

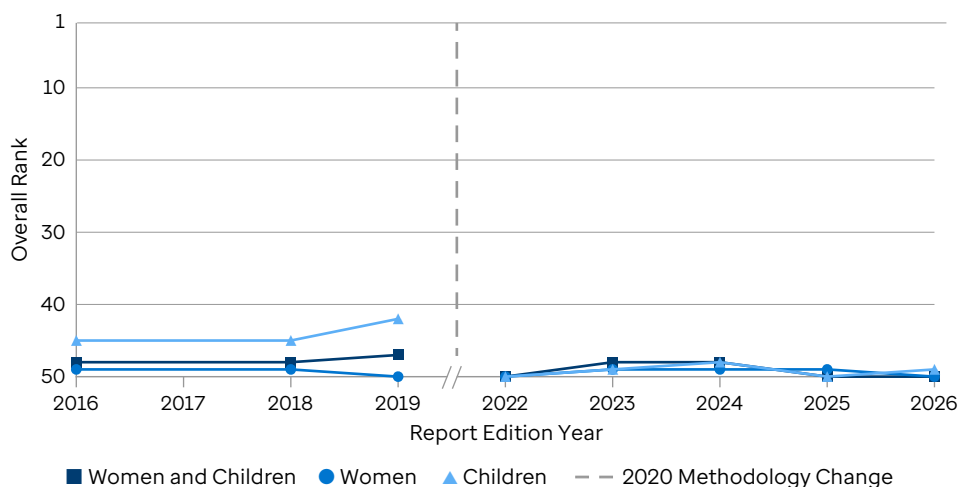
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- High enrollment in early childhood education
- Low prevalence of uninsured children
- High prevalence of well-woman visits

Challenges

- High child mortality rate
- High prevalence of women in poverty
- High prevalence of e-cigarette use among women

Key Findings

Drug Deaths

110%▲

from 19.8 to 41.5 deaths per 100,000 women ages 20-44 between 2014-2016 and 2022-2024.

Cigarette Smoking

41%▼

from 23.0% to 13.5% of women ages 18-44 between 2013-2014 and 2023-2024.

Flourishing

29%▼

from 89.0% to 63.5% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

High School Graduation

12%▲

from 73.5% to 82.6% of students between the 2012-2013 and 2022-2023 school years.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		50	-0.579	
Air and Water Quality	Air Pollution	32	8.4	8.8
	Drinking Water Violations	47	4.0	2.5
	Household Smoke	44	15.4%	10.3%
	Water Fluoridation	45	37.9%	72.3%
Climate and Health	Climate Policies	22	2	—
	Transportation Energy Use*	47	16.5	8.3
Housing and Transportation	Drive Alone to Work - Women	46	76.3%	67.4%
	Housing Cost Burden - Households With Children	31	25.4%	27.7%
	Housing With Lead Risk	18	11.9%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		50	-1.119	
Community and Family Safety	Firearm Deaths*	42	12.2	5.9
	Injury Deaths	45	74.4	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	49	43.5%	25.8%
	Food Insecurity	48	17.7%	13.3%
	Gender Pay Gap*	50	72.6%	83.0%
	Poverty	49	21.6%	14.4%
	Unemployment	43	4.4%	3.9%
Education	College Graduate	45	29.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	10	10%	12%
	Residential Segregation - Black/White	9	57	—
	Voter Participation	46	53.7%	60.0%
Clinical Care		36	-0.093	
Access to Care	Adequate Prenatal Care	37	73.8%	75.0%
	Avoided Care Due to Cost	37	19.9%	18.5%
	Maternity Care Desert*	38	7.0	3.5
	Uninsured	30	11.1%	11.2%
	Women's Health Providers	34	42.7	48.1
Preventive Clinical Care	Cervical Cancer Screening	30	69.5%	69.7%
	Dental Visit	44	62.6%	65.6%
	Flu Vaccination	40	28.7%	33.9%
	Postpartum Visit*	2	95.7%	90.3%
	Well-Woman Visit	1	80.8%	73.4%
Quality of Care	Breastfeeding Initiation	46	74.3%	85.4%
	Dedicated Health Care Provider	8	84.9%	77.9%
	Low-Risk Cesarean Delivery	41	28.3%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		49	-1.274	
Nutrition and Physical Activity	Exercise	27	27.2%	27.6%
	Fruit and Vegetable Consumption	46	6.4%	9.8%
	Physical Inactivity	47	26.3%	22.0%
Sexual Health	Chlamydia	50	2,572.4	1,481.2
	High-Risk HIV Behaviors	47	11.9%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	45	40.8%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	47	13.5%	8.4%
	Cigarette Smoking During Pregnancy	20	2.4%	2.4%
	E-Cigarette Use	48	17.7%	11.7%
Health Outcomes		48	-1.314	
Behavioral Health	Drug Deaths*	45	41.5	25.0
	Excessive Drinking	36	19.5%	18.1%
	Frequent Mental Distress	43	27.6%	23.2%
	Illicit Drug Use	39	12.3%	10.5%
	Postpartum Anxiety*	1	12.8%	20.3%
	Postpartum Depression*	1	7.2%	11.9%
Mortality	Maternal Mortality*	46	39.4	23.1
	Mortality Rate	44	138.5	98.0
Physical Health	Depression*	40	38.4%	30.6%
	Diabetes*	47	5.7%	3.6%
	Frequent Physical Distress	42	12.0%	10.1%
	High Blood Pressure	46	18.3%	11.8%
	High Health Status*	34	49.0%	49.4%
	Multiple Chronic Conditions	43	6.9%	4.5%
	Obesity	47	41.8%	32.6%
	Severe Maternal Morbidity*	12	83.3	97.8
Overall - Women		50	-0.939	

LA Overall - Women and Children

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.



Children		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-0.913	
Community and Family Safety	Child Victimization*	27	7.7	7.2
	Firearm Deaths*	45	14.3	5.5
	Injury Deaths	48	30.3	17.8
Economic Resources	Children in Poverty	49	25.2%	15.5%
	Children in Poverty - Racial Disparity	22	3.2	3.0
	Food Sufficiency	47	56.9%	66.6%
	Students Experiencing Homelessness	22	2.5%	3.2%
	WIC Coverage	50	38.0%	54.5%
Education	Early Childhood Education	11	53.6%	49.3%
	Fourth Grade Reading Proficiency	20	31.8%	30.5%
	High School Completion	44	88.2%	89.9%
Social Support and Engagement	Adult Mentor*	39	87.7%	88.0%
	Adverse Childhood Experiences	38	17.9%	14.1%
	Foster Care Instability	45	26.3%	18.7%
	High-Speed Internet	37	96.1%	96.6%
	Neighborhood Amenities	46	19.3%	38.2%
	Reading, Singing or Storytelling*	48	50.4%	59.7%
Clinical Care		21	0.343	
Access to Care	ADD/ADHD Treatment	2	5.6%	3.4%
	Mental Health Treatment*	16	86.2%	83.3%
	Pediatricians	28	105.4	118.2
	Uninsured	16	4.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	29	68.2%	68.0%
	HPV Vaccination	23	65.8%	62.9%
	Preventive Dental Visit	41	78.6%	80.2%
	Well-Child Visit	33	78.7%	79.6%
Quality of Care	Adequate Insurance	5	71.0%	64.6%
	Developmental Screening	43	30.5%	36.5%
	Medical Home	32	46.9%	45.5%
Behaviors		50	-1.248	
Nutrition and Physical Activity	Breastfed	30	27.4%	27.9%
	Physical Activity	35	18.6%	19.7%
	Soda Consumption*	—	—	7.5%
Sexual Health	Dual Contraceptive Nonuse*	—	—	85.6%
	Teen Births	48	21.3	12.6
Sleep Health	Adequate Sleep	49	52.6%	65.3%
	Sleep Position*	46	48.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	—	—	16.8%
	Tobacco Use	47	2.7%	1.9%
Health Outcomes		50	-1.120	
Behavioral Health	Alcohol Use	32	7.3%	6.8%
	Flourishing	46	63.5%	66.7%
	Illicit Drug Use	26	7.8%	7.4%
	Mental Health Conditions	39	24.5%	20.5%
	Teen Suicide*	11	9.6	9.7
Mortality	Child Mortality	49	44.5	28.7
	Infant Mortality	48	7.3	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	36	7.5%	6.8%
	Congenital Syphilis*	44	193.0	105.8
	High Health Status*	41	89.2%	89.9%
	Low Birth Weight	49	11.6%	8.5%
	Low Birth Weight - Racial Disparity	28	2.1	2.1
	Neonatal Abstinence Syndrome*	26	5.9	5.1
	Overweight or Obesity	47	35.8%	31.3%
Overall - Children		49	-0.794	

LA Overall - Women and Children