

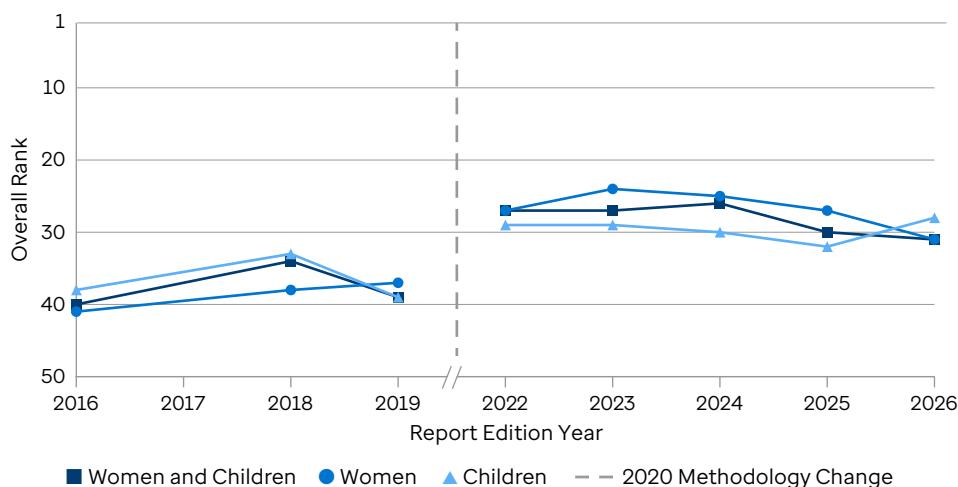
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of obesity among women
- Low prevalence of tobacco use among adolescents
- Low prevalence of cigarette smoking during pregnancy

Challenges

- High prevalence of frequent physical distress among women
- Low prevalence of preventive dental visits among children
- High housing cost burden among households with children

Key Findings

Severe Maternal Morbidity

43%▲

from 72.4 to 103.3 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Children in Poverty

35%▼

from 23.8% to 15.5% of children ages 0-17 between 2014 and 2024.

Students Experiencing Homelessness

27%▲

from 2.6% to 3.3% of public school students between the 2015-2016 and 2023-2024 school years.

Unemployment

27%▼

from 4.5% to 3.3% of female civilians ages 20-44 between 2017 and 2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		21	0.131	
Air and Water Quality	Air Pollution	16	76	8.8
	Drinking Water Violations	29	2.0	2.5
	Household Smoke	22	10.5%	10.3%
	Water Fluoridation	22	78.1%	72.3%
Climate and Health	Climate Policies	22	2	—
	Transportation Energy Use*	18	7.7	8.3
Housing and Transportation	Drive Alone to Work - Women	16	676%	674%
	Housing Cost Burden - Households With Children	48	36.5%	27.7%
	Housing With Lead Risk	4	7.3%	16.1%

Continued on next page.

Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		29	0.035	
Community and Family Safety	Firearm Deaths*	19	6.2	5.9
	Injury Deaths	25	49.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	34	26.4%	25.8%
	Food Insecurity	31	13.3%	13.3%
	Gender Pay Gap*	12	84.0%	83.0%
	Poverty	23	14.1%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	26	37.6%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	16	60	—
	Voter Participation	39	56.0%	60.0%
Clinical Care		48	-0.974	
Access to Care	Adequate Prenatal Care	49	65.9%	75.0%
	Avoided Care Due to Cost	46	23.9%	18.5%
	Maternity Care Desert*	16	0.8	3.5
	Uninsured	48	15.8%	11.2%
	Women's Health Providers	39	41.4	48.1
Preventive Clinical Care	Cervical Cancer Screening	44	66.4%	69.7%
	Dental Visit	48	56.9%	65.6%
	Flu Vaccination	50	22.1%	33.9%
	Postpartum Visit*	32	89.4%	90.3%
	Well-Woman Visit	37	72.3%	73.4%
Quality of Care	Breastfeeding Initiation	23	86.8%	85.4%
	Dedicated Health Care Provider	47	71.9%	77.9%
	Low-Risk Cesarean Delivery	47	29.9%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		30	-0.267	
Nutrition and Physical Activity	Exercise	39	25.4%	27.6%
	Fruit and Vegetable Consumption	—	—	9.8%
	Physical Inactivity	38	24.1%	22.0%
Sexual Health	Chlamydia	35	1,592.1	1,481.2
	High-Risk HIV Behaviors	39	10.1%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	37	38.9%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	12	75%	8.4%
	Cigarette Smoking During Pregnancy	9	1.5%	2.4%
	E-Cigarette Use	11	11.0%	11.7%
Health Outcomes		14	0.168	
Behavioral Health	Drug Deaths*	28	26.9	25.0
	Excessive Drinking	11	16.4%	18.1%
	Frequent Mental Distress	23	23.6%	23.2%
	Illicit Drug Use	26	10.6%	10.5%
	Postpartum Anxiety*	2	14.2%	20.3%
	Postpartum Depression*	13	10.9%	11.9%
Mortality	Maternal Mortality*	25	22.7	23.1
	Mortality Rate	20	96.6	98.0
Physical Health	Depression*	4	24.2%	30.6%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	44	12.1%	10.1%
	High Blood Pressure	6	9.4%	11.8%
	High Health Status*	7	53.6%	49.4%
	Multiple Chronic Conditions	20	4.4%	4.5%
	Obesity	4	27.4%	32.6%
	Severe Maternal Morbidity*	33	103.3	97.8
Overall - Women		31	-0.144	

FL Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		25	0.011	
Community and Family Safety	Child Victimization*	13	4.1	7.2
	Firearm Deaths*	17	4.8	5.5
	Injury Deaths	25	18.0	17.8
Economic Resources	Children in Poverty	32	15.5%	15.5%
	Children in Poverty - Racial Disparity	4	2.6	3.0
	Food Sufficiency	38	62.7%	66.6%
	Students Experiencing Homelessness	35	3.3%	3.2%
	WIC Coverage	29	50.8%	54.5%
Education	Early Childhood Education	12	51.5%	49.3%
	Fourth Grade Reading Proficiency	10	33.0%	30.5%
	High School Completion	34	90.4%	89.9%
Social Support and Engagement	Adult Mentor*	44	85.5%	88.0%
	Adverse Childhood Experiences	19	14.1%	14.1%
	Foster Care Instability	21	17.8%	18.7%
	High-Speed Internet	18	97.0%	96.6%
	Neighborhood Amenities	32	32.7%	38.2%
	Reading, Singing or Storytelling*	31	60.6%	59.7%
Clinical Care		46	-0.497	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	50	70.2%	83.3%
	Pediatricians	29	104.6	118.2
	Uninsured	45	8.5%	6.0%
Preventive Clinical Care	Childhood Immunizations	13	72.5%	68.0%
	HPV Vaccination	37	59.0%	62.9%
	Preventive Dental Visit	50	71.9%	80.2%
	Well-Child Visit	25	80.2%	79.6%
Quality of Care	Adequate Insurance	34	62.6%	64.6%
	Developmental Screening	49	23.1%	36.5%
	Medical Home	43	44.3%	45.5%
Behaviors		32	-0.030	
Nutrition and Physical Activity	Breastfed	38	25.9%	27.9%
	Physical Activity	39	18.1%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	25	11.8	12.6
Sleep Health	Adequate Sleep	32	64.9%	65.3%
	Sleep Position*	41	63.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	5	1.6%	1.9%
Health Outcomes		26	-0.068	
Behavioral Health	Alcohol Use	21	6.5%	6.8%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	23	7.4%	7.4%
	Mental Health Conditions	11	19.8%	20.5%
	Teen Suicide*	9	8.1	9.7
Mortality	Child Mortality	23	28.9	28.7
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	34	104.7	105.8
	High Health Status*	10	92.0%	89.9%
	Low Birth Weight	35	9.0%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	15	4.7	5.1
	Overweight or Obesity	28	31.6%	31.3%
Overall - Children		28	-0.054	

FL Overall - Women and Children