

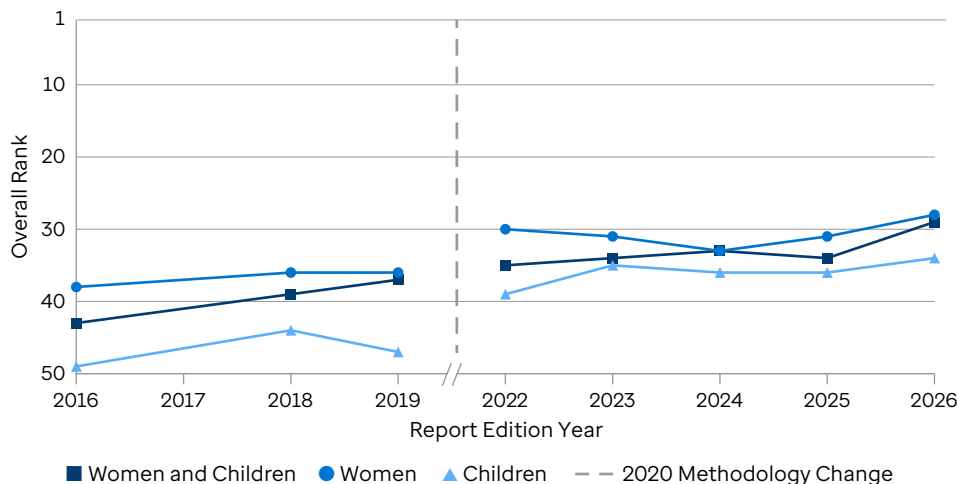
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of alcohol use among adolescents
- Low prevalence of household smoke exposure
- Low prevalence of low-risk cesarean deliveries

Challenges

- Low enrollment in early childhood education
- Low prevalence of cervical cancer screening
- High prevalence of uninsured children

Key Findings

Teen Births

54%▼

from 29.9 to 13.9 births per 1,000 females ages 15-19 between 2014 and 2024.

Neonatal Abstinence Syndrome

42%▲

from 7.2 to 10.2 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Frequent Mental Distress

40%▲

from 15.7% to 22.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Poverty

20%▼

from 16.8% to 13.4% of women ages 18-44 between 2018 and 2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	11	0.298	
Air and Water Quality			
Air Pollution	40	8.7	8.8
Drinking Water Violations	31	2.1	2.5
Household Smoke	10	8.5%	10.3%
Water Fluoridation	37	575%	72.3%
Climate and Health			
Climate Policies	22	2	—
Transportation Energy Use*	16	76	8.3
Housing and Transportation			
Drive Alone to Work - Women	10	65.1%	67.4%
Housing Cost Burden - Households With Children	35	273%	277%
Housing With Lead Risk	2	6.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		26	0.156	
Community and Family Safety	Firearm Deaths*	26	7.4	5.9
	Injury Deaths	32	55.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	41	30.5%	25.8%
	Food Insecurity	30	13.1%	13.3%
	Gender Pay Gap*	17	83.0%	83.0%
	Poverty	19	13.4%	14.4%
	Unemployment	23	3.4%	3.9%
Education	College Graduate	37	34.8%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	30	13%	12%
	Residential Segregation - Black/White	7	54	—
	Voter Participation	26	60.4%	60.0%
Clinical Care		45	-0.585	
Access to Care	Adequate Prenatal Care	43	71.9%	75.0%
	Avoided Care Due to Cost	39	20.9%	18.5%
	Maternity Care Desert*	11	0.3	3.5
	Uninsured	38	13.4%	11.2%
	Women's Health Providers	36	42.2	48.1
Preventive Clinical Care	Cervical Cancer Screening	46	66.3%	69.7%
	Dental Visit	46	59.2%	65.6%
	Flu Vaccination	39	29.2%	33.9%
	Postpartum Visit*	41	87.8%	90.3%
	Well-Woman Visit	44	69.1%	73.4%
Quality of Care	Breastfeeding Initiation	22	87.1%	85.4%
	Dedicated Health Care Provider	41	76.1%	77.9%
	Low-Risk Cesarean Delivery	11	23.4%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		20	0.044	
Nutrition and Physical Activity	Exercise	20	28.6%	27.6%
	Fruit and Vegetable Consumption	28	8.8%	9.8%
	Physical Inactivity	34	22.7%	22.0%
Sexual Health	Chlamydia	39	1,721.1	1,481.2
	High-Risk HIV Behaviors	31	8.9%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	9	33.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	17	8.1%	8.4%
	Cigarette Smoking During Pregnancy	13	1.9%	2.4%
	E-Cigarette Use	16	11.7%	11.7%
Health Outcomes		25	-0.141	
Behavioral Health	Drug Deaths*	26	26.3	25.0
	Excessive Drinking	20	17.9%	18.1%
	Frequent Mental Distress	11	22.0%	23.2%
	Illicit Drug Use	44	13.5%	10.5%
	Postpartum Anxiety*	7	17.6%	20.3%
	Postpartum Depression*	27	12.2%	11.9%
Mortality	Maternal Mortality*	32	28.4	23.1
	Mortality Rate	35	119.9	98.0
Physical Health	Depression*	8	27.2%	30.6%
	Diabetes*	16	2.9%	3.6%
	Frequent Physical Distress	26	10.0%	10.1%
	High Blood Pressure	28	12.1%	11.8%
	High Health Status*	31	49.3%	49.4%
	Multiple Chronic Conditions	13	3.9%	4.5%
	Obesity	18	32.3%	32.6%
	Severe Maternal Morbidity*	14	86.3	97.8
Overall - Women		28	-0.020	

AZ Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		33	-0.169	
Community and Family Safety	Child Victimization*	22	6.2	7.2
	Firearm Deaths*	26	6.4	5.5
	Injury Deaths	36	22.5	17.8
Economic Resources	Children in Poverty	27	14.6%	15.5%
	Children in Poverty - Racial Disparity	34	3.8	3.0
	Food Sufficiency	40	62.5%	66.6%
	Students Experiencing Homelessness	10	2.0%	3.2%
	WIC Coverage	13	59.6%	54.5%
Education	Early Childhood Education	45	38.0%	49.3%
	Fourth Grade Reading Proficiency	44	26.4%	30.5%
	High School Completion	40	89.7%	89.9%
Social Support and Engagement	Adult Mentor*	47	84.3%	88.0%
	Adverse Childhood Experiences	15	13.4%	14.1%
	Foster Care Instability	25	18.4%	18.7%
	High-Speed Internet	31	96.5%	96.6%
	Neighborhood Amenities	23	37.5%	38.2%
	Reading, Singing or Storytelling*	25	61.9%	59.7%
Clinical Care		44	-0.469	
Access to Care	ADD/ADHD Treatment	48	2.0%	3.4%
	Mental Health Treatment*	35	83.3%	83.3%
	Pediatricians	33	92.4	118.2
	Uninsured	49	9.3%	6.0%
Preventive Clinical Care	Childhood Immunizations	24	69.0%	68.0%
	HPV Vaccination	14	67.4%	62.9%
	Preventive Dental Visit	21	82.4%	80.2%
	Well-Child Visit	35	78.3%	79.6%
Quality of Care	Adequate Insurance	38	61.9%	64.6%
	Developmental Screening	41	31.3%	36.5%
	Medical Home	46	41.9%	45.5%
Behaviors		39	-0.524	
Nutrition and Physical Activity	Breastfed	48	22.4%	27.9%
	Physical Activity	48	15.8%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	29	13.9	12.6
Sleep Health	Adequate Sleep	34	63.6%	65.3%
	Sleep Position*	22	72.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	10	1.7%	1.9%
Health Outcomes		17	0.065	
Behavioral Health	Alcohol Use	8	5.8%	6.8%
	Flourishing	23	66.1%	66.7%
	Illicit Drug Use	29	7.9%	7.4%
	Mental Health Conditions	14	20.3%	20.5%
	Teen Suicide*	34	12.8	9.7
Mortality	Child Mortality	32	33.4	28.7
	Infant Mortality	28	5.9	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	18	6.4%	6.8%
	Congenital Syphilis*	47	296.6	105.8
	High Health Status*	50	87.0%	89.9%
	Low Birth Weight	20	7.9%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	40	10.2	5.1
	Overweight or Obesity	36	32.4%	31.3%
Overall - Children		34	-0.113	

AZ Overall - Women and Children