0%	7.4%
	Physical Inactivity (% of adults)	10	19.1%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	8	322.6	492.2
	High-Risk HIV Behaviors (% of adults)	36	5.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	24	11.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	7	31.7%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	41	9.5%	8.0%
	Smoking (% of adults)	29	12.2%	11.6%
<b>Health Outcomes</b>		<b>37</b>	<b>-0.328</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	5	16.6	31.4
	Excessive Drinking (% of adults)	49	22.5%	17.0%
	Frequent Mental Distress (% of adults)	33	16.3%	15.6%
	Non-Medical Drug Use (% of adults)	34	17.2%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	26	7,966	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	46	3.4	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	39	14.5%	13.0%
	Low Birth Weight (% of live births)	15	7.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	29	11.7%	11.3%
	Obesity (% of adults)	9	31.0%	34.2%
<b>Overall</b>		<b>31</b>	<b>-0.054</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.



## Summary

### Strengths

- Low prevalence of non-medical drug use
- Low prevalence of frequent physical distress
- High volunteerism rate

### Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low prevalence of adults with a dedicated health care provider

### Key Findings

#### Unemployment

**48%**▲

from 2.3% to 3.4% of civilian workers age 16 and older between 2022 and 2024.

#### Depression

**16%**▲

from 16.2% to 18.8% of adults between 2019 and 2024.

#### Physical Inactivity

**13%**▼

from 24.7% to 21.6% of adults between 2022 and 2024.

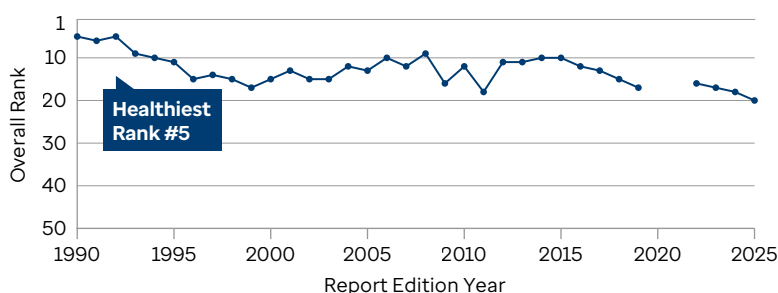
#### Smoking

**12%**▼

from 13.9% to 12.2% of adults between 2020 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Nebraska

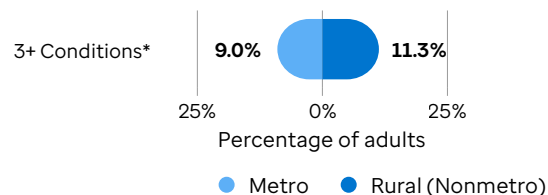
#### Rural Population in 2023

**28.1%**

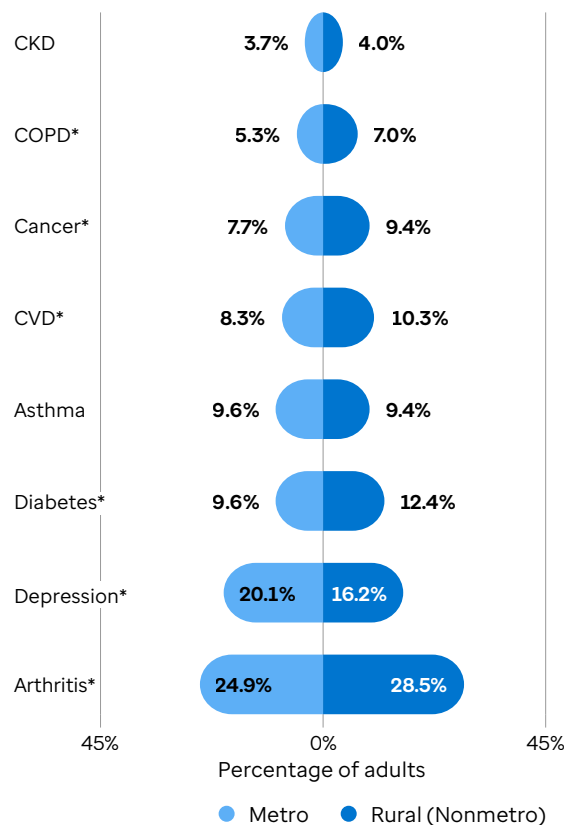
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Nebraska

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>18</b>	<b>0.360</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	11	10.8	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	30	\$118	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	21	49	—
	Food Insecurity (% of households)	39	12.9%	12.2%
	Income Inequality (80:20 ratio)	9	4.20	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	37	28.0%	30.5%
	High School Completion (% of adults age 25+)	15	92.6%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	12	12.7%	14.1%
	High-Speed Internet (% of households)	29	94.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	30	65	—
	Volunteerism (% of population age 16+)	3	40.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	30	58.1%	58.8%
<b>Physical Environment</b>		<b>24</b>	<b>0.273</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	11	6.6	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	27	74.2%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	16	35.9%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	30	13.6	22.6
	Housing Cost Burden (% of households)*	25	27.8%	32.0%
	Housing With Lead Risk (% of housing stock)	37	20.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	7	12.3%	16.8%
<b>Clinical Care</b>		<b>24</b>	<b>0.023</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	23	11.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	12	74.4	66.3
	Mental Health Providers (Providers per 100,000 population)	22	380.7	362.6
	Primary Care Providers (Providers per 100,000 population)	17	320.4	291.4
	Uninsured (% of total population)	25	7.1%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	22	65.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	47	61.2%	66.9%
	Dental Visit (% of adults)	24	67.6%	67.5%
	Flu Vaccination (% of adults)	22	42.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	28	64.1%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	38	81.1%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	17	2,470	2,768
<b>Behaviors</b>		<b>21</b>	<b>0.131</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	35	28.2%	30.4%
	Fruit and Vegetable Consumption (% of adults)	29	6.9%	7.4%
	Physical Inactivity (% of adults)	20	21.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	25	468.8	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	28	13.1	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	4	30.6%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	29	8.3%	8.0%
	Smoking (% of adults)	29	12.2%	11.6%
<b>Health Outcomes</b>		<b>23</b>	<b>0.126</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	1	8.7	31.4
	Excessive Drinking (% of adults)	46	20.5%	17.0%
	Frequent Mental Distress (% of adults)	6	13.4%	15.6%
	Non-Medical Drug Use (% of adults)	9	11.6%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	12	7,005	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	44	2.8	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	5	11.3%	13.0%
	Low Birth Weight (% of live births)	20	8.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	9	9.8%	11.3%
	Obesity (% of adults)	42	37.6%	34.2%
<b>Overall</b>		<b>20</b>	<b>0.197</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of obesity
- High prevalence of households with high-speed internet
- Three or more of four climate policies in place

### Challenges

- High prevalence of non-medical drug use
- High economic hardship index score
- Low prevalence of cancer screenings

### Key Findings

#### Unemployment

**37%**▲

from 4.6% to 6.3% of civilian workers age 16 and older between 2023 and 2024.

#### Drug Deaths

**27%**▲

from 31.6 to 40.1 deaths per 100,000 population between 2022 and 2023.

#### Smoking

**24%**▼

from 15.7% to 11.9% of adults between 2019 and 2024.

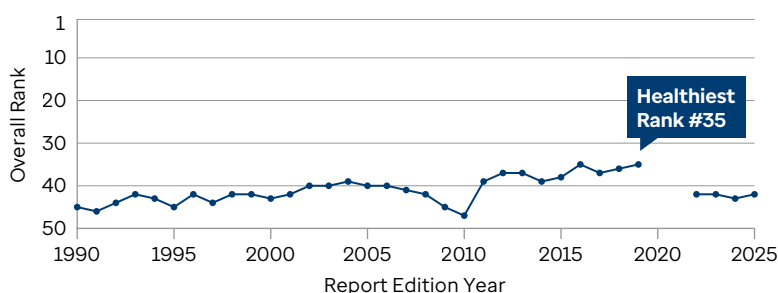
#### Air Pollution

**19%**▼

from 10.4 to 8.4 micrograms of fine particulate per cubic meter between 2020-2022 and 2022-2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Nevada

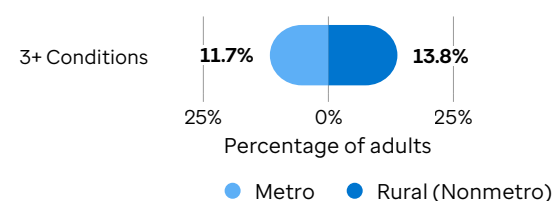
#### Rural Population in 2023

**6.2%**

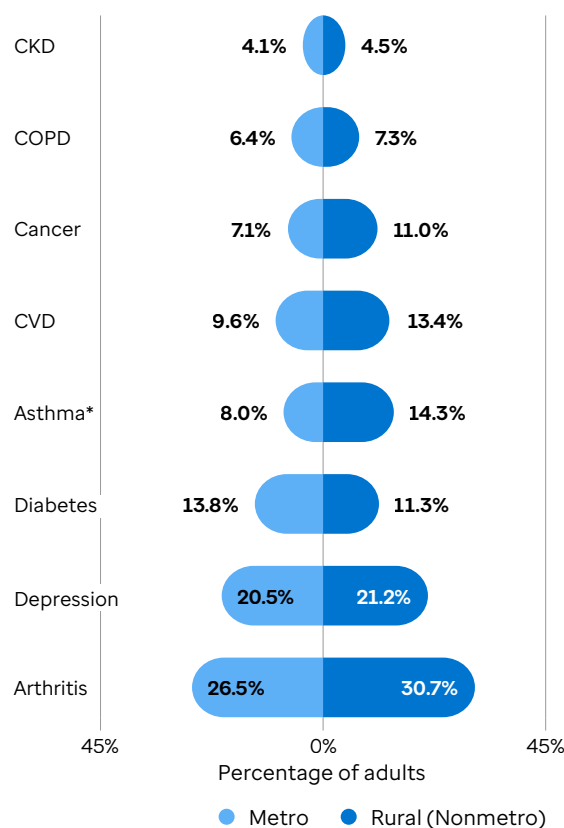
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Nevada

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>34</b>	<b>-0.147</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	39	19.3	14.0
	Homicide (Deaths per 100,000 population)	33	7.2	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	50	\$66	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	42	79	—
	Food Insecurity (% of households)	34	12.5%	12.2%
	Income Inequality (80:20 ratio)	17	4.39	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	31	30.0%	30.5%
	High School Completion (% of adults age 25+)	48	87.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	21	14.6%	14.1%
	High-Speed Internet (% of households)	1	96.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	5	54	—
	Volunteerism (% of population age 16+)	49	18.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	27	58.9%	58.8%
<b>Physical Environment</b>		<b>38</b>	<b>0.047</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	48	4.2	2.5
	Water Fluoridation (% of population served by community water systems)	27	74.2%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	14	40.2%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	41	30.9	22.6
	Housing Cost Burden (% of households)*	47	37.7%	32.0%
	Housing With Lead Risk (% of housing stock)	1	4.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	45	19.3%	16.8%
<b>Clinical Care</b>		<b>49</b>	<b>-1.140</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	48	16.7%	11.5%
	Dental Care Providers (Providers per 100,000 population)	28	61.0	66.3
	Mental Health Providers (Providers per 100,000 population)	35	290.2	362.6
	Primary Care Providers (Providers per 100,000 population)	49	235.6	291.4
	Uninsured (% of total population)	47	11.4%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	47	56.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	43	63.1%	66.9%
	Dental Visit (% of adults)	39	63.7%	67.5%
	Flu Vaccination (% of adults)	48	33.1%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	41	56.1%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	48	73.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	25	2,653	2,768
<b>Behaviors</b>		<b>39</b>	<b>-0.384</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	17	31.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	43	5.7%	7.4%
	Physical Inactivity (% of adults)	35	23.2%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	32	493.6	492.2
	High-Risk HIV Behaviors (% of adults)	36	5.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	28	13.1	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	45	38.9%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	38	9.3%	8.0%
	Smoking (% of adults)	26	11.9%	11.6%
<b>Health Outcomes</b>		<b>42</b>	<b>-0.438</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	37	40.1	31.4
	Excessive Drinking (% of adults)	25	16.9%	17.0%
	Frequent Mental Distress (% of adults)	42	18.1%	15.6%
	Non-Medical Drug Use (% of adults)	50	24.9%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	33	8,529	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	37	14.4%	13.0%
	Low Birth Weight (% of live births)	41	9.5%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	30	11.9%	11.3%
	Obesity (% of adults)	24	34.2%	34.2%
<b>Overall</b>		<b>42</b>	<b>-0.396</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low prevalence of adults using e-cigarettes

### Challenges

- High prevalence of excessive drinking
- High Black/white residential segregation
- Low per capita public health funding

### Key Findings

#### Cancer Screenings

**24%**▲

from 57.9% to 71.7%  
of adults ages 40-75  
between 2022 and 2024.

#### Arthritis

**13%**▲

from 25.0% to 28.2%  
of adults between 2020  
and 2024.

#### Homelessness

**9%**▼

from 17.4 to 15.9 people  
per 10,000 population  
between 2023 and 2024.

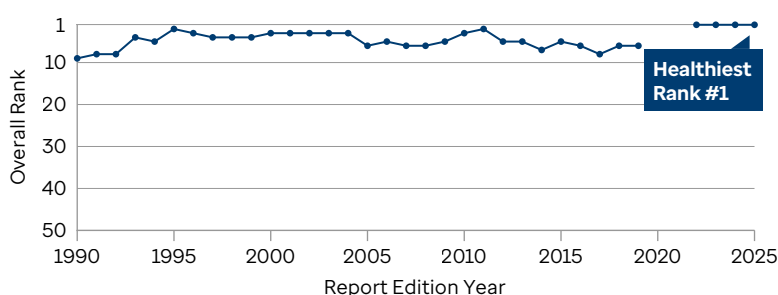
#### High Health Status

**8%**▼

from 57.3% to 52.6%  
of adults between 2021  
and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in New Hampshire

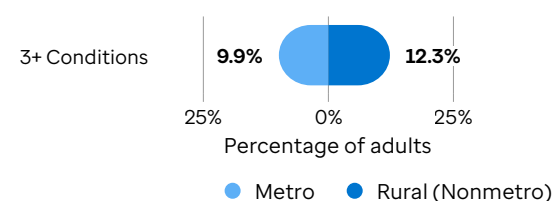
#### Rural Population in 2023

**42.4%**

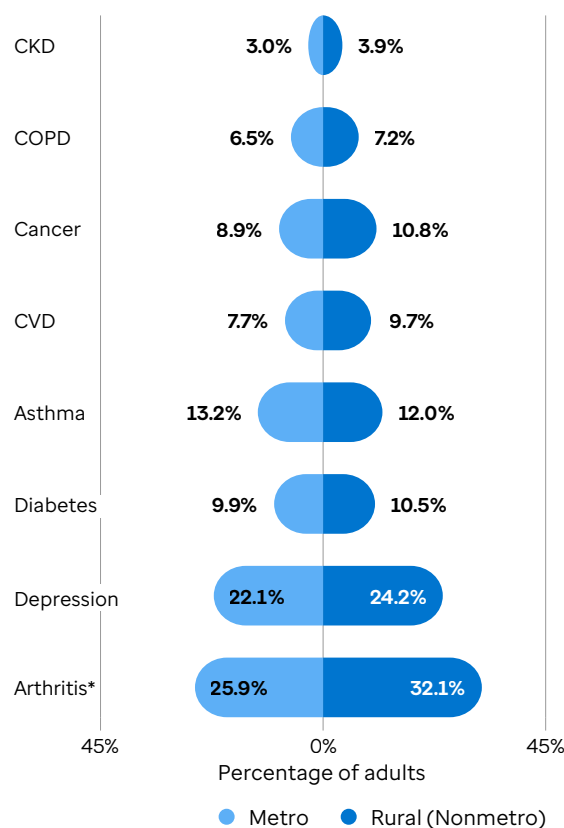
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | New Hampshire

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>1</b>	<b>0.927</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	9	10.2	14.0
	Homicide (Deaths per 100,000 population)	1	1.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	16	4.0	4.2
	Public Health Funding (Dollars per person)	32	\$109	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	1	1	—
	Food Insecurity (% of households)	1	74%	12.2%
	Income Inequality (80:20 ratio)	19	4.44	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	4	36.2%	30.5%
	High School Completion (% of adults age 25+)	1	95.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	23	14.7%	14.1%
	High-Speed Internet (% of households)	1	96.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	38	70	—
	Volunteerism (% of population age 16+)	31	29.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	7	65.5%	58.8%
<b>Physical Environment</b>		<b>9</b>	<b>0.513</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	3	5.0	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	42	45.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	31	11.8%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	33	15.9	22.6
	Housing Cost Burden (% of households)*	33	30.5%	32.0%
	Housing With Lead Risk (% of housing stock)	33	19.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	21	13.5%	16.8%
<b>Clinical Care</b>		<b>3</b>	<b>1.304</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	6	8.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	16	69.5	66.3
	Mental Health Providers (Providers per 100,000 population)	15	440.3	362.6
	Primary Care Providers (Providers per 100,000 population)	4	370.7	291.4
	Uninsured (% of total population)	4	4.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	4	71.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	3	77.2%	66.9%
	Dental Visit (% of adults)	5	72.2%	67.5%
	Flu Vaccination (% of adults)	4	50.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	4	72.2%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	1	91.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	19	2,500	2,768
<b>Behaviors</b>		<b>2</b>	<b>1.214</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	5	33.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	4	11.1%	7.4%
	Physical Inactivity (% of adults)	7	18.6%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	1	196.6	492.2
	High-Risk HIV Behaviors (% of adults)	17	5.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	1	4.6	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	16	33.0%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	4	5.7%	8.0%
	Smoking (% of adults)	9	9.1%	11.6%
<b>Health Outcomes</b>		<b>2</b>	<b>0.889</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	23	31.4	31.4
	Excessive Drinking (% of adults)	32	176%	170%
	Frequent Mental Distress (% of adults)	18	15.0%	15.6%
	Non-Medical Drug Use (% of adults)	2	7.2%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	10	6,577	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	1	0.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	8	11.5%	13.0%
	Low Birth Weight (% of live births)	2	6.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	20	10.8%	11.3%
	Obesity (% of adults)	11	31.1%	34.2%
<b>Overall</b>		<b>1</b>	<b>0.990</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of frequent mental distress
- Low prevalence of obesity
- Low prevalence of cigarette smoking

### Challenges

- Low volunteerism rate
- High prevalence of physical inactivity
- Low number of primary care providers per 100,000 population

### Key Findings

#### Colorectal Cancer Screening

29%▲

from 55.9% to 72.3% of adults ages 45-75 between 2022 and 2024.

#### Homicide

26%▼

from 4.2 to 3.1 deaths per 100,000 population between 2020-2021 and 2022-2023.

#### Homelessness

22%▲

from 11.0 to 13.4 people per 10,000 population between 2023 and 2024.

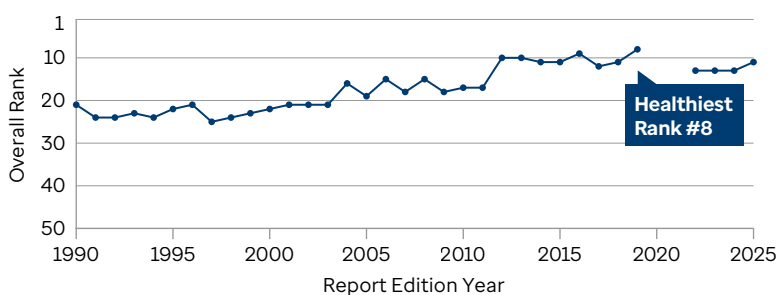
#### Unemployment

15%▲

from 4.7% to 5.4% of civilian workers age 16 and older between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in New Jersey

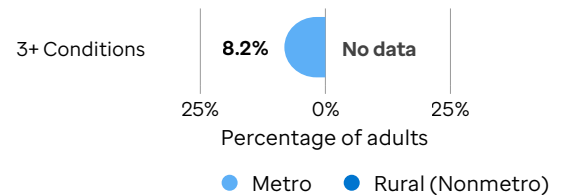
#### Rural Population in 2023

6.3%

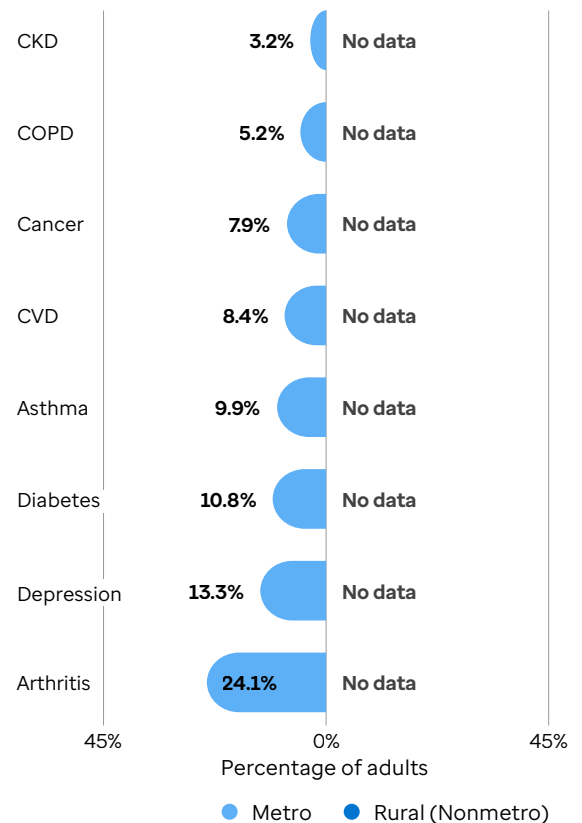
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | New Jersey

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>10</b>	<b>0.539</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	2	4.6	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	5	3.5	4.2
	Public Health Funding (Dollars per person)	38	\$95	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	19	48	—
	Food Insecurity (% of households)	10	9.8%	12.2%
	Income Inequality (80:20 ratio)	36	4.80	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	2	38.3%	30.5%
	High School Completion (% of adults age 25+)	34	90.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	2	10.5%	14.1%
	High-Speed Internet (% of households)	7	95.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	33	67	—
	Volunteerism (% of population age 16+)	38	25.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	20	61.5%	58.8%
<b>Physical Environment</b>		<b>45</b>	<b>-0.155</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	25	79	8.8
	Drinking Water Violations (Average violations per community water system)	9	1.5	2.5
	Water Fluoridation (% of population served by community water systems)	49	16.2%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	46	3.8%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	28	13.4	22.6
	Housing Cost Burden (% of households)*	44	35.8%	32.0%
	Housing With Lead Risk (% of housing stock)	42	22.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	46	19.8%	16.8%
<b>Clinical Care</b>		<b>29</b>	<b>-0.105</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	35	12.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	9	75.1	66.3
	Mental Health Providers (Providers per 100,000 population)	28	339.9	362.6
	Primary Care Providers (Providers per 100,000 population)	46	245.6	291.4
	Uninsured (% of total population)	27	7.7%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	16	66.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	41	63.7%	66.9%
	Dental Visit (% of adults)	8	70.7%	67.5%
	Flu Vaccination (% of adults)	19	42.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	38	58.6%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	21	84.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	41	3,188	2,768
<b>Behaviors</b>		<b>4</b>	<b>0.847</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	15	31.3%	30.4%
	Fruit and Vegetable Consumption (% of adults)	3	11.4%	7.4%
	Physical Inactivity (% of adults)	32	22.8%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	14	384.1	492.2
	High-Risk HIV Behaviors (% of adults)	1	4.5%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	6	7.5	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	35	37.4%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	6	6.1%	8.0%
	Smoking (% of adults)	6	8.6%	11.6%
<b>Health Outcomes</b>		<b>3</b>	<b>0.852</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	19	28.9	31.4
	Excessive Drinking (% of adults)	15	16.1%	17.0%
	Frequent Mental Distress (% of adults)	4	13.2%	15.6%
	Non-Medical Drug Use (% of adults)	7	11.2%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	2	5,882	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	34	1.8	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	10	11.8%	13.0%
	Low Birth Weight (% of live births)	17	7.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	2	8.2%	11.3%
	Obesity (% of adults)	4	27.7%	34.2%
<b>Overall</b>		<b>11</b>	<b>0.513</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of multiple chronic conditions
- High number of mental health providers per 100,000 population
- Low levels of air pollution

### Challenges

- High economic hardship index score
- High prevalence of frequent mental distress
- Low prevalence of cancer screenings

### Key Findings

#### Volunteerism

27% ▼

from 27.7% to 20.3% of people age 16 and older between 2019 and 2023.

#### Smoking

25% ▼

from 16.1% to 12.0% of adults between 2020 and 2024.

#### Homelessness

19% ▲

from 18.2 to 21.7 people per 10,000 population between 2023 and 2024.

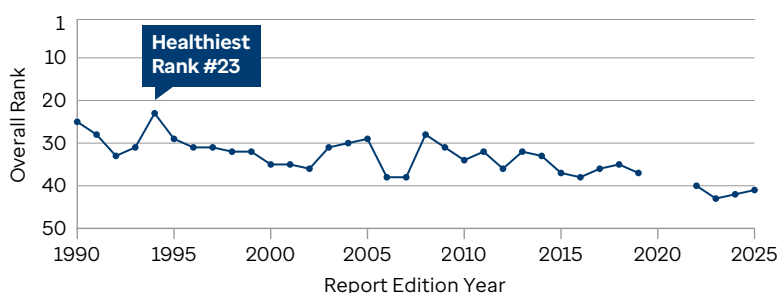
#### Colorectal Cancer Screening

11% ▲

from 55.3% to 61.4% of adults ages 45-75 between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in New Mexico

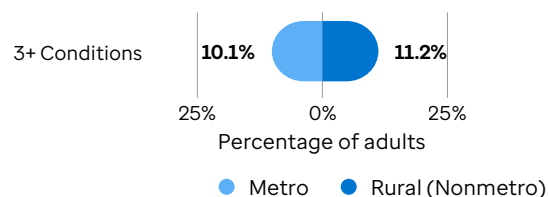
#### Rural Population in 2023

24.7%

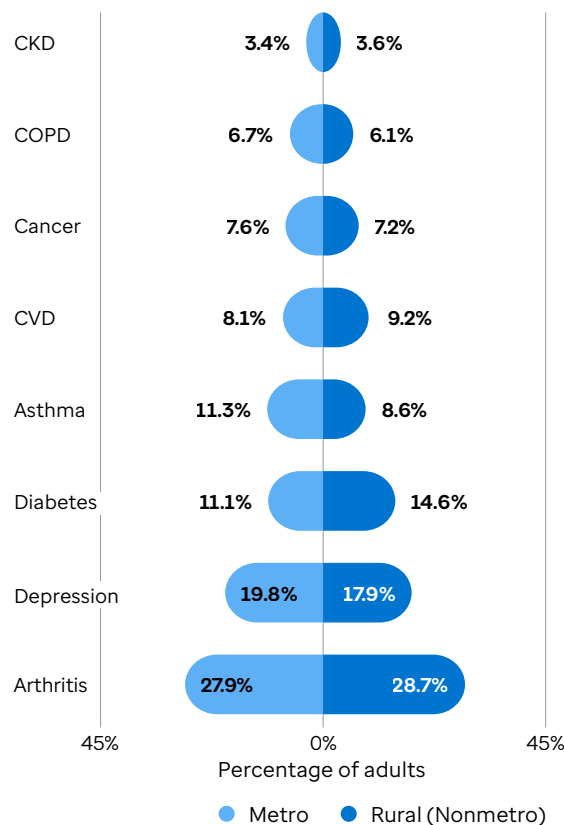
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | New Mexico

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>49</b>	<b>-0.959</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	47	25.1	14.0
	Homicide (Deaths per 100,000 population)	47	13.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	50	76	4.2
	Public Health Funding (Dollars per person)	3	\$300	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	48	98	—
	Food Insecurity (% of households)	39	12.9%	12.2%
	Income Inequality (80:20 ratio)	45	5.15	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	50	20.3%	30.5%
	High School Completion (% of adults age 25+)	47	87.9%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	43	19.0%	14.1%
	High-Speed Internet (% of households)	48	92.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population age 16+)	47	20.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	23	60.1%	58.8%
<b>Physical Environment</b>		<b>16</b>	<b>0.410</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	5	5.9	8.8
	Drinking Water Violations (Average violations per community water system)	46	3.6	2.5
	Water Fluoridation (% of population served by community water systems)	23	76.6%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	10	49.4%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	39	21.7	22.6
	Housing Cost Burden (% of households)*	14	26.7%	32.0%
	Housing With Lead Risk (% of housing stock)	16	11.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	37	16.5%	16.8%
<b>Clinical Care</b>		<b>33</b>	<b>-0.247</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	34	12.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	24	63.3	66.3
	Mental Health Providers (Providers per 100,000 population)	11	499.8	362.6
	Primary Care Providers (Providers per 100,000 population)	28	296.9	291.4
	Uninsured (% of total population)	42	10.1%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	48	55.3%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	22	68.2%	66.9%
	Dental Visit (% of adults)	29	66.4%	67.5%
	Flu Vaccination (% of adults)	16	43.1%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	20	66.7%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	49	71.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	10	2,003	2,768
<b>Behaviors</b>		<b>25</b>	<b>-0.034</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	24	30.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	36	523.6	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	41	17.9	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	13	32.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	26	8.2%	8.0%
	Smoking (% of adults)	28	12.0%	11.6%
<b>Health Outcomes</b>		<b>35</b>	<b>-0.293</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	45	47.0	31.4
	Excessive Drinking (% of adults)	18	16.3%	17.0%
	Frequent Mental Distress (% of adults)	43	18.2%	15.6%
	Non-Medical Drug Use (% of adults)	20	13.5%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	47	11,242	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	40	2.4	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	39	14.5%	13.0%
	Low Birth Weight (% of live births)	43	9.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	5	1.5	2.1
	Multiple Chronic Conditions (% of adults)	18	10.5%	11.3%
	Obesity (% of adults)	27	34.5%	34.2%
<b>Overall</b>		<b>41</b>	<b>-0.365</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low premature death rate
- Low prevalence of obesity
- Low prevalence of adults using e-cigarettes

### Challenges

- High prevalence of non-medical drug use
- High income inequality
- Low prevalence of high school completion

### Key Findings

#### Homelessness

**51%**▲

from 52.7 to 79.5 people per 10,000 population between 2023 and 2024.

#### Air Pollution

**24%**▲

from 6.3 to 7.8 micrograms of fine particulate per cubic meter between 2018-2020 and 2022-2024.

#### Cancer Screenings

**21%**▲

from 56.0% to 67.5% of adults ages 40-75 between 2022 and 2024.

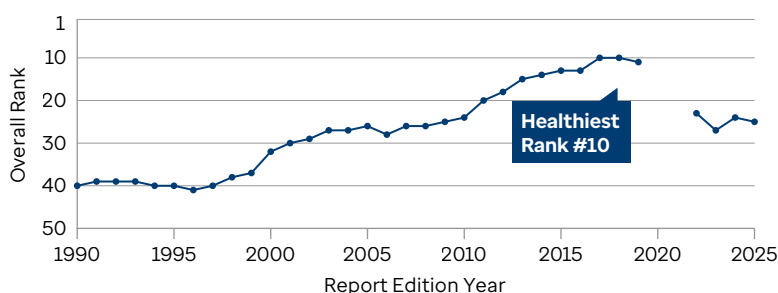
#### Homicide

**20%**▼

from 4.6 to 3.7 deaths per 100,000 population between 2020-2021 and 2022-2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in New York

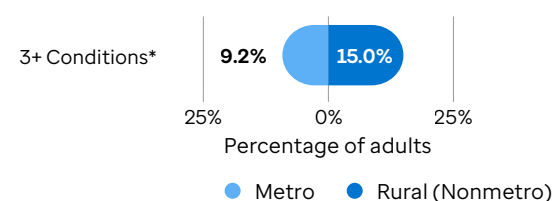
#### Rural Population in 2023

**12.9%**

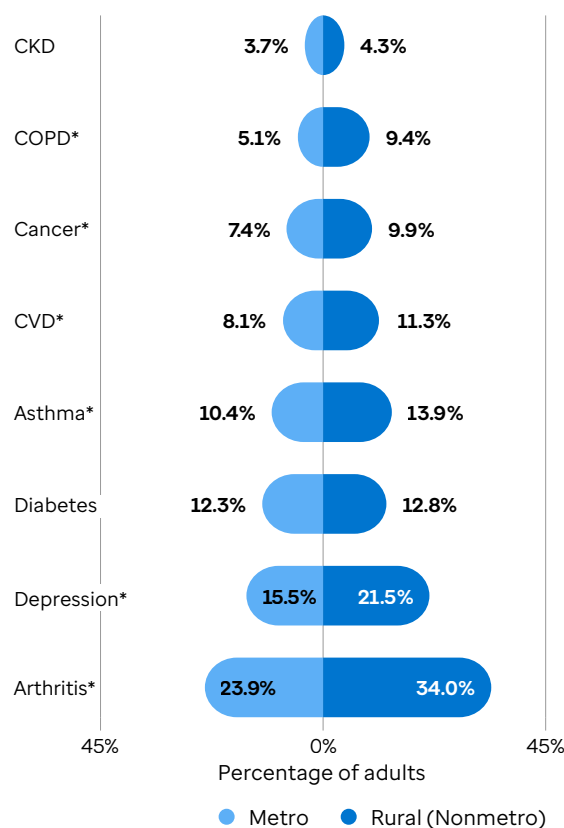
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | New York

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>41</b>	<b>-0.358</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	3	4.8	14.0
	Homicide (Deaths per 100,000 population)	15	3.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	25	4.4	4.2
	Public Health Funding (Dollars per person)	8	\$178	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	39	71	—
	Food Insecurity (% of households)	32	12.3%	12.2%
	Income Inequality (80:20 ratio)	50	5.82	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	24	30.9%	30.5%
	High School Completion (% of adults age 25+)	45	88.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	4	11.5%	14.1%
	High-Speed Internet (% of households)	33	93.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	47	77	—
	Volunteerism (% of population age 16+)	40	25.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	42	54.2%	58.8%
<b>Physical Environment</b>		<b>47</b>	<b>-0.190</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	23	78	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	29	71.7%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	18	29.9%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	49	79.5	22.6
	Housing Cost Burden (% of households)*	46	37.1%	32.0%
	Housing With Lead Risk (% of housing stock)	50	31.7%	16.1%
	Severe Housing Problems (% of occupied housing units)	48	22.5%	16.8%
<b>Clinical Care</b>		<b>11</b>	<b>0.510</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	13	73.0	66.3
	Mental Health Providers (Providers per 100,000 population)	17	412.7	362.6
	Primary Care Providers (Providers per 100,000 population)	11	346.9	291.4
	Uninsured (% of total population)	6	5.0%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	13	67.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	15	69.5%	66.9%
	Dental Visit (% of adults)	25	67.4%	67.5%
	Flu Vaccination (% of adults)	18	42.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	8	70.4%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	16	86.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	31	2,857	2,768
<b>Behaviors</b>		<b>16</b>	<b>0.320</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	21	30.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	2	12.0%	7.4%
	Physical Inactivity (% of adults)	37	24.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	41	558.4	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	9	8.5	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	41	38.4%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	7	6.3%	8.0%
	Smoking (% of adults)	12	9.9%	11.6%
<b>Health Outcomes</b>		<b>13</b>	<b>0.323</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	28	32.3	31.4
	Excessive Drinking (% of adults)	19	16.4%	17.0%
	Frequent Mental Distress (% of adults)	11	14.2%	15.6%
	Non-Medical Drug Use (% of adults)	49	24.4%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	4	6,181	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	21	12.7%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	6	9.6%	11.3%
	Obesity (% of adults)	7	29.5%	34.2%
<b>Overall</b>		<b>25</b>	<b>0.094</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of excessive drinking
- Low prevalence of frequent physical distress
- Low prevalence of adults using e-cigarettes

### Challenges

- High premature death rate
- High percentage of low birth weight infants
- Low volunteerism rate

### Key Findings

#### Smoking

21%▼

from 14.5% to 11.5% of adults between 2022 and 2024.

#### Drug Deaths

19%▼

from 40.3 to 32.5 deaths per 100,000 population between 2022 and 2023.

#### Air Pollution

10%▲

from 7.2 to 7.9 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

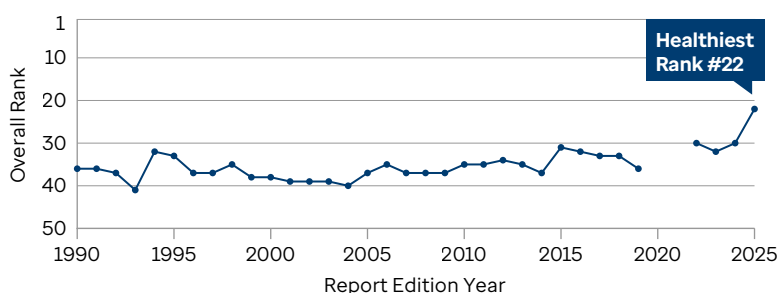
#### Housing Cost Burden

9%▲

from 27.2% to 29.6% of households between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in North Carolina

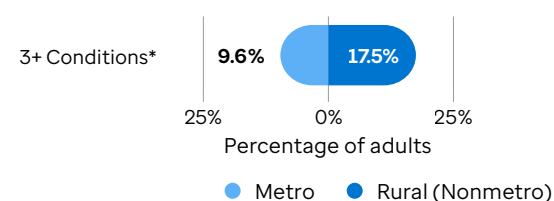
#### Rural Population in 2023

33.3%

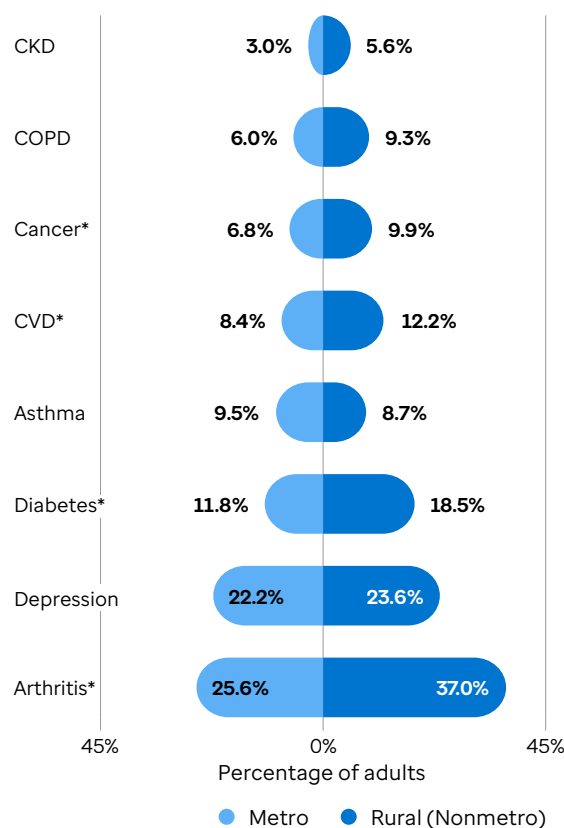
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | North Carolina

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>27</b>	<b>0.058</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	30	16.6	14.0
	Homicide (Deaths per 100,000 population)	38	8.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	32	4.9	4.2
	Public Health Funding (Dollars per person)	45	\$78	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	23	50	—
	Food Insecurity (% of households)	21	10.9%	12.2%
	Income Inequality (80:20 ratio)	32	4.70	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	30	30.1%	30.5%
	High School Completion (% of adults age 25+)	30	90.9%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	18	13.9%	14.1%
	High-Speed Internet (% of households)	20	94.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	5	54	—
	Volunteerism (% of population age 16+)	41	24.9%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	38	55.2%	58.8%
<b>Physical Environment</b>		<b>4</b>	<b>0.720</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	25	79	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	17	88.0%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	29	13.0%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	18	10.5	22.6
	Housing Cost Burden (% of households)*	30	29.6%	32.0%
	Housing With Lead Risk (% of housing stock)	9	9.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	27	14.2%	16.8%
<b>Clinical Care</b>		<b>23</b>	<b>0.091</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	19	11.3%	11.5%
	Dental Care Providers (Providers per 100,000 population)	37	571	66.3
	Mental Health Providers (Providers per 100,000 population)	24	365.8	362.6
	Primary Care Providers (Providers per 100,000 population)	22	316.6	291.4
	Uninsured (% of total population)	35	8.6%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	18	66.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	14	69.7%	66.9%
	Dental Visit (% of adults)	30	66.1%	67.5%
	Flu Vaccination (% of adults)	19	42.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	19	66.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	34	82.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	27	2,723	2,768
<b>Behaviors</b>		<b>31</b>	<b>-0.129</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	42	26.0%	30.4%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	12	20.2%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	44	6079	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	33	14.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	18	34.1%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	17	7.3%	8.0%
	Smoking (% of adults)	24	11.5%	11.6%
<b>Health Outcomes</b>		<b>20</b>	<b>0.190</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	29	32.5	31.4
	Excessive Drinking (% of adults)	5	14.3%	17.0%
	Frequent Mental Distress (% of adults)	15	14.7%	15.6%
	Non-Medical Drug Use (% of adults)	21	14.0%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	38	9,125	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	4	11.2%	13.0%
	Low Birth Weight (% of live births)	40	9.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	25	11.3%	11.3%
	Obesity (% of adults)	27	34.5%	34.2%
<b>Overall</b>		<b>22</b>	<b>0.125</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of frequent physical distress
- Low economic hardship index score
- High prevalence of high school completion

### Challenges

- High prevalence of excessive drinking
- Low prevalence of households with high-speed internet
- Low number of mental health providers per 100,000 population

### Key Findings

#### Air Pollution

66%▲

from 5.0 to 8.3 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

#### Obesity

14%▲

from 32.2% to 36.8% of adults between 2014 and 2024.

#### Colorectal Cancer Screening

13%▲

from 62.7% to 71.1% of adults ages 45-75 between 2022 and 2024.

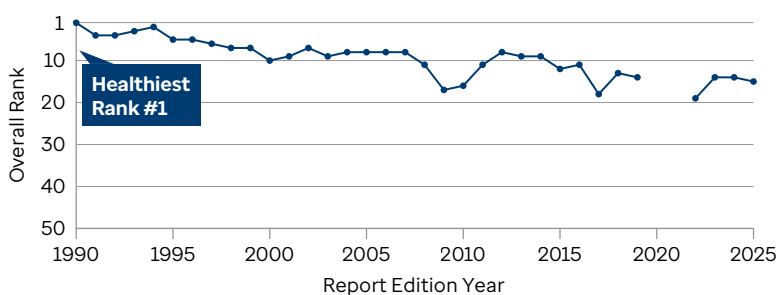
#### Premature Death

10%▼

from 8,444 to 7,617 years lost before age 75 per 100,000 population between 2022 and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in North Dakota

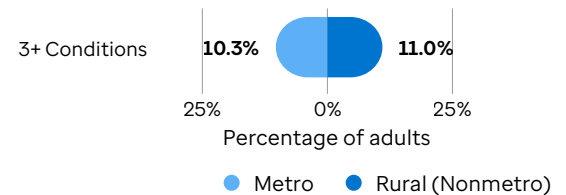
#### Rural Population in 2023

39.3%

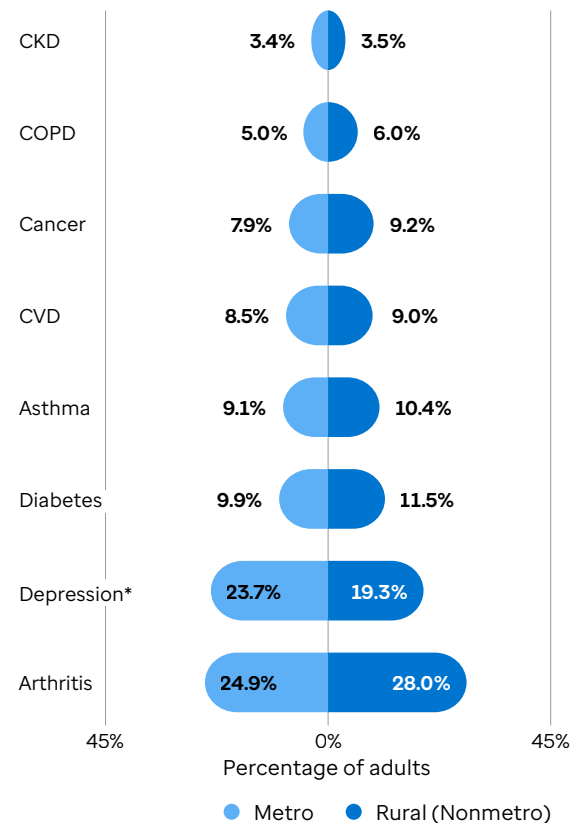
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | North Dakota

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>12</b>	<b>0.489</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	17	13.1	14.0
	Homicide (Deaths per 100,000 population)	11	3.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	42	5.9	4.2
	Public Health Funding (Dollars per person)	10	\$162	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	5	23	—
	Food Insecurity (% of households)	2	8.6%	12.2%
	Income Inequality (80:20 ratio)	8	4.18	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	33	28.7%	30.5%
	High School Completion (% of adults age 25+)	7	94.1%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	35	17.4%	14.1%
	High-Speed Internet (% of households)	42	92.7%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population age 16+)	26	30.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	19	61.6%	58.8%
<b>Physical Environment</b>		<b>8</b>	<b>0.522</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	30	8.3	8.8
	Drinking Water Violations (Average violations per community water system)	4	1.2	2.5
	Water Fluoridation (% of population served by community water systems)	4	96.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	15	39.5%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	20	10.9	22.6
	Housing Cost Burden (% of households)*	2	22.4%	32.0%
	Housing With Lead Risk (% of housing stock)	24	14.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	4	12.0%	16.8%
<b>Clinical Care</b>		<b>13</b>	<b>0.484</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	5	8.2%	11.5%
	Dental Care Providers (Providers per 100,000 population)	23	64.5	66.3
	Mental Health Providers (Providers per 100,000 population)	37	284.2	362.6
	Primary Care Providers (Providers per 100,000 population)	7	352.0	291.4
	Uninsured (% of total population)	17	6.1%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	20	66.0%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	10	71.9%	66.9%
	Dental Visit (% of adults)	20	68.4%	67.5%
	Flu Vaccination (% of adults)	25	40.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	8	70.4%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	22	84.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	36	3,046	2,768
<b>Behaviors</b>		<b>17</b>	<b>0.251</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	19	30.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	22	436.4	492.2
	High-Risk HIV Behaviors (% of adults)	4	4.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	22	11.2	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	17	33.2%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	18	7.6%	8.0%
	Smoking (% of adults)	31	12.3%	11.6%
<b>Health Outcomes</b>		<b>18</b>	<b>0.204</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	4	15.6	31.4
	Excessive Drinking (% of adults)	46	20.5%	17.0%
	Frequent Mental Distress (% of adults)	1	12.6%	15.6%
	Non-Medical Drug Use (% of adults)	11	11.7%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	23	7,617	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	47	3.6	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	1	10.3%	13.0%
	Low Birth Weight (% of live births)	5	7.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	19	10.6%	11.3%
	Obesity (% of adults)	36	36.8%	34.2%
<b>Overall</b>		<b>15</b>	<b>0.373</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- High prevalence of high school completion
- High reading proficiency among fourth grade public school students
- High prevalence of adults with a dedicated health care provider

### Challenges

- High premature death rate
- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions

### Key Findings

#### Physical Inactivity

16%▼

from 26.4% to 22.2% of adults between 2023 and 2024.

#### Air Pollution

13%▲

from 8.7 to 9.8 micrograms of fine particulate per cubic meter between 2019-2021 and 2022-2024.

#### Housing Cost Burden

10%▲

from 24.4% to 26.8% of households between 2019 and 2024.

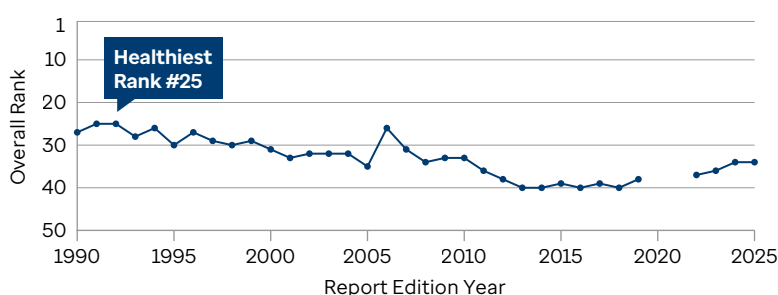
#### Drug Deaths

8%▼

from 43.8 to 40.3 deaths per 100,000 population between 2022 and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Ohio

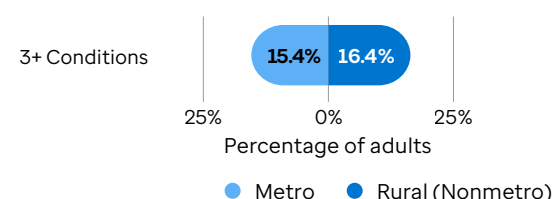
#### Rural Population in 2023

24.0%

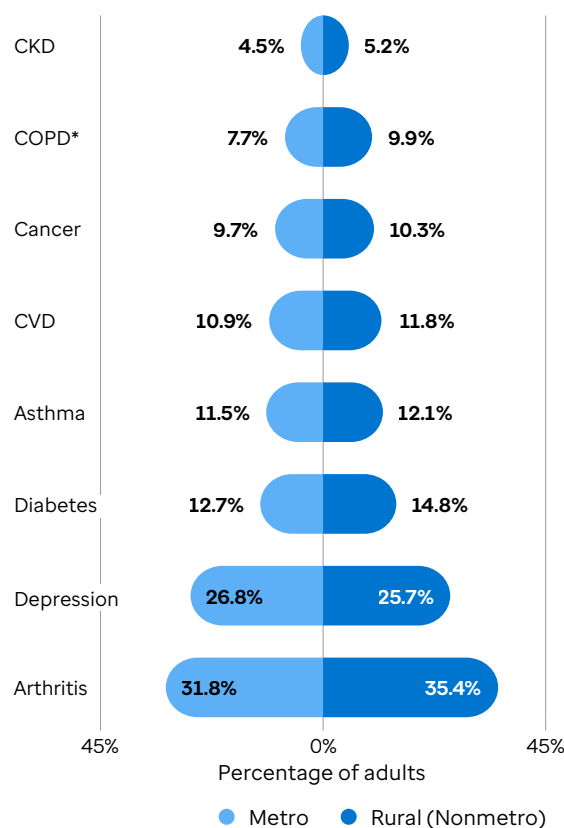
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Ohio

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>31</b>	<b>-0.004</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	26	15.0	14.0
	Homicide (Deaths per 100,000 population)	35	7.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.6	4.2
	Public Health Funding (Dollars per person)	37	\$97	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	28	54	—
	Food Insecurity (% of households)	36	12.8%	12.2%
	Income Inequality (80:20 ratio)	24	4.58	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	15	32.4%	30.5%
	High School Completion (% of adults age 25+)	20	92.2%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	25	15.3%	14.1%
	High-Speed Internet (% of households)	35	93.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	38	70	—
	Volunteerism (% of population age 16+)	27	30.3%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	34	57.6%	58.8%
<b>Physical Environment</b>		<b>31</b>	<b>0.165</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	46	9.8	8.8
	Drinking Water Violations (Average violations per community water system)	5	1.3	2.5
	Water Fluoridation (% of population served by community water systems)	9	92.8%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	44	5.2%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	16	9.9	22.6
	Housing Cost Burden (% of households)*	15	26.8%	32.0%
	Housing With Lead Risk (% of housing stock)	43	23.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	12	12.7%	16.8%
<b>Clinical Care</b>		<b>20</b>	<b>0.238</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	17	10.2%	11.5%
	Dental Care Providers (Providers per 100,000 population)	34	59.2	66.3
	Mental Health Providers (Providers per 100,000 population)	20	394.7	362.6
	Primary Care Providers (Providers per 100,000 population)	19	318.8	291.4
	Uninsured (% of total population)	20	6.7%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	19	66.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	13	69.9%	66.9%
	Dental Visit (% of adults)	34	65.4%	67.5%
	Flu Vaccination (% of adults)	30	39.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	15	67.3%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	8	88.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	38	3,158	2,768
<b>Behaviors</b>		<b>38</b>	<b>-0.370</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	23	30.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	25	7.3%	7.4%
	Physical Inactivity (% of adults)	29	22.2%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	24	461.7	492.2
	High-Risk HIV Behaviors (% of adults)	36	5.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	32	14.6	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	42	38.5%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	36	9.0%	8.0%
	Smoking (% of adults)	41	14.1%	11.6%
<b>Health Outcomes</b>		<b>39</b>	<b>-0.351</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	38	40.3	31.4
	Excessive Drinking (% of adults)	28	17.3%	17.0%
	Frequent Mental Distress (% of adults)	37	17.0%	15.6%
	Non-Medical Drug Use (% of adults)	26	15.5%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	36	8,975	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	23	1.6	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	26	13.2%	13.0%
	Low Birth Weight (% of live births)	30	8.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	46	15.7%	11.3%
	Obesity (% of adults)	38	36.9%	34.2%
<b>Overall</b>		<b>34</b>	<b>-0.111</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of excessive drinking
- Low incidence of chlamydia
- High number of mental health providers per 100,000 population

### Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High prevalence of adults using e-cigarettes

### Key Findings

#### Volunteerism

**33%**▲

from 23.6% to 31.5% of people age 16 and older between 2021 and 2023.

#### Drug Deaths

**27%**▲

from 24.9 to 31.5 deaths per 100,000 population between 2021 and 2023.

#### Cancer Screenings

**18%**▲

from 50.8% to 60.1% of adults ages 40-75 between 2022 and 2024.

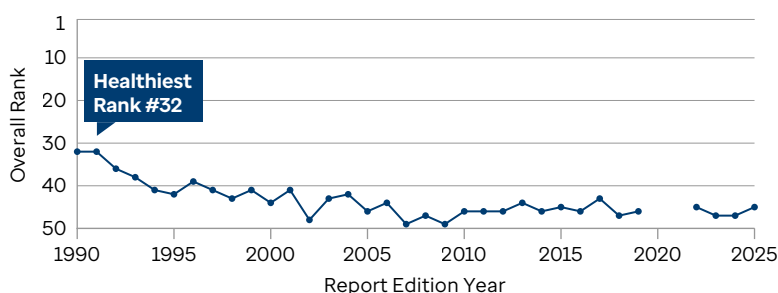
#### Arthritis

**14%**▲

from 27.1% to 30.8% of adults between 2021 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Oklahoma

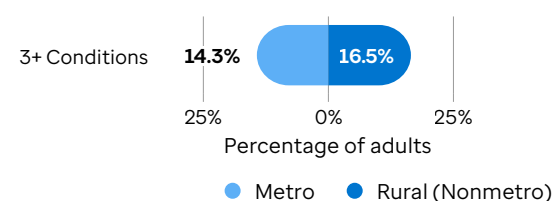
#### Rural Population in 2023

**35.8%**

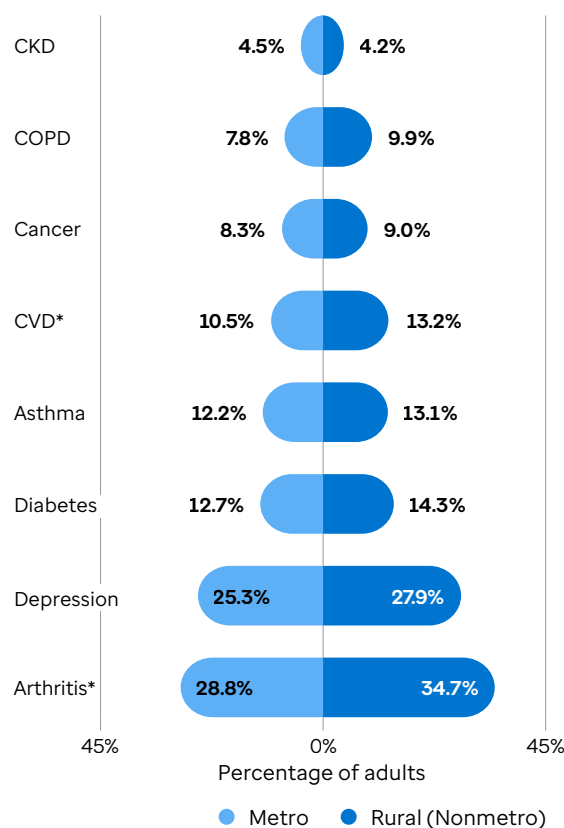
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Oklahoma

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>43</b>	<b>-0.551</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	40	20.1	14.0
	Homicide (Deaths per 100,000 population)	29	6.8	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	37	5.3	4.2
	Public Health Funding (Dollars per person)	15	\$143	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	43	81	—
	Food Insecurity (% of households)	46	15.4%	12.2%
	Income Inequality (80:20 ratio)	29	4.64	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	48	22.7%	30.5%
	High School Completion (% of adults age 25+)	37	90.2%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	39	18.2%	14.1%
	High-Speed Internet (% of households)	33	93.8%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	23	31.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	44	53.4%	58.8%
<b>Physical Environment</b>		<b>46</b>	<b>-0.177</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	37	8.5	8.8
	Drinking Water Violations (Average violations per community water system)	45	3.5	2.5
	Water Fluoridation (% of population served by community water systems)	34	63.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	12	42.5%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	27	13.3	22.6
	Housing Cost Burden (% of households)*	17	26.9%	32.0%
	Housing With Lead Risk (% of housing stock)	21	13.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	21	13.5%	16.8%
<b>Clinical Care</b>		<b>48</b>	<b>-0.897</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	45	14.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	30	60.4	66.3
	Mental Health Providers (Providers per 100,000 population)	12	451.3	362.6
	Primary Care Providers (Providers per 100,000 population)	45	249.4	291.4
	Uninsured (% of total population)	48	11.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	44	60.1%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	33	64.9%	66.9%
	Dental Visit (% of adults)	45	61.1%	67.5%
	Flu Vaccination (% of adults)	42	35.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	48	49.7%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	31	82.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	35	3,041	2,768
<b>Behaviors</b>		<b>45</b>	<b>-1.066</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	46	23.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	49	3.8%	7.4%
	Physical Inactivity (% of adults)	45	27.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	26	471.3	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	46	20.6	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	24	35.5%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	49	10.8%	8.0%
	Smoking (% of adults)	41	14.1%	11.6%
<b>Health Outcomes</b>		<b>40</b>	<b>-0.355</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	24	31.5	31.4
	Excessive Drinking (% of adults)	2	13.8%	17.0%
	Frequent Mental Distress (% of adults)	45	18.6%	15.6%
	Non-Medical Drug Use (% of adults)	27	15.7%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	42	10,509	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	15	1.4	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	37	14.4%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	42	15.0%	11.3%
	Obesity (% of adults)	36	36.8%	34.2%
<b>Overall</b>		<b>45</b>	<b>-0.619</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- High prevalence of high school completion
- Low uninsured rate
- High voter participation

### Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of non-medical drug use

### Key Findings

#### Drug Deaths

**31%**▲

from 32.1 to 42.1 deaths per 100,000 population between 2022 and 2023.

#### Volunteerism

**28%**▲

from 28.0% to 35.7% of people age 16 and older between 2021 and 2023.

#### Cancer

**22%**▲

from 9.1 to 11.1% of adults between 2022 and 2024.

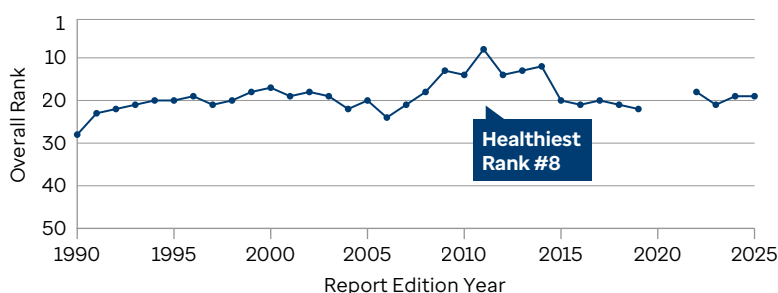
#### Mental Health Providers

**7%**▲

from 762.1 to 813.1 per 100,000 population between September 2024 and September 2025.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Oregon

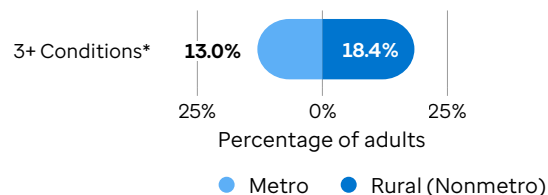
#### Rural Population in 2023

**19.7%**

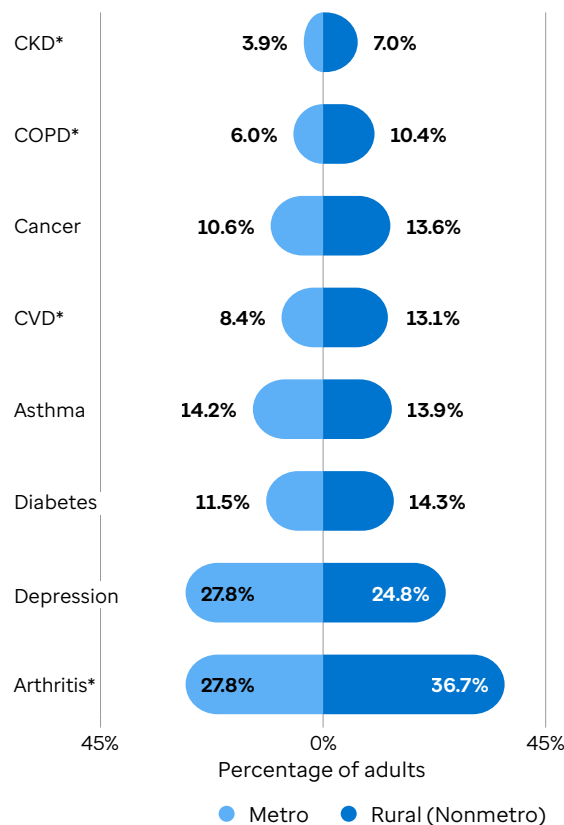
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Oregon

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>21</b>	<b>0.299</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	28	15.2	14.0
	Homicide (Deaths per 100,000 population)	17	4.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	15	3.9	4.2
	Public Health Funding (Dollars per person)	7	\$191	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	23	50	—
	Food Insecurity (% of households)	36	12.8%	12.2%
	Income Inequality (80:20 ratio)	28	4.63	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	42	26.6%	30.5%
	High School Completion (% of adults age 25+)	18	92.3%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	26	15.4%	14.1%
	High-Speed Internet (% of households)	12	95.3%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	30	65	—
	Volunteerism (% of population age 16+)	9	35.7%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	1	72.7%	58.8%
<b>Physical Environment</b>		<b>39</b>	<b>0.033</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	29	8.2	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	48	26.4%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	6	60.1%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	48	53.5	22.6
	Housing Cost Burden (% of households)*	40	34.3%	32.0%
	Housing With Lead Risk (% of housing stock)	25	15.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	43	18.2%	16.8%
<b>Clinical Care</b>		<b>15</b>	<b>0.434</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	24	11.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	7	77.3	66.3
	Mental Health Providers (Providers per 100,000 population)	3	813.1	362.6
	Primary Care Providers (Providers per 100,000 population)	30	290.8	291.4
	Uninsured (% of total population)	9	5.2%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	28	63.9%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	37	64.3%	66.9%
	Dental Visit (% of adults)	23	67.7%	67.5%
	Flu Vaccination (% of adults)	14	44.5%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	23	65.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	23	83.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	6	1,797	2,768
<b>Behaviors</b>		<b>11</b>	<b>0.474</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	7	32.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	33	6.5%	7.4%
	Physical Inactivity (% of adults)	9	19.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	10	362.5	492.2
	High-Risk HIV Behaviors (% of adults)	34	5.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	12	9.4	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	5	30.9%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	22	7.8%	8.0%
	Smoking (% of adults)	20	10.6%	11.6%
<b>Health Outcomes</b>		<b>32</b>	<b>-0.165</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	41	42.1	31.4
	Excessive Drinking (% of adults)	17	16.2%	17.0%
	Frequent Mental Distress (% of adults)	46	19.0%	15.6%
	Non-Medical Drug Use (% of adults)	44	20.7%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	25	7,904	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	43	15.1%	13.0%
	Low Birth Weight (% of live births)	7	7.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	8	1.7	2.1
	Multiple Chronic Conditions (% of adults)	39	14.0%	11.3%
	Obesity (% of adults)	22	33.5%	34.2%
<b>Overall</b>		<b>19</b>	<b>0.212</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- High voter participation
- High prevalence of high school completion
- Low prevalence of high-risk HIV behaviors

### Challenges

- High prevalence of multiple chronic conditions
- Low prevalence of households with high-speed internet
- High preventable hospitalization rate

### Key Findings

#### E-Cigarette Use

**43%**▲

from 5.3% to 7.6%  
of adults between  
2020 and 2024.

#### Air Pollution

**26%**▲

from 8.7 to 11.0 micrograms  
of fine particulate per cubic  
meter between 2019-2021  
and 2022-2024.

#### Cancer Screenings

**13%**▲

from 59.2% to 66.6% of  
adults ages 40-75 between  
2022 and 2024.

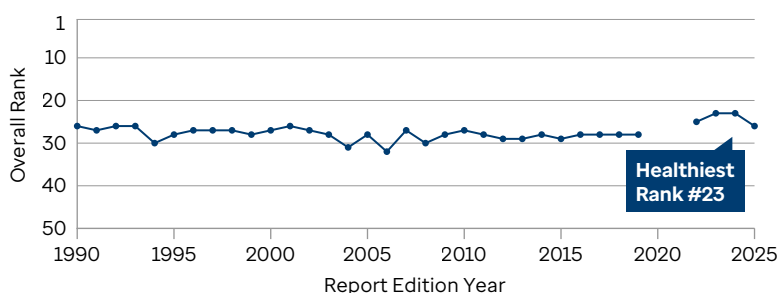
#### Premature Death

**10%**▼

from 8,456 to 7,610 years lost  
before age 75 per 100,000  
population between 2022  
and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Pennsylvania

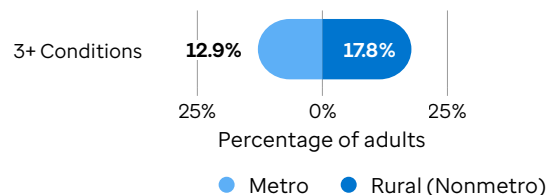
#### Rural Population in 2023

**23.6%**

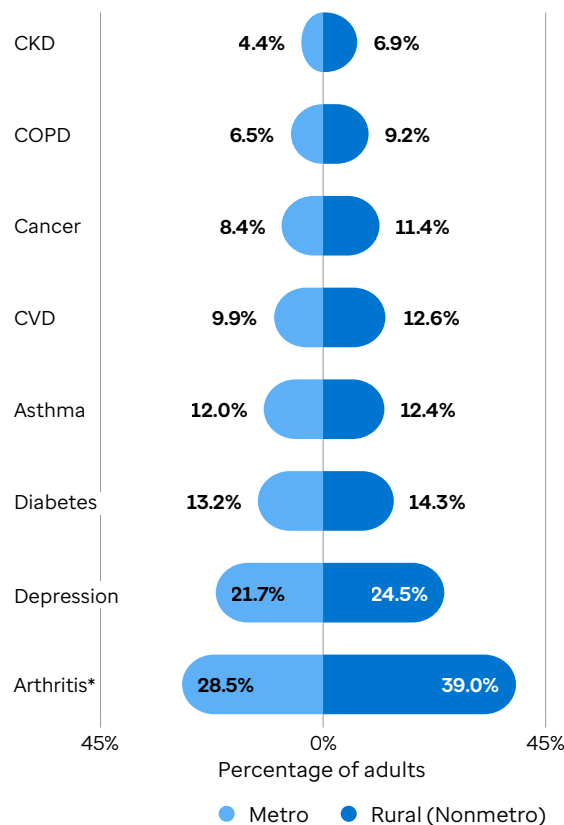
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Pennsylvania

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>24</b>	<b>0.125</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	21	13.9	14.0
	Homicide (Deaths per 100,000 population)	35	7.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.7	4.2
	Public Health Funding (Dollars per person)	43	\$79	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	19	48	—
	Food Insecurity (% of households)	20	10.8%	12.2%
	Income Inequality (80:20 ratio)	35	4.79	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	11	32.9%	30.5%
	High School Completion (% of adults age 25+)	17	92.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	21	14.6%	14.1%
	High-Speed Internet (% of households)	35	93.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	43	73	—
	Volunteerism (% of population age 16+)	25	31.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	10	64.9%	58.8%
<b>Physical Environment</b>		<b>49</b>	<b>-0.338</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	49	11.0	8.8
	Drinking Water Violations (Average violations per community water system)	13	1.6	2.5
	Water Fluoridation (% of population served by community water systems)	39	55.3%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	22	2	—
	Renewable Energy (% of total electricity generated)*	47	3.4%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	19	10.8	22.6
	Housing Cost Burden (% of households)*	20	276%	32.0%
	Housing With Lead Risk (% of housing stock)	47	276%	16.1%
	Severe Housing Problems (% of occupied housing units)	23	13.8%	16.8%
<b>Clinical Care</b>		<b>19</b>	<b>0.336</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	12	9.8%	11.5%
	Dental Care Providers (Providers per 100,000 population)	25	63.2	66.3
	Mental Health Providers (Providers per 100,000 population)	30	321.8	362.6
	Primary Care Providers (Providers per 100,000 population)	16	324.5	291.4
	Uninsured (% of total population)	13	5.8%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	17	66.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	27	67.1%	66.9%
	Dental Visit (% of adults)	17	69.0%	67.5%
	Flu Vaccination (% of adults)	17	43.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	29	63.3%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	9	87.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	33	3,033	2,768
<b>Behaviors</b>		<b>19</b>	<b>0.198</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	—	—	30.4%
	Fruit and Vegetable Consumption (% of adults)	20	7.8%	7.4%
	Physical Inactivity (% of adults)	31	22.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	16	421.2	492.2
	High-Risk HIV Behaviors (% of adults)	7	5.0%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	14	9.8	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	33	37.1%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	18	7.6%	8.0%
	Smoking (% of adults)	25	11.7%	11.6%
<b>Health Outcomes</b>		<b>30</b>	<b>-0.108</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	34	36.7	31.4
	Excessive Drinking (% of adults)	29	17.5%	17.0%
	Frequent Mental Distress (% of adults)	30	16.0%	15.6%
	Non-Medical Drug Use (% of adults)	32	16.6%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	22	7,610	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	29	13.6%	13.0%
	Low Birth Weight (% of live births)	23	8.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	37	13.5%	11.3%
	Obesity (% of adults)	24	34.2%	34.2%
<b>Overall</b>		<b>26</b>	<b>0.067</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High prevalence of cancer screenings
- Low homicide rate

### Challenges

- High income inequality
- Low number of dental care providers per 100,000 population
- High average number of health-based drinking water violations

### Key Findings

#### Volunteerism

**40%** ▼

from 30.7% to 18.5% of people age 16 and older between 2017 and 2023.

#### Homelessness

**33%** ▲

from 16.5 to 22.0 people per 10,000 population between 2023 and 2024.

#### Colorectal Cancer Screening

**21%** ▲

from 66.2% to 80.4% of adults ages 45-75 between 2022 and 2024.

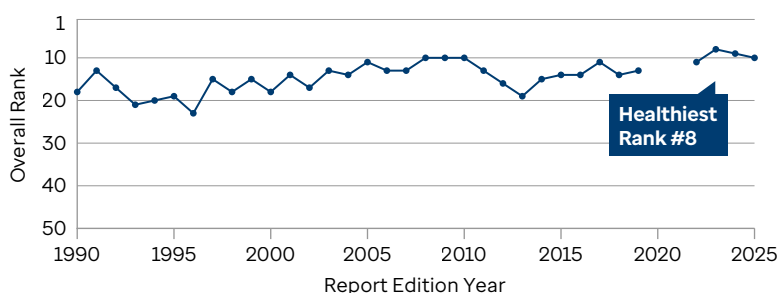
#### Physical Inactivity

**13%** ▼

from 26.4% to 22.9% of adults between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Rhode Island

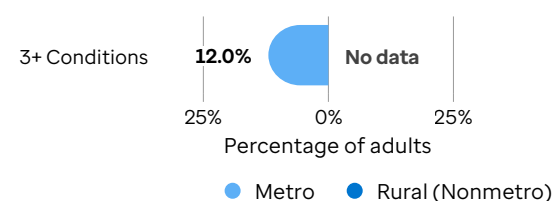
#### Rural Population in 2023

**9.7%**

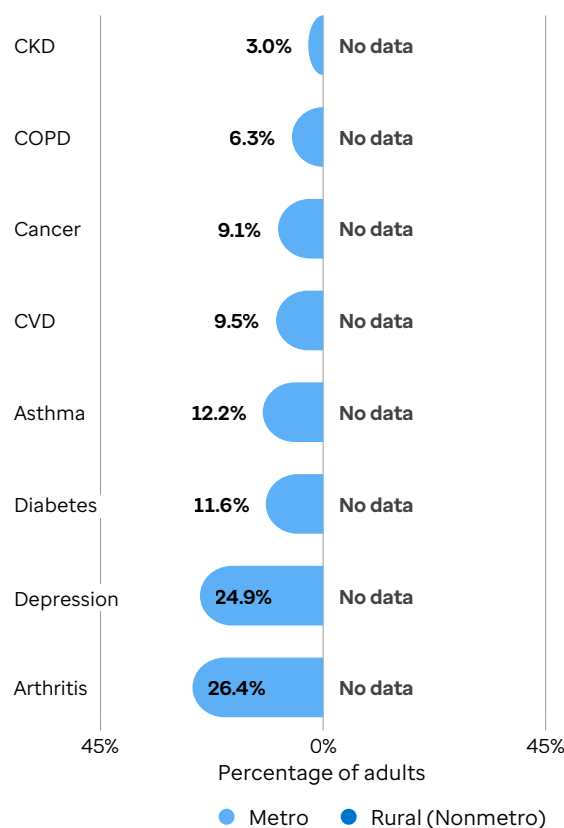
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Rhode Island

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>19</b>	<b>0.316</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	5	5.3	14.0
	Homicide (Deaths per 100,000 population)	3	2.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	22	4.2	4.2
	Public Health Funding (Dollars per person)	2	\$333	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	21	49	—
	Food Insecurity (% of households)	9	9.7%	12.2%
	Income Inequality (80:20 ratio)	47	5.27	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	13	32.6%	30.5%
	High School Completion (% of adults age 25+)	34	90.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	6	12.3%	14.1%
	High-Speed Internet (% of households)	20	94.5%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	26	64	—
	Volunteerism (% of population age 16+)	50	18.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	16	62.2%	58.8%
<b>Physical Environment</b>		<b>44</b>	<b>-0.090</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	12	6.7	8.8
	Drinking Water Violations (Average violations per community water system)	50	5.5	2.5
	Water Fluoridation (% of population served by community water systems)	20	84.3%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	35	10.0%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	40	22.0	22.6
	Housing Cost Burden (% of households)*	45	36.0%	32.0%
	Housing With Lead Risk (% of housing stock)	48	28.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	36	16.3%	16.8%
<b>Clinical Care</b>		<b>4</b>	<b>1.228</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	14	10.0%	11.5%
	Dental Care Providers (Providers per 100,000 population)	39	56.3	66.3
	Mental Health Providers (Providers per 100,000 population)	7	570.6	362.6
	Primary Care Providers (Providers per 100,000 population)	3	379.4	291.4
	Uninsured (% of total population)	5	4.6%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	1	75.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	2	77.8%	66.9%
	Dental Visit (% of adults)	4	73.0%	67.5%
	Flu Vaccination (% of adults)	4	50.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	2	76.1%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	9	87.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	26	2,684	2,768
<b>Behaviors</b>		<b>14</b>	<b>0.384</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	29	29.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	8	9.5%	7.4%
	Physical Inactivity (% of adults)	33	22.9%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	28	480.8	492.2
	High-Risk HIV Behaviors (% of adults)	20	5.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	6	7.5	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	26	35.6%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	14	7.0%	8.0%
	Smoking (% of adults)	12	9.9%	11.6%
<b>Health Outcomes</b>		<b>6</b>	<b>0.671</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	35	37.7	31.4
	Excessive Drinking (% of adults)	37	18.2%	17.0%
	Frequent Mental Distress (% of adults)	14	14.5%	15.6%
	Non-Medical Drug Use (% of adults)	3	7.9%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	8	6,485	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	3	1.1	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	24	13.0%	13.0%
	Low Birth Weight (% of live births)	15	7.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	6	1.6	2.1
	Multiple Chronic Conditions (% of adults)	31	12.0%	11.3%
	Obesity (% of adults)	11	31.1%	34.2%
<b>Overall</b>		<b>10</b>	<b>0.514</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- High reading proficiency among fourth grade public school students
- High prevalence of cancer screenings
- Low average number of health-based drinking water violations

### Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High homicide rate

### Key Findings

#### Physical Inactivity

**17%**▼

from 26.3% to 21.7% of adults between 2023 and 2024.

#### Firearm Deaths

**14%**▼

from 22.2 to 19.0 deaths per 100,000 population between 2021 and 2023.

#### Flu Vaccination

**12%**▼

from 43.0% to 37.7% of adults between 2022 and 2024.

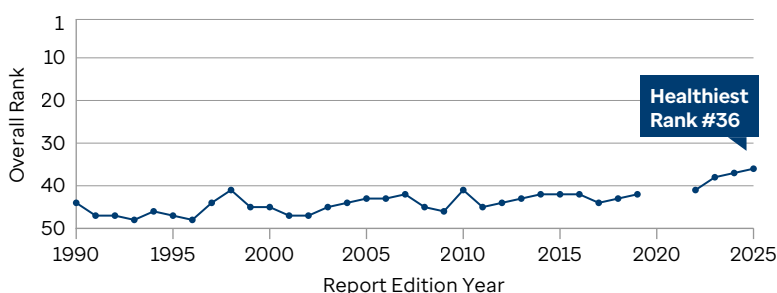
#### Homelessness

**12%**▲

from 7.5 to 8.4 people per 10,000 population between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in South Carolina

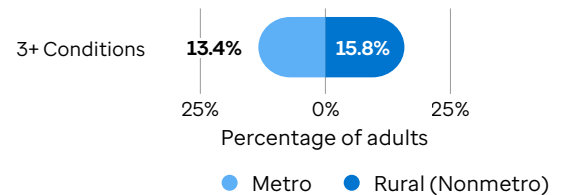
#### Rural Population in 2023

**31.8%**

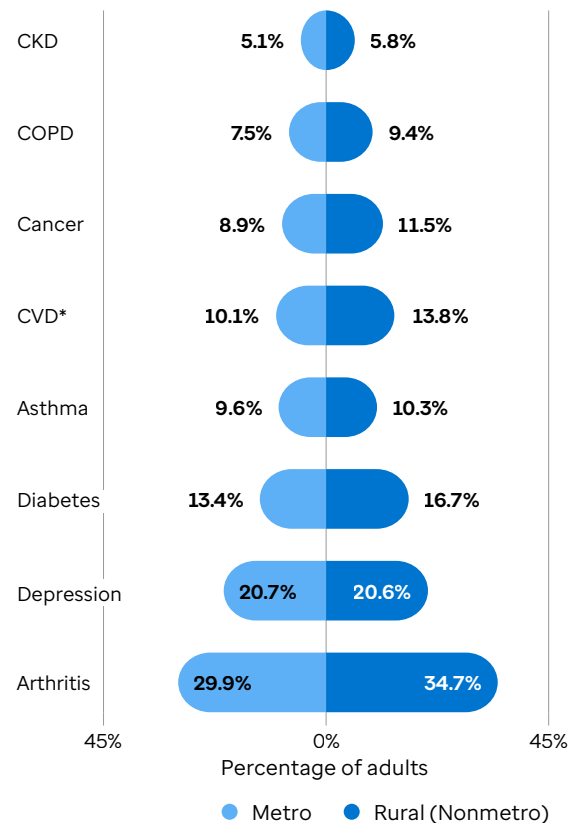
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | South Carolina

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>36</b>	<b>-0.154</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	37	19.0	14.0
	Homicide (Deaths per 100,000 population)	44	10.4	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	47	6.3	4.2
	Public Health Funding (Dollars per person)	36	\$102	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	36	67	—
	Food Insecurity (% of households)	44	14.4%	12.2%
	Income Inequality (80:20 ratio)	30	4.66	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	14	32.5%	30.5%
	High School Completion (% of adults age 25+)	29	91.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	20	14.5%	14.1%
	High-Speed Internet (% of households)	30	94.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	2	48	—
	Volunteerism (% of population age 16+)	33	28.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	43	53.8%	58.8%
<b>Physical Environment</b>		<b>10</b>	<b>0.510</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.4	8.8
	Drinking Water Violations (Average violations per community water system)	23	1.9	2.5
	Water Fluoridation (% of population served by community water systems)	10	92.0%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	43	5.4%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	5	8.4	22.6
	Housing Cost Burden (% of households)*	20	276%	32.0%
	Housing With Lead Risk (% of housing stock)	6	8.4%	16.1%
	Severe Housing Problems (% of occupied housing units)	26	14.1%	16.8%
<b>Clinical Care</b>		<b>36</b>	<b>-0.344</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	39	13.8%	11.5%
	Dental Care Providers (Providers per 100,000 population)	43	54.2	66.3
	Mental Health Providers (Providers per 100,000 population)	41	2478	362.6
	Primary Care Providers (Providers per 100,000 population)	37	276.1	291.4
	Uninsured (% of total population)	37	9.0%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	13	67.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	35	64.4%	66.9%
	Dental Visit (% of adults)	31	66.0%	67.5%
	Flu Vaccination (% of adults)	35	37.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	36	59.5%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	23	83.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	21	2,552	2,768
<b>Behaviors</b>		<b>35</b>	<b>-0.210</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	12	31.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	18	8.0%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	45	612.1	492.2
	High-Risk HIV Behaviors (% of adults)	31	5.7%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	40	17.1	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	23	35.4%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	32	8.5%	8.0%
	Smoking (% of adults)	32	12.6%	11.6%
<b>Health Outcomes</b>		<b>41</b>	<b>-0.374</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	39	40.5	31.4
	Excessive Drinking (% of adults)	29	175%	170%
	Frequent Mental Distress (% of adults)	20	15.2%	15.6%
	Non-Medical Drug Use (% of adults)	35	17.5%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	40	9,882	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	24	13.0%	13.0%
	Low Birth Weight (% of live births)	46	10.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	49	2.3	2.1
	Multiple Chronic Conditions (% of adults)	38	13.7%	11.3%
	Obesity (% of adults)	29	34.6%	34.2%
<b>Overall</b>		<b>36</b>	<b>-0.182</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- High prevalence of high school completion
- Low prevalence of multiple chronic conditions
- Low levels of air pollution

### Challenges

- High prevalence of obesity
- Low prevalence of households with high-speed internet
- High prevalence of cigarette smoking

### Key Findings

#### Primary Care Providers

**24%**▲

from 2776 to 343.3 per 100,000 population between September 2020 and September 2025.

#### Flu Vaccination

**19%**▼

from 51.5% to 41.8% of adults between 2021 and 2024.

#### Fourth Grade Reading Proficiency

**22%**▼

from 36.0% to 28.0% of public school fourth graders between 2019 and 2024.

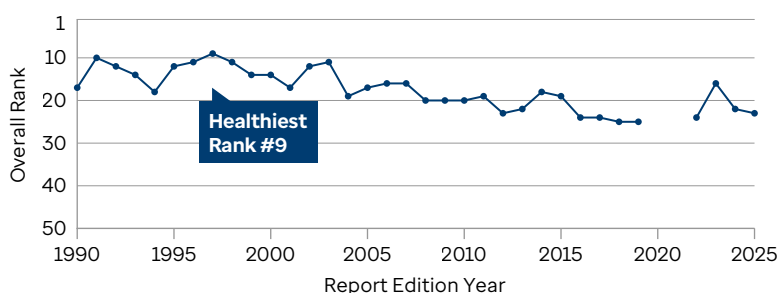
#### Premature Death

**12%**▼

from 9,120 to 8,047 years lost before age 75 per 100,000 population between 2022 and 2023.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in South Dakota

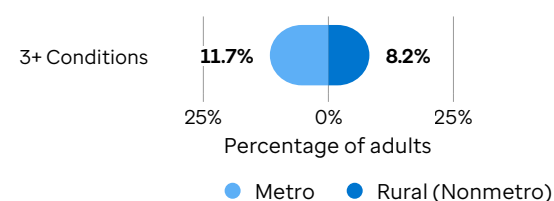
#### Rural Population in 2023

**42.3%**

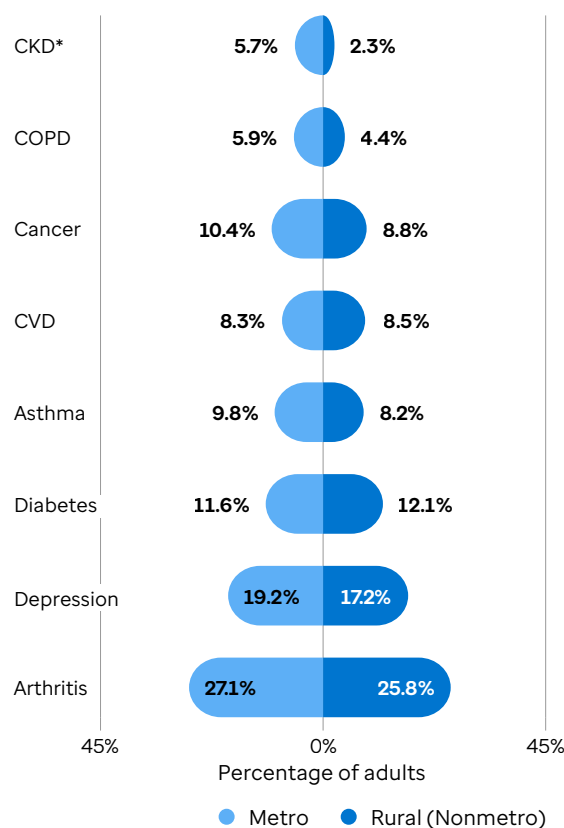
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | South Dakota

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>22</b>	<b>0.191</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	14	12.2	14.0
	Homicide (Deaths per 100,000 population)	19	4.6	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	39	5.5	4.2
	Public Health Funding (Dollars per person)	19	\$136	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	16	45	—
	Food Insecurity (% of households)	3	9.0%	12.2%
	Income Inequality (80:20 ratio)	2	3.91	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	37	28.0%	30.5%
	High School Completion (% of adults age 25+)	8	94.0%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	44	19.2%	14.1%
	High-Speed Internet (% of households)	40	92.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	33	67	—
	Volunteerism (% of population age 16+)	6	37.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	37	56.2%	58.8%
<b>Physical Environment</b>		<b>1</b>	<b>0.773</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	4	5.7	8.8
	Drinking Water Violations (Average violations per community water system)	3	1.1	2.5
	Water Fluoridation (% of population served by community water systems)	7	94.2%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	2	81.5%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	32	14.5	22.6
	Housing Cost Burden (% of households)*	4	24.4%	32.0%
	Housing With Lead Risk (% of housing stock)	30	16.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	3	11.4%	16.8%
<b>Clinical Care</b>		<b>22</b>	<b>0.100</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	7	8.9%	11.5%
	Dental Care Providers (Providers per 100,000 population)	29	60.8	66.3
	Mental Health Providers (Providers per 100,000 population)	39	270.4	362.6
	Primary Care Providers (Providers per 100,000 population)	12	343.3	291.4
	Uninsured (% of total population)	31	8.1%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	38	61.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	40	63.9%	66.9%
	Dental Visit (% of adults)	18	68.8%	67.5%
	Flu Vaccination (% of adults)	23	41.8%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	10	70.0%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	36	81.8%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	23	2,643	2,768
<b>Behaviors</b>		<b>33</b>	<b>-0.179</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	41	26.5%	30.4%
	Fruit and Vegetable Consumption (% of adults)	31	6.7%	7.4%
	Physical Inactivity (% of adults)	18	21.4%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	37	531.6	492.2
	High-Risk HIV Behaviors (% of adults)	17	5.3%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	39	16.6	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	6	31.2%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	24	8.0%	8.0%
	Smoking (% of adults)	36	13.5%	11.6%
<b>Health Outcomes</b>		<b>26</b>	<b>0.036</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	2	10.3	31.4
	Excessive Drinking (% of adults)	42	19.5%	17.0%
	Frequent Mental Distress (% of adults)	8	13.8%	15.6%
	Non-Medical Drug Use (% of adults)	18	13.0%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	27	8,047	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	49	5.1	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	3	11.1%	13.0%
	Low Birth Weight (% of live births)	7	7.2%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	11	9.9%	11.3%
	Obesity (% of adults)	39	37.0%	34.2%
<b>Overall</b>		<b>23</b>	<b>0.123</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- High volunteerism rate
- High number of primary care providers per 100,000 population
- Low levels of air pollution

### Challenges

- High premature death rate
- Low voter participation
- Low number of mental health providers per 100,000 population

### Key Findings

#### Unemployment

**24%**▲

from 3.4% to 4.2% of civilian workers age 16 and older between 2022 and 2024.

#### Firearm Deaths

**23%**▲

from 18.2 to 22.3 deaths per 100,000 population between 2018 and 2023.

#### Renewable Energy

**14%**▲

from 11.7% to 13.3% of total electricity between 2023 and 2024.

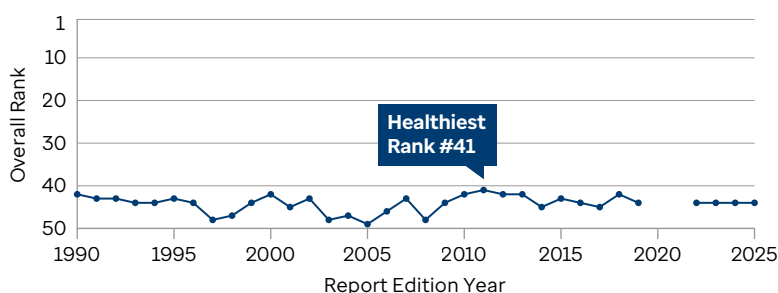
#### Homelessness

**11%**▼

from 12.9 to 11.5 people per 10,000 population between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Tennessee

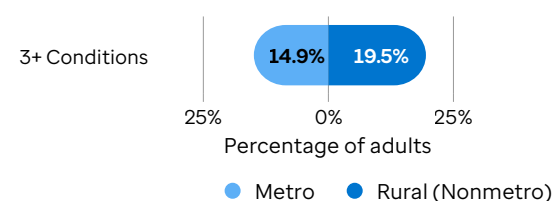
#### Rural Population in 2023

**34.7%**

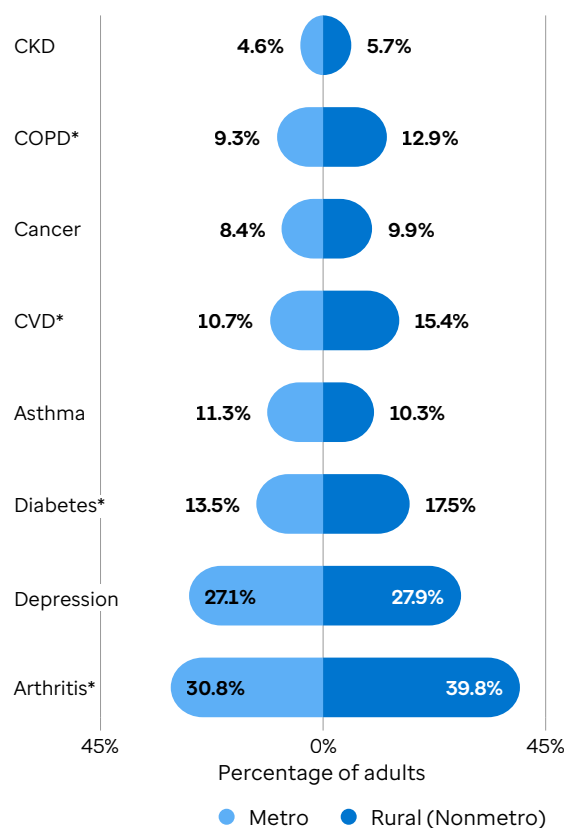
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2023



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2023.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Tennessee

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>38</b>	<b>-0.248</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	44	22.3	14.0
	Homicide (Deaths per 100,000 population)	43	10.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	47	6.3	4.2
	Public Health Funding (Dollars per person)	20	\$132	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	31	57	—
	Food Insecurity (% of households)	27	11.7%	12.2%
	Income Inequality (80:20 ratio)	20	4.50	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	20	31.8%	30.5%
	High School Completion (% of adults age 25+)	32	90.6%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	36	17.5%	14.1%
	High-Speed Internet (% of households)	30	94.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	36	68	—
	Volunteerism (% of population age 16+)	16	33.2%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	39	54.7%	58.8%
<b>Physical Environment</b>		<b>15</b>	<b>0.432</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	23	78	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	16	88.3%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	28	13.3%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	24	11.5	22.6
	Housing Cost Burden (% of households)*	24	27.7%	32.0%
	Housing With Lead Risk (% of housing stock)	17	11.2%	16.1%
	Severe Housing Problems (% of occupied housing units)	18	13.3%	16.8%
<b>Clinical Care</b>		<b>45</b>	<b>-0.817</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	—	—	11.5%
	Dental Care Providers (Providers per 100,000 population)	45	51.3	66.3
	Mental Health Providers (Providers per 100,000 population)	45	225.5	362.6
	Primary Care Providers (Providers per 100,000 population)	18	319.1	291.4
	Uninsured (% of total population)	40	9.7%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	—	—	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	35	64.4%	66.9%
	Dental Visit (% of adults)	—	—	67.5%
	Flu Vaccination (% of adults)	—	—	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	44	54.3%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	—	—	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	29	2,842	2,768
<b>Behaviors</b>		<b>46</b>	<b>-1.073</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	37	27.4%	30.4%
	Fruit and Vegetable Consumption (% of adults)	30	6.8%	7.4%
	Physical Inactivity (% of adults)	—	—	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	35	517.4	492.2
	High-Risk HIV Behaviors (% of adults)	—	—	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	45	20.4	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	44	38.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	—	—	8.0%
	Smoking (% of adults)	—	—	11.6%
<b>Health Outcomes</b>		<b>46</b>	<b>-0.736</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	48	50.7	31.4
	Excessive Drinking (% of adults)	—	—	17.0%
	Frequent Mental Distress (% of adults)	—	—	15.6%
	Non-Medical Drug Use (% of adults)	24	14.9%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	44	10,922	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	15	1.4	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	—	—	13.0%
	Low Birth Weight (% of live births)	38	9.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	—	—	11.3%
	Obesity (% of adults)	—	—	34.2%
<b>Overall</b>		<b>44</b>	<b>-0.552</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

### Challenges

- Low prevalence of high school completion
- High prevalence of adults avoiding care due to cost
- High uninsured rate

### Key Findings

#### Volunteerism

**29%**▲

from 21.3% to 27.4% of people age 16 and older between 2021 and 2023.

#### Renewable Energy

**22%**▲

from 24.0% to 29.3% of total electricity between 2021 and 2024.

#### Flu Vaccination

**17%**▼

from 43.2% to 36.0% of adults between 2015 and 2024.

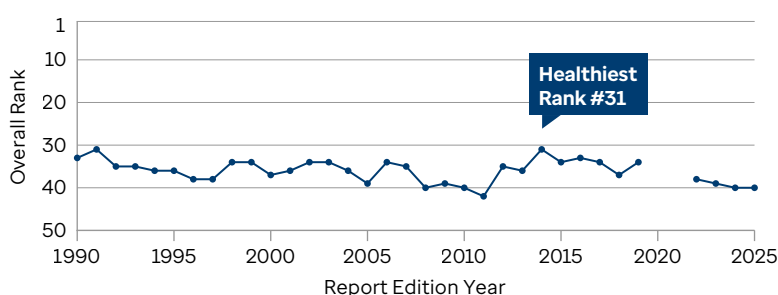
#### Fourth Grade Reading Proficiency

**9%**▼

from 30.3% to 27.5% of public school fourth graders between 2019 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Texas

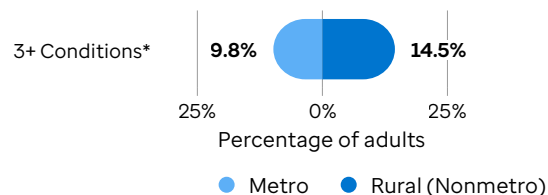
#### Rural Population in 2023

**17.0%**

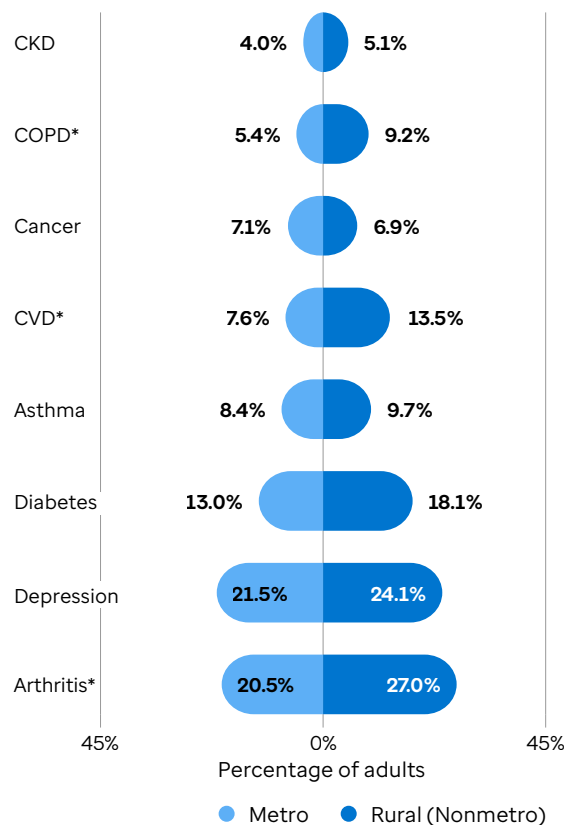
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Texas

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>42</b>	<b>-0.474</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	26	15.0	14.0
	Homicide (Deaths per 100,000 population)	29	6.8	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	32	4.9	4.2
	Public Health Funding (Dollars per person)	45	\$78	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	40	75	—
	Food Insecurity (% of households)	49	16.9%	12.2%
	Income Inequality (80:20 ratio)	38	4.83	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	40	275%	30.5%
	High School Completion (% of adults age 25+)	49	86.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	13	12.8%	14.1%
	High-Speed Internet (% of households)	16	94.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population age 16+)	36	274%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	46	52.5%	58.8%
<b>Physical Environment</b>		<b>41</b>	<b>-0.027</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	43	9.4	8.8
	Drinking Water Violations (Average violations per community water system)	41	2.6	2.5
	Water Fluoridation (% of population served by community water systems)	30	70.7%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	19	29.3%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	8	8.9	22.6
	Housing Cost Burden (% of households)*	38	33.3%	32.0%
	Housing With Lead Risk (% of housing stock)	5	8.0%	16.1%
	Severe Housing Problems (% of occupied housing units)	42	175%	16.8%
<b>Clinical Care</b>		<b>50</b>	<b>-1.252</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	49	174%	11.5%
	Dental Care Providers (Providers per 100,000 population)	40	55.6	66.3
	Mental Health Providers (Providers per 100,000 population)	49	188.1	362.6
	Primary Care Providers (Providers per 100,000 population)	50	225.0	291.4
	Uninsured (% of total population)	50	16.7%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	43	60.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	28	66.8%	66.9%
	Dental Visit (% of adults)	49	58.1%	67.5%
	Flu Vaccination (% of adults)	40	36.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	46	52.2%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	46	76.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	32	2,881	2,768
<b>Behaviors</b>		<b>34</b>	<b>-0.183</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	19	30.9%	30.4%
	Fruit and Vegetable Consumption (% of adults)	14	8.8%	7.4%
	Physical Inactivity (% of adults)	41	25.1%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	31	491.9	492.2
	High-Risk HIV Behaviors (% of adults)	39	6.1%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	43	19.4	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	32	36.9%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	23	7.9%	8.0%
	Smoking (% of adults)	14	10.0%	11.6%
<b>Health Outcomes</b>		<b>19</b>	<b>0.193</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	7	18.6	31.4
	Excessive Drinking (% of adults)	36	178%	170%
	Frequent Mental Distress (% of adults)	26	15.7%	15.6%
	Non-Medical Drug Use (% of adults)	25	15.2%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	21	7,604	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	4	1.2	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	17	12.4%	13.0%
	Low Birth Weight (% of live births)	25	8.6%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	23	2.0	2.1
	Multiple Chronic Conditions (% of adults)	17	10.3%	11.3%
	Obesity (% of adults)	32	35.6%	34.2%
<b>Overall</b>		<b>40</b>	<b>-0.321</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of excessive drinking
- Low prevalence of multiple chronic conditions
- Low homicide rate

### Challenges

- High prevalence of non-medical drug use
- Low number of primary care providers per 100,000 population
- High prevalence of adults avoiding care due to cost

### Key Findings

#### Obesity

21%▲

from 25.7% to 31.0%  
of adults between 2014  
and 2024.

#### Renewable Energy

18%▲

from 17.7% to 20.9% of total  
electricity between 2023  
and 2024.

#### Flu Vaccination

15%▼

from 43.2% to 36.6%  
of adults between 2022  
and 2024.

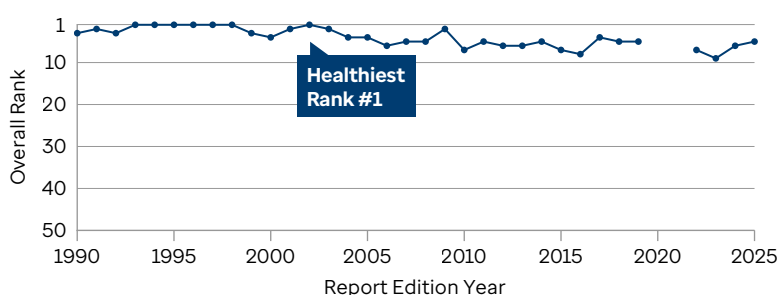
#### Depression

10%▼

from 26.5% to 23.8%  
of adults between 2022  
and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Utah

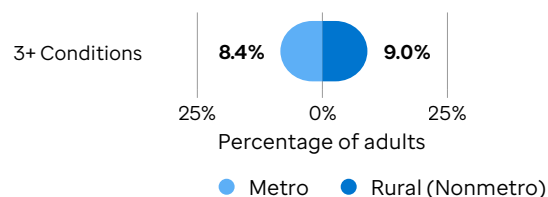
#### Rural Population in 2023

10.8%

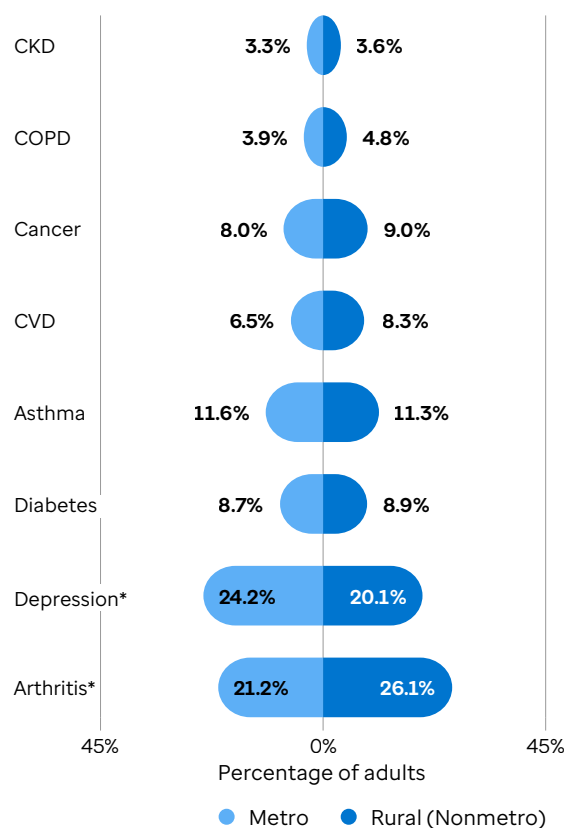
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Utah

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>6</b>	<b>0.757</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	23	14.3	14.0
	Homicide (Deaths per 100,000 population)	2	1.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	22	4.2	4.2
	Public Health Funding (Dollars per person)	38	\$95	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	11	33	—
	Food Insecurity (% of households)	28	11.8%	12.2%
	Income Inequality (80:20 ratio)	1	3.73	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	3	36.3%	30.5%
	High School Completion (% of adults age 25+)	11	93.6%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	9	12.5%	14.1%
	High-Speed Internet (% of households)	9	95.6%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	40	71	—
	Volunteerism (% of population age 16+)	1	46.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	25	59.9%	58.8%
<b>Physical Environment</b>		<b>27</b>	<b>0.217</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	15	75	8.8
	Drinking Water Violations (Average violations per community water system)	34	2.2	2.5
	Water Fluoridation (% of population served by community water systems)	43	43.6%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	23	20.9%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	21	11.0	22.6
	Housing Cost Burden (% of households)*	28	29.2%	32.0%
	Housing With Lead Risk (% of housing stock)	11	9.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	19	13.4%	16.8%
<b>Clinical Care</b>		<b>25</b>	<b>-0.018</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	36	13.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	27	61.6	66.3
	Mental Health Providers (Providers per 100,000 population)	16	439.8	362.6
	Primary Care Providers (Providers per 100,000 population)	47	240.2	291.4
	Uninsured (% of total population)	33	8.3%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	41	60.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	8	74.0%	66.9%
	Dental Visit (% of adults)	6	71.5%	67.5%
	Flu Vaccination (% of adults)	37	36.6%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	39	57.5%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	43	79.4%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	3	1,612	2,768
<b>Behaviors</b>		<b>3</b>	<b>1.038</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	5	33.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	23	7.4%	7.4%
	Physical Inactivity (% of adults)	3	16.8%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	7	322.0	492.2
	High-Risk HIV Behaviors (% of adults)	4	4.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	10	8.7	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	19	34.2%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	13	6.9%	8.0%
	Smoking (% of adults)	1	5.7%	11.6%
<b>Health Outcomes</b>		<b>5</b>	<b>0.736</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	9	20.3	31.4
	Excessive Drinking (% of adults)	1	11.9%	17.0%
	Frequent Mental Distress (% of adults)	23	15.5%	15.6%
	Non-Medical Drug Use (% of adults)	43	20.5%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	5	6,293	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	37	2.0	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	11	11.9%	13.0%
	Low Birth Weight (% of live births)	10	7.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	6	1.6	2.1
	Multiple Chronic Conditions (% of adults)	3	8.4%	11.3%
	Obesity (% of adults)	9	31.0%	34.2%
<b>Overall</b>		<b>5</b>	<b>0.638</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- Low economic hardship index score

### Challenges

- High prevalence of multiple chronic conditions
- High prevalence of excessive drinking
- High occupational fatality rate

### Key Findings

#### Cancer Screenings

**26%**▲

from 55.0% to 69.2% of adults ages 40-75 between 2022 and 2024.

#### Physical Inactivity

**21%**▼

from 20.3% to 16.0% of adults between 2023 and 2024.

#### Depression

**19%**▲

from 22.1% to 26.4% of adults between 2019 and 2024.

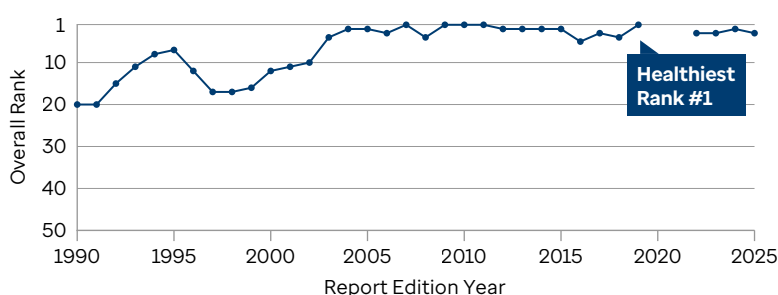
#### Homelessness

**5%**▲

from 50.9 to 53.3 people per 10,000 population between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Vermont

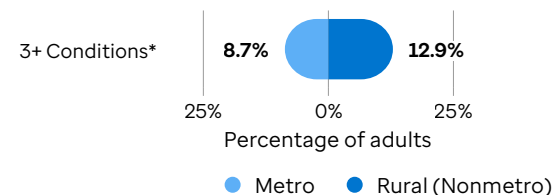
#### Rural Population in 2023

**66.1%**

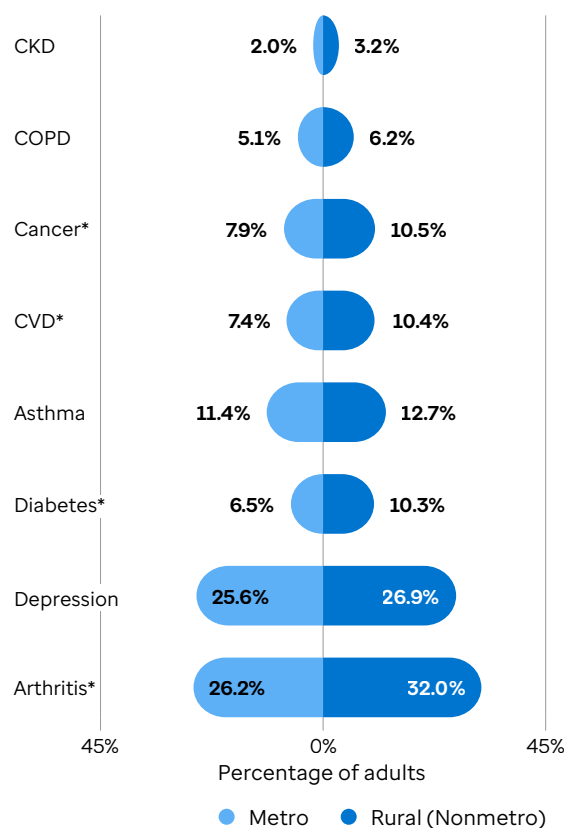
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | Vermont

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>4</b>	<b>0.834</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	15	12.8	14.0
	Homicide (Deaths per 100,000 population)	10	2.8	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	35	5.2	4.2
	Public Health Funding (Dollars per person)	5	\$206	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	3	16	—
	Food Insecurity (% of households)	5	9.2%	12.2%
	Income Inequality (80:20 ratio)	13	4.28	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	27	30.5%	30.5%
	High School Completion (% of adults age 25+)	3	94.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	24	15.2%	14.1%
	High-Speed Internet (% of households)	23	94.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	20	62	—
	Volunteerism (% of population age 16+)	2	40.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	4	67.0%	58.8%
<b>Physical Environment</b>		<b>13</b>	<b>0.468</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	8	6.0	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	38	56.7%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	1	84.4%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	47	53.3	22.6
	Housing Cost Burden (% of households)*	33	30.5%	32.0%
	Housing With Lead Risk (% of housing stock)	39	21.5%	16.1%
	Severe Housing Problems (% of occupied housing units)	31	15.3%	16.8%
<b>Clinical Care</b>		<b>2</b>	<b>1.310</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	2	79%	11.5%
	Dental Care Providers (Providers per 100,000 population)	19	67.4	66.3
	Mental Health Providers (Providers per 100,000 population)	4	613.0	362.6
	Primary Care Providers (Providers per 100,000 population)	9	349.4	291.4
	Uninsured (% of total population)	3	4.2%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	9	69.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	6	75.6%	66.9%
	Dental Visit (% of adults)	10	70.4%	67.5%
	Flu Vaccination (% of adults)	2	52.4%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	7	71.7%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	3	90.2%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	11	2,150	2,768
<b>Behaviors</b>		<b>1</b>	<b>1.309</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	3	33.7%	30.4%
	Fruit and Vegetable Consumption (% of adults)	1	12.9%	7.4%
	Physical Inactivity (% of adults)	2	16.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	2	201.9	492.2
	High-Risk HIV Behaviors (% of adults)	20	5.4%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	2	5.7	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	1	29.6%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	5	5.9%	8.0%
	Smoking (% of adults)	18	10.5%	11.6%
<b>Health Outcomes</b>		<b>8</b>	<b>0.602</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	36	40.0	31.4
	Excessive Drinking (% of adults)	38	18.7%	17.0%
	Frequent Mental Distress (% of adults)	19	15.1%	15.6%
	Non-Medical Drug Use (% of adults)	1	6.5%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	16	7,268	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	—	—	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	21	12.7%	13.0%
	Low Birth Weight (% of live births)	5	7.1%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	1	1.2	2.1
	Multiple Chronic Conditions (% of adults)	26	11.4%	11.3%
	Obesity (% of adults)	5	29.0%	34.2%
<b>Overall</b>		<b>3</b>	<b>0.906</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

# Summary

## Strengths

- Low prevalence of non-medical drug use
- Low economic hardship index score
- Low levels of air pollution

## Challenges

- High prevalence of multiple chronic conditions
- High prevalence of insufficient sleep
- Low number of mental health providers per 100,000 population

## Key Findings

### Depression

26%▲

from 17.2% to 21.7%  
of adults between 2020  
and 2024.

### Unemployment

25%▼

from 4.8% to 3.6% of civilian  
workers age 16 and older  
between 2021 and 2024.

### Arthritis

16%▲

from 24.5% to 28.3%  
of adults between 2020  
and 2024.

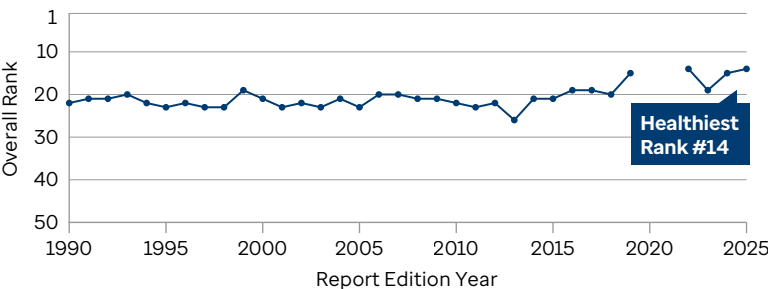
### Colorectal Cancer Screening

11%▲

from 64.1% to 71.2% of adults  
ages 45-75 between 2022  
and 2024.

## Trends

### Annual Report Rank History



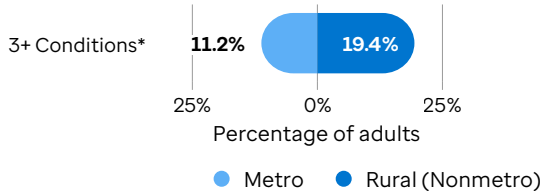
## Spotlight Rural Health in Virginia

### Rural Population in 2023 24.9%

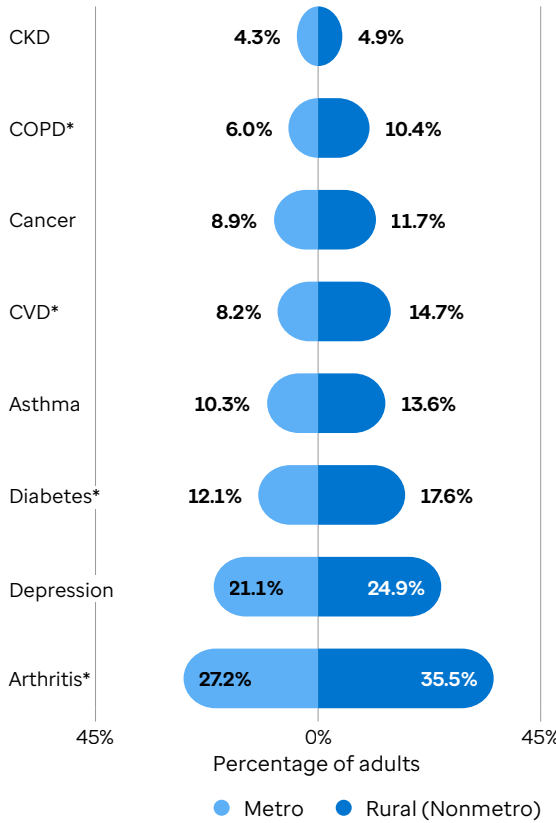
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



### Components



\*Significant based on 95% confidence intervals.  
Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.  
Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Virginia

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>9</b>	<b>0.554</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	22	14.2	14.0
	Homicide (Deaths per 100,000 population)	28	6.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	34	\$107	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	6	26	—
	Food Insecurity (% of households)	13	10.0%	12.2%
	Income Inequality (80:20 ratio)	31	4.67	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	25	30.7%	30.5%
	High School Completion (% of adults age 25+)	26	91.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	9	12.5%	14.1%
	High-Speed Internet (% of households)	23	94.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	4	52	—
	Volunteerism (% of population age 16+)	22	31.6%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	13	63.1%	58.8%
<b>Physical Environment</b>		<b>2</b>	<b>0.752</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	13	72	8.8
	Drinking Water Violations (Average violations per community water system)	31	2.1	2.5
	Water Fluoridation (% of population served by community water systems)	5	95.6%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	13	3	—
	Renewable Energy (% of total electricity generated)*	36	8.9%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	3	8.1	22.6
	Housing Cost Burden (% of households)*	29	29.3%	32.0%
	Housing With Lead Risk (% of housing stock)	19	12.6%	16.1%
	Severe Housing Problems (% of occupied housing units)	25	13.9%	16.8%
<b>Clinical Care</b>		<b>18</b>	<b>0.380</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	10	9.6%	11.5%
	Dental Care Providers (Providers per 100,000 population)	19	674	66.3
	Mental Health Providers (Providers per 100,000 population)	33	294.6	362.6
	Primary Care Providers (Providers per 100,000 population)	34	284.0	291.4
	Uninsured (% of total population)	22	6.9%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	24	64.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	24	67.8%	66.9%
	Dental Visit (% of adults)	14	69.4%	67.5%
	Flu Vaccination (% of adults)	13	44.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	5	71.9%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	19	85.5%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	22	2,625	2,768
<b>Behaviors</b>		<b>20</b>	<b>0.147</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	9	31.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	27	7.0%	7.4%
	Physical Inactivity (% of adults)	27	21.9%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	27	472.8	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	19	10.9	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	30	36.2%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	16	7.2%	8.0%
	Smoking (% of adults)	22	11.1%	11.6%
<b>Health Outcomes</b>		<b>14</b>	<b>0.274</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	17	28.5	31.4
	Excessive Drinking (% of adults)	10	15.1%	17.0%
	Frequent Mental Distress (% of adults)	26	15.7%	15.6%
	Non-Medical Drug Use (% of adults)	16	12.9%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	18	7,415	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	17	1.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	20	12.6%	13.0%
	Low Birth Weight (% of live births)	23	8.4%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	30	2.1	2.1
	Multiple Chronic Conditions (% of adults)	33	12.4%	11.3%
	Obesity (% of adults)	15	32.3%	34.2%
<b>Overall</b>		<b>14</b>	<b>0.397</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low economic hardship index score
- High voter participation
- Low prevalence of physical inactivity

### Challenges

- High prevalence of frequent mental distress
- High prevalence of non-medical drug use
- Low prevalence of cancer screenings

### Key Findings

#### Volunteerism

**31%**▲

from 25.0% to 32.8% of people age 16 and older between 2021 and 2023.

#### Avoided Care Due to Cost

**27%**▲

from 8.3% to 10.5% of adults between 2021 and 2024.

#### Drug Deaths

**27%**▲

from 35.0 to 44.5 deaths per 100,000 population between 2022 and 2023.

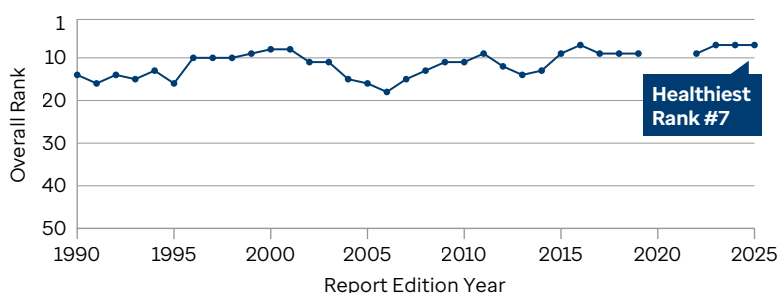
#### Excessive Drinking

**8%**▼

from 17.4% to 16.0% of adults between 2022 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Washington

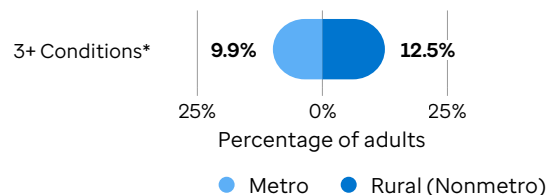
#### Rural Population in 2023

**16.6%**

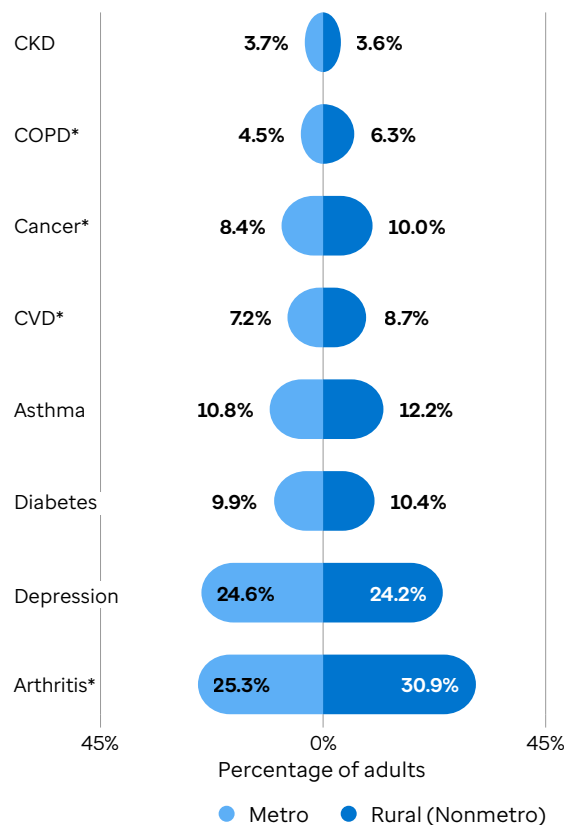
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Washington

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>5</b>	<b>0.769</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	18	13.5	14.0
	Homicide (Deaths per 100,000 population)	20	4.9	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	1	2.8	4.2
	Public Health Funding (Dollars per person)	17	\$139	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	7	28	—
	Food Insecurity (% of households)	7	9.5%	12.2%
	Income Inequality (80:20 ratio)	27	4.60	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	16	32.0%	30.5%
	High School Completion (% of adults age 25+)	18	92.3%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	6	12.3%	14.1%
	High-Speed Internet (% of households)	1	96.1%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population age 16+)	19	32.8%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	10	64.9%	58.8%
<b>Physical Environment</b>		<b>12</b>	<b>0.487</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	15	1.8	2.5
	Water Fluoridation (% of population served by community water systems)	33	64.4%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	1	4	—
	Renewable Energy (% of total electricity generated)*	3	68.5%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	44	39.6	22.6
	Housing Cost Burden (% of households)*	39	33.5%	32.0%
	Housing With Lead Risk (% of housing stock)	21	13.3%	16.1%
	Severe Housing Problems (% of occupied housing units)	37	16.5%	16.8%
<b>Clinical Care</b>		<b>9</b>	<b>0.708</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	18	10.5%	11.5%
	Dental Care Providers (Providers per 100,000 population)	8	772	66.3
	Mental Health Providers (Providers per 100,000 population)	6	593.0	362.6
	Primary Care Providers (Providers per 100,000 population)	31	288.4	291.4
	Uninsured (% of total population)	19	6.5%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	30	63.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	9	72.4%	66.9%
	Dental Visit (% of adults)	7	71.0%	67.5%
	Flu Vaccination (% of adults)	8	46.1%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	6	71.8%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	28	83.6%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	7	1,866	2,768
<b>Behaviors</b>		<b>8</b>	<b>0.800</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	9	31.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	9	9.0%	7.4%
	Physical Inactivity (% of adults)	4	17.4%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	9	354.4	492.2
	High-Risk HIV Behaviors (% of adults)	23	5.5%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	13	9.7	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	9	32.4%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	18	76%	8.0%
	Smoking (% of adults)	4	7.9%	11.6%
<b>Health Outcomes</b>		<b>16</b>	<b>0.239</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	43	44.5	31.4
	Excessive Drinking (% of adults)	14	16.0%	17.0%
	Frequent Mental Distress (% of adults)	33	16.3%	15.6%
	Non-Medical Drug Use (% of adults)	48	22.6%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	17	7,357	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	40	2.4	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	23	12.8%	13.0%
	Low Birth Weight (% of live births)	4	7.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	8	1.7	2.1
	Multiple Chronic Conditions (% of adults)	15	10.1%	11.3%
	Obesity (% of adults)	13	31.5%	34.2%
<b>Overall</b>		<b>7</b>	<b>0.606</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- Low prevalence of excessive drinking
- Low incidence of chlamydia
- Low prevalence of high-risk HIV behaviors

### Challenges

- High prevalence of multiple chronic conditions
- High prevalence of frequent mental distress
- Low voter participation

### Key Findings

#### E-Cigarette Use

**48%**▲

from 7.1% to 10.5% of adults between 2021 and 2024.

#### Unemployment

**26%**▼

from 6.2% to 4.6% of civilian workers age 16 and older between 2021 and 2024.

#### Depression

**12%**▲

from 26.9% to 30.2% of adults between 2022 and 2024.

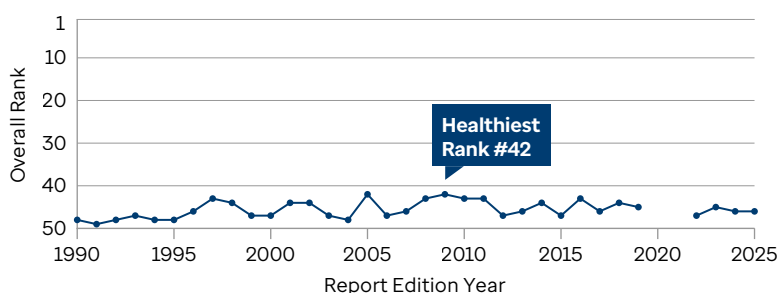
#### Physical Inactivity

**10%**▼

from 32.0% to 28.7% of adults between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in West Virginia

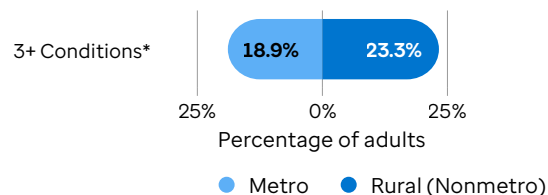
#### Rural Population in 2023

**55.2%**

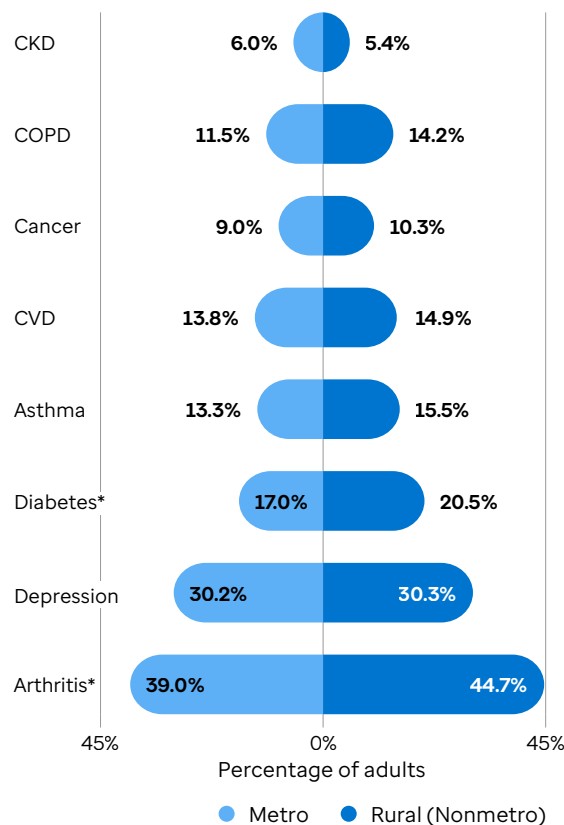
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.



# Measures | West Virginia

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>47</b>	<b>-0.795</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	32	178	14.0
	Homicide (Deaths per 100,000 population)	22	5.1	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	34	5.1	4.2
	Public Health Funding (Dollars per person)	11	\$161	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	47	89	—
	Food Insecurity (% of households)	43	13.7%	12.2%
	Income Inequality (80:20 ratio)	40	5.01	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	46	24.6%	30.5%
	High School Completion (% of adults age 25+)	38	90.1%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	48	22.5%	14.1%
	High-Speed Internet (% of households)	49	91.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	19	61	—
	Volunteerism (% of population age 16+)	44	23.0%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	49	49.0%	58.8%
<b>Physical Environment</b>		<b>32</b>	<b>0.147</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.7	8.8
	Drinking Water Violations (Average violations per community water system)	44	3.0	2.5
	Water Fluoridation (% of population served by community water systems)	13	90.5%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	40	7.0%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	17	10.1	22.6
	Housing Cost Burden (% of households)*	1	21.0%	32.0%
	Housing With Lead Risk (% of housing stock)	35	19.7%	16.1%
	Severe Housing Problems (% of occupied housing units)	1	11.1%	16.8%
<b>Clinical Care</b>		<b>39</b>	<b>-0.482</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	36	13.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	41	54.4	66.3
	Mental Health Providers (Providers per 100,000 population)	46	223.2	362.6
	Primary Care Providers (Providers per 100,000 population)	8	351.6	291.4
	Uninsured (% of total population)	13	5.8%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	30	63.6%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	42	63.2%	66.9%
	Dental Visit (% of adults)	48	58.4%	67.5%
	Flu Vaccination (% of adults)	33	39.0%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	43	55.6%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	15	86.7%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	50	3,954	2,768
<b>Behaviors</b>		<b>44</b>	<b>-1.002</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	48	20.6%	30.4%
	Fruit and Vegetable Consumption (% of adults)	45	5.1%	7.4%
	Physical Inactivity (% of adults)	48	28.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	4	249.0	492.2
	High-Risk HIV Behaviors (% of adults)	6	4.9%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	42	18.5	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	49	41.3%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	45	10.5%	8.0%
	Smoking (% of adults)	49	20.8%	11.6%
<b>Health Outcomes</b>		<b>49</b>	<b>-0.912</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	50	778	31.4
	Excessive Drinking (% of adults)	3	14.0%	17.0%
	Frequent Mental Distress (% of adults)	47	19.3%	15.6%
	Non-Medical Drug Use (% of adults)	47	21.9%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	49	12,053	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	8	1.3	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	47	17.4%	13.0%
	Low Birth Weight (% of live births)	45	9.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	10	1.8	2.1
	Multiple Chronic Conditions (% of adults)	49	20.6%	11.3%
	Obesity (% of adults)	49	41.4%	34.2%
<b>Overall</b>		<b>46</b>	<b>-0.725</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

## Summary

### Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- High prevalence of cancer screenings

### Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- High prevalence of frequent mental distress

### Key Findings

#### Renewable Energy

**32%**▲

from 8.5% to 11.2% of total electricity between 2023 and 2024.

#### E-Cigarette Use

**26%**▲

from 6.6% to 8.3% of adults between 2023 and 2024.

#### Colorectal Cancer Screening

**15%**▲

from 65.0% to 74.8% of adults ages 45-75 between 2022 and 2024.

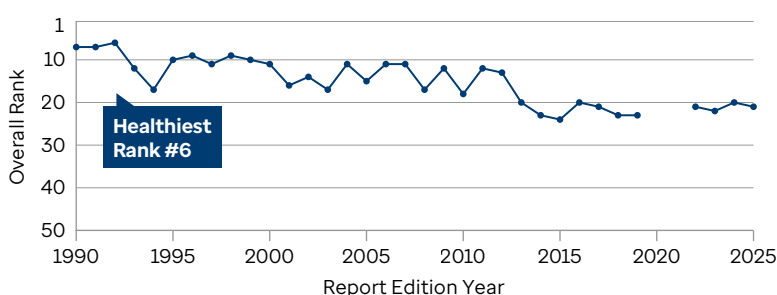
#### Arthritis

**8%**▲

from 26.7% to 28.9% of adults between 2023 and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Wisconsin

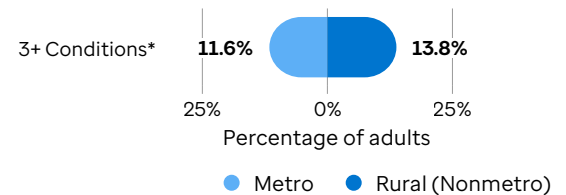
#### Rural Population in 2023

**33.6%**

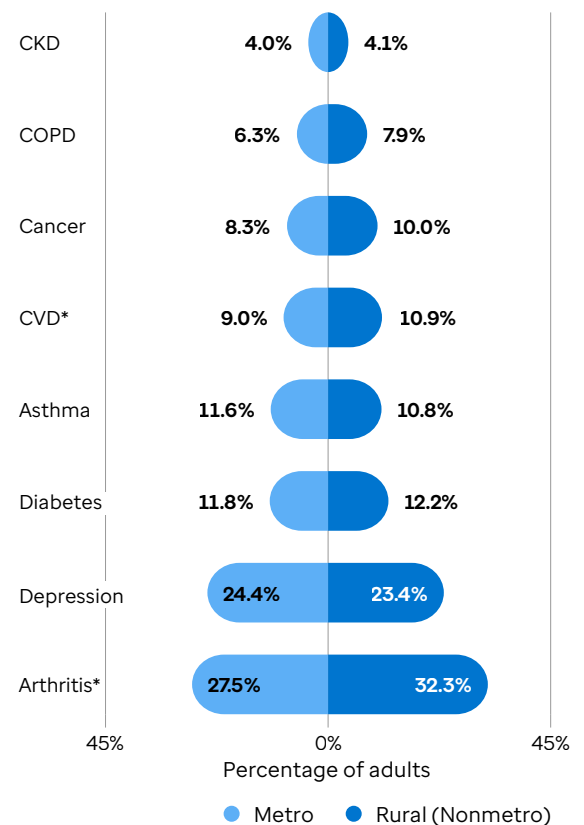
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Wisconsin

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>15</b>	<b>0.407</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	16	12.9	14.0
	Homicide (Deaths per 100,000 population)	21	5.0	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	16	4.0	4.2
	Public Health Funding (Dollars per person)	49	\$69	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	11	33	—
	Food Insecurity (% of households)	19	10.7%	12.2%
	Income Inequality (80:20 ratio)	6	4.09	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	23	31.3%	30.5%
	High School Completion (% of adults age 25+)	9	93.7%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	16	13.5%	14.1%
	High-Speed Internet (% of households)	32	93.9%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	47	77	—
	Volunteerism (% of population age 16+)	24	31.1%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	5	66.6%	58.8%
<b>Physical Environment</b>		<b>22</b>	<b>0.293</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	39	8.6	8.8
	Drinking Water Violations (Average violations per community water system)	6	1.4	2.5
	Water Fluoridation (% of population served by community water systems)	19	84.6%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	27	1	—
	Renewable Energy (% of total electricity generated)*	32	11.2%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	6	8.5	22.6
	Housing Cost Burden (% of households)*	12	26.4%	32.0%
	Housing With Lead Risk (% of housing stock)	38	20.8%	16.1%
	Severe Housing Problems (% of occupied housing units)	9	12.4%	16.8%
<b>Clinical Care</b>		<b>12</b>	<b>0.499</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	15	10.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	17	69.1	66.3
	Mental Health Providers (Providers per 100,000 population)	34	293.7	362.6
	Primary Care Providers (Providers per 100,000 population)	21	317.5	291.4
	Uninsured (% of total population)	10	5.3%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	7	69.5%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	21	68.4%	66.9%
	Dental Visit (% of adults)	13	69.5%	67.5%
	Flu Vaccination (% of adults)	15	43.3%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	16	67.2%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	23	83.9%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	18	2,480	2,768
<b>Behaviors</b>		<b>22</b>	<b>0.087</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	36	27.5%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	21	21.7%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	17	422.8	492.2
	High-Risk HIV Behaviors (% of adults)	13	5.2%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	15	9.9	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	13	32.8%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	29	8.3%	8.0%
	Smoking (% of adults)	26	11.9%	11.6%
<b>Health Outcomes</b>		<b>38</b>	<b>-0.336</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	21	29.9	31.4
	Excessive Drinking (% of adults)	45	20.4%	17.0%
	Frequent Mental Distress (% of adults)	39	17.2%	15.6%
	Non-Medical Drug Use (% of adults)	6	10.9%	16.8%
<b>Mortality</b>	Premature Death (Years lost before age 75 per 100,000 population)	15	7,234	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	42	2.5	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	26	13.2%	13.0%
	Low Birth Weight (% of live births)	17	7.8%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	50	2.5	2.1
	Multiple Chronic Conditions (% of adults)	32	12.2%	11.3%
	Obesity (% of adults)	41	37.4%	34.2%
<b>Overall</b>		<b>21</b>	<b>0.160</b>	

Visit [AmericasHealthRankings.org](https://AmericasHealthRankings.org) for the full list of [measures](#), [source details](#) and [methodologies](#).

\* Unweighted measure that does not contribute to a state's Overall Rank.  
— Data are not available, missing or suppressed.

State Health Department Website:

## Summary

### Strengths

- High prevalence of high school completion
- Low incidence of chlamydia
- Low levels of air pollution

### Challenges

- Low prevalence of households with high-speed internet
- Low prevalence of cancer screenings
- High prevalence of adults using e-cigarettes

### Key Findings

#### Depression

**31%**▲

from 18.3% to 24.0%  
of adults between 2020  
and 2024.

#### Physical Inactivity

**20%**▼

from 26.2% to 21.0%  
of adults between 2023  
and 2024.

#### Homelessness

**7%**▼

from 9.1 to 8.5 people  
per 10,000 population  
between 2023 and 2024.

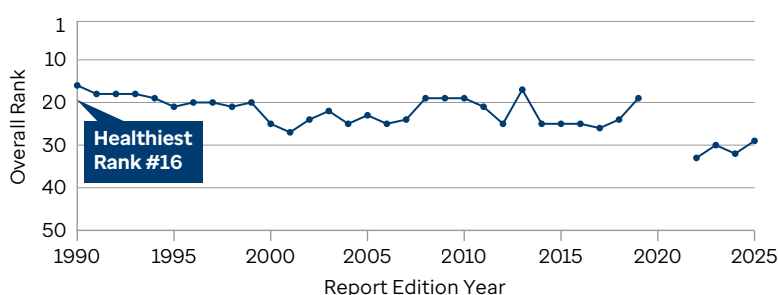
#### Dental Visit

**6%**▼

from 67.7% to 63.3%  
of adults between 2018  
and 2024.

### Trends

#### Annual Report Rank History



## Spotlight

### Rural Health in Wyoming

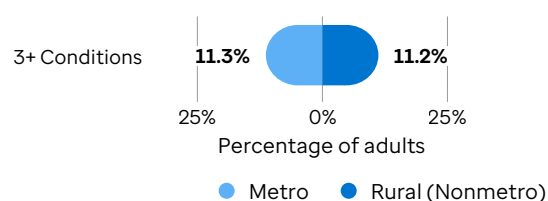
#### Rural Population in 2023

**37.4%**

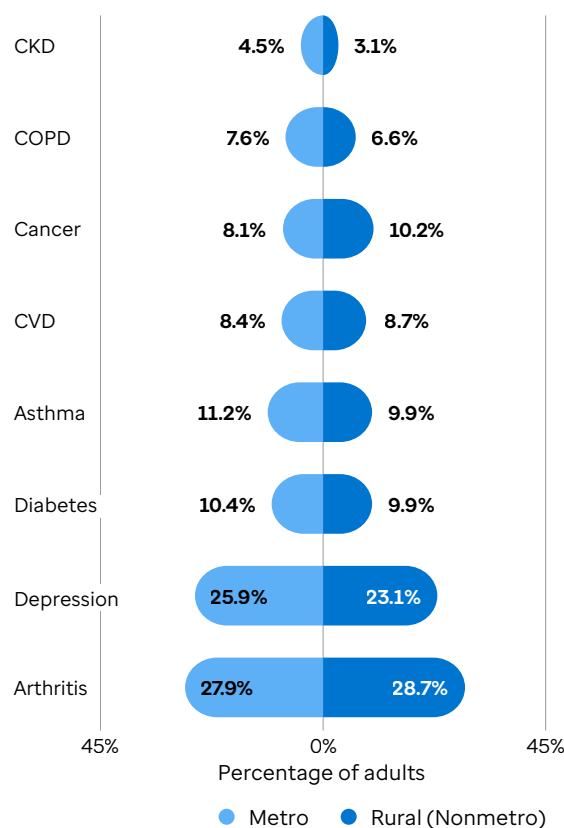
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

#### Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



#### Components



\*Significant based on 95% confidence intervals.

Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.

Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

# Measures | Wyoming

		State Rank	State Value	U.S. Value
<b>Social &amp; Economic Factors</b>		<b>29</b>	<b>0.019</b>	
<b>Community and Family Safety</b>	Firearm Deaths (Deaths per 100,000 population)*	44	22.3	14.0
	Homicide (Deaths per 100,000 population)	9	2.7	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	41	5.7	4.2
	Public Health Funding (Dollars per person)	25	\$123	\$124
<b>Economic Resources</b>	Economic Hardship Index (Index from 1-100)	15	38	—
	Food Insecurity (% of households)	42	13.1%	12.2%
	Income Inequality (80:20 ratio)	23	4.55	4.85
<b>Education</b>	Fourth Grade Reading Proficiency (% of public school students)	6	35.8%	30.5%
	High School Completion (% of adults age 25+)	5	94.4%	89.9%
<b>Social Support and Engagement</b>	Adverse Childhood Experiences (% of children ages 0-17)	50	22.8%	14.1%
	High-Speed Internet (% of households)	46	92.4%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	40	71	—
	Volunteerism (% of population age 16+)	15	33.5%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	36	56.4%	58.8%
<b>Physical Environment</b>		<b>17</b>	<b>0.395</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	1	4.1	8.8
	Drinking Water Violations (Average violations per community water system)	14	1.7	2.5
	Water Fluoridation (% of population served by community water systems)	40	55.0%	72.3%
<b>Climate and Health</b>	Climate Policies (Number out of four policies)	38	0	—
	Renewable Energy (% of total electricity generated)*	21	25.6%	21.9%
<b>Housing and Transit</b>	Homelessness (People per 10,000 population)*	6	8.5	22.6
	Housing Cost Burden (% of households)*	15	26.8%	32.0%
	Housing With Lead Risk (% of housing stock)	25	15.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	5	12.1%	16.8%
<b>Clinical Care</b>		<b>43</b>	<b>-0.783</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults)	32	12.1%	11.5%
	Dental Care Providers (Providers per 100,000 population)	18	676	66.3
	Mental Health Providers (Providers per 100,000 population)	14	442.0	362.6
	Primary Care Providers (Providers per 100,000 population)	39	269.1	291.4
	Uninsured (% of total population)	43	10.3%	8.2%
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 40-75)	49	54.7%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	32	65.2%	66.9%
	Dental Visit (% of adults)	41	63.3%	67.5%
	Flu Vaccination (% of adults)	45	33.9%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	49	47.1%	62.9%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults)	46	76.0%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	13	2,372	2,768
<b>Behaviors</b>		<b>28</b>	<b>-0.070</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults)	27	30.1%	30.4%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	16	21.0%	21.8%
<b>Sexual Health</b>	Chlamydia (Cases per 100,000 population)	6	313.2	492.2
	High-Risk HIV Behaviors (% of adults)	34	5.8%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	26	12.6	13.1
<b>Sleep Health</b>	Insufficient Sleep (% of adults)	8	32.3%	35.5%
<b>Smoking and Tobacco Use</b>	E-Cigarette Use (% of adults)	46	10.7%	8.0%
	Smoking (% of adults)	33	12.7%	11.6%
<b>Health Outcomes</b>		<b>21</b>	<b>0.187</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 population)*	12	23.1	31.4
	Excessive Drinking (% of adults)	29	175%	170%
	Frequent Mental Distress (% of adults)	22	15.4%	15.6%
	Non-Medical Drug Use (% of adults)	42	19.9%	16.8%
	Premature Death (Years lost before age 75 per 100,000 population)	31	8,207	7,862
<b>Mortality</b>	Premature Death Racial Disparity (Ratio of highest rate to white rate)	2	0.7	1.9
<b>Physical Health</b>	Frequent Physical Distress (% of adults)	39	14.5%	13.0%
	Low Birth Weight (% of live births)	36	9.0%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	2	1.3	2.1
	Multiple Chronic Conditions (% of adults)	24	11.2%	11.3%
	Obesity (% of adults)	17	32.5%	34.2%
<b>Overall</b>		<b>29</b>	<b>-0.039</b>	

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\* Unweighted measure that does not contribute to a state's Overall Rank.  
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