

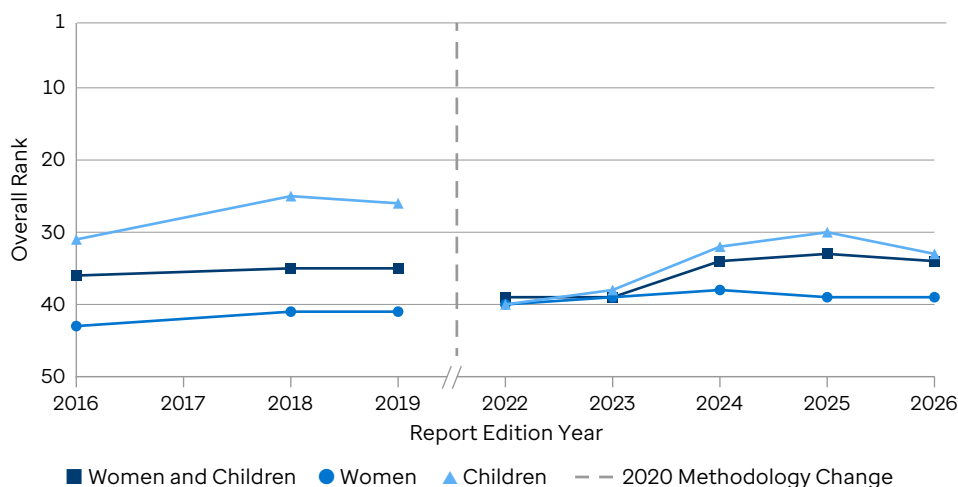
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of alcohol use among adolescents
- Low prevalence of public school students experiencing homelessness
- High prevalence of women with a dedicated health care provider

Challenges

- High prevalence of obesity among women
- Low enrollment in early childhood education
- Low prevalence of children with adequate and continuous health insurance

Key Findings

Cigarette Smoking

56%▼

from 25.7% to 11.2% of women ages 18-44 between 2013-2014 and 2023-2024.

Injury Deaths

51%▲

from 39.6 to 59.7 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Neonatal Abstinence Syndrome

37%▼

from 9.0 to 5.7 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Flourishing

29%▼

from 91.4% to 64.7% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	39	-0.150	
Air and Water Quality			
Air Pollution	44	9.5	8.8
Drinking Water Violations	29	2.0	2.5
Household Smoke	34	13.1%	10.3%
Water Fluoridation	11	91.5%	72.3%
Climate and Health			
Climate Policies	27	1	—
Transportation Energy Use*	24	8.1	8.3
Housing and Transportation			
Drive Alone to Work - Women	44	75.1%	67.4%
Housing Cost Burden - Households With Children	14	21.8%	27.7%
Housing With Lead Risk	34	19.5%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		42	-0.558	
Community and Family Safety	Firearm Deaths*	32	8.5	5.9
	Injury Deaths	35	59.7	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	21	20.0%	25.8%
	Food Insecurity	36	13.7%	13.3%
	Gender Pay Gap*	30	81.9%	83.0%
	Poverty	39	16.0%	14.4%
	Unemployment	37	4.2%	3.9%
Education	College Graduate	36	34.9%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	41	15%	12%
	Residential Segregation - Black/White	37	69	—
	Voter Participation	48	51.5%	60.0%
Clinical Care		20	0.409	
Access to Care	Adequate Prenatal Care	19	78.9%	75.0%
	Avoided Care Due to Cost	28	175%	18.5%
	Maternity Care Desert*	31	5.2	3.5
	Uninsured	24	9.9%	11.2%
	Women's Health Providers	35	42.6	48.1
Preventive Clinical Care	Cervical Cancer Screening	23	70.2%	69.7%
	Dental Visit	22	67.6%	65.6%
	Flu Vaccination	30	33.4%	33.9%
	Postpartum Visit*	15	92.5%	90.3%
	Well-Woman Visit	7	77.7%	73.4%
Quality of Care	Breastfeeding Initiation	26	86.2%	85.4%
	Dedicated Health Care Provider	7	85.4%	77.9%
	Low-Risk Cesarean Delivery	22	25.0%	26.6%
	Maternity Practices Score	21	83	82
Behaviors		33	-0.330	
Nutrition and Physical Activity	Exercise	25	27.7%	27.6%
	Fruit and Vegetable Consumption	16	10.5%	9.8%
	Physical Inactivity	28	21.0%	22.0%
Sexual Health	Chlamydia	36	1,612.7	1,481.2
	High-Risk HIV Behaviors	15	8.0%	8.5%
	Unintended Pregnancy*	1	71%	—
Sleep Health	Insufficient Sleep	35	38.4%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	35	11.2%	8.4%
	Cigarette Smoking During Pregnancy	32	3.8%	2.4%
	E-Cigarette Use	36	15.0%	11.7%
Health Outcomes		35	-0.614	
Behavioral Health	Drug Deaths*	38	34.7	25.0
	Excessive Drinking	14	17.4%	18.1%
	Frequent Mental Distress	37	26.6%	23.2%
	Illicit Drug Use	11	9.5%	10.5%
	Postpartum Anxiety*	37	24.8%	20.3%
	Postpartum Depression*	33	13.1%	11.9%
Mortality	Maternal Mortality*	38	29.7	23.1
	Mortality Rate	27	109.6	98.0
Physical Health	Depression*	38	38.3%	30.6%
	Diabetes*	42	4.6%	3.6%
	Frequent Physical Distress	34	11.4%	10.1%
	High Blood Pressure	39	13.6%	11.8%
	High Health Status*	37	48.3%	49.4%
	Multiple Chronic Conditions	34	6.1%	4.5%
	Obesity	43	40.5%	32.6%
	Severe Maternal Morbidity*	19	91.3	97.8
Overall - Women		39	-0.291	

IN Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		30	-0.145	
Community and Family Safety	Child Victimization*	42	13.4	7.2
	Firearm Deaths*	30	6.8	5.5
	Injury Deaths	32	21.6	17.8
Economic Resources	Children in Poverty	35	16.4%	15.5%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	19	67.9%	66.6%
	Students Experiencing Homelessness	10	2.0%	3.2%
	WIC Coverage	16	57.0%	54.5%
Education	Early Childhood Education	42	39.1%	49.3%
	Fourth Grade Reading Proficiency	8	34.5%	30.5%
	High School Completion	32	90.6%	89.9%
Social Support and Engagement	Adult Mentor*	15	92.4%	88.0%
	Adverse Childhood Experiences	40	18.3%	14.1%
	Foster Care Instability	10	12.6%	18.7%
	High-Speed Internet	40	95.8%	96.6%
	Neighborhood Amenities	35	31.8%	38.2%
	Reading, Singing or Storytelling*	28	60.9%	59.7%
Clinical Care		33	-0.042	
Access to Care	ADD/ADHD Treatment	14	4.2%	3.4%
	Mental Health Treatment*	26	84.9%	83.3%
	Pediatricians	35	89.6	118.2
	Uninsured	32	6.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	8	74.3%	68.0%
	HPV Vaccination	40	56.6%	62.9%
	Preventive Dental Visit	36	79.0%	80.2%
	Well-Child Visit	41	77.1%	79.6%
Quality of Care	Adequate Insurance	43	61.0%	64.6%
	Developmental Screening	41	31.3%	36.5%
	Medical Home	12	51.4%	45.5%
Behaviors		28	0.132	
Nutrition and Physical Activity	Breastfed	15	31.9%	27.9%
	Physical Activity	12	23.4%	19.7%
	Soda Consumption*	15	11.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	5	80.8%	85.6%
	Teen Births	36	15.0	12.6
Sleep Health	Adequate Sleep	29	65.4%	65.3%
	Sleep Position*	12	75.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	15	17.9%	16.8%
	Tobacco Use	31	2.3%	1.9%
Health Outcomes		30	-0.184	
Behavioral Health	Alcohol Use	6	5.7%	6.8%
	Flourishing	39	64.7%	66.7%
	Illicit Drug Use	26	7.8%	7.4%
	Mental Health Conditions	34	23.7%	20.5%
	Teen Suicide*	20	10.7	9.7
Mortality	Child Mortality	33	34.1	28.7
	Infant Mortality	38	6.8	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	11	5.9%	6.8%
	Congenital Syphilis*	25	62.8	105.8
	High Health Status*	22	91.0%	89.9%
	Low Birth Weight	27	8.5%	8.5%
	Low Birth Weight - Racial Disparity	18	1.9	2.1
	Neonatal Abstinence Syndrome*	24	5.7	5.1
	Overweight or Obesity	17	30.3%	31.3%
Overall - Children		33	-0.107	

34 -0.200