

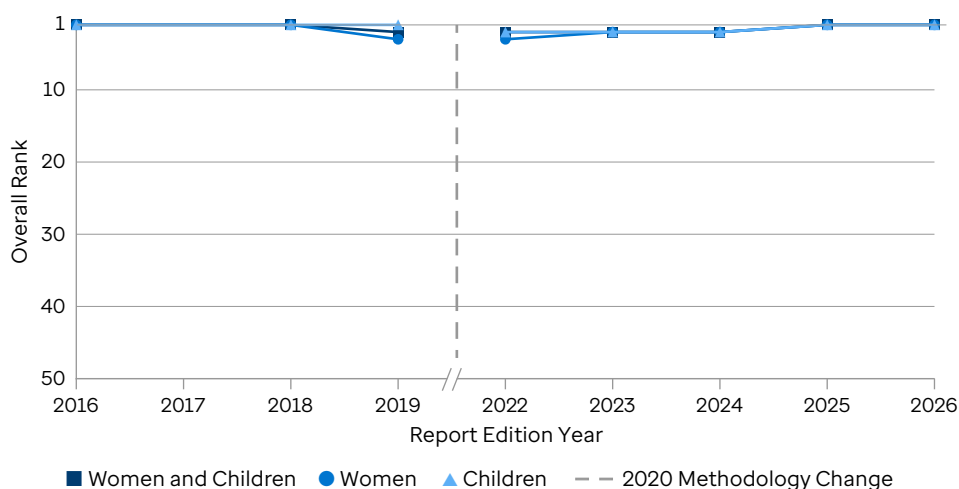
10 Years of Data

State rankings capture a decade of insights into women's and children's health.

Rankings are calculated using the sum of the z-scores of all weighted measures.

Source: America's Health Rankings composite measure, 2016-2026.

Note: No edition was published in 2017. The model methodology changed starting with the 2020 edition. Rankings were not published in the 2020 and 2021 editions. Children's rankings did not include infant measures until 2020.



Summary

Strengths

- Low infant mortality rate
- Low prevalence of obesity among women
- High prevalence of food sufficiency among children

Challenges

- High prevalence of illicit drug use among adolescents
- Low prevalence of cervical cancer screening
- Low prevalence of infants exclusively breastfed for six months

Key Findings

Neonatal Abstinence Syndrome

65%▼

from 14.2 to 4.9 diagnoses per 1,000 birth hospitalizations between 2016 and 2023.

Flourishing

29%▼

from 94.7% to 67.5% of children ages 6 months to 17 years between 2016-2017 and 2023-2024.

Cigarette Smoking

54%▼

from 15.2% to 7.0% of women ages 18-44 between 2013-2014 and 2023-2024.

Severe Maternal Morbidity

29%▲

from 88.4 to 114.0 complications per 10,000 delivery hospitalizations between 2016 and 2023.

Measures

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		13	0.289	
Air and Water Quality	Air Pollution	19	7.7	8.8
	Drinking Water Violations	9	1.5	2.5
	Household Smoke	3	6.4%	10.3%
	Water Fluoridation	35	58.2%	72.3%
Climate and Health	Climate Policies	1	4	—
	Transportation Energy Use*	3	6.1	8.3
Housing and Transportation	Drive Alone to Work - Women	2	60.6%	67.4%
	Housing Cost Burden - Households With Children	43	30.1%	27.7%
	Housing With Lead Risk	49	29.2%	16.1%

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Measures (cont.)

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		4	0.808	
Community and Family Safety	Firearm Deaths*	1	1.1	5.9
	Injury Deaths	8	35.5	47.0
	Intimate Partner Violence Before Pregnancy*	—	—	—
Economic Resources	Concentrated Disadvantage	22	20.8%	25.8%
	Food Insecurity	16	11.7%	13.3%
	Gender Pay Gap*	5	88.3%	83.0%
	Poverty	5	11.3%	14.4%
	Unemployment	26	3.5%	3.9%
Education	College Graduate	1	55.5%	39.0%
Social Support and Engagement	Infant Child Care Affordability*	41	15%	12%
	Residential Segregation - Black/White	27	64	—
	Voter Participation	11	65.8%	60.0%
Clinical Care		2	1.189	
Access to Care	Adequate Prenatal Care	11	81.7%	75.0%
	Avoided Care Due to Cost	2	11.7%	18.5%
	Maternity Care Desert*	1	0.0	3.5
	Uninsured	1	3.4%	11.2%
	Women's Health Providers	12	59.8	48.1
Preventive Clinical Care	Cervical Cancer Screening	29	69.6%	69.7%
	Dental Visit	4	72.5%	65.6%
	Flu Vaccination	1	51.0%	33.9%
	Postpartum Visit*	5	93.1%	90.3%
	Well-Woman Visit	2	79.1%	73.4%
Quality of Care	Breastfeeding Initiation	21	87.6%	85.4%
	Dedicated Health Care Provider	4	86.1%	77.9%
	Low-Risk Cesarean Delivery	36	27.5%	26.6%
	Maternity Practices Score	4	89	82
Behaviors		4	0.722	
Nutrition and Physical Activity	Exercise	10	30.6%	27.6%
	Fruit and Vegetable Consumption	29	8.6%	9.8%
	Physical Inactivity	14	18.7%	22.0%
Sexual Health	Chlamydia	13	1,206.5	1,481.2
	High-Risk HIV Behaviors	3	6.3%	8.5%
	Unintended Pregnancy*	—	—	—
Sleep Health	Insufficient Sleep	12	33.7%	36.5%
Smoking and Tobacco Use	Cigarette Smoking	10	7.0%	8.4%
	Cigarette Smoking During Pregnancy	8	1.3%	2.4%
	E-Cigarette Use	7	9.6%	11.7%
Health Outcomes		4	0.544	
Behavioral Health	Drug Deaths*	20	24.7	25.0
	Excessive Drinking	27	18.8%	18.1%
	Frequent Mental Distress	10	21.5%	23.2%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	4	16.1%	20.3%
	Postpartum Depression*	8	10.4%	11.9%
	Maternal Mortality*	9	16.2	23.1
Mortality	Mortality Rate	1	70.9	98.0
Physical Health	Depression*	19	32.1%	30.6%
	Diabetes*	26	3.5%	3.6%
	Frequent Physical Distress	23	9.9%	10.1%
	High Blood Pressure	7	9.5%	11.8%
	High Health Status*	2	54.4%	49.4%
	Multiple Chronic Conditions	15	4.1%	4.5%
	Obesity	1	24.3%	32.6%
	Severe Maternal Morbidity*	39	114.0	97.8
Overall - Women		1	0.691	

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		2	0.954	
Community and Family Safety	Child Victimization*	48	14.9	7.2
	Firearm Deaths*	1	1.5	5.5
	Injury Deaths	2	8.1	17.8
Economic Resources	Children in Poverty	8	11.1%	15.5%
	Children in Poverty - Racial Disparity	35	4.0	3.0
	Food Sufficiency	1	76.2%	66.6%
	Students Experiencing Homelessness	43	3.9%	3.2%
	WIC Coverage	3	68.9%	54.5%
Education	Early Childhood Education	6	57.3%	49.3%
	Fourth Grade Reading Proficiency	1	40.4%	30.5%
	High School Completion	27	91.4%	89.9%
Social Support and Engagement	Adult Mentor*	38	87.9%	88.0%
	Adverse Childhood Experiences	1	9.7%	14.1%
	Foster Care Instability	39	25.1%	18.7%
	High-Speed Internet	5	97.8%	96.6%
	Neighborhood Amenities	4	52.9%	38.2%
	Reading, Singing or Storytelling*	10	65.3%	59.7%
Clinical Care		2	1.451	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	16	86.2%	83.3%
	Pediatricians	1	224.2	118.2
	Uninsured	1	2.1%	6.0%
Preventive Clinical Care	Childhood Immunizations	1	82.5%	68.0%
	HPV Vaccination	1	79.8%	62.9%
	Preventive Dental Visit	13	83.8%	80.2%
	Well-Child Visit	4	87.2%	79.6%
Quality of Care	Adequate Insurance	15	66.9%	64.6%
	Developmental Screening	4	51.9%	36.5%
	Medical Home	23	49.2%	45.5%
Behaviors		13	0.538	
Nutrition and Physical Activity	Breastfed	41	25.1%	27.9%
	Physical Activity	23	20.9%	19.7%
	Soda Consumption*	2	4.8%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	7	81.4%	85.6%
	Teen Births	2	5.4	12.6
Sleep Health	Adequate Sleep	10	71.4%	65.3%
	Sleep Position*	15	74.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	19	18.3%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		6	0.569	
Behavioral Health	Alcohol Use	30	7.2%	6.8%
	Flourishing	11	67.5%	66.7%
	Illicit Drug Use	41	8.9%	7.4%
	Mental Health Conditions	30	22.8%	20.5%
	Teen Suicide*	1	4.6	9.7
Mortality	Child Mortality	1	16.6	28.7
	Infant Mortality	2	3.3	5.6
	Neonatal Mortality*	3	2.3	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	7	20.4	105.8
	High Health Status*	8	92.1%	89.9%
	Low Birth Weight	14	7.6%	8.5%
	Low Birth Weight - Racial Disparity	20	2.0	2.1
	Neonatal Abstinence Syndrome*	19	4.9	5.1
	Overweight or Obesity	3	25.3%	31.3%
Overall - Children		1	0.752	

MA Overall - Women and Children

1 0.766

* Unweighted measure that does not contribute to a state's overall rank.
 — Data not available, missing or suppressed.