

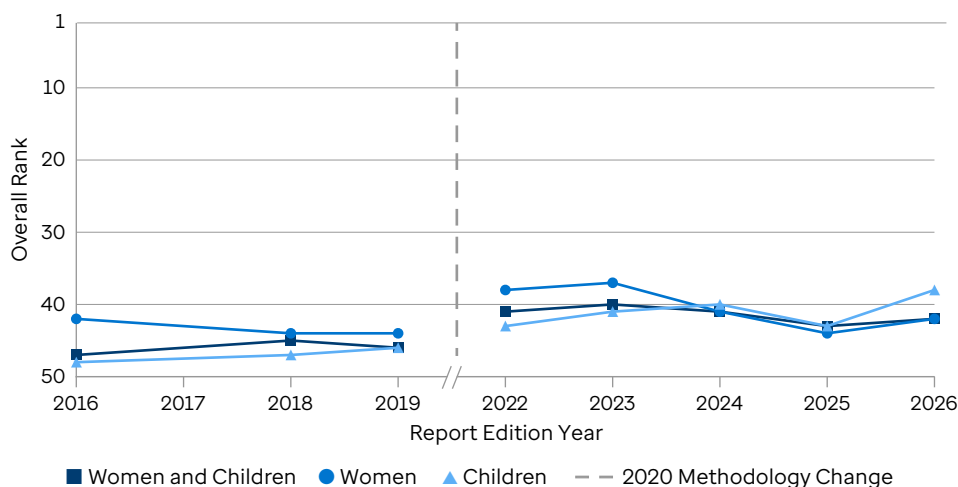
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of mental health conditions among children
- Low prevalence of asthma among children
- Low poverty rate among women

Challenges

- High prevalence of frequent mental distress among women
- Low prevalence of youth who are flourishing
- Low prevalence of well-woman visits

Key Findings

Cigarette Smoking During Pregnancy

63%▼

from 5.1% to 1.9% of women with a recent live birth between 2014 and 2024.

Physical Activity

49%▼

from 25.3% to 12.9% of children ages 6-17 between 2016-2017 and 2023-2024.

Teen Births

56%▼

from 28.5 to 12.5 births per 1,000 females ages 15-19 between 2014 and 2024.

Injury Deaths

48%▲

from 36.3 to 53.9 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	34	-0.030	
Air and Water Quality			
Air Pollution	32	8.4	8.8
Drinking Water Violations	48	4.2	2.5
Household Smoke	25	11.0%	10.3%
Water Fluoridation	27	74.2%	72.3%
Climate and Health			
Climate Policies	13	3	—
Transportation Energy Use*	27	8.3	8.3
Housing and Transportation			
Drive Alone to Work - Women	18	68.2%	67.4%
Housing Cost Burden - Households With Children	46	32.3%	27.7%
Housing With Lead Risk	1	4.5%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		39	-0.336	
Community and Family Safety	Firearm Deaths*	34	8.9	5.9
	Injury Deaths	31	53.9	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	46	33.9%	25.8%
	Food Insecurity	43	15.0%	13.3%
	Gender Pay Gap*	18	82.9%	83.0%
	Poverty	21	13.7%	14.4%
	Unemployment	49	5.2%	3.9%
Education	College Graduate	44	30.6%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	36	14%	12%
	Residential Segregation - Black/White	5	53	—
	Voter Participation	24	61.3%	60.0%
Clinical Care		49	-1.051	
Access to Care	Adequate Prenatal Care	39	73.3%	75.0%
	Avoided Care Due to Cost	48	25.2%	18.5%
	Maternity Care Desert*	28	4.2	3.5
	Uninsured	46	15.4%	11.2%
	Women's Health Providers	46	35.5	48.1
Preventive Clinical Care	Cervical Cancer Screening	39	68.5%	69.7%
	Dental Visit	33	66.0%	65.6%
	Flu Vaccination	45	27.0%	33.9%
	Postpartum Visit*	45	84.6%	90.3%
	Well-Woman Visit	49	65.1%	73.4%
Quality of Care	Breastfeeding Initiation	43	77.1%	85.4%
	Dedicated Health Care Provider	50	62.1%	77.9%
	Low-Risk Cesarean Delivery	40	28.1%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		39	-0.500	
Nutrition and Physical Activity	Exercise	31	26.6%	27.6%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	41	24.6%	22.0%
Sexual Health	Chlamydia	22	1,403.9	1,481.2
	High-Risk HIV Behaviors	23	8.6%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	41	39.6%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	37	11.4%	8.4%
	Cigarette Smoking During Pregnancy	13	1.9%	2.4%
	E-Cigarette Use	35	14.9%	11.7%
Health Outcomes		37	-0.659	
Behavioral Health	Drug Deaths*	30	272	25.0
	Excessive Drinking	40	20.3%	18.1%
	Frequent Mental Distress	44	28.6%	23.2%
	Illicit Drug Use	41	12.8%	10.5%
	Postpartum Anxiety*	31	24.1%	20.3%
	Postpartum Depression*	22	11.6%	11.9%
Mortality	Maternal Mortality*	17	21.2	23.1
	Mortality Rate	32	118.0	98.0
Physical Health	Depression*	7	26.9%	30.6%
	Diabetes*	42	4.6%	3.6%
	Frequent Physical Distress	38	11.7%	10.1%
	High Blood Pressure	28	12.1%	11.8%
	High Health Status*	45	46.1%	49.4%
	Multiple Chronic Conditions	22	4.6%	4.5%
	Obesity	26	33.7%	32.6%
	Severe Maternal Morbidity*	—	—	97.8
Overall - Women		42	-0.495	

NV Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.216	
Community and Family Safety	Child Victimization*	29	8.4	7.2
	Firearm Deaths*	29	6.5	5.5
	Injury Deaths	30	20.2	17.8
Economic Resources	Children in Poverty	27	14.6%	15.5%
	Children in Poverty - Racial Disparity	12	2.9	3.0
	Food Sufficiency	34	64.4%	66.6%
	Students Experiencing Homelessness	39	3.7%	3.2%
	WIC Coverage	35	46.5%	54.5%
Education	Early Childhood Education	43	38.9%	49.3%
	Fourth Grade Reading Proficiency	31	30.0%	30.5%
	High School Completion	48	87.7%	89.9%
Social Support and Engagement	Adult Mentor*	49	83.3%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	17	14.8%	18.7%
	High-Speed Internet	11	97.4%	96.6%
	Neighborhood Amenities	14	41.1%	38.2%
	Reading, Singing or Storytelling*	45	54.0%	59.7%
Clinical Care		50	-1.135	
Access to Care	ADD/ADHD Treatment	46	2.4%	3.4%
	Mental Health Treatment*	21	85.5%	83.3%
	Pediatricians	47	66.6	118.2
	Uninsured	42	8.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	31	67.3%	68.0%
	HPV Vaccination	41	56.1%	62.9%
	Preventive Dental Visit	46	77.4%	80.2%
	Well-Child Visit	50	71.9%	79.6%
Quality of Care	Adequate Insurance	46	60.5%	64.6%
	Developmental Screening	50	20.3%	36.5%
	Medical Home	50	35.6%	45.5%
Behaviors		41	-0.616	
Nutrition and Physical Activity	Breastfed	46	23.9%	27.9%
	Physical Activity	50	12.9%	19.7%
	Soda Consumption*	8	7.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	20	93.3%	85.6%
	Teen Births	27	12.5	12.6
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	38	66.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	7	15.3%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		20	-0.029	
Behavioral Health	Alcohol Use	40	8.1%	6.8%
	Flourishing	43	64.2%	66.7%
	Illicit Drug Use	36	8.3%	7.4%
	Mental Health Conditions	2	14.4%	20.5%
	Teen Suicide*	35	13.4	9.7
Mortality	Child Mortality	31	31.7	28.7
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	4	4.8%	6.8%
	Congenital Syphilis*	45	232.0	105.8
	High Health Status*	38	89.6%	89.9%
	Low Birth Weight	43	9.7%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	—	—	5.1
	Overweight or Obesity	33	32.2%	31.3%
Overall - Children		38	-0.302	

42 -0.431