

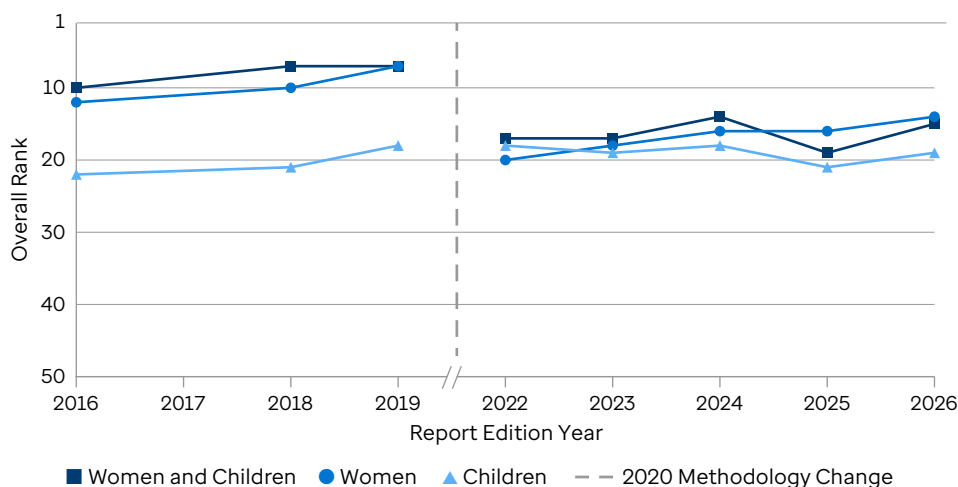
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low child mortality rate
- High WIC coverage among eligible children ages 0-4
- Low prevalence of e-cigarette use among women

Challenges

- High housing cost burden among households with children
- High prevalence of unemployment among women
- Low prevalence of children with a medical home

Key Findings

Children in Poverty

36%▼

from 22.7% to 14.6% of children ages 0-17 between 2014 and 2024.

Injury Deaths

17%▲

from 10.7 to 12.5 deaths per 100,000 children ages 1-19 between 2012-2014 and 2022-2024.

High Health Status

16%▼

from 53.5% to 45.0% of women ages 18-44 between 2013-2014 and 2023-2024.

College Graduate

15%▲

from 35.6% to 40.9% of women ages 25-44 between 2017-2018 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	42	-0.165	
Air and Water Quality	Air Pollution	11.7	8.8
	Drinking Water Violations	2.3	2.5
	Household Smoke	5.8%	10.3%
	Water Fluoridation	57.7%	72.3%
Climate and Health	Climate Policies	4	—
	Transportation Energy Use*	79	8.3
Housing and Transportation	Drive Alone to Work - Women	65.3%	67.4%
	Housing Cost Burden - Households With Children	37.5%	27.7%
	Housing With Lead Risk	16.4%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		31	-0.052	
Community and Family Safety	Firearm Deaths*	5	2.6	5.9
	Injury Deaths	6	32.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	45	32.6%	25.8%
	Food Insecurity	23	12.5%	13.3%
	Gender Pay Gap*	3	88.6%	83.0%
	Poverty	18	13.3%	14.4%
	Unemployment	48	5.1%	3.9%
Education	College Graduate	17	40.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	44	16%	12%
	Residential Segregation - Black/White	23	63	—
	Voter Participation	31	59.3%	60.0%
Clinical Care		23	0.351	
Access to Care	Adequate Prenatal Care	33	75.4%	75.0%
	Avoided Care Due to Cost	14	15.4%	18.5%
	Maternity Care Desert*	10	0.2	3.5
	Uninsured	10	7.2%	11.2%
	Women's Health Providers	30	44.9	48.1
Preventive Clinical Care	Cervical Cancer Screening	37	68.9%	69.7%
	Dental Visit	13	69.3%	65.6%
	Flu Vaccination	16	38.4%	33.9%
	Postpartum Visit*	—	—	90.3%
	Well-Woman Visit	34	72.6%	73.4%
Quality of Care	Breastfeeding Initiation	—	—	85.4%
	Dedicated Health Care Provider	45	75.5%	77.9%
	Low-Risk Cesarean Delivery	28	25.9%	26.6%
	Maternity Practices Score	4	89	82
Behaviors		7	0.423	
Nutrition and Physical Activity	Exercise	45	24.2%	27.6%
	Fruit and Vegetable Consumption	9	11.4%	9.8%
	Physical Inactivity	33	21.9%	22.0%
Sexual Health	Chlamydia	20	1,362.5	1,481.2
	High-Risk HIV Behaviors	23	8.6%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	14	33.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	2	4.6%	8.4%
	Cigarette Smoking During Pregnancy	1	0.4%	2.4%
	E-Cigarette Use	2	8.3%	11.7%
Health Outcomes		1	0.672	
Behavioral Health	Drug Deaths*	5	15.6	25.0
	Excessive Drinking	13	171%	18.1%
	Frequent Mental Distress	5	20.4%	23.2%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	—	—	20.3%
	Postpartum Depression*	—	—	11.9%
Mortality	Maternal Mortality*	1	10.8	23.1
	Mortality Rate	4	75.5	98.0
Physical Health	Depression*	3	23.4%	30.6%
	Diabetes*	16	2.9%	3.6%
	Frequent Physical Distress	8	8.9%	10.1%
	High Blood Pressure	19	11.1%	11.8%
	High Health Status*	48	45.0%	49.4%
	Multiple Chronic Conditions	1	2.7%	4.5%
	Obesity	3	27.3%	32.6%
	Severe Maternal Morbidity*	—	—	97.8
Overall - Women		14	0.255	

CA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		14	0.269	
Community and Family Safety	Child Victimization*	16	5.3	7.2
	Firearm Deaths*	6	2.7	5.5
	Injury Deaths	8	12.5	17.8
Economic Resources	Children in Poverty	27	14.6%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	13	70.0%	66.6%
	Students Experiencing Homelessness	48	4.9%	3.2%
	WIC Coverage	2	72.1%	54.5%
Education	Early Childhood Education	14	50.4%	49.3%
	Fourth Grade Reading Proficiency	33	28.7%	30.5%
	High School Completion	50	84.8%	89.9%
Social Support and Engagement	Adult Mentor*	50	82.5%	88.0%
	Adverse Childhood Experiences	3	10.9%	14.1%
	Foster Care Instability	12	13.1%	18.7%
	High-Speed Internet	13	97.3%	96.6%
	Neighborhood Amenities	6	52.4%	38.2%
	Reading, Singing or Storytelling*	28	60.9%	59.7%
Clinical Care		38	-0.172	
Access to Care	ADD/ADHD Treatment	49	1.5%	3.4%
	Mental Health Treatment*	20	85.9%	83.3%
	Pediatricians	18	119.7	118.2
	Uninsured	9	3.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	46	62.1%	68.0%
	HPV Vaccination	22	66.0%	62.9%
	Preventive Dental Visit	14	83.3%	80.2%
	Well-Child Visit	48	74.8%	79.6%
Quality of Care	Adequate Insurance	8	69.3%	64.6%
	Developmental Screening	36	35.8%	36.5%
	Medical Home	47	39.2%	45.5%
Behaviors		19	0.334	
Nutrition and Physical Activity	Breastfed	26	28.6%	27.9%
	Physical Activity	42	17.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	11	8.7	12.6
Sleep Health	Adequate Sleep	26	66.2%	65.3%
	Sleep Position*	—	—	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	2	1.4%	1.9%
Health Outcomes		9	0.456	
Behavioral Health	Alcohol Use	40	8.1%	6.8%
	Flourishing	18	66.6%	66.7%
	Illicit Drug Use	18	6.9%	7.4%
	Mental Health Conditions	3	16.2%	20.5%
	Teen Suicide*	5	6.4	9.7
Mortality	Child Mortality	7	21.6	28.7
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	7	2.9	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	38	122.2	105.8
	High Health Status*	42	88.6%	89.9%
	Low Birth Weight	11	7.4%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	—	—	5.1
Overall - Children	Overweight or Obesity	23	31.2%	31.3%

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