

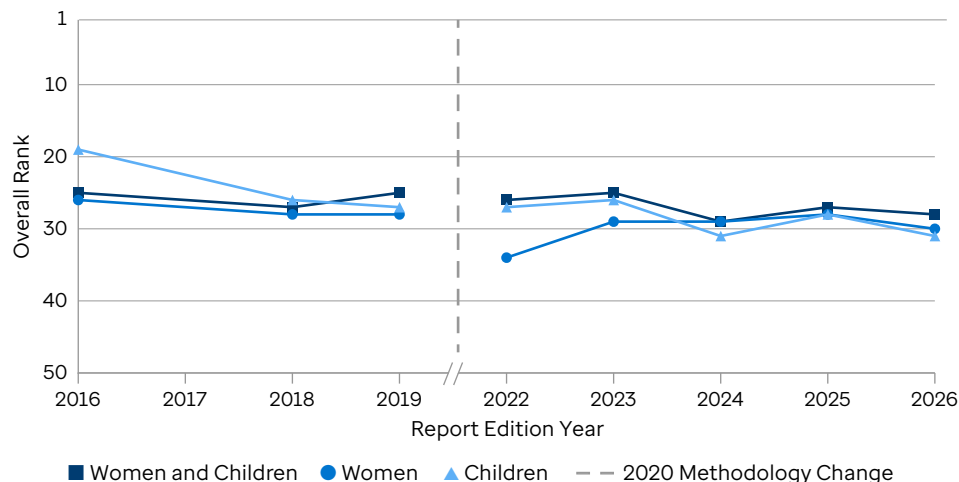
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of low birth weight infants
- High prevalence of dental visits among women
- Low housing cost burden among households with children

Challenges

- High prevalence of obesity among women
- High prevalence of e-cigarette use among women
- Low number of pediatricians per 100,000 children ages 0-21

Key Findings

Teen Births

47%▼

from 27.6 to 14.7 births per 1,000 females ages 15-19 between 2014 and 2024.

Injury Deaths

43%▲

from 34.0 to 48.6 deaths per 100,000 women ages 20-44 between 2012-2014 and 2022-2024.

Cigarette Smoking

42%▼

from 20.2% to 11.7% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

28%▼

from 92.1% to 66.4% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Measures

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	36	-0.135	
Air and Water Quality	Air Pollution	40	8.7
	Drinking Water Violations	31	2.1
	Household Smoke	19	10.3%
	Water Fluoridation	32	65.4%
Climate and Health	Climate Policies	38	0
	Transportation Energy Use*	35	9.4
Housing and Transportation	Drive Alone to Work - Women	39	73.9%
	Housing Cost Burden - Households With Children	3	19.1%
	Housing With Lead Risk	36	20.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		18	0.383	
Community and Family Safety	Firearm Deaths*	24	7.0	5.9
	Injury Deaths	23	48.6	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	16	15.6%	25.8%
	Food Insecurity	23	12.5%	13.3%
	Gender Pay Gap*	29	82.0%	83.0%
	Poverty	29	14.8%	14.4%
	Unemployment	17	3.3%	3.9%
Education	College Graduate	30	37.0%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	13	11%	12%
	Residential Segregation - Black/White	16	60	—
	Voter Participation	8	66.8%	60.0%
Clinical Care		18	0.416	
Access to Care	Adequate Prenatal Care	6	84.2%	75.0%
	Avoided Care Due to Cost	29	17.6%	18.5%
	Maternity Care Desert*	36	6.8	3.5
	Uninsured	34	12.3%	11.2%
	Women's Health Providers	37	42.1	48.1
Preventive Clinical Care	Cervical Cancer Screening	14	71.4%	69.7%
	Dental Visit	12	69.5%	65.6%
	Flu Vaccination	23	36.3%	33.9%
	Postpartum Visit*	27	91.0%	90.3%
	Well-Woman Visit	19	75.3%	73.4%
Quality of Care	Breastfeeding Initiation	14	89.3%	85.4%
	Dedicated Health Care Provider	21	80.8%	77.9%
	Low-Risk Cesarean Delivery	20	24.8%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		42	-0.538	
Nutrition and Physical Activity	Exercise	41	25.0%	27.6%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	18	19.1%	22.0%
Sexual Health	Chlamydia	32	1,526.0	1,481.2
	High-Risk HIV Behaviors	35	9.2%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	39	39.3%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	39	11.7%	8.4%
	Cigarette Smoking During Pregnancy	33	3.9%	2.4%
	E-Cigarette Use	34	14.5%	11.7%
Health Outcomes		31	-0.373	
Behavioral Health	Drug Deaths*	15	21.6	25.0
	Excessive Drinking	37	19.9%	18.1%
	Frequent Mental Distress	26	24.1%	23.2%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	30	24.0%	20.3%
	Postpartum Depression*	45	16.3%	11.9%
Mortality	Maternal Mortality*	15	21.0	23.1
	Mortality Rate	26	104.9	98.0
Physical Health	Depression*	29	35.7%	30.6%
	Diabetes*	37	4.2%	3.6%
	Frequent Physical Distress	14	9.3%	10.1%
	High Blood Pressure	33	12.6%	11.8%
	High Health Status*	15	52.3%	49.4%
	Multiple Chronic Conditions	32	5.9%	4.5%
	Obesity	40	37.3%	32.6%
	Severe Maternal Morbidity*	7	71.6	97.8
Overall - Women		30	-0.091	

KS Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		26	-0.002	
Community and Family Safety	Child Victimization*	7	2.9	7.2
	Firearm Deaths*	25	6.2	5.5
	Injury Deaths	38	22.8	17.8
Economic Resources	Children in Poverty	20	12.8%	15.5%
	Children in Poverty - Racial Disparity	41	4.5	3.0
	Food Sufficiency	32	64.7%	66.6%
	Students Experiencing Homelessness	8	1.8%	3.2%
	WIC Coverage	31	49.2%	54.5%
Education	Early Childhood Education	13	51.1%	49.3%
	Fourth Grade Reading Proficiency	35	28.3%	30.5%
	High School Completion	22	92.0%	89.9%
Social Support and Engagement	Adult Mentor*	24	90.8%	88.0%
	Adverse Childhood Experiences	27	15.7%	14.1%
	Foster Care Instability	29	19.9%	18.7%
	High-Speed Internet	21	96.9%	96.6%
	Neighborhood Amenities	18	39.4%	38.2%
	Reading, Singing or Storytelling*	16	64.0%	59.7%
Clinical Care		35	-0.075	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	4	90.0%	83.3%
	Pediatricians	48	62.2	118.2
	Uninsured	38	7.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	36	65.8%	68.0%
	HPV Vaccination	35	59.7%	62.9%
	Preventive Dental Visit	25	81.7%	80.2%
	Well-Child Visit	26	80.1%	79.6%
Quality of Care	Adequate Insurance	35	62.5%	64.6%
	Developmental Screening	32	37.1%	36.5%
	Medical Home	5	52.3%	45.5%
Behaviors		31	0.090	
Nutrition and Physical Activity	Breastfed	27	28.4%	27.9%
	Physical Activity	26	20.2%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	34	14.7	12.6
Sleep Health	Adequate Sleep	17	68.7%	65.3%
	Sleep Position*	15	74.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	19	1.9%	1.9%
Health Outcomes		39	-0.332	
Behavioral Health	Alcohol Use	48	9.2%	6.8%
	Flourishing	20	66.4%	66.7%
	Illicit Drug Use	33	8.2%	7.4%
	Mental Health Conditions	23	22.2%	20.5%
	Teen Suicide*	41	15.9	9.7
Mortality	Child Mortality	33	34.1	28.7
	Infant Mortality	22	5.5	5.6
	Neonatal Mortality*	20	3.5	3.6
Physical Health	Asthma	33	7.2%	6.8%
	Congenital Syphilis*	17	43.6	105.8
	High Health Status*	13	91.8%	89.9%
	Low Birth Weight	16	7.8%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	14	4.4	5.1
	Overweight or Obesity	18	30.7%	31.3%
Overall - Children		31	-0.102	

KS Overall - Women and Children