

State Health Department Website:

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of obesity
- Low prevalence of cigarette smoking

Challenges

- High economic hardship index score
- Low voter participation
- High prevalence of adults using e-cigarettes

Key Findings

Homelessness

85%▲

from 43.4 to 80.5 people per 10,000 population between 2023 and 2024.

Volunteerism

49%▲

from 19.7% to 29.4% of people age 16 and older between 2021 and 2023.

Cardiovascular Diseases

30%▲

from 6.7% to 8.7% of adults between 2021 and 2024.

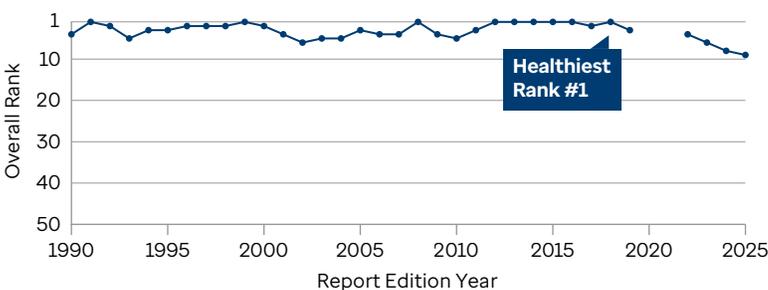
Cancer Screenings

12%▲

from 58.2% to 65.2% of adults ages 40-75 between 2022 and 2024.

Trends

Annual Report Rank History



Spotlight Rural Health in Hawaii

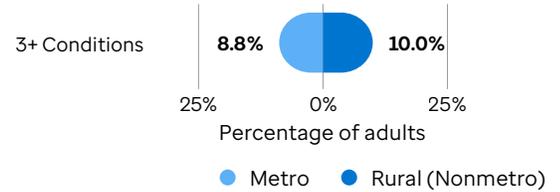
Rural Population in 2023

14.0%

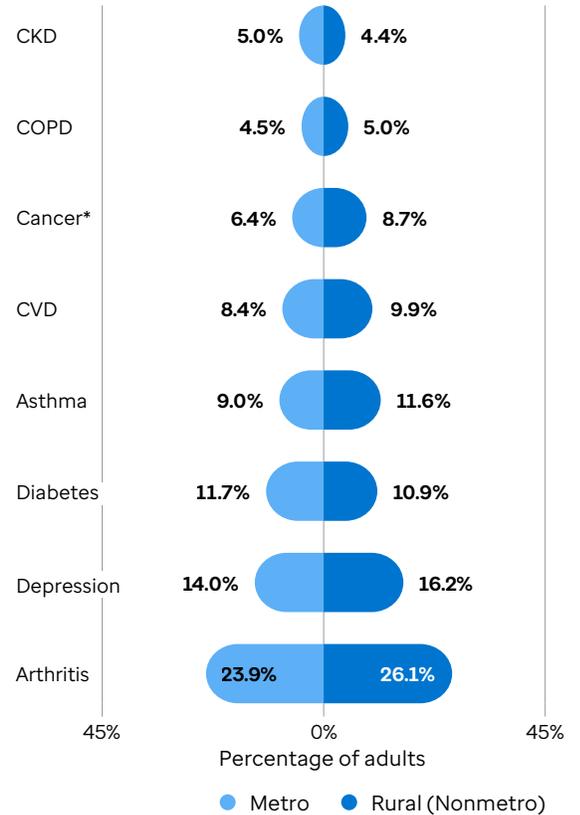
Source: U.S. Census Bureau, American Community Survey, 1-Year Dataset, 2023.

Multiple Chronic Conditions

Prevalence by Metropolitan Status in 2024



Components



*Significant based on 95% confidence intervals.
Source: U.S. HHS, CDC, Behavioral Risk Factor Surveillance System, 2024.
Notes: Order of conditions based on U.S. prevalence. CKD=chronic kidney disease, COPD=chronic obstructive pulmonary disease, CVD=cardiovascular diseases.

Measures | Hawaii

		State Rank	State Value	U.S. Value
Social & Economic Factors		13	0.441	
Community and Family Safety	Firearm Deaths (Deaths per 100,000 population)*	4	5.1	14.0
	Homicide (Deaths per 100,000 population)	4	2.3	6.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	4.1	4.2
	Public Health Funding (Dollars per person)	13	\$156	\$124
Economic Resources	Economic Hardship Index (Index from 1-100)	35	66	–
	Food Insecurity (% of households)	8	9.6%	12.2%
	Income Inequality (80:20 ratio)	16	4.38	4.85
Education	Fourth Grade Reading Proficiency (% of public school students)	22	31.6%	30.5%
	High School Completion (% of adults age 25+)	9	93.7%	89.9%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	14	13.2%	14.1%
	High-Speed Internet (% of households)	14	95.0%	94.6%
	Residential Segregation - Black/White (Index from 0-100)	21	63	–
	Volunteerism (% of population age 16+)	32	29.4%	28.3%
	Voter Participation (% of U.S. citizens age 18+)	41	54.3%	58.8%
Physical Environment		25	0.263	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	2	4.7	8.8
	Drinking Water Violations (Average violations per community water system)	1	0.0	2.5
	Water Fluoridation (% of population served by community water systems)	50	8.5%	72.3%
Climate and Health	Climate Policies (Number out of four policies)	13	3	–
	Renewable Energy (% of total electricity generated)*	22	21.2%	21.9%
Housing and Transit	Homelessness (People per 10,000 population)*	50	80.5	22.6
	Housing Cost Burden (% of households)*	47	37.7%	32.0%
	Housing With Lead Risk (% of housing stock)	12	10.1%	16.1%
	Severe Housing Problems (% of occupied housing units)	50	26.1%	16.8%
Clinical Care		5	1.119	
Access to Care	Avoided Care Due to Cost (% of adults)	1	6.4%	11.5%
	Dental Care Providers (Providers per 100,000 population)	4	81.7	66.3
	Mental Health Providers (Providers per 100,000 population)	29	338.3	362.6
	Primary Care Providers (Providers per 100,000 population)	36	283.2	291.4
	Uninsured (% of total population)	2	3.5%	8.2%
Preventive Clinical Services	Cancer Screenings (% of adults ages 40-75)	21	65.2%	64.5%
	Childhood Immunizations (% of 3-year birth cohort)	17	69.1%	66.9%
	Dental Visit (% of adults)	3	74.5%	67.5%
	Flu Vaccination (% of adults)	10	45.7%	41.3%
	HPV Vaccination (% of adolescents ages 13-17)	3	75.6%	62.9%
Quality of Care	Dedicated Health Care Provider (% of adults)	11	87.3%	83.9%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries age 18+)	4	1,671	2,768
Behaviors		23	0.059	
Nutrition and Physical Activity	Exercise (% of adults)	9	31.8%	30.4%
	Fruit and Vegetable Consumption (% of adults)	19	7.9%	7.4%
	Physical Inactivity (% of adults)	17	21.3%	21.8%
Sexual Health	Chlamydia (Cases per 100,000 population)	21	435.6	492.2
	High-Risk HIV Behaviors (% of adults)	25	5.6%	5.6%
	Teen Births (Births per 1,000 females ages 15-19)	23	11.3	13.1
Sleep Health	Insufficient Sleep (% of adults)	50	45.6%	35.5%
Smoking and Tobacco Use	E-Cigarette Use (% of adults)	38	9.3%	8.0%
	Smoking (% of adults)	5	8.1%	11.6%
Health Outcomes		4	0.799	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	11	22.3	31.4
	Excessive Drinking (% of adults)	26	17.1%	17.0%
	Frequent Mental Distress (% of adults)	1	12.6%	15.6%
	Non-Medical Drug Use (% of adults)	9	11.6%	16.8%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	9	6,523	7,862
	Premature Death Racial Disparity (Ratio of highest rate to white rate)	27	1.7	1.9
Physical Health	Frequent Physical Distress (% of adults)	7	11.4%	13.0%
	Low Birth Weight (% of live births)	30	8.7%	8.6%
	Low Birth Weight Racial Disparity (Ratio of highest rate to white rate)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	4	9.0%	11.3%
	Obesity (% of adults)	2	27.0%	34.2%
Overall		9	0.538	

Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

* Unweighted measure that does not contribute to a state's Overall Rank.
– Data are not available, missing or suppressed.