

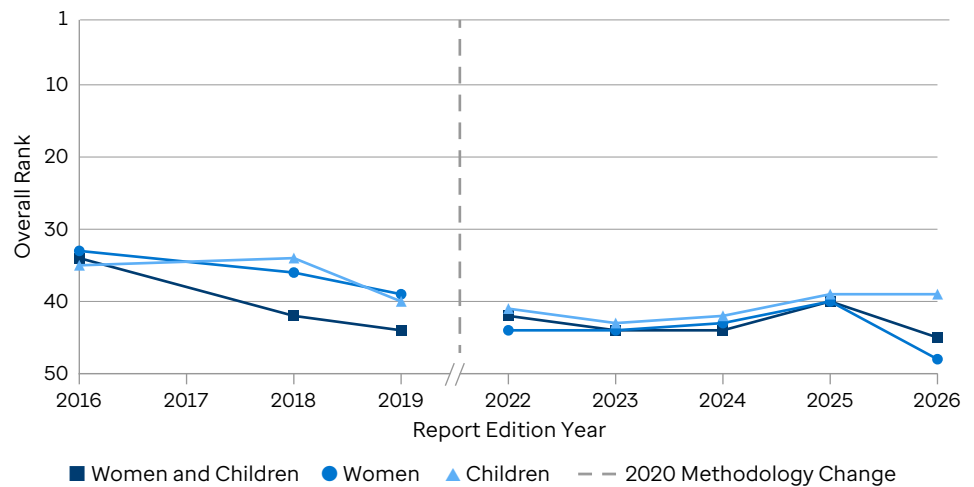
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low prevalence of alcohol use among adolescents
- High prevalence of women with a dedicated health care provider
- Low housing cost burden among households with children

Challenges

- High prevalence of frequent physical distress among women
- High prevalence of household food insecurity
- High prevalence of children in poverty

Key Findings

Frequent Mental Distress

54%▲

from 17.8% to 27.4% of women ages 18-44 between 2013-2014 and 2023-2024.

Teen Births

42%▼

from 35.3 to 20.4 births per 1,000 females ages 15-19 between 2014 and 2024.

Flourishing

27%▼

from 91.3% to 66.9% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Mortality Among Women

15%▼

from 160.6 to 136.0 deaths per 100,000 women ages 20-44 between 2016 and 2024.

Measures

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		32	0.001	
Air and Water Quality	Air Pollution	27	8.1	8.8
	Drinking Water Violations	37	2.3	2.5
	Household Smoke	49	19.3%	10.3%
	Water Fluoridation	1	99.7%	72.3%
Climate and Health	Climate Policies	27	1	—
	Transportation Energy Use*	40	10.8	8.3
Housing and Transportation	Drive Alone to Work - Women	40	74.2%	67.4%
	Housing Cost Burden - Households With Children	5	19.3%	27.7%
	Housing With Lead Risk	23	14.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		49	-1.083	
Community and Family Safety	Firearm Deaths*	35	9.0	5.9
	Injury Deaths	47	75.2	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	39	29.6%	25.8%
	Food Insecurity	49	18.8%	13.3%
	Gender Pay Gap*	24	82.4%	83.0%
	Poverty	46	19.1%	14.4%
	Unemployment	50	5.9%	3.9%
Education	College Graduate	42	32.2%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	23	12%	12%
	Residential Segregation - Black/White	23	63	—
	Voter Participation	27	60.1%	60.0%
Clinical Care		39	-0.263	
Access to Care	Adequate Prenatal Care	17	79.2%	75.0%
	Avoided Care Due to Cost	30	18.0%	18.5%
	Maternity Care Desert*	47	15.8	3.5
	Uninsured	18	8.5%	11.2%
	Women's Health Providers	42	40.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	40	68.3%	69.7%
	Dental Visit	45	61.1%	65.6%
	Flu Vaccination	36	30.5%	33.9%
	Postpartum Visit*	35	89.1%	90.3%
	Well-Woman Visit	31	73.4%	73.4%
Quality of Care	Breastfeeding Initiation	44	75.7%	85.4%
	Dedicated Health Care Provider	15	82.8%	77.9%
	Low-Risk Cesarean Delivery	34	27.2%	26.6%
	Maternity Practices Score	48	74	82
Behaviors		44	-0.802	
Nutrition and Physical Activity	Exercise	—	—	27.6%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	35	23.0%	22.0%
Sexual Health	Chlamydia	17	1,291.2	1,481.2
	High-Risk HIV Behaviors	38	9.9%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	34	38.0%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	48	13.9%	8.4%
	Cigarette Smoking During Pregnancy	49	6.7%	2.4%
	E-Cigarette Use	49	18.7%	11.7%
Health Outcomes		49	-1.356	
Behavioral Health	Drug Deaths*	47	46.9	25.0
	Excessive Drinking	20	17.9%	18.1%
	Frequent Mental Distress	41	27.4%	23.2%
	Illicit Drug Use	32	11.4%	10.5%
	Postpartum Anxiety*	43	26.5%	20.3%
	Postpartum Depression*	40	15.0%	11.9%
Mortality	Maternal Mortality*	31	28.0	23.1
	Mortality Rate	42	136.0	98.0
Physical Health	Depression*	45	40.8%	30.6%
	Diabetes*	49	5.9%	3.6%
	Frequent Physical Distress	50	14.4%	10.1%
	High Blood Pressure	—	—	11.8%
	High Health Status*	44	46.3%	49.4%
	Multiple Chronic Conditions	48	9.1%	4.5%
	Obesity	44	40.9%	32.6%
	Severe Maternal Morbidity*	16	87.7	97.8
Overall - Women		48	-0.744	

KY Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		43	-0.690	
Community and Family Safety	Child Victimization*	46	14.1	7.2
	Firearm Deaths*	32	7.1	5.5
	Injury Deaths	35	22.3	17.8
Economic Resources	Children in Poverty	44	19.3%	15.5%
	Children in Poverty - Racial Disparity	1	2.3	3.0
	Food Sufficiency	45	58.3%	66.6%
	Students Experiencing Homelessness	36	3.4%	3.2%
	WIC Coverage	6	62.4%	54.5%
Education	Early Childhood Education	46	37.8%	49.3%
	Fourth Grade Reading Proficiency	12	32.7%	30.5%
	High School Completion	43	89.0%	89.9%
Social Support and Engagement	Adult Mentor*	21	91.1%	88.0%
	Adverse Childhood Experiences	46	20.8%	14.1%
	Foster Care Instability	13	13.2%	18.7%
	High-Speed Internet	46	95.2%	96.6%
	Neighborhood Amenities	45	20.0%	38.2%
	Reading, Singing or Storytelling*	30	60.8%	59.7%
Clinical Care		25	0.237	
Access to Care	ADD/ADHD Treatment	2	5.6%	3.4%
	Mental Health Treatment*	3	91.2%	83.3%
	Pediatricians	30	97.9	118.2
	Uninsured	22	5.0%	6.0%
Preventive Clinical Care	Childhood Immunizations	35	66.2%	68.0%
	HPV Vaccination	30	61.1%	62.9%
	Preventive Dental Visit	34	79.2%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	20	65.8%	64.6%
	Developmental Screening	39	32.6%	36.5%
	Medical Home	14	51.3%	45.5%
Behaviors		46	-0.854	
Nutrition and Physical Activity	Breastfed	43	24.1%	27.9%
	Physical Activity	19	21.8%	19.7%
	Soda Consumption*	22	16.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	10	82.7%	85.6%
	Teen Births	47	20.4	12.6
Sleep Health	Adequate Sleep	36	63.0%	65.3%
	Sleep Position*	31	69.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	21	19.7%	16.8%
	Tobacco Use	49	2.8%	1.9%
Health Outcomes		24	-0.058	
Behavioral Health	Alcohol Use	6	5.7%	6.8%
	Flourishing	17	66.9%	66.7%
	Illicit Drug Use	16	6.6%	7.4%
	Mental Health Conditions	43	24.9%	20.5%
	Teen Suicide*	33	12.7	9.7
Mortality	Child Mortality	36	34.7	28.7
	Infant Mortality	33	6.2	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	9	5.6%	6.8%
	Congenital Syphilis*	31	89.8	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	30	8.8%	8.5%
	Low Birth Weight - Racial Disparity	12	1.8	2.1
	Neonatal Abstinence Syndrome*	41	10.5	5.1
	Overweight or Obesity	42	34.5%	31.3%
Overall - Children		39	-0.325	

KY Overall - Women and Children