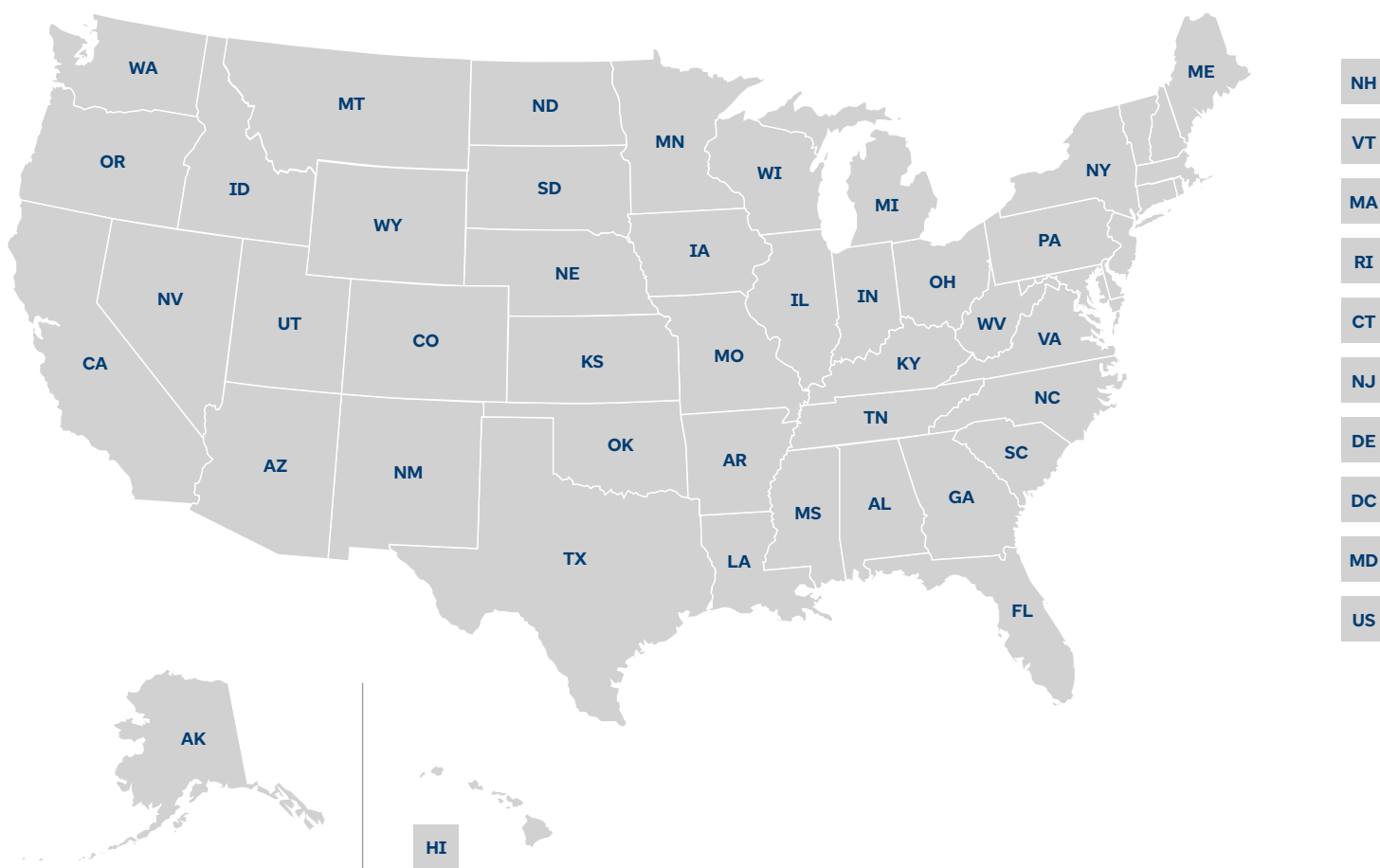


2026 Health of Women and Children Report

State Summaries

Click below to jump to a State Summary



Summary

Key Findings

E-Cigarette Use

121%▲

from 5.3% to 11.7% of women
ages 18-44 between 2018
and 2023-2024.

Frequent Mental Distress

62%▲

from 14.3% to 23.2% of women
ages 18-44 between 2013-2014
and 2023-2024.

Cigarette Smoking

52%▼

from 17.4% to 8.4% of women
ages 18-44 between 2013-2014
and 2023-2024.

Teen Births

48%▼

from 24.2 to 12.6 births per
1,000 females ages 15-19
between 2014 and 2024.

Injury Deaths

47%▲

from 31.9 to 47.0 deaths per
100,000 women ages 20-44
between 2012-2014 and 2022-2024.

Severe Maternal Morbidity

36%▲

from 72.1 to 97.8 complications
per 10,000 delivery hospitalizations
between 2016 and 2023.

Children in Poverty

29%▼

from 21.7% to 15.5% of children
ages 0-17 between 2014 and 2024.

Flourishing

28%▼

from 92.8% to 66.7% of children
ages 6 months to 17 years between
2016-2017 and 2023-2024.

Neonatal Abstinence Syndrome

25%▼

from 6.8 to 5.1 diagnoses per
1,000 birth hospitalizations
between 2016 and 2023.

Measures

Women and Children

U.S. Value

Physical Environment		
Air and Water Quality	Air Pollution	8.8
	Drinking Water Violations	2.5
	Household Smoke	10.3%
	Water Fluoridation	72.3%
Climate and Health	Climate Policies	—
	Transportation Energy Use*	8.3
Housing and Transportation	Drive Alone to Work – Women	67.4%
	Housing Cost Burden – Households With Children	27.7%
	Housing With Lead Risk	16.1%

Continued on next page.

Measures (cont.)

Women		U.S. Value
Social and Economic Factors		
Community and Family Safety	Firearm Deaths*	5.9
	Injury Deaths	47.0
	Intimate Partner Violence Before Pregnancy*	–
Economic Resources	Concentrated Disadvantage	25.8%
	Food Insecurity	13.3%
	Gender Pay Gap*	83.0%
	Poverty	14.4%
	Unemployment	3.9%
Education	College Graduate	39.0%
Social Support and Engagement	Infant Child Care Affordability*	12%
	Residential Segregation – Black/White	–
	Voter Participation	60.0%
Clinical Care		
Access to Care	Adequate Prenatal Care	75.0%
	Avoided Care Due to Cost	18.5%
	Maternity Care Desert*	3.5
	Uninsured	11.2%
	Women's Health Providers	48.1
Preventive Clinical Care	Cervical Cancer Screening	69.7%
	Dental Visit	65.6%
	Flu Vaccination	33.9%
	Postpartum Visit*	90.3%
	Well-Woman Visit	73.4%
Quality of Care	Breastfeeding Initiation	85.4%
	Dedicated Health Care Provider	77.9%
	Low-Risk Cesarean Delivery	26.6%
	Maternity Practices Score	82
Behaviors		
Nutrition and Physical Activity	Exercise	27.6%
	Fruit and Vegetable Consumption	9.8%
	Physical Inactivity	22.0%
Sexual Health	Chlamydia	1,481.2
	High-Risk HIV Behaviors	8.5%
	Unintended Pregnancy*	–
Sleep Health	Insufficient Sleep	36.5%
Smoking and Tobacco Use	Cigarette Smoking	8.4%
	Cigarette Smoking During Pregnancy	2.4%
	E-Cigarette Use	11.7%
Health Outcomes		
Behavioral Health	Drug Deaths*	25.0
	Excessive Drinking	18.1%
	Frequent Mental Distress	23.2%
	Illicit Drug Use	10.5%
	Postpartum Anxiety*	20.3%
	Postpartum Depression*	11.9%
Mortality	Maternal Mortality*	23.1
	Mortality Rate	98.0
Physical Health	Depression*	30.6%
	Diabetes*	3.6%
	Frequent Physical Distress	10.1%
	High Blood Pressure	11.8%
	High Health Status*	49.4%
	Multiple Chronic Conditions	4.5%
	Obesity	32.6%
	Severe Maternal Morbidity*	97.8

*Unweighted measure that does not contribute to a state's overall rank.
– Data not available, missing or suppressed.

Children		U.S. Value
Social and Economic Factors		
Community and Family Safety	Child Victimization*	7.2
	Firearm Deaths*	5.5
	Injury Deaths	17.8
Economic Resources	Children in Poverty	15.5%
	Children in Poverty – Racial Disparity	3.0
	Food Sufficiency	66.6%
	Students Experiencing Homelessness	3.2%
	WIC Coverage	54.5%
Education	Early Childhood Education	49.3%
	Fourth Grade Reading Proficiency	30.5%
	High School Completion	89.9%
Social Support and Engagement	Adult Mentor*	88.0%
	Adverse Childhood Experiences	14.1%
	Foster Care Instability	18.7%
	High-Speed Internet	96.6%
	Neighborhood Amenities	38.2%
	Reading, Singing or Storytelling*	59.7%
Clinical Care		
Access to Care	ADD/ADHD Treatment	3.4%
	Mental Health Treatment*	83.3%
	Pediatricians	118.2
	Uninsured	6.0%
Preventive Clinical Care	Childhood Immunizations	68.0%
	HPV Vaccination	62.9%
	Preventive Dental Visit	80.2%
	Well-Child Visit	79.6%
Quality of Care	Adequate Insurance	64.6%
	Developmental Screening	36.5%
	Medical Home	45.5%
Behaviors		
Nutrition and Physical Activity	Breastfed	27.9%
	Physical Activity	19.7%
	Soda Consumption*	7.5%
Sexual Health	Dual Contraceptive Nonuse*	85.6%
	Teen Births	12.6
Sleep Health	Adequate Sleep	65.3%
	Sleep Position*	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	16.8%
	Tobacco Use	1.9%
Health Outcomes		
Behavioral Health	Alcohol Use	6.8%
	Flourishing	66.7%
	Illicit Drug Use	7.4%
	Mental Health Conditions	20.5%
	Teen Suicide*	9.7
Mortality	Child Mortality	28.7
	Infant Mortality	5.6
	Neonatal Mortality*	3.6
Physical Health	Asthma	6.8%
	Congenital Syphilis*	105.8
	High Health Status*	89.9%
	Low Birth Weight	8.5%
	Low Birth Weight – Racial Disparity	2.1
	Neonatal Abstinence Syndrome*	5.1
	Overweight or Obesity	31.3%

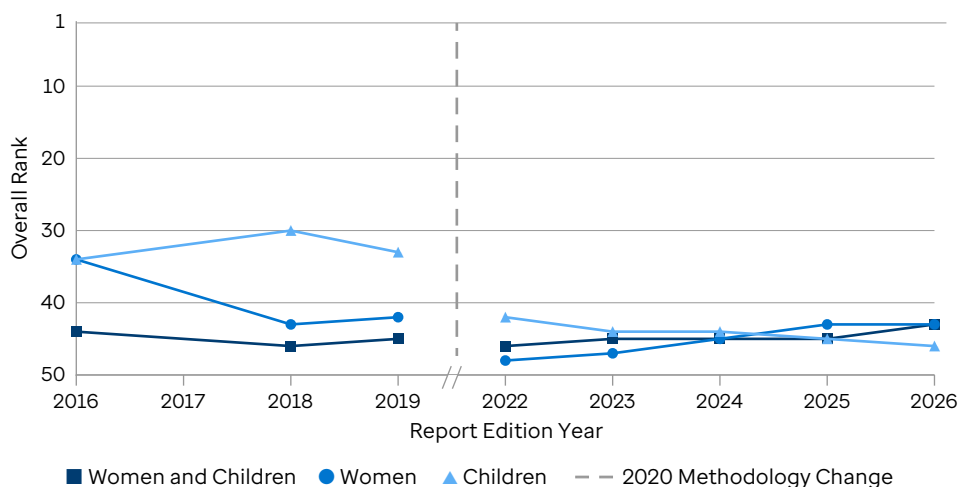
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of illicit drug use among adolescents
- High prevalence of cervical cancer screening
- High prevalence of children with adequate and continuous health insurance

Challenges

- High infant mortality rate
- High prevalence of women in poverty
- Low prevalence of food sufficiency among children

Key Findings

Breastfed

136%▲

from 11.2% to 26.4% between the 2012 and 2022 birth cohorts.

Cigarette Smoking

55%▼

from 21.6% to 9.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Obesity

39%▲

from 31.0% to 43.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Injury Deaths

21%▲

from 22.0 to 26.7 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	43	-0.213	
Air and Water Quality			
Air Pollution	19	7.7	8.8
Drinking Water Violations	34	2.2	2.5
Household Smoke	46	16.0%	10.3%
Water Fluoridation	23	76.6%	72.3%
Climate and Health			
Climate Policies	38	0	—
Transportation Energy Use*	40	10.8	8.3
Housing and Transportation			
Drive Alone to Work - Women	49	78.6%	67.4%
Housing Cost Burden - Households With Children	16	22.0%	27.7%
Housing With Lead Risk	13	10.7%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		41	-0.442	
Community and Family Safety	Firearm Deaths*	41	11.6	5.9
	Injury Deaths	40	61.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	43	32.1%	25.8%
	Food Insecurity	20	12.1%	13.3%
	Gender Pay Gap*	46	76.7%	83.0%
	Poverty	46	19.1%	14.4%
	Unemployment	23	3.4%	3.9%
Education	College Graduate	43	31.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	3	8%	12%
	Residential Segregation - Black/White	10	58	—
	Voter Participation	47	52.3%	60.0%
Clinical Care		41	-0.406	
Access to Care	Adequate Prenatal Care	42	72.9%	75.0%
	Avoided Care Due to Cost	40	21.0%	18.5%
	Maternity Care Desert*	43	11.9	3.5
	Uninsured	36	12.8%	11.2%
	Women's Health Providers	50	29.5	48.1
Preventive Clinical Care	Cervical Cancer Screening	3	74.3%	69.7%
	Dental Visit	31	66.7%	65.6%
	Flu Vaccination	47	26.6%	33.9%
	Postpartum Visit*	17	92.3%	90.3%
	Well-Woman Visit	20	75.1%	73.4%
Quality of Care	Breastfeeding Initiation	47	73.9%	85.4%
	Dedicated Health Care Provider	28	79.6%	77.9%
	Low-Risk Cesarean Delivery	41	28.3%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		43	-0.706	
Nutrition and Physical Activity	Exercise	38	25.5%	27.6%
	Fruit and Vegetable Consumption	47	5.7%	9.8%
	Physical Inactivity	45	25.7%	22.0%
Sexual Health	Chlamydia	42	1,859.1	1,481.2
	High-Risk HIV Behaviors	26	8.7%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	31	37.1%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	26	9.8%	8.4%
	Cigarette Smoking During Pregnancy	28	3.3%	2.4%
	E-Cigarette Use	38	15.3%	11.7%
Health Outcomes		38	-0.670	
Behavioral Health	Drug Deaths*	33	28.9	25.0
	Excessive Drinking	14	17.4%	18.1%
	Frequent Mental Distress	25	24.0%	23.2%
	Illicit Drug Use	8	8.8%	10.5%
	Postpartum Anxiety*	44	26.9%	20.3%
	Postpartum Depression*	43	15.8%	11.9%
Mortality	Maternal Mortality*	41	30.4	23.1
	Mortality Rate	45	140.6	98.0
Physical Health	Depression*	24	33.7%	30.6%
	Diabetes*	45	5.1%	3.6%
	Frequent Physical Distress	11	9.1%	10.1%
	High Blood Pressure	45	16.6%	11.8%
	High Health Status*	29	49.7%	49.4%
	Multiple Chronic Conditions	33	6.0%	4.5%
	Obesity	49	43.1%	32.6%
	Severe Maternal Morbidity*	—	—	97.8
Overall - Women		43	-0.505	

AL Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		44	-0.695	
Community and Family Safety	Child Victimization*	32	9.9	7.2
	Firearm Deaths*	43	10.5	5.5
	Injury Deaths	44	26.7	17.8
Economic Resources	Children in Poverty	46	20.2%	15.5%
	Children in Poverty - Racial Disparity	29	3.5	3.0
	Food Sufficiency	46	58.1%	66.6%
	Students Experiencing Homelessness	9	1.9%	3.2%
	WIC Coverage	30	49.4%	54.5%
Education	Early Childhood Education	30	44.9%	49.3%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	41	89.6%	89.9%
Social Support and Engagement	Adult Mentor*	14	92.6%	88.0%
	Adverse Childhood Experiences	42	18.4%	14.1%
	Foster Care Instability	43	25.5%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	43	20.8%	38.2%
	Reading, Singing or Storytelling*	44	54.4%	59.7%
Clinical Care		26	0.200	
Access to Care	ADD/ADHD Treatment	30	3.6%	3.4%
	Mental Health Treatment*	6	88.8%	83.3%
	Pediatricians	41	86.1	118.2
	Uninsured	18	4.3%	6.0%
Preventive Clinical Care	Childhood Immunizations	32	67.2%	68.0%
	HPV Vaccination	31	60.9%	62.9%
	Preventive Dental Visit	23	81.9%	80.2%
	Well-Child Visit	19	81.1%	79.6%
Quality of Care	Adequate Insurance	6	70.0%	64.6%
	Developmental Screening	40	32.0%	36.5%
	Medical Home	25	48.3%	45.5%
Behaviors		43	-0.710	
Nutrition and Physical Activity	Breastfed	33	26.4%	27.9%
	Physical Activity	22	21.1%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	44	19.1	12.6
Sleep Health	Adequate Sleep	47	58.1%	65.3%
	Sleep Position*	17	74.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		45	-0.693	
Behavioral Health	Alcohol Use	21	6.5%	6.8%
	Flourishing	26	65.9%	66.7%
	Illicit Drug Use	11	6.3%	7.4%
	Mental Health Conditions	22	21.4%	20.5%
	Teen Suicide*	19	10.6	9.7
Mortality	Child Mortality	43	39.3	28.7
	Infant Mortality	47	7.2	5.6
	Neonatal Mortality*	40	4.2	3.6
Physical Health	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	27	70.5	105.8
	High Health Status*	40	89.4%	89.9%
	Low Birth Weight	47	10.1%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	—	—	5.1
	Overweight or Obesity	45	35.7%	31.3%
Overall - Children		46	-0.503	

43 -0.533

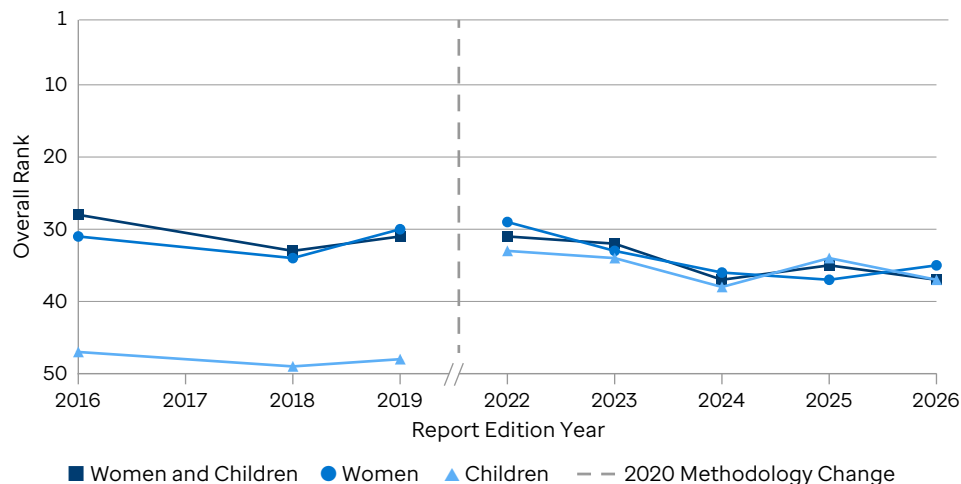
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Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

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Summary

Strengths

- Low prevalence of low birth weight infants
- Low poverty rate among women
- High prevalence of physical activity among children

Challenges

- High mortality rate among women
- High prevalence of adverse childhood experiences (ACEs) among children
- Low reading proficiency among fourth grade public school students

Key Findings

Injury Deaths

106%▲

from 54.1 to 111.7 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Teen Births

48%▼

from 27.8 to 14.5 births per 1,000 females ages 15-19 between 2014 and 2024.

Flourishing

31%▼

from 94.7% to 65.7% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Well-Woman Visit

28%▲

from 55.0% to 70.4% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		28	0.051	
Air and Water Quality	Air Pollution	5	5.9	8.8
	Drinking Water Violations	41	2.6	2.5
	Household Smoke	38	14.1%	10.3%
	Water Fluoridation	44	42.3%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	50	27.7	8.3
Housing and Transportation	Drive Alone to Work - Women	17	67.9%	67.4%
	Housing Cost Burden - Households With Children	33	25.8%	27.7%
	Housing With Lead Risk	3	71%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		28	0.041	
Community and Family Safety	Firearm Deaths*	45	12.9	5.9
	Injury Deaths	50	111.7	47.0
	Intimate Partner Violence Before Pregnancy*	16	3.4%	—
Economic Resources	Concentrated Disadvantage	20	18.5%	25.8%
	Food Insecurity	29	13.0%	13.3%
	Gender Pay Gap*	39	80.3%	83.0%
	Poverty	7	11.4%	14.4%
	Unemployment	41	4.3%	3.9%
Education	College Graduate	23	38.6%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	4	9%	12%
	Residential Segregation - Black/White	16	60	—
	Voter Participation	28	60.0%	60.0%
Clinical Care		34	0.036	
Access to Care	Adequate Prenatal Care	46	69.4%	75.0%
	Avoided Care Due to Cost	21	16.8%	18.5%
	Maternity Care Desert*	32	5.5	3.5
	Uninsured	44	15.0%	11.2%
	Women's Health Providers	1	106.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	48	64.5%	69.7%
	Dental Visit	5	71.5%	65.6%
	Flu Vaccination	25	34.5%	33.9%
	Postpartum Visit*	44	86.2%	90.3%
	Well-Woman Visit	40	70.4%	73.4%
Quality of Care	Breastfeeding Initiation	12	89.7%	85.4%
	Dedicated Health Care Provider	35	77.5%	77.9%
	Low-Risk Cesarean Delivery	4	20.5%	26.6%
	Maternity Practices Score	38	77	82
Behaviors		35	-0.377	
Nutrition and Physical Activity	Exercise	9	30.7%	27.6%
	Fruit and Vegetable Consumption	12	10.8%	9.8%
	Physical Inactivity	6	16.1%	22.0%
Sexual Health	Chlamydia	48	2,242.5	1,481.2
	High-Risk HIV Behaviors	33	9.0%	8.5%
	Unintended Pregnancy*	6	18.7%	—
Sleep Health	Insufficient Sleep	49	42.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	27	10.0%	8.4%
	Cigarette Smoking During Pregnancy	40	5.1%	2.4%
	E-Cigarette Use	28	13.0%	11.7%
Health Outcomes		36	-0.647	
Behavioral Health	Drug Deaths*	49	53.0	25.0
	Excessive Drinking	31	19.1%	18.1%
	Frequent Mental Distress	29	24.3%	23.2%
	Illicit Drug Use	33	11.6%	10.5%
	Postpartum Anxiety*	33	24.5%	20.3%
	Postpartum Depression*	44	15.9%	11.9%
Mortality	Maternal Mortality*	—	—	23.1
	Mortality Rate	50	192.5	98.0
Physical Health	Depression*	22	33.1%	30.6%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	34	11.4%	10.1%
	High Blood Pressure	34	12.7%	11.8%
	High Health Status*	23	50.3%	49.4%
	Multiple Chronic Conditions	26	5.0%	4.5%
	Obesity	24	33.6%	32.6%
	Severe Maternal Morbidity*	45	147.2	97.8
Overall - Women		35	-0.204	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		40	-0.557	
Community and Family Safety	Child Victimization*	41	13.0	7.2
	Firearm Deaths*	36	8.4	5.5
	Injury Deaths	47	30.2	17.8
Economic Resources	Children in Poverty	22	13.0%	15.5%
	Children in Poverty - Racial Disparity	41	4.5	3.0
	Food Sufficiency	14	69.6%	66.6%
	Students Experiencing Homelessness	34	3.0%	3.2%
	WIC Coverage	32	49.1%	54.5%
Education	Early Childhood Education	44	38.1%	49.3%
	Fourth Grade Reading Proficiency	49	21.7%	30.5%
	High School Completion	12	93.4%	89.9%
Social Support and Engagement	Adult Mentor*	23	91.0%	88.0%
	Adverse Childhood Experiences	46	20.8%	14.1%
	Foster Care Instability	38	24.8%	18.7%
	High-Speed Internet	18	97.0%	96.6%
	Neighborhood Amenities	40	26.2%	38.2%
	Reading, Singing or Storytelling*	8	66.0%	59.7%
Clinical Care		45	-0.482	
Access to Care	ADD/ADHD Treatment	40	3.0%	3.4%
	Mental Health Treatment*	41	80.5%	83.3%
	Pediatricians	32	95.6	118.2
	Uninsured	47	8.8%	6.0%
Preventive Clinical Care	Childhood Immunizations	50	53.0%	68.0%
	HPV Vaccination	47	51.8%	62.9%
	Preventive Dental Visit	16	83.1%	80.2%
	Well-Child Visit	47	75.5%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	8	47.5%	36.5%
	Medical Home	21	49.3%	45.5%
Behaviors		22	0.214	
Nutrition and Physical Activity	Breastfed	18	31.0%	27.9%
	Physical Activity	12	23.4%	19.7%
	Soda Consumption*	10	8.8%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	33	14.5	12.6
Sleep Health	Adequate Sleep	12	70.7%	65.3%
	Sleep Position*	42	63.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	14	17.3%	16.8%
	Tobacco Use	42	2.5%	1.9%
Health Outcomes		29	-0.168	
Behavioral Health	Alcohol Use	10	6.0%	6.8%
	Flourishing	30	65.7%	66.7%
	Illicit Drug Use	13	6.4%	7.4%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	47	29.7	9.7
Mortality	Child Mortality	48	43.5	28.7
	Infant Mortality	40	6.9	5.6
	Neonatal Mortality*	20	3.5	3.6
Physical Health	Asthma	6	4.9%	6.8%
	Congenital Syphilis*	36	106.8	105.8
	High Health Status*	25	90.7%	89.9%
	Low Birth Weight	2	6.9%	8.5%
	Low Birth Weight - Racial Disparity	42	2.2	2.1
	Neonatal Abstinence Syndrome*	42	10.6	5.1
	Overweight or Obesity	34	32.3%	31.3%
Overall - Children		37	-0.249	

AK Overall - Women and Children

37 -0.255

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

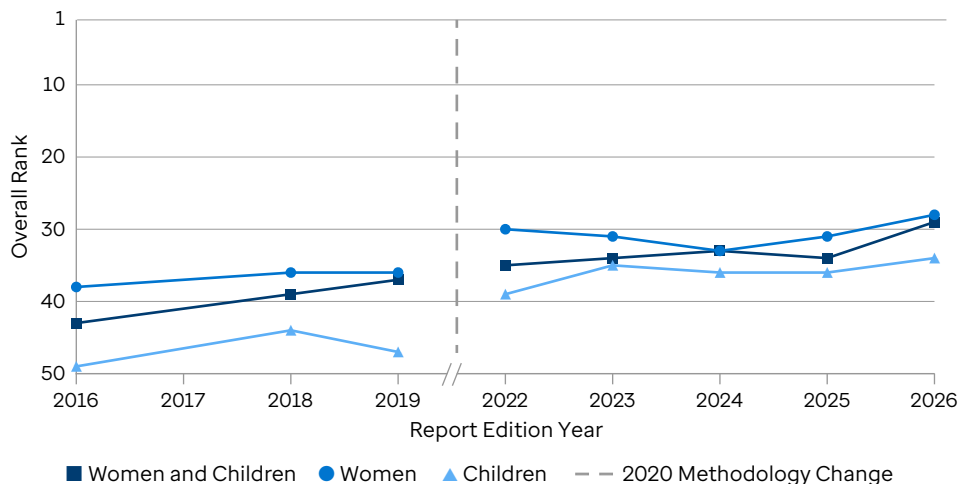
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Summary

Strengths

- Low prevalence of alcohol use among adolescents
- Low prevalence of household smoke exposure
- Low prevalence of low-risk cesarean deliveries

Challenges

- Low enrollment in early childhood education
- Low prevalence of cervical cancer screening
- High prevalence of uninsured children

Key Findings

Teen Births

54%▼

from 29.9 to 13.9 births per 1,000 females ages 15-19 between 2014 and 2024.

Neonatal Abstinence Syndrome

42%▲

from 7.2 to 10.2 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Frequent Mental Distress

40%▲

from 15.7% to 22.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Poverty

20%▼

from 16.8% to 13.4% of women ages 18-44 between 2018 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	11	0.298	
Air and Water Quality			
Air Pollution	40	8.7	8.8
Drinking Water Violations	31	2.1	2.5
Household Smoke	10	8.5%	10.3%
Water Fluoridation	37	575%	72.3%
Climate and Health			
Climate Policies	22	2	—
Transportation Energy Use*	16	76	8.3
Housing and Transportation			
Drive Alone to Work - Women	10	65.1%	67.4%
Housing Cost Burden - Households With Children	35	273%	277%
Housing With Lead Risk	2	6.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		26	0.156	
Community and Family Safety	Firearm Deaths*	26	7.4	5.9
	Injury Deaths	32	55.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	41	30.5%	25.8%
	Food Insecurity	30	13.1%	13.3%
	Gender Pay Gap*	17	83.0%	83.0%
	Poverty	19	13.4%	14.4%
	Unemployment	23	3.4%	3.9%
Education	College Graduate	37	34.8%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	7	54	—
	Voter Participation	26	60.4%	60.0%
Clinical Care		45	-0.585	
Access to Care	Adequate Prenatal Care	43	71.9%	75.0%
	Avoided Care Due to Cost	39	20.9%	18.5%
	Maternity Care Desert*	11	0.3	3.5
	Uninsured	38	13.4%	11.2%
	Women's Health Providers	36	42.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	46	66.3%	69.7%
	Dental Visit	46	59.2%	65.6%
	Flu Vaccination	39	29.2%	33.9%
	Postpartum Visit*	41	87.8%	90.3%
	Well-Woman Visit	44	69.1%	73.4%
Quality of Care	Breastfeeding Initiation	22	87.1%	85.4%
	Dedicated Health Care Provider	41	76.1%	77.9%
	Low-Risk Cesarean Delivery	11	23.4%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		20	0.044	
Nutrition and Physical Activity	Exercise	20	28.6%	27.6%
	Fruit and Vegetable Consumption	28	8.8%	9.8%
	Physical Inactivity	34	22.7%	22.0%
Sexual Health	Chlamydia	39	1,721.1	1,481.2
	High-Risk HIV Behaviors	31	8.9%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	9	33.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	17	8.1%	8.4%
	Cigarette Smoking During Pregnancy	13	1.9%	2.4%
	E-Cigarette Use	16	11.7%	11.7%
Health Outcomes		25	-0.141	
Behavioral Health	Drug Deaths*	26	26.3	25.0
	Excessive Drinking	20	17.9%	18.1%
	Frequent Mental Distress	11	22.0%	23.2%
	Illicit Drug Use	44	13.5%	10.5%
	Postpartum Anxiety*	7	17.6%	20.3%
	Postpartum Depression*	27	12.2%	11.9%
Mortality	Maternal Mortality*	32	28.4	23.1
	Mortality Rate	35	119.9	98.0
Physical Health	Depression*	8	27.2%	30.6%
	Diabetes*	16	2.9%	3.6%
	Frequent Physical Distress	26	10.0%	10.1%
	High Blood Pressure	28	12.1%	11.8%
	High Health Status*	31	49.3%	49.4%
	Multiple Chronic Conditions	13	3.9%	4.5%
	Obesity	18	32.3%	32.6%
	Severe Maternal Morbidity*	14	86.3	97.8
Overall - Women		28	-0.020	

AZ Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		33	-0.169	
Community and Family Safety	Child Victimization*	22	6.2	7.2
	Firearm Deaths*	26	6.4	5.5
	Injury Deaths	36	22.5	17.8
Economic Resources	Children in Poverty	27	14.6%	15.5%
	Children in Poverty - Racial Disparity	34	3.8	3.0
	Food Sufficiency	40	62.5%	66.6%
	Students Experiencing Homelessness	10	2.0%	3.2%
	WIC Coverage	13	59.6%	54.5%
Education	Early Childhood Education	45	38.0%	49.3%
	Fourth Grade Reading Proficiency	44	26.4%	30.5%
	High School Completion	40	89.7%	89.9%
Social Support and Engagement	Adult Mentor*	47	84.3%	88.0%
	Adverse Childhood Experiences	15	13.4%	14.1%
	Foster Care Instability	25	18.4%	18.7%
	High-Speed Internet	31	96.5%	96.6%
	Neighborhood Amenities	23	37.5%	38.2%
	Reading, Singing or Storytelling*	25	61.9%	59.7%
Clinical Care		44	-0.469	
Access to Care	ADD/ADHD Treatment	48	2.0%	3.4%
	Mental Health Treatment*	35	83.3%	83.3%
	Pediatricians	33	92.4	118.2
	Uninsured	49	9.3%	6.0%
Preventive Clinical Care	Childhood Immunizations	24	69.0%	68.0%
	HPV Vaccination	14	67.4%	62.9%
	Preventive Dental Visit	21	82.4%	80.2%
	Well-Child Visit	35	78.3%	79.6%
Quality of Care	Adequate Insurance	38	61.9%	64.6%
	Developmental Screening	41	31.3%	36.5%
	Medical Home	46	41.9%	45.5%
Behaviors		39	-0.524	
Nutrition and Physical Activity	Breastfed	48	22.4%	27.9%
	Physical Activity	48	15.8%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	29	13.9	12.6
Sleep Health	Adequate Sleep	34	63.6%	65.3%
	Sleep Position*	22	72.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	10	1.7%	1.9%
Health Outcomes		17	0.065	
Behavioral Health	Alcohol Use	8	5.8%	6.8%
	Flourishing	23	66.1%	66.7%
	Illicit Drug Use	29	7.9%	7.4%
	Mental Health Conditions	14	20.3%	20.5%
	Teen Suicide*	34	12.8	9.7
Mortality	Child Mortality	32	33.4	28.7
	Infant Mortality	28	5.9	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	18	6.4%	6.8%
	Congenital Syphilis*	47	296.6	105.8
	High Health Status*	50	87.0%	89.9%
	Low Birth Weight	20	7.9%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	40	10.2	5.1
	Overweight or Obesity	36	32.4%	31.3%
Overall - Children		34	-0.113	

AZ Overall - Women and Children

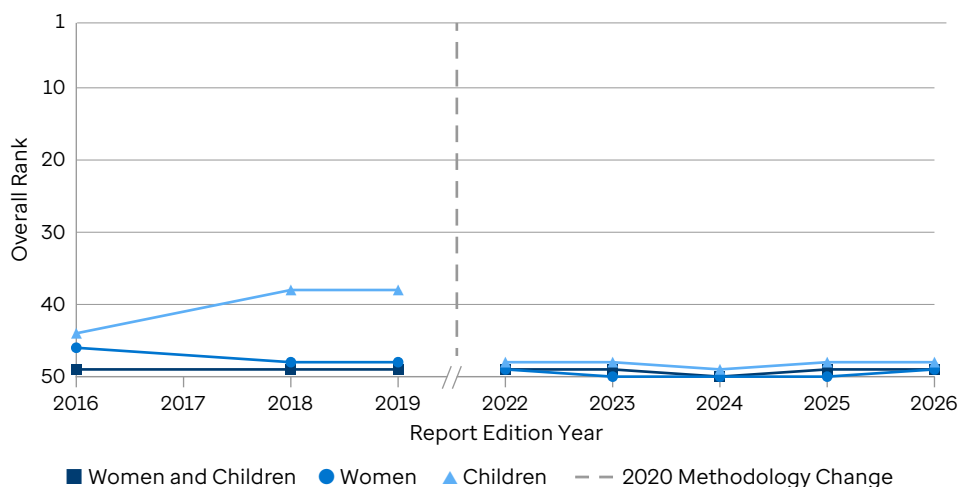
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of excessive drinking among women
- High prevalence of physical activity among children
- Low housing cost burden among households with children

Challenges

- High infant mortality rate
- High prevalence of household food insecurity
- High teen birth rate

Key Findings

Frequent Mental Distress

55%▲

from 19.3% to 30.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Cigarette Smoking

53%▼

from 28.8% to 13.4% of women ages 18-44 between 2013-2014 and 2023-2024.

Household Smoke

44%▼

from 26.8% to 14.9% of children ages 0-17 between 2016-2017 and 2023-2024.

Flourishing

30%▼

from 91.5% to 63.6% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		47	-0.323	
Air and Water Quality	Air Pollution	37	8.5	8.8
	Drinking Water Violations	49	5.1	2.5
	Household Smoke	42	14.9%	10.3%
	Water Fluoridation	18	86.8%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	33	9.3	8.3
Housing and Transportation	Drive Alone to Work - Women	46	76.3%	67.4%
	Housing Cost Burden - Households With Children	18	22.4%	27.7%
	Housing With Lead Risk	8	9.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		48	-1.025	
Community and Family Safety	Firearm Deaths*	36	9.1	5.9
	Injury Deaths	29	53.2	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	36	271%	25.8%
	Food Insecurity	50	19.4%	13.3%
	Gender Pay Gap*	30	81.9%	83.0%
	Poverty	45	18.5%	14.4%
	Unemployment	31	3.8%	3.9%
Education	College Graduate	47	278%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	4	9%	12%
	Residential Segregation - Black/White	30	65	—
	Voter Participation	50	49.3%	60.0%
Clinical Care		47	-0.882	
Access to Care	Adequate Prenatal Care	38	73.6%	75.0%
	Avoided Care Due to Cost	49	25.8%	18.5%
	Maternity Care Desert*	45	13.0	3.5
	Uninsured	41	14.2%	11.2%
	Women's Health Providers	49	31.1	48.1
Preventive Clinical Care	Cervical Cancer Screening	23	70.2%	69.7%
	Dental Visit	47	57.7%	65.6%
	Flu Vaccination	40	28.7%	33.9%
	Postpartum Visit*	46	84.3%	90.3%
	Well-Woman Visit	36	72.4%	73.4%
Quality of Care	Breastfeeding Initiation	48	72.0%	85.4%
	Dedicated Health Care Provider	25	80.3%	77.9%
	Low-Risk Cesarean Delivery	33	26.9%	26.6%
	Maternity Practices Score	50	71	82
Behaviors		48	-1.061	
Nutrition and Physical Activity	Exercise	43	24.5%	27.6%
	Fruit and Vegetable Consumption	2	13.7%	9.8%
	Physical Inactivity	49	27.0%	22.0%
Sexual Health	Chlamydia	46	2,034.1	1,481.2
	High-Risk HIV Behaviors	39	10.1%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	39	39.3%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	45	13.4%	8.4%
	Cigarette Smoking During Pregnancy	40	5.1%	2.4%
	E-Cigarette Use	44	16.4%	11.7%
Health Outcomes		45	-1.061	
Behavioral Health	Drug Deaths*	8	18.8	25.0
	Excessive Drinking	10	16.1%	18.1%
	Frequent Mental Distress	47	30.0%	23.2%
	Illicit Drug Use	28	10.8%	10.5%
	Postpartum Anxiety*	45	29.1%	20.3%
	Postpartum Depression*	36	13.8%	11.9%
	Maternal Mortality*	43	32.7	23.1
Mortality	Mortality Rate	41	134.9	98.0
Physical Health	Depression*	33	37.1%	30.6%
	Diabetes*	48	5.8%	3.6%
	Frequent Physical Distress	32	11.3%	10.1%
	High Blood Pressure	48	19.7%	11.8%
	High Health Status*	49	44.6%	49.4%
	Multiple Chronic Conditions	41	6.7%	4.5%
	Obesity	44	40.9%	32.6%
	Severe Maternal Morbidity*	9	79.6	97.8
Overall - Women		49	-0.886	

AR Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		49	-1.038	
Community and Family Safety	Child Victimization*	31	9.5	7.2
	Firearm Deaths*	42	9.9	5.5
	Injury Deaths	41	25.9	17.8
Economic Resources	Children in Poverty	45	20.0%	15.5%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	49	54.7%	66.6%
	Students Experiencing Homelessness	43	3.9%	3.2%
	WIC Coverage	42	43.4%	54.5%
Education	Early Childhood Education	32	44.5%	49.3%
	Fourth Grade Reading Proficiency	36	28.1%	30.5%
	High School Completion	42	89.3%	89.9%
Social Support and Engagement	Adult Mentor*	35	88.3%	88.0%
	Adverse Childhood Experiences	45	20.5%	14.1%
	Foster Care Instability	47	33.5%	18.7%
	High-Speed Internet	35	96.2%	96.6%
	Neighborhood Amenities	41	22.8%	38.2%
	Reading, Singing or Storytelling*	42	55.0%	59.7%
Clinical Care		40	-0.255	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	11	87.5%	83.3%
	Pediatricians	37	88.3	118.2
	Uninsured	39	7.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	37	65.5%	68.0%
	HPV Vaccination	32	60.3%	62.9%
	Preventive Dental Visit	45	77.7%	80.2%
	Well-Child Visit	38	78.0%	79.6%
Quality of Care	Adequate Insurance	10	68.2%	64.6%
	Developmental Screening	48	25.9%	36.5%
	Medical Home	33	46.8%	45.5%
Behaviors		42	-0.704	
Nutrition and Physical Activity	Breastfed	41	25.1%	27.9%
	Physical Activity	2	26.1%	19.7%
	Soda Consumption*	18	15.0%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	18	90.7%	85.6%
	Teen Births	49	22.2	12.6
Sleep Health	Adequate Sleep	48	57.4%	65.3%
	Sleep Position*	25	71.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	26	22.6%	16.8%
	Tobacco Use	42	2.5%	1.9%
Health Outcomes		48	-0.936	
Behavioral Health	Alcohol Use	12	6.1%	6.8%
	Flourishing	45	63.6%	66.7%
	Illicit Drug Use	33	8.2%	7.4%
	Mental Health Conditions	35	24.0%	20.5%
	Teen Suicide*	32	12.5	9.7
Mortality	Child Mortality	45	39.5	28.7
	Infant Mortality	49	8.0	5.6
	Neonatal Mortality*	48	4.9	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	43	180.4	105.8
	High Health Status*	24	90.8%	89.9%
	Low Birth Weight	40	9.5%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	11	3.4	5.1
	Overweight or Obesity	49	40.2%	31.3%
Overall - Children		48	-0.750	

49 -0.865

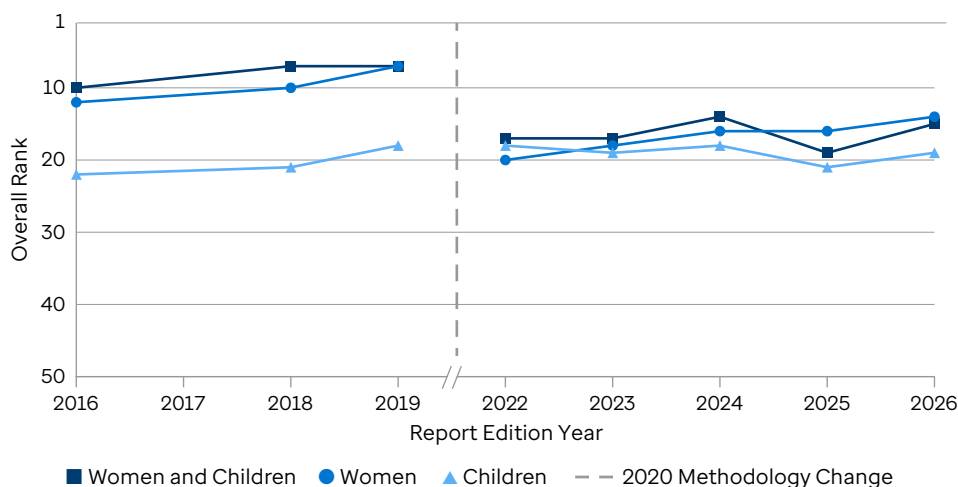
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Summary

Strengths

- Low child mortality rate
- High WIC coverage among eligible children ages 0-4
- Low prevalence of e-cigarette use among women

Challenges

- High housing cost burden among households with children
- High prevalence of unemployment among women
- Low prevalence of children with a medical home

Key Findings

Children in Poverty

36%▼

from 22.7% to 14.6% of children ages 0-17 between 2014 and 2024.

Injury Deaths

17%▲

from 10.7 to 12.5 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

High Health Status

16%▼

from 53.5% to 45.0% of women ages 18-44 between 2013-2014 and 2023-2024.

College Graduate

15%▲

from 35.6% to 40.9% of women ages 25-44 between 2017-2018 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	42	-0.165	
Air and Water Quality			
Air Pollution	50	11.7	8.8
Drinking Water Violations	37	2.3	2.5
Household Smoke	2	5.8%	10.3%
Water Fluoridation	36	57.7%	72.3%
Climate and Health			
Climate Policies	1	4	—
Transportation Energy Use*	20	79	8.3
Housing and Transportation			
Drive Alone to Work - Women	11	65.3%	67.4%
Housing Cost Burden - Households With Children	49	37.5%	27.7%
Housing With Lead Risk	29	16.4%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		31	-0.052	
Community and Family Safety	Firearm Deaths*	5	2.6	5.9
	Injury Deaths	6	32.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	45	32.6%	25.8%
	Food Insecurity	23	12.5%	13.3%
	Gender Pay Gap*	3	88.6%	83.0%
	Poverty	18	13.3%	14.4%
	Unemployment	48	5.1%	3.9%
Education	College Graduate	17	40.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	44	16%	12%
	Residential Segregation - Black/White	23	63	—
	Voter Participation	31	59.3%	60.0%
Clinical Care		23	0.351	
Access to Care	Adequate Prenatal Care	33	75.4%	75.0%
	Avoided Care Due to Cost	14	15.4%	18.5%
	Maternity Care Desert*	10	0.2	3.5
	Uninsured	10	7.2%	11.2%
	Women's Health Providers	30	44.9	48.1
Preventive Clinical Care	Cervical Cancer Screening	37	68.9%	69.7%
	Dental Visit	13	69.3%	65.6%
	Flu Vaccination	16	38.4%	33.9%
	Postpartum Visit*	—	—	90.3%
	Well-Woman Visit	34	72.6%	73.4%
Quality of Care	Breastfeeding Initiation	—	—	85.4%
	Dedicated Health Care Provider	45	75.5%	77.9%
	Low-Risk Cesarean Delivery	28	25.9%	26.6%
	Maternity Practices Score	4	89	82
Behaviors		7	0.423	
Nutrition and Physical Activity	Exercise	45	24.2%	27.6%
	Fruit and Vegetable Consumption	9	11.4%	9.8%
	Physical Inactivity	33	21.9%	22.0%
Sexual Health	Chlamydia	20	1,362.5	1,481.2
	High-Risk HIV Behaviors	23	8.6%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	14	33.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	2	4.6%	8.4%
	Cigarette Smoking During Pregnancy	1	0.4%	2.4%
	E-Cigarette Use	2	8.3%	11.7%
Health Outcomes		1	0.672	
Behavioral Health	Drug Deaths*	5	15.6	25.0
	Excessive Drinking	13	171%	18.1%
	Frequent Mental Distress	5	20.4%	23.2%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	—	—	20.3%
	Postpartum Depression*	—	—	11.9%
Mortality	Maternal Mortality*	1	10.8	23.1
	Mortality Rate	4	75.5	98.0
Physical Health	Depression*	3	23.4%	30.6%
	Diabetes*	16	2.9%	3.6%
	Frequent Physical Distress	8	8.9%	10.1%
	High Blood Pressure	19	11.1%	11.8%
	High Health Status*	48	45.0%	49.4%
	Multiple Chronic Conditions	1	2.7%	4.5%
	Obesity	3	27.3%	32.6%
	Severe Maternal Morbidity*	—	—	97.8
Overall - Women		14	0.255	

CA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		14	0.269	
Community and Family Safety	Child Victimization*	16	5.3	7.2
	Firearm Deaths*	6	2.7	5.5
	Injury Deaths	8	12.5	17.8
Economic Resources	Children in Poverty	27	14.6%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	13	70.0%	66.6%
	Students Experiencing Homelessness	48	4.9%	3.2%
	WIC Coverage	2	72.1%	54.5%
Education	Early Childhood Education	14	50.4%	49.3%
	Fourth Grade Reading Proficiency	33	28.7%	30.5%
	High School Completion	50	84.8%	89.9%
Social Support and Engagement	Adult Mentor*	50	82.5%	88.0%
	Adverse Childhood Experiences	3	10.9%	14.1%
	Foster Care Instability	12	13.1%	18.7%
	High-Speed Internet	13	97.3%	96.6%
	Neighborhood Amenities	6	52.4%	38.2%
	Reading, Singing or Storytelling*	28	60.9%	59.7%
Clinical Care		38	-0.172	
Access to Care	ADD/ADHD Treatment	49	1.5%	3.4%
	Mental Health Treatment*	20	85.9%	83.3%
	Pediatricians	18	119.7	118.2
	Uninsured	9	3.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	46	62.1%	68.0%
	HPV Vaccination	22	66.0%	62.9%
	Preventive Dental Visit	14	83.3%	80.2%
	Well-Child Visit	48	74.8%	79.6%
Quality of Care	Adequate Insurance	8	69.3%	64.6%
	Developmental Screening	36	35.8%	36.5%
	Medical Home	47	39.2%	45.5%
Behaviors		19	0.334	
Nutrition and Physical Activity	Breastfed	26	28.6%	27.9%
	Physical Activity	42	17.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	11	8.7	12.6
Sleep Health	Adequate Sleep	26	66.2%	65.3%
	Sleep Position*	—	—	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	2	1.4%	1.9%
Health Outcomes		9	0.456	
Behavioral Health	Alcohol Use	40	8.1%	6.8%
	Flourishing	18	66.6%	66.7%
	Illicit Drug Use	18	6.9%	7.4%
	Mental Health Conditions	3	16.2%	20.5%
	Teen Suicide*	5	6.4	9.7
Mortality	Child Mortality	7	21.6	28.7
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	7	2.9	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	38	122.2	105.8
	High Health Status*	42	88.6%	89.9%
	Low Birth Weight	11	7.4%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	—	—	5.1
Overall - Children	Overweight or Obesity	23	31.2%	31.3%

15 0.262

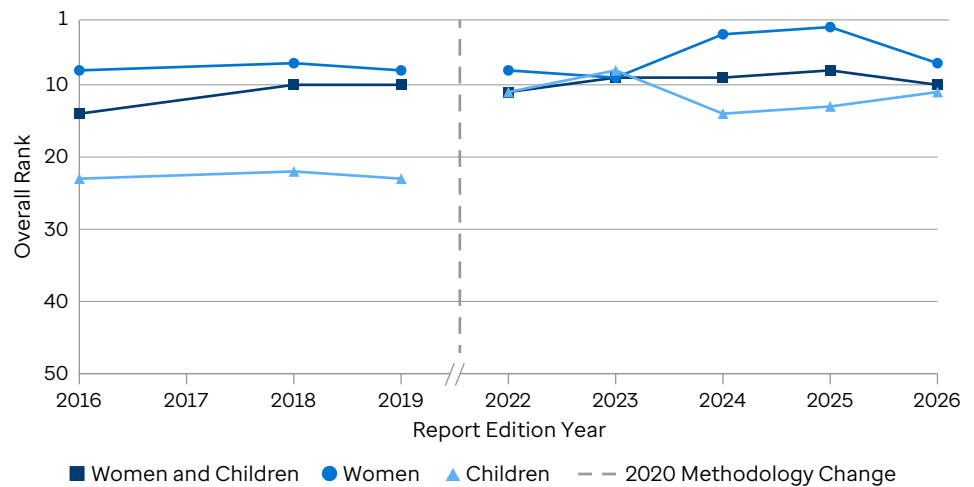
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of overweight or obesity among children
- High prevalence of women with a college degree
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of excessive drinking among women
- High prevalence of low birth weight infants
- Low prevalence of ADD/ADHD treatment among children

Key Findings

Uninsured Children

40%▲

from 4.3% to 6.0% of children ages 0-18 between 2017 and 2024.

Children in Poverty

25%▼

from 15.4% to 11.5% of children ages 0-17 between 2014 and 2024.

Obesity

24%▲

from 19.8% to 24.6% of women ages 18-44 between 2013-2014 and 2023-2024.

Well-Woman Visit

11%▲

from 62.7% to 69.6% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		2	0.628	
Air and Water Quality	Air Pollution	8	6.0	8.8
	Drinking Water Violations	34	2.2	2.5
	Household Smoke	4	7.7%	10.3%
	Water Fluoridation	26	75.4%	72.3%
Climate and Health	Climate Policies	13	3	—
	Transportation Energy Use*	14	75	8.3
Housing and Transportation	Drive Alone to Work - Women	5	62.9%	67.4%
	Housing Cost Burden - Households With Children	39	28.9%	27.7%
	Housing With Lead Risk	14	10.8%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		7	0.631	
Community and Family Safety	Firearm Deaths*	26	7.4	5.9
	Injury Deaths	28	51.3	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	13	12.9%	25.8%
	Food Insecurity	7	10.5%	13.3%
	Gender Pay Gap*	13	83.7%	83.0%
	Poverty	11	12.1%	14.4%
	Unemployment	37	4.2%	3.9%
Education	College Graduate	3	479%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	—	—	12%
	Residential Segregation - Black/White	34	67	—
	Voter Participation	5	68.5%	60.0%
Clinical Care		26	0.286	
Access to Care	Adequate Prenatal Care	45	70.2%	75.0%
	Avoided Care Due to Cost	38	20.6%	18.5%
	Maternity Care Desert*	19	1.6	3.5
	Uninsured	28	10.4%	11.2%
	Women's Health Providers	7	64.0	48.1
Preventive Clinical Care	Cervical Cancer Screening	17	71.2%	69.7%
	Dental Visit	30	67.1%	65.6%
	Flu Vaccination	10	39.9%	33.9%
	Postpartum Visit*	20	92.0%	90.3%
	Well-Woman Visit	42	69.6%	73.4%
Quality of Care	Breastfeeding Initiation	5	90.9%	85.4%
	Dedicated Health Care Provider	39	76.4%	77.9%
	Low-Risk Cesarean Delivery	10	23.1%	26.6%
	Maternity Practices Score	11	86	82
Behaviors		3	0.729	
Nutrition and Physical Activity	Exercise	3	32.8%	27.6%
	Fruit and Vegetable Consumption	10	11.3%	9.8%
	Physical Inactivity	5	15.9%	22.0%
Sexual Health	Chlamydia	16	1,242.0	1,481.2
	High-Risk HIV Behaviors	20	8.5%	8.5%
	Unintended Pregnancy*	21	33.9%	—
Sleep Health	Insufficient Sleep	2	29.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	18	8.3%	8.4%
	Cigarette Smoking During Pregnancy	18	2.2%	2.4%
	E-Cigarette Use	18	12.2%	11.7%
Health Outcomes		16	0.059	
Behavioral Health	Drug Deaths*	23	25.9	25.0
	Excessive Drinking	46	22.0%	18.1%
	Frequent Mental Distress	20	23.2%	23.2%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	22	21.1%	20.3%
	Postpartum Depression*	5	9.2%	11.9%
Mortality	Maternal Mortality*	8	16.0	23.1
	Mortality Rate	21	97.5	98.0
Physical Health	Depression*	25	34.0%	30.6%
	Diabetes*	5	2.6%	3.6%
	Frequent Physical Distress	31	11.0%	10.1%
	High Blood Pressure	2	8.9%	11.8%
	High Health Status*	12	52.9%	49.4%
	Multiple Chronic Conditions	16	4.2%	4.5%
	Obesity	2	24.6%	32.6%
	Severe Maternal Morbidity*	39	114.0	97.8
Overall - Women		7	0.480	

CO Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		8	0.547	
Community and Family Safety	Child Victimization*	24	6.7	7.2
	Firearm Deaths*	26	6.4	5.5
	Injury Deaths	33	22.0	17.8
Economic Resources	Children in Poverty	12	11.5%	15.5%
	Children in Poverty - Racial Disparity	35	4.0	3.0
	Food Sufficiency	10	71.2%	66.6%
	Students Experiencing Homelessness	27	2.6%	3.2%
	WIC Coverage	24	52.9%	54.5%
Education	Early Childhood Education	10	53.7%	49.3%
	Fourth Grade Reading Proficiency	7	35.7%	30.5%
	High School Completion	13	93.2%	89.9%
Social Support and Engagement	Adult Mentor*	27	90.6%	88.0%
	Adverse Childhood Experiences	31	16.1%	14.1%
	Foster Care Instability	6	11.7%	18.7%
	High-Speed Internet	13	97.3%	96.6%
	Neighborhood Amenities	1	56.7%	38.2%
	Reading, Singing or Storytelling*	26	61.2%	59.7%
Clinical Care		19	0.367	
Access to Care	ADD/ADHD Treatment	42	2.9%	3.4%
	Mental Health Treatment*	28	84.7%	83.3%
	Pediatricians	15	128.0	118.2
	Uninsured	31	6.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	24	69.0%	68.0%
	HPV Vaccination	27	64.3%	62.9%
	Preventive Dental Visit	1	88.0%	80.2%
	Well-Child Visit	9	82.5%	79.6%
Quality of Care	Adequate Insurance	45	60.8%	64.6%
	Developmental Screening	6	49.6%	36.5%
	Medical Home	29	47.2%	45.5%
Behaviors		10	0.590	
Nutrition and Physical Activity	Breastfed	8	34.7%	27.9%
	Physical Activity	26	20.2%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	23	11.2	12.6
Sleep Health	Adequate Sleep	7	71.8%	65.3%
	Sleep Position*	4	80.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	25	2.0%	1.9%
Health Outcomes		21	-0.034	
Behavioral Health	Alcohol Use	45	8.8%	6.8%
	Flourishing	23	66.1%	66.7%
	Illicit Drug Use	47	10.1%	7.4%
	Mental Health Conditions	18	20.6%	20.5%
	Teen Suicide*	40	15.1	9.7
Mortality	Child Mortality	30	31.5	28.7
	Infant Mortality	9	4.5	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	20	6.6%	6.8%
	Congenital Syphilis*	30	81.8	105.8
	High Health Status*	14	91.6%	89.9%
	Low Birth Weight	40	9.5%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	22	5.5	5.1
	Overweight or Obesity	1	23.1%	31.3%
Overall - Children		11	0.404	

10 0.422

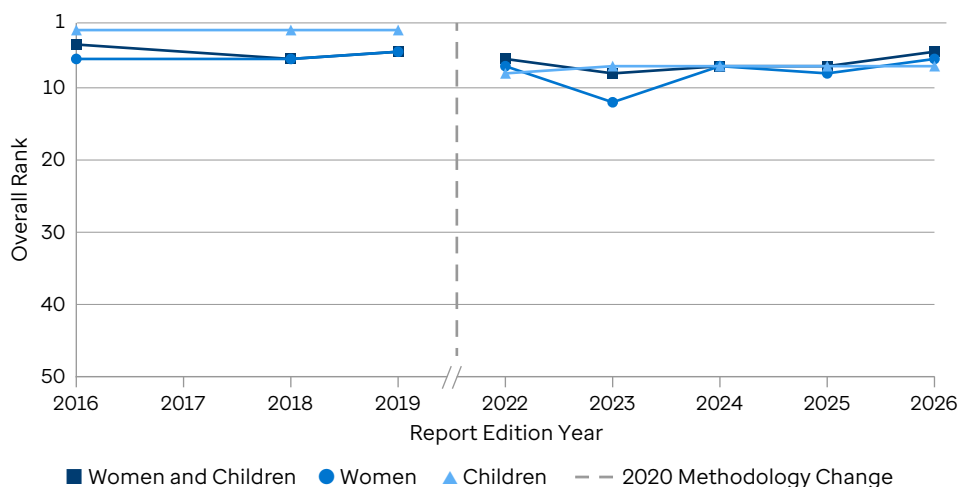
10 Years of Data

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Summary

Strengths

- Low child mortality rate
- High enrollment in early childhood education
- High prevalence of dental visits among women

Challenges

- High prevalence of low-risk cesarean deliveries
- High prevalence of physical inactivity among women
- High housing cost burden among households with children

Key Findings

Cigarette Smoking

65%▼

from 15.6% to 5.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Students Experiencing Homelessness

57%▲

from 0.7% to 1.1% of public school students between the 2015-2016 and 2023-2024 school years.

Neonatal Abstinence Syndrome

43%▼

from 10.2 to 5.8 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Obesity

37%▲

from 23.1% to 31.6% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		12	0.290	
Air and Water Quality	Air Pollution	27	8.1	8.8
	Drinking Water Violations	6	1.4	2.5
	Household Smoke	5	7.9%	10.3%
	Water Fluoridation	14	90.4%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	4	6.2	8.3
Housing and Transportation	Drive Alone to Work - Women	20	69.3%	67.4%
	Housing Cost Burden - Households With Children	41	29.4%	27.7%
	Housing With Lead Risk	46	25.3%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		13	0.485	
Community and Family Safety	Firearm Deaths*	4	2.4	5.9
	Injury Deaths	12	39.9	47.0
	Intimate Partner Violence Before Pregnancy*	14	3.1%	—
Economic Resources	Concentrated Disadvantage	30	23.9%	25.8%
	Food Insecurity	20	12.1%	13.3%
	Gender Pay Gap*	20	82.7%	83.0%
	Poverty	13	12.4%	14.4%
	Unemployment	4	2.7%	3.9%
Education	College Graduate	9	45.1%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	27	64	—
	Voter Participation	34	57.9%	60.0%
Clinical Care		4	1.063	
Access to Care	Adequate Prenatal Care	4	85.7%	75.0%
	Avoided Care Due to Cost	9	14.8%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	21	9.1%	11.2%
	Women's Health Providers	5	66.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	2	75.0%	69.7%
	Dental Visit	2	74.0%	65.6%
	Flu Vaccination	6	41.6%	33.9%
	Postpartum Visit*	4	93.4%	90.3%
	Well-Woman Visit	6	77.9%	73.4%
Quality of Care	Breastfeeding Initiation	5	90.9%	85.4%
	Dedicated Health Care Provider	16	82.2%	77.9%
	Low-Risk Cesarean Delivery	48	30.0%	26.6%
	Maternity Practices Score	6	88	82
Behaviors		9	0.385	
Nutrition and Physical Activity	Exercise	36	25.9%	27.6%
	Fruit and Vegetable Consumption	8	11.8%	9.8%
	Physical Inactivity	40	24.3%	22.0%
Sexual Health	Chlamydia	14	1,217.1	1,481.2
	High-Risk HIV Behaviors	10	7.6%	8.5%
	Unintended Pregnancy*	13	20.6%	—
Sleep Health	Insufficient Sleep	18	34.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	4	5.5%	8.4%
	Cigarette Smoking During Pregnancy	7	1.2%	2.4%
	E-Cigarette Use	5	9.4%	11.7%
Health Outcomes		7	0.462	
Behavioral Health	Drug Deaths*	21	25.0	25.0
	Excessive Drinking	18	17.7%	18.1%
	Frequent Mental Distress	9	21.4%	23.2%
	Illicit Drug Use	1	6.7%	10.5%
	Postpartum Anxiety*	5	16.7%	20.3%
	Postpartum Depression*	4	8.6%	11.9%
Mortality	Maternal Mortality*	3	14.4	23.1
	Mortality Rate	6	77.9	98.0
Physical Health	Depression*	10	28.3%	30.6%
	Diabetes*	28	3.6%	3.6%
	Frequent Physical Distress	30	10.7%	10.1%
	High Blood Pressure	21	11.2%	11.8%
	High Health Status*	4	54.2%	49.4%
	Multiple Chronic Conditions	8	3.5%	4.5%
	Obesity	15	31.6%	32.6%
	Severe Maternal Morbidity*	42	122.2	97.8
Overall - Women		6	0.507	

CT Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		5	0.706	
Community and Family Safety	Child Victimization*	27	7.7	7.2
	Firearm Deaths*	4	2.0	5.5
	Injury Deaths	5	10.5	17.8
Economic Resources	Children in Poverty	24	13.4%	15.5%
	Children in Poverty - Racial Disparity	45	4.9	3.0
	Food Sufficiency	8	71.9%	66.6%
	Students Experiencing Homelessness	1	1.1%	3.2%
	WIC Coverage	33	48.3%	54.5%
Education	Early Childhood Education	4	63.1%	49.3%
	Fourth Grade Reading Proficiency	4	36.2%	30.5%
	High School Completion	24	91.8%	89.9%
Social Support and Engagement	Adult Mentor*	44	85.5%	88.0%
	Adverse Childhood Experiences	6	12.3%	14.1%
	Foster Care Instability	22	17.9%	18.7%
	High-Speed Internet	3	97.9%	96.6%
	Neighborhood Amenities	12	44.4%	38.2%
	Reading, Singing or Storytelling*	7	66.1%	59.7%
Clinical Care		5	1.147	
Access to Care	ADD/ADHD Treatment	15	4.1%	3.4%
	Mental Health Treatment*	7	88.4%	83.3%
	Pediatricians	5	164.1	118.2
	Uninsured	3	2.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	5	79.9%	68.0%
	HPV Vaccination	17	67.0%	62.9%
	Preventive Dental Visit	3	87.8%	80.2%
	Well-Child Visit	5	86.8%	79.6%
Quality of Care	Adequate Insurance	18	65.9%	64.6%
	Developmental Screening	17	43.2%	36.5%
	Medical Home	36	46.2%	45.5%
Behaviors		27	0.154	
Nutrition and Physical Activity	Breastfed	39	25.4%	27.9%
	Physical Activity	38	18.3%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	4	6.5	12.6
Sleep Health	Adequate Sleep	19	67.9%	65.3%
	Sleep Position*	11	76.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		16	0.088	
Behavioral Health	Alcohol Use	38	7.9%	6.8%
	Flourishing	18	66.6%	66.7%
	Illicit Drug Use	43	9.0%	7.4%
	Mental Health Conditions	27	22.4%	20.5%
	Teen Suicide*	3	5.2	9.7
Mortality	Child Mortality	3	18.3	28.7
	Infant Mortality	8	4.4	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	3	5.7	105.8
	High Health Status*	23	90.9%	89.9%
	Low Birth Weight	22	8.1%	8.5%
	Low Birth Weight - Racial Disparity	42	2.2	2.1
	Neonatal Abstinence Syndrome*	25	5.8	5.1
	Overweight or Obesity	18	30.7%	31.3%
Overall - Children		7	0.467	

5 0.506

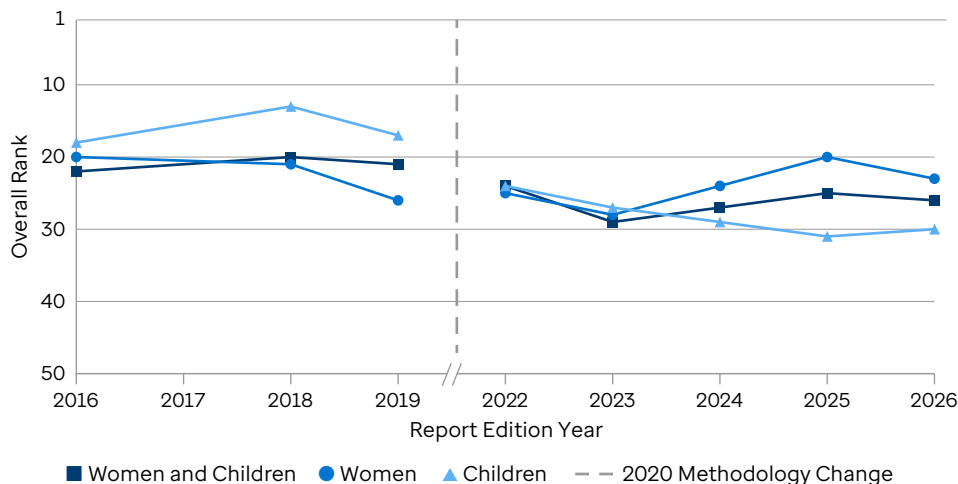
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Summary

Strengths

- Low prevalence of household food insecurity
- High number of pediatricians per 100,000 children ages 0-21
- High prevalence of well-woman visits

Challenges

- High injury death rate among women
- High prevalence of overweight or obesity among children
- High prevalence of household smoke exposure

Key Findings

Frequent Mental Distress

77%▲

from 13.0% to 23.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Neonatal Abstinence Syndrome

67%▼

from 26.8 to 8.9 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Cigarette Smoking

49%▼

from 19.1% to 9.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

27%▼

from 92.4% to 67.4% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	22	0.111	
Air and Water Quality			
Air Pollution	45	9.7	8.8
Drinking Water Violations	2	1.0	2.5
Household Smoke	45	15.8%	10.3%
Water Fluoridation	31	69.8%	72.3%
Climate and Health			
Climate Policies	1	4	—
Transportation Energy Use*	12	7.4	8.3
Housing and Transportation			
Drive Alone to Work - Women	30	71.8%	67.4%
Housing Cost Burden - Households With Children	26	24.4%	27.7%
Housing With Lead Risk	20	13.2%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		10	0.522	
Community and Family Safety	Firearm Deaths*	13	5.2	5.9
	Injury Deaths	43	67.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	33	25.8%	25.8%
	Food Insecurity	9	10.8%	13.3%
	Gender Pay Gap*	6	87.8%	83.0%
	Poverty	10	11.8%	14.4%
	Unemployment	31	3.8%	3.9%
Education	College Graduate	22	38.7%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	1	46	—
	Voter Participation	19	62.9%	60.0%
Clinical Care		13	0.508	
Access to Care	Adequate Prenatal Care	26	78.0%	75.0%
	Avoided Care Due to Cost	24	16.9%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	26	10.0%	11.2%
	Women's Health Providers	23	48.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	6	73.2%	69.7%
	Dental Visit	36	65.0%	65.6%
	Flu Vaccination	29	33.6%	33.9%
	Postpartum Visit*	37	88.9%	90.3%
	Well-Woman Visit	4	78.2%	73.4%
Quality of Care	Breastfeeding Initiation	38	81.6%	85.4%
	Dedicated Health Care Provider	29	79.5%	77.9%
	Low-Risk Cesarean Delivery	17	24.2%	26.6%
	Maternity Practices Score	1	93	82
Behaviors		32	-0.305	
Nutrition and Physical Activity	Exercise	35	26.1%	27.6%
	Fruit and Vegetable Consumption	39	7.4%	9.8%
	Physical Inactivity	36	23.1%	22.0%
Sexual Health	Chlamydia	43	1,916.4	1,481.2
	High-Risk HIV Behaviors	28	8.8%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	20	35.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	23	9.7%	8.4%
	Cigarette Smoking During Pregnancy	25	2.8%	2.4%
	E-Cigarette Use	14	11.1%	11.7%
Health Outcomes		23	-0.088	
Behavioral Health	Drug Deaths*	48	49.3	25.0
	Excessive Drinking	16	17.5%	18.1%
	Frequent Mental Distress	18	23.0%	23.2%
	Illicit Drug Use	12	9.6%	10.5%
	Postpartum Anxiety*	15	18.8%	20.3%
	Postpartum Depression*	11	10.6%	11.9%
Mortality	Maternal Mortality*	—	—	23.1
	Mortality Rate	33	118.4	98.0
Physical Health	Depression*	18	31.6%	30.6%
	Diabetes*	31	3.8%	3.6%
	Frequent Physical Distress	8	8.9%	10.1%
	High Blood Pressure	21	11.2%	11.8%
	High Health Status*	46	45.8%	49.4%
	Multiple Chronic Conditions	30	5.3%	4.5%
	Obesity	33	36.1%	32.6%
	Severe Maternal Morbidity*	43	129.3	97.8
Overall - Women		23	0.114	

DE Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		24	0.046	
Community and Family Safety	Child Victimization*	10	3.7	7.2
	Firearm Deaths*	15	4.5	5.5
	Injury Deaths	16	16.0	17.8
Economic Resources	Children in Poverty	18	12.6%	15.5%
	Children in Poverty - Racial Disparity	33	3.7	3.0
	Food Sufficiency	22	67.4%	66.6%
	Students Experiencing Homelessness	27	2.6%	3.2%
	WIC Coverage	9	60.8%	54.5%
Education	Early Childhood Education	27	46.6%	49.3%
	Fourth Grade Reading Proficiency	43	26.5%	30.5%
	High School Completion	24	91.8%	89.9%
Social Support and Engagement	Adult Mentor*	43	85.8%	88.0%
	Adverse Childhood Experiences	28	15.8%	14.1%
	Foster Care Instability	42	25.4%	18.7%
	High-Speed Internet	3	97.9%	96.6%
	Neighborhood Amenities	38	27.4%	38.2%
	Reading, Singing or Storytelling*	34	58.5%	59.7%
Clinical Care		23	0.328	
Access to Care	ADD/ADHD Treatment	21	3.9%	3.4%
	Mental Health Treatment*	11	87.5%	83.3%
	Pediatricians	3	172.1	118.2
	Uninsured	28	5.8%	6.0%
Preventive Clinical Care	Childhood Immunizations	21	70.3%	68.0%
	HPV Vaccination	12	69.0%	62.9%
	Preventive Dental Visit	39	78.8%	80.2%
	Well-Child Visit	31	79.2%	79.6%
Quality of Care	Adequate Insurance	23	65.4%	64.6%
	Developmental Screening	27	38.8%	36.5%
	Medical Home	36	46.2%	45.5%
Behaviors		38	-0.482	
Nutrition and Physical Activity	Breastfed	44	24.0%	27.9%
	Physical Activity	41	17.7%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	28	13.1	12.6
Sleep Health	Adequate Sleep	40	62.4%	65.3%
	Sleep Position*	30	69.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	25	2.0%	1.9%
Health Outcomes		40	-0.445	
Behavioral Health	Alcohol Use	35	7.5%	6.8%
	Flourishing	12	67.4%	66.7%
	Illicit Drug Use	46	9.9%	7.4%
	Mental Health Conditions	13	20.2%	20.5%
	Teen Suicide*	—	—	9.7
Mortality	Child Mortality	22	28.1	28.7
	Infant Mortality	38	6.8	5.6
	Neonatal Mortality*	48	4.9	3.6
Physical Health	Asthma	31	71.1%	6.8%
	Congenital Syphilis*	19	46.2	105.8
	High Health Status*	30	90.4%	89.9%
	Low Birth Weight	40	9.5%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	37	8.9	5.1
	Overweight or Obesity	45	35.7%	31.3%
Overall - Children		30	-0.094	

DE Overall - Women and Children

Summary

Strengths

- Low prevalence of frequent mental distress among women
- Low prevalence of obesity among women
- Low prevalence of uninsured children

Challenges

- High child mortality rate
- High prevalence of low birth weight infants
- High prevalence of unemployment among women

Key Findings

Injury Deaths

134%▲

from 14.1 to 33.0 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Severe Maternal Morbidity

99%▲

from 88.4 to 176.1 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Cigarette Smoking

69%▼

from 14.0% to 4.3% of women ages 18-44 between 2013-2014 and 2023-2024.

Physical Inactivity

34%▼

from 19.4% to 12.9% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

23%▼

from 90.0% to 69.0% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

High School Graduation

23%▲

from 62.3% to 76.5% of students between the 2012-2013 and 2022-2023 school years.

Measures

Women and Children

		D.C. Value	U.S. Value
Physical Environment			
Air and Water Quality	Air Pollution	9.4	8.8
	Drinking Water Violations	2.0	2.5
	Household Smoke	8.5%	10.3%
	Water Fluoridation	100.0%	72.3%
Climate and Health	Climate Policies	3	—
	Transportation Energy Use*	2.7	8.3
Housing and Transportation	Drive Alone to Work – Women	28.0%	67.4%
	Housing Cost Burden – Households With Children	32.4%	27.7%
	Housing With Lead Risk	30.5%	16.1%

Continued on next page.

Measures (cont.)

Women		D.C. Value	U.S. Value
Social and Economic Factors			
Community and Family Safety	Firearm Deaths*	5.0	5.9
	Injury Deaths	36.1	47.0
	Intimate Partner Violence Before Pregnancy*	—	—
Economic Resources	Concentrated Disadvantage	479%	25.8%
	Food Insecurity	10.3%	13.3%
	Gender Pay Gap*	86.7%	83.0%
	Poverty	15.5%	14.4%
	Unemployment	5.9%	3.9%
Education	College Graduate	75.0%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	—	12%
	Residential Segregation - Black/White	67	—
	Voter Participation	72.7%	60.0%
Clinical Care			
Access to Care	Adequate Prenatal Care	63.6%	75.0%
	Avoided Care Due to Cost	11.2%	18.5%
	Maternity Care Desert*	0.0	3.5
	Uninsured	3.9%	11.2%
	Women's Health Providers	113.5	48.1
Preventive Clinical Care	Cervical Cancer Screening	77.9%	69.7%
	Dental Visit	74.2%	65.6%
	Flu Vaccination	53.8%	33.9%
	Postpartum Visit*	91.1%	90.3%
	Well-Woman Visit	78.8%	73.4%
Quality of Care	Breastfeeding Initiation	80.2%	85.4%
	Dedicated Health Care Provider	83.5%	77.9%
	Low-Risk Cesarean Delivery	29.7%	26.6%
	Maternity Practices Score	—	82
Behaviors			
Nutrition and Physical Activity	Exercise	37.3%	27.6%
	Fruit and Vegetable Consumption	14.0%	9.8%
	Physical Inactivity	12.9%	22.0%
Sexual Health	Chlamydia	1,952.5	1,481.2
	High-Risk HIV Behaviors	12.3%	8.5%
	Unintended Pregnancy*	—	—
Sleep Health	Insufficient Sleep	29.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	4.3%	8.4%
	Cigarette Smoking During Pregnancy	0.6%	2.4%
	E-Cigarette Use	6.0%	11.7%
Health Outcomes			
Behavioral Health	Drug Deaths*	19.8	25.0
	Excessive Drinking	34.5%	18.1%
	Frequent Mental Distress	16.2%	23.2%
	Illicit Drug Use	13.1%	10.5%
	Postpartum Anxiety*	16.6%	20.3%
	Postpartum Depression*	10.6%	11.9%
Mortality	Maternal Mortality*	24.3	23.1
	Mortality Rate	77.1	98.0
Physical Health	Depression*	28.9%	30.6%
	Diabetes*	1.9%	3.6%
	Frequent Physical Distress	7.9%	10.1%
	High Blood Pressure	9.8%	11.8%
	High Health Status*	65.7%	49.4%
	Multiple Chronic Conditions	1.9%	4.5%
	Obesity	24.3%	32.6%
	Severe Maternal Morbidity*	176.1	97.8

*Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		D.C. Value	U.S. Value
Social and Economic Factors			
Community and Family Safety	Child Victimization*	7.8	7.2
	Firearm Deaths*	21.3	5.5
	Injury Deaths	33.0	17.8
Economic Resources	Children in Poverty	28.3%	15.5%
	Children in Poverty - Racial Disparity	—	3.0
	Food Sufficiency	75.3%	66.6%
	Students Experiencing Homelessness	7.2%	3.2%
	WIC Coverage	56.3%	54.5%
Education	Early Childhood Education	77.3%	49.3%
	Fourth Grade Reading Proficiency	29.6%	30.5%
	High School Completion	92.0%	89.9%
Social Support and Engagement	Adult Mentor*	85.1%	88.0%
	Adverse Childhood Experiences	13.5%	14.1%
	Foster Care Instability	20.1%	18.7%
	High-Speed Internet	96.7%	96.6%
	Neighborhood Amenities	73.5%	38.2%
	Reading, Singing or Storytelling*	75.3%	59.7%
Clinical Care			
Access to Care	ADD/ADHD Treatment	2.5%	3.4%
	Mental Health Treatment*	74.2%	83.3%
	Pediatricians	617.4	118.2
	Uninsured	2.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	62.5%	68.0%
	HPV Vaccination	75.8%	62.9%
	Preventive Dental Visit	84.2%	80.2%
	Well-Child Visit	87.9%	79.6%
Quality of Care	Adequate Insurance	66.6%	64.6%
	Developmental Screening	47.0%	36.5%
	Medical Home	45.2%	45.5%
Behaviors			
Nutrition and Physical Activity	Breastfed	30.1%	27.9%
	Physical Activity	20.8%	19.7%
	Soda Consumption*	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	85.6%
	Teen Births	12.3	12.6
Sleep Health	Adequate Sleep	66.9%	65.3%
	Sleep Position*	76.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	16.8%
	Tobacco Use	2.3%	1.9%
Health Outcomes			
Behavioral Health	Alcohol Use	9.8%	6.8%
	Flourishing	69.0%	66.7%
	Illicit Drug Use	9.5%	7.4%
	Mental Health Conditions	19.1%	20.5%
	Teen Suicide*	—	9.7
Mortality	Child Mortality	43.8	28.7
	Infant Mortality	6.2	5.6
	Neonatal Mortality*	3.3	3.6
Physical Health	Asthma	9.0%	6.8%
	Congenital Syphilis*	61.9	105.8
	High Health Status*	90.9%	89.9%
	Low Birth Weight	11.0%	8.5%
	Low Birth Weight - Racial Disparity	2.5	2.1
	Neonatal Abstinence Syndrome*	3.1	5.1
	Overweight or Obesity	34.6%	31.3%

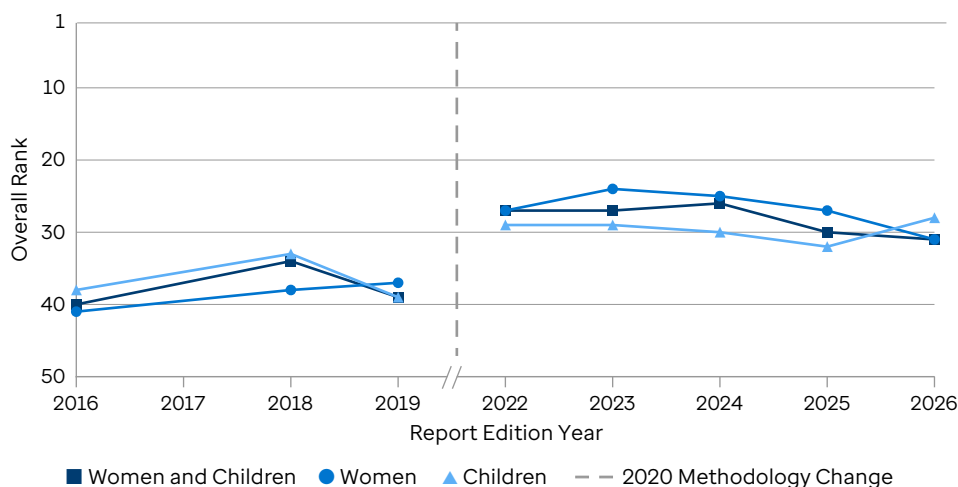
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of obesity among women
- Low prevalence of tobacco use among adolescents
- Low prevalence of cigarette smoking during pregnancy

Challenges

- High prevalence of frequent physical distress among women
- Low prevalence of preventive dental visits among children
- High housing cost burden among households with children

Key Findings

Severe Maternal Morbidity

43%▲

from 72.4 to 103.3 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Children in Poverty

35%▼

from 23.8% to 15.5% of children ages 0-17 between 2014 and 2024.

Students Experiencing Homelessness

27%▲

from 2.6% to 3.3% of public school students between the 2015-2016 and 2023-2024 school years.

Unemployment

27%▼

from 4.5% to 3.3% of female civilians ages 20-44 between 2017 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	21	0.131	
Air and Water Quality			
Air Pollution	16	76	8.8
Drinking Water Violations	29	2.0	2.5
Household Smoke	22	10.5%	10.3%
Water Fluoridation	22	78.1%	72.3%
Climate and Health			
Climate Policies	22	2	—
Transportation Energy Use*	18	7.7	8.3
Housing and Transportation			
Drive Alone to Work - Women	16	676%	674%
Housing Cost Burden - Households With Children	48	36.5%	27.7%
Housing With Lead Risk	4	7.3%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		29	0.035	
Community and Family Safety	Firearm Deaths*	19	6.2	5.9
	Injury Deaths	25	49.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	34	26.4%	25.8%
	Food Insecurity	31	13.3%	13.3%
	Gender Pay Gap*	12	84.0%	83.0%
	Poverty	23	14.1%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	26	37.6%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	16	60	—
	Voter Participation	39	56.0%	60.0%
Clinical Care		48	-0.974	
Access to Care	Adequate Prenatal Care	49	65.9%	75.0%
	Avoided Care Due to Cost	46	23.9%	18.5%
	Maternity Care Desert*	16	0.8	3.5
	Uninsured	48	15.8%	11.2%
	Women's Health Providers	39	41.4	48.1
Preventive Clinical Care	Cervical Cancer Screening	44	66.4%	69.7%
	Dental Visit	48	56.9%	65.6%
	Flu Vaccination	50	22.1%	33.9%
	Postpartum Visit*	32	89.4%	90.3%
	Well-Woman Visit	37	72.3%	73.4%
Quality of Care	Breastfeeding Initiation	23	86.8%	85.4%
	Dedicated Health Care Provider	47	71.9%	77.9%
	Low-Risk Cesarean Delivery	47	29.9%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		30	-0.267	
Nutrition and Physical Activity	Exercise	39	25.4%	27.6%
	Fruit and Vegetable Consumption	—	—	9.8%
	Physical Inactivity	38	24.1%	22.0%
Sexual Health	Chlamydia	35	1,592.1	1,481.2
	High-Risk HIV Behaviors	39	10.1%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	37	38.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	12	75%	8.4%
	Cigarette Smoking During Pregnancy	9	1.5%	2.4%
	E-Cigarette Use	11	11.0%	11.7%
Health Outcomes		14	0.168	
Behavioral Health	Drug Deaths*	28	26.9	25.0
	Excessive Drinking	11	16.4%	18.1%
	Frequent Mental Distress	23	23.6%	23.2%
	Illicit Drug Use	26	10.6%	10.5%
	Postpartum Anxiety*	2	14.2%	20.3%
	Postpartum Depression*	13	10.9%	11.9%
	Maternal Mortality*	25	22.7	23.1
Mortality	Mortality Rate	20	96.6	98.0
Physical Health	Depression*	4	24.2%	30.6%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	44	12.1%	10.1%
	High Blood Pressure	6	9.4%	11.8%
	High Health Status*	7	53.6%	49.4%
	Multiple Chronic Conditions	20	4.4%	4.5%
	Obesity	4	27.4%	32.6%
	Severe Maternal Morbidity*	33	103.3	97.8
Overall - Women		31	-0.144	

FL Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		25	0.011	
Community and Family Safety	Child Victimization*	13	4.1	7.2
	Firearm Deaths*	17	4.8	5.5
	Injury Deaths	25	18.0	17.8
Economic Resources	Children in Poverty	32	15.5%	15.5%
	Children in Poverty - Racial Disparity	4	2.6	3.0
	Food Sufficiency	38	62.7%	66.6%
	Students Experiencing Homelessness	35	3.3%	3.2%
	WIC Coverage	29	50.8%	54.5%
Education	Early Childhood Education	12	51.5%	49.3%
	Fourth Grade Reading Proficiency	10	33.0%	30.5%
	High School Completion	34	90.4%	89.9%
Social Support and Engagement	Adult Mentor*	44	85.5%	88.0%
	Adverse Childhood Experiences	19	14.1%	14.1%
	Foster Care Instability	21	17.8%	18.7%
	High-Speed Internet	18	97.0%	96.6%
	Neighborhood Amenities	32	32.7%	38.2%
	Reading, Singing or Storytelling*	31	60.6%	59.7%
Clinical Care		46	-0.497	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	50	70.2%	83.3%
	Pediatricians	29	104.6	118.2
	Uninsured	45	8.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	13	72.5%	68.0%
	HPV Vaccination	37	59.0%	62.9%
	Preventive Dental Visit	50	71.9%	80.2%
	Well-Child Visit	25	80.2%	79.6%
Quality of Care	Adequate Insurance	34	62.6%	64.6%
	Developmental Screening	49	23.1%	36.5%
	Medical Home	43	44.3%	45.5%
Behaviors		32	-0.030	
Nutrition and Physical Activity	Breastfed	38	25.9%	27.9%
	Physical Activity	39	18.1%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	25	11.8	12.6
Sleep Health	Adequate Sleep	32	64.9%	65.3%
	Sleep Position*	41	63.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	5	1.6%	1.9%
Health Outcomes		26	-0.068	
Behavioral Health	Alcohol Use	21	6.5%	6.8%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	23	7.4%	7.4%
	Mental Health Conditions	11	19.8%	20.5%
	Teen Suicide*	9	8.1	9.7
	Child Mortality	23	28.9	28.7
Mortality	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	29	3.9	3.6
	Asthma	15	6.3%	6.8%
Physical Health	Congenital Syphilis*	34	104.7	105.8
	High Health Status*	10	92.0%	89.9%
	Low Birth Weight	35	9.0%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	15	4.7	5.1
	Overweight or Obesity	28	31.6%	31.3%
Overall - Children		28	-0.054	

31 -0.120

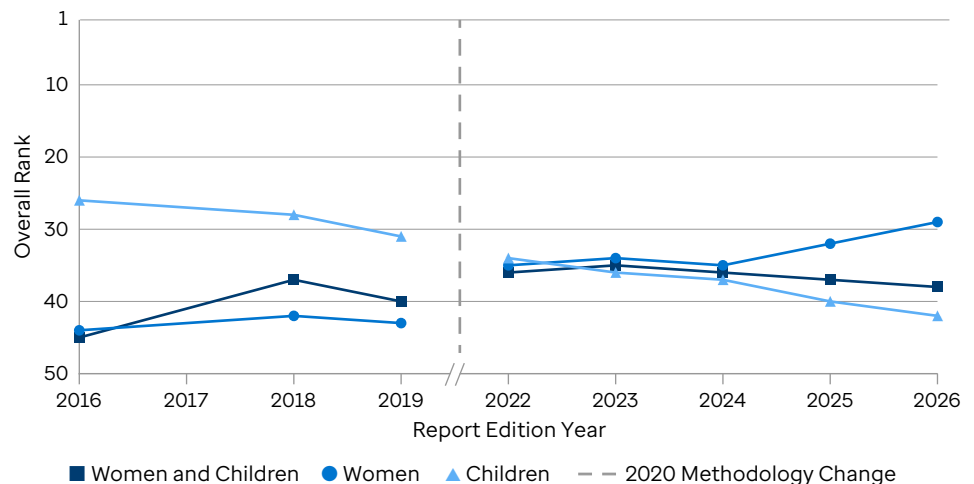
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

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Summary

Strengths

- Low prevalence of excessive drinking among women
- High prevalence of youth who are flourishing
- High prevalence of cervical cancer screening

Challenges

- High prevalence of asthma among children
- High prevalence of uninsured women
- Low prevalence of infants exclusively breastfed for six months

Key Findings

Frequent Mental Distress

85%▲

from 12.3% to 22.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Suicide

62%▲

from 6.8 to 11.0 deaths per 100,000 adolescents ages 15-19 between 2012-2014 and 2022-2024.

Cigarette Smoking

52%▼

from 15.6% to 7.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Children in Poverty

38%▼

from 26.3% to 16.3% of children ages 0-17 between 2014 and 2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		26	0.061	
Air and Water Quality	Air Pollution	42	9.2	8.8
	Drinking Water Violations	37	2.3	2.5
	Household Smoke	17	10.2%	10.3%
	Water Fluoridation	6	95.1%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	28	8.4	8.3
Housing and Transportation	Drive Alone to Work - Women	24	70.0%	67.4%
	Housing Cost Burden - Households With Children	35	27.3%	27.7%
	Housing With Lead Risk	6	8.4%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		25	0.172	
Community and Family Safety	Firearm Deaths*	32	8.5	5.9
	Injury Deaths	21	48.4	47.0
	Intimate Partner Violence Before Pregnancy*	10	2.4%	—
Economic Resources	Concentrated Disadvantage	44	32.2%	25.8%
	Food Insecurity	41	14.6%	13.3%
	Gender Pay Gap*	41	79.9%	83.0%
	Poverty	24	14.2%	14.4%
	Unemployment	13	3.1%	3.9%
Education	College Graduate	27	375%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	4	9%	12%
	Residential Segregation - Black/White	8	56	—
	Voter Participation	22	62.3%	60.0%
Clinical Care		46	-0.594	
Access to Care	Adequate Prenatal Care	40	73.2%	75.0%
	Avoided Care Due to Cost	47	24.4%	18.5%
	Maternity Care Desert*	37	6.9	3.5
	Uninsured	49	17.9%	11.2%
	Women's Health Providers	25	48.0	48.1
Preventive Clinical Care	Cervical Cancer Screening	1	75.2%	69.7%
	Dental Visit	40	64.0%	65.6%
	Flu Vaccination	43	27.3%	33.9%
	Postpartum Visit*	33	89.3%	90.3%
	Well-Woman Visit	39	71.2%	73.4%
Quality of Care	Breastfeeding Initiation	40	80.8%	85.4%
	Dedicated Health Care Provider	43	75.9%	77.9%
	Low-Risk Cesarean Delivery	46	29.8%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		25	-0.008	
Nutrition and Physical Activity	Exercise	19	28.9%	27.6%
	Fruit and Vegetable Consumption	11	11.0%	9.8%
	Physical Inactivity	28	21.0%	22.0%
Sexual Health	Chlamydia	44	1,944.3	1,481.2
	High-Risk HIV Behaviors	19	8.4%	8.5%
	Unintended Pregnancy*	2	10.0%	—
Sleep Health	Insufficient Sleep	44	40.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	12	75%	8.4%
	Cigarette Smoking During Pregnancy	10	1.7%	2.4%
	E-Cigarette Use	10	10.9%	11.7%
Health Outcomes		21	-0.075	
Behavioral Health	Drug Deaths*	16	22.0	25.0
	Excessive Drinking	6	15.9%	18.1%
	Frequent Mental Distress	16	22.7%	23.2%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	24	21.3%	20.3%
	Postpartum Depression*	14	11.0%	11.9%
Mortality	Maternal Mortality*	33	28.5	23.1
	Mortality Rate	29	111.2	98.0
Physical Health	Depression*	6	26.5%	30.6%
	Diabetes*	22	3.1%	3.6%
	Frequent Physical Distress	19	9.6%	10.1%
	High Blood Pressure	40	14.0%	11.8%
	High Health Status*	23	50.3%	49.4%
	Multiple Chronic Conditions	9	3.7%	4.5%
	Obesity	32	35.8%	32.6%
	Severe Maternal Morbidity*	26	99.6	97.8
Overall - Women		29	-0.061	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		35	-0.238	
Community and Family Safety	Child Victimization*	15	5.0	7.2
	Firearm Deaths*	38	8.9	5.5
	Injury Deaths	31	21.5	17.8
Economic Resources	Children in Poverty	33	16.3%	15.5%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	31	65.2%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	36	45.9%	54.5%
Education	Early Childhood Education	18	48.6%	49.3%
	Fourth Grade Reading Proficiency	28	30.4%	30.5%
	High School Completion	39	89.8%	89.9%
Social Support and Engagement	Adult Mentor*	34	88.5%	88.0%
	Adverse Childhood Experiences	28	15.8%	14.1%
	Foster Care Instability	33	22.3%	18.7%
	High-Speed Internet	27	96.8%	96.6%
	Neighborhood Amenities	37	277%	38.2%
	Reading, Singing or Storytelling*	47	50.8%	59.7%
Clinical Care		42	-0.381	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	47	76.8%	83.3%
	Pediatricians	31	96.7	118.2
	Uninsured	41	7.9%	6.0%
Preventive Clinical Care	Childhood Immunizations	49	58.7%	68.0%
	HPV Vaccination	26	65.3%	62.9%
	Preventive Dental Visit	36	79.0%	80.2%
	Well-Child Visit	26	80.1%	79.6%
Quality of Care	Adequate Insurance	39	61.7%	64.6%
	Developmental Screening	25	39.8%	36.5%
	Medical Home	42	44.4%	45.5%
Behaviors		48	-1.054	
Nutrition and Physical Activity	Breastfed	50	19.5%	27.9%
	Physical Activity	37	18.4%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	39	16.0	12.6
Sleep Health	Adequate Sleep	45	59.6%	65.3%
	Sleep Position*	45	58.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	38	2.4%	1.9%
Health Outcomes		42	-0.546	
Behavioral Health	Alcohol Use	16	6.3%	6.8%
	Flourishing	13	67.3%	66.7%
	Illicit Drug Use	36	8.3%	7.4%
	Mental Health Conditions	17	20.5%	20.5%
	Teen Suicide*	23	11.0	9.7
Mortality	Child Mortality	35	34.5	28.7
	Infant Mortality	43	7.0	5.6
	Neonatal Mortality*	38	4.1	3.6
Physical Health	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	33	100.7	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	48	10.3%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	10	3.2	5.1
	Overweight or Obesity	40	33.1%	31.3%
Overall - Children		42	-0.382	

GA Overall - Women and Children

38 -0.257

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

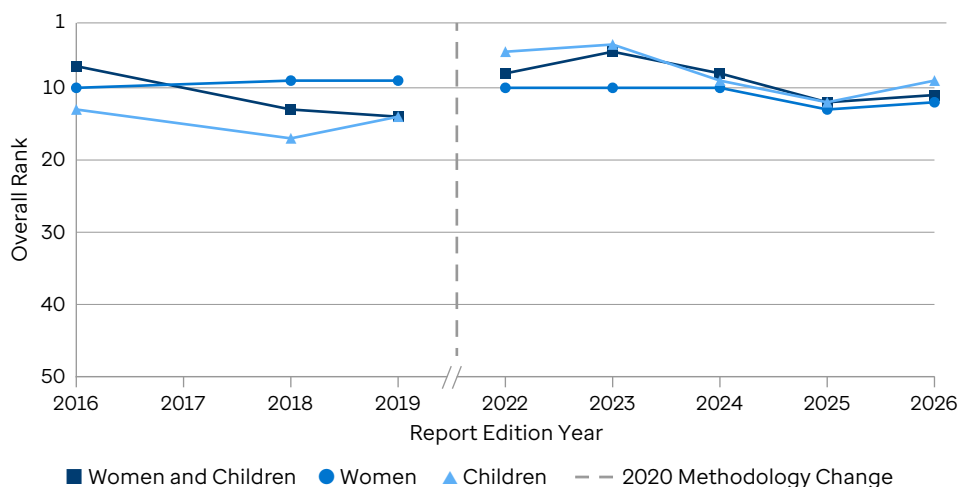
10 Years of Data

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Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of frequent mental distress among women
- High prevalence of high school completion
- High prevalence of infants exclusively breastfed for six months

Challenges

- High prevalence of e-cigarette use among women
- Low enrollment in early childhood education
- Low prevalence of women receiving early and adequate prenatal care

Key Findings

Injury Deaths

36%▲

from 21.7 to 29.5 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Flourishing

29%▼

from 95.6% to 67.9% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Children in Poverty

22%▼

from 14.7% to 11.5% of children ages 0-17 between 2014 and 2024.

Well-Woman Visit

19%▲

from 62.4% to 74.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	10	0.330	
Air and Water Quality			
Air Pollution	2	4.7	8.8
Drinking Water Violations	1	0.0	2.5
Household Smoke	23	10.6%	10.3%
Water Fluoridation	50	8.5%	72.3%
Climate and Health			
Climate Policies	13	3	—
Transportation Energy Use*	44	11.1	8.3
Housing and Transportation			
Drive Alone to Work - Women	3	60.7%	67.4%
Housing Cost Burden - Households With Children	50	38.8%	27.7%
Housing With Lead Risk	12	10.1%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		11	0.520	
Community and Family Safety	Firearm Deaths*	—	—	5.9
	Injury Deaths	2	29.5	47.0
	Intimate Partner Violence Before Pregnancy*	2	15%	—
Economic Resources	Concentrated Disadvantage	23	21.9%	25.8%
	Food Insecurity	9	10.8%	13.3%
	Gender Pay Gap*	11	84.1%	83.0%
	Poverty	14	12.5%	14.4%
	Unemployment	7	2.8%	3.9%
Education	College Graduate	19	40.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	47	18%	12%
	Residential Segregation - Black/White	19	61	—
	Voter Participation	38	56.3%	60.0%
Clinical Care		8	0.649	
Access to Care	Adequate Prenatal Care	50	63.4%	75.0%
	Avoided Care Due to Cost	1	9.2%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	3	4.6%	11.2%
	Women's Health Providers	8	62.8	48.1
Preventive Clinical Care	Cervical Cancer Screening	21	70.3%	69.7%
	Dental Visit	3	73.5%	65.6%
	Flu Vaccination	20	37.3%	33.9%
	Postpartum Visit*	20	92.0%	90.3%
	Well-Woman Visit	24	74.5%	73.4%
Quality of Care	Breastfeeding Initiation	23	86.8%	85.4%
	Dedicated Health Care Provider	11	84.0%	77.9%
	Low-Risk Cesarean Delivery	13	23.7%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		38	-0.472	
Nutrition and Physical Activity	Exercise	41	25.0%	27.6%
	Fruit and Vegetable Consumption	34	7.9%	9.8%
	Physical Inactivity	20	19.7%	22.0%
Sexual Health	Chlamydia	28	1,464.3	1,481.2
	High-Risk HIV Behaviors	41	10.3%	8.5%
	Unintended Pregnancy*	20	24.2%	—
Sleep Health	Insufficient Sleep	50	42.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	8	6.7%	8.4%
	Cigarette Smoking During Pregnancy	2	0.8%	2.4%
	E-Cigarette Use	46	16.5%	11.7%
Health Outcomes		3	0.645	
Behavioral Health	Drug Deaths*	2	11.6	25.0
	Excessive Drinking	38	20.0%	18.1%
	Frequent Mental Distress	1	178%	23.2%
	Illicit Drug Use	45	14.0%	10.5%
	Postpartum Anxiety*	27	22.5%	20.3%
	Postpartum Depression*	20	11.5%	11.9%
Mortality	Maternal Mortality*	6	15.7	23.1
	Mortality Rate	7	78.9	98.0
Physical Health	Depression*	2	20.4%	30.6%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	1	6.2%	10.1%
	High Blood Pressure	9	9.8%	11.8%
	High Health Status*	23	50.3%	49.4%
	Multiple Chronic Conditions	1	2.7%	4.5%
	Obesity	9	28.5%	32.6%
	Severe Maternal Morbidity*	38	110.3	97.8
Overall - Women		12	0.293	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		12	0.434	
Community and Family Safety	Child Victimization*	5	2.6	7.2
	Firearm Deaths*	—	—	5.5
	Injury Deaths	6	10.6	17.8
Economic Resources	Children in Poverty	12	11.5%	15.5%
	Children in Poverty - Racial Disparity	16	3.0	3.0
	Food Sufficiency	42	61.6%	66.6%
	Students Experiencing Homelessness	37	3.5%	3.2%
	WIC Coverage	19	56.6%	54.5%
Education	Early Childhood Education	40	40.6%	49.3%
	Fourth Grade Reading Proficiency	22	31.6%	30.5%
	High School Completion	9	93.7%	89.9%
Social Support and Engagement	Adult Mentor*	31	89.0%	88.0%
	Adverse Childhood Experiences	14	13.2%	14.1%
	Foster Care Instability	8	12.0%	18.7%
	High-Speed Internet	2	98.1%	96.6%
	Neighborhood Amenities	7	49.5%	38.2%
	Reading, Singing or Storytelling*	35	58.3%	59.7%
Clinical Care		10	0.633	
Access to Care	ADD/ADHD Treatment	50	1.4%	3.4%
	Mental Health Treatment*	42	79.9%	83.3%
	Pediatricians	11	146.3	118.2
	Uninsured	8	2.9%	6.0%
Preventive Clinical Care	Childhood Immunizations	19	70.8%	68.0%
	HPV Vaccination	3	75.6%	62.9%
	Preventive Dental Visit	4	87.0%	80.2%
	Well-Child Visit	37	78.1%	79.6%
Quality of Care	Adequate Insurance	1	78.7%	64.6%
	Developmental Screening	26	39.4%	36.5%
	Medical Home	38	46.0%	45.5%
Behaviors		33	-0.042	
Nutrition and Physical Activity	Breastfed	10	33.8%	27.9%
	Physical Activity	45	17.0%	19.7%
	Soda Consumption*	3	5.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	13	85.8%	85.6%
	Teen Births	21	11.0	12.6
Sleep Health	Adequate Sleep	46	58.7%	65.3%
	Sleep Position*	37	66.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	4	13.2%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		2	0.744	
Behavioral Health	Alcohol Use	3	5.4%	6.8%
	Flourishing	8	67.9%	66.7%
	Illicit Drug Use	3	5.6%	7.4%
	Mental Health Conditions	1	13.1%	20.5%
	Teen Suicide*	25	11.1	9.7
Mortality	Child Mortality	8	21.8	28.7
	Infant Mortality	21	5.3	5.6
	Neonatal Mortality*	25	3.7	3.6
Physical Health	Asthma	12	6.0%	6.8%
	Congenital Syphilis*	39	135.2	105.8
	High Health Status*	20	91.1%	89.9%
	Low Birth Weight	35	9.0%	8.5%
	Low Birth Weight - Racial Disparity	18	1.9	2.1
	Neonatal Abstinence Syndrome*	3	2.1	5.1
	Overweight or Obesity	13	29.5%	31.3%
Overall - Children		9	0.453	

HI Overall - Women and Children

11 0.381

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

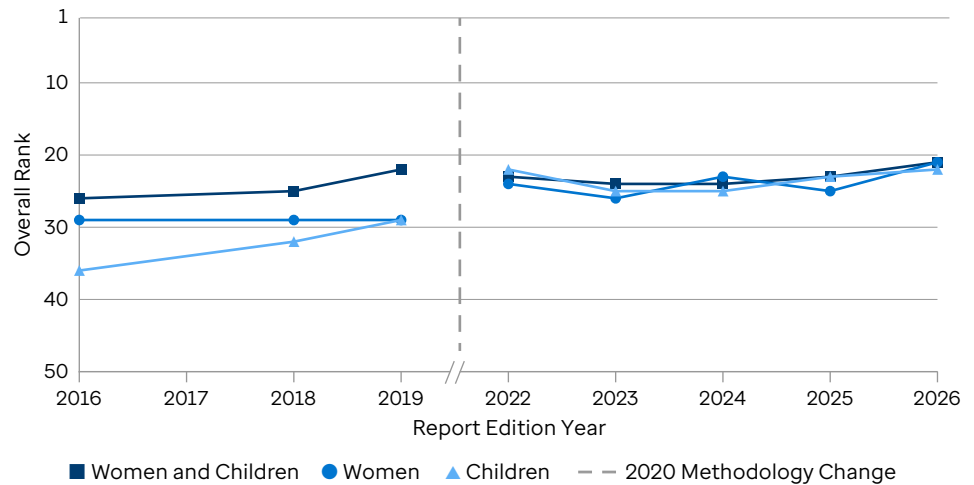
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Summary

Strengths

- Low prevalence of overweight or obesity among children
- Low prevalence of excessive drinking among women
- Low prevalence of low birth weight infants

Challenges

- Low enrollment in early childhood education
- Low prevalence of women with a college degree
- Low number of pediatricians per 100,000 children ages 0-21

Key Findings

Uninsured Children

76%▲

from 4.6% to 8.1% of children ages 0-18 between 2017 and 2024.

Teen Births

57%▼

from 23.2 to 9.9 births per 1,000 females ages 15-19 between 2014 and 2024.

Well-Woman Visit

36%▲

from 53.3% to 72.5% of women ages 18-44 between 2013-2014 and 2023-2024.

High Health Status

16%▼

from 61.0% to 51.2% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		37	-0.140	
Air and Water Quality	Air Pollution	16	76	8.8
	Drinking Water Violations	41	2.6	2.5
	Household Smoke	21	10.4%	10.3%
	Water Fluoridation	47	31.0%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	24	8.1	8.3
Housing and Transportation	Drive Alone to Work - Women	26	70.7%	67.4%
	Housing Cost Burden - Households With Children	19	22.5%	27.7%
	Housing With Lead Risk	15	10.9%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		32	-0.055	
Community and Family Safety	Firearm Deaths*	21	6.3	5.9
	Injury Deaths	15	44.1	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	5	6.3%	25.8%
	Food Insecurity	26	12.6%	13.3%
	Gender Pay Gap*	48	75.4%	83.0%
	Poverty	27	14.3%	14.4%
	Unemployment	26	3.5%	3.9%
Education	College Graduate	35	35.4%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	10	10%	12%
	Residential Segregation - Black/White	46	74	—
	Voter Participation	37	57.3%	60.0%
Clinical Care		24	0.331	
Access to Care	Adequate Prenatal Care	9	82.2%	75.0%
	Avoided Care Due to Cost	31	18.6%	18.5%
	Maternity Care Desert*	26	3.7	3.5
	Uninsured	32	11.8%	11.2%
	Women's Health Providers	26	47.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	23	70.2%	69.7%
	Dental Visit	11	69.6%	65.6%
	Flu Vaccination	44	27.2%	33.9%
	Postpartum Visit*	—	—	90.3%
	Well-Woman Visit	35	72.5%	73.4%
Quality of Care	Breastfeeding Initiation	3	92.1%	85.4%
	Dedicated Health Care Provider	20	81.4%	77.9%
	Low-Risk Cesarean Delivery	3	19.8%	26.6%
	Maternity Practices Score	31	79	82
Behaviors		8	0.405	
Nutrition and Physical Activity	Exercise	12	29.9%	27.6%
	Fruit and Vegetable Consumption	43	7.0%	9.8%
	Physical Inactivity	12	17.9%	22.0%
Sexual Health	Chlamydia	7	946.2	1,481.2
	High-Risk HIV Behaviors	13	7.8%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	13	33.8%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	9	6.8%	8.4%
	Cigarette Smoking During Pregnancy	16	2.1%	2.4%
	E-Cigarette Use	31	13.9%	11.7%
Health Outcomes		15	0.063	
Behavioral Health	Drug Deaths*	12	19.9	25.0
	Excessive Drinking	4	15.7%	18.1%
	Frequent Mental Distress	30	24.6%	23.2%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	—	—	20.3%
	Postpartum Depression*	—	—	11.9%
Mortality	Maternal Mortality*	12	18.7	23.1
	Mortality Rate	15	89.0	98.0
Physical Health	Depression*	27	34.7%	30.6%
	Diabetes*	30	3.7%	3.6%
	Frequent Physical Distress	32	11.3%	10.1%
	High Blood Pressure	25	11.4%	11.8%
	High Health Status*	19	51.2%	49.4%
	Multiple Chronic Conditions	28	5.1%	4.5%
	Obesity	10	29.4%	32.6%
	Severe Maternal Morbidity*	—	—	97.8
Overall - Women		21	0.123	

ID Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		32	-0.162	
Community and Family Safety	Child Victimization*	12	3.8	7.2
	Firearm Deaths*	15	4.5	5.5
	Injury Deaths	24	17.6	17.8
Economic Resources	Children in Poverty	8	11.1%	15.5%
	Children in Poverty - Racial Disparity	9	2.8	3.0
	Food Sufficiency	30	65.7%	66.6%
	Students Experiencing Homelessness	33	2.9%	3.2%
	WIC Coverage	38	44.4%	54.5%
Education	Early Childhood Education	49	37.0%	49.3%
	Fourth Grade Reading Proficiency	18	31.9%	30.5%
	High School Completion	16	92.5%	89.9%
Social Support and Engagement	Adult Mentor*	10	93.4%	88.0%
	Adverse Childhood Experiences	40	18.3%	14.1%
	Foster Care Instability	32	21.8%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	36	29.4%	38.2%
	Reading, Singing or Storytelling*	27	61.1%	59.7%
Clinical Care		41	-0.339	
Access to Care	ADD/ADHD Treatment	44	2.6%	3.4%
	Mental Health Treatment*	26	84.9%	83.3%
	Pediatricians	50	51.3	118.2
	Uninsured	44	8.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	15	72.1%	68.0%
	HPV Vaccination	42	55.9%	62.9%
	Preventive Dental Visit	20	82.7%	80.2%
	Well-Child Visit	43	76.8%	79.6%
Quality of Care	Adequate Insurance	37	62.1%	64.6%
	Developmental Screening	34	36.0%	36.5%
	Medical Home	24	49.1%	45.5%
Behaviors		5	0.844	
Nutrition and Physical Activity	Breastfed	12	33.1%	27.9%
	Physical Activity	10	23.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	16	9.9	12.6
Sleep Health	Adequate Sleep	19	67.9%	65.3%
	Sleep Position*	—	—	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	5	1.6%	1.9%
Health Outcomes		5	0.619	
Behavioral Health	Alcohol Use	18	6.4%	6.8%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	17	6.7%	7.4%
	Mental Health Conditions	14	20.3%	20.5%
	Teen Suicide*	42	17.8	9.7
Mortality	Child Mortality	21	28.0	28.7
	Infant Mortality	15	4.8	5.6
	Neonatal Mortality*	18	3.3	3.6
Physical Health	Asthma	8	5.2%	6.8%
	Congenital Syphilis*	1	0.0	105.8
	High Health Status*	2	93.4%	89.9%
	Low Birth Weight	4	71.1%	8.5%
	Low Birth Weight - Racial Disparity	5	1.6	2.1
	Neonatal Abstinence Syndrome*	—	—	5.1
	Overweight or Obesity	4	26.6%	31.3%
Overall - Children		22	0.138	

ID Overall - Women and Children

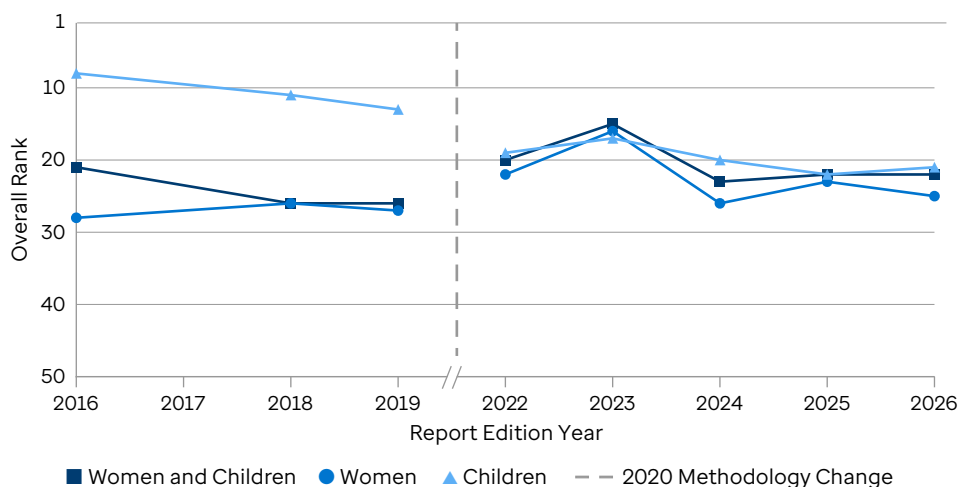
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Summary

Strengths

- Low prevalence of frequent mental distress among women
- Low prevalence of e-cigarette use among women
- High enrollment in early childhood education

Challenges

- High prevalence of illicit drug use among adolescents
- High prevalence of unemployment among women
- Low prevalence of cervical cancer screening

Key Findings

Injury Deaths

56%▲

from 25.2 to 39.3 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Teen Births

54%▼

from 22.8 to 10.4 births per 1,000 females ages 15-19 between 2014 and 2024.

Child Mortality

20%▲

from 24.1 to 28.9 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Well-Woman Visit

14%▲

from 66.3% to 75.6% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	24	0.103	
Air and Water Quality			
Air Pollution	47	10.3	8.8
Drinking Water Violations	23	1.9	2.5
Household Smoke	19	10.3%	10.3%
Water Fluoridation	3	98.2%	72.3%
Climate and Health			
Climate Policies	22	2	—
Transportation Energy Use*	8	70	8.3
Housing and Transportation			
Drive Alone to Work - Women	8	64.3%	67.4%
Housing Cost Burden - Households With Children	29	24.7%	27.7%
Housing With Lead Risk	44	23.4%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		33	-0.105	
Community and Family Safety	Firearm Deaths*	18	5.8	5.9
	Injury Deaths	11	39.3	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	31	24.8%	25.8%
	Food Insecurity	31	13.3%	13.3%
	Gender Pay Gap*	13	83.7%	83.0%
	Poverty	22	13.9%	14.4%
	Unemployment	43	4.4%	3.9%
Education	College Graduate	14	42.1%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	36	14%	12%
	Residential Segregation - Black/White	42	72	—
	Voter Participation	29	59.9%	60.0%
Clinical Care		30	0.161	
Access to Care	Adequate Prenatal Care	27	77.3%	75.0%
	Avoided Care Due to Cost	11	15.2%	18.5%
	Maternity Care Desert*	26	3.7	3.5
	Uninsured	23	9.5%	11.2%
	Women's Health Providers	20	51.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	41	67.1%	69.7%
	Dental Visit	35	65.3%	65.6%
	Flu Vaccination	28	33.8%	33.9%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	16	75.6%	73.4%
Quality of Care	Breastfeeding Initiation	34	83.5%	85.4%
	Dedicated Health Care Provider	33	78.2%	77.9%
	Low-Risk Cesarean Delivery	17	24.2%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		23	0.013	
Nutrition and Physical Activity	Exercise	28	27.0%	27.6%
	Fruit and Vegetable Consumption	40	7.3%	9.8%
	Physical Inactivity	24	20.2%	22.0%
Sexual Health	Chlamydia	38	1,662.9	1,481.2
	High-Risk HIV Behaviors	20	8.5%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	29	36.8%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	11	7.2%	8.4%
	Cigarette Smoking During Pregnancy	19	2.3%	2.4%
	E-Cigarette Use	9	10.2%	11.7%
Health Outcomes		8	0.317	
Behavioral Health	Drug Deaths*	11	19.3	25.0
	Excessive Drinking	31	19.1%	18.1%
	Frequent Mental Distress	3	19.9%	23.2%
	Illicit Drug Use	31	11.0%	10.5%
	Postpartum Anxiety*	16	18.9%	20.3%
	Postpartum Depression*	25	11.9%	11.9%
Mortality	Maternal Mortality*	16	21.1	23.1
	Mortality Rate	12	85.7	98.0
Physical Health	Depression*	12	29.3%	30.6%
	Diabetes*	31	3.8%	3.6%
	Frequent Physical Distress	6	8.7%	10.1%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	26	50.0%	49.4%
	Multiple Chronic Conditions	16	4.2%	4.5%
	Obesity	16	32.1%	32.6%
	Severe Maternal Morbidity*	37	109.2	97.8
Overall - Women		25	0.093	

IL Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		18	0.141	
Community and Family Safety	Child Victimization*	39	11.7	7.2
	Firearm Deaths*	32	7.1	5.5
	Injury Deaths	25	18.0	17.8
Economic Resources	Children in Poverty	26	14.1%	15.5%
	Children in Poverty - Racial Disparity	38	4.1	3.0
	Food Sufficiency	20	67.8%	66.6%
	Students Experiencing Homelessness	38	3.6%	3.2%
	WIC Coverage	45	42.4%	54.5%
Education	Early Childhood Education	8	54.9%	49.3%
	Fourth Grade Reading Proficiency	28	30.4%	30.5%
	High School Completion	31	90.7%	89.9%
Social Support and Engagement	Adult Mentor*	40	87.6%	88.0%
	Adverse Childhood Experiences	11	12.6%	14.1%
	Foster Care Instability	30	21.1%	18.7%
	High-Speed Internet	18	97.0%	96.6%
	Neighborhood Amenities	2	55.9%	38.2%
	Reading, Singing or Storytelling*	6	66.8%	59.7%
Clinical Care		17	0.404	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	21	85.5%	83.3%
	Pediatricians	14	132.4	118.2
	Uninsured	11	3.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	26	68.7%	68.0%
	HPV Vaccination	21	66.2%	62.9%
	Preventive Dental Visit	23	81.9%	80.2%
	Well-Child Visit	16	81.6%	79.6%
Quality of Care	Adequate Insurance	27	64.2%	64.6%
	Developmental Screening	29	37.7%	36.5%
	Medical Home	31	47.0%	45.5%
Behaviors		20	0.324	
Nutrition and Physical Activity	Breastfed	25	29.2%	27.9%
	Physical Activity	26	20.2%	19.7%
	Soda Consumption*	4	6.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	17	90.6%	85.6%
	Teen Births	19	10.4	12.6
Sleep Health	Adequate Sleep	25	66.5%	65.3%
	Sleep Position*	26	70.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	12	16.6%	16.8%
	Tobacco Use	10	1.7%	1.9%
Health Outcomes		23	-0.043	
Behavioral Health	Alcohol Use	37	7.6%	6.8%
	Flourishing	5	69.2%	66.7%
	Illicit Drug Use	39	8.6%	7.4%
	Mental Health Conditions	8	19.3%	20.5%
	Teen Suicide*	10	8.2	9.7
Mortality	Child Mortality	23	28.9	28.7
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	35	4.0	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	29	77.9	105.8
	High Health Status*	7	92.3%	89.9%
	Low Birth Weight	29	8.6%	8.5%
	Low Birth Weight - Racial Disparity	47	2.3	2.1
	Neonatal Abstinence Syndrome*	2	1.9	5.1
	Overweight or Obesity	27	31.5%	31.3%
Overall - Children		21	0.146	

22 0.122

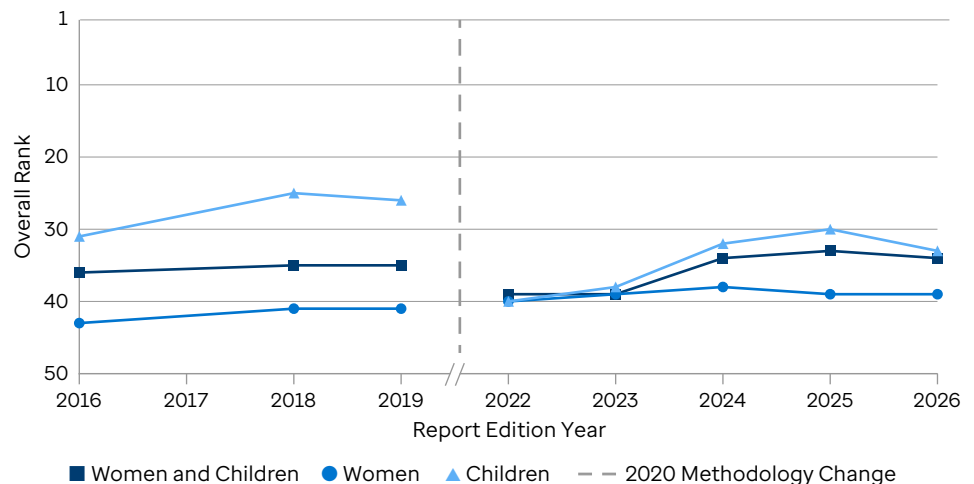
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of alcohol use among adolescents
- Low prevalence of public school students experiencing homelessness
- High prevalence of women with a dedicated health care provider

Challenges

- High prevalence of obesity among women
- Low enrollment in early childhood education
- Low prevalence of children with adequate and continuous health insurance

Key Findings

Cigarette Smoking

56%▼

from 25.7% to 11.2% of women ages 18-44 between 2013-2014 and 2023-2024.

Injury Deaths

51%▲

from 39.6 to 59.7 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Neonatal Abstinence Syndrome

37%▼

from 9.0 to 5.7 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Flourishing

29%▼

from 91.4% to 64.7% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		39	-0.150	
Air and Water Quality	Air Pollution	44	9.5	8.8
	Drinking Water Violations	29	2.0	2.5
	Household Smoke	34	13.1%	10.3%
	Water Fluoridation	11	91.5%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	24	8.1	8.3
Housing and Transportation	Drive Alone to Work - Women	44	75.1%	67.4%
	Housing Cost Burden - Households With Children	14	21.8%	27.7%
	Housing With Lead Risk	34	19.5%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		42	-0.558	
Community and Family Safety	Firearm Deaths*	32	8.5	5.9
	Injury Deaths	35	59.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	21	20.0%	25.8%
	Food Insecurity	36	13.7%	13.3%
	Gender Pay Gap*	30	81.9%	83.0%
	Poverty	39	16.0%	14.4%
	Unemployment	37	4.2%	3.9%
Education	College Graduate	36	34.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	41	15%	12%
	Residential Segregation - Black/White	37	69	—
	Voter Participation	48	51.5%	60.0%
Clinical Care		20	0.409	
Access to Care	Adequate Prenatal Care	19	78.9%	75.0%
	Avoided Care Due to Cost	28	175%	18.5%
	Maternity Care Desert*	31	5.2	3.5
	Uninsured	24	9.9%	11.2%
	Women's Health Providers	35	42.6	48.1
Preventive Clinical Care	Cervical Cancer Screening	23	70.2%	69.7%
	Dental Visit	22	67.6%	65.6%
	Flu Vaccination	30	33.4%	33.9%
	Postpartum Visit*	15	92.5%	90.3%
	Well-Woman Visit	7	77.7%	73.4%
Quality of Care	Breastfeeding Initiation	26	86.2%	85.4%
	Dedicated Health Care Provider	7	85.4%	77.9%
	Low-Risk Cesarean Delivery	22	25.0%	26.6%
	Maternity Practices Score	21	83	82
Behaviors		33	-0.330	
Nutrition and Physical Activity	Exercise	25	27.7%	27.6%
	Fruit and Vegetable Consumption	16	10.5%	9.8%
	Physical Inactivity	28	21.0%	22.0%
Sexual Health	Chlamydia	36	1,612.7	1,481.2
	High-Risk HIV Behaviors	15	8.0%	8.5%
	Unintended Pregnancy*	1	71%	—
Sleep Health	Insufficient Sleep	35	38.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	35	11.2%	8.4%
	Cigarette Smoking During Pregnancy	32	3.8%	2.4%
	E-Cigarette Use	36	15.0%	11.7%
Health Outcomes		35	-0.614	
Behavioral Health	Drug Deaths*	38	34.7	25.0
	Excessive Drinking	14	17.4%	18.1%
	Frequent Mental Distress	37	26.6%	23.2%
	Illicit Drug Use	11	9.5%	10.5%
	Postpartum Anxiety*	37	24.8%	20.3%
	Postpartum Depression*	33	13.1%	11.9%
Mortality	Maternal Mortality*	38	29.7	23.1
	Mortality Rate	27	109.6	98.0
Physical Health	Depression*	38	38.3%	30.6%
	Diabetes*	42	4.6%	3.6%
	Frequent Physical Distress	34	11.4%	10.1%
	High Blood Pressure	39	13.6%	11.8%
	High Health Status*	37	48.3%	49.4%
	Multiple Chronic Conditions	34	6.1%	4.5%
	Obesity	43	40.5%	32.6%
	Severe Maternal Morbidity*	19	91.3	97.8
Overall - Women		39	-0.291	

IN Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		30	-0.145	
Community and Family Safety	Child Victimization*	42	13.4	7.2
	Firearm Deaths*	30	6.8	5.5
	Injury Deaths	32	21.6	17.8
Economic Resources	Children in Poverty	35	16.4%	15.5%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	19	67.9%	66.6%
	Students Experiencing Homelessness	10	2.0%	3.2%
	WIC Coverage	16	57.0%	54.5%
Education	Early Childhood Education	42	39.1%	49.3%
	Fourth Grade Reading Proficiency	8	34.5%	30.5%
	High School Completion	32	90.6%	89.9%
Social Support and Engagement	Adult Mentor*	15	92.4%	88.0%
	Adverse Childhood Experiences	40	18.3%	14.1%
	Foster Care Instability	10	12.6%	18.7%
	High-Speed Internet	40	95.8%	96.6%
	Neighborhood Amenities	35	31.8%	38.2%
	Reading, Singing or Storytelling*	28	60.9%	59.7%
Clinical Care		33	-0.042	
Access to Care	ADD/ADHD Treatment	14	4.2%	3.4%
	Mental Health Treatment*	26	84.9%	83.3%
	Pediatricians	35	89.6	118.2
	Uninsured	32	6.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	8	74.3%	68.0%
	HPV Vaccination	40	56.6%	62.9%
	Preventive Dental Visit	36	79.0%	80.2%
	Well-Child Visit	41	77.1%	79.6%
Quality of Care	Adequate Insurance	43	61.0%	64.6%
	Developmental Screening	41	31.3%	36.5%
	Medical Home	12	51.4%	45.5%
Behaviors		28	0.132	
Nutrition and Physical Activity	Breastfed	15	31.9%	27.9%
	Physical Activity	12	23.4%	19.7%
	Soda Consumption*	15	11.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	5	80.8%	85.6%
	Teen Births	36	15.0	12.6
Sleep Health	Adequate Sleep	29	65.4%	65.3%
	Sleep Position*	12	75.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	15	17.9%	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		30	-0.184	
Behavioral Health	Alcohol Use	6	5.7%	6.8%
	Flourishing	39	64.7%	66.7%
	Illicit Drug Use	26	7.8%	7.4%
	Mental Health Conditions	34	23.7%	20.5%
	Teen Suicide*	20	10.7	9.7
Mortality	Child Mortality	33	34.1	28.7
	Infant Mortality	38	6.8	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	11	5.9%	6.8%
	Congenital Syphilis*	25	62.8	105.8
	High Health Status*	22	91.0%	89.9%
	Low Birth Weight	27	8.5%	8.5%
	Low Birth Weight - Racial Disparity	18	1.9	2.1
	Neonatal Abstinence Syndrome*	24	5.7	5.1
	Overweight or Obesity	17	30.3%	31.3%
Overall - Children		33	-0.107	

34 -0.200

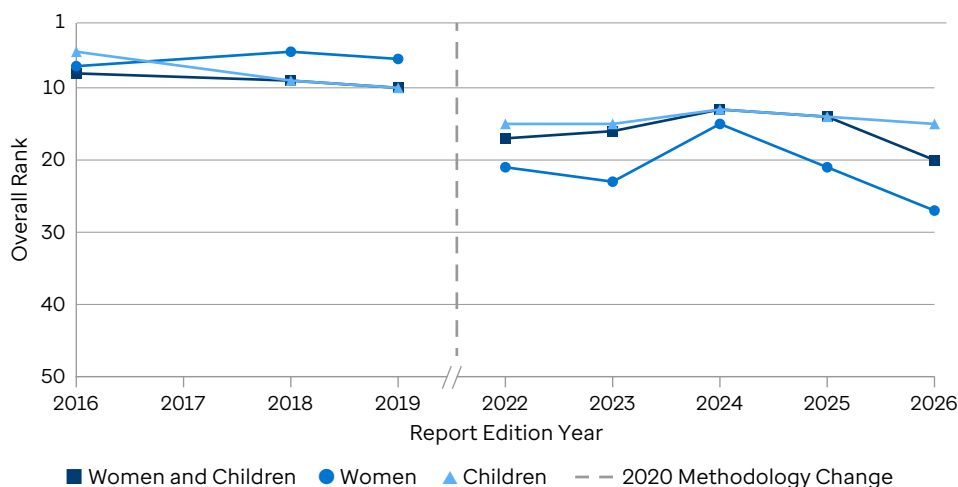
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Summary

Strengths

- Low prevalence of asthma among children
- Low prevalence of public school students experiencing homelessness
- Low prevalence of household food insecurity

Challenges

- High prevalence of mental health conditions among children
- Low number of women's health providers per 100,000 females age 15 and older
- High prevalence of high-risk HIV behaviors among women

Key Findings

Frequent Mental Distress

91%▲

from 12.9% to 24.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Cigarette Smoking

45%▼

from 20.7% to 11.3% of women ages 18-44 between 2013-2014 and 2023-2024.

Household Smoke

39%▼

from 17.4% to 10.6% of children ages 0-17 between 2016-2017 and 2023-2024.

Flourishing

26%▼

from 89.5% to 66.4% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	27	0.059	
Air and Water Quality			
Air Pollution	32	8.4	8.8
Drinking Water Violations	9	1.5	2.5
Household Smoke	23	10.6%	10.3%
Water Fluoridation	15	88.8%	72.3%
Climate and Health			
Climate Policies	27	1	—
Transportation Energy Use*	33	9.3	8.3
Housing and Transportation			
Drive Alone to Work - Women	42	75.0%	67.4%
Housing Cost Burden - Households With Children	6	19.7%	27.7%
Housing With Lead Risk	45	23.5%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		15	0.433	
Community and Family Safety	Firearm Deaths*	7	3.5	5.9
	Injury Deaths	4	32.2	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	11	12.1%	25.8%
	Food Insecurity	9	10.8%	13.3%
	Gender Pay Gap*	38	80.6%	83.0%
	Poverty	39	16.0%	14.4%
	Unemployment	13	3.1%	3.9%
Education	College Graduate	32	36.3%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	21	62	—
	Voter Participation	16	63.6%	60.0%
Clinical Care		12	0.545	
Access to Care	Adequate Prenatal Care	7	84.1%	75.0%
	Avoided Care Due to Cost	2	11.7%	18.5%
	Maternity Care Desert*	44	12.7	3.5
	Uninsured	12	76%	11.2%
	Women's Health Providers	44	38.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	18	71.0%	69.7%
	Dental Visit	6	71.4%	65.6%
	Flu Vaccination	24	35.8%	33.9%
	Postpartum Visit*	18	92.2%	90.3%
	Well-Woman Visit	16	75.6%	73.4%
Quality of Care	Breastfeeding Initiation	30	84.7%	85.4%
	Dedicated Health Care Provider	23	80.6%	77.9%
	Low-Risk Cesarean Delivery	19	24.5%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		36	-0.442	
Nutrition and Physical Activity	Exercise	23	28.0%	27.6%
	Fruit and Vegetable Consumption	32	8.4%	9.8%
	Physical Inactivity	14	18.7%	22.0%
Sexual Health	Chlamydia	24	1,413.0	1,481.2
	High-Risk HIV Behaviors	41	10.3%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	29	36.8%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	36	11.3%	8.4%
	Cigarette Smoking During Pregnancy	36	4.4%	2.4%
	E-Cigarette Use	39	15.7%	11.7%
Health Outcomes		26	-0.143	
Behavioral Health	Drug Deaths*	4	14.4	25.0
	Excessive Drinking	49	24.8%	18.1%
	Frequent Mental Distress	32	24.7%	23.2%
	Illicit Drug Use	10	9.1%	10.5%
	Postpartum Anxiety*	12	18.5%	20.3%
	Postpartum Depression*	8	10.4%	11.9%
Mortality	Maternal Mortality*	18	21.4	23.1
	Mortality Rate	16	89.4	98.0
Physical Health	Depression*	23	33.2%	30.6%
	Diabetes*	25	3.3%	3.6%
	Frequent Physical Distress	7	8.8%	10.1%
	High Blood Pressure	19	11.1%	11.8%
	High Health Status*	37	48.3%	49.4%
	Multiple Chronic Conditions	19	4.3%	4.5%
	Obesity	39	37.2%	32.6%
	Severe Maternal Morbidity*	6	70.4	97.8
Overall - Women		27	0.047	

IA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.063	
Community and Family Safety	Child Victimization*	40	12.9	7.2
	Firearm Deaths*	7	3.0	5.5
	Injury Deaths	12	15.2	17.8
Economic Resources	Children in Poverty	25	13.6%	15.5%
	Children in Poverty - Racial Disparity	38	4.1	3.0
	Food Sufficiency	28	66.7%	66.6%
	Students Experiencing Homelessness	3	1.4%	3.2%
	WIC Coverage	22	54.2%	54.5%
Education	Early Childhood Education	31	44.7%	49.3%
	Fourth Grade Reading Proficiency	32	29.2%	30.5%
	High School Completion	14	93.0%	89.9%
Social Support and Engagement	Adult Mentor*	12	92.7%	88.0%
	Adverse Childhood Experiences	30	15.9%	14.1%
	Foster Care Instability	9	12.5%	18.7%
	High-Speed Internet	43	95.5%	96.6%
	Neighborhood Amenities	22	37.6%	38.2%
	Reading, Singing or Storytelling*	11	64.6%	59.7%
Clinical Care		7	0.758	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	2	92.7%	83.3%
	Pediatricians	38	873	118.2
	Uninsured	14	3.8%	6.0%
Preventive Clinical Care	Childhood Immunizations	7	76.8%	68.0%
	HPV Vaccination	33	59.8%	62.9%
	Preventive Dental Visit	9	84.9%	80.2%
	Well-Child Visit	17	81.4%	79.6%
Quality of Care	Adequate Insurance	13	67.8%	64.6%
	Developmental Screening	11	45.6%	36.5%
	Medical Home	4	53.7%	45.5%
Behaviors		17	0.378	
Nutrition and Physical Activity	Breastfed	11	33.3%	27.9%
	Physical Activity	9	23.8%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	26	12.2	12.6
Sleep Health	Adequate Sleep	22	67.7%	65.3%
	Sleep Position*	14	74.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	38	2.4%	1.9%
Health Outcomes		11	0.402	
Behavioral Health	Alcohol Use	30	7.2%	6.8%
	Flourishing	20	66.4%	66.7%
	Illicit Drug Use	8	6.0%	7.4%
	Mental Health Conditions	39	24.5%	20.5%
	Teen Suicide*	26	11.2	9.7
Mortality	Child Mortality	12	25.6	28.7
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	16	3.2	3.6
Physical Health	Asthma	1	4.4%	6.8%
	Congenital Syphilis*	12	32.9	105.8
	High Health Status*	11	91.9%	89.9%
	Low Birth Weight	9	7.3%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	3	2.1	5.1
	Overweight or Obesity	25	31.3%	31.3%
Overall - Children		15	0.269	

20 0.173

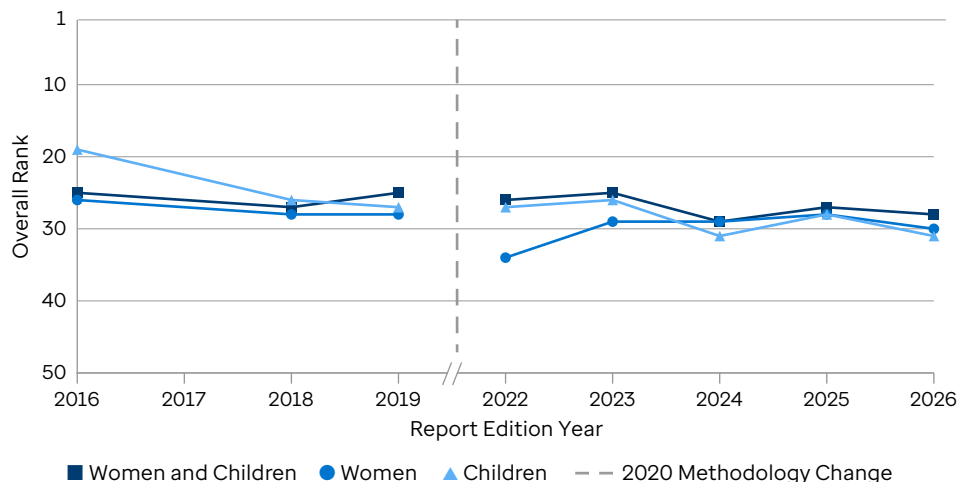
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Summary

Strengths

- Low prevalence of low birth weight infants
- High prevalence of dental visits among women
- Low housing cost burden among households with children

Challenges

- High prevalence of obesity among women
- High prevalence of e-cigarette use among women
- Low number of pediatricians per 100,000 children ages 0-21

Key Findings

Teen Births

47%▼

from 27.6 to 14.7 births per 1,000 females ages 15-19 between 2014 and 2024.

Injury Deaths

43%▲

from 34.0 to 48.6 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Cigarette Smoking

42%▼

from 20.2% to 11.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

28%▼

from 92.1% to 66.4% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	36	-0.135	
Air and Water Quality	Air Pollution	40	8.7
	Drinking Water Violations	31	2.1
	Household Smoke	19	10.3%
	Water Fluoridation	32	65.4%
Climate and Health	Climate Policies	38	0
	Transportation Energy Use*	35	9.4
Housing and Transportation	Drive Alone to Work - Women	39	73.9%
	Housing Cost Burden - Households With Children	3	19.1%
	Housing With Lead Risk	36	20.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		18	0.383	
Community and Family Safety	Firearm Deaths*	24	7.0	5.9
	Injury Deaths	23	48.6	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	16	15.6%	25.8%
	Food Insecurity	23	12.5%	13.3%
	Gender Pay Gap*	29	82.0%	83.0%
	Poverty	29	14.8%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	30	37.0%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	16	60	—
	Voter Participation	8	66.8%	60.0%
Clinical Care		18	0.416	
Access to Care	Adequate Prenatal Care	6	84.2%	75.0%
	Avoided Care Due to Cost	29	17.6%	18.5%
	Maternity Care Desert*	36	6.8	3.5
	Uninsured	34	12.3%	11.2%
	Women's Health Providers	37	42.1	48.1
Preventive Clinical Care	Cervical Cancer Screening	14	71.4%	69.7%
	Dental Visit	12	69.5%	65.6%
	Flu Vaccination	23	36.3%	33.9%
	Postpartum Visit*	27	91.0%	90.3%
	Well-Woman Visit	19	75.3%	73.4%
Quality of Care	Breastfeeding Initiation	14	89.3%	85.4%
	Dedicated Health Care Provider	21	80.8%	77.9%
	Low-Risk Cesarean Delivery	20	24.8%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		42	-0.538	
Nutrition and Physical Activity	Exercise	41	25.0%	27.6%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	18	19.1%	22.0%
Sexual Health	Chlamydia	32	1,526.0	1,481.2
	High-Risk HIV Behaviors	35	9.2%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	39	39.3%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	39	11.7%	8.4%
	Cigarette Smoking During Pregnancy	33	3.9%	2.4%
	E-Cigarette Use	34	14.5%	11.7%
Health Outcomes		31	-0.373	
Behavioral Health	Drug Deaths*	15	21.6	25.0
	Excessive Drinking	37	19.9%	18.1%
	Frequent Mental Distress	26	24.1%	23.2%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	30	24.0%	20.3%
	Postpartum Depression*	45	16.3%	11.9%
Mortality	Maternal Mortality*	15	21.0	23.1
	Mortality Rate	26	104.9	98.0
Physical Health	Depression*	29	35.7%	30.6%
	Diabetes*	37	4.2%	3.6%
	Frequent Physical Distress	14	9.3%	10.1%
	High Blood Pressure	33	12.6%	11.8%
	High Health Status*	15	52.3%	49.4%
	Multiple Chronic Conditions	32	5.9%	4.5%
	Obesity	40	37.3%	32.6%
	Severe Maternal Morbidity*	7	71.6	97.8
Overall - Women		30	-0.091	

KS Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		26	-0.002	
Community and Family Safety	Child Victimization*	7	2.9	7.2
	Firearm Deaths*	25	6.2	5.5
	Injury Deaths	38	22.8	17.8
Economic Resources	Children in Poverty	20	12.8%	15.5%
	Children in Poverty - Racial Disparity	41	4.5	3.0
	Food Sufficiency	32	64.7%	66.6%
	Students Experiencing Homelessness	8	1.8%	3.2%
	WIC Coverage	31	49.2%	54.5%
Education	Early Childhood Education	13	51.1%	49.3%
	Fourth Grade Reading Proficiency	35	28.3%	30.5%
	High School Completion	22	92.0%	89.9%
Social Support and Engagement	Adult Mentor*	24	90.8%	88.0%
	Adverse Childhood Experiences	27	15.7%	14.1%
	Foster Care Instability	29	19.9%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	18	39.4%	38.2%
	Reading, Singing or Storytelling*	16	64.0%	59.7%
Clinical Care		35	-0.075	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	4	90.0%	83.3%
	Pediatricians	48	62.2	118.2
	Uninsured	38	7.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	36	65.8%	68.0%
	HPV Vaccination	35	59.7%	62.9%
	Preventive Dental Visit	25	81.7%	80.2%
	Well-Child Visit	26	80.1%	79.6%
Quality of Care	Adequate Insurance	35	62.5%	64.6%
	Developmental Screening	32	37.1%	36.5%
	Medical Home	5	52.3%	45.5%
Behaviors		31	0.090	
Nutrition and Physical Activity	Breastfed	27	28.4%	27.9%
	Physical Activity	26	20.2%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	34	14.7	12.6
Sleep Health	Adequate Sleep	17	68.7%	65.3%
	Sleep Position*	15	74.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		39	-0.332	
Behavioral Health	Alcohol Use	48	9.2%	6.8%
	Flourishing	20	66.4%	66.7%
	Illicit Drug Use	33	8.2%	7.4%
	Mental Health Conditions	23	22.2%	20.5%
	Teen Suicide*	41	15.9	9.7
Mortality	Child Mortality	33	34.1	28.7
	Infant Mortality	22	5.5	5.6
	Neonatal Mortality*	20	3.5	3.6
Physical Health	Asthma	33	7.2%	6.8%
	Congenital Syphilis*	17	43.6	105.8
	High Health Status*	13	91.8%	89.9%
	Low Birth Weight	16	7.8%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	14	4.4	5.1
	Overweight or Obesity	18	30.7%	31.3%
Overall - Children		31	-0.102	

28 -0.093

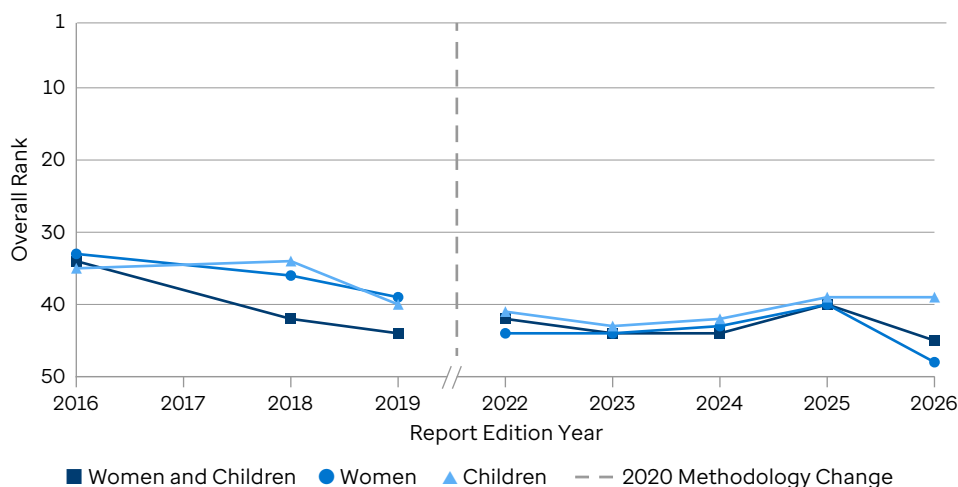
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of alcohol use among adolescents
- High prevalence of women with a dedicated health care provider
- Low housing cost burden among households with children

Challenges

- High prevalence of frequent physical distress among women
- High prevalence of household food insecurity
- High prevalence of children in poverty

Key Findings

Frequent Mental Distress

54%▲

from 17.8% to 27.4% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Births

42%▼

from 35.3 to 20.4 births per 1,000 females ages 15-19 between 2014 and 2024.

Flourishing

27%▼

from 91.3% to 66.9% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Mortality Among Women

15%▼

from 160.6 to 136.0 deaths per 100,000 women ages 20-44 between 2016 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	32	0.001	
Air and Water Quality			
Air Pollution	27	8.1	8.8
Drinking Water Violations	37	2.3	2.5
Household Smoke	49	19.3%	10.3%
Water Fluoridation	1	99.7%	72.3%
Climate and Health			
Climate Policies	27	1	—
Transportation Energy Use*	40	10.8	8.3
Housing and Transportation			
Drive Alone to Work - Women	40	74.2%	67.4%
Housing Cost Burden - Households With Children	5	19.3%	27.7%
Housing With Lead Risk	23	14.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		49	-1.083	
Community and Family Safety	Firearm Deaths*	35	9.0	5.9
	Injury Deaths	47	75.2	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	39	29.6%	25.8%
	Food Insecurity	49	18.8%	13.3%
	Gender Pay Gap*	24	82.4%	83.0%
	Poverty	46	19.1%	14.4%
	Unemployment	50	5.9%	3.9%
Education	College Graduate	42	32.2%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	23	63	—
	Voter Participation	27	60.1%	60.0%
Clinical Care		39	-0.263	
Access to Care	Adequate Prenatal Care	17	79.2%	75.0%
	Avoided Care Due to Cost	30	18.0%	18.5%
	Maternity Care Desert*	47	15.8	3.5
	Uninsured	18	8.5%	11.2%
	Women's Health Providers	42	40.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	40	68.3%	69.7%
	Dental Visit	45	61.1%	65.6%
	Flu Vaccination	36	30.5%	33.9%
	Postpartum Visit*	35	89.1%	90.3%
	Well-Woman Visit	31	73.4%	73.4%
Quality of Care	Breastfeeding Initiation	44	75.7%	85.4%
	Dedicated Health Care Provider	15	82.8%	77.9%
	Low-Risk Cesarean Delivery	34	27.2%	26.6%
	Maternity Practices Score	48	74	82
Behaviors		44	-0.802	
Nutrition and Physical Activity	Exercise	—	—	27.6%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	35	23.0%	22.0%
Sexual Health	Chlamydia	17	1,291.2	1,481.2
	High-Risk HIV Behaviors	38	9.9%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	34	38.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	48	13.9%	8.4%
	Cigarette Smoking During Pregnancy	49	6.7%	2.4%
	E-Cigarette Use	49	18.7%	11.7%
Health Outcomes		49	-1.356	
Behavioral Health	Drug Deaths*	47	46.9	25.0
	Excessive Drinking	20	17.9%	18.1%
	Frequent Mental Distress	41	27.4%	23.2%
	Illicit Drug Use	32	11.4%	10.5%
	Postpartum Anxiety*	43	26.5%	20.3%
	Postpartum Depression*	40	15.0%	11.9%
Mortality	Maternal Mortality*	31	28.0	23.1
	Mortality Rate	42	136.0	98.0
Physical Health	Depression*	45	40.8%	30.6%
	Diabetes*	49	5.9%	3.6%
	Frequent Physical Distress	50	14.4%	10.1%
	High Blood Pressure	—	—	11.8%
	High Health Status*	44	46.3%	49.4%
	Multiple Chronic Conditions	48	9.1%	4.5%
	Obesity	44	40.9%	32.6%
	Severe Maternal Morbidity*	16	87.7	97.8
Overall - Women		48	-0.744	

KY Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		43	-0.690	
Community and Family Safety	Child Victimization*	46	14.1	7.2
	Firearm Deaths*	32	7.1	5.5
	Injury Deaths	35	22.3	17.8
Economic Resources	Children in Poverty	44	19.3%	15.5%
	Children in Poverty - Racial Disparity	1	2.3	3.0
	Food Sufficiency	45	58.3%	66.6%
	Students Experiencing Homelessness	36	3.4%	3.2%
	WIC Coverage	6	62.4%	54.5%
Education	Early Childhood Education	46	37.8%	49.3%
	Fourth Grade Reading Proficiency	12	32.7%	30.5%
	High School Completion	43	89.0%	89.9%
Social Support and Engagement	Adult Mentor*	21	91.1%	88.0%
	Adverse Childhood Experiences	46	20.8%	14.1%
	Foster Care Instability	13	13.2%	18.7%
	High-Speed Internet	46	95.2%	96.6%
	Neighborhood Amenities	45	20.0%	38.2%
	Reading, Singing or Storytelling*	30	60.8%	59.7%
Clinical Care		25	0.237	
Access to Care	ADD/ADHD Treatment	2	5.6%	3.4%
	Mental Health Treatment*	3	91.2%	83.3%
	Pediatricians	30	97.9	118.2
	Uninsured	22	5.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	35	66.2%	68.0%
	HPV Vaccination	30	61.1%	62.9%
	Preventive Dental Visit	34	79.2%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	20	65.8%	64.6%
	Developmental Screening	39	32.6%	36.5%
	Medical Home	14	51.3%	45.5%
Behaviors		46	-0.854	
Nutrition and Physical Activity	Breastfed	43	24.1%	27.9%
	Physical Activity	19	21.8%	19.7%
	Soda Consumption*	22	16.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	10	82.7%	85.6%
	Teen Births	47	20.4	12.6
Sleep Health	Adequate Sleep	36	63.0%	65.3%
	Sleep Position*	31	69.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	21	19.7%	16.8%
	Tobacco Use	49	2.8%	1.9%
Health Outcomes		24	-0.058	
Behavioral Health	Alcohol Use	6	5.7%	6.8%
	Flourishing	17	66.9%	66.7%
	Illicit Drug Use	16	6.6%	7.4%
	Mental Health Conditions	43	24.9%	20.5%
	Teen Suicide*	33	12.7	9.7
Mortality	Child Mortality	36	34.7	28.7
	Infant Mortality	33	6.2	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	9	5.6%	6.8%
	Congenital Syphilis*	31	89.8	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	41	10.5	5.1
	Overweight or Obesity	42	34.5%	31.3%
Overall - Children		39	-0.325	

KY Overall - Women and Children

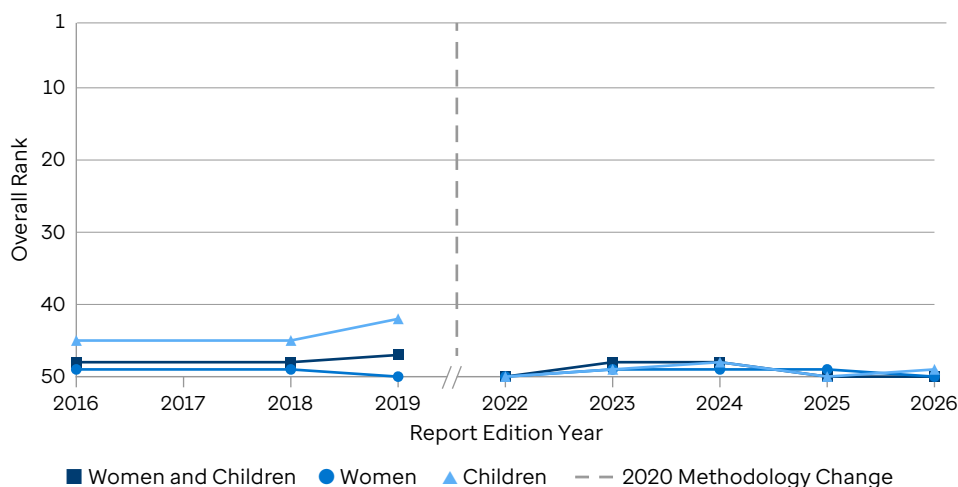
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High enrollment in early childhood education
- Low prevalence of uninsured children
- High prevalence of well-woman visits

Challenges

- High child mortality rate
- High prevalence of women in poverty
- High prevalence of e-cigarette use among women

Key Findings

Drug Deaths

110%▲

from 19.8 to 41.5 deaths per 100,000 women ages 20-44 between 2014-2016 and 2022-2024.

Cigarette Smoking

41%▼

from 23.0% to 13.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

29%▼

from 89.0% to 63.5% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

High School Graduation

12%▲

from 73.5% to 82.6% of students between the 2012-2013 and 2022-2023 school years.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	50	-0.579	
Air and Water Quality			
Air Pollution	32	8.4	8.8
Drinking Water Violations	47	4.0	2.5
Household Smoke	44	15.4%	10.3%
Water Fluoridation	45	37.9%	72.3%
Climate and Health			
Climate Policies	22	2	—
Transportation Energy Use*	47	16.5	8.3
Housing and Transportation			
Drive Alone to Work - Women	46	76.3%	67.4%
Housing Cost Burden - Households With Children	31	25.4%	27.7%
Housing With Lead Risk	18	11.9%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		50	-1.119	
Community and Family Safety	Firearm Deaths*	42	12.2	5.9
	Injury Deaths	45	74.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	49	43.5%	25.8%
	Food Insecurity	48	17.7%	13.3%
	Gender Pay Gap*	50	72.6%	83.0%
	Poverty	49	21.6%	14.4%
	Unemployment	43	4.4%	3.9%
Education	College Graduate	45	29.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	10	10%	12%
	Residential Segregation - Black/White	9	57	—
	Voter Participation	46	53.7%	60.0%
Clinical Care		36	-0.093	
Access to Care	Adequate Prenatal Care	37	73.8%	75.0%
	Avoided Care Due to Cost	37	19.9%	18.5%
	Maternity Care Desert*	38	7.0	3.5
	Uninsured	30	11.1%	11.2%
	Women's Health Providers	34	42.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	30	69.5%	69.7%
	Dental Visit	44	62.6%	65.6%
	Flu Vaccination	40	28.7%	33.9%
	Postpartum Visit*	2	95.7%	90.3%
	Well-Woman Visit	1	80.8%	73.4%
Quality of Care	Breastfeeding Initiation	46	74.3%	85.4%
	Dedicated Health Care Provider	8	84.9%	77.9%
	Low-Risk Cesarean Delivery	41	28.3%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		49	-1.274	
Nutrition and Physical Activity	Exercise	27	27.2%	27.6%
	Fruit and Vegetable Consumption	46	6.4%	9.8%
	Physical Inactivity	47	26.3%	22.0%
Sexual Health	Chlamydia	50	2,572.4	1,481.2
	High-Risk HIV Behaviors	47	11.9%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	45	40.8%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	47	13.5%	8.4%
	Cigarette Smoking During Pregnancy	20	2.4%	2.4%
	E-Cigarette Use	48	17.7%	11.7%
Health Outcomes		48	-1.314	
Behavioral Health	Drug Deaths*	45	41.5	25.0
	Excessive Drinking	36	19.5%	18.1%
	Frequent Mental Distress	43	27.6%	23.2%
	Illicit Drug Use	39	12.3%	10.5%
	Postpartum Anxiety*	1	12.8%	20.3%
	Postpartum Depression*	1	7.2%	11.9%
Mortality	Maternal Mortality*	46	39.4	23.1
	Mortality Rate	44	138.5	98.0
Physical Health	Depression*	40	38.4%	30.6%
	Diabetes*	47	5.7%	3.6%
	Frequent Physical Distress	42	12.0%	10.1%
	High Blood Pressure	46	18.3%	11.8%
	High Health Status*	34	49.0%	49.4%
	Multiple Chronic Conditions	43	6.9%	4.5%
	Obesity	47	41.8%	32.6%
	Severe Maternal Morbidity*	12	83.3	97.8
Overall - Women		50	-0.939	

LA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-0.913	
Community and Family Safety	Child Victimization*	27	7.7	7.2
	Firearm Deaths*	45	14.3	5.5
	Injury Deaths	48	30.3	17.8
Economic Resources	Children in Poverty	49	25.2%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	47	56.9%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	50	38.0%	54.5%
Education	Early Childhood Education	11	53.6%	49.3%
	Fourth Grade Reading Proficiency	20	31.8%	30.5%
	High School Completion	44	88.2%	89.9%
Social Support and Engagement	Adult Mentor*	39	87.7%	88.0%
	Adverse Childhood Experiences	38	17.9%	14.1%
	Foster Care Instability	45	26.3%	18.7%
	High-Speed Internet	37	96.1%	96.6%
	Neighborhood Amenities	46	19.3%	38.2%
	Reading, Singing or Storytelling*	48	50.4%	59.7%
Clinical Care		21	0.343	
Access to Care	ADD/ADHD Treatment	2	5.6%	3.4%
	Mental Health Treatment*	16	86.2%	83.3%
	Pediatricians	28	105.4	118.2
	Uninsured	16	4.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	29	68.2%	68.0%
	HPV Vaccination	23	65.8%	62.9%
	Preventive Dental Visit	41	78.6%	80.2%
	Well-Child Visit	33	78.7%	79.6%
Quality of Care	Adequate Insurance	5	71.0%	64.6%
	Developmental Screening	43	30.5%	36.5%
	Medical Home	32	46.9%	45.5%
Behaviors		50	-1.248	
Nutrition and Physical Activity	Breastfed	30	27.4%	27.9%
	Physical Activity	35	18.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	48	21.3	12.6
Sleep Health	Adequate Sleep	49	52.6%	65.3%
	Sleep Position*	46	48.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	47	2.7%	1.9%
Health Outcomes		50	-1.120	
Behavioral Health	Alcohol Use	32	7.3%	6.8%
	Flourishing	46	63.5%	66.7%
	Illicit Drug Use	26	7.8%	7.4%
	Mental Health Conditions	39	24.5%	20.5%
	Teen Suicide*	11	9.6	9.7
Mortality	Child Mortality	49	44.5	28.7
	Infant Mortality	48	7.3	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	36	7.5%	6.8%
	Congenital Syphilis*	44	193.0	105.8
	High Health Status*	41	89.2%	89.9%
	Low Birth Weight	49	11.6%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	26	5.9	5.1
	Overweight or Obesity	47	35.8%	31.3%
Overall - Children		49	-0.794	

LA Overall - Women and Children

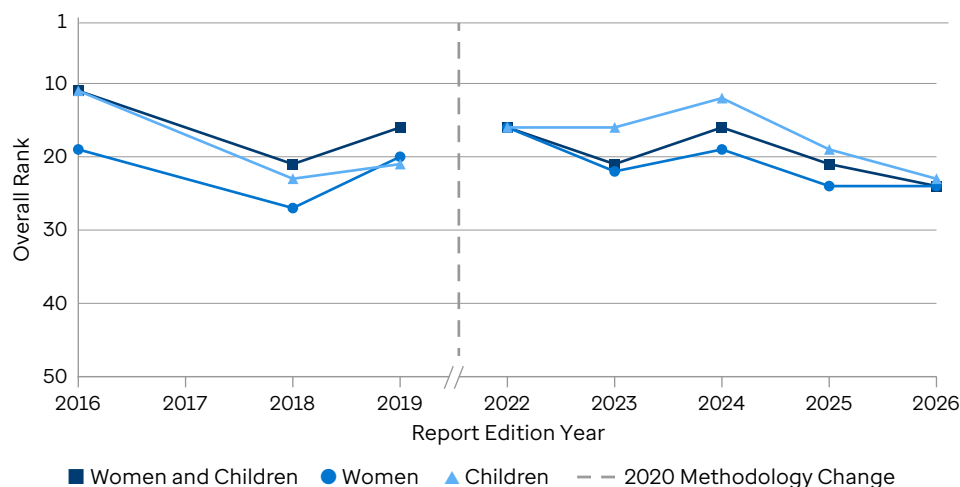
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low housing cost burden among households with children
- Low teen birth rate
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of multiple chronic conditions among women
- High prevalence of mental health conditions among children
- High prevalence of cigarette smoking during pregnancy

Key Findings

Severe Maternal Morbidity

105%▲

from 52.9 to 108.6 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Uninsured Women

34%▼

from 12.0% to 7.9% of women ages 19-44 between 2017 and 2024.

Neonatal Abstinence Syndrome

54%▼

from 33.1 to 15.1 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Flourishing

33%▼

from 94.0% to 62.9% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	9	0.339	
Air and Water Quality			
Air Pollution	5	5.9	8.8
Drinking Water Violations	23	1.9	2.5
Household Smoke	47	16.1%	10.3%
Water Fluoridation	21	79.5%	72.3%
Climate and Health			
Climate Policies	1	4	—
Transportation Energy Use*	20	79	8.3
Housing and Transportation			
Drive Alone to Work - Women	20	69.3%	67.4%
Housing Cost Burden - Households With Children	8	20.1%	27.7%
Housing With Lead Risk	41	22.1%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		22	0.313	
Community and Family Safety	Firearm Deaths*	15	5.4	5.9
	Injury Deaths	39	61.2	47.0
	Intimate Partner Violence Before Pregnancy*	11	2.5%	—
Economic Resources	Concentrated Disadvantage	3	5.8%	25.8%
	Food Insecurity	28	12.9%	13.3%
	Gender Pay Gap*	7	86.5%	83.0%
	Poverty	17	13.2%	14.4%
	Unemployment	13	3.1%	3.9%
Education	College Graduate	14	42.1%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	46	74	—
	Voter Participation	12	65.6%	60.0%
Clinical Care		6	0.862	
Access to Care	Adequate Prenatal Care	5	84.6%	75.0%
	Avoided Care Due to Cost	19	15.9%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	15	7.9%	11.2%
	Women's Health Providers	10	61.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	12	71.6%	69.7%
	Dental Visit	32	66.5%	65.6%
	Flu Vaccination	4	43.9%	33.9%
	Postpartum Visit*	6	93.0%	90.3%
	Well-Woman Visit	13	76.0%	73.4%
Quality of Care	Breastfeeding Initiation	17	88.4%	85.4%
	Dedicated Health Care Provider	1	89.8%	77.9%
	Low-Risk Cesarean Delivery	24	25.5%	26.6%
	Maternity Practices Score	24	82	82
Behaviors		13	0.318	
Nutrition and Physical Activity	Exercise	10	30.6%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	4	15.6%	22.0%
Sexual Health	Chlamydia	1	312.9	1,481.2
	High-Risk HIV Behaviors	28	8.8%	8.5%
	Unintended Pregnancy*	3	14.0%	—
Sleep Health	Insufficient Sleep	3	31.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	44	13.3%	8.4%
	Cigarette Smoking During Pregnancy	46	5.9%	2.4%
	E-Cigarette Use	22	12.5%	11.7%
Health Outcomes		46	-1.062	
Behavioral Health	Drug Deaths*	42	38.7	25.0
	Excessive Drinking	27	18.8%	18.1%
	Frequent Mental Distress	50	31.2%	23.2%
	Illicit Drug Use	43	13.4%	10.5%
	Postpartum Anxiety*	23	21.2%	20.3%
	Postpartum Depression*	16	11.2%	11.9%
Mortality	Maternal Mortality*	10	17.0	23.1
	Mortality Rate	31	113.3	98.0
Physical Health	Depression*	49	44.6%	30.6%
	Diabetes*	16	2.9%	3.6%
	Frequent Physical Distress	49	13.8%	10.1%
	High Blood Pressure	32	12.5%	11.8%
	High Health Status*	21	50.9%	49.4%
	Multiple Chronic Conditions	47	7.9%	4.5%
	Obesity	23	33.4%	32.6%
	Severe Maternal Morbidity*	36	108.6	97.8
Overall - Women		24	0.110	

ME Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		19	0.139	
Community and Family Safety	Child Victimization*	50	15.4	7.2
	Firearm Deaths*	8	3.1	5.5
	Injury Deaths	27	18.1	17.8
Economic Resources	Children in Poverty	19	12.7%	15.5%
	Children in Poverty - Racial Disparity	12	2.9	3.0
	Food Sufficiency	26	67.0%	66.6%
	Students Experiencing Homelessness	32	2.8%	3.2%
	WIC Coverage	20	56.6%	54.5%
Education	Early Childhood Education	22	48.1%	49.3%
	Fourth Grade Reading Proficiency	45	26.1%	30.5%
	High School Completion	2	94.8%	89.9%
Social Support and Engagement	Adult Mentor*	1	96.9%	88.0%
	Adverse Childhood Experiences	33	16.7%	14.1%
	Foster Care Instability	19	15.6%	18.7%
	High-Speed Internet	13	97.3%	96.6%
	Neighborhood Amenities	32	32.7%	38.2%
	Reading, Singing or Storytelling*	2	69.5%	59.7%
Clinical Care		6	0.866	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	23	85.3%	83.3%
	Pediatricians	12	135.8	118.2
	Uninsured	19	4.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	26	68.7%	68.0%
	HPV Vaccination	18	66.9%	62.9%
	Preventive Dental Visit	15	83.2%	80.2%
	Well-Child Visit	3	87.7%	79.6%
Quality of Care	Adequate Insurance	22	65.6%	64.6%
	Developmental Screening	2	53.5%	36.5%
	Medical Home	16	50.3%	45.5%
Behaviors		9	0.618	
Nutrition and Physical Activity	Breastfed	22	30.0%	27.9%
	Physical Activity	1	26.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	8	7.8	12.6
Sleep Health	Adequate Sleep	5	72.1%	65.3%
	Sleep Position*	1	81.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	46	2.6%	1.9%
Health Outcomes		46	-0.714	
Behavioral Health	Alcohol Use	44	8.6%	6.8%
	Flourishing	47	62.9%	66.7%
	Illicit Drug Use	50	12.1%	7.4%
	Mental Health Conditions	50	28.5%	20.5%
	Teen Suicide*	26	11.2	9.7
Mortality	Child Mortality	26	29.3	28.7
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	46	4.6	3.6
Physical Health	Asthma	49	8.8%	6.8%
	Congenital Syphilis*	5	16.5	105.8
	High Health Status*	14	91.6%	89.9%
	Low Birth Weight	12	7.5%	8.5%
	Low Birth Weight - Racial Disparity	1	1.4	2.1
	Neonatal Abstinence Syndrome*	44	15.1	5.1
	Overweight or Obesity	42	34.5%	31.3%
Overall - Children		23	0.119	

24 0.092

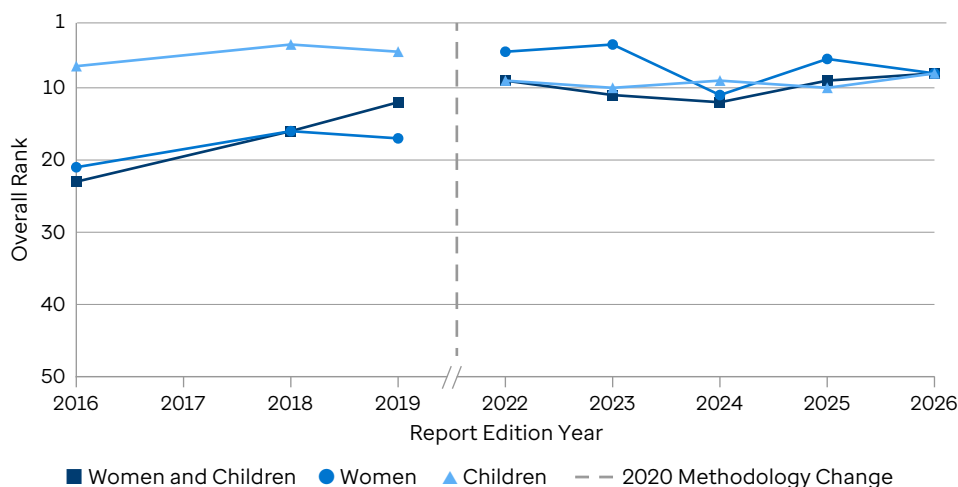
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of women in poverty
- Low prevalence of e-cigarette use among women
- High prevalence of infants exclusively breastfed for six months

Challenges

- High prevalence of low birth weight infants
- High prevalence of low-risk cesarean deliveries
- Low prevalence of physical activity among children

Key Findings

Injury Deaths

63%

from 29.3 to 47.7 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Cigarette Smoking

61%

from 13.6% to 5.3% of women ages 18-44 between 2013-2014 and 2023-2024.

Neonatal Abstinence Syndrome

44%

from 13.1 to 7.4 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Obesity

21%

from 26.8% to 32.3% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	1	0.645	
Air and Water Quality	Air Pollution	7.4	8.8
	Drinking Water Violations	1.8	2.5
	Household Smoke	8.3%	10.3%
	Water Fluoridation	93.2%	72.3%
Climate and Health	Climate Policies	4	—
	Transportation Energy Use*	6.6	8.3
Housing and Transportation	Drive Alone to Work - Women	64.8%	67.4%
	Housing Cost Burden - Households With Children	26.2%	27.7%
	Housing With Lead Risk	16.3%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		8	0.575	
Community and Family Safety	Firearm Deaths*	8	3.9	5.9
	Injury Deaths	19	47.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	23	21.9%	25.8%
	Food Insecurity	14	11.5%	13.3%
	Gender Pay Gap*	3	88.6%	83.0%
	Poverty	3	10.6%	14.4%
	Unemployment	36	4.1%	3.9%
Education	College Graduate	5	45.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	27	64	—
	Voter Participation	10	66.5%	60.0%
Clinical Care		14	0.505	
Access to Care	Adequate Prenatal Care	32	76.3%	75.0%
	Avoided Care Due to Cost	21	16.8%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	13	7.7%	11.2%
	Women's Health Providers	13	59.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	33	69.3%	69.7%
	Dental Visit	19	68.2%	65.6%
	Flu Vaccination	5	43.7%	33.9%
	Postpartum Visit*	8	92.9%	90.3%
	Well-Woman Visit	9	77.3%	73.4%
Quality of Care	Breastfeeding Initiation	20	87.7%	85.4%
	Dedicated Health Care Provider	12	83.9%	77.9%
	Low-Risk Cesarean Delivery	50	30.3%	26.6%
	Maternity Practices Score	21	83	82
Behaviors		10	0.364	
Nutrition and Physical Activity	Exercise	34	26.2%	27.6%
	Fruit and Vegetable Consumption	16	10.5%	9.8%
	Physical Inactivity	32	21.7%	22.0%
Sexual Health	Chlamydia	4	766.5	1,481.2
	High-Risk HIV Behaviors	15	8.0%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	46	41.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	3	5.3%	8.4%
	Cigarette Smoking During Pregnancy	12	1.8%	2.4%
	E-Cigarette Use	1	7.6%	11.7%
Health Outcomes		9	0.300	
Behavioral Health	Drug Deaths*	34	29.4	25.0
	Excessive Drinking	4	15.7%	18.1%
	Frequent Mental Distress	12	22.3%	23.2%
	Illicit Drug Use	14	9.7%	10.5%
	Postpartum Anxiety*	6	17.5%	20.3%
	Postpartum Depression*	39	14.1%	11.9%
Mortality	Maternal Mortality*	14	20.5	23.1
	Mortality Rate	23	100.4	98.0
Physical Health	Depression*	11	28.9%	30.6%
	Diabetes*	39	4.3%	3.6%
	Frequent Physical Distress	16	9.4%	10.1%
	High Blood Pressure	18	10.9%	11.8%
	High Health Status*	28	49.8%	49.4%
	Multiple Chronic Conditions	14	4.0%	4.5%
	Obesity	18	32.3%	32.6%
	Severe Maternal Morbidity*	34	106.1	97.8
Overall - Women		8	0.469	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		7	0.595	
Community and Family Safety	Child Victimization*	14	4.6	7.2
	Firearm Deaths*	23	5.9	5.5
	Injury Deaths	16	16.0	17.8
Economic Resources	Children in Poverty	6	10.6%	15.5%
	Children in Poverty - Racial Disparity	29	3.5	3.0
	Food Sufficiency	6	72.3%	66.6%
	Students Experiencing Homelessness	18	2.3%	3.2%
	WIC Coverage	14	59.5%	54.5%
Education	Early Childhood Education	17	48.9%	49.3%
	Fourth Grade Reading Proficiency	9	33.6%	30.5%
	High School Completion	27	91.4%	89.9%
Social Support and Engagement	Adult Mentor*	42	85.9%	88.0%
	Adverse Childhood Experiences	5	11.8%	14.1%
	Foster Care Instability	24	18.2%	18.7%
	High-Speed Internet	8	97.6%	96.6%
	Neighborhood Amenities	15	41.0%	38.2%
	Reading, Singing or Storytelling*	40	56.7%	59.7%
Clinical Care		9	0.636	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	18	86.1%	83.3%
	Pediatricians	10	151.8	118.2
	Uninsured	20	4.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	12	72.8%	68.0%
	HPV Vaccination	11	69.2%	62.9%
	Preventive Dental Visit	22	82.3%	80.2%
	Well-Child Visit	10	82.4%	79.6%
Quality of Care	Adequate Insurance	12	68.1%	64.6%
	Developmental Screening	18	42.6%	36.5%
	Medical Home	39	45.7%	45.5%
Behaviors		16	0.394	
Nutrition and Physical Activity	Breastfed	4	35.7%	27.9%
	Physical Activity	34	18.8%	19.7%
	Soda Consumption*	5	6.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	15	88.1%	85.6%
	Teen Births	17	10.3	12.6
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	22	72.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	5	14.3%	16.8%
	Tobacco Use	10	1.7%	1.9%
Health Outcomes		18	0.060	
Behavioral Health	Alcohol Use	26	6.7%	6.8%
	Flourishing	6	68.4%	66.7%
	Illicit Drug Use	26	7.8%	7.4%
	Mental Health Conditions	7	18.4%	20.5%
	Teen Suicide*	6	6.9	9.7
Mortality	Child Mortality	18	27.4	28.7
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	41	7.8%	6.8%
	Congenital Syphilis*	32	100.3	105.8
	High Health Status*	18	91.4%	89.9%
	Low Birth Weight	34	8.9%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	33	7.4	5.1
	Overweight or Obesity	23	31.2%	31.3%
Overall - Children		8	0.454	

MD Overall - Women and Children

8 0.443

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

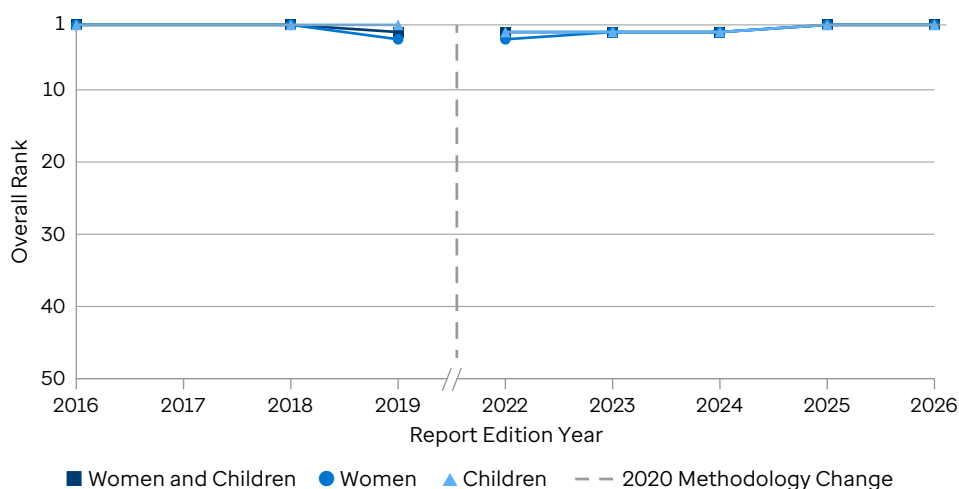
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Summary

Strengths

- Low infant mortality rate
- Low prevalence of obesity among women
- High prevalence of food sufficiency among children

Challenges

- High prevalence of illicit drug use among adolescents
- Low prevalence of cervical cancer screening
- Low prevalence of infants exclusively breastfed for six months

Key Findings

Neonatal Abstinence Syndrome

65%▼

from 14.2 to 4.9 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Flourishing

29%▼

from 94.7% to 67.5% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Cigarette Smoking

54%▼

from 15.2% to 7.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Severe Maternal Morbidity

29%▲

from 88.4 to 114.0 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		13	0.289	
Air and Water Quality	Air Pollution	19	7.7	8.8
	Drinking Water Violations	9	1.5	2.5
	Household Smoke	3	6.4%	10.3%
	Water Fluoridation	35	58.2%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	3	6.1	8.3
Housing and Transportation	Drive Alone to Work - Women	2	60.6%	67.4%
	Housing Cost Burden - Households With Children	43	30.1%	27.7%
	Housing With Lead Risk	49	29.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		4	0.808	
Community and Family Safety	Firearm Deaths*	1	1.1	5.9
	Injury Deaths	8	35.5	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	22	20.8%	25.8%
	Food Insecurity	16	11.7%	13.3%
	Gender Pay Gap*	5	88.3%	83.0%
	Poverty	5	11.3%	14.4%
	Unemployment	26	3.5%	3.9%
Education	College Graduate	1	55.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	41	15%	12%
	Residential Segregation - Black/White	27	64	—
	Voter Participation	11	65.8%	60.0%
Clinical Care		2	1.189	
Access to Care	Adequate Prenatal Care	11	81.7%	75.0%
	Avoided Care Due to Cost	2	11.7%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	1	3.4%	11.2%
	Women's Health Providers	12	59.8	48.1
Preventive Clinical Care	Cervical Cancer Screening	29	69.6%	69.7%
	Dental Visit	4	72.5%	65.6%
	Flu Vaccination	1	51.0%	33.9%
	Postpartum Visit*	5	93.1%	90.3%
	Well-Woman Visit	2	79.1%	73.4%
Quality of Care	Breastfeeding Initiation	21	87.6%	85.4%
	Dedicated Health Care Provider	4	86.1%	77.9%
	Low-Risk Cesarean Delivery	36	27.5%	26.6%
	Maternity Practices Score	4	89	82
Behaviors		4	0.722	
Nutrition and Physical Activity	Exercise	10	30.6%	27.6%
	Fruit and Vegetable Consumption	29	8.6%	9.8%
	Physical Inactivity	14	18.7%	22.0%
Sexual Health	Chlamydia	13	1,206.5	1,481.2
	High-Risk HIV Behaviors	3	6.3%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	12	33.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	10	7.0%	8.4%
	Cigarette Smoking During Pregnancy	8	1.3%	2.4%
	E-Cigarette Use	7	9.6%	11.7%
Health Outcomes		4	0.544	
Behavioral Health	Drug Deaths*	20	24.7	25.0
	Excessive Drinking	27	18.8%	18.1%
	Frequent Mental Distress	10	21.5%	23.2%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	4	16.1%	20.3%
	Postpartum Depression*	8	10.4%	11.9%
	Maternal Mortality*	9	16.2	23.1
Mortality	Mortality Rate	1	70.9	98.0
Physical Health	Depression*	19	32.1%	30.6%
	Diabetes*	26	3.5%	3.6%
	Frequent Physical Distress	23	9.9%	10.1%
	High Blood Pressure	7	9.5%	11.8%
	High Health Status*	2	54.4%	49.4%
	Multiple Chronic Conditions	15	4.1%	4.5%
	Obesity	1	24.3%	32.6%
	Severe Maternal Morbidity*	39	114.0	97.8
Overall - Women		1	0.691	

MA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		2	0.954	
Community and Family Safety	Child Victimization*	48	14.9	7.2
	Firearm Deaths*	1	1.5	5.5
	Injury Deaths	2	8.1	17.8
Economic Resources	Children in Poverty	8	11.1%	15.5%
	Children in Poverty - Racial Disparity	35	4.0	3.0
	Food Sufficiency	1	76.2%	66.6%
	Students Experiencing Homelessness	43	3.9%	3.2%
	WIC Coverage	3	68.9%	54.5%
Education	Early Childhood Education	6	57.3%	49.3%
	Fourth Grade Reading Proficiency	1	40.4%	30.5%
	High School Completion	27	91.4%	89.9%
Social Support and Engagement	Adult Mentor*	38	87.9%	88.0%
	Adverse Childhood Experiences	1	9.7%	14.1%
	Foster Care Instability	39	25.1%	18.7%
	High-Speed Internet	5	97.8%	96.6%
	Neighborhood Amenities	4	52.9%	38.2%
	Reading, Singing or Storytelling*	10	65.3%	59.7%
Clinical Care		2	1.451	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	16	86.2%	83.3%
	Pediatricians	1	224.2	118.2
	Uninsured	1	2.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	1	82.5%	68.0%
	HPV Vaccination	1	79.8%	62.9%
	Preventive Dental Visit	13	83.8%	80.2%
	Well-Child Visit	4	87.2%	79.6%
Quality of Care	Adequate Insurance	15	66.9%	64.6%
	Developmental Screening	4	51.9%	36.5%
	Medical Home	23	49.2%	45.5%
Behaviors		13	0.538	
Nutrition and Physical Activity	Breastfed	41	25.1%	27.9%
	Physical Activity	23	20.9%	19.7%
	Soda Consumption*	2	4.8%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	7	81.4%	85.6%
	Teen Births	2	5.4	12.6
Sleep Health	Adequate Sleep	10	71.4%	65.3%
	Sleep Position*	15	74.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	19	18.3%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		6	0.569	
Behavioral Health	Alcohol Use	30	7.2%	6.8%
	Flourishing	11	67.5%	66.7%
	Illicit Drug Use	41	8.9%	7.4%
	Mental Health Conditions	30	22.8%	20.5%
	Teen Suicide*	1	4.6	9.7
Mortality	Child Mortality	1	16.6	28.7
	Infant Mortality	2	3.3	5.6
	Neonatal Mortality*	3	2.3	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	7	20.4	105.8
	High Health Status*	8	92.1%	89.9%
	Low Birth Weight	14	7.6%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	19	4.9	5.1
	Overweight or Obesity	3	25.3%	31.3%
Overall - Children		1	0.752	

1 0.766

State Health Department Website: michigan.gov/mdhhs

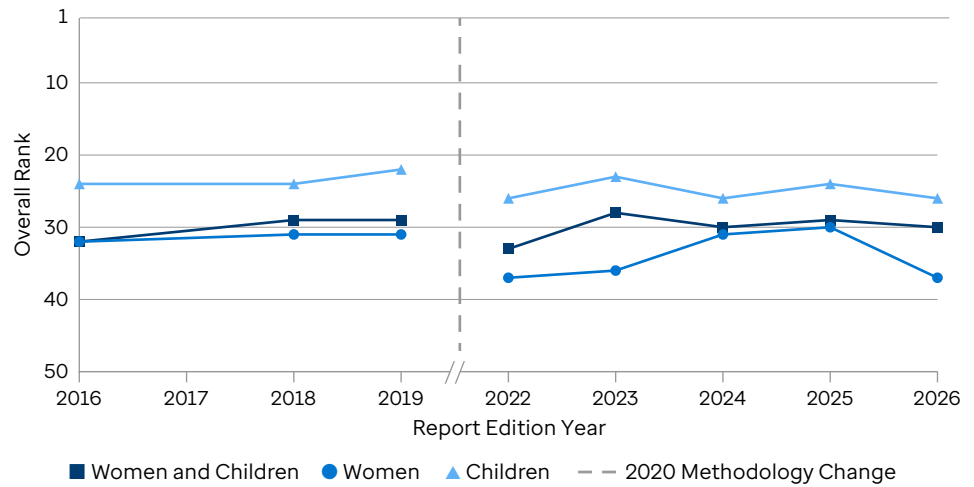
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High WIC coverage among eligible children ages 0-4
- Low foster care placement instability
- Low uninsured rate among women

Challenges

- High prevalence of multiple chronic conditions among women
- High poverty rate among children
- High prevalence of cigarette smoking among women

Key Findings

Household Smoke

40%▼

from 19.6% to 11.8% of children ages 0-17 between 2016-2017 and 2023-2024.

Obesity

38%▲

from 26.6% to 36.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

30%▼

from 91.5% to 64.3% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Well-Woman Visit

10%▲

from 68.8% to 75.9% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		29	0.044	
Air and Water Quality	Air Pollution	48	10.4	8.8
	Drinking Water Violations	6	1.4	2.5
	Household Smoke	27	11.8%	10.3%
	Water Fluoridation	12	90.8%	72.3%
Climate and Health	Climate Policies	13	3	—
	Transportation Energy Use*	8	70	8.3
Housing and Transportation	Drive Alone to Work - Women	38	73.7%	67.4%
	Housing Cost Burden - Households With Children	16	22.0%	27.7%
	Housing With Lead Risk	40	21.6%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.112	
Community and Family Safety	Firearm Deaths*	22	6.6	5.9
	Injury Deaths	20	479	470
	Intimate Partner Violence Before Pregnancy*	12	25%	—
Economic Resources	Concentrated Disadvantage	26	23.1%	25.8%
	Food Insecurity	42	14.7%	13.3%
	Gender Pay Gap*	43	79.1%	83.0%
	Poverty	42	16.8%	14.4%
	Unemployment	29	3.7%	3.9%
Education	College Graduate	25	379%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	44	73	—
	Voter Participation	3	69.5%	60.0%
Clinical Care		17	0.430	
Access to Care	Adequate Prenatal Care	27	77.3%	75.0%
	Avoided Care Due to Cost	16	15.6%	18.5%
	Maternity Care Desert*	20	2.0	3.5
	Uninsured	6	6.6%	11.2%
	Women's Health Providers	14	58.0	48.1
Preventive Clinical Care	Cervical Cancer Screening	11	72.0%	69.7%
	Dental Visit	27	67.3%	65.6%
	Flu Vaccination	33	31.8%	33.9%
	Postpartum Visit*	31	89.5%	90.3%
	Well-Woman Visit	14	75.9%	73.4%
Quality of Care	Breastfeeding Initiation	27	86.1%	85.4%
	Dedicated Health Care Provider	10	84.2%	77.9%
	Low-Risk Cesarean Delivery	43	28.4%	26.6%
	Maternity Practices Score	31	79	82
Behaviors		40	-0.507	
Nutrition and Physical Activity	Exercise	28	270%	276%
	Fruit and Vegetable Consumption	18	10.4%	9.8%
	Physical Inactivity	16	18.9%	22.0%
Sexual Health	Chlamydia	23	1,405.6	1,481.2
	High-Risk HIV Behaviors	43	10.8%	8.5%
	Unintended Pregnancy*	16	21.4%	—
Sleep Health	Insufficient Sleep	33	37.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	40	12.3%	8.4%
	Cigarette Smoking During Pregnancy	36	4.4%	2.4%
	E-Cigarette Use	36	15.0%	11.7%
Health Outcomes		40	-0.716	
Behavioral Health	Drug Deaths*	22	25.3	25.0
	Excessive Drinking	29	19.0%	18.1%
	Frequent Mental Distress	40	270%	23.2%
	Illicit Drug Use	39	12.3%	10.5%
	Postpartum Anxiety*	40	25.9%	20.3%
	Postpartum Depression*	22	11.6%	11.9%
Mortality	Maternal Mortality*	13	18.8	23.1
	Mortality Rate	24	101.2	98.0
Physical Health	Depression*	44	40.3%	30.6%
	Diabetes*	37	4.2%	3.6%
	Frequent Physical Distress	39	11.8%	10.1%
	High Blood Pressure	30	12.4%	11.8%
	High Health Status*	41	470%	49.4%
	Multiple Chronic Conditions	41	6.7%	4.5%
	Obesity	35	36.8%	32.6%
	Severe Maternal Morbidity*	27	99.7	97.8
Overall - Women		37	-0.223	

MI Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		27	-0.021	
Community and Family Safety	Child Victimization*	33	10.7	7.2
	Firearm Deaths*	20	5.2	5.5
	Injury Deaths	14	15.5	17.8
Economic Resources	Children in Poverty	40	18.0%	15.5%
	Children in Poverty - Racial Disparity	16	3.0	3.0
	Food Sufficiency	26	67.0%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	7	62.3%	54.5%
Education	Early Childhood Education	18	48.6%	49.3%
	Fourth Grade Reading Proficiency	46	24.6%	30.5%
	High School Completion	20	92.2%	89.9%
Social Support and Engagement	Adult Mentor*	16	92.0%	88.0%
	Adverse Childhood Experiences	34	172%	14.1%
	Foster Care Instability	4	10.8%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	27	34.7%	38.2%
	Reading, Singing or Storytelling*	20	63.1%	59.7%
Clinical Care		15	0.471	
Access to Care	ADD/ADHD Treatment	11	4.3%	3.4%
	Mental Health Treatment*	14	86.8%	83.3%
	Pediatricians	19	1170	118.2
	Uninsured	10	3.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	9	73.6%	68.0%
	HPV Vaccination	25	65.6%	62.9%
	Preventive Dental Visit	39	78.8%	80.2%
	Well-Child Visit	18	81.2%	79.6%
Quality of Care	Adequate Insurance	24	64.8%	64.6%
	Developmental Screening	21	41.8%	36.5%
	Medical Home	30	47.1%	45.5%
Behaviors		21	0.272	
Nutrition and Physical Activity	Breastfed	24	29.3%	27.9%
	Physical Activity	15	22.6%	19.7%
	Soda Consumption*	7	7.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	6	81.2%	85.6%
	Teen Births	17	10.3	12.6
Sleep Health	Adequate Sleep	24	67.1%	65.3%
	Sleep Position*	5	79.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	8	15.4%	16.8%
	Tobacco Use	30	2.2%	1.9%
Health Outcomes		36	-0.285	
Behavioral Health	Alcohol Use	14	6.2%	6.8%
	Flourishing	42	64.3%	66.7%
	Illicit Drug Use	36	8.3%	7.4%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	18	10.5	9.7
Mortality	Child Mortality	15	26.3	28.7
	Infant Mortality	34	6.3	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	21	53.8	105.8
	High Health Status*	47	87.7%	89.9%
	Low Birth Weight	35	9.0%	8.5%
	Low Birth Weight - Racial Disparity	42	2.2	2.1
	Neonatal Abstinence Syndrome*	15	4.7	5.1
	Overweight or Obesity	21	31.1%	31.3%
Overall - Children		26	0.024	

30 -0.108

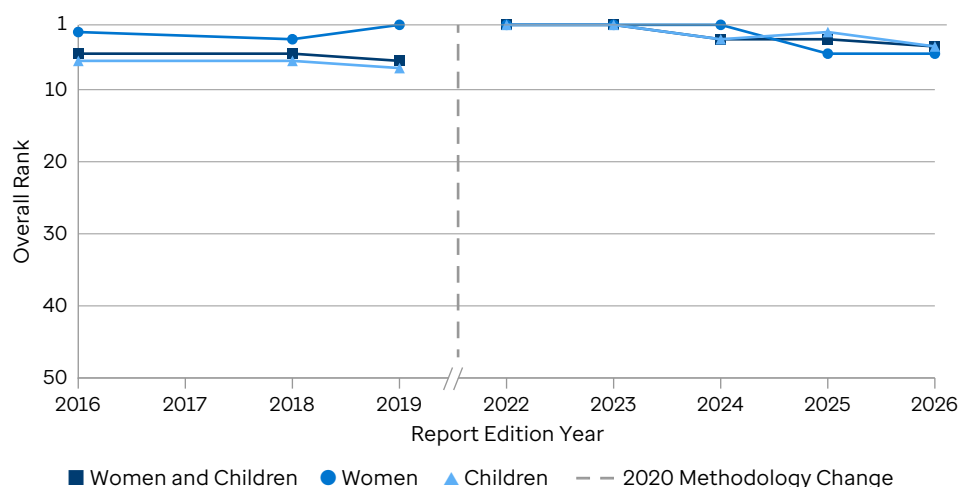
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

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Source: America's Health Rankings composite measure, 2016-2026.

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Summary

Strengths

- Low poverty rate among children
- Low prevalence of physical inactivity among women
- Low teen birth rate

Challenges

- High prevalence of excessive drinking among women
- Low prevalence of preventive dental visits among children
- Low prevalence of cervical cancer screening

Key Findings

Severe Maternal Morbidity

97%▲

from 61.6 to 121.2 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Cigarette Smoking

46%▼

from 18.8% to 10.2% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

29%▼

from 91.7% to 65.0% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Housing Cost Burden - Households With Children

18%▼

from 24.6% to 20.1% of households with children between 2014 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	6	0.458	
Air and Water Quality	Air Pollution	8.4	8.8
	Drinking Water Violations	2.4	2.5
	Household Smoke	8.4%	10.3%
	Water Fluoridation	98.9%	72.3%
Climate and Health	Climate Policies	3	—
	Transportation Energy Use*	79	8.3
Housing and Transportation	Drive Alone to Work - Women	68.8%	67.4%
	Housing Cost Burden - Households With Children	20.1%	27.7%
	Housing With Lead Risk	18.5%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		3	1.023	
Community and Family Safety	Firearm Deaths*	6	3.4	5.9
	Injury Deaths	10	38.9	47.0
	Intimate Partner Violence Before Pregnancy*	7	2.0%	—
Economic Resources	Concentrated Disadvantage	10	10.5%	25.8%
	Food Insecurity	6	9.9%	13.3%
	Gender Pay Gap*	10	84.9%	83.0%
	Poverty	9	11.7%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	8	45.3%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	36	14%	12%
	Residential Segregation - Black/White	21	62	—
	Voter Participation	2	72.4%	60.0%
Clinical Care		11	0.552	
Access to Care	Adequate Prenatal Care	12	81.0%	75.0%
	Avoided Care Due to Cost	14	15.4%	18.5%
	Maternity Care Desert*	33	5.7	3.5
	Uninsured	9	71%	11.2%
	Women's Health Providers	11	60.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	37	68.9%	69.7%
	Dental Visit	19	68.2%	65.6%
	Flu Vaccination	9	40.8%	33.9%
	Postpartum Visit*	8	92.9%	90.3%
	Well-Woman Visit	29	73.9%	73.4%
Quality of Care	Breastfeeding Initiation	11	89.9%	85.4%
	Dedicated Health Care Provider	24	80.4%	77.9%
	Low-Risk Cesarean Delivery	32	26.6%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		11	0.360	
Nutrition and Physical Activity	Exercise	23	28.0%	27.6%
	Fruit and Vegetable Consumption	26	9.1%	9.8%
	Physical Inactivity	10	17.1%	22.0%
Sexual Health	Chlamydia	12	1,197.0	1,481.2
	High-Risk HIV Behaviors	12	7.7%	8.5%
	Unintended Pregnancy*	15	21.0%	—
Sleep Health	Insufficient Sleep	4	31.1%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	29	10.2%	8.4%
	Cigarette Smoking During Pregnancy	23	2.7%	2.4%
	E-Cigarette Use	18	12.2%	11.7%
Health Outcomes		12	0.209	
Behavioral Health	Drug Deaths*	14	21.5	25.0
	Excessive Drinking	44	21.4%	18.1%
	Frequent Mental Distress	24	23.8%	23.2%
	Illicit Drug Use	15	9.8%	10.5%
	Postpartum Anxiety*	33	24.5%	20.3%
	Postpartum Depression*	7	10.2%	11.9%
Mortality	Maternal Mortality*	4	14.9	23.1
	Mortality Rate	9	81.8	98.0
Physical Health	Depression*	35	37.9%	30.6%
	Diabetes*	22	3.1%	3.6%
	Frequent Physical Distress	5	8.6%	10.1%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	14	52.5%	49.4%
	Multiple Chronic Conditions	10	3.8%	4.5%
	Obesity	14	31.4%	32.6%
	Severe Maternal Morbidity*	41	121.2	97.8
Overall - Women		5	0.512	

MN Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		6	0.666	
Community and Family Safety	Child Victimization*	9	3.6	7.2
	Firearm Deaths*	5	2.6	5.5
	Injury Deaths	12	15.2	17.8
Economic Resources	Children in Poverty	4	9.5%	15.5%
	Children in Poverty - Racial Disparity	47	5.6	3.0
	Food Sufficiency	3	73.1%	66.6%
	Students Experiencing Homelessness	14	2.2%	3.2%
	WIC Coverage	4	65.3%	54.5%
Education	Early Childhood Education	23	47.8%	49.3%
	Fourth Grade Reading Proficiency	25	30.7%	30.5%
	High School Completion	6	94.2%	89.9%
Social Support and Engagement	Adult Mentor*	20	91.5%	88.0%
	Adverse Childhood Experiences	17	13.8%	14.1%
	Foster Care Instability	7	11.9%	18.7%
	High-Speed Internet	8	97.6%	96.6%
	Neighborhood Amenities	10	45.7%	38.2%
	Reading, Singing or Storytelling*	19	63.4%	59.7%
Clinical Care		13	0.490	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	10	87.6%	83.3%
	Pediatricians	21	115.3	118.2
	Uninsured	12	3.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	16	72.0%	68.0%
	HPV Vaccination	13	67.7%	62.9%
	Preventive Dental Visit	30	79.5%	80.2%
	Well-Child Visit	14	81.9%	79.6%
Quality of Care	Adequate Insurance	43	61.0%	64.6%
	Developmental Screening	5	50.8%	36.5%
	Medical Home	15	50.5%	45.5%
Behaviors		4	0.900	
Nutrition and Physical Activity	Breastfed	13	32.8%	27.9%
	Physical Activity	19	21.8%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	5	7.3	12.6
Sleep Health	Adequate Sleep	4	72.6%	65.3%
	Sleep Position*	32	68.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		10	0.454	
Behavioral Health	Alcohol Use	18	6.4%	6.8%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	18	6.9%	7.4%
	Mental Health Conditions	29	22.7%	20.5%
	Teen Suicide*	29	11.7	9.7
Mortality	Child Mortality	10	24.8	28.7
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	7	2.9	3.6
Physical Health	Asthma	10	5.8%	6.8%
	Congenital Syphilis*	18	45.3	105.8
	High Health Status*	8	92.1%	89.9%
	Low Birth Weight	12	7.5%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	23	5.6	5.1
	Overweight or Obesity	5	27.1%	31.3%
Overall - Children		4	0.587	

4 0.561

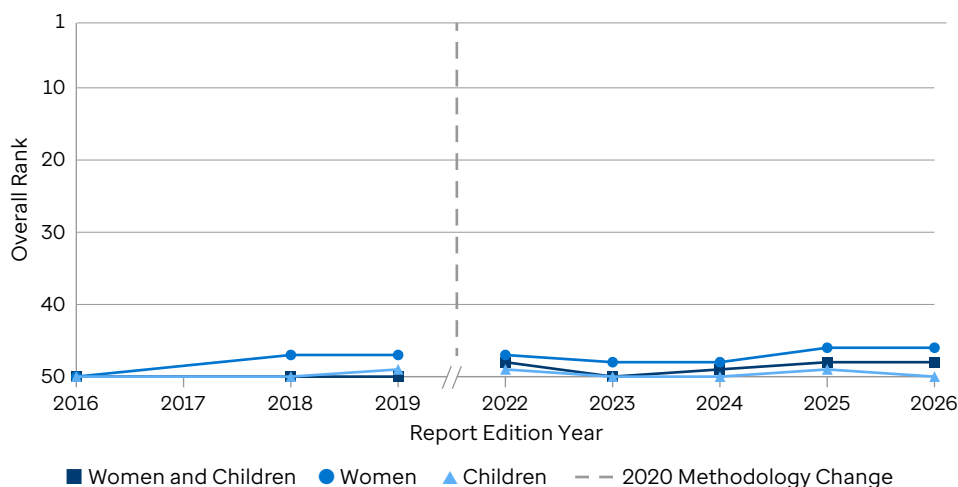
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Summary

Strengths

- Low prevalence of frequent mental distress among women
- High enrollment in early childhood education
- Low prevalence of public school students experiencing homelessness

Challenges

- High child mortality rate
- High prevalence of children in poverty
- High prevalence of physical inactivity among women

Key Findings

Severe Maternal Morbidity

31%

from 63.1 to 82.4 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Flourishing

28%

from 91.2% to 65.5% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

High School Graduation

18%

from 75.5% to 89.4% of students between the 2012-2013 and 2022-2023 school years.

Well-Woman Visit

10%

from 70.8% to 78.2% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	48	-0.356	
Air and Water Quality			
Air Pollution	30	8.3	8.8
Drinking Water Violations	15	1.8	2.5
Household Smoke	43	15.3%	10.3%
Water Fluoridation	41	47.3%	72.3%
Climate and Health			
Climate Policies	38	0	—
Transportation Energy Use*	46	11.9	8.3
Housing and Transportation			
Drive Alone to Work - Women	50	79.0%	67.4%
Housing Cost Burden - Households With Children	21	23.2%	27.7%
Housing With Lead Risk	10	9.5%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		44	-0.591	
Community and Family Safety	Firearm Deaths*	44	12.7	5.9
	Injury Deaths	42	63.6	47.0
	Intimate Partner Violence Before Pregnancy*	18	4.6%	—
Economic Resources	Concentrated Disadvantage	48	42.3%	25.8%
	Food Insecurity	46	17.3%	13.3%
	Gender Pay Gap*	30	81.9%	83.0%
	Poverty	50	22.2%	14.4%
	Unemployment	10	2.9%	3.9%
Education	College Graduate	48	275%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	1	6%	12%
	Residential Segregation - Black/White	3	52	—
	Voter Participation	30	59.8%	60.0%
Clinical Care		43	-0.502	
Access to Care	Adequate Prenatal Care	16	79.3%	75.0%
	Avoided Care Due to Cost	41	21.7%	18.5%
	Maternity Care Desert*	50	18.1	3.5
	Uninsured	44	15.0%	11.2%
	Women's Health Providers	48	32.4	48.1
Preventive Clinical Care	Cervical Cancer Screening	49	63.2%	69.7%
	Dental Visit	7	70.7%	65.6%
	Flu Vaccination	49	23.9%	33.9%
	Postpartum Visit*	39	88.1%	90.3%
	Well-Woman Visit	4	78.2%	73.4%
Quality of Care	Breastfeeding Initiation	49	68.3%	85.4%
	Dedicated Health Care Provider	40	76.2%	77.9%
	Low-Risk Cesarean Delivery	49	30.1%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		50	-1.537	
Nutrition and Physical Activity	Exercise	48	21.5%	27.6%
	Fruit and Vegetable Consumption	49	3.8%	9.8%
	Physical Inactivity	50	30.8%	22.0%
Sexual Health	Chlamydia	49	2,473.6	1,481.2
	High-Risk HIV Behaviors	45	11.5%	8.5%
	Unintended Pregnancy*	22	36.6%	—
Sleep Health	Insufficient Sleep	38	39.2%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	43	12.8%	8.4%
	Cigarette Smoking During Pregnancy	30	3.4%	2.4%
	E-Cigarette Use	39	15.7%	11.7%
Health Outcomes		32	-0.386	
Behavioral Health	Drug Deaths*	17	22.4	25.0
	Excessive Drinking	6	15.9%	18.1%
	Frequent Mental Distress	2	19.3%	23.2%
	Illicit Drug Use	12	9.6%	10.5%
	Postpartum Anxiety*	46	31.6%	20.3%
	Postpartum Depression*	46	17.1%	11.9%
Mortality	Maternal Mortality*	45	37.5	23.1
	Mortality Rate	47	157.5	98.0
Physical Health	Depression*	9	28.1%	30.6%
	Diabetes*	34	4.1%	3.6%
	Frequent Physical Distress	3	7.8%	10.1%
	High Blood Pressure	47	18.4%	11.8%
	High Health Status*	33	49.2%	49.4%
	Multiple Chronic Conditions	26	5.0%	4.5%
	Obesity	48	42.3%	32.6%
	Severe Maternal Morbidity*	10	82.4	97.8
Overall - Women		46	-0.716	

MS Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		46	-0.829	
Community and Family Safety	Child Victimization*	48	14.9	7.2
	Firearm Deaths*	46	14.6	5.5
	Injury Deaths	50	34.9	17.8
Economic Resources	Children in Poverty	49	25.2%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	50	49.7%	66.6%
	Students Experiencing Homelessness	6	1.5%	3.2%
	WIC Coverage	39	44.3%	54.5%
Education	Early Childhood Education	5	58.2%	49.3%
	Fourth Grade Reading Proficiency	16	32.0%	30.5%
	High School Completion	45	88.0%	89.9%
Social Support and Engagement	Adult Mentor*	17	91.8%	88.0%
	Adverse Childhood Experiences	31	16.1%	14.1%
	Foster Care Instability	34	23.0%	18.7%
	High-Speed Internet	49	94.3%	96.6%
	Neighborhood Amenities	50	14.0%	38.2%
	Reading, Singing or Storytelling*	50	47.8%	59.7%
Clinical Care		48	-0.580	
Access to Care	ADD/ADHD Treatment	1	6.3%	3.4%
	Mental Health Treatment*	40	81.3%	83.3%
	Pediatricians	46	69.8	118.2
	Uninsured	28	5.8%	6.0%
Preventive Clinical Care	Childhood Immunizations	42	64.4%	68.0%
	HPV Vaccination	50	39.1%	62.9%
	Preventive Dental Visit	47	74.9%	80.2%
	Well-Child Visit	49	72.2%	79.6%
Quality of Care	Adequate Insurance	21	65.7%	64.6%
	Developmental Screening	45	29.7%	36.5%
	Medical Home	44	44.0%	45.5%
Behaviors		49	-1.114	
Nutrition and Physical Activity	Breastfed	44	24.0%	27.9%
	Physical Activity	21	21.2%	19.7%
	Soda Consumption*	20	15.3%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	21	94.1%	85.6%
	Teen Births	50	22.8	12.6
Sleep Health	Adequate Sleep	50	50.3%	65.3%
	Sleep Position*	43	61.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	15	17.9%	16.8%
	Tobacco Use	38	2.4%	1.9%
Health Outcomes		49	-1.049	
Behavioral Health	Alcohol Use	3	5.4%	6.8%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	13	6.4%	7.4%
	Mental Health Conditions	44	25.4%	20.5%
	Teen Suicide*	11	9.6	9.7
Mortality	Child Mortality	50	49.9	28.7
	Infant Mortality	50	9.0	5.6
	Neonatal Mortality*	50	5.3	3.6
Physical Health	Asthma	44	8.4%	6.8%
	Congenital Syphilis*	48	37.7%	105.8
	High Health Status*	42	88.6%	89.9%
	Low Birth Weight	50	12.7%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	7	3.0	5.1
	Overweight or Obesity	50	41.8%	31.3%
Overall - Children		50	-0.806	

MS Overall - Women and Children

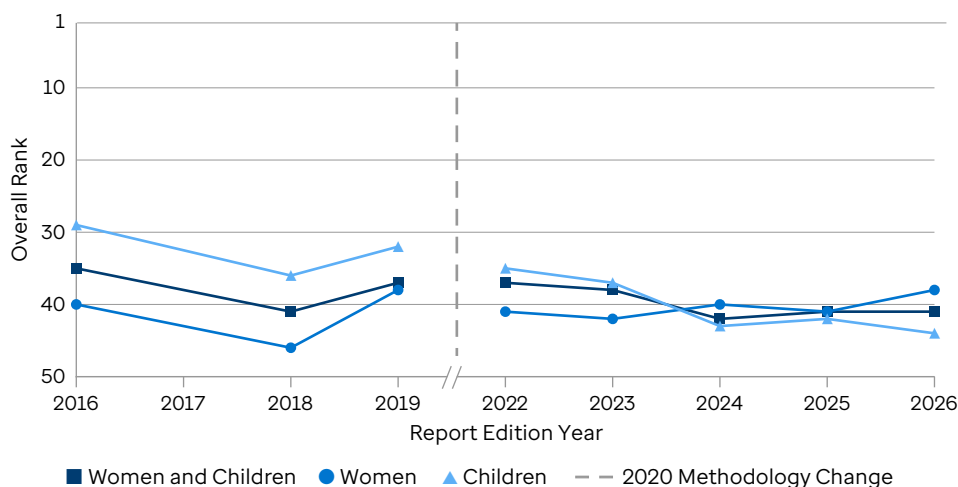
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

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Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High prevalence of cervical cancer screening
- High number of pediatricians per 100,000 children ages 0-21
- Low housing cost burden among households with children

Challenges

- High child mortality rate
- Low WIC coverage among eligible children ages 0-4
- High prevalence of cigarette smoking among women

Key Findings

Drug Deaths

36%▲

from 22.5 to 30.6 deaths per 100,000 women ages 20-44 between 2014-2016 and 2022-2024.

Uninsured Children

29%▲

from 5.1% to 6.6% of children ages 0-18 between 2017 and 2024.

Children in Poverty

27%▼

from 21.1% to 15.4% of children ages 0-17 between 2014 and 2024.

Well-Woman Visit

18%▲

from 63.3% to 74.9% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	40	-0.161	
Air and Water Quality	Air Pollution	76	8.8
	Drinking Water Violations	1.8	2.5
	Household Smoke	16.7%	10.3%
	Water Fluoridation	76.5%	72.3%
Climate and Health	Climate Policies	0	—
	Transportation Energy Use*	8.8	8.3
Housing and Transportation	Drive Alone to Work - Women	73.0%	67.4%
	Housing Cost Burden - Households With Children	21.0%	27.7%
	Housing With Lead Risk	176%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		30	-0.028	
Community and Family Safety	Firearm Deaths*	40	10.4	5.9
	Injury Deaths	38	61.0	47.0
	Intimate Partner Violence Before Pregnancy*	19	4.9%	—
Economic Resources	Concentrated Disadvantage	18	174%	25.8%
	Food Insecurity	31	13.3%	13.3%
	Gender Pay Gap*	26	82.1%	83.0%
	Poverty	32	14.9%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	29	371%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	41	71	—
	Voter Participation	18	63.1%	60.0%
Clinical Care		28	0.173	
Access to Care	Adequate Prenatal Care	23	78.7%	75.0%
	Avoided Care Due to Cost	31	18.6%	18.5%
	Maternity Care Desert*	42	11.4	3.5
	Uninsured	29	10.8%	11.2%
	Women's Health Providers	31	44.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	8	72.3%	69.7%
	Dental Visit	21	67.9%	65.6%
	Flu Vaccination	32	32.5%	33.9%
	Postpartum Visit*	35	89.1%	90.3%
	Well-Woman Visit	21	74.9%	73.4%
Quality of Care	Breastfeeding Initiation	37	82.8%	85.4%
	Dedicated Health Care Provider	25	80.3%	77.9%
	Low-Risk Cesarean Delivery	15	24.0%	26.6%
	Maternity Practices Score	38	77	82
Behaviors		37	-0.454	
Nutrition and Physical Activity	Exercise	31	26.6%	27.6%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	26	20.7%	22.0%
Sexual Health	Chlamydia	37	1,613.0	1,481.2
	High-Risk HIV Behaviors	15	8.0%	8.5%
	Unintended Pregnancy*	18	22.4%	—
Sleep Health	Insufficient Sleep	24	36.1%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	45	13.4%	8.4%
	Cigarette Smoking During Pregnancy	44	5.4%	2.4%
	E-Cigarette Use	25	12.9%	11.7%
Health Outcomes		41	-0.741	
Behavioral Health	Drug Deaths*	36	30.6	25.0
	Excessive Drinking	42	20.7%	18.1%
	Frequent Mental Distress	39	26.9%	23.2%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	35	24.6%	20.3%
	Postpartum Depression*	37	13.9%	11.9%
Mortality	Maternal Mortality*	30	27.7	23.1
	Mortality Rate	36	121.0	98.0
Physical Health	Depression*	30	35.8%	30.6%
	Diabetes*	20	3.0%	3.6%
	Frequent Physical Distress	41	11.9%	10.1%
	High Blood Pressure	26	11.9%	11.8%
	High Health Status*	31	49.3%	49.4%
	Multiple Chronic Conditions	43	6.9%	4.5%
	Obesity	28	34.0%	32.6%
	Severe Maternal Morbidity*	15	86.4	97.8
Overall - Women		38	-0.276	

MO Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		42	-0.594	
Community and Family Safety	Child Victimization*	8	3.3	7.2
	Firearm Deaths*	41	9.6	5.5
	Injury Deaths	43	26.5	17.8
Economic Resources	Children in Poverty	31	15.4%	15.5%
	Children in Poverty - Racial Disparity	12	2.9	3.0
	Food Sufficiency	34	64.4%	66.6%
	Students Experiencing Homelessness	45	4.0%	3.2%
	WIC Coverage	49	40.4%	54.5%
Education	Early Childhood Education	28	45.7%	49.3%
	Fourth Grade Reading Proficiency	41	27.2%	30.5%
	High School Completion	22	92.0%	89.9%
Social Support and Engagement	Adult Mentor*	7	93.9%	88.0%
	Adverse Childhood Experiences	37	178%	14.1%
	Foster Care Instability	46	28.0%	18.7%
	High-Speed Internet	42	95.6%	96.6%
	Neighborhood Amenities	28	34.4%	38.2%
	Reading, Singing or Storytelling*	13	64.2%	59.7%
Clinical Care		37	-0.118	
Access to Care	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	5	89.6%	83.3%
	Pediatricians	7	158.8	118.2
	Uninsured	35	6.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	22	69.8%	68.0%
	HPV Vaccination	45	52.7%	62.9%
	Preventive Dental Visit	47	74.9%	80.2%
	Well-Child Visit	8	82.7%	79.6%
Quality of Care	Adequate Insurance	32	63.3%	64.6%
	Developmental Screening	47	27.9%	36.5%
	Medical Home	20	49.4%	45.5%
Behaviors		37	-0.242	
Nutrition and Physical Activity	Breastfed	32	26.6%	27.9%
	Physical Activity	24	20.8%	19.7%
	Soda Consumption*	17	12.4%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	38	15.9	12.6
Sleep Health	Adequate Sleep	23	67.3%	65.3%
	Sleep Position*	21	72.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	22	21.3%	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		47	-0.746	
Behavioral Health	Alcohol Use	18	6.4%	6.8%
	Flourishing	41	64.4%	66.7%
	Illicit Drug Use	33	8.2%	7.4%
	Mental Health Conditions	41	24.8%	20.5%
	Teen Suicide*	30	12.0	9.7
Mortality	Child Mortality	40	37.4	28.7
	Infant Mortality	35	6.5	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	50	9.1%	6.8%
	Congenital Syphilis*	40	136.3	105.8
	High Health Status*	49	87.1%	89.9%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight - Racial Disparity	42	2.2	2.1
	Neonatal Abstinence Syndrome*	20	5.3	5.1
	Overweight or Obesity	32	31.8%	31.3%
Overall - Children		44	-0.451	

41 -0.388

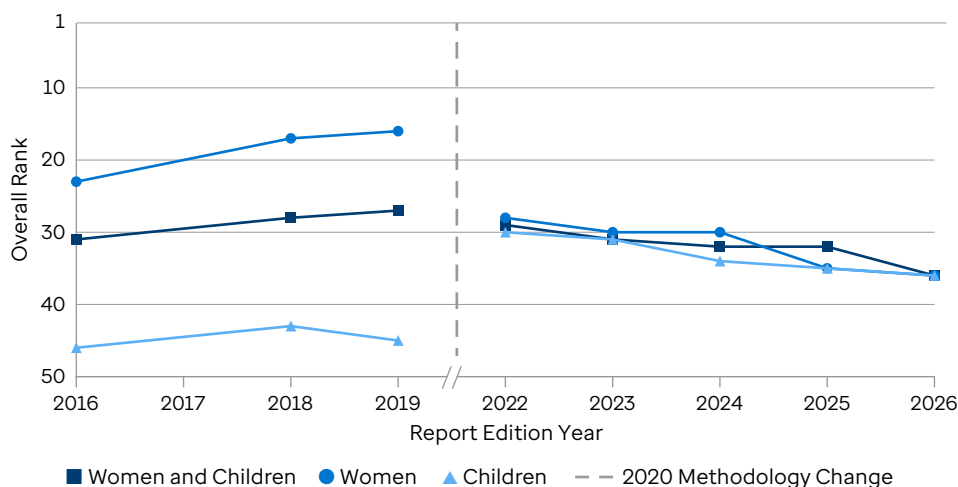
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Summary

Strengths

- Low prevalence of children in poverty
- Low prevalence of physical inactivity among women
- High prevalence of breastfeeding initiation

Challenges

- High child mortality rate
- High prevalence of excessive drinking among women
- High prevalence of e-cigarette use among women

Key Findings

Frequent Mental Distress

145%▲

from 12.1% to 29.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Births

58%▼

from 26.4 to 11.1 births per 1,000 females ages 15-19 between 2014 and 2024.

Flourishing

30%▼

from 93.0% to 65.1% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Well-Woman Visit

11%▲

from 61.1% to 68.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		35	-0.115	
Air and Water Quality	Air Pollution	10	6.5	8.8
	Drinking Water Violations	23	1.9	2.5
	Household Smoke	40	14.5%	10.3%
	Water Fluoridation	46	32.8%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	37	10.1	8.3
Housing and Transportation	Drive Alone to Work - Women	22	69.6%	67.4%
	Housing Cost Burden - Households With Children	22	23.5%	27.7%
	Housing With Lead Risk	27	15.8%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.302	
Community and Family Safety	Firearm Deaths*	30	7.9	5.9
	Injury Deaths	30	53.7	47.0
	Intimate Partner Violence Before Pregnancy*	8	2.2%	—
Economic Resources	Concentrated Disadvantage	8	8.0%	25.8%
	Food Insecurity	16	11.7%	13.3%
	Gender Pay Gap*	23	82.5%	83.0%
	Poverty	5	11.3%	14.4%
	Unemployment	4	2.7%	3.9%
Education	College Graduate	30	37.0%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	50	80	—
	Voter Participation	17	63.2%	60.0%
Clinical Care		31	0.149	
Access to Care	Adequate Prenatal Care	25	78.1%	75.0%
	Avoided Care Due to Cost	35	19.7%	18.5%
	Maternity Care Desert*	34	6.0	3.5
	Uninsured	41	14.2%	11.2%
	Women's Health Providers	16	572	48.1
Preventive Clinical Care	Cervical Cancer Screening	34	69.2%	69.7%
	Dental Visit	9	70.4%	65.6%
	Flu Vaccination	35	31.0%	33.9%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	46	68.0%	73.4%
Quality of Care	Breastfeeding Initiation	8	90.4%	85.4%
	Dedicated Health Care Provider	34	77.8%	77.9%
	Low-Risk Cesarean Delivery	6	21.5%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		29	-0.212	
Nutrition and Physical Activity	Exercise	1	34.2%	27.6%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	3	14.6%	22.0%
Sexual Health	Chlamydia	10	1,086.5	1,481.2
	High-Risk HIV Behaviors	44	11.3%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	14	33.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	42	12.6%	8.4%
	Cigarette Smoking During Pregnancy	48	6.3%	2.4%
	E-Cigarette Use	47	16.7%	11.7%
Health Outcomes		44	-1.025	
Behavioral Health	Drug Deaths*	10	19.1	25.0
	Excessive Drinking	50	25.3%	18.1%
	Frequent Mental Distress	46	29.7%	23.2%
	Illicit Drug Use	47	15.5%	10.5%
	Postpartum Anxiety*	28	22.9%	20.3%
	Postpartum Depression*	17	11.3%	11.9%
Mortality	Maternal Mortality*	36	28.8	23.1
	Mortality Rate	37	121.1	98.0
Physical Health	Depression*	42	38.8%	30.6%
	Diabetes*	16	2.9%	3.6%
	Frequent Physical Distress	39	11.8%	10.1%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	9	53.4%	49.4%
	Multiple Chronic Conditions	46	71%	4.5%
	Obesity	11	29.8%	32.6%
	Severe Maternal Morbidity*	5	70.1	97.8
Overall - Women		36	-0.206	

MT Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		39	-0.430	
Community and Family Safety	Child Victimization*	33	10.7	7.2
	Firearm Deaths*	37	8.8	5.5
	Injury Deaths	46	28.8	17.8
Economic Resources	Children in Poverty	7	11.0%	15.5%
	Children in Poverty - Racial Disparity	40	4.2	3.0
	Food Sufficiency	17	68.6%	66.6%
	Students Experiencing Homelessness	41	3.8%	3.2%
	WIC Coverage	47	41.5%	54.5%
Education	Early Childhood Education	38	42.5%	49.3%
	Fourth Grade Reading Proficiency	18	31.9%	30.5%
	High School Completion	4	94.6%	89.9%
Social Support and Engagement	Adult Mentor*	7	93.9%	88.0%
	Adverse Childhood Experiences	49	22.6%	14.1%
	Foster Care Instability	16	14.2%	18.7%
	High-Speed Internet	47	94.9%	96.6%
	Neighborhood Amenities	39	26.8%	38.2%
	Reading, Singing or Storytelling*	9	65.8%	59.7%
Clinical Care		29	0.111	
Access to Care	ADD/ADHD Treatment	5	5.4%	3.4%
	Mental Health Treatment*	45	78.3%	83.3%
	Pediatricians	45	72.3	118.2
	Uninsured	39	7.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	33	67.1%	68.0%
	HPV Vaccination	33	59.8%	62.9%
	Preventive Dental Visit	12	84.6%	80.2%
	Well-Child Visit	35	78.3%	79.6%
Quality of Care	Adequate Insurance	41	61.3%	64.6%
	Developmental Screening	14	44.6%	36.5%
	Medical Home	16	50.3%	45.5%
Behaviors		8	0.672	
Nutrition and Physical Activity	Breastfed	9	33.9%	27.9%
	Physical Activity	7	24.2%	19.7%
	Soda Consumption*	9	8.0%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	3	75.6%	85.6%
	Teen Births	22	11.1	12.6
Sleep Health	Adequate Sleep	9	71.6%	65.3%
	Sleep Position*	8	77.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	27	24.3%	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		43	-0.557	
Behavioral Health	Alcohol Use	39	8.0%	6.8%
	Flourishing	34	65.1%	66.7%
	Illicit Drug Use	45	9.2%	7.4%
	Mental Health Conditions	47	26.4%	20.5%
	Teen Suicide*	46	28.1	9.7
Mortality	Child Mortality	46	39.9	28.7
	Infant Mortality	16	5.1	5.6
	Neonatal Mortality*	18	3.3	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	42	170.0	105.8
	High Health Status*	27	90.6%	89.9%
	Low Birth Weight	14	7.6%	8.5%
	Low Birth Weight - Racial Disparity	47	2.3	2.1
	Neonatal Abstinence Syndrome*	26	5.9	5.1
	Overweight or Obesity	16	29.9%	31.3%
Overall - Children		36	-0.198	

36 -0.210

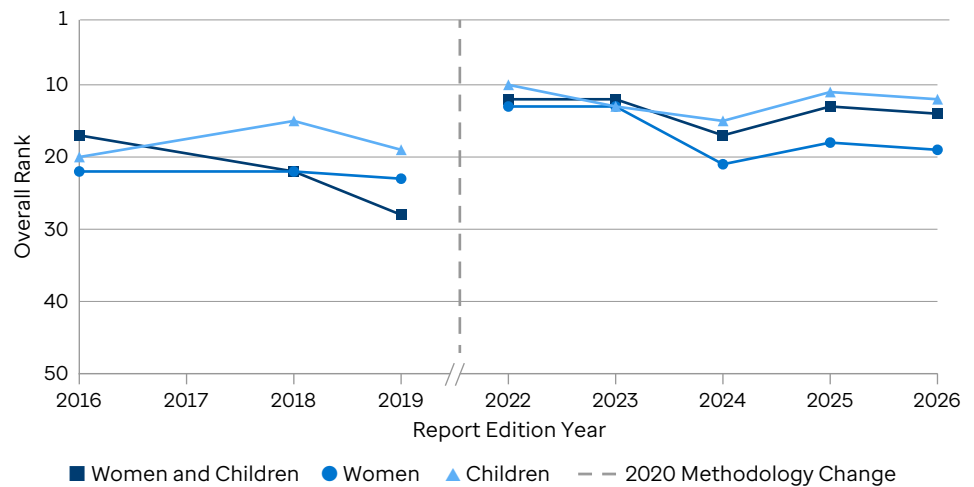
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Summary

Strengths

- Low prevalence of asthma among children
- Low mortality rate among women
- Low housing cost burden among households with children

Challenges

- High prevalence of excessive drinking among women
- Low enrollment in early childhood education
- Low prevalence of children with adequate and continuous health insurance

Key Findings

Cigarette Smoking

50%▼

from 20.0% to 10.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Obesity

40%▲

from 25.8% to 36.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Children in Poverty

26%▼

from 16.2% to 12.0% of children ages 0-17 between 2014 and 2024.

Flourishing

24%▼

from 91.8% to 70.1% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		23	0.105	
Air and Water Quality	Air Pollution	11	6.6	8.8
	Drinking Water Violations	15	1.8	2.5
	Household Smoke	17	10.2%	10.3%
	Water Fluoridation	27	74.2%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	36	9.9	8.3
Housing and Transportation	Drive Alone to Work - Women	35	73.2%	67.4%
	Housing Cost Burden - Households With Children	10	20.2%	27.7%
	Housing With Lead Risk	37	20.5%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		21	0.314	
Community and Family Safety	Firearm Deaths*	8	3.9	5.9
	Injury Deaths	3	31.9	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	12	12.4%	25.8%
	Food Insecurity	27	12.7%	13.3%
	Gender Pay Gap*	15	83.2%	83.0%
	Poverty	32	14.9%	14.4%
	Unemployment	10	2.9%	3.9%
Education	College Graduate	20	40.2%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	32	66	—
	Voter Participation	32	59.1%	60.0%
Clinical Care		32	0.141	
Access to Care	Adequate Prenatal Care	19	78.9%	75.0%
	Avoided Care Due to Cost	21	16.8%	18.5%
	Maternity Care Desert*	40	8.3	3.5
	Uninsured	24	9.9%	11.2%
	Women's Health Providers	37	42.1	48.1
Preventive Clinical Care	Cervical Cancer Screening	27	69.8%	69.7%
	Dental Visit	42	63.5%	65.6%
	Flu Vaccination	17	37.7%	33.9%
	Postpartum Visit*	6	93.0%	90.3%
	Well-Woman Visit	32	73.1%	73.4%
Quality of Care	Breastfeeding Initiation	8	90.4%	85.4%
	Dedicated Health Care Provider	37	76.6%	77.9%
	Low-Risk Cesarean Delivery	9	22.9%	26.6%
	Maternity Practices Score	46	75	82
Behaviors		24	-0.004	
Nutrition and Physical Activity	Exercise	30	26.8%	27.6%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	23	20.1%	22.0%
Sexual Health	Chlamydia	30	1,518.9	1,481.2
	High-Risk HIV Behaviors	14	7.9%	8.5%
	Unintended Pregnancy*	10	19.8%	—
Sleep Health	Insufficient Sleep	5	31.2%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	27	10.0%	8.4%
	Cigarette Smoking During Pregnancy	30	3.4%	2.4%
	E-Cigarette Use	30	13.8%	11.7%
Health Outcomes		13	0.181	
Behavioral Health	Drug Deaths*	1	10.2	25.0
	Excessive Drinking	47	22.2%	18.1%
	Frequent Mental Distress	12	22.3%	23.2%
	Illicit Drug Use	4	7.8%	10.5%
	Postpartum Anxiety*	8	17.7%	20.3%
	Postpartum Depression*	17	11.3%	11.9%
Mortality	Maternal Mortality*	23	22.1	23.1
	Mortality Rate	8	79.5	98.0
Physical Health	Depression*	15	30.8%	30.6%
	Diabetes*	26	3.5%	3.6%
	Frequent Physical Distress	13	9.2%	10.1%
	High Blood Pressure	12	10.3%	11.8%
	High Health Status*	17	51.5%	49.4%
	Multiple Chronic Conditions	10	3.8%	4.5%
	Obesity	33	36.1%	32.6%
	Severe Maternal Morbidity*	1	56.8	97.8
Overall - Women		19	0.144	

NE Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		15	0.267	
Community and Family Safety	Child Victimization*	19	5.5	7.2
	Firearm Deaths*	13	3.9	5.5
	Injury Deaths	15	15.7	17.8
Economic Resources	Children in Poverty	16	12.0%	15.5%
	Children in Poverty - Racial Disparity	46	5.1	3.0
	Food Sufficiency	29	65.9%	66.6%
	Students Experiencing Homelessness	3	1.4%	3.2%
	WIC Coverage	12	59.7%	54.5%
Education	Early Childhood Education	37	43.0%	49.3%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	15	92.6%	89.9%
Social Support and Engagement	Adult Mentor*	9	93.5%	88.0%
	Adverse Childhood Experiences	12	12.7%	14.1%
	Foster Care Instability	3	10.6%	18.7%
	High-Speed Internet	17	97.1%	96.6%
	Neighborhood Amenities	29	34.1%	38.2%
	Reading, Singing or Storytelling*	23	62.7%	59.7%
Clinical Care		36	-0.100	
Access to Care	ADD/ADHD Treatment	40	3.0%	3.4%
	Mental Health Treatment*	8	88.1%	83.3%
	Pediatricians	38	873	118.2
	Uninsured	24	5.3%	6.0%
Preventive Clinical Care	Childhood Immunizations	45	63.7%	68.0%
	HPV Vaccination	28	64.1%	62.9%
	Preventive Dental Visit	25	81.7%	80.2%
	Well-Child Visit	32	78.8%	79.6%
Quality of Care	Adequate Insurance	49	58.2%	64.6%
	Developmental Screening	24	40.0%	36.5%
	Medical Home	6	52.2%	45.5%
Behaviors		3	0.924	
Nutrition and Physical Activity	Breastfed	1	36.7%	27.9%
	Physical Activity	8	24.1%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	30	14.0	12.6
Sleep Health	Adequate Sleep	18	68.4%	65.3%
	Sleep Position*	10	76.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	2	6.9%	16.8%
	Tobacco Use	3	1.5%	1.9%
Health Outcomes		3	0.677	
Behavioral Health	Alcohol Use	14	6.2%	6.8%
	Flourishing	1	70.1%	66.7%
	Illicit Drug Use	4	5.7%	7.4%
	Mental Health Conditions	5	17.7%	20.5%
	Teen Suicide*	38	14.4	9.7
Mortality	Child Mortality	16	26.9	28.7
	Infant Mortality	32	6.1	5.6
	Neonatal Mortality*	35	4.0	3.6
Physical Health	Asthma	4	4.8%	6.8%
	Congenital Syphilis*	22	57.5	105.8
	High Health Status*	3	93.2%	89.9%
	Low Birth Weight	21	8.0%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	1	1.5	5.1
	Overweight or Obesity	9	28.1%	31.3%
Overall - Children		12	0.377	

14 0.281

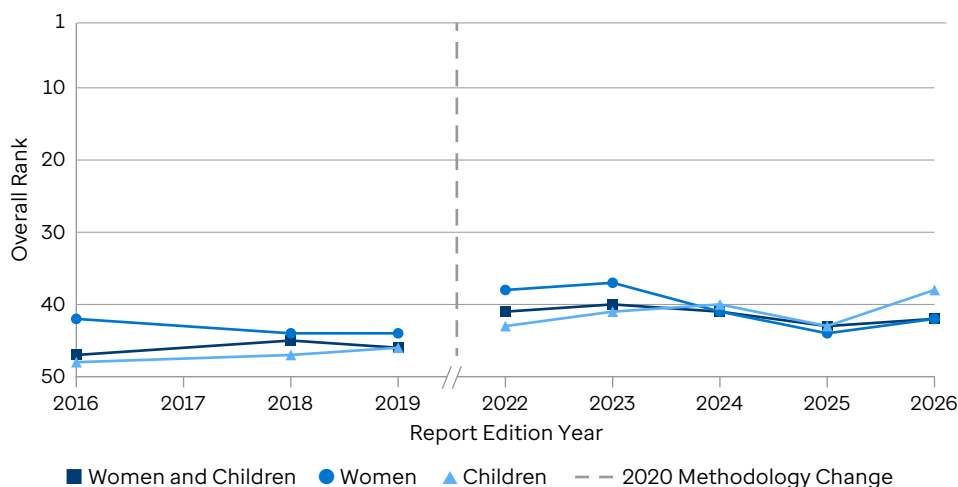
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of mental health conditions among children
- Low prevalence of asthma among children
- Low poverty rate among women

Challenges

- High prevalence of frequent mental distress among women
- Low prevalence of youth who are flourishing
- Low prevalence of well-woman visits

Key Findings

Cigarette Smoking During Pregnancy

63%▼

from 5.1% to 1.9% of women with a recent live birth between 2014 and 2024.

Physical Activity

49%▼

from 25.3% to 12.9% of children ages 6-17 between 2016-2017 and 2023-2024.

Teen Births

56%▼

from 28.5 to 12.5 births per 1,000 females ages 15-19 between 2014 and 2024.

Injury Deaths

48%▲

from 36.3 to 53.9 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	34	-0.030	
Air and Water Quality	Air Pollution	8.4	8.8
	Drinking Water Violations	4.2	2.5
	Household Smoke	11.0%	10.3%
	Water Fluoridation	74.2%	72.3%
Climate and Health	Climate Policies	3	—
	Transportation Energy Use*	8.3	8.3
Housing and Transportation	Drive Alone to Work - Women	68.2%	67.4%
	Housing Cost Burden - Households With Children	32.3%	27.7%
	Housing With Lead Risk	4.5%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		39	-0.336	
Community and Family Safety	Firearm Deaths*	34	8.9	5.9
	Injury Deaths	31	53.9	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	46	33.9%	25.8%
	Food Insecurity	43	15.0%	13.3%
	Gender Pay Gap*	18	82.9%	83.0%
	Poverty	21	13.7%	14.4%
	Unemployment	49	5.2%	3.9%
Education	College Graduate	44	30.6%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	36	14%	12%
	Residential Segregation - Black/White	5	53	—
	Voter Participation	24	61.3%	60.0%
Clinical Care		49	-1.051	
Access to Care	Adequate Prenatal Care	39	73.3%	75.0%
	Avoided Care Due to Cost	48	25.2%	18.5%
	Maternity Care Desert*	28	4.2	3.5
	Uninsured	46	15.4%	11.2%
	Women's Health Providers	46	35.5	48.1
Preventive Clinical Care	Cervical Cancer Screening	39	68.5%	69.7%
	Dental Visit	33	66.0%	65.6%
	Flu Vaccination	45	27.0%	33.9%
	Postpartum Visit*	45	84.6%	90.3%
	Well-Woman Visit	49	65.1%	73.4%
Quality of Care	Breastfeeding Initiation	43	77.1%	85.4%
	Dedicated Health Care Provider	50	62.1%	77.9%
	Low-Risk Cesarean Delivery	40	28.1%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		39	-0.500	
Nutrition and Physical Activity	Exercise	31	26.6%	27.6%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	41	24.6%	22.0%
Sexual Health	Chlamydia	22	1,403.9	1,481.2
	High-Risk HIV Behaviors	23	8.6%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	41	39.6%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	37	11.4%	8.4%
	Cigarette Smoking During Pregnancy	13	1.9%	2.4%
	E-Cigarette Use	35	14.9%	11.7%
Health Outcomes		37	-0.659	
Behavioral Health	Drug Deaths*	30	272	25.0
	Excessive Drinking	40	20.3%	18.1%
	Frequent Mental Distress	44	28.6%	23.2%
	Illicit Drug Use	41	12.8%	10.5%
	Postpartum Anxiety*	31	24.1%	20.3%
	Postpartum Depression*	22	11.6%	11.9%
Mortality	Maternal Mortality*	17	21.2	23.1
	Mortality Rate	32	118.0	98.0
Physical Health	Depression*	7	26.9%	30.6%
	Diabetes*	42	4.6%	3.6%
	Frequent Physical Distress	38	11.7%	10.1%
	High Blood Pressure	28	12.1%	11.8%
	High Health Status*	45	46.1%	49.4%
	Multiple Chronic Conditions	22	4.6%	4.5%
	Obesity	26	33.7%	32.6%
	Severe Maternal Morbidity*	—	—	97.8
Overall - Women		42	-0.495	

NV Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.216	
Community and Family Safety	Child Victimization*	29	8.4	7.2
	Firearm Deaths*	29	6.5	5.5
	Injury Deaths	30	20.2	17.8
Economic Resources	Children in Poverty	27	14.6%	15.5%
	Children in Poverty - Racial Disparity	12	2.9	3.0
	Food Sufficiency	34	64.4%	66.6%
	Students Experiencing Homelessness	39	3.7%	3.2%
	WIC Coverage	35	46.5%	54.5%
Education	Early Childhood Education	43	38.9%	49.3%
	Fourth Grade Reading Proficiency	31	30.0%	30.5%
	High School Completion	48	87.7%	89.9%
Social Support and Engagement	Adult Mentor*	49	83.3%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	17	14.8%	18.7%
	High-Speed Internet	11	97.4%	96.6%
	Neighborhood Amenities	14	41.1%	38.2%
	Reading, Singing or Storytelling*	45	54.0%	59.7%
Clinical Care		50	-1.135	
Access to Care	ADD/ADHD Treatment	46	2.4%	3.4%
	Mental Health Treatment*	21	85.5%	83.3%
	Pediatricians	47	66.6	118.2
	Uninsured	42	8.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	31	67.3%	68.0%
	HPV Vaccination	41	56.1%	62.9%
	Preventive Dental Visit	46	77.4%	80.2%
	Well-Child Visit	50	71.9%	79.6%
Quality of Care	Adequate Insurance	46	60.5%	64.6%
	Developmental Screening	50	20.3%	36.5%
	Medical Home	50	35.6%	45.5%
Behaviors		41	-0.616	
Nutrition and Physical Activity	Breastfed	46	23.9%	27.9%
	Physical Activity	50	12.9%	19.7%
	Soda Consumption*	8	7.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	20	93.3%	85.6%
	Teen Births	27	12.5	12.6
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	38	66.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	7	15.3%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		20	-0.029	
Behavioral Health	Alcohol Use	40	8.1%	6.8%
	Flourishing	43	64.2%	66.7%
	Illicit Drug Use	36	8.3%	7.4%
	Mental Health Conditions	2	14.4%	20.5%
	Teen Suicide*	35	13.4	9.7
Mortality	Child Mortality	31	31.7	28.7
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	4	4.8%	6.8%
	Congenital Syphilis*	45	232.0	105.8
	High Health Status*	38	89.6%	89.9%
	Low Birth Weight	43	9.7%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	—	—	5.1
	Overweight or Obesity	33	32.2%	31.3%
Overall - Children		38	-0.302	

42 -0.431

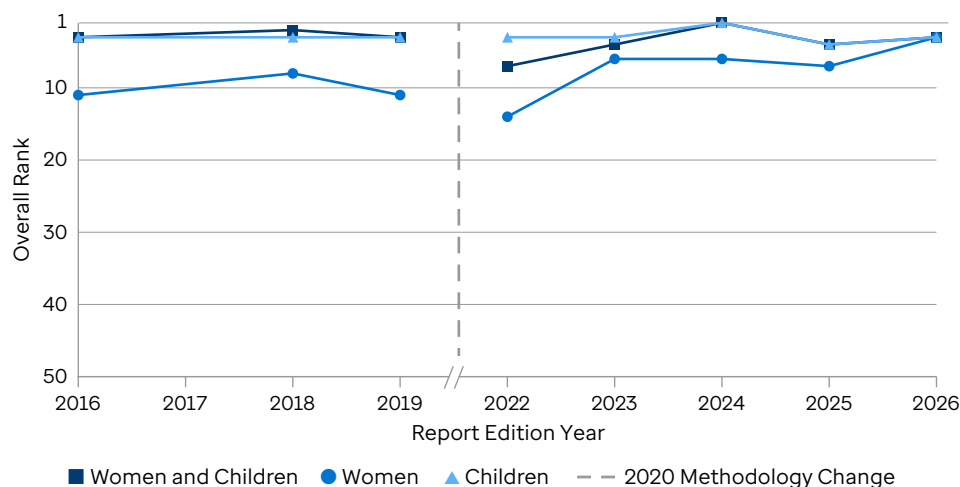
10 Years of Data

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Summary

Strengths

- Low prevalence of low birth weight infants
- Low poverty rate among women
- High prevalence of adequate sleep among children

Challenges

- High prevalence of alcohol use among adolescents
- Low prevalence of youth who are flourishing
- High prevalence of low-risk cesarean deliveries

Key Findings

Frequent Mental Distress

85%▲

from 14.4% to 26.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Births

58%▼

from 11.0 to 4.6 births per 1,000 females ages 15-19 between 2014 and 2024.

Cigarette Smoking

51%▼

from 21.4% to 10.4% of women ages 18-44 between 2013-2014 and 2023-2024.

Adequate Insurance

10%▼

from 68.6% to 61.6% of children ages 0-17 between 2016-2017 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	15	0.286	
Air and Water Quality	Air Pollution	3	5.0
	Drinking Water Violations	9	1.5
	Household Smoke	16	10.0%
	Water Fluoridation	42	45.5%
Climate and Health	Climate Policies	13	3
	Transportation Energy Use*	12	7.4
Housing and Transportation	Drive Alone to Work - Women	27	70.9%
	Housing Cost Burden - Households With Children	25	24.2%
	Housing With Lead Risk	33	19.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		2	1.152	
Community and Family Safety	Firearm Deaths*	14	5.3	5.9
	Injury Deaths	18	475	470
	Intimate Partner Violence Before Pregnancy*	13	25%	—
Economic Resources	Concentrated Disadvantage	1	2.6%	25.8%
	Food Insecurity	2	9.1%	13.3%
	Gender Pay Gap*	33	81.5%	83.0%
	Poverty	1	9.1%	14.4%
	Unemployment	3	2.3%	3.9%
Education	College Graduate	4	46.1%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	10	10%	12%
	Residential Segregation - Black/White	39	70	—
	Voter Participation	6	68.1%	60.0%
Clinical Care		3	1.138	
Access to Care	Adequate Prenatal Care	2	87.2%	75.0%
	Avoided Care Due to Cost	13	15.3%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	6	6.6%	11.2%
	Women's Health Providers	4	72.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	4	73.9%	69.7%
	Dental Visit	17	68.5%	65.6%
	Flu Vaccination	8	41.2%	33.9%
	Postpartum Visit*	3	94.7%	90.3%
	Well-Woman Visit	23	74.6%	73.4%
Quality of Care	Breastfeeding Initiation	7	90.5%	85.4%
	Dedicated Health Care Provider	3	88.2%	77.9%
	Low-Risk Cesarean Delivery	36	27.5%	26.6%
	Maternity Practices Score	2	90	82
Behaviors		12	0.348	
Nutrition and Physical Activity	Exercise	2	33.1%	27.6%
	Fruit and Vegetable Consumption	7	12.2%	9.8%
	Physical Inactivity	7	16.3%	22.0%
Sexual Health	Chlamydia	2	643.2	1,481.2
	High-Risk HIV Behaviors	48	12.2%	8.5%
	Unintended Pregnancy*	8	19.6%	—
Sleep Health	Insufficient Sleep	17	34.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	30	10.4%	8.4%
	Cigarette Smoking During Pregnancy	27	3.0%	2.4%
	E-Cigarette Use	29	13.2%	11.7%
Health Outcomes		20	-0.067	
Behavioral Health	Drug Deaths*	35	30.1	25.0
	Excessive Drinking	38	20.0%	18.1%
	Frequent Mental Distress	38	26.7%	23.2%
	Illicit Drug Use	20	10.3%	10.5%
	Postpartum Anxiety*	20	20.8%	20.3%
	Postpartum Depression*	20	11.5%	11.9%
	Maternal Mortality*	20	21.6	23.1
Mortality	Mortality Rate	11	84.8	98.0
Physical Health	Depression*	35	37.9%	30.6%
	Diabetes*	1	2.4%	3.6%
	Frequent Physical Distress	22	9.8%	10.1%
	High Blood Pressure	1	8.6%	11.8%
	High Health Status*	11	53.2%	49.4%
	Multiple Chronic Conditions	34	6.1%	4.5%
	Obesity	12	30.5%	32.6%
	Severe Maternal Morbidity*	17	88.2	97.8
Overall - Women		3	0.534	

NH Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		4	0.727	
Community and Family Safety	Child Victimization*	16	5.3	7.2
	Firearm Deaths*	—	—	5.5
	Injury Deaths	7	12.2	17.8
Economic Resources	Children in Poverty	1	6.6%	15.5%
	Children in Poverty - Racial Disparity	9	2.8	3.0
	Food Sufficiency	6	72.3%	66.6%
	Students Experiencing Homelessness	14	2.2%	3.2%
	WIC Coverage	28	51.2%	54.5%
Education	Early Childhood Education	7	56.4%	49.3%
	Fourth Grade Reading Proficiency	4	36.2%	30.5%
	High School Completion	1	95.0%	89.9%
Social Support and Engagement	Adult Mentor*	3	94.5%	88.0%
	Adverse Childhood Experiences	23	14.7%	14.1%
	Foster Care Instability	47	33.5%	18.7%
	High-Speed Internet	1	98.3%	96.6%
	Neighborhood Amenities	26	34.8%	38.2%
	Reading, Singing or Storytelling*	3	69.4%	59.7%
Clinical Care		4	1.257	
Access to Care	ADD/ADHD Treatment	6	5.1%	3.4%
	Mental Health Treatment*	9	87.7%	83.3%
	Pediatricians	13	132.8	118.2
	Uninsured	2	2.3%	6.0%
Preventive Clinical Care	Childhood Immunizations	2	80.9%	68.0%
	HPV Vaccination	4	72.2%	62.9%
	Preventive Dental Visit	5	86.4%	80.2%
	Well-Child Visit	2	89.6%	79.6%
Quality of Care	Adequate Insurance	40	61.6%	64.6%
	Developmental Screening	15	44.2%	36.5%
	Medical Home	8	51.9%	45.5%
Behaviors		2	1.068	
Nutrition and Physical Activity	Breastfed	6	35.3%	27.9%
	Physical Activity	25	20.5%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	1	4.6	12.6
Sleep Health	Adequate Sleep	1	74.5%	65.3%
	Sleep Position*	2	81.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	13	16.7%	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		14	0.170	
Behavioral Health	Alcohol Use	50	9.5%	6.8%
	Flourishing	44	63.9%	66.7%
	Illicit Drug Use	39	8.6%	7.4%
	Mental Health Conditions	45	25.9%	20.5%
	Teen Suicide*	14	10.1	9.7
Mortality	Child Mortality	5	20.0	28.7
	Infant Mortality	1	3.2	5.6
	Neonatal Mortality*	1	2.0	3.6
Physical Health	Asthma	39	7.6%	6.8%
	Congenital Syphilis*	4	8.3	105.8
	High Health Status*	1	93.6%	89.9%
	Low Birth Weight	1	6.6%	8.5%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	38	9.7	5.1
	Overweight or Obesity	7	27.8%	31.3%
Overall - Children		3	0.624	

3 0.611



6

New Jersey

State Health Department Website: nj.gov/health

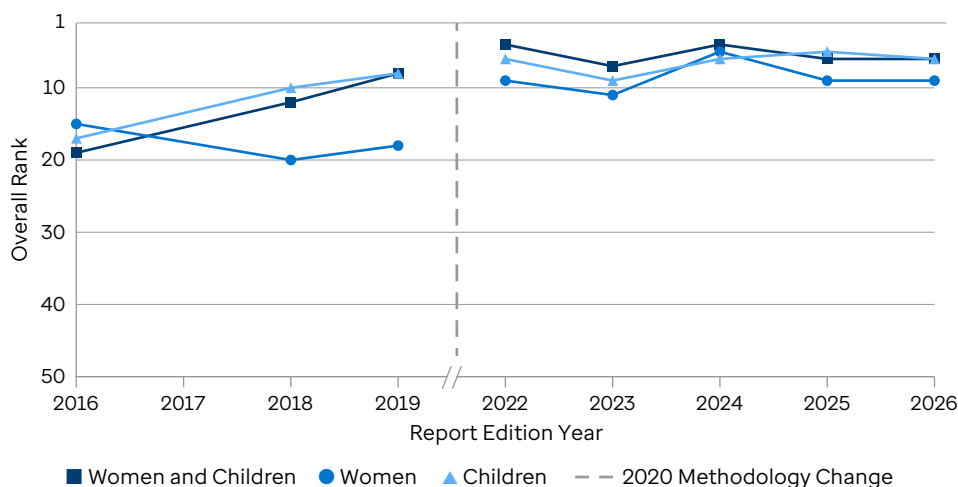
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Summary

Strengths

- Low child mortality rate
- High enrollment in early childhood education
- Low poverty rate among women

Challenges

- Low prevalence of children with a medical home
- High prevalence of physical inactivity among women
- High prevalence of housing with lead risk

Key Findings

Frequent Mental Distress

81%▲

from 11.5% to 20.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Cigarette Smoking

44%▼

from 13.5% to 7.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Children in Poverty

26%▼

from 15.9% to 11.7% of children ages 0-17 between 2014 and 2024.

Flourishing

25%▼

from 93.4% to 69.7% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		25	0.071	
Air and Water Quality	Air Pollution	25	79	8.8
	Drinking Water Violations	9	1.5	2.5
	Household Smoke	12	9.1%	10.3%
	Water Fluoridation	49	16.2%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	8	70	8.3
Housing and Transportation	Drive Alone to Work - Women	4	62.5%	67.4%
	Housing Cost Burden - Households With Children	44	30.6%	27.7%
	Housing With Lead Risk	42	22.5%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		9	0.525	
Community and Family Safety	Firearm Deaths*	3	1.5	5.9
	Injury Deaths	1	29.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	29	23.6%	25.8%
	Food Insecurity	5	9.8%	13.3%
	Gender Pay Gap*	26	82.1%	83.0%
	Poverty	2	10.4%	14.4%
	Unemployment	45	4.6%	3.9%
Education	College Graduate	7	45.7%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	34	67	—
	Voter Participation	19	62.9%	60.0%
Clinical Care		29	0.163	
Access to Care	Adequate Prenatal Care	41	73.0%	75.0%
	Avoided Care Due to Cost	36	19.8%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	31	11.4%	11.2%
	Women's Health Providers	27	476	48.1
Preventive Clinical Care	Cervical Cancer Screening	14	71.4%	69.7%
	Dental Visit	26	67.4%	65.6%
	Flu Vaccination	14	38.6%	33.9%
	Postpartum Visit*	16	92.4%	90.3%
	Well-Woman Visit	27	74.2%	73.4%
Quality of Care	Breastfeeding Initiation	18	88.0%	85.4%
	Dedicated Health Care Provider	31	79.0%	77.9%
	Low-Risk Cesarean Delivery	35	27.3%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		6	0.481	
Nutrition and Physical Activity	Exercise	17	29.2%	27.6%
	Fruit and Vegetable Consumption	4	12.6%	9.8%
	Physical Inactivity	39	24.2%	22.0%
Sexual Health	Chlamydia	15	1,241.4	1,481.2
	High-Risk HIV Behaviors	2	5.6%	8.5%
	Unintended Pregnancy*	19	23.9%	—
Sleep Health	Insufficient Sleep	36	38.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	12	75%	8.4%
	Cigarette Smoking During Pregnancy	4	0.9%	2.4%
	E-Cigarette Use	8	10.0%	11.7%
Health Outcomes		2	0.647	
Behavioral Health	Drug Deaths*	8	18.8	25.0
	Excessive Drinking	17	176%	18.1%
	Frequent Mental Distress	6	20.8%	23.2%
	Illicit Drug Use	2	6.9%	10.5%
	Postpartum Anxiety*	3	15.4%	20.3%
	Postpartum Depression*	2	8.3%	11.9%
Mortality	Maternal Mortality*	28	24.8	23.1
	Mortality Rate	2	71.0	98.0
Physical Health	Depression*	1	19.4%	30.6%
	Diabetes*	3	2.5%	3.6%
	Frequent Physical Distress	23	9.9%	10.1%
	High Blood Pressure	30	12.4%	11.8%
	High Health Status*	16	51.6%	49.4%
	Multiple Chronic Conditions	4	3.1%	4.5%
	Obesity	7	27.6%	32.6%
	Severe Maternal Morbidity*	21	93.0	97.8
Overall - Women		9	0.399	

NJ Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		1	0.958	
Community and Family Safety	Child Victimization*	1	1.2	7.2
	Firearm Deaths*	2	1.6	5.5
	Injury Deaths	3	8.8	17.8
Economic Resources	Children in Poverty	14	11.7%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	11	70.7%	66.6%
	Students Experiencing Homelessness	2	1.2%	3.2%
	WIC Coverage	18	56.8%	54.5%
Education	Early Childhood Education	2	68.4%	49.3%
	Fourth Grade Reading Proficiency	2	38.3%	30.5%
	High School Completion	34	90.4%	89.9%
Social Support and Engagement	Adult Mentor*	41	87.4%	88.0%
	Adverse Childhood Experiences	2	10.5%	14.1%
	Foster Care Instability	15	13.9%	18.7%
	High-Speed Internet	31	96.5%	96.6%
	Neighborhood Amenities	3	53.9%	38.2%
	Reading, Singing or Storytelling*	12	64.5%	59.7%
Clinical Care		39	-0.243	
Access to Care	ADD/ADHD Treatment	47	2.3%	3.4%
	Mental Health Treatment*	36	82.4%	83.3%
	Pediatricians	16	127.3	118.2
	Uninsured	21	4.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	48	61.3%	68.0%
	HPV Vaccination	38	58.6%	62.9%
	Preventive Dental Visit	30	79.5%	80.2%
	Well-Child Visit	12	82.3%	79.6%
Quality of Care	Adequate Insurance	33	63.1%	64.6%
	Developmental Screening	28	38.4%	36.5%
	Medical Home	45	42.0%	45.5%
Behaviors		26	0.176	
Nutrition and Physical Activity	Breastfed	36	26.1%	27.9%
	Physical Activity	47	16.5%	19.7%
	Soda Consumption*	1	4.4%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	19	91.6%	85.6%
	Teen Births	5	7.3	12.6
Sleep Health	Adequate Sleep	21	67.8%	65.3%
	Sleep Position*	35	67.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	17	18.2%	16.8%
	Tobacco Use	5	1.6%	1.9%
Health Outcomes		1	0.807	
Behavioral Health	Alcohol Use	24	6.6%	6.8%
	Flourishing	2	69.7%	66.7%
	Illicit Drug Use	11	6.3%	7.4%
	Mental Health Conditions	6	18.3%	20.5%
	Teen Suicide*	2	5.0	9.7
Mortality	Child Mortality	2	17.4	28.7
	Infant Mortality	3	3.6	5.6
	Neonatal Mortality*	4	2.5	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	16	41.8	105.8
	High Health Status*	16	91.5%	89.9%
	Low Birth Weight	16	7.8%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	7	3.0	5.1
	Overweight or Obesity	10	28.5%	31.3%
Overall - Children		6	0.519	

6 0.501

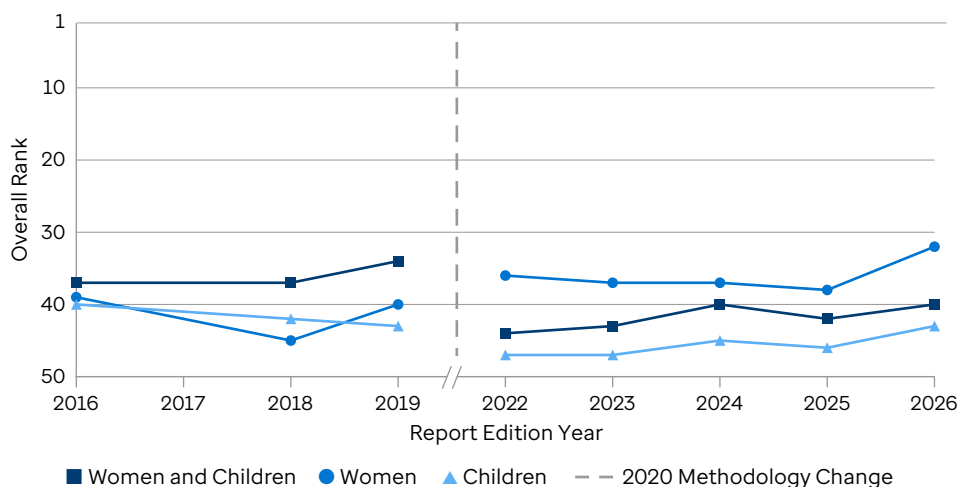
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of frequent mental distress among women
- High prevalence of infants exclusively breastfed for six months
- High prevalence of developmental screenings

Challenges

- High injury death rate among women
- Low prevalence of women with a college degree
- High prevalence of children in poverty

Key Findings

Teen Births

52%▼

from 37.8 to 18.0 births per 1,000 females ages 15-19 between 2014 and 2024.

Obesity

37%▲

from 27.9% to 38.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

26%▼

from 91.0% to 67.0% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Poverty

26%▼

from 23.9% to 17.6% of women ages 18-44 between 2018 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	14	0.288	
Air and Water Quality	Air Pollution	5	8.8
	Drinking Water Violations	46	2.5
	Household Smoke	29	10.3%
	Water Fluoridation	23	72.3%
Climate and Health	Climate Policies	13	—
	Transportation Energy Use*	39	8.3
Housing and Transportation	Drive Alone to Work - Women	29	67.4%
	Housing Cost Burden - Households With Children	14	27.7%
	Housing With Lead Risk	16	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		45	-0.607	
Community and Family Safety	Firearm Deaths*	43	12.5	5.9
	Injury Deaths	48	872	470
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	50	46.7%	25.8%
	Food Insecurity	40	14.5%	13.3%
	Gender Pay Gap*	22	82.6%	83.0%
	Poverty	44	17.6%	14.4%
	Unemployment	31	3.8%	3.9%
Education	College Graduate	46	29.3%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	—	—	12%
	Residential Segregation - Black/White	10	58	—
	Voter Participation	23	61.7%	60.0%
Clinical Care		35	0.008	
Access to Care	Adequate Prenatal Care	48	67.0%	75.0%
	Avoided Care Due to Cost	10	14.9%	18.5%
	Maternity Care Desert*	20	2.0	3.5
	Uninsured	37	12.9%	11.2%
	Women's Health Providers	6	66.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	35	69.1%	69.7%
	Dental Visit	14	69.1%	65.6%
	Flu Vaccination	22	36.6%	33.9%
	Postpartum Visit*	39	88.1%	90.3%
	Well-Woman Visit	48	65.9%	73.4%
Quality of Care	Breastfeeding Initiation	16	88.5%	85.4%
	Dedicated Health Care Provider	48	68.2%	77.9%
	Low-Risk Cesarean Delivery	12	23.6%	26.6%
	Maternity Practices Score	6	88	82
Behaviors		19	0.126	
Nutrition and Physical Activity	Exercise	8	30.8%	27.6%
	Fruit and Vegetable Consumption	37	7.6%	9.8%
	Physical Inactivity	28	21.0%	22.0%
Sexual Health	Chlamydia	40	1,727.0	1,481.2
	High-Risk HIV Behaviors	5	6.6%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	21	35.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	20	8.9%	8.4%
	Cigarette Smoking During Pregnancy	22	2.6%	2.4%
	E-Cigarette Use	25	12.9%	11.7%
Health Outcomes		33	-0.530	
Behavioral Health	Drug Deaths*	44	40.0	25.0
	Excessive Drinking	9	16.0%	18.1%
	Frequent Mental Distress	7	21.0%	23.2%
	Illicit Drug Use	48	17.2%	10.5%
	Postpartum Anxiety*	26	21.8%	20.3%
	Postpartum Depression*	35	13.7%	11.9%
Mortality	Maternal Mortality*	37	28.9	23.1
	Mortality Rate	49	190.1	98.0
Physical Health	Depression*	16	31.0%	30.6%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	14	9.3%	10.1%
	High Blood Pressure	36	12.8%	11.8%
	High Health Status*	36	48.5%	49.4%
	Multiple Chronic Conditions	25	4.9%	4.5%
	Obesity	41	38.1%	32.6%
	Severe Maternal Morbidity*	31	102.9	97.8
Overall - Women		32	-0.152	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		50	-1.115	
Community and Family Safety	Child Victimization*	45	14.0	7.2
	Firearm Deaths*	44	11.0	5.5
	Injury Deaths	49	30.6	17.8
Economic Resources	Children in Poverty	48	21.8%	15.5%
	Children in Poverty - Racial Disparity	9	2.8	3.0
	Food Sufficiency	43	61.2%	66.6%
	Students Experiencing Homelessness	41	3.8%	3.2%
	WIC Coverage	48	41.2%	54.5%
Education	Early Childhood Education	25	47.0%	49.3%
	Fourth Grade Reading Proficiency	50	20.3%	30.5%
	High School Completion	47	87.9%	89.9%
Social Support and Engagement	Adult Mentor*	33	88.7%	88.0%
	Adverse Childhood Experiences	43	19.0%	14.1%
	Foster Care Instability	31	21.7%	18.7%
	High-Speed Internet	48	94.6%	96.6%
	Neighborhood Amenities	29	34.1%	38.2%
	Reading, Singing or Storytelling*	46	53.6%	59.7%
Clinical Care		27	0.178	
Access to Care	ADD/ADHD Treatment	43	2.8%	3.4%
	Mental Health Treatment*	34	83.5%	83.3%
	Pediatricians	25	1076	118.2
	Uninsured	32	6.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	26	68.7%	68.0%
	HPV Vaccination	20	66.7%	62.9%
	Preventive Dental Visit	9	84.9%	80.2%
	Well-Child Visit	40	77.5%	79.6%
Quality of Care	Adequate Insurance	3	71.6%	64.6%
	Developmental Screening	9	47.3%	36.5%
	Medical Home	48	39.1%	45.5%
Behaviors		36	-0.222	
Nutrition and Physical Activity	Breastfed	6	35.3%	27.9%
	Physical Activity	46	16.8%	19.7%
	Soda Consumption*	13	9.7%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	11	85.2%	85.6%
	Teen Births	42	18.0	12.6
Sleep Health	Adequate Sleep	41	61.7%	65.3%
	Sleep Position*	28	70.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	19	18.3%	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		37	-0.311	
Behavioral Health	Alcohol Use	43	8.4%	6.8%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	49	11.5%	7.4%
	Mental Health Conditions	9	19.6%	20.5%
	Teen Suicide*	43	21.2	9.7
Mortality	Child Mortality	47	41.1	28.7
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	20	6.6%	6.8%
	Congenital Syphilis*	49	421.0	105.8
	High Health Status*	45	88.0%	89.9%
	Low Birth Weight	38	9.2%	8.5%
	Low Birth Weight - Racial Disparity	3	1.5	2.1
	Neonatal Abstinence Syndrome*	43	11.0	5.1
	Overweight or Obesity	34	32.3%	31.3%
Overall - Children		43	-0.404	

NM Overall - Women and Children

40 -0.340

* Unweighted measure that does not contribute to a state's overall rank.
 - Data not available, missing or suppressed.

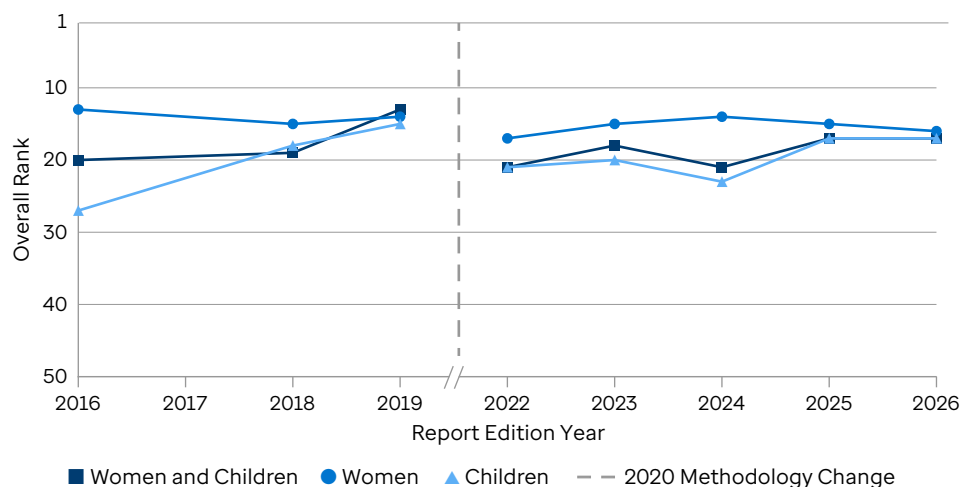
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low child mortality rate
- Low prevalence of frequent mental distress among women
- Low prevalence of uninsured children

Challenges

- High prevalence of low-risk cesarean deliveries
- Low prevalence of developmental screenings
- High housing cost burden among households with children

Key Findings

Severe Maternal Morbidity

68%▲

from 80.0 to 134.2 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Teen Births

50%▼

from 16.1 to 8.0 births per 1,000 females ages 15-19 between 2014 and 2024.

Students Experiencing Homelessness

42%▲

from 5.2% to 7.4% of public school students between the 2015-2016 and 2023-2024 school years.

Excessive Drinking

6%▼

from 19.0% to 17.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		16	0.258	
Air and Water Quality	Air Pollution	23	78	8.8
	Drinking Water Violations	23	1.9	2.5
	Household Smoke	15	9.3%	10.3%
	Water Fluoridation	29	71.7%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	2	5.8	8.3
Housing and Transportation	Drive Alone to Work - Women	1	46.1%	67.4%
	Housing Cost Burden - Households With Children	45	31.6%	27.7%
	Housing With Lead Risk	50	31.7%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		38	-0.313	
Community and Family Safety	Firearm Deaths*	2	1.4	5.9
	Injury Deaths	5	32.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	42	32.0%	25.8%
	Food Insecurity	37	14.0%	13.3%
	Gender Pay Gap*	1	91.4%	83.0%
	Poverty	34	15.1%	14.4%
	Unemployment	34	3.9%	3.9%
Education	College Graduate	11	42.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	36	14%	12%
	Residential Segregation - Black/White	48	77	—
	Voter Participation	40	55.7%	60.0%
Clinical Care		15	0.453	
Access to Care	Adequate Prenatal Care	34	75.2%	75.0%
	Avoided Care Due to Cost	8	14.6%	18.5%
	Maternity Care Desert*	12	0.4	3.5
	Uninsured	5	6.1%	11.2%
	Women's Health Providers	17	56.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	35	69.1%	69.7%
	Dental Visit	27	67.3%	65.6%
	Flu Vaccination	21	37.0%	33.9%
	Postpartum Visit*	24	91.3%	90.3%
	Well-Woman Visit	7	77.7%	73.4%
Quality of Care	Breastfeeding Initiation	25	86.6%	85.4%
	Dedicated Health Care Provider	18	81.7%	77.9%
	Low-Risk Cesarean Delivery	45	29.6%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		14	0.308	
Nutrition and Physical Activity	Exercise	26	27.6%	27.6%
	Fruit and Vegetable Consumption	2	13.7%	9.8%
	Physical Inactivity	44	25.2%	22.0%
Sexual Health	Chlamydia	31	1,521.9	1,481.2
	High-Risk HIV Behaviors	10	7.6%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	23	35.8%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	6	6.4%	8.4%
	Cigarette Smoking During Pregnancy	10	1.7%	2.4%
	E-Cigarette Use	4	9.3%	11.7%
Health Outcomes		6	0.521	
Behavioral Health	Drug Deaths*	13	20.9	25.0
	Excessive Drinking	19	17.8%	18.1%
	Frequent Mental Distress	4	20.0%	23.2%
	Illicit Drug Use	29	10.9%	10.5%
	Postpartum Anxiety*	9	17.8%	20.3%
	Postpartum Depression*	14	11.0%	11.9%
Mortality	Maternal Mortality*	21	21.7	23.1
	Mortality Rate	3	73.1	98.0
Physical Health	Depression*	4	24.2%	30.6%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	28	10.2%	10.1%
	High Blood Pressure	16	10.7%	11.8%
	High Health Status*	22	50.5%	49.4%
	Multiple Chronic Conditions	5	3.3%	4.5%
	Obesity	7	27.6%	32.6%
	Severe Maternal Morbidity*	44	134.2	97.8
Overall - Women		16	0.237	

NY Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		22	0.065	
Community and Family Safety	Child Victimization*	38	11.5	7.2
	Firearm Deaths*	3	1.8	5.5
	Injury Deaths	4	9.7	17.8
Economic Resources	Children in Poverty	38	17.9%	15.5%
	Children in Poverty - Racial Disparity	4	2.6	3.0
	Food Sufficiency	18	68.1%	66.6%
	Students Experiencing Homelessness	50	7.4%	3.2%
	WIC Coverage	8	62.1%	54.5%
Education	Early Childhood Education	3	63.8%	49.3%
	Fourth Grade Reading Proficiency	24	30.9%	30.5%
	High School Completion	45	88.0%	89.9%
Social Support and Engagement	Adult Mentor*	30	89.2%	88.0%
	Adverse Childhood Experiences	4	11.5%	14.1%
	Foster Care Instability	14	13.8%	18.7%
	High-Speed Internet	50	93.9%	96.6%
	Neighborhood Amenities	8	47.9%	38.2%
	Reading, Singing or Storytelling*	41	55.5%	59.7%
Clinical Care		17	0.404	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	39	81.6%	83.3%
	Pediatricians	4	170.2	118.2
	Uninsured	5	2.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	39	65.3%	68.0%
	HPV Vaccination	8	70.4%	62.9%
	Preventive Dental Visit	29	79.6%	80.2%
	Well-Child Visit	29	80.0%	79.6%
Quality of Care	Adequate Insurance	4	71.4%	64.6%
	Developmental Screening	46	28.4%	36.5%
	Medical Home	40	45.2%	45.5%
Behaviors		29	0.112	
Nutrition and Physical Activity	Breastfed	33	26.4%	27.9%
	Physical Activity	35	18.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	9	8.0	12.6
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	33	68.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	5	1.6%	1.9%
Health Outcomes		12	0.354	
Behavioral Health	Alcohol Use	27	6.9%	6.8%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	20	7.1%	7.4%
	Mental Health Conditions	10	19.7%	20.5%
	Teen Suicide*	4	5.3	9.7
Mortality	Child Mortality	6	20.2	28.7
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	5	2.6	3.6
Physical Health	Asthma	13	6.1%	6.8%
	Congenital Syphilis*	11	32.2	105.8
	High Health Status*	45	88.0%	89.9%
	Low Birth Weight	25	8.4%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	7	3.0	5.1
	Overweight or Obesity	25	31.3%	31.3%
Overall - Children		17	0.216	

17 0.223

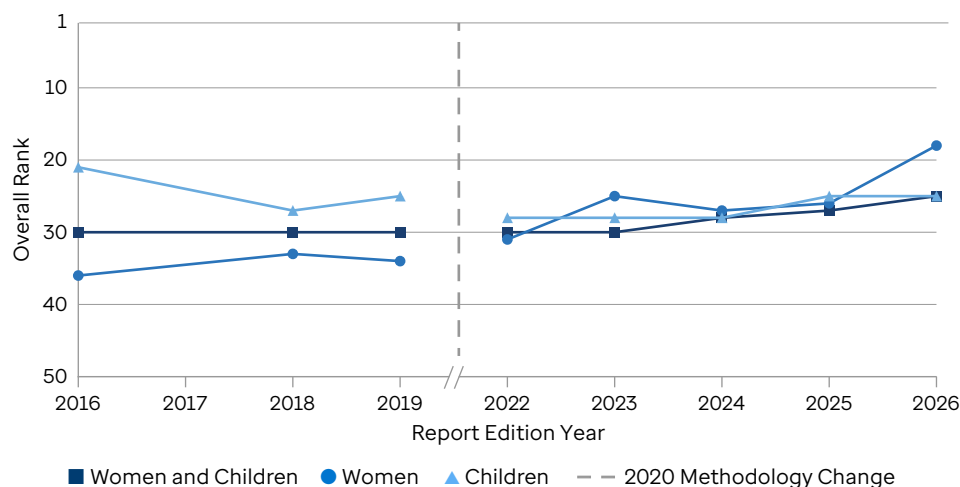
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of frequent physical distress among women
- Low prevalence of excessive drinking among women
- High prevalence of children with a medical home

Challenges

- High injury death rate among women
- High prevalence of low birth weight infants
- Low enrollment in early childhood education

Key Findings

Drug Deaths

87%▲

from 18.6 to 34.7 deaths per 100,000 women ages 20-44 between 2014-2016 and 2022-2024.

Cigarette Smoking

53%▼

from 19.3% to 9.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Child Mortality

36%▲

from 25.8 to 35.1 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Children in Poverty

32%▼

from 24.3% to 16.5% of children ages 0-17 between 2014 and 2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		7	0.404	
Air and Water Quality	Air Pollution	25	79	8.8
	Drinking Water Violations	23	1.9	2.5
	Household Smoke	27	11.8%	10.3%
	Water Fluoridation	17	88.0%	72.3%
Climate and Health	Climate Policies	13	3	—
	Transportation Energy Use*	19	78	8.3
Housing and Transportation	Drive Alone to Work - Women	25	70.3%	67.4%
	Housing Cost Burden - Households With Children	28	24.6%	27.7%
	Housing With Lead Risk	9	9.4%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		27	0.086	
Community and Family Safety	Firearm Deaths*	26	74	5.9
	Injury Deaths	35	59.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	35	26.7%	25.8%
	Food Insecurity	18	11.8%	13.3%
	Gender Pay Gap*	16	83.1%	83.0%
	Poverty	34	15.1%	14.4%
	Unemployment	23	3.4%	3.9%
Education	College Graduate	32	36.3%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	5	53	—
	Voter Participation	41	55.4%	60.0%
Clinical Care		27	0.189	
Access to Care	Adequate Prenatal Care	30	76.8%	75.0%
	Avoided Care Due to Cost	26	171%	18.5%
	Maternity Care Desert*	23	2.9	3.5
	Uninsured	32	11.8%	11.2%
	Women's Health Providers	22	48.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	12	71.6%	69.7%
	Dental Visit	22	67.6%	65.6%
	Flu Vaccination	31	32.9%	33.9%
	Postpartum Visit*	—	—	90.3%
	Well-Woman Visit	22	74.8%	73.4%
Quality of Care	Breastfeeding Initiation	32	84.2%	85.4%
	Dedicated Health Care Provider	41	76.1%	77.9%
	Low-Risk Cesarean Delivery	21	24.9%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		27	-0.144	
Nutrition and Physical Activity	Exercise	37	25.8%	27.6%
	Fruit and Vegetable Consumption	37	7.6%	9.8%
	Physical Inactivity	12	17.9%	22.0%
Sexual Health	Chlamydia	45	1,955.3	1,481.2
	High-Risk HIV Behaviors	15	8.0%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	26	36.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	21	9.0%	8.4%
	Cigarette Smoking During Pregnancy	26	2.9%	2.4%
	E-Cigarette Use	16	11.7%	11.7%
Health Outcomes		11	0.270	
Behavioral Health	Drug Deaths*	38	34.7	25.0
	Excessive Drinking	6	15.9%	18.1%
	Frequent Mental Distress	17	22.9%	23.2%
	Illicit Drug Use	6	8.2%	10.5%
	Postpartum Anxiety*	—	—	20.3%
	Postpartum Depression*	—	—	11.9%
Mortality	Maternal Mortality*	34	28.6	23.1
	Mortality Rate	30	113.0	98.0
Physical Health	Depression*	21	32.7%	30.6%
	Diabetes*	28	3.6%	3.6%
	Frequent Physical Distress	4	8.1%	10.1%
	High Blood Pressure	37	13.2%	11.8%
	High Health Status*	9	53.4%	49.4%
	Multiple Chronic Conditions	6	3.4%	4.5%
	Obesity	27	33.9%	32.6%
	Severe Maternal Morbidity*	35	107.3	97.8
Overall - Women		18	0.146	

NC Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		29	-0.093	
Community and Family Safety	Child Victimization*	35	10.8	7.2
	Firearm Deaths*	35	74	5.5
	Injury Deaths	33	22.0	17.8
Economic Resources	Children in Poverty	36	16.5%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	15	69.3%	66.6%
	Students Experiencing Homelessness	18	2.3%	3.2%
	WIC Coverage	11	60.3%	54.5%
Education	Early Childhood Education	36	43.3%	49.3%
	Fourth Grade Reading Proficiency	30	30.1%	30.5%
	High School Completion	30	90.9%	89.9%
Social Support and Engagement	Adult Mentor*	29	89.5%	88.0%
	Adverse Childhood Experiences	18	13.9%	14.1%
	Foster Care Instability	41	25.2%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	44	20.5%	38.2%
	Reading, Singing or Storytelling*	33	58.6%	59.7%
Clinical Care		20	0.358	
Access to Care	ADD/ADHD Treatment	11	4.3%	3.4%
	Mental Health Treatment*	30	84.3%	83.3%
	Pediatricians	27	105.6	118.2
	Uninsured	26	5.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	33	67.1%	68.0%
	HPV Vaccination	19	66.8%	62.9%
	Preventive Dental Visit	38	78.9%	80.2%
	Well-Child Visit	10	82.4%	79.6%
Quality of Care	Adequate Insurance	18	65.9%	64.6%
	Developmental Screening	19	41.9%	36.5%
	Medical Home	9	51.8%	45.5%
Behaviors		29	0.112	
Nutrition and Physical Activity	Breastfed	19	30.8%	27.9%
	Physical Activity	16	22.2%	19.7%
	Soda Consumption*	15	11.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	9	82.2%	85.6%
	Teen Births	32	14.3	12.6
Sleep Health	Adequate Sleep	33	63.7%	65.3%
	Sleep Position*	—	—	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	23	21.4%	16.8%
	Tobacco Use	25	2.0%	1.9%
Health Outcomes		35	-0.276	
Behavioral Health	Alcohol Use	9	5.9%	6.8%
	Flourishing	9	67.7%	66.7%
	Illicit Drug Use	15	6.5%	7.4%
	Mental Health Conditions	32	23.3%	20.5%
	Teen Suicide*	14	10.1	9.7
Mortality	Child Mortality	37	35.1	28.7
	Infant Mortality	40	6.9	5.6
	Neonatal Mortality*	45	4.5	3.6
Physical Health	Asthma	36	7.5%	6.8%
	Congenital Syphilis*	24	59.2	105.8
	High Health Status*	30	90.4%	89.9%
	Low Birth Weight	38	9.2%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	29	6.0	5.1
	Overweight or Obesity	30	31.7%	31.3%
Overall - Children		25	0.031	

25 0.055

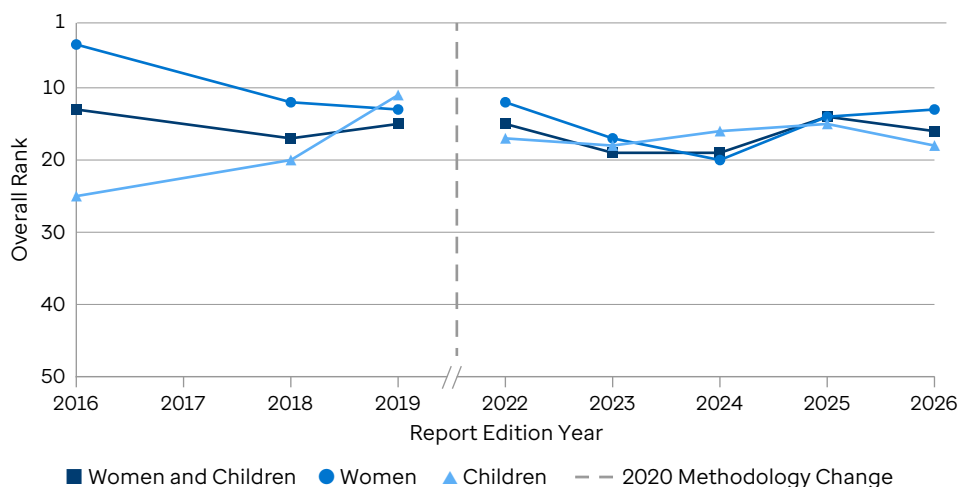
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

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Summary

Strengths

- Low prevalence of asthma among children
- Low prevalence of household food insecurity
- High prevalence of women with a dedicated health care provider

Challenges

- High prevalence of excessive drinking among women
- High prevalence of cigarette smoking during pregnancy
- Low enrollment in early childhood education

Key Findings

Drug Deaths

185%▲

from 9.2 to 26.2 deaths per 100,000 women ages 20-44 between 2014-2016 and 2022-2024.

Cigarette Smoking

52%▼

from 21.5% to 10.4% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Births

51%▼

from 23.9 to 11.7 births per 1,000 females ages 15-19 between 2014 and 2024.

High School Graduation

5%▼

from 87.5% to 83.2% of students between the 2012-2013 and 2022-2023 school years.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	17	0.233	
Air and Water Quality	Air Pollution	8.3	8.8
	Drinking Water Violations	1.2	2.5
	Household Smoke	11.6%	10.3%
	Water Fluoridation	96.5%	72.3%
Climate and Health	Climate Policies	0	—
	Transportation Energy Use*	17.8	8.3
Housing and Transportation	Drive Alone to Work - Women	74.3%	67.4%
	Housing Cost Burden - Households With Children	19.1%	27.7%
	Housing With Lead Risk	14.3%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		6	0.772	
Community and Family Safety	Firearm Deaths*	—	—	5.9
	Injury Deaths	26	50.7	47.0
	Intimate Partner Violence Before Pregnancy*	3	1.6%	—
Economic Resources	Concentrated Disadvantage	6	7.0%	25.8%
	Food Insecurity	1	9.0%	13.3%
	Gender Pay Gap*	45	77.9%	83.0%
	Poverty	24	14.2%	14.4%
	Unemployment	7	2.8%	3.9%
Education	College Graduate	16	41.7%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	4	9%	12%
	Residential Segregation - Black/White	14	59	—
	Voter Participation	21	62.8%	60.0%
Clinical Care		10	0.587	
Access to Care	Adequate Prenatal Care	24	78.2%	75.0%
	Avoided Care Due to Cost	7	14.3%	18.5%
	Maternity Care Desert*	48	16.3	3.5
	Uninsured	16	8.1%	11.2%
	Women's Health Providers	42	40.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	20	70.6%	69.7%
	Dental Visit	15	69.0%	65.6%
	Flu Vaccination	11	39.6%	33.9%
	Postpartum Visit*	22	91.5%	90.3%
	Well-Woman Visit	15	75.8%	73.4%
Quality of Care	Breastfeeding Initiation	36	83.3%	85.4%
	Dedicated Health Care Provider	5	85.7%	77.9%
	Low-Risk Cesarean Delivery	2	19.7%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		26	-0.018	
Nutrition and Physical Activity	Exercise	12	29.9%	27.6%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	21	19.8%	22.0%
Sexual Health	Chlamydia	19	1,353.2	1,481.2
	High-Risk HIV Behaviors	9	75%	8.5%
	Unintended Pregnancy*	5	17.1%	—
Sleep Health	Insufficient Sleep	22	35.6%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	30	10.4%	8.4%
	Cigarette Smoking During Pregnancy	39	4.7%	2.4%
	E-Cigarette Use	33	14.2%	11.7%
Health Outcomes		24	-0.100	
Behavioral Health	Drug Deaths*	25	26.2	25.0
	Excessive Drinking	45	21.8%	18.1%
	Frequent Mental Distress	19	23.1%	23.2%
	Illicit Drug Use	3	7.3%	10.5%
	Postpartum Anxiety*	39	25.8%	20.3%
	Postpartum Depression*	41	15.6%	11.9%
Mortality	Maternal Mortality*	24	22.4	23.1
	Mortality Rate	22	98.6	98.0
Physical Health	Depression*	41	38.5%	30.6%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	21	9.7%	10.1%
	High Blood Pressure	5	9.3%	11.8%
	High Health Status*	6	53.7%	49.4%
	Multiple Chronic Conditions	37	6.2%	4.5%
	Obesity	30	34.9%	32.6%
	Severe Maternal Morbidity*	4	68.0	97.8
Overall - Women		13	0.267	

ND Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		31	-0.155	
Community and Family Safety	Child Victimization*	10	3.7	7.2
	Firearm Deaths*	9	3.7	5.5
	Injury Deaths	23	17.4	17.8
Economic Resources	Children in Poverty	20	12.8%	15.5%
	Children in Poverty - Racial Disparity	48	5.7	3.0
	Food Sufficiency	23	67.3%	66.6%
	Students Experiencing Homelessness	14	2.2%	3.2%
	WIC Coverage	27	51.6%	54.5%
Education	Early Childhood Education	50	35.9%	49.3%
	Fourth Grade Reading Proficiency	33	28.7%	30.5%
	High School Completion	7	94.1%	89.9%
Social Support and Engagement	Adult Mentor*	2	95.7%	88.0%
	Adverse Childhood Experiences	35	17.4%	14.1%
	Foster Care Instability	44	25.9%	18.7%
	High-Speed Internet	34	96.3%	96.6%
	Neighborhood Amenities	13	41.6%	38.2%
	Reading, Singing or Storytelling*	37	57.6%	59.7%
Clinical Care		31	0.071	
Access to Care	ADD/ADHD Treatment	21	3.9%	3.4%
	Mental Health Treatment*	15	86.7%	83.3%
	Pediatricians	44	72.8	118.2
	Uninsured	37	6.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	23	69.1%	68.0%
	HPV Vaccination	8	70.4%	62.9%
	Preventive Dental Visit	35	79.1%	80.2%
	Well-Child Visit	44	76.7%	79.6%
Quality of Care	Adequate Insurance	41	61.3%	64.6%
	Developmental Screening	22	41.4%	36.5%
	Medical Home	2	54.5%	45.5%
Behaviors		12	0.552	
Nutrition and Physical Activity	Breastfed	16	31.3%	27.9%
	Physical Activity	10	23.6%	19.7%
	Soda Consumption*	12	9.6%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	4	80.3%	85.6%
	Teen Births	24	11.7	12.6
Sleep Health	Adequate Sleep	2	73.3%	65.3%
	Sleep Position*	13	75.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	17	18.2%	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		7	0.548	
Behavioral Health	Alcohol Use	42	8.2%	6.8%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	4	5.7%	7.4%
	Mental Health Conditions	16	20.4%	20.5%
	Teen Suicide*	37	14.3	9.7
Mortality	Child Mortality	25	29.1	28.7
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	2	4.7%	6.8%
	Congenital Syphilis*	8	20.9	105.8
	High Health Status*	4	93.1%	89.9%
	Low Birth Weight	4	71%	8.5%
	Low Birth Weight - Racial Disparity	5	1.6	2.1
	Neonatal Abstinence Syndrome*	26	5.9	5.1
	Overweight or Obesity	14	29.6%	31.3%
Overall - Children		18	0.200	

16 0.232

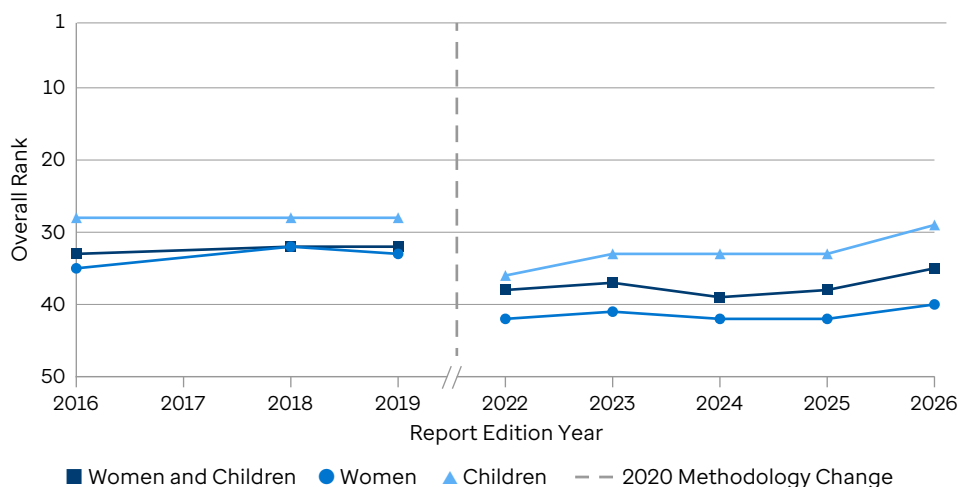
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Summary

Strengths

- Low prevalence of public school students experiencing homelessness
- Low prevalence of physical inactivity among women
- Low housing cost burden among households with children

Challenges

- High infant mortality rate
- Low WIC coverage among eligible children ages 0-4
- High prevalence of cigarette smoking during pregnancy

Key Findings

Breastfed

93%▲

from 14.5% to 28.0% between the 2012 and 2022 birth cohorts.

Frequent Mental Distress

58%▲

from 17.4% to 27.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Uninsured Children

24%▲

from 4.5% to 5.6% of children ages 0-18 between 2017 and 2024.

Mortality Among Women

15%▼

from 130.2 to 110.1 deaths per 100,000 women ages 20-44 between 2016 and 2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		41	-0.163	
Air and Water Quality	Air Pollution	46	9.8	8.8
	Drinking Water Violations	5	1.3	2.5
	Household Smoke	40	14.5%	10.3%
	Water Fluoridation	9	92.8%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	14	75	8.3
Housing and Transportation	Drive Alone to Work - Women	37	73.6%	67.4%
	Housing Cost Burden - Households With Children	12	21.6%	27.7%
	Housing With Lead Risk	43	23.2%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		40	-0.414	
Community and Family Safety	Firearm Deaths*	25	7.3	5.9
	Injury Deaths	41	61.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	28	23.5%	25.8%
	Food Insecurity	39	14.2%	13.3%
	Gender Pay Gap*	42	79.3%	83.0%
	Poverty	36	15.4%	14.4%
	Unemployment	37	4.2%	3.9%
Education	College Graduate	28	37.3%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	39	70	—
	Voter Participation	35	576%	60.0%
Clinical Care		21	0.373	
Access to Care	Adequate Prenatal Care	13	79.8%	75.0%
	Avoided Care Due to Cost	17	15.7%	18.5%
	Maternity Care Desert*	24	3.4	3.5
	Uninsured	19	8.7%	11.2%
	Women's Health Providers	28	471	48.1
Preventive Clinical Care	Cervical Cancer Screening	27	69.8%	69.7%
	Dental Visit	29	67.2%	65.6%
	Flu Vaccination	26	34.1%	33.9%
	Postpartum Visit*	—	—	90.3%
	Well-Woman Visit	16	75.6%	73.4%
Quality of Care	Breastfeeding Initiation	42	78.3%	85.4%
	Dedicated Health Care Provider	6	85.6%	77.9%
	Low-Risk Cesarean Delivery	26	25.7%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		41	-0.529	
Nutrition and Physical Activity	Exercise	18	29.1%	27.6%
	Fruit and Vegetable Consumption	25	9.2%	9.8%
	Physical Inactivity	16	18.9%	22.0%
Sexual Health	Chlamydia	33	1,540.0	1,481.2
	High-Risk HIV Behaviors	37	9.4%	8.5%
	Unintended Pregnancy*	17	21.8%	—
Sleep Health	Insufficient Sleep	48	41.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	41	12.4%	8.4%
	Cigarette Smoking During Pregnancy	42	5.3%	2.4%
	E-Cigarette Use	31	13.9%	11.7%
Health Outcomes		39	-0.671	
Behavioral Health	Drug Deaths*	43	39.1	25.0
	Excessive Drinking	31	19.1%	18.1%
	Frequent Mental Distress	42	27.5%	23.2%
	Illicit Drug Use	29	10.9%	10.5%
	Postpartum Anxiety*	—	—	20.3%
	Postpartum Depression*	—	—	11.9%
Mortality	Maternal Mortality*	26	24.5	23.1
	Mortality Rate	28	110.1	98.0
Physical Health	Depression*	43	39.8%	30.6%
	Diabetes*	39	4.3%	3.6%
	Frequent Physical Distress	27	10.1%	10.1%
	High Blood Pressure	37	13.2%	11.8%
	High Health Status*	30	49.6%	49.4%
	Multiple Chronic Conditions	43	6.9%	4.5%
	Obesity	38	36.9%	32.6%
	Severe Maternal Morbidity*	28	100.9	97.8
Overall - Women		40	-0.329	

OH Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		28	-0.057	
Community and Family Safety	Child Victimization*	25	7.5	7.2
	Firearm Deaths*	26	6.4	5.5
	Injury Deaths	28	18.2	17.8
Economic Resources	Children in Poverty	36	16.5%	15.5%
	Children in Poverty - Racial Disparity	28	3.4	3.0
	Food Sufficiency	24	67.2%	66.6%
	Students Experiencing Homelessness	10	2.0%	3.2%
	WIC Coverage	41	43.7%	54.5%
Education	Early Childhood Education	34	43.5%	49.3%
	Fourth Grade Reading Proficiency	15	32.4%	30.5%
	High School Completion	20	92.2%	89.9%
Social Support and Engagement	Adult Mentor*	25	90.7%	88.0%
	Adverse Childhood Experiences	25	15.3%	14.1%
	Foster Care Instability	5	11.5%	18.7%
	High-Speed Internet	43	95.5%	96.6%
	Neighborhood Amenities	16	40.5%	38.2%
	Reading, Singing or Storytelling*	22	62.8%	59.7%
Clinical Care		22	0.336	
Access to Care	ADD/ADHD Treatment	15	4.1%	3.4%
	Mental Health Treatment*	23	85.3%	83.3%
	Pediatricians	9	153.4	118.2
	Uninsured	27	5.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	10	73.2%	68.0%
	HPV Vaccination	15	67.3%	62.9%
	Preventive Dental Visit	49	74.2%	80.2%
	Well-Child Visit	19	81.1%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	33	36.8%	36.5%
	Medical Home	10	51.6%	45.5%
Behaviors		34	-0.166	
Nutrition and Physical Activity	Breastfed	28	28.0%	27.9%
	Physical Activity	18	22.0%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	30	14.0	12.6
Sleep Health	Adequate Sleep	27	66.0%	65.3%
	Sleep Position*	—	—	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	42	2.5%	1.9%
Health Outcomes		32	-0.251	
Behavioral Health	Alcohol Use	24	6.6%	6.8%
	Flourishing	10	67.6%	66.7%
	Illicit Drug Use	25	7.7%	7.4%
	Mental Health Conditions	30	22.8%	20.5%
	Teen Suicide*	17	10.4	9.7
Mortality	Child Mortality	27	29.9	28.7
	Infant Mortality	45	7.1	5.6
	Neonatal Mortality*	47	4.7	3.6
Physical Health	Asthma	33	7.2%	6.8%
	Congenital Syphilis*	23	5.77	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	31	6.3	5.1
	Overweight or Obesity	37	32.5%	31.3%
Overall - Children		29	-0.088	

35 -0.208

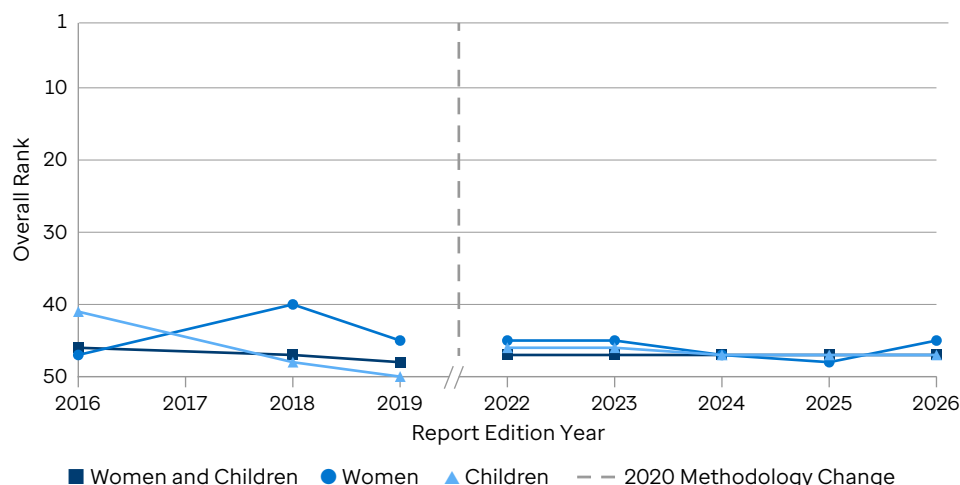
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of excessive drinking among women
- High prevalence of women receiving early and adequate prenatal care
- High prevalence of developmental screenings

Challenges

- High mortality rate among women
- High prevalence of e-cigarette use among women
- High teen birth rate

Key Findings

Flourishing

30% ▼

from 92.5% to 64.6% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Obesity

27% ▲

from 30.8% to 39.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Well-Woman Visit

23% ▲

from 58.5% to 71.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Children in Poverty

16% ▼

from 22.4% to 18.9% of children ages 0-17 between 2014 and 2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		49	-0.466	
Air and Water Quality	Air Pollution	37	8.5	8.8
	Drinking Water Violations	45	3.5	2.5
	Household Smoke	39	14.4%	10.3%
	Water Fluoridation	34	63.5%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	45	11.3	8.3
Housing and Transportation	Drive Alone to Work - Women	42	75.0%	67.4%
	Housing Cost Burden - Households With Children	23	23.6%	27.7%
	Housing With Lead Risk	21	13.3%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		46	-0.681	
Community and Family Safety	Firearm Deaths*	38	9.7	5.9
	Injury Deaths	37	60.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	39	29.6%	25.8%
	Food Insecurity	45	16.9%	13.3%
	Gender Pay Gap*	39	80.3%	83.0%
	Poverty	43	17.4%	14.4%
	Unemployment	28	3.6%	3.9%
Education	College Graduate	48	275%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	10	58	—
	Voter Participation	44	54.2%	60.0%
Clinical Care		40	-0.391	
Access to Care	Adequate Prenatal Care	19	78.9%	75.0%
	Avoided Care Due to Cost	45	22.8%	18.5%
	Maternity Care Desert*	41	10.0	3.5
	Uninsured	47	15.6%	11.2%
	Women's Health Providers	46	35.5	48.1
Preventive Clinical Care	Cervical Cancer Screening	21	70.3%	69.7%
	Dental Visit	38	64.6%	65.6%
	Flu Vaccination	42	27.8%	33.9%
	Postpartum Visit*	42	86.9%	90.3%
	Well-Woman Visit	38	71.8%	73.4%
Quality of Care	Breastfeeding Initiation	31	84.5%	85.4%
	Dedicated Health Care Provider	36	77.3%	77.9%
	Low-Risk Cesarean Delivery	26	25.7%	26.6%
	Maternity Practices Score	31	79	82
Behaviors		47	-0.910	
Nutrition and Physical Activity	Exercise	46	22.2%	27.6%
	Fruit and Vegetable Consumption	48	5.3%	9.8%
	Physical Inactivity	48	26.4%	22.0%
Sexual Health	Chlamydia	34	1,547.3	1,481.2
	High-Risk HIV Behaviors	35	9.2%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	19	35.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	38	11.6%	8.4%
	Cigarette Smoking During Pregnancy	35	4.3%	2.4%
	E-Cigarette Use	43	16.0%	11.7%
Health Outcomes		42	-0.771	
Behavioral Health	Drug Deaths*	32	28.5	25.0
	Excessive Drinking	3	15.0%	18.1%
	Frequent Mental Distress	36	26.5%	23.2%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	29	23.1%	20.3%
	Postpartum Depression*	25	11.9%	11.9%
Mortality	Maternal Mortality*	35	28.7	23.1
	Mortality Rate	43	136.4	98.0
Physical Health	Depression*	37	38.2%	30.6%
	Diabetes*	33	4.0%	3.6%
	Frequent Physical Distress	42	12.0%	10.1%
	High Blood Pressure	43	15.2%	11.8%
	High Health Status*	41	47.0%	49.4%
	Multiple Chronic Conditions	38	6.3%	4.5%
	Obesity	42	39.0%	32.6%
	Severe Maternal Morbidity*	8	72.8	97.8
Overall - Women		45	-0.670	

OK Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		45	-0.786	
Community and Family Safety	Child Victimization*	44	13.7	7.2
	Firearm Deaths*	31	6.9	5.5
	Injury Deaths	36	22.5	17.8
Economic Resources	Children in Poverty	42	18.9%	15.5%
	Children in Poverty - Racial Disparity	2	2.4	3.0
	Food Sufficiency	44	60.2%	66.6%
	Students Experiencing Homelessness	39	3.7%	3.2%
	WIC Coverage	25	52.1%	54.5%
Education	Early Childhood Education	41	39.6%	49.3%
	Fourth Grade Reading Proficiency	48	22.7%	30.5%
	High School Completion	37	90.2%	89.9%
Social Support and Engagement	Adult Mentor*	25	90.7%	88.0%
	Adverse Childhood Experiences	39	18.2%	14.1%
	Foster Care Instability	23	18.0%	18.7%
	High-Speed Internet	33	96.4%	96.6%
	Neighborhood Amenities	49	16.3%	38.2%
	Reading, Singing or Storytelling*	43	54.6%	59.7%
Clinical Care		43	-0.403	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	49	74.6%	83.3%
	Pediatricians	43	81.2	118.2
	Uninsured	45	8.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	47	61.7%	68.0%
	HPV Vaccination	48	49.7%	62.9%
	Preventive Dental Visit	43	78.4%	80.2%
	Well-Child Visit	42	77.0%	79.6%
Quality of Care	Adequate Insurance	25	64.5%	64.6%
	Developmental Screening	12	45.5%	36.5%
	Medical Home	34	46.7%	45.5%
Behaviors		40	-0.570	
Nutrition and Physical Activity	Breastfed	28	28.0%	27.9%
	Physical Activity	29	20.1%	19.7%
	Soda Consumption*	19	15.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	12	85.6%	85.6%
	Teen Births	45	19.6	12.6
Sleep Health	Adequate Sleep	34	63.6%	65.3%
	Sleep Position*	36	67.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	25	21.8%	16.8%
	Tobacco Use	38	2.4%	1.9%
Health Outcomes		41	-0.528	
Behavioral Health	Alcohol Use	5	5.5%	6.8%
	Flourishing	40	64.6%	66.7%
	Illicit Drug Use	31	8.0%	7.4%
	Mental Health Conditions	35	24.0%	20.5%
	Teen Suicide*	36	14.1	9.7
Mortality	Child Mortality	41	37.6	28.7
	Infant Mortality	43	7.0	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	42	8.2%	6.8%
	Congenital Syphilis*	41	163.5	105.8
	High Health Status*	39	89.5%	89.9%
	Low Birth Weight	23	8.2%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	30	6.2	5.1
	Overweight or Obesity	38	32.8%	31.3%
Overall - Children		47	-0.593	

47 -0.647

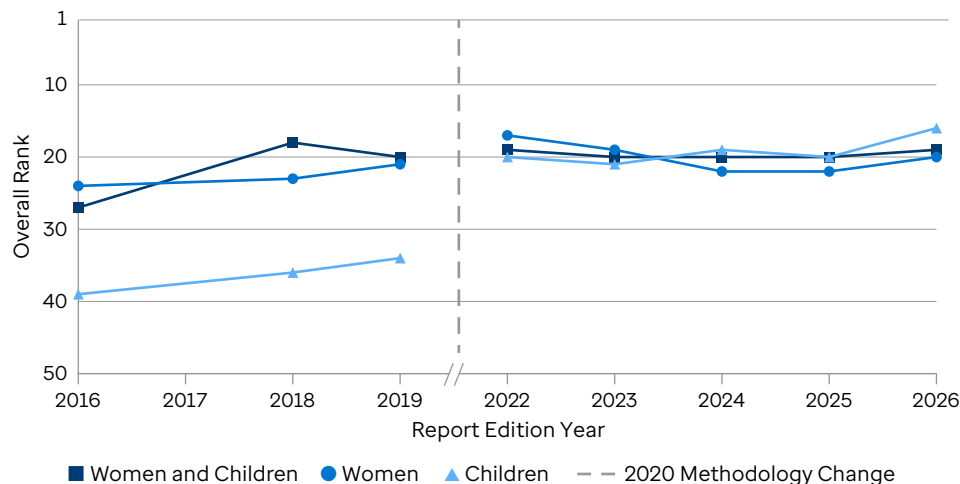
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Summary

Strengths

- Low prevalence of low birth weight infants
- Low prevalence of physical inactivity among women
- Low prevalence of uninsured children

Challenges

- High prevalence of frequent mental distress among women
- Low prevalence of youth who are flourishing
- High prevalence of public school students experiencing homelessness

Key Findings

Teen Births

53%▼

from 19.0 to 9.0 births per 1,000 females ages 15-19 between 2015 and 2024.

Severe Maternal Morbidity

49%▲

from 61.6 to 91.5 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Uninsured Women

29%▼

from 9.4% to 6.7% of women ages 19-44 between 2017 and 2024.

Child Mortality

28%▲

from 21.2 to 27.2 deaths per 100,000 children ages 1-19 between 2013-2015 and 2022-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	19	0.204	
Air and Water Quality			
Air Pollution	29	8.2	8.8
Drinking Water Violations	15	1.8	2.5
Household Smoke	14	9.2%	10.3%
Water Fluoridation	48	26.4%	72.3%
Climate and Health			
Climate Policies	1	4	—
Transportation Energy Use*	16	76	8.3
Housing and Transportation			
Drive Alone to Work - Women	7	63.7%	67.4%
Housing Cost Burden - Households With Children	37	27.4%	27.7%
Housing With Lead Risk	25	15.1%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		19	0.365	
Community and Family Safety	Firearm Deaths*	15	5.4	5.9
	Injury Deaths	24	48.7	47.0
	Intimate Partner Violence Before Pregnancy*	15	3.2%	—
Economic Resources	Concentrated Disadvantage	19	18.1%	25.8%
	Food Insecurity	23	12.5%	13.3%
	Gender Pay Gap*	8	85.8%	83.0%
	Poverty	28	14.5%	14.4%
	Unemployment	34	3.9%	3.9%
Education	College Graduate	21	40.0%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	46	17%	12%
	Residential Segregation - Black/White	30	65	—
	Voter Participation	1	74.5%	60.0%
Clinical Care		7	0.778	
Access to Care	Adequate Prenatal Care	22	78.8%	75.0%
	Avoided Care Due to Cost	26	171%	18.5%
	Maternity Care Desert*	12	0.4	3.5
	Uninsured	8	6.7%	11.2%
	Women's Health Providers	3	73.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	5	73.5%	69.7%
	Dental Visit	38	64.6%	65.6%
	Flu Vaccination	17	37.7%	33.9%
	Postpartum Visit*	29	90.9%	90.3%
	Well-Woman Visit	40	70.4%	73.4%
Quality of Care	Breastfeeding Initiation	1	94.0%	85.4%
	Dedicated Health Care Provider	17	81.9%	77.9%
	Low-Risk Cesarean Delivery	15	24.0%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		16	0.274	
Nutrition and Physical Activity	Exercise	15	29.5%	27.6%
	Fruit and Vegetable Consumption	45	6.5%	9.8%
	Physical Inactivity	8	16.6%	22.0%
Sexual Health	Chlamydia	11	1,102.2	1,481.2
	High-Risk HIV Behaviors	23	8.6%	8.5%
	Unintended Pregnancy*	4	16.3%	—
Sleep Health	Insufficient Sleep	9	33.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	19	8.5%	8.4%
	Cigarette Smoking During Pregnancy	23	2.7%	2.4%
	E-Cigarette Use	25	12.9%	11.7%
Health Outcomes		43	-0.802	
Behavioral Health	Drug Deaths*	27	26.5	25.0
	Excessive Drinking	26	18.7%	18.1%
	Frequent Mental Distress	45	28.9%	23.2%
	Illicit Drug Use	50	19.9%	10.5%
	Postpartum Anxiety*	40	25.9%	20.3%
	Postpartum Depression*	38	14.0%	11.9%
Mortality	Maternal Mortality*	22	21.8	23.1
	Mortality Rate	25	104.4	98.0
Physical Health	Depression*	48	41.5%	30.6%
	Diabetes*	34	4.1%	3.6%
	Frequent Physical Distress	46	12.5%	10.1%
	High Blood Pressure	21	11.2%	11.8%
	High Health Status*	43	46.5%	49.4%
	Multiple Chronic Conditions	34	6.1%	4.5%
	Obesity	24	33.6%	32.6%
	Severe Maternal Morbidity*	20	91.5	97.8
Overall - Women		20	0.127	

OR Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		17	0.149	
Community and Family Safety	Child Victimization*	43	13.6	7.2
	Firearm Deaths*	13	3.9	5.5
	Injury Deaths	22	17.2	17.8
Economic Resources	Children in Poverty	22	13.0%	15.5%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	12	70.1%	66.6%
	Students Experiencing Homelessness	46	4.2%	3.2%
	WIC Coverage	5	63.6%	54.5%
Education	Early Childhood Education	28	45.7%	49.3%
	Fourth Grade Reading Proficiency	42	26.6%	30.5%
	High School Completion	18	92.3%	89.9%
Social Support and Engagement	Adult Mentor*	32	88.8%	88.0%
	Adverse Childhood Experiences	26	15.4%	14.1%
	Foster Care Instability	27	18.8%	18.7%
	High-Speed Internet	7	97.7%	96.6%
	Neighborhood Amenities	19	38.9%	38.2%
	Reading, Singing or Storytelling*	18	63.6%	59.7%
Clinical Care		8	0.723	
Access to Care	ADD/ADHD Treatment	4	5.5%	3.4%
	Mental Health Treatment*	47	76.8%	83.3%
	Pediatricians	22	115.1	118.2
	Uninsured	5	2.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	38	65.4%	68.0%
	HPV Vaccination	23	65.8%	62.9%
	Preventive Dental Visit	7	85.5%	80.2%
	Well-Child Visit	15	81.7%	79.6%
Quality of Care	Adequate Insurance	17	66.4%	64.6%
	Developmental Screening	10	46.1%	36.5%
	Medical Home	26	48.2%	45.5%
Behaviors		13	0.538	
Nutrition and Physical Activity	Breastfed	3	35.9%	27.9%
	Physical Activity	31	19.8%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	12	9.0	12.6
Sleep Health	Adequate Sleep	11	71.0%	65.3%
	Sleep Position*	19	73.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		21	-0.034	
Behavioral Health	Alcohol Use	45	8.8%	6.8%
	Flourishing	50	62.0%	66.7%
	Illicit Drug Use	44	9.1%	7.4%
	Mental Health Conditions	46	26.0%	20.5%
	Teen Suicide*	31	12.4	9.7
Mortality	Child Mortality	17	27.2	28.7
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	7	5.1%	6.8%
	Congenital Syphilis*	28	76.0	105.8
	High Health Status*	19	91.2%	89.9%
	Low Birth Weight	4	7.1%	8.5%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	35	8.2	5.1
	Overweight or Obesity	15	29.7%	31.3%
Overall - Children		16	0.235	

19 0.181

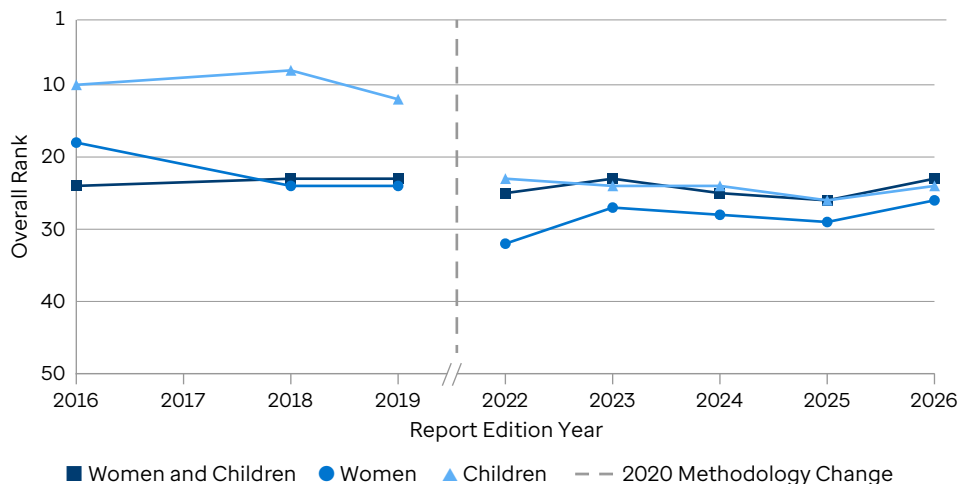
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Summary

Strengths

- Low child mortality rate
- Low foster care placement instability
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of multiple chronic conditions among women
- High prevalence of asthma among children
- High prevalence of cigarette smoking among women

Key Findings

Neonatal Abstinence Syndrome

45%▼

from 15.0 to 8.2 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Uninsured Children

23%▲

from 4.4% to 5.4% of children ages 0-18 between 2017 and 2024.

High Health Status

20%▼

from 59.8% to 48.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Housing Cost Burden - Households With Children

19%▼

from 28.0% to 22.8% of households with children between 2014 and 2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		46	-0.318	
Air and Water Quality	Air Pollution	49	11.0	8.8
	Drinking Water Violations	13	1.6	2.5
	Household Smoke	34	13.1%	10.3%
	Water Fluoridation	39	55.3%	72.3%
Climate and Health	Climate Policies	22	2	—
	Transportation Energy Use*	5	6.4	8.3
Housing and Transportation	Drive Alone to Work - Women	14	66.1%	67.4%
	Housing Cost Burden - Households With Children	20	22.8%	27.7%
	Housing With Lead Risk	47	276%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		20	0.343	
Community and Family Safety	Firearm Deaths*	12	5.1	5.9
	Injury Deaths	27	51.0	47.0
	Intimate Partner Violence Before Pregnancy*	5	1.7%	—
Economic Resources	Concentrated Disadvantage	25	22.6%	25.8%
	Food Insecurity	12	10.9%	13.3%
	Gender Pay Gap*	26	82.1%	83.0%
	Poverty	24	14.2%	14.4%
	Unemployment	16	3.2%	3.9%
Education	College Graduate	10	44.4%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	44	73	—
	Voter Participation	13	65.5%	60.0%
Clinical Care		19	0.413	
Access to Care	Adequate Prenatal Care	35	74.8%	75.0%
	Avoided Care Due to Cost	5	13.6%	18.5%
	Maternity Care Desert*	18	1.0	3.5
	Uninsured	14	7.8%	11.2%
	Women's Health Providers	19	51.4	48.1
Preventive Clinical Care	Cervical Cancer Screening	44	66.4%	69.7%
	Dental Visit	15	69.0%	65.6%
	Flu Vaccination	19	37.5%	33.9%
	Postpartum Visit*	26	91.2%	90.3%
	Well-Woman Visit	12	76.3%	73.4%
Quality of Care	Breastfeeding Initiation	35	83.4%	85.4%
	Dedicated Health Care Provider	9	84.7%	77.9%
	Low-Risk Cesarean Delivery	24	25.5%	26.6%
	Maternity Practices Score	21	83	82
Behaviors		22	0.023	
Nutrition and Physical Activity	Exercise	—	—	27.6%
	Fruit and Vegetable Consumption	21	9.8%	9.8%
	Physical Inactivity	9	17.0%	22.0%
Sexual Health	Chlamydia	18	1,338.0	1,481.2
	High-Risk HIV Behaviors	3	6.3%	8.5%
	Unintended Pregnancy*	11	20.1%	—
Sleep Health	Insufficient Sleep	43	39.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	34	11.1%	8.4%
	Cigarette Smoking During Pregnancy	34	4.0%	2.4%
	E-Cigarette Use	20	12.4%	11.7%
Health Outcomes		19	-0.010	
Behavioral Health	Drug Deaths*	37	32.8	25.0
	Excessive Drinking	12	16.9%	18.1%
	Frequent Mental Distress	34	25.2%	23.2%
	Illicit Drug Use	21	10.4%	10.5%
	Postpartum Anxiety*	21	20.9%	20.3%
	Postpartum Depression*	12	10.7%	11.9%
Mortality	Maternal Mortality*	7	15.9	23.1
	Mortality Rate	18	91.9	98.0
Physical Health	Depression*	28	34.8%	30.6%
	Diabetes*	34	4.1%	3.6%
	Frequent Physical Distress	10	9.0%	10.1%
	High Blood Pressure	—	—	11.8%
	High Health Status*	39	48.1%	49.4%
	Multiple Chronic Conditions	40	6.4%	4.5%
	Obesity	20	32.6%	32.6%
	Severe Maternal Morbidity*	24	99.0	97.8
Overall - Women		26	0.077	

PA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		21	0.080	
Community and Family Safety	Child Victimization*	2	1.7	7.2
	Firearm Deaths*	19	5.0	5.5
	Injury Deaths	11	15.1	17.8
Economic Resources	Children in Poverty	30	15.3%	15.5%
	Children in Poverty - Racial Disparity	29	3.5	3.0
	Food Sufficiency	25	67.1%	66.6%
	Students Experiencing Homelessness	27	2.6%	3.2%
	WIC Coverage	46	42.4%	54.5%
Education	Early Childhood Education	15	50.0%	49.3%
	Fourth Grade Reading Proficiency	11	32.9%	30.5%
	High School Completion	17	92.4%	89.9%
Social Support and Engagement	Adult Mentor*	37	88.1%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	1	6.7%	18.7%
	High-Speed Internet	40	95.8%	96.6%
	Neighborhood Amenities	24	37.1%	38.2%
	Reading, Singing or Storytelling*	15	64.1%	59.7%
Clinical Care		16	0.434	
Access to Care	ADD/ADHD Treatment	34	3.4%	3.4%
	Mental Health Treatment*	37	82.3%	83.3%
	Pediatricians	8	154.4	118.2
	Uninsured	25	5.4%	6.0%
Preventive Clinical Care	Childhood Immunizations	14	72.2%	68.0%
	HPV Vaccination	29	63.3%	62.9%
	Preventive Dental Visit	16	83.1%	80.2%
	Well-Child Visit	7	83.9%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	31	37.2%	36.5%
	Medical Home	27	47.8%	45.5%
Behaviors		24	0.200	
Nutrition and Physical Activity	Breastfed	37	26.0%	27.9%
	Physical Activity	17	22.1%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	8	81.9%	85.6%
	Teen Births	14	9.7	12.6
Sleep Health	Adequate Sleep	29	65.4%	65.3%
	Sleep Position*	24	72.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	10	16.0%	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		19	0.031	
Behavioral Health	Alcohol Use	16	6.3%	6.8%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	20	7.1%	7.4%
	Mental Health Conditions	12	20.0%	20.5%
	Teen Suicide*	7	7.6	9.7
Mortality	Child Mortality	9	24.7	28.7
	Infant Mortality	23	5.6	5.6
	Neonatal Mortality*	27	3.8	3.6
Physical Health	Asthma	48	8.7%	6.8%
	Congenital Syphilis*	10	28.4	105.8
	High Health Status*	25	90.7%	89.9%
	Low Birth Weight	24	8.3%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	35	8.2	5.1
	Overweight or Obesity	20	30.9%	31.3%
Overall - Children		24	0.057	

23 0.105

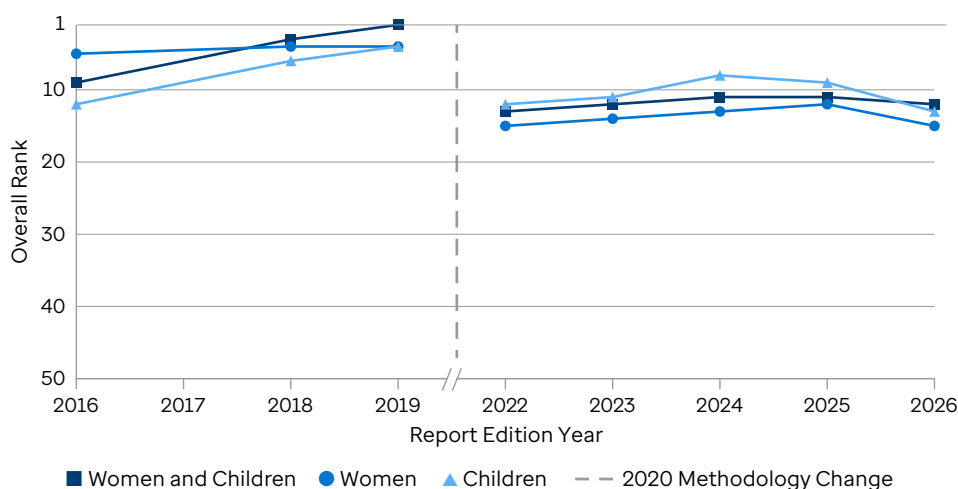
10 Years of Data

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Source: America's Health Rankings composite measure, 2016-2026.

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Summary

Strengths

- Low injury death rate among children
- High prevalence of food sufficiency among children
- Low prevalence of uninsured women

Challenges

- Low prevalence of infants exclusively breastfed for six months
- High prevalence of physical inactivity among women
- High housing cost burden among households with children

Key Findings

Students Experiencing Homelessness

100%▲

from 0.7% to 1.4% of public school students between the 2015-2016 and 2023-2024 school years.

Obesity

50%▲

from 22.2% to 33.2% of women ages 18-44 between 2015-2016 and 2023-2024.

Cigarette Smoking During Pregnancy

85%▼

from 7.5% to 1.1% of women with a recent live birth between 2015 and 2024.

Teen Births

48%▼

from 14.3 to 7.5 births per 1,000 females ages 15-19 between 2015 and 2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		44	-0.250	
Air and Water Quality	Air Pollution	12	6.7	8.8
	Drinking Water Violations	50	5.5	2.5
	Household Smoke	11	9.0%	10.3%
	Water Fluoridation	20	84.3%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	1	5.6	8.3
Housing and Transportation	Drive Alone to Work - Women	28	71.3%	67.4%
	Housing Cost Burden - Households With Children	47	32.8%	27.7%
	Housing With Lead Risk	48	28.6%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		17	0.406	
Community and Family Safety	Firearm Deaths*	—	—	5.9
	Injury Deaths	13	41.0	47.0
	Intimate Partner Violence Before Pregnancy*	1	1.2%	—
Economic Resources	Concentrated Disadvantage	38	28.3%	25.8%
	Food Insecurity	8	10.6%	13.3%
	Gender Pay Gap*	9	85.1%	83.0%
	Poverty	29	14.8%	14.4%
	Unemployment	29	3.7%	3.9%
Education	College Graduate	12	42.7%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	19	61	—
	Voter Participation	14	64.4%	60.0%
Clinical Care		5	0.915	
Access to Care	Adequate Prenatal Care	1	87.6%	75.0%
	Avoided Care Due to Cost	5	13.6%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	4	5.9%	11.2%
	Women's Health Providers	9	62.6	48.1
Preventive Clinical Care	Cervical Cancer Screening	26	70.0%	69.7%
	Dental Visit	25	67.5%	65.6%
	Flu Vaccination	3	44.9%	33.9%
	Postpartum Visit*	1	97.1%	90.3%
	Well-Woman Visit	3	78.6%	73.4%
Quality of Care	Breastfeeding Initiation	28	85.0%	85.4%
	Dedicated Health Care Provider	13	83.1%	77.9%
	Low-Risk Cesarean Delivery	39	28.0%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		15	0.295	
Nutrition and Physical Activity	Exercise	22	28.2%	27.6%
	Fruit and Vegetable Consumption	5	12.3%	9.8%
	Physical Inactivity	42	24.7%	22.0%
Sexual Health	Chlamydia	27	1,453.5	1,481.2
	High-Risk HIV Behaviors	8	7.3%	8.5%
	Unintended Pregnancy*	9	19.6%	—
Sleep Health	Insufficient Sleep	24	36.1%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	7	6.6%	8.4%
	Cigarette Smoking During Pregnancy	5	1.1%	2.4%
	E-Cigarette Use	11	11.0%	11.7%
Health Outcomes		18	0.007	
Behavioral Health	Drug Deaths*	31	28.0	25.0
	Excessive Drinking	25	18.4%	18.1%
	Frequent Mental Distress	20	23.2%	23.2%
	Illicit Drug Use	46	15.1%	10.5%
	Postpartum Anxiety*	17	19.3%	20.3%
	Postpartum Depression*	24	11.8%	11.9%
Mortality	Maternal Mortality*	29	25.7	23.1
	Mortality Rate	10	84.4	98.0
Physical Health	Depression*	26	34.2%	30.6%
	Diabetes*	5	2.6%	3.6%
	Frequent Physical Distress	29	10.5%	10.1%
	High Blood Pressure	4	9.1%	11.8%
	High Health Status*	34	49.0%	49.4%
	Multiple Chronic Conditions	10	3.8%	4.5%
	Obesity	22	33.2%	32.6%
	Severe Maternal Morbidity*	32	103.2	97.8
Overall - Women		15	0.248	

RI Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		10	0.493	
Community and Family Safety	Child Victimization*	37	11.1	7.2
	Firearm Deaths*	—	—	5.5
	Injury Deaths	1	7.9	17.8
Economic Resources	Children in Poverty	33	16.3%	15.5%
	Children in Poverty - Racial Disparity	48	5.7	3.0
	Food Sufficiency	5	72.5%	66.6%
	Students Experiencing Homelessness	3	1.4%	3.2%
	WIC Coverage	15	59.0%	54.5%
Education	Early Childhood Education	16	49.7%	49.3%
	Fourth Grade Reading Proficiency	13	32.6%	30.5%
	High School Completion	34	90.4%	89.9%
Social Support and Engagement	Adult Mentor*	46	85.4%	88.0%
	Adverse Childhood Experiences	6	12.3%	14.1%
	Foster Care Instability	2	9.8%	18.7%
	High-Speed Internet	16	97.2%	96.6%
	Neighborhood Amenities	9	46.5%	38.2%
	Reading, Singing or Storytelling*	21	63.0%	59.7%
Clinical Care		3	1.320	
Access to Care	ADD/ADHD Treatment	6	5.1%	3.4%
	Mental Health Treatment*	33	83.6%	83.3%
	Pediatricians	2	189.2	118.2
	Uninsured	12	3.7%	6.0%
Preventive Clinical Care	Childhood Immunizations	4	80.2%	68.0%
	HPV Vaccination	2	76.1%	62.9%
	Preventive Dental Visit	11	84.8%	80.2%
	Well-Child Visit	13	82.2%	79.6%
Quality of Care	Adequate Insurance	6	70.0%	64.6%
	Developmental Screening	19	41.9%	36.5%
	Medical Home	18	49.7%	45.5%
Behaviors		25	0.178	
Nutrition and Physical Activity	Breastfed	40	25.3%	27.9%
	Physical Activity	44	17.2%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	7	7.5	12.6
Sleep Health	Adequate Sleep	13	70.4%	65.3%
	Sleep Position*	29	70.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		15	0.105	
Behavioral Health	Alcohol Use	47	8.9%	6.8%
	Flourishing	25	66.0%	66.7%
	Illicit Drug Use	41	8.9%	7.4%
	Mental Health Conditions	28	22.6%	20.5%
	Teen Suicide*	—	—	9.7
Mortality	Child Mortality	4	18.4	28.7
	Infant Mortality	7	4.3	5.6
	Neonatal Mortality*	6	2.8	3.6
Physical Health	Asthma	39	7.6%	6.8%
	Congenital Syphilis*	6	19.5	105.8
	High Health Status*	36	90.2%	89.9%
	Low Birth Weight	16	7.8%	8.5%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	32	6.6	5.1
	Overweight or Obesity	28	31.6%	31.3%
Overall - Children		13	0.330	

12 0.345

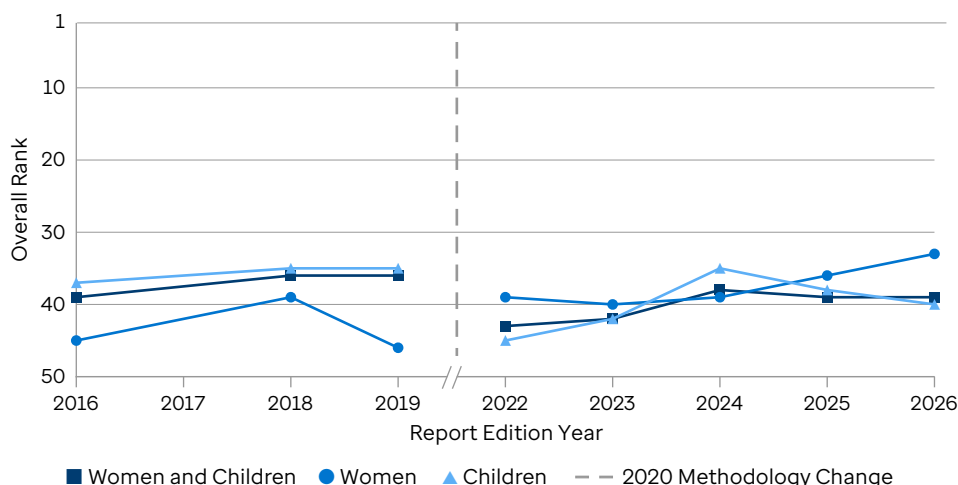
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Summary

Strengths

- High prevalence of youth who are flourishing
- Low prevalence of public school students experiencing homelessness
- High prevalence of cervical cancer screening

Challenges

- High infant mortality rate
- Low prevalence of infants exclusively breastfed for six months
- High prevalence of unemployment among women

Key Findings

Developmental Screening

75%▲

from 24.8% to 43.3% of children ages 9-35 months between 2016-2017 and 2023-2024.

Cigarette Smoking During Pregnancy

74%▼

from 9.8% to 2.5% of women with a recent live birth between 2015 and 2024.

Severe Maternal Morbidity

46%▲

from 69.8 to 102.2 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Child Mortality

30%▲

from 28.5 to 37.1 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		20	0.171	
Air and Water Quality	Air Pollution	32	8.4	8.8
	Drinking Water Violations	23	1.9	2.5
	Household Smoke	30	12.4%	10.3%
	Water Fluoridation	10	92.0%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	30	8.7	8.3
Housing and Transportation	Drive Alone to Work - Women	35	73.2%	67.4%
	Housing Cost Burden - Households With Children	24	24.1%	27.7%
	Housing With Lead Risk	6	8.4%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		36	-0.298	
Community and Family Safety	Firearm Deaths*	39	10.1	5.9
	Injury Deaths	44	68.0	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	37	276%	25.8%
	Food Insecurity	35	13.5%	13.3%
	Gender Pay Gap*	25	82.3%	83.0%
	Poverty	39	16.0%	14.4%
	Unemployment	46	4.7%	3.9%
Education	College Graduate	40	34.3%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	—	—	12%
	Residential Segregation - Black/White	2	48	—
	Voter Participation	43	54.3%	60.0%
Clinical Care		38	-0.228	
Access to Care	Adequate Prenatal Care	15	79.4%	75.0%
	Avoided Care Due to Cost	43	22.0%	18.5%
	Maternity Care Desert*	22	2.2	3.5
	Uninsured	39	13.5%	11.2%
	Women's Health Providers	40	41.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	7	72.5%	69.7%
	Dental Visit	41	63.7%	65.6%
	Flu Vaccination	45	27.0%	33.9%
	Postpartum Visit*	38	88.6%	90.3%
	Well-Woman Visit	30	73.8%	73.4%
Quality of Care	Breastfeeding Initiation	39	81.3%	85.4%
	Dedicated Health Care Provider	44	75.7%	77.9%
	Low-Risk Cesarean Delivery	23	25.2%	26.6%
	Maternity Practices Score	30	80	82
Behaviors		28	-0.145	
Nutrition and Physical Activity	Exercise	7	30.9%	27.6%
	Fruit and Vegetable Consumption	20	9.9%	9.8%
	Physical Inactivity	31	21.4%	22.0%
Sexual Health	Chlamydia	47	2,052.3	1,481.2
	High-Risk HIV Behaviors	31	8.9%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	32	37.3%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	23	9.7%	8.4%
	Cigarette Smoking During Pregnancy	21	2.5%	2.4%
	E-Cigarette Use	24	12.7%	11.7%
Health Outcomes		30	-0.317	
Behavioral Health	Drug Deaths*	40	35.6	25.0
	Excessive Drinking	29	19.0%	18.1%
	Frequent Mental Distress	12	22.3%	23.2%
	Illicit Drug Use	6	8.2%	10.5%
	Postpartum Anxiety*	11	18.3%	20.3%
	Postpartum Depression*	10	10.5%	11.9%
Mortality	Maternal Mortality*	40	30.3	23.1
	Mortality Rate	40	134.3	98.0
Physical Health	Depression*	16	31.0%	30.6%
	Diabetes*	41	4.4%	3.6%
	Frequent Physical Distress	17	9.5%	10.1%
	High Blood Pressure	34	12.7%	11.8%
	High Health Status*	13	52.6%	49.4%
	Multiple Chronic Conditions	31	5.7%	4.5%
	Obesity	35	36.8%	32.6%
	Severe Maternal Morbidity*	30	102.2	97.8
Overall - Women		33	-0.166	

SC Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		38	-0.370	
Community and Family Safety	Child Victimization*	35	10.8	7.2
	Firearm Deaths*	39	9.1	5.5
	Injury Deaths	39	24.7	17.8
Economic Resources	Children in Poverty	41	18.3%	15.5%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	36	63.5%	66.6%
	Students Experiencing Homelessness	10	2.0%	3.2%
	WIC Coverage	40	43.7%	54.5%
Education	Early Childhood Education	21	48.2%	49.3%
	Fourth Grade Reading Proficiency	14	32.5%	30.5%
	High School Completion	29	91.0%	89.9%
Social Support and Engagement	Adult Mentor*	28	90.4%	88.0%
	Adverse Childhood Experiences	20	14.5%	14.1%
	Foster Care Instability	49	35.7%	18.7%
	High-Speed Internet	28	96.7%	96.6%
	Neighborhood Amenities	48	18.1%	38.2%
	Reading, Singing or Storytelling*	39	57.2%	59.7%
Clinical Care		28	0.147	
Access to Care	ADD/ADHD Treatment	11	4.3%	3.4%
	Mental Health Treatment*	38	82.2%	83.3%
	Pediatricians	26	106.6	118.2
	Uninsured	30	5.9%	6.0%
Preventive Clinical Care	Childhood Immunizations	30	68.0%	68.0%
	HPV Vaccination	36	59.5%	62.9%
	Preventive Dental Visit	27	80.8%	80.2%
	Well-Child Visit	30	79.9%	79.6%
Quality of Care	Adequate Insurance	26	64.3%	64.6%
	Developmental Screening	16	43.3%	36.5%
	Medical Home	28	47.4%	45.5%
Behaviors		44	-0.810	
Nutrition and Physical Activity	Breastfed	47	22.7%	27.9%
	Physical Activity	30	19.9%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	40	17.4	12.6
Sleep Health	Adequate Sleep	43	60.0%	65.3%
	Sleep Position*	40	65.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		44	-0.635	
Behavioral Health	Alcohol Use	33	7.4%	6.8%
	Flourishing	7	68.1%	66.7%
	Illicit Drug Use	31	8.0%	7.4%
	Mental Health Conditions	32	23.3%	20.5%
	Teen Suicide*	8	7.8	9.7
Mortality	Child Mortality	39	37.1	28.7
	Infant Mortality	40	6.9	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	20	51.9	105.8
	High Health Status*	28	90.5%	89.9%
	Low Birth Weight	43	9.7%	8.5%
	Low Birth Weight - Racial Disparity	47	2.3	2.1
	Neonatal Abstinence Syndrome*	21	5.4	5.1
	Overweight or Obesity	44	35.5%	31.3%
Overall - Children		40	-0.333	

SC Overall - Women and Children

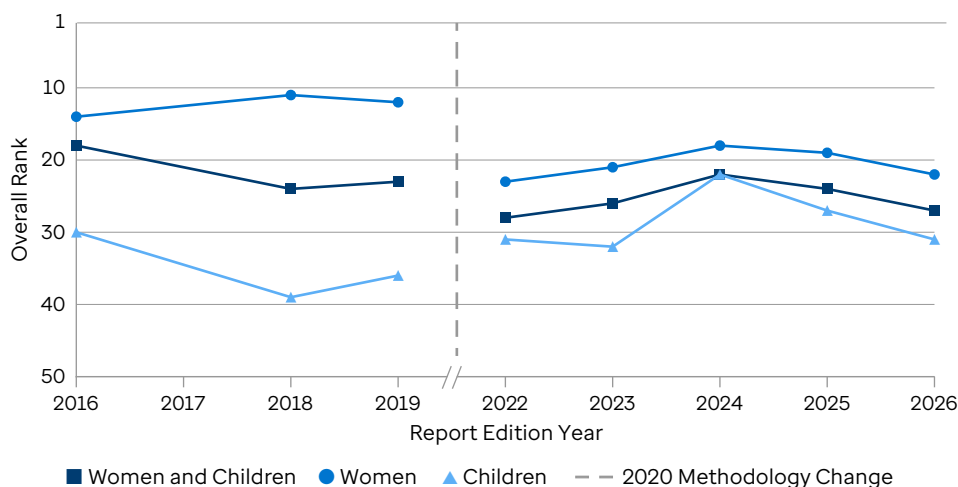
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Summary

Strengths

- Low prevalence of multiple chronic conditions among women
- Low prevalence of illicit drug use among adolescents
- Low prevalence of unemployment among women

Challenges

- High prevalence of excessive drinking among women
- Low prevalence of youth who are flourishing
- High prevalence of cigarette smoking during pregnancy

Key Findings

Mental Health Conditions (Diagnosed)

61%▲

from 13.0% to 20.9% of children ages 3-17 between 2016-2017 and 2023-2024.

Injury Deaths

52%▲

from 37.6 to 57.1 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Cigarette Smoking

56%▼

from 24.7% to 10.8% of women ages 18-44 between 2013-2014 and 2023-2024.

Children in Poverty

38%▼

from 18.0% to 11.2% of children ages 0-17 between 2014 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	18	0.229	
Air and Water Quality			
Air Pollution	4	5.7	8.8
Drinking Water Violations	3	1.1	2.5
Household Smoke	33	12.9%	10.3%
Water Fluoridation	7	94.2%	72.3%
Climate and Health			
Climate Policies	38	0	—
Transportation Energy Use*	40	10.8	8.3
Housing and Transportation			
Drive Alone to Work - Women	48	77.1%	67.4%
Housing Cost Burden - Households With Children	12	21.6%	27.7%
Housing With Lead Risk	30	16.6%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		14	0.450	
Community and Family Safety	Firearm Deaths*	31	8.3	5.9
	Injury Deaths	33	571	470
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	9	10.4%	25.8%
	Food Insecurity	4	9.5%	13.3%
	Gender Pay Gap*	20	82.7%	83.0%
	Poverty	29	14.8%	14.4%
	Unemployment	1	1.7%	3.9%
Education	College Graduate	23	38.6%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	2	7%	12%
	Residential Segregation - Black/White	32	66	—
	Voter Participation	33	58.3%	60.0%
Clinical Care		25	0.313	
Access to Care	Adequate Prenatal Care	31	76.6%	75.0%
	Avoided Care Due to Cost	24	16.9%	18.5%
	Maternity Care Desert*	46	15.3	3.5
	Uninsured	35	12.5%	11.2%
	Women's Health Providers	32	43.5	48.1
Preventive Clinical Care	Cervical Cancer Screening	10	72.1%	69.7%
	Dental Visit	1	75.3%	65.6%
	Flu Vaccination	12	39.5%	33.9%
	Postpartum Visit*	33	89.3%	90.3%
	Well-Woman Visit	26	74.3%	73.4%
Quality of Care	Breastfeeding Initiation	41	78.8%	85.4%
	Dedicated Health Care Provider	25	80.3%	77.9%
	Low-Risk Cesarean Delivery	1	19.1%	26.6%
	Maternity Practices Score	46	75	82
Behaviors		31	-0.294	
Nutrition and Physical Activity	Exercise	44	24.3%	27.6%
	Fruit and Vegetable Consumption	19	10.1%	9.8%
	Physical Inactivity	22	19.9%	22.0%
Sexual Health	Chlamydia	41	1,841.3	1,481.2
	High-Risk HIV Behaviors	—	—	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	6	31.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	33	10.8%	8.4%
	Cigarette Smoking During Pregnancy	42	5.3%	2.4%
	E-Cigarette Use	41	15.9%	11.7%
Health Outcomes		17	0.024	
Behavioral Health	Drug Deaths*	6	176	25.0
	Excessive Drinking	48	23.5%	18.1%
	Frequent Mental Distress	8	21.3%	23.2%
	Illicit Drug Use	26	10.6%	10.5%
	Postpartum Anxiety*	35	24.6%	20.3%
	Postpartum Depression*	32	13.0%	11.9%
Mortality	Maternal Mortality*	18	21.4	23.1
	Mortality Rate	38	124.2	98.0
Physical Health	Depression*	14	30.7%	30.6%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	2	7.0%	10.1%
	High Blood Pressure	16	10.7%	11.8%
	High Health Status*	18	51.4%	49.4%
	Multiple Chronic Conditions	3	3.0%	4.5%
	Obesity	31	35.4%	32.6%
	Severe Maternal Morbidity*	3	66.3	97.8
Overall - Women		22	0.119	

SD Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.352	
Community and Family Safety	Child Victimization*	26	76	72
	Firearm Deaths*	18	4.9	5.5
	Injury Deaths	40	25.8	17.8
Economic Resources	Children in Poverty	10	11.2%	15.5%
	Children in Poverty - Racial Disparity	50	70	3.0
	Food Sufficiency	33	64.6%	66.6%
	Students Experiencing Homelessness	27	2.6%	3.2%
	WIC Coverage	17	570%	54.5%
Education	Early Childhood Education	47	376%	49.3%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	8	94.0%	89.9%
Social Support and Engagement	Adult Mentor*	6	94.2%	88.0%
	Adverse Childhood Experiences	44	19.2%	14.1%
	Foster Care Instability	39	25.1%	18.7%
	High-Speed Internet	45	95.3%	96.6%
	Neighborhood Amenities	21	38.3%	38.2%
	Reading, Singing or Storytelling*	37	576%	59.7%
Clinical Care		34	-0.046	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	31	84.2%	83.3%
	Pediatricians	42	81.3	118.2
	Uninsured	42	8.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	43	64.2%	68.0%
	HPV Vaccination	10	70.0%	62.9%
	Preventive Dental Visit	8	85.3%	80.2%
	Well-Child Visit	46	76.2%	79.6%
Quality of Care	Adequate Insurance	31	63.4%	64.6%
	Developmental Screening	38	34.1%	36.5%
	Medical Home	7	52.0%	45.5%
Behaviors		18	0.364	
Nutrition and Physical Activity	Breastfed	21	30.3%	27.9%
	Physical Activity	14	23.2%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	37	15.3	12.6
Sleep Health	Adequate Sleep	7	71.8%	65.3%
	Sleep Position*	9	76.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	29	2.1%	1.9%
Health Outcomes		34	-0.274	
Behavioral Health	Alcohol Use	27	6.9%	6.8%
	Flourishing	47	62.9%	66.7%
	Illicit Drug Use	2	5.1%	7.4%
	Mental Health Conditions	20	20.9%	20.5%
	Teen Suicide*	43	21.2	9.7
Mortality	Child Mortality	42	38.0	28.7
	Infant Mortality	45	71	5.6
	Neonatal Mortality*	38	4.1	3.6
Physical Health	Asthma	20	6.6%	6.8%
	Congenital Syphilis*	50	482.1	105.8
	High Health Status*	16	91.5%	89.9%
	Low Birth Weight	9	7.3%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	3	2.1	5.1
	Overweight or Obesity	21	31.1%	31.3%
Overall - Children		31	-0.102	

27 -0.019

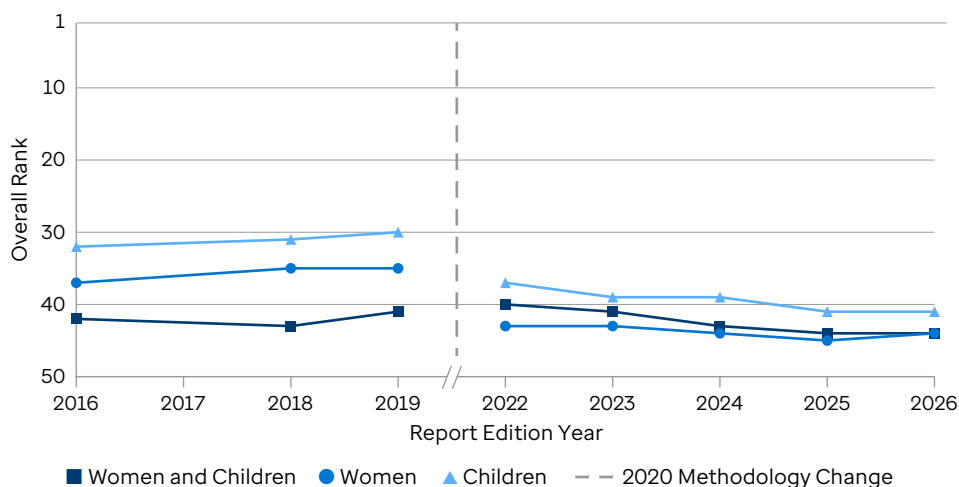
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High prevalence of youth who are flourishing
- Low prevalence of unemployment among women
- High prevalence of developmental screenings

Challenges

- High prevalence of multiple chronic conditions among women
- Low prevalence of neighborhood amenities
- High prevalence of tobacco use among adolescents

Key Findings

Neonatal Abstinence Syndrome

58%▼

from 18.0 to 7.6 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Severe Maternal Morbidity

28%▲

from 73.8 to 94.2 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Child Mortality

31%▲

from 30.0 to 39.3 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Housing Cost Burden - Households With Children

15%▼

from 29.3% to 24.8% of households with children between 2014 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	31	0.030	
Air and Water Quality			
Air Pollution	23	7.8	8.8
Drinking Water Violations	15	1.8	2.5
Household Smoke	36	13.4%	10.3%
Water Fluoridation	16	88.3%	72.3%
Climate and Health			
Climate Policies	38	0	—
Transportation Energy Use*	32	9.1	8.3
Housing and Transportation			
Drive Alone to Work - Women	33	73.1%	67.4%
Housing Cost Burden - Households With Children	30	24.8%	27.7%
Housing With Lead Risk	17	11.2%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.309	
Community and Family Safety	Firearm Deaths*	37	9.4	5.9
	Injury Deaths	46	75.0	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	26	23.1%	25.8%
	Food Insecurity	31	13.3%	13.3%
	Gender Pay Gap*	18	82.9%	83.0%
	Poverty	38	15.9%	14.4%
	Unemployment	12	3.0%	3.9%
Education	College Graduate	38	34.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	34	67	—
	Voter Participation	41	55.4%	60.0%
Clinical Care		42	-0.487	
Access to Care	Adequate Prenatal Care	36	74.3%	75.0%
	Avoided Care Due to Cost	43	22.0%	18.5%
	Maternity Care Desert*	35	6.7	3.5
	Uninsured	40	13.6%	11.2%
	Women's Health Providers	33	43.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	—	—	69.7%
	Dental Visit	—	—	65.6%
	Flu Vaccination	48	26.5%	33.9%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	32	73.1%	73.4%
Quality of Care	Breastfeeding Initiation	33	84.1%	85.4%
	Dedicated Health Care Provider	32	78.7%	77.9%
	Low-Risk Cesarean Delivery	31	26.5%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		45	-0.841	
Nutrition and Physical Activity	Exercise	40	25.3%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	42	24.7%	22.0%
Sexual Health	Chlamydia	21	1,375.3	1,481.2
	High-Risk HIV Behaviors	—	—	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	41	39.6%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	49	14.2%	8.4%
	Cigarette Smoking During Pregnancy	38	4.5%	2.4%
	E-Cigarette Use	41	15.9%	11.7%
Health Outcomes		50	-1.390	
Behavioral Health	Drug Deaths*	46	45.8	25.0
	Excessive Drinking	23	18.3%	18.1%
	Frequent Mental Distress	48	30.2%	23.2%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	10	18.1%	20.3%
	Postpartum Depression*	28	12.5%	11.9%
Mortality	Maternal Mortality*	47	41.8	23.1
	Mortality Rate	46	140.8	98.0
Physical Health	Depression*	45	40.8%	30.6%
	Diabetes*	46	5.2%	3.6%
	Frequent Physical Distress	47	13.0%	10.1%
	High Blood Pressure	42	15.1%	11.8%
	High Health Status*	40	47.3%	49.4%
	Multiple Chronic Conditions	50	9.9%	4.5%
	Obesity	46	41.3%	32.6%
	Severe Maternal Morbidity*	22	94.2	97.8
Overall - Women		44	-0.629	

TN Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		41	-0.564	
Community and Family Safety	Child Victimization*	21	5.9	7.2
	Firearm Deaths*	40	9.3	5.5
	Injury Deaths	42	26.0	17.8
Economic Resources	Children in Poverty	43	19.1%	15.5%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	39	62.6%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	37	44.6%	54.5%
Education	Early Childhood Education	39	40.8%	49.3%
	Fourth Grade Reading Proficiency	20	31.8%	30.5%
	High School Completion	32	90.6%	89.9%
Social Support and Engagement	Adult Mentor*	12	92.7%	88.0%
	Adverse Childhood Experiences	36	175%	14.1%
	Foster Care Instability	26	18.7%	18.7%
	High-Speed Internet	35	96.2%	96.6%
	Neighborhood Amenities	42	21.1%	38.2%
	Reading, Singing or Storytelling*	24	62.0%	59.7%
Clinical Care		32	0.026	
Access to Care	ADD/ADHD Treatment	34	3.4%	3.4%
	Mental Health Treatment*	32	84.0%	83.3%
	Pediatricians	24	108.0	118.2
	Uninsured	34	6.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	44	64.0%	68.0%
	HPV Vaccination	44	54.3%	62.9%
	Preventive Dental Visit	44	78.0%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	16	66.5%	64.6%
	Developmental Screening	3	52.6%	36.5%
	Medical Home	21	49.3%	45.5%
Behaviors		47	-1.040	
Nutrition and Physical Activity	Breastfed	31	26.9%	27.9%
	Physical Activity	39	18.1%	19.7%
	Soda Consumption*	21	15.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	46	19.9	12.6
Sleep Health	Adequate Sleep	43	60.0%	65.3%
	Sleep Position*	18	74.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	24	21.6%	16.8%
	Tobacco Use	47	2.7%	1.9%
Health Outcomes		33	-0.259	
Behavioral Health	Alcohol Use	10	6.0%	6.8%
	Flourishing	4	69.3%	66.7%
	Illicit Drug Use	22	7.3%	7.4%
	Mental Health Conditions	21	21.3%	20.5%
	Teen Suicide*	22	10.9	9.7
Mortality	Child Mortality	43	39.3	28.7
	Infant Mortality	37	6.6	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	35	7.4%	6.8%
	Congenital Syphilis*	37	107.0	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	34	76	5.1
	Overweight or Obesity	41	34.0%	31.3%
Overall - Children		41	-0.376	

44 -0.550

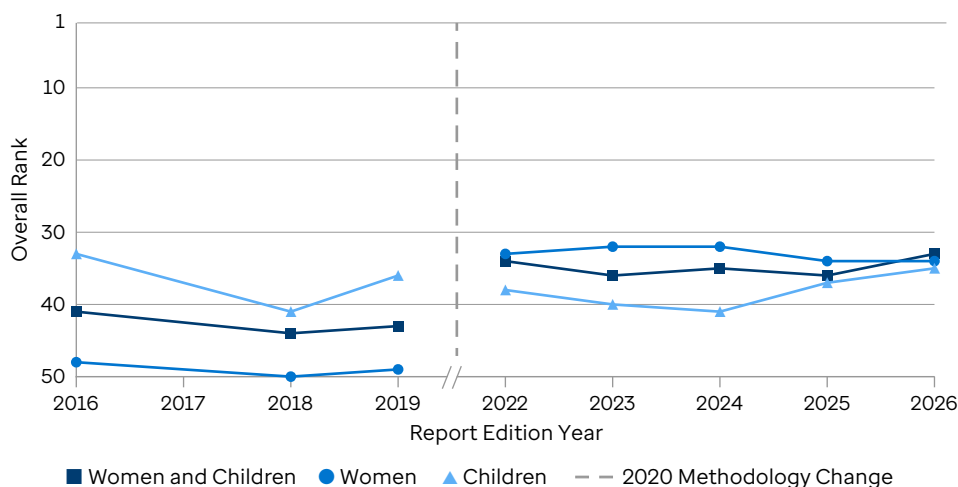
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

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Summary

Strengths

- Low prevalence of multiple chronic conditions among women
- High prevalence of youth who are flourishing
- Low prevalence of household smoke exposure

Challenges

- High prevalence of household food insecurity
- High prevalence of uninsured women
- High teen birth rate

Key Findings

Frequent Mental Distress

84%▲

from 12.3% to 22.6% of women ages 18-44 between 2013-2014 and 2023-2024.

Cigarette Smoking During Pregnancy

79%▼

from 3.9% to 0.8% of women with a recent live birth between 2014 and 2024.

Uninsured Children

27%▲

from 10.7% to 13.6% of children ages 0-18 between 2017 and 2024.

Early Childhood Education

12%▲

from 42.6% to 47.8% of children ages 3-4 between 2016 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	33	-0.021	
Air and Water Quality			
Air Pollution	43	9.4	8.8
Drinking Water Violations	41	2.6	2.5
Household Smoke	6	8.0%	10.3%
Water Fluoridation	30	70.7%	72.3%
Climate and Health			
Climate Policies	27	1	—
Transportation Energy Use*	40	10.8	8.3
Housing and Transportation			
Drive Alone to Work - Women	23	69.9%	67.4%
Housing Cost Burden - Households With Children	42	30.0%	27.7%
Housing With Lead Risk	5	8.0%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		43	-0.587	
Community and Family Safety	Firearm Deaths*	23	6.9	5.9
	Injury Deaths	9	38.1	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	47	34.9%	25.8%
	Food Insecurity	47	17.6%	13.3%
	Gender Pay Gap*	33	81.5%	83.0%
	Poverty	37	15.8%	14.4%
	Unemployment	41	4.3%	3.9%
Education	College Graduate	41	32.7%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	4	9%	12%
	Residential Segregation - Black/White	10	58	—
	Voter Participation	45	53.9%	60.0%
Clinical Care		50	-1.057	
Access to Care	Adequate Prenatal Care	47	67.7%	75.0%
	Avoided Care Due to Cost	50	26.7%	18.5%
	Maternity Care Desert*	28	4.2	3.5
	Uninsured	50	22.7%	11.2%
	Women's Health Providers	44	38.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	30	69.5%	69.7%
	Dental Visit	49	55.3%	65.6%
	Flu Vaccination	38	29.4%	33.9%
	Postpartum Visit*	43	86.5%	90.3%
	Well-Woman Visit	47	67.0%	73.4%
Quality of Care	Breastfeeding Initiation	14	89.3%	85.4%
	Dedicated Health Care Provider	49	68.0%	77.9%
	Low-Risk Cesarean Delivery	38	27.8%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		18	0.164	
Nutrition and Physical Activity	Exercise	5	31.3%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	46	25.8%	22.0%
Sexual Health	Chlamydia	26	1,428.1	1,481.2
	High-Risk HIV Behaviors	20	8.5%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	27	36.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	15	7.6%	8.4%
	Cigarette Smoking During Pregnancy	2	0.8%	2.4%
	E-Cigarette Use	20	12.4%	11.7%
Health Outcomes		10	0.277	
Behavioral Health	Drug Deaths*	3	14.3	25.0
	Excessive Drinking	31	19.1%	18.1%
	Frequent Mental Distress	15	22.6%	23.2%
	Illicit Drug Use	5	8.1%	10.5%
	Postpartum Anxiety*	13	18.7%	20.3%
	Postpartum Depression*	30	12.8%	11.9%
	Mortality	39	29.9	23.1
Mortality	Maternal Mortality*	39	29.9	23.1
	Mortality Rate	13	88.5	98.0
Physical Health	Depression*	13	30.1%	30.6%
	Diabetes*	44	4.9%	3.6%
	Frequent Physical Distress	11	9.1%	10.1%
	High Blood Pressure	24	11.3%	11.8%
	High Health Status*	47	45.5%	49.4%
	Multiple Chronic Conditions	6	3.4%	4.5%
	Obesity	29	34.7%	32.6%
	Severe Maternal Morbidity*	13	84.7	97.8
Overall - Women		34	-0.188	

TX Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		36	-0.243	
Community and Family Safety	Child Victimization*	23	6.5	7.2
	Firearm Deaths*	24	6.1	5.5
	Injury Deaths	29	18.9	17.8
Economic Resources	Children in Poverty	38	179%	155%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	37	62.9%	66.6%
	Students Experiencing Homelessness	14	2.2%	3.2%
	WIC Coverage	26	52.0%	54.5%
Education	Early Childhood Education	23	47.8%	49.3%
	Fourth Grade Reading Proficiency	40	27.5%	30.5%
	High School Completion	49	86.7%	89.9%
Social Support and Engagement	Adult Mentor*	48	83.9%	88.0%
	Adverse Childhood Experiences	13	12.8%	14.1%
	Foster Care Instability	20	17.4%	18.7%
	High-Speed Internet	28	96.7%	96.6%
	Neighborhood Amenities	31	34.0%	38.2%
	Reading, Singing or Storytelling*	49	49.0%	59.7%
Clinical Care		49	-1.062	
Access to Care	ADD/ADHD Treatment	39	3.1%	3.4%
	Mental Health Treatment*	44	79.2%	83.3%
	Pediatricians	36	88.5	118.2
	Uninsured	50	13.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	41	64.6%	68.0%
	HPV Vaccination	46	52.2%	62.9%
	Preventive Dental Visit	41	78.6%	80.2%
	Well-Child Visit	45	76.6%	79.6%
Quality of Care	Adequate Insurance	50	56.7%	64.6%
	Developmental Screening	44	30.4%	36.5%
	Medical Home	49	38.5%	45.5%
Behaviors		35	-0.200	
Nutrition and Physical Activity	Breastfed	33	26.4%	27.9%
	Physical Activity	33	19.1%	19.7%
	Soda Consumption*	14	9.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	14	86.9%	85.6%
	Teen Births	43	18.5	12.6
Sleep Health	Adequate Sleep	28	65.7%	65.3%
	Sleep Position*	44	61.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	6	14.4%	16.8%
	Tobacco Use	5	1.6%	1.9%
Health Outcomes		13	0.299	
Behavioral Health	Alcohol Use	12	6.1%	6.8%
	Flourishing	2	69.7%	66.7%
	Illicit Drug Use	9	6.1%	7.4%
	Mental Health Conditions	4	17.1%	20.5%
	Teen Suicide*	28	11.3	9.7
Mortality	Child Mortality	28	30.0	28.7
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	27	3.8	3.6
Physical Health	Asthma	36	7.5%	6.8%
	Congenital Syphilis*	46	238.6	105.8
	High Health Status*	47	87.7%	89.9%
	Low Birth Weight	27	8.5%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	3	2.1	5.1
	Overweight or Obesity	30	31.7%	31.3%
Overall - Children		35	-0.168	

33 -0.193

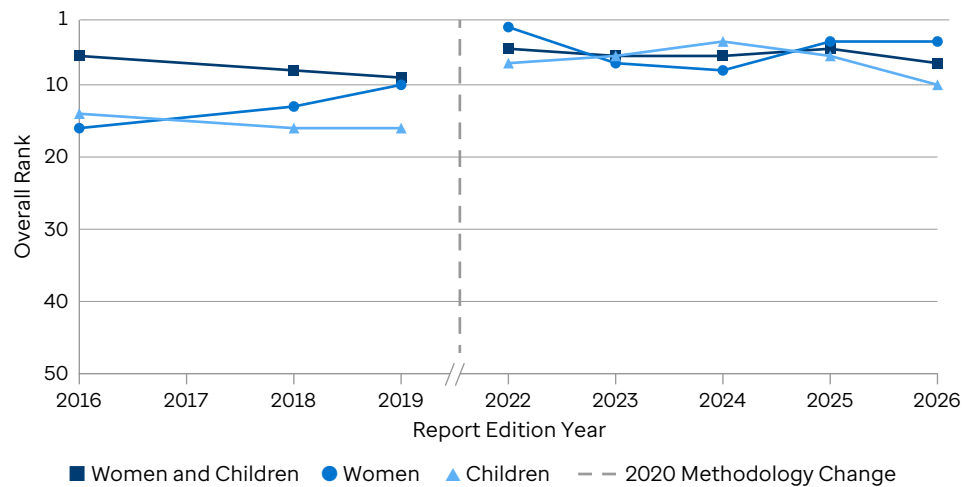
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Summary

Strengths

- Low prevalence of overweight or obesity among children
- Low poverty rate among women
- Low incidence of chlamydia among females

Challenges

- Low prevalence of youth who are flourishing
- Low WIC coverage among eligible children ages 0-4
- Low prevalence of cervical cancer screening

Key Findings

Cigarette Smoking

60%▼

from 9.2% to 3.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Births

58%▼

from 19.4 to 8.2 births per 1,000 females ages 15-19 between 2014 and 2024.

Obesity

30%▲

from 21.2% to 27.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Low Birth Weight

3%▲

from 7.0% to 7.2% of live births between 2014 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	8	0.360	
Air and Water Quality			
Air Pollution	15	75	8.8
Drinking Water Violations	34	2.2	2.5
Household Smoke	1	4.7%	10.3%
Water Fluoridation	43	43.6%	72.3%
Climate and Health			
Climate Policies	27	1	—
Transportation Energy Use*	26	8.2	8.3
Housing and Transportation			
Drive Alone to Work - Women	13	65.7%	67.4%
Housing Cost Burden - Households With Children	26	24.4%	27.7%
Housing With Lead Risk	11	9.6%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		24	0.284	
Community and Family Safety	Firearm Deaths*	10	4.6	5.9
	Injury Deaths	7	35.2	47.0
	Intimate Partner Violence Before Pregnancy*	6	1.8%	—
Economic Resources	Concentrated Disadvantage	4	6.2%	25.8%
	Food Insecurity	14	11.5%	13.3%
	Gender Pay Gap*	49	73.4%	83.0%
	Poverty	3	10.6%	14.4%
	Unemployment	37	4.2%	3.9%
Education	College Graduate	34	35.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	37	69	—
	Voter Participation	25	60.5%	60.0%
Clinical Care		33	0.113	
Access to Care	Adequate Prenatal Care	18	79.0%	75.0%
	Avoided Care Due to Cost	33	19.2%	18.5%
	Maternity Care Desert*	14	0.5	3.5
	Uninsured	27	10.1%	11.2%
	Women's Health Providers	18	54.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	47	65.0%	69.7%
	Dental Visit	7	70.7%	65.6%
	Flu Vaccination	27	33.9%	33.9%
	Postpartum Visit*	18	92.2%	90.3%
	Well-Woman Visit	45	68.9%	73.4%
Quality of Care	Breastfeeding Initiation	10	90.1%	85.4%
	Dedicated Health Care Provider	38	76.5%	77.9%
	Low-Risk Cesarean Delivery	4	20.5%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		1	1.093	
Nutrition and Physical Activity	Exercise	4	31.9%	27.6%
	Fruit and Vegetable Consumption	33	8.1%	9.8%
	Physical Inactivity	1	14.0%	22.0%
Sexual Health	Chlamydia	5	875.3	1,481.2
	High-Risk HIV Behaviors	6	6.9%	8.5%
	Unintended Pregnancy*	7	19.5%	—
Sleep Health	Insufficient Sleep	16	34.1%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	1	3.7%	8.4%
	Cigarette Smoking During Pregnancy	5	1.1%	2.4%
	E-Cigarette Use	3	8.6%	11.7%
Health Outcomes		5	0.535	
Behavioral Health	Drug Deaths*	7	17.7	25.0
	Excessive Drinking	1	12.5%	18.1%
	Frequent Mental Distress	20	23.2%	23.2%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	38	25.2%	20.3%
	Postpartum Depression*	42	15.7%	11.9%
Mortality	Maternal Mortality*	2	12.2	23.1
	Mortality Rate	5	75.7	98.0
Physical Health	Depression*	34	37.8%	30.6%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	34	11.4%	10.1%
	High Blood Pressure	3	9.0%	11.8%
	High Health Status*	7	53.6%	49.4%
	Multiple Chronic Conditions	16	4.2%	4.5%
	Obesity	6	27.5%	32.6%
	Severe Maternal Morbidity*	2	59.1	97.8
Overall - Women		4	0.520	

UT Overall - Women and Children

7 0.495

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		9	0.499	
Community and Family Safety	Child Victimization*	30	9.4	7.2
	Firearm Deaths*	9	3.7	5.5
	Injury Deaths	9	14.7	17.8
Economic Resources	Children in Poverty	2	8.6%	15.5%
	Children in Poverty - Racial Disparity	44	4.8	3.0
	Food Sufficiency	15	69.3%	66.6%
	Students Experiencing Homelessness	18	2.3%	3.2%
	WIC Coverage	43	43.3%	54.5%
Education	Early Childhood Education	35	43.4%	49.3%
	Fourth Grade Reading Proficiency	3	36.3%	30.5%
	High School Completion	11	93.6%	89.9%
Social Support and Engagement	Adult Mentor*	18	91.7%	88.0%
	Adverse Childhood Experiences	9	12.5%	14.1%
	Foster Care Instability	35	23.4%	18.7%
	High-Speed Internet	10	97.5%	96.6%
	Neighborhood Amenities	5	52.7%	38.2%
	Reading, Singing or Storytelling*	17	63.8%	59.7%
Clinical Care		30	0.102	
Access to Care	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	45	78.3%	83.3%
	Pediatricians	38	87.3	118.2
	Uninsured	35	6.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	11	73.0%	68.0%
	HPV Vaccination	39	57.5%	62.9%
	Preventive Dental Visit	18	83.0%	80.2%
	Well-Child Visit	33	78.7%	79.6%
Quality of Care	Adequate Insurance	47	60.4%	64.6%
	Developmental Screening	23	40.4%	36.5%
	Medical Home	3	53.9%	45.5%
Behaviors		7	0.698	
Nutrition and Physical Activity	Breastfed	17	31.1%	27.9%
	Physical Activity	49	15.7%	19.7%
	Soda Consumption*	5	6.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	10	8.2	12.6
Sleep Health	Adequate Sleep	6	71.9%	65.3%
	Sleep Position*	6	79.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	1	5.7%	16.8%
	Tobacco Use	1	1.1%	1.9%
Health Outcomes		8	0.484	
Behavioral Health	Alcohol Use	1	3.4%	6.8%
	Flourishing	49	62.3%	66.7%
	Illicit Drug Use	1	5.0%	7.4%
	Mental Health Conditions	41	24.8%	20.5%
	Teen Suicide*	39	14.9	9.7
Mortality	Child Mortality	12	25.6	28.7
	Infant Mortality	16	5.1	5.6
	Neonatal Mortality*	25	3.7	3.6
Physical Health	Asthma	30	70%	6.8%
	Congenital Syphilis*	14	35.0	105.8
	High Health Status*	6	92.7%	89.9%
	Low Birth Weight	7	7.2%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	15	4.7	5.1
	Overweight or Obesity	2	24.6%	31.3%
Overall - Children		10	0.448	

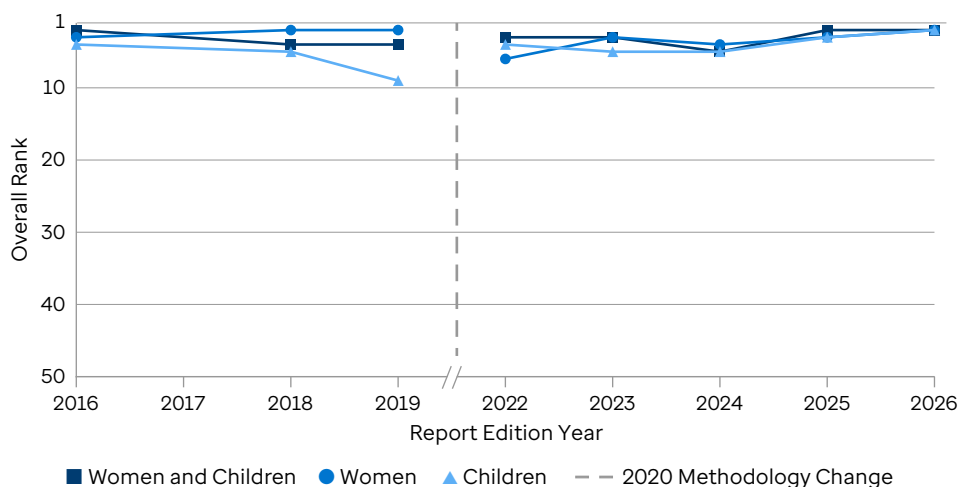
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low infant mortality rate
- Low prevalence of children in poverty
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of illicit drug use among adolescents
- High injury death rate among women
- High prevalence of cigarette smoking during pregnancy

Key Findings

Students Experiencing Homelessness

92%▲

from 1.2% to 2.3% of public school students between the 2015-2016 and 2023-2024 school years.

Teen Births

56%▼

from 14.2 to 6.3 births per 1,000 females ages 15-19 between 2014 and 2024.

Frequent Mental Distress

73%▲

from 14.2% to 24.6% of women ages 18-44 between 2013-2014 and 2023-2024.

Well-Woman Visit

16%▲

from 66.0% to 76.4% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	5	0.484	
Air and Water Quality			
Air Pollution	8	6.0	8.8
Drinking Water Violations	15	1.8	2.5
Household Smoke	30	12.4%	10.3%
Water Fluoridation	38	56.7%	72.3%
Climate and Health			
Climate Policies	1	4	—
Transportation Energy Use*	6	6.6	8.3
Housing and Transportation			
Drive Alone to Work - Women	12	65.5%	67.4%
Housing Cost Burden - Households With Children	2	18.8%	27.7%
Housing With Lead Risk	39	21.5%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		1	1.178	
Community and Family Safety	Firearm Deaths*	—	—	5.9
	Injury Deaths	34	59.3	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	2	3.7%	25.8%
	Food Insecurity	3	9.4%	13.3%
	Gender Pay Gap*	2	90.7%	83.0%
	Poverty	12	12.2%	14.4%
	Unemployment	2	1.8%	3.9%
Education	College Graduate	2	53.6%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	44	16%	12%
	Residential Segregation - Black/White	23	63	—
	Voter Participation	7	675%	60.0%
Clinical Care		1	1.462	
Access to Care	Adequate Prenatal Care	3	86.8%	75.0%
	Avoided Care Due to Cost	4	11.8%	18.5%
	Maternity Care Desert*	15	0.7	3.5
	Uninsured	2	4.5%	11.2%
	Women's Health Providers	2	74.0	48.1
Preventive Clinical Care	Cervical Cancer Screening	9	72.2%	69.7%
	Dental Visit	18	68.4%	65.6%
	Flu Vaccination	2	48.5%	33.9%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	11	76.4%	73.4%
Quality of Care	Breastfeeding Initiation	4	91.8%	85.4%
	Dedicated Health Care Provider	2	89.4%	77.9%
	Low-Risk Cesarean Delivery	13	23.7%	26.6%
	Maternity Practices Score	2	90	82
Behaviors		2	0.745	
Nutrition and Physical Activity	Exercise	6	31.0%	27.6%
	Fruit and Vegetable Consumption	1	16.8%	9.8%
	Physical Inactivity	1	14.0%	22.0%
Sexual Health	Chlamydia	3	679.1	1,481.2
	High-Risk HIV Behaviors	34	9.1%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	1	28.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	23	9.7%	8.4%
	Cigarette Smoking During Pregnancy	46	5.9%	2.4%
	E-Cigarette Use	6	9.5%	11.7%
Health Outcomes		29	-0.282	
Behavioral Health	Drug Deaths*	41	38.6	25.0
	Excessive Drinking	43	21.3%	18.1%
	Frequent Mental Distress	30	24.6%	23.2%
	Illicit Drug Use	48	17.2%	10.5%
	Postpartum Anxiety*	24	21.3%	20.3%
	Postpartum Depression*	3	8.4%	11.9%
Mortality	Maternal Mortality*	—	—	23.1
	Mortality Rate	34	119.5	98.0
Physical Health	Depression*	47	41.2%	30.6%
	Diabetes*	3	2.5%	3.6%
	Frequent Physical Distress	17	9.5%	10.1%
	High Blood Pressure	8	9.7%	11.8%
	High Health Status*	1	58.8%	49.4%
	Multiple Chronic Conditions	21	4.5%	4.5%
	Obesity	4	27.4%	32.6%
	Severe Maternal Morbidity*	—	—	97.8
Overall - Women		2	0.675	

VT Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		3	0.735	
Community and Family Safety	Child Victimization*	18	5.4	7.2
	Firearm Deaths*	—	—	5.5
	Injury Deaths	10	15.0	17.8
Economic Resources	Children in Poverty	3	9.1%	15.5%
	Children in Poverty - Racial Disparity	32	3.6	3.0
	Food Sufficiency	4	72.8%	66.6%
	Students Experiencing Homelessness	18	2.3%	3.2%
	WIC Coverage	1	79.1%	54.5%
Education	Early Childhood Education	1	71.1%	49.3%
	Fourth Grade Reading Proficiency	27	30.5%	30.5%
	High School Completion	3	94.7%	89.9%
Social Support and Engagement	Adult Mentor*	11	92.9%	88.0%
	Adverse Childhood Experiences	24	15.2%	14.1%
	Foster Care Instability	36	23.5%	18.7%
	High-Speed Internet	11	97.4%	96.6%
	Neighborhood Amenities	34	31.9%	38.2%
	Reading, Singing or Storytelling*	1	74.9%	59.7%
Clinical Care		1	1.605	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	25	85.2%	83.3%
	Pediatricians	6	159.8	118.2
	Uninsured	3	2.6%	6.0%
Preventive Clinical Care	Childhood Immunizations	3	80.6%	68.0%
	HPV Vaccination	7	71.7%	62.9%
	Preventive Dental Visit	2	87.9%	80.2%
	Well-Child Visit	1	92.0%	79.6%
Quality of Care	Adequate Insurance	2	72.7%	64.6%
	Developmental Screening	1	65.6%	36.5%
	Medical Home	1	57.8%	45.5%
Behaviors		1	1.244	
Nutrition and Physical Activity	Breastfed	4	35.7%	27.9%
	Physical Activity	3	25.7%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	2	72.1%	85.6%
	Teen Births	3	6.3	12.6
Sleep Health	Adequate Sleep	3	72.9%	65.3%
	Sleep Position*	3	80.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	11	16.1%	16.8%
	Tobacco Use	25	2.0%	1.9%
Health Outcomes		27	-0.139	
Behavioral Health	Alcohol Use	49	9.4%	6.8%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	48	11.1%	7.4%
	Mental Health Conditions	49	28.0%	20.5%
	Teen Suicide*	—	—	9.7
Mortality	Child Mortality	11	24.9	28.7
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	2	2.1	3.6
Physical Health	Asthma	43	8.3%	6.8%
	Congenital Syphilis*	1	0.0	105.8
	High Health Status*	5	92.8%	89.9%
	Low Birth Weight	7	7.2%	8.5%
	Low Birth Weight - Racial Disparity	1	1.4	2.1
	Neonatal Abstinence Syndrome*	—	—	5.1
	Overweight or Obesity	8	27.9%	31.3%
Overall - Children		2	0.652	

2 0.681

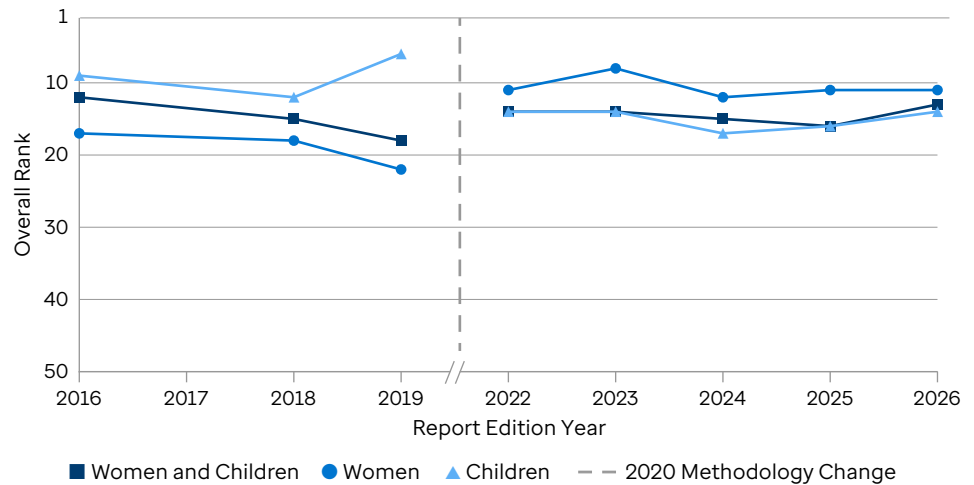
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High prevalence of food sufficiency among children
- Low prevalence of women in poverty
- High prevalence of well-woman visits

Challenges

- High prevalence of multiple chronic conditions among women
- Low WIC coverage among eligible children ages 0-4
- Low prevalence of preventive dental visits among children

Key Findings

Frequent Mental Distress

98%▲

from 12.2% to 24.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Cigarette Smoking

56%▼

from 18.3% to 8.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Injury Deaths

34%▲

from 12.1 to 16.2 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Neonatal Abstinence Syndrome

30%▼

from 6.7 to 4.7 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		3	0.570	
Air and Water Quality	Air Pollution	13	72	8.8
	Drinking Water Violations	31	21	2.5
	Household Smoke	12	9.1%	10.3%
	Water Fluoridation	5	95.6%	72.3%
Climate and Health	Climate Policies	13	3	—
	Transportation Energy Use*	29	8.6	8.3
Housing and Transportation	Drive Alone to Work - Women	15	66.8%	67.4%
	Housing Cost Burden - Households With Children	31	25.4%	27.7%
	Housing With Lead Risk	19	12.6%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		5	0.789	
Community and Family Safety	Firearm Deaths*	17	5.5	5.9
	Injury Deaths	14	42.7	47.0
	Intimate Partner Violence Before Pregnancy*	4	1.6%	—
Economic Resources	Concentrated Disadvantage	16	15.6%	25.8%
	Food Insecurity	22	12.4%	13.3%
	Gender Pay Gap*	33	81.5%	83.0%
	Poverty	14	12.5%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	5	45.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	3	52	—
	Voter Participation	15	63.7%	60.0%
Clinical Care		16	0.433	
Access to Care	Adequate Prenatal Care	14	79.5%	75.0%
	Avoided Care Due to Cost	20	16.7%	18.5%
	Maternity Care Desert*	39	7.4	3.5
	Uninsured	21	9.1%	11.2%
	Women's Health Providers	23	48.3	48.1
Preventive Clinical Care	Cervical Cancer Screening	30	69.5%	69.7%
	Dental Visit	22	67.6%	65.6%
	Flu Vaccination	14	38.6%	33.9%
	Postpartum Visit*	24	91.3%	90.3%
	Well-Woman Visit	9	77.3%	73.4%
Quality of Care	Breastfeeding Initiation	12	89.7%	85.4%
	Dedicated Health Care Provider	30	79.3%	77.9%
	Low-Risk Cesarean Delivery	29	26.2%	26.6%
	Maternity Practices Score	24	82	82
Behaviors		17	0.201	
Nutrition and Physical Activity	Exercise	21	28.3%	27.6%
	Fruit and Vegetable Consumption	27	9.0%	9.8%
	Physical Inactivity	25	20.5%	22.0%
Sexual Health	Chlamydia	29	1,481.6	1,481.2
	High-Risk HIV Behaviors	7	7.2%	8.5%
	Unintended Pregnancy*	23	39.2%	—
Sleep Health	Insufficient Sleep	28	36.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	16	8.0%	8.4%
	Cigarette Smoking During Pregnancy	16	2.1%	2.4%
	E-Cigarette Use	11	11.0%	11.7%
Health Outcomes		27	-0.163	
Behavioral Health	Drug Deaths*	19	23.5	25.0
	Excessive Drinking	35	19.3%	18.1%
	Frequent Mental Distress	26	24.1%	23.2%
	Illicit Drug Use	16	10.0%	10.5%
	Postpartum Anxiety*	31	24.1%	20.3%
	Postpartum Depression*	33	13.1%	11.9%
Mortality	Maternal Mortality*	42	32.4	23.1
	Mortality Rate	17	90.7	98.0
Physical Health	Depression*	19	32.1%	30.6%
	Diabetes*	20	3.0%	3.6%
	Frequent Physical Distress	23	9.9%	10.1%
	High Blood Pressure	41	14.2%	11.8%
	High Health Status*	2	54.4%	49.4%
	Multiple Chronic Conditions	28	5.1%	4.5%
	Obesity	16	32.1%	32.6%
	Severe Maternal Morbidity*	18	89.1	97.8
Overall - Women		11	0.350	

VA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		11	0.440	
Community and Family Safety	Child Victimization*	4	2.4	7.2
	Firearm Deaths*	22	5.6	5.5
	Injury Deaths	18	16.2	17.8
Economic Resources	Children in Poverty	14	11.7%	15.5%
	Children in Poverty - Racial Disparity	12	2.9	3.0
	Food Sufficiency	1	76.2%	66.6%
	Students Experiencing Homelessness	7	1.7%	3.2%
	WIC Coverage	34	46.6%	54.5%
Education	Early Childhood Education	18	48.6%	49.3%
	Fourth Grade Reading Proficiency	25	30.7%	30.5%
	High School Completion	26	91.7%	89.9%
Social Support and Engagement	Adult Mentor*	18	91.7%	88.0%
	Adverse Childhood Experiences	9	12.5%	14.1%
	Foster Care Instability	18	14.9%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	25	36.9%	38.2%
	Reading, Singing or Storytelling*	5	68.8%	59.7%
Clinical Care		24	0.255	
Access to Care	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	1	93.0%	83.3%
	Pediatricians	23	113.7	118.2
	Uninsured	23	5.2%	6.0%
Preventive Clinical Care	Childhood Immunizations	20	70.4%	68.0%
	HPV Vaccination	5	71.9%	62.9%
	Preventive Dental Visit	32	79.4%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	14	67.2%	64.6%
	Developmental Screening	37	35.4%	36.5%
	Medical Home	35	46.5%	45.5%
Behaviors		23	0.210	
Nutrition and Physical Activity	Breastfed	23	29.9%	27.9%
	Physical Activity	32	19.6%	19.7%
	Soda Consumption*	11	9.1%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	16	88.3%	85.6%
	Teen Births	20	10.7	12.6
Sleep Health	Adequate Sleep	31	65.2%	65.3%
	Sleep Position*	33	68.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	3	8.1%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		25	-0.065	
Behavioral Health	Alcohol Use	29	7.1%	6.8%
	Flourishing	22	66.3%	66.7%
	Illicit Drug Use	23	7.4%	7.4%
	Mental Health Conditions	37	24.4%	20.5%
	Teen Suicide*	13	9.8	9.7
Mortality	Child Mortality	19	27.5	28.7
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	35	4.0	3.6
Physical Health	Asthma	18	6.4%	6.8%
	Congenital Syphilis*	9	22.0	105.8
	High Health Status*	20	91.1%	89.9%
	Low Birth Weight	25	8.4%	8.5%
	Low Birth Weight - Racial Disparity	42	2.2	2.1
	Neonatal Abstinence Syndrome*	15	4.7	5.1
	Overweight or Obesity	5	27.1%	31.3%
Overall - Children		14	0.289	

13 0.293

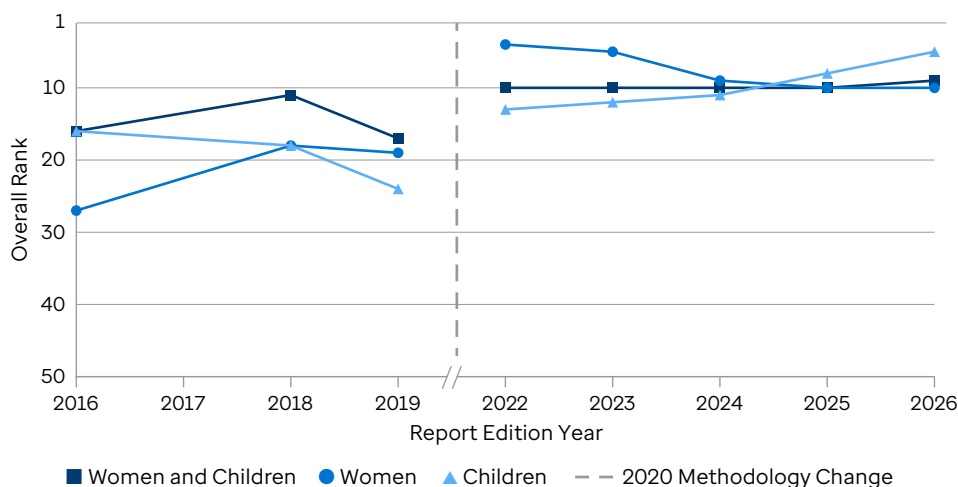
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of low birth weight infants
- Low prevalence of women in poverty
- Low prevalence of tobacco use among adolescents

Challenges

- High prevalence of unemployment among women
- Low prevalence of physical activity among children
- Low prevalence of well-woman visits

Key Findings

Severe Maternal Morbidity

72%▲

from 58.7 to 100.9 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Cigarette Smoking

61%▼

from 15.8% to 6.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Uninsured Children

50%▲

from 2.6% to 3.9% of children ages 0-18 between 2017 and 2024.

Children in Poverty

39%▼

from 18.8% to 11.4% of children ages 0-17 between 2013 and 2024.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		4	0.504	
Air and Water Quality	Air Pollution	19	7.7	8.8
	Drinking Water Violations	15	1.8	2.5
	Household Smoke	7	8.1%	10.3%
	Water Fluoridation	33	64.4%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	23	8.0	8.3
Housing and Transportation	Drive Alone to Work - Women	6	63.0%	67.4%
	Housing Cost Burden - Households With Children	38	28.7%	27.7%
	Housing With Lead Risk	21	13.3%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		12	0.512	
Community and Family Safety	Firearm Deaths*	11	4.9	5.9
	Injury Deaths	16	472	470
	Intimate Partner Violence Before Pregnancy*	9	2.3%	—
Economic Resources	Concentrated Disadvantage	15	15.2%	25.8%
	Food Insecurity	13	11.0%	13.3%
	Gender Pay Gap*	36	81.3%	83.0%
	Poverty	8	11.6%	14.4%
	Unemployment	47	4.8%	3.9%
Education	College Graduate	13	42.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	41	15%	12%
	Residential Segregation - Black/White	14	59	—
	Voter Participation	9	66.6%	60.0%
Clinical Care		22	0.363	
Access to Care	Adequate Prenatal Care	44	71.0%	75.0%
	Avoided Care Due to Cost	18	15.8%	18.5%
	Maternity Care Desert*	16	0.8	3.5
	Uninsured	17	8.4%	11.2%
	Women's Health Providers	15	579	48.1
Preventive Clinical Care	Cervical Cancer Screening	43	66.5%	69.7%
	Dental Visit	10	70.2%	65.6%
	Flu Vaccination	6	41.6%	33.9%
	Postpartum Visit*	27	91.0%	90.3%
	Well-Woman Visit	43	69.2%	73.4%
Quality of Care	Breastfeeding Initiation	2	92.3%	85.4%
	Dedicated Health Care Provider	18	81.7%	77.9%
	Low-Risk Cesarean Delivery	29	26.2%	26.6%
	Maternity Practices Score	11	86	82
Behaviors		5	0.597	
Nutrition and Physical Activity	Exercise	16	29.3%	27.6%
	Fruit and Vegetable Consumption	5	12.3%	9.8%
	Physical Inactivity	11	17.2%	22.0%
Sexual Health	Chlamydia	8	1,025.3	1,481.2
	High-Risk HIV Behaviors	28	8.8%	8.5%
	Unintended Pregnancy*	12	20.2%	—
Sleep Health	Insufficient Sleep	11	33.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	5	6.1%	8.4%
	Cigarette Smoking During Pregnancy	15	2.0%	2.4%
	E-Cigarette Use	15	11.6%	11.7%
Health Outcomes		28	-0.170	
Behavioral Health	Drug Deaths*	29	27.0	25.0
	Excessive Drinking	22	18.2%	18.1%
	Frequent Mental Distress	33	25.0%	23.2%
	Illicit Drug Use	42	13.0%	10.5%
	Postpartum Anxiety*	13	18.7%	20.3%
	Postpartum Depression*	6	9.5%	11.9%
Mortality	Maternal Mortality*	5	15.4	23.1
	Mortality Rate	19	95.5	98.0
Physical Health	Depression*	31	36.2%	30.6%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	37	11.6%	10.1%
	High Blood Pressure	10	9.9%	11.8%
	High Health Status*	26	50.0%	49.4%
	Multiple Chronic Conditions	24	4.8%	4.5%
	Obesity	13	31.0%	32.6%
	Severe Maternal Morbidity*	28	100.9	97.8
Overall - Women		10	0.363	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		13	0.419	
Community and Family Safety	Child Victimization*	3	2.1	7.2
	Firearm Deaths*	12	3.8	5.5
	Injury Deaths	19	16.8	17.8
Economic Resources	Children in Poverty	11	11.4%	15.5%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	9	71.4%	66.6%
	Students Experiencing Homelessness	46	4.2%	3.2%
	WIC Coverage	23	53.9%	54.5%
Education	Early Childhood Education	26	46.7%	49.3%
	Fourth Grade Reading Proficiency	16	32.0%	30.5%
	High School Completion	18	92.3%	89.9%
Social Support and Engagement	Adult Mentor*	35	88.3%	88.0%
	Adverse Childhood Experiences	6	12.3%	14.1%
	Foster Care Instability	10	12.6%	18.7%
	High-Speed Internet	5	97.8%	96.6%
	Neighborhood Amenities	20	38.6%	38.2%
	Reading, Singing or Storytelling*	4	69.0%	59.7%
Clinical Care		14	0.478	
Access to Care	ADD/ADHD Treatment	45	2.5%	3.4%
	Mental Health Treatment*	43	79.4%	83.3%
	Pediatricians	17	123.3	118.2
	Uninsured	15	3.9%	6.0%
Preventive Clinical Care	Childhood Immunizations	17	71.5%	68.0%
	HPV Vaccination	6	71.8%	62.9%
	Preventive Dental Visit	5	86.4%	80.2%
	Well-Child Visit	26	80.1%	79.6%
Quality of Care	Adequate Insurance	9	68.7%	64.6%
	Developmental Screening	30	37.4%	36.5%
	Medical Home	41	44.6%	45.5%
Behaviors		11	0.588	
Nutrition and Physical Activity	Breastfed	13	32.8%	27.9%
	Physical Activity	43	17.4%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	13	9.3	12.6
Sleep Health	Adequate Sleep	13	70.4%	65.3%
	Sleep Position*	26	70.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	3	1.5%	1.9%
Health Outcomes		4	0.668	
Behavioral Health	Alcohol Use	21	6.5%	6.8%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	29	7.9%	7.4%
	Mental Health Conditions	18	20.6%	20.5%
	Teen Suicide*	21	10.8	9.7
Mortality	Child Mortality	14	26.0	28.7
	Infant Mortality	13	4.7	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	2	4.7%	6.8%
	Congenital Syphilis*	26	68.4	105.8
	High Health Status*	28	90.5%	89.9%
	Low Birth Weight	3	7.0%	8.5%
	Low Birth Weight - Racial Disparity	5	1.6	2.1
	Neonatal Abstinence Syndrome*	39	10.1	5.1
	Overweight or Obesity	11	28.7%	31.3%
Overall - Children		5	0.523	

WA Overall - Women and Children

9 0.440

* Unweighted measure that does not contribute to a state's overall rank.
— Data not available, missing or suppressed.

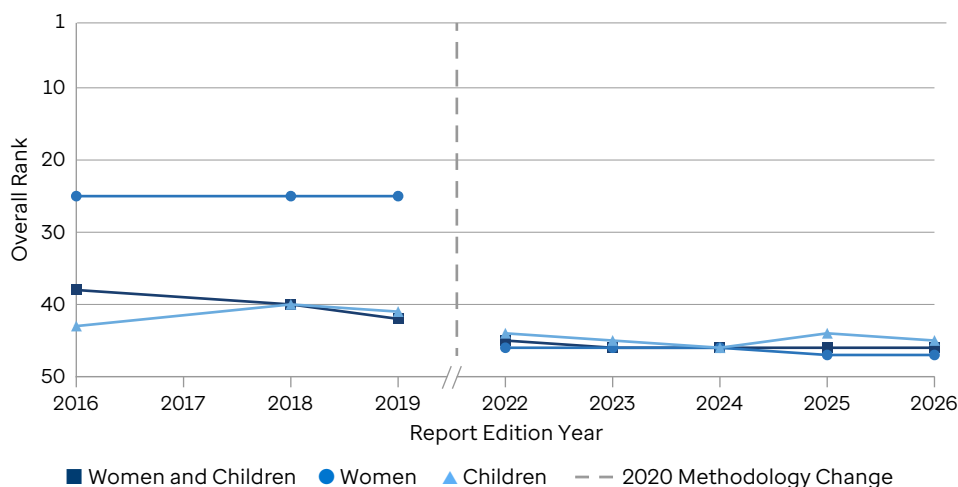
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of unemployment among women
- High prevalence of physical activity among children
- Low prevalence of uninsured children

Challenges

- High prevalence of obesity among women
- High prevalence of children in poverty
- High prevalence of e-cigarette use among women

Key Findings

Students Experiencing Homelessness

82%▲

from 3.4% to 6.2% of public school students between the 2015-2016 and 2023-2024 school years.

Neonatal Abstinence Syndrome

45%▼

from 46.2 to 25.3 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Cigarette Smoking During Pregnancy

61%▼

from 27.1% to 10.5% of women with a recent live birth between 2014 and 2024.

Depression

38%▲

from 34.3% to 47.4% of women ages 18-44 between 2017-2018 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	45	-0.279	
Air and Water Quality	Air Pollution	7.7	8.8
	Drinking Water Violations	3.0	2.5
	Household Smoke	21.9%	10.3%
	Water Fluoridation	90.5%	72.3%
Climate and Health	Climate Policies	0	—
	Transportation Energy Use*	10.2	8.3
Housing and Transportation	Drive Alone to Work - Women	75.3%	67.4%
	Housing Cost Burden - Households With Children	18.0%	27.7%
	Housing With Lead Risk	19.7%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-0.798	
Community and Family Safety	Firearm Deaths*	26	74	5.9
	Injury Deaths	49	103.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	32	25.7%	25.8%
	Food Insecurity	38	14.1%	13.3%
	Gender Pay Gap*	47	76.2%	83.0%
	Poverty	48	21.0%	14.4%
	Unemployment	4	2.7%	3.9%
Education	College Graduate	50	26.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	4	9%	12%
	Residential Segregation - Black/White	23	63	—
	Voter Participation	49	49.6%	60.0%
Clinical Care		37	-0.154	
Access to Care	Adequate Prenatal Care	10	81.8%	75.0%
	Avoided Care Due to Cost	33	19.2%	18.5%
	Maternity Care Desert*	49	170	3.5
	Uninsured	20	8.8%	11.2%
	Women's Health Providers	41	40.9	48.1
Preventive Clinical Care	Cervical Cancer Screening	18	71.0%	69.7%
	Dental Visit	43	63.0%	65.6%
	Flu Vaccination	37	30.0%	33.9%
	Postpartum Visit*	30	90.0%	90.3%
	Well-Woman Visit	24	74.5%	73.4%
Quality of Care	Breastfeeding Initiation	45	74.8%	85.4%
	Dedicated Health Care Provider	13	83.1%	77.9%
	Low-Risk Cesarean Delivery	44	29.2%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		46	-0.843	
Nutrition and Physical Activity	Exercise	47	22.1%	27.6%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	37	24.0%	22.0%
Sexual Health	Chlamydia	6	915.1	1,481.2
	High-Risk HIV Behaviors	1	5.3%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	47	41.5%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	50	22.7%	8.4%
	Cigarette Smoking During Pregnancy	50	10.5%	2.4%
	E-Cigarette Use	50	19.5%	11.7%
Health Outcomes		47	-1.306	
Behavioral Health	Drug Deaths*	50	75.2	25.0
	Excessive Drinking	2	13.7%	18.1%
	Frequent Mental Distress	49	30.4%	23.2%
	Illicit Drug Use	38	11.9%	10.5%
	Postpartum Anxiety*	19	19.7%	20.3%
	Postpartum Depression*	29	12.7%	11.9%
Mortality	Maternal Mortality*	27	24.7	23.1
	Mortality Rate	48	173.2	98.0
Physical Health	Depression*	50	47.4%	30.6%
	Diabetes*	50	6.7%	3.6%
	Frequent Physical Distress	47	13.0%	10.1%
	High Blood Pressure	44	15.3%	11.8%
	High Health Status*	49	44.6%	49.4%
	Multiple Chronic Conditions	49	9.5%	4.5%
	Obesity	50	43.4%	32.6%
	Severe Maternal Morbidity*	25	99.5	97.8
Overall - Women		47	-0.721	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		48	-1.022	
Community and Family Safety	Child Victimization*	47	14.7	7.2
	Firearm Deaths*	9	3.7	5.5
	Injury Deaths	21	170	17.8
Economic Resources	Children in Poverty	47	21.6%	15.5%
	Children in Poverty - Racial Disparity	3	2.5	3.0
	Food Sufficiency	48	54.8%	66.6%
	Students Experiencing Homelessness	49	6.2%	3.2%
	WIC Coverage	10	60.5%	54.5%
Education	Early Childhood Education	48	37.3%	49.3%
	Fourth Grade Reading Proficiency	46	24.6%	30.5%
	High School Completion	38	90.1%	89.9%
Social Support and Engagement	Adult Mentor*	5	94.4%	88.0%
	Adverse Childhood Experiences	48	22.5%	14.1%
	Foster Care Instability	37	24.3%	18.7%
	High-Speed Internet	30	96.6%	96.6%
	Neighborhood Amenities	47	19.1%	38.2%
	Reading, Singing or Storytelling*	36	58.0%	59.7%
Clinical Care		11	0.590	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	29	84.5%	83.3%
	Pediatricians	34	92.2	118.2
	Uninsured	7	2.8%	6.0%
Preventive Clinical Care	Childhood Immunizations	18	71.4%	68.0%
	HPV Vaccination	43	55.6%	62.9%
	Preventive Dental Visit	28	80.5%	80.2%
	Well-Child Visit	6	84.3%	79.6%
Quality of Care	Adequate Insurance	10	68.2%	64.6%
	Developmental Screening	7	47.9%	36.5%
	Medical Home	10	51.6%	45.5%
Behaviors		45	-0.838	
Nutrition and Physical Activity	Breastfed	49	19.6%	27.9%
	Physical Activity	6	24.3%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	41	178	12.6
Sleep Health	Adequate Sleep	42	61.4%	65.3%
	Sleep Position*	39	66.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	50	3.2%	1.9%
Health Outcomes		38	-0.319	
Behavioral Health	Alcohol Use	2	4.7%	6.8%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	7	5.9%	7.4%
	Mental Health Conditions	48	26.8%	20.5%
	Teen Suicide*	14	10.1	9.7
Mortality	Child Mortality	29	30.3	28.7
	Infant Mortality	35	6.5	5.6
	Neonatal Mortality*	40	4.2	3.6
Physical Health	Asthma	31	7.1%	6.8%
	Congenital Syphilis*	35	106.3	105.8
	High Health Status*	44	88.2%	89.9%
	Low Birth Weight	46	10.0%	8.5%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	45	25.3	5.1
	Overweight or Obesity	48	39.7%	31.3%
Overall - Children		45	-0.502	

WV Overall - Women and Children

46 -0.640

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

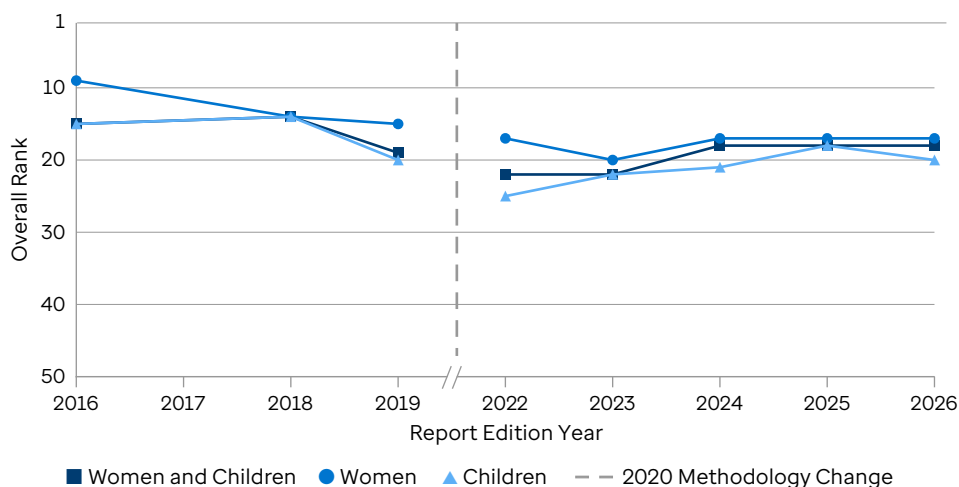
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Summary

Strengths

- High prevalence of high school completion
- Low prevalence of uninsured women
- Low housing cost burden among households with children

Challenges

- High prevalence of excessive drinking among women
- High prevalence of obesity among women
- Low prevalence of households with children that have high-speed internet

Key Findings

Cigarette Smoking During Pregnancy

75%▼

from 13.1% to 3.3% of women with a recent live birth between 2014 and 2024.

Neonatal Abstinence Syndrome

49%▼

from 8.5 to 4.3 diagnoses per 1,000 birth hospitalizations between 2017 and 2023.

Severe Maternal Morbidity

35%▲

from 61.3 to 82.7 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Injury Deaths

24%▲

from 13.6 to 16.9 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	29	0.044	
Air and Water Quality	Air Pollution	39	8.6
	Drinking Water Violations	6	1.4
	Household Smoke	32	12.6%
	Water Fluoridation	19	84.6%
Climate and Health	Climate Policies	27	1
	Transportation Energy Use*	8	70
Housing and Transportation	Drive Alone to Work - Women	33	73.1%
	Housing Cost Burden - Households With Children	7	20.0%
	Housing With Lead Risk	38	20.8%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		16	0.408	
Community and Family Safety	Firearm Deaths*	19	6.2	5.9
	Injury Deaths	16	472	470
	Intimate Partner Violence Before Pregnancy*	17	4.1%	—
Economic Resources	Concentrated Disadvantage	14	13.4%	25.8%
	Food Insecurity	19	12.0%	13.3%
	Gender Pay Gap*	37	81.0%	83.0%
	Poverty	19	13.4%	14.4%
	Unemployment	7	2.8%	3.9%
Education	College Graduate	18	40.7%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	36	14%	12%
	Residential Segregation - Black/White	48	77	—
	Voter Participation	4	68.9%	60.0%
Clinical Care		9	0.630	
Access to Care	Adequate Prenatal Care	8	82.5%	75.0%
	Avoided Care Due to Cost	11	15.2%	18.5%
	Maternity Care Desert*	25	3.5	3.5
	Uninsured	11	7.5%	11.2%
	Women's Health Providers	21	48.9	48.1
Preventive Clinical Care	Cervical Cancer Screening	16	71.3%	69.7%
	Dental Visit	33	66.0%	65.6%
	Flu Vaccination	12	39.5%	33.9%
	Postpartum Visit*	23	91.4%	90.3%
	Well-Woman Visit	28	74.1%	73.4%
Quality of Care	Breastfeeding Initiation	28	85.0%	85.4%
	Dedicated Health Care Provider	22	80.7%	77.9%
	Low-Risk Cesarean Delivery	7	22.6%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		21	0.026	
Nutrition and Physical Activity	Exercise	33	26.5%	27.6%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	27	20.8%	22.0%
Sexual Health	Chlamydia	25	1,417.1	1,481.2
	High-Risk HIV Behaviors	26	8.7%	8.5%
	Unintended Pregnancy*	14	20.9%	—
Sleep Health	Insufficient Sleep	7	32.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	22	9.1%	8.4%
	Cigarette Smoking During Pregnancy	28	3.3%	2.4%
	E-Cigarette Use	23	12.6%	11.7%
Health Outcomes		22	-0.079	
Behavioral Health	Drug Deaths*	24	26.1	25.0
	Excessive Drinking	41	20.6%	18.1%
	Frequent Mental Distress	35	25.5%	23.2%
	Illicit Drug Use	9	8.9%	10.5%
	Postpartum Anxiety*	42	26.1%	20.3%
	Postpartum Depression*	31	12.9%	11.9%
Mortality	Maternal Mortality*	11	176	23.1
	Mortality Rate	13	88.5	98.0
Physical Health	Depression*	32	37.0%	30.6%
	Diabetes*	1	2.4%	3.6%
	Frequent Physical Distress	19	9.6%	10.1%
	High Blood Pressure	11	10.1%	11.8%
	High Health Status*	20	51.1%	49.4%
	Multiple Chronic Conditions	23	4.7%	4.5%
	Obesity	35	36.8%	32.6%
	Severe Maternal Morbidity*	11	82.7	97.8
Overall - Women		17	0.178	

WI Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		16	0.171	
Community and Family Safety	Child Victimization*	6	2.7	7.2
	Firearm Deaths*	21	5.5	5.5
	Injury Deaths	20	16.9	17.8
Economic Resources	Children in Poverty	17	12.2%	15.5%
	Children in Poverty - Racial Disparity	41	4.5	3.0
	Food Sufficiency	21	67.6%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	21	54.5%	54.5%
Education	Early Childhood Education	33	44.1%	49.3%
	Fourth Grade Reading Proficiency	23	31.3%	30.5%
	High School Completion	9	93.7%	89.9%
Social Support and Engagement	Adult Mentor*	21	91.1%	88.0%
	Adverse Childhood Experiences	16	13.5%	14.1%
	Foster Care Instability	27	18.8%	18.7%
	High-Speed Internet	37	96.1%	96.6%
	Neighborhood Amenities	17	39.9%	38.2%
	Reading, Singing or Storytelling*	13	64.2%	59.7%
Clinical Care		12	0.565	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	19	86.0%	83.3%
	Pediatricians	20	116.4	118.2
	Uninsured	17	4.2%	6.0%
Preventive Clinical Care	Childhood Immunizations	6	77.0%	68.0%
	HPV Vaccination	16	67.2%	62.9%
	Preventive Dental Visit	33	79.3%	80.2%
	Well-Child Visit	19	81.1%	79.6%
Quality of Care	Adequate Insurance	36	62.3%	64.6%
	Developmental Screening	12	45.5%	36.5%
	Medical Home	12	51.4%	45.5%
Behaviors		6	0.768	
Nutrition and Physical Activity	Breastfed	20	30.7%	27.9%
	Physical Activity	4	24.9%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	1	70.8%	85.6%
	Teen Births	14	9.7	12.6
Sleep Health	Adequate Sleep	15	70.2%	65.3%
	Sleep Position*	7	78.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	9	15.7%	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		31	-0.196	
Behavioral Health	Alcohol Use	33	7.4%	6.8%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	10	6.2%	7.4%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	23	11.0	9.7
Mortality	Child Mortality	20	27.7	28.7
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	14	6.2%	6.8%
	Congenital Syphilis*	15	41.6	105.8
	High Health Status*	37	89.7%	89.9%
	Low Birth Weight	16	7.8%	8.5%
	Low Birth Weight - Racial Disparity	50	2.6	2.1
	Neonatal Abstinence Syndrome*	13	4.3	5.1
	Overweight or Obesity	39	32.9%	31.3%
Overall - Children		20	0.185	

WI Overall - Women and Children

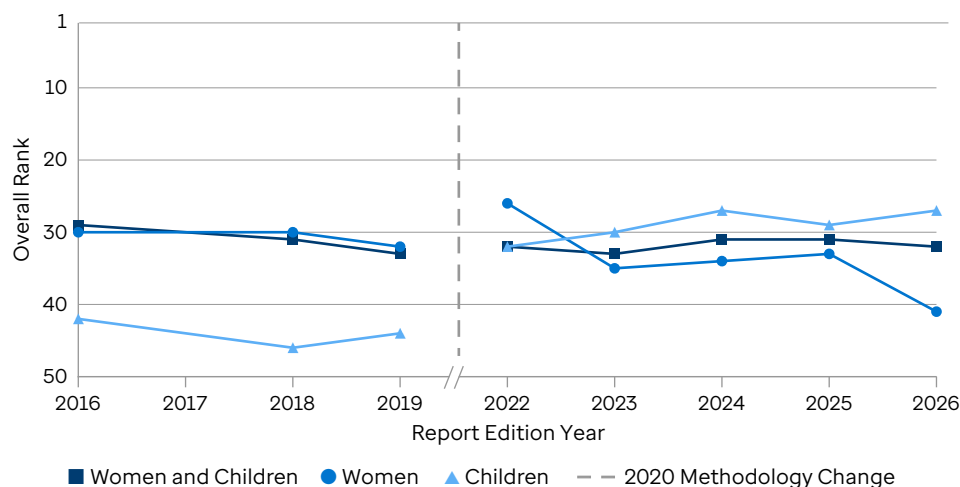
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of low-risk cesarean deliveries
- Low prevalence of children in poverty
- High prevalence of high school completion

Challenges

- High prevalence of multiple chronic conditions among women
- High prevalence of adverse childhood experiences (ACEs) among children
- High prevalence of e-cigarette use among women

Key Findings

Students Experiencing Homelessness

59%▲

from 1.7% to 2.7% of public school students between the 2015-2016 and 2023-2024 school years.

Teen Births

51%▼

from 30.1 to 14.7 births per 1,000 females ages 15-19 between 2014 and 2024.

Frequent Mental Distress

55%▲

from 15.5% to 24.1% of women ages 18-44 between 2013-2014 and 2023-2024.

Well-Woman Visit

17%▲

from 54.6% to 63.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		37	-0.140	
Air and Water Quality	Air Pollution	1	4.1	8.8
	Drinking Water Violations	14	1.7	2.5
	Household Smoke	36	13.4%	10.3%
	Water Fluoridation	40	55.0%	72.3%
Climate and Health	Climate Policies	38	0	—
	Transportation Energy Use*	49	18.8	8.3
Housing and Transportation	Drive Alone to Work - Women	31	72.9%	67.4%
	Housing Cost Burden - Households With Children	39	28.9%	27.7%
	Housing With Lead Risk	25	15.1%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		35	-0.136	
Community and Family Safety	Firearm Deaths*	—	—	5.9
	Injury Deaths	22	48.5	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	7	74%	25.8%
	Food Insecurity	44	15.6%	13.3%
	Gender Pay Gap*	44	78.4%	83.0%
	Poverty	16	12.9%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	39	34.4%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	42	72	—
	Voter Participation	36	57.4%	60.0%
Clinical Care		44	-0.503	
Access to Care	Adequate Prenatal Care	29	77.1%	75.0%
	Avoided Care Due to Cost	42	21.9%	18.5%
	Maternity Care Desert*	30	5.1	3.5
	Uninsured	43	14.9%	11.2%
	Women's Health Providers	29	46.8	48.1
Preventive Clinical Care	Cervical Cancer Screening	42	66.8%	69.7%
	Dental Visit	37	64.7%	65.6%
	Flu Vaccination	34	31.1%	33.9%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	50	63.7%	73.4%
Quality of Care	Breastfeeding Initiation	19	87.9%	85.4%
	Dedicated Health Care Provider	46	75.3%	77.9%
	Low-Risk Cesarean Delivery	8	22.8%	26.6%
	Maternity Practices Score	49	73	82
Behaviors		34	-0.365	
Nutrition and Physical Activity	Exercise	14	29.8%	27.6%
	Fruit and Vegetable Consumption	44	6.8%	9.8%
	Physical Inactivity	19	19.4%	22.0%
Sexual Health	Chlamydia	9	1,066.3	1,481.2
	High-Risk HIV Behaviors	46	11.8%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	8	32.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	32	10.6%	8.4%
	Cigarette Smoking During Pregnancy	45	5.5%	2.4%
	E-Cigarette Use	44	16.4%	11.7%
Health Outcomes		34	-0.564	
Behavioral Health	Drug Deaths*	18	23.1	25.0
	Excessive Drinking	23	18.3%	18.1%
	Frequent Mental Distress	26	24.1%	23.2%
	Illicit Drug Use	34	11.7%	10.5%
	Postpartum Anxiety*	18	19.4%	20.3%
	Postpartum Depression*	19	11.4%	11.9%
Mortality	Maternal Mortality*	44	36.1	23.1
	Mortality Rate	39	124.7	98.0
Physical Health	Depression*	38	38.3%	30.6%
	Diabetes*	24	3.2%	3.6%
	Frequent Physical Distress	45	12.2%	10.1%
	High Blood Pressure	27	12.0%	11.8%
	High Health Status*	4	54.2%	49.4%
	Multiple Chronic Conditions	38	6.3%	4.5%
	Obesity	21	32.8%	32.6%
	Severe Maternal Morbidity*	23	97.1	97.8
Overall - Women		41	-0.338	

WY Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		20	0.094	
Community and Family Safety	Child Victimization*	20	5.6	7.2
	Firearm Deaths*	34	72	5.5
	Injury Deaths	44	26.7	17.8
Economic Resources	Children in Poverty	4	9.5%	15.5%
	Children in Poverty - Racial Disparity	35	4.0	3.0
	Food Sufficiency	41	62.4%	66.6%
	Students Experiencing Homelessness	31	2.7%	3.2%
	WIC Coverage	44	43.3%	54.5%
Education	Early Childhood Education	9	54.8%	49.3%
	Fourth Grade Reading Proficiency	6	35.8%	30.5%
	High School Completion	5	94.4%	89.9%
Social Support and Engagement	Adult Mentor*	3	94.5%	88.0%
	Adverse Childhood Experiences	50	22.8%	14.1%
	Foster Care Instability	—	—	18.7%
	High-Speed Internet	37	96.1%	96.6%
	Neighborhood Amenities	10	45.7%	38.2%
	Reading, Singing or Storytelling*	32	60.4%	59.7%
Clinical Care		47	-0.543	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	13	86.9%	83.3%
	Pediatricians	49	51.5	118.2
	Uninsured	48	9.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	40	65.1%	68.0%
	HPV Vaccination	49	47.1%	62.9%
	Preventive Dental Visit	19	82.9%	80.2%
	Well-Child Visit	39	77.8%	79.6%
Quality of Care	Adequate Insurance	48	59.2%	64.6%
	Developmental Screening	34	36.0%	36.5%
	Medical Home	19	49.6%	45.5%
Behaviors		15	0.518	
Nutrition and Physical Activity	Breastfed	2	36.3%	27.9%
	Physical Activity	4	24.9%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	34	14.7	12.6
Sleep Health	Adequate Sleep	15	70.2%	65.3%
	Sleep Position*	19	73.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	42	2.5%	1.9%
Health Outcomes		28	-0.155	
Behavioral Health	Alcohol Use	35	7.5%	6.8%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	4	5.7%	7.4%
	Mental Health Conditions	37	24.4%	20.5%
	Teen Suicide*	45	24.2	9.7
Mortality	Child Mortality	38	35.6	28.7
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Physical Health	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	13	33.1	105.8
	High Health Status*	11	91.9%	89.9%
	Low Birth Weight	43	9.7%	8.5%
	Low Birth Weight - Racial Disparity	3	1.5	2.1
	Neonatal Abstinence Syndrome*	12	4.2	5.1
	Overweight or Obesity	12	29.2%	31.3%
Overall - Children		27	-0.030	

WY Overall - Women and Children